

Aquinas Open - 4/24/2010
Houseman Field, Grand Rapids, MI
Results

Event 1 Women 3000 Meter Steeplechase

Name	Year School	Finals
Finals		
1 Myers, Kristen	JR Grand Valley	11:52.17
2 Meernik, Kaitlyn	SR Aquinas	12:04.41
3 McLaughlin, Emily	JR Albion	12:11.27
4 Morrison, Robin	SO Alma	13:38.15

Event 2 Men 3000 Meter Steeplechase

Name	Year School	Finals
1 Mahar, Kevin	FR Aquinas	9:58.79
2 Olson, Tom	FR Aquinas	10:35.78
3 Obluck, Jerron	FR Aquinas	10:46.07
4 Morrison, Max	FR Alma	11:04.13

Event 3 Women 4x100 Meter Relay

School	Finals
1 Aquinas 'A'	47.77
1) Koenig, Madison SO	2) Werner, Brittany FR
3) DeStefano, Samantha SO	4) Strouse, Allison SR
2 Grand Valley St. 'A'	48.54
1) Black, Serena SO	2) Horne, Brooke FR
3) Triner, Amber JR	4) Vallar, Kayla JR
3 Albion 'A'	52.53
1) Miles, Kayla FR	2) Koenig, Dana JR
3) Putans, Becca SR	4) Ritter, Samantha SO

Event 4 Men 4x100 Meter Relay

School	Finals
1 Grand Valley St. 'A'	42.10
1) Bareman, Michael FR	2) Faulk, Jovon SO
3) Parnell, Xavier SO	4) Vallar, Marcus SO
-- Aquinas 'A'	DNF
1) Foley, Ken SO	2) Johnson, Dustin SR
3) Hagge, Ben SO	4) McKinney, Rumeal JR

Event 5 Women 1500 Meter Run

Name	Year School	Finals
1 Caldwell, Chanelle	SO Grand Valley	4:40.55
2 Plank, Carly	FR Aquinas	4:45.06
3 Janutol, Shelby	FR Ferris State	4:45.93
4 Burgess, Lori	JR Grand Valley	4:54.20
5 Weaver, Amanda	FR Albion	4:56.41
6 Looper, Nissa	FR Grand Valley	4:57.63
7 Beukema, Andrea	SO Calvin	4:57.67
8 Lemcke, Kellee	JR Alma	4:57.88
9 Onweller, Paige	JR Ferris State	5:00.10
10 Creed, Sarah	JR Ferris State	5:08.11
11 Pearson, Jennifer	FR Alma	5:19.11

12	Alfaro-Gonzalez, Alex	NA Unat-Grand V	5:22.67
13	Rossman, Emily	FR Davenport	5:22.81
14	Anderson, Krista	JR Calvin	5:23.12
15	Vierk, Colleen	FR Albion	5:23.59
16	Brewer, Jane	FR Alma	5:25.71
17	Harris, Shelby	SO Alma	5:29.48
18	Hope, Erica	JR Albion	5:31.29
19	Hess, Abby	FR Albion	5:39.92
20	McElroy, Megan	FR Albion	5:40.63
21	Williams, Autumn	FR Olivet	6:02.34

Event 6 Men 1500 Meter Run

Name	Year School	Finals
1	Julson, Larry	NA Unat-Grand V 3:57.19
2	Nyang, Simon	JR Grand Valley 3:57.45
3	Chute, Ryan	FR Ferris State 3:59.90
4	Sage, Pat	SR Grand Valley 4:00.09
5	Bassett, Jeff	FR Grand Valley 4:03.20
6	McKeiver, Jimmy	NA Unat-Grand V 4:04.25
7	Bradford, Walley	FR Valparaiso 4:04.84
8	Best, Alex	SO Ferris State 4:06.24
9	Saltarelli, Guido	SR Grand Valley 4:08.82
10	Gibbons, Mike	FR Grand Valley 4:09.07
11	Abrams, Jim	FR Concordia (M) 4:09.82
12	Schnake, Derek	SO Valparaiso 4:13.46
13	Bremer, Mike	JR Alma 4:13.79
14	Weedon, Tyler	FR Ferris State 4:15.12
15	Buchholz, Brent	FR Alma 4:16.15
16	Slate, Jordan	FR Ferris State 4:16.53
17	Bowen, Blane	SO Valparaiso 4:19.07
18	Trausch, Adam	JR Davenport 4:19.27
19	Johnson, Joe	FR Valparaiso 4:22.20
20	Cantrell, Will	SO Concordia (M) 4:26.74
21	Kilpatrick, Jared	FR Alma 4:30.79
22	Doornbos, Eric	FR Calvin 4:33.45
23	Hubbard, Brock	FR Olivet 4:34.89
24	Case, Tyler	JR Concordia (M) 4:38.51
25	Burmeister, Ryan	SO Concordia (M) 4:39.18
26	Sobleskey, Tom	FR Olivet 4:48.89
27	Collins, Dan	FR Davenport 4:55.92
28	Johnson, Alex	SO Olivet 5:05.30

Event 7 Women 100 Meter Hurdles

Name	Year School	Finals	Wind	H#
1	Hull, Jade	SO Grand Valley 14.37	2.0	1
2	Strouse, Allison	SR Aquinas 14.47	2.0	1
3	Fonseca, Danielle	SR Grand Valley 15.20	2.0	1
4	Cross, Emily	SR Ferris State 15.35	2.0	1
5	Triner, Amber	JR Grand Valley 15.55	2.0	1
6	Johnston, Angie	JR Albion 17.53	2.2	2
7	Wendt, Laura	FR Albion 21.30	2.2	2
8	Hopkins, Karen	SO Alma 21.40	2.2	2

Event 8 Men 110 Meter Hurdles

Name	Year School	Finals	Wind	H#
1	Brown, Ryan	SO Grand Valley 15.25	2.5	1
2	Latz, Joey	SR Grand Valley 15.60	2.5	1
3	Alexander, Jacob	FR Grand Valley 15.85	2.5	1

4	Farley, Brad	FR Aquinas	16.05	2.5	1
5	Mathis, Nate	SO Aquinas	16.71	2.5	1
6	Merlo, Joe	SO Alma	17.36	1.9	2
7	Kash, Mike	FR Valparaiso	17.53	1.9	2
8	Walch, Kyle	FR Ferris State	18.31	1.9	2

Event 9 Women 400 Meter Dash

Name	Year	School	Finals	H#
1 Hess, Leiah	NA	Unat-Grand V	57.56	1
2 Hohmann, Zoey	FR	Ferris State	58.52	1
3 Ostrenga, Stephanie	SR	Grand Valley	59.00	1
4 Bagneski, Janelle	SO	Davenport	59.04	1
5 Black, Serena	SO	Grand Valley	59.65	1
6 Chandler, Adrienne	JR	Grand Valley	59.72	1
7 Closson, Jeannie	FR	Davenport	1:01.19	1
8 Smith, Lauren	SO	Aquinas	1:02.52	2
9 House, Sarah	SO	Aquinas	1:04.25	2
10 Callahan, Anna	FR	Albion	1:04.40	2
11 Hilaski, Jena	FR	Davenport	1:04.86	2
12 Putans, Becca	SR	Albion	1:05.43	3
13 Grubius, Carrie	FR	Davenport	1:05.75	2
14 Miles, Kayla	FR	Albion	1:06.22	1
15 Ballun, Jorie	JR	Valparaiso	1:07.24	3

Event 10 Men 400 Meter Dash

Name	Year	School	Finals	H#
1 Price, Justin	SO	Ferris State	48.77	1
2 Calvo, Jairo	JR	Aquinas	49.60	1
3 Thomas, Spencer	SO	Grand Valley	50.21	1
4 Klotz, B. J.	JR	Aquinas	50.32	2
5 Lowe, Eric	JR	Grand Valley	50.47	1
6 Alexander, Anthony	FR	Unat-Lansing	50.49	1
7 Smith, Cameron	SR	Aquinas	50.55	2
8 Rumpf, Craig	JR	Grand Valley	51.00	1
9 Stamps, Corey	NA	Unat-Grand V	51.44	2
10 Rock, Troy	JR	Grand Valley	51.55	1
11 Swihart, Al	NA	Unat-Grand V	51.66	2
12 Meier, Jared	FR	Grand Valley	52.05	2
13 Pike, Brian	FR	Grand Valley	53.09	1
14 Carranza, Xavier	SO	Alma	53.81	3
15 Unema, Travis	FR	Calvin	54.28	3
16 Kremers, Justin	SO	Calvin	54.83	3
17 Curth, Dane	SR	Alma	55.11	3
18 Marquette, Matt	FR	Olivet	56.93	4
19 Koster, Steve	FR	Calvin	56.98	4
20 Wieford, Nathan	SR	Calvin	57.66	4
21 Emus, Andrew	NA	Unat-Davenpo	58.39	3
22 Cline, Jarred	FR	Alma	58.41	4
-- McDougal, Keith	FR	Davenport	FS	3

Event 11 Women 100 Meter Dash

Name	Year	School	Finals	Wind	H#
1 DeStefano, Samantha	SO	Aquinas	12.39	2.5	1
2 Vallar, Kayla	JR	Grand Valley	12.69	2.5	1
3 Horne, Brooke	FR	Grand Valley	12.89	2.5	1
4 Yarrell, Olivia	FR	Olivet	12.91	2.2	2
5 Young, Heidi	FR	Aquinas	12.92	2.2	2
6 Ritter, Samantha	SO	Albion	12.94	2.5	1

7	Werner, Brittany	FR Aquinas	12.96	2.2	2
8	Lemanski, Aileen	FR Grand Valley	13.09	2.5	1
9	Holwerda, Olivia	SO Grand Valley	13.19	2.5	1
10	Morrow, Adora	SO Concordia (M	13.88	2.2	2
11	Metcalf, Chloe	SO Concordia (M	14.58	2.2	2

Event 12 Men 100 Meter Dash

Name	Year	School	Finals	Wind	H#
1 Faulk, Jovon	SO	Grand Valley	10.98	0.8	1
2 Hunter, Carleton	SO	Davenport	11.15	3.3	2
3 Reynolds, Brandon	NA	Unat-Davenpo	11.16	3.3	2
4 Parnell, Xavier	SO	Grand Valley	11.17	0.8	1
5 Hewson, Matt	SR	Aquinas	11.23	0.8	1
6 Williams, James	SO	Olivet	11.25	3.3	2
7 Crowe, Cameron	NA	Unat-Grand V	11.30	3.3	2
8 Brown, Kyle	FR	Unat-Lansing	11.32	4.0	4
9 Clasgens, Pat	FR	Olivet	11.33	1.0	3
10 Garvey, Blake	SO	Aquinas	11.34	1.0	3
11 Vallar, Marcus	SO	Grand Valley	11.42	0.8	1
12 Miller, Edric	FR	Olivet	11.43	1.0	3
12 Govan, Ryan	SO	Grand Valley	11.43	0.8	1
14 Kendro, Chris	FR	Davenport	11.46	4.0	4
15 Atkins, Gary	FR	Ferris State	11.47	4.0	4
16 Grzesek, David	FR	Grand Valley	11.50	3.3	2
17 Parrish, Eric	NA	Unat-Grand V	11.51	3.3	2
18 Davis, CJ	SO	Davenport	11.52	4.0	4
19 Baldwin, Michael	FR	Ferris State	11.54	4.0	4
20 Palmer, Austin	NA	Unat-Aquinas	11.68	1.0	3
21 Willson, Bryant		Unat-Aquinas	11.69	2.2	5
22 Lancaster, Dorian	FR	Concordia (M	11.73	1.0	3
23 Ruppel, Ryan	JR	Valparaiso	11.82	4.0	4

Event 13 Women 800 Meter Run

Name	Year	School	Finals
1 Osika, Alyssa	FR	Ferris State	2:16.34
2 Alfredson, Katie	SR	Grand Valley	2:17.87
3 Kinney, Monica	SO	Grand Valley	2:18.09
4 Carlson, Kaleigh	FR	Grand Valley	2:18.17
5 Bradford, Alyssa	SR	Valparaiso	2:18.48
6 McCarthy, Katherine	NA	Unat-Grand V	2:20.03
7 Tepper, Danielle	NA	Unat-Grand V	2:22.05
8 Bonney, Caitlyn	SO	Aquinas	2:25.14
9 Boynton, Alicia	JR	Aquinas	2:25.21
10 Miracle, Ashley	FR	Albion	2:25.43
11 Byrne, Megan	SO	Aquinas	2:25.52
12 White, Dayna	NA	Unat-Grand V	2:26.25
13 Bonney, Chelsey	SO	Aquinas	2:26.42
14 Weaver, Amanda	FR	Albion	2:26.68
15 Katt, Jackie	FR	Aquinas	2:29.58
16 Santa Cruz, Windy	SR	Valparaiso	2:29.70
17 Caldwell, Sarah	SO	Olivet	2:30.56
18 Ramp, Sarah	SR	Albion	2:36.38
19 Timmer, Christie	SO	Calvin	2:39.28
20 Vierk, Colleen	FR	Albion	2:44.70
21 Drummond, Natayla	FR	Alma	2:45.07
22 McElroy, Megan	FR	Albion	2:46.72
23 Hess, Abby	FR	Albion	2:51.86
24 Hope, Erica	JR	Albion	2:56.99
25 Williams, Autumn	FR	Olivet	3:06.08

Event 14 Men 800 Meter Run

Name	Year	School	Finals
1 Dyer, John	FR	Grand Valley	1:55.35
2 Brown, Austin	SO	Grand Valley	1:55.65
3 Mills, Zach	SO	Grand Valley	1:55.89
4 Wilk, Jeremy	NA	Unat-Grand V	1:56.46
5 Nyang, Simon	JR	Grand Valley	1:56.70
6 Heiler, Dustin	SO	Aquinas	1:57.15
7 Thelen, Nick	SO	Aquinas	1:57.53
8 Abrams, Jim	FR	Concordia (M)	1:58.47
9 Bell, Paris	JR	Davenport	1:58.52
10 Stickney, Kolin	SO	Aquinas	1:58.72
11 Phillips, Eric	FR	Grand Valley	1:58.86
12 Rybinski, Pete	SO	Aquinas	1:59.25
13 Volk, Dan	JR	Ferris State	1:59.30
14 Wilder, Brian	SO	Grand Valley	1:59.45
15 Carter, David	SR	Valparaiso	1:59.46
16 Barnes, Jacob	NA	Unat-Grand V	2:00.39
17 Snyder, Josh	FR	Grand Valley	2:00.54
18 Heyboer, Keith	SO	Davenport	2:00.57
19 Rameriz, Victor	JR	Aquinas	2:00.98
20 Gill, Bryan	SR	Valparaiso	2:01.78
21 Plisko, Eric	FR	Alma	2:02.73
22 Esper, Kyle	NA	Unat-Grand V	2:03.24
23 Button, Keith	JR	Valparaiso	2:03.73
24 Losinski, Kreg	SO	Davenport	2:04.24
25 Vereecke, Andy	SR	Aquinas	2:05.76
26 Smith, Killian	FR	Aquinas	2:07.61
27 Trausch, Adam	JR	Davenport	2:12.08
28 Cantrell, Will	SO	Concordia (M)	2:13.27
29 McMullen, Chad	SO	Concordia (M)	2:13.53
30 Llerana, Serafin	SR	Olivet	2:16.89

Event 15 Women 400 Meter Hurdles

Name	Year	School	Finals
1 Eggleston, Erin	SO	Grand Valley	1:08.17
2 Senters, Paige	SO	Aquinas	1:08.36
3 Johnston, Angie	JR	Albion	1:12.98
4 Ballun, Jorie	JR	Valparaiso	1:15.86
5 Wendt, Laura	FR	Albion	1:19.17

Event 16 Men 400 Meter Hurdles

Name	Year	School	Finals	H#
1 Addison, Demetrius	FR	Unat-Lansing	55.02	1
2 Brown, Ryan	SO	Grand Valley	55.76	1
3 Pavlak, Jeremiah	FR	Grand Valley	56.28	1
4 Rentfrow, Mark	NA	Unat-Grand V	57.54	1
5 Merlo, Joe	SO	Alma	59.13	1
6 Uecker-Herman, Caleb	JR	Aquinas	59.45	1
7 Kanu, Anthony	FR	Grand Valley	59.85	1
8 Kash, Mike	FR	Valparaiso	1:00.57	2
9 Oleski, Zachary	FR	Grand Valley	1:01.55	2
10 Alexander, Jacob	FR	Grand Valley	1:04.04	1

Event 17 Women 200 Meter Dash

Name	Year	School	Finals	Wind	H#
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1	Strouse, Allison	SR Aquinas	25.37	1.8	1
2	Vallar, Kayla	JR Grand Valley	25.42	1.8	1
3	Werner, Brittany	FR Aquinas	26.24	1.4	2
4	Hess, Leah	NA Unat-Grand V	26.29	1.4	2
5	Nozime, Kirsten	SR Grand Valley	26.33	1.8	1
6	Black, Serena	SO Grand Valley	26.38	1.8	1
7	Triner, Amber	JR Grand Valley	26.53	1.8	1
8	Koenig, Madison	SO Aquinas	26.75	1.9	3
9	Young, Heidi	FR Aquinas	27.00	1.9	3
10	Horne, Brooke	FR Grand Valley	27.03	1.8	1
11	Holwerda, Olivia	SO Grand Valley	27.19	1.4	2
12	Pittman, Katelyn	SO Grand Valley	27.34	1.4	2
13	Breen, Emma	NA Unat-Grand V	27.39	1.4	2
14	Miles, Kayla	FR Albion	28.00	1.9	3
15	Morrow, Adora	SO Concordia (M	28.25	1.9	3
16	Callahan, Anna	FR Albion	28.90	1.9	3
17	Putans, Becca	SR Albion	29.34	1.4	2
18	Bright, Kye	FR Albion	31.82	1.9	3

Event 18 Men 200 Meter Dash

Name	Year School	Finals	Wind	H#
1	Parnell, Xavier	SO Grand Valley	22.41	2.2 1
2	Reynolds, Brandon	NA Unat-Davenpo	22.48	1.8 4
3	Hunter, Carleton	SO Davenport	22.56	2.2 1
4	Price, Justin	SO Ferris State	22.57	2.2 1
5	Calvo, Jairo	JR Aquinas	22.81	0.8 2
6	Klotz, B. J.	JR Aquinas	22.94	0.8 2
7	Govan, Ryan	SO Grand Valley	22.97	2.2 1
8	Smith, Cameron	SR Aquinas	22.98	1.8 4
9	Crowe, Cameron	NA Unat-Grand V	23.07	0.8 2
10	Williams, James	SO Olivet	23.16	3.7 3
11	Brown, Kyle	FR Unat-Lansing	23.23	1.8 4
12	Grzesek, David	FR Grand Valley	23.31	3.7 3
13	Kendro, Chris	FR Davenport	23.32	3.7 3
14	Pike, Brian	FR Grand Valley	23.33	3.7 3
15	Carranza, Xavier	SO Alma	23.42	0.8 2
16	Swihart, Al	NA Unat-Grand V	23.46	3.7 3
17	Atkins, Gary	FR Ferris State	23.63	1.8 4
18	Ruppel, Ryan	JR Valparaiso	23.81	2.5 5
19	Parrish, Eric	NA Unat-Grand V	23.91	3.7 3
20	Unema, Travis	FR Calvin	24.36	2.5 5
21	Walch, Kyle	FR Ferris State	24.85	2.5 5
22	Clasgens, Pat	FR Olivet	25.06	3.7 3
23	Emus, Andrew	NA Unat-Davenpo	25.29	1.8 4
24	Marquette, Matt	FR Olivet	25.75	2.5 5
25	Miller, Edric	FR Olivet	25.81	3.7 3
26	Wieford, Nathan	SR Calvin	25.91	2.5 5
27	Walter, Justin	FR Olivet	26.41	2.5 5

Event 19 Women 5000 Meter Run

Name	Year School	Finals
1	Rinkus, Samantha	JR Aquinas 18:21.87
2	Josey, Megan	JR Ferris State 18:42.60
3	Gryniewicz, Sarah	JR Grand Valley 18:50.32
4	Fitch, Lauren	JR Grand Valley 18:56.62
5	Cramer, Katy	JR Aquinas 18:56.92
6	Peacock, Felicia	FR Ferris State 19:12.73
7	Dhaseleer, Alina	SO Aquinas 19:14.52
8	McGuire, Jordan	FR Ferris State 19:30.30
9	Brewis, Courtney	NA Unat-Grand V 19:45.00

10	Heartley, Christine	SO Calvin	19:57.94
11	Kregel, Hannah	FR Calvin	20:13.58
12	Hammer, Nicole	FR Grand Valley	20:22.31
13	VanKampen, Kristin	SO Calvin	20:22.87
14	Miley, Amanda	FR Albion	20:27.37
15	Marshall, Brittany	SO Olivet	20:51.86
16	Broekema, Katie	SO Albion	21:47.27

Event 20 Men 5000 Meter Run

Name	Year	School	Finals
1	Morgan, Mike	SO Aquinas	15:17.06
2	Lacy, Garrett	FR Alma	15:23.84
3	Wainaina, Edwin	NA Unat-Calvin	15:30.47
4	Cushman, Brandon	NA Unat-Grand V	15:31.14
5	Lea, Devin	SO Aquinas	15:31.71
6	Pitcel, Emery	NA Unat-Grand V	15:31.88
7	Reynolds, Brian	SR Ferris State	15:42.29
8	Lanciaux, James	SO Aquinas	15:57.72
9	Prescott, Dusty	NA Unat-Davenpo	15:59.29
10	Poirier, Nate	JR Aquinas	16:00.29
11	Janisse, James	FR Aquinas	16:03.10
12	Childs, Derek	JR Ferris State	16:10.63
13	Ziolko, Ryan	NA Unat-Grand V	16:13.57
14	Hoffman, Mitchell	JR Unat-Aquinas	16:19.79
15	Seymour, Ed	SO Aquinas	16:22.70
16	Campbell, Andrew	FR Ferris State	16:24.48
17	Siira, Joshua	FR Grand Valley	16:26.74
18	Tenelshof, Alex	SO Davenport	16:27.29
19	Libs, Andrew	SO Unat-Aquinas	16:33.77
20	Jonker, Ethan	SO Davenport	16:46.42
21	Sadler, Max	SO Grand Valley	16:47.24
22	Gwizdala, John	JR Alma	16:52.52
23	Watson, Aaron	FR Grand Valley	16:52.67
24	Kositzke, Jacob	SO Davenport	17:07.29
25	Boucher, Matt	SO Alma	19:22.17
--	Gravelyn, Mike	SO Aquinas	DNF

Event 21 Women 4x400 Meter Relay

School	Finals
1 Davenport 'A'	4:10.10
1) Bagneski, Janelle SO	2) Closson, Jeannie FR
3) Roodvoets, Jess JR	4) Van Ens, Amy SO
2 Albion 'A'	4:11.56
1) Miles, Kayla FR	2) Koenig, Dana JR
3) Weaver, Amanda FR	4) Miracle, Ashley FR

Event 22 Men 4x400 Meter Relay

School	Finals
1 Grand Valley St. 'A'	3:20.26
1) Bareman, Michael FR	2) Rumpf, Craig JR
3) Dyer, John FR	4) Rock, Troy JR
2 Ferris State 'A'	3:28.47
1) Price, Justin SO	2) Chute, Ryan FR
3) Bartlett, Derrick FR	4) Volk, Dan JR
3 Grand Valley St. 'B'	3:28.78
1) Lowe, Eric JR	2) Thomas, Spencer SO
3) Meier, Jared FR	4) Kanu, Anthony FR
4 Davenport 'A'	3:29.67

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| 1) Bell, Paris JR | 2) Losinski, Kreg SO |
| 3) Heyboer, Keith SO | 4) Kendro, Chris FR |
| 5 Valparaiso 'A' | 3:36.91 |
| 1) Button, Keith JR | 2) Carter, David SR |
| 3) Gill, Bryan SR | 4) Schnake, Derek SO |

Event 23 Women High Jump

Name	Year School	Finals
1 Van Dyk, Rebekah	JR Calvin	1.65m 5-05.00
2 Van Ens, Amy	SO Davenport	1.60m 5-03.00
2 Verkaik, Carissa	FR Calvin	1.60m 5-03.00
4 Nicklaw, Heather	FR Olivet	1.55m 5-01.00
4 Damm, Kaycee	SO Albion	1.55m 5-01.00
4 Cross, Emily	SR Ferris State	1.55m 5-01.00
7 Rozeveld, Tanis	FR Alma	1.50m 4-11.00
7 Auger, Corie	NA Unat-Grand V	1.50m 4-11.00
9 Sorensen, Cami	NA Unat-Grand V	1.45m 4-09.00
10 De Groot, Elizabeth	FR Calvin	1.40m 4-07.00
10 Baragar, Alyssa	FR Calvin	1.40m 4-07.00
10 Grubius, Carrie	FR Davenport	1.40m 4-07.00
13 Wendt, Laura	FR Albion	1.35m 4-05.00
13 Callahan, Anna	FR Albion	1.35m 4-05.00

Event 24 Men High Jump

Name	Year School	Finals
1 Helminiak, Ryan	FR Aquinas	1.95m 6-04.75
2 Espers, Tim	SR Olivet	1.85m 6-00.75
2 Walesa, Charlie	FR Valparaiso	1.85m 6-00.75
4 Walter, Justin	FR Olivet	1.80m 5-10.75
5 Swain, Garrett	FR Aquinas	1.75m 5-08.75
5 Slager, Taylor	FR Calvin	1.75m 5-08.75

Event 25 Women Pole Vault

Name	Year School	Finals
1 Witham, Abby	FR Alma	3.00m 9-10.00
2 Connelly, Kara	FR Valparaiso	2.85m 9-04.25
3 Schewe, Jessica	SO Ferris State	J2.85m 9-04.25
4 Ramp, Sarah	SR Albion	2.55m 8-04.25
-- Hopkins, Karen	SO Alma	NH

Event 26 Men Pole Vault

Name	Year School	Finals
1 Burns, Greg	SR Ferris State	4.60m 15-01.00
2 Payne, Kyle	JR Alma	4.15m 13-07.25
3 Niederstadt, Cory	FR Alma	4.00m 13-01.50
4 Leppek, Joe	SR Ferris State	3.85m 12-07.50
5 Hecksel, Ryan	FR Ferris State	3.70m 12-01.50

Event 27 Women Long Jump

Name	Year School	Finals	Wind
1 Roodvoets, Jess	JR Davenport	5.14m	NWI 16-10.50
2 Lemanski, Aileen	FR Grand Valley	5.09m	NWI 16-08.50
3 Petroelje, Jamie	NA Unat-Grand V	4.91m	NWI 16-01.50
4 Koenig, Dana	JR Albion	4.88m	NWI 16-00.25

5	Peterson, Kelly	SO Calvin	4.68m	NWI	15-04.25
6	Morrow, Adora	SO Concordia (M)	4.46m	NWI	14-07.75
7	Young, Heidi	FR Aquinas	4.45m	NWI	14-07.25
8	Sybesma, Laura	SO Calvin	4.36m	NWI	14-03.75
9	Vanderlaan, Katie	FR Calvin	4.15m	NWI	13-07.50

Event 28 Men Long Jump

Name	Year School	Finals	Wind
1 Mickens, Jarrett	JR Valparaiso	7.03m	NWI 23-00.75
2 Latz, Joey	SR Grand Valley	6.78m	NWI 22-03.00
3 Kendro, Chris	FR Davenport	6.53m	NWI 21-05.25
4 Lancaster, Dorian	FR Concordia (M)	6.51m	NWI 21-04.25
5 Calvo, Jairo	JR Aquinas	6.43m	NWI 21-01.25
6 Swain, Garrett	FR Aquinas	6.22m	NWI 20-05.00
7 Joseph, Maxime	FR Concordia (M)	6.19m	NWI 20-03.75
8 Joseph, BJ	FR Concordia (M)	5.99m	NWI 19-08.00
9 Kamps, Russell	FR Calvin	5.98m	NWI 19-07.50
10 Niederstadt, Cory	FR Alma	5.87m	NWI 19-03.25
11 Schubert, Steve	JR Valparaiso	5.62m	NWI 18-05.25
12 DeJong, Nate	SR Calvin	5.42m	NWI 17-09.50
13 Fowler, Justin	JR Alma	5.38m	NWI 17-08.00
14 Duncan, Matt	SR Olivet	5.12m	NWI 16-09.75
14 Marquette, Matt	FR Olivet	5.12m	NWI 16-09.75

Event 29 Women Triple Jump

Name	Year School	Finals	Wind
1 Peterson, Kelly	SO Calvin	10.91m	NWI 35-09.50
2 Herman, Casey	SR Calvin	10.10m	NWI 33-01.75
3 Koenig, Dana	JR Albion	10.09m	NWI 33-01.25
4 Sybesma, Laura	SO Calvin	9.79m	NWI 32-01.50
5 Morrow, Adora	SO Concordia (M)	9.57m	NWI 31-04.75
6 Damm, Kaycee	SO Albion	9.34m	NWI 30-07.75

Event 30 Men Triple Jump

Name	Year School	Finals	Wind
1 Mickens, Jarrett	JR Valparaiso	14.17m	NWI 46-06.00
2 Jasperse, Kyle	FR Calvin	13.91m	NWI 45-07.75
3 Schubert, Steve	JR Valparaiso	13.47m	NWI 44-02.50
4 Davis, CJ	SO Davenport	13.41m	NWI 44-00.00
5 DeRuiter, Jonathan	SR Calvin	13.12m	NWI 43-00.50
6 Joseph, Maxime	FR Concordia (M)	12.95m	NWI 42-06.00
7 Kamps, Russell	FR Calvin	12.81m	NWI 42-00.50
8 Joseph, BJ	FR Concordia (M)	12.65m	NWI 41-06.00
9 Espers, Tim	SR Olivet	12.39m	NWI 40-07.75
10 Fowler, Justin	JR Alma	11.17m	NWI 36-07.75
11 Helminiak, Ryan	FR Aquinas	11.11m	NWI 36-05.50
12 Duncan, Matt	SR Olivet	10.48m	NWI 34-04.75
13 Walter, Justin	FR Olivet	10.11m	NWI 33-02.00

Event 31 Women Discus Throw

Name	Year School	Finals
1 Smith, Jamie	FR Grand Valley	46.04m 151-00
2 Huhn, Melanie	SO Grand Valley	45.06m 147-10
3 Lockhart, Sam	FR Grand Valley	42.42m 139-02
4 Oberle, Leigha	JR Calvin	41.66m 136-08
5 Karpowicz, Lindsey	FR Aquinas	40.29m 132-02

6	Fogle, Andrea	SO Ferris State	39.95m	131-01
7	Anthony, Chelsea	SO Albion	39.28m	128-10
8	Joostberns, Amy	SO Ferris State	38.65m	126-10
9	Umana, Ini	SR Valparaiso	36.82m	120-10
10	Fox, Katelyn	FR Grand Valley	36.11m	118-06
11	Mouthaan, Lauren	SO Aquinas	35.12m	115-03
12	Silvestro, Jentien	FR Calvin	32.92m	108-00
13	Laukus, Emily	SO Alma	32.60m	106-11
14	Wassman, Christina	SO Calvin	31.55m	103-06
15	Stieg, Helena	FR Davenport	30.98m	101-08
16	McCorriston, Natalie	SO Valparaiso	29.89m	98-01
17	Huggett, Amanda	FR Olivet	24.03m	78-10
18	Pick, Katelin	FR Olivet	18.97m	62-03
--	Buresh, Lauren	SO Grand Valley	FOUL	
--	Robertson, Talitha	SO Davenport	FOUL	
--	Smith, Emily	FR Aquinas	FOUL	

Event 32 Men Discus Throw

Name	Year	School	Finals	
1	Vanek, Daniel	SR Unat-Grand V	58.67m	192-06
2	Stiffler, Donny	FR Grand Valley	51.14m	167-09
3	Klingenberg, Joel	JR Calvin	48.39m	158-09
4	Bosch, Mitch	SR Grand Valley	47.64m	156-03
5	Armstrong, Matt	SO Grand Valley	46.43m	152-04
6	Ellsworth, Adam	JR Alma	46.09m	151-02
7	Tarrant, Devin	JR Aquinas	46.01m	150-11
8	Rixon, Bill	SO Valparaiso	45.88m	150-06
9	Clark, Aaron	SO Grand Valley	44.71m	146-08
10	Ryan, Moore	Unat-Aquinas	43.93m	144-01
11	Meckes, Aaron	FR Calvin	43.81m	143-09
12	Eno, Kyle	SO Grand Valley	42.44m	139-03
13	Gorley, Andrew	FR Grand Valley	42.17m	138-04
14	Dekam, Nathan	SR Unat-Grand V	41.93m	137-07
15	Echtinaw, Ken	JR Calvin	41.46m	136-00
16	Evans, Ian	SR Grand Valley	41.35m	135-08
17	Marquardt, Justin	SO Aquinas	40.05m	131-05
18	Cogswell, Jason	SO Davenport	38.85m	127-05
19	Stachowicz, Joe	SO Aquinas	38.79m	127-03
20	Babbitt, Nick	SR Valparaiso	38.52m	126-04
21	Fredericks, Ronnie	FR Valparaiso	37.19m	122-00
22	Kelly, James	SO Olivet	36.85m	120-11
23	Rixon, Andrew	FR Valparaiso	36.61m	120-01
24	Deford, Michael	FR Alma	35.81m	117-06
25	Schwab, Morgan	FR Concordia (M)	33.82m	110-11
26	DeYoung, Adam	FR Calvin	33.31m	109-03
27	Holmes, Rocko	FR Concordia (M)	29.82m	97-10
28	Stegenga, Ryan	FR Valparaiso	27.83m	91-04
29	Harthun, Ken	SR Olivet	26.68m	87-06

Event 33 Women Hammer Throw

Name	Year	School	Finals	
1	Fox, Emily	SR Grand Valley	53.45m	175-04
2	Zokoe, Alyssa	NA Unat-Grand V	53.22m	174-07
3	Fox, Katelyn	FR Grand Valley	48.18m	158-01
4	Smith, Jamie	FR Grand Valley	44.99m	147-07
5	Umana, Ini	SR Valparaiso	44.50m	146-00
6	Mouthaan, Lauren	SO Aquinas	42.02m	137-10
7	Weymouth, Stephanie	SO Alma	41.37m	135-09
8	McCorriston, Natalie	SO Valparaiso	40.34m	132-04
9	Fogle, Andrea	SO Ferris State	39.16m	128-06

10	Smith, Emily	FR	Aquinas	38.48m	126-03
11	Robertson, Talitha	SO	Davenport	36.92m	121-01
12	Bartels, Rachel	SO	Aquinas	33.15m	108-09
13	Oberle, Leigha	JR	Calvin	30.39m	99-08
14	Wassman, Christina	SO	Calvin	23.76m	77-11
--	Stieg, Helena	FR	Davenport	FOUL	

Event 34 Men Hammer Throw

Name	Year	School	Finals		
1	Lipski, Clay	JR	Grand Valley	54.83m	179-11
2	Cogswell, Jason	SO	Davenport	51.56m	169-02
3	Babbitt, Nick	SR	Valparaiso	50.89m	166-11
4	Gorley, Andrew	FR	Grand Valley	50.63m	166-01
5	Vandenburg, JJ	SO	Ferris State	50.02m	164-01
6	Tarrant, Devin	JR	Aquinas	49.97m	163-11
7	Stachowicz, Joe	SO	Aquinas	47.43m	155-07
8	Falk, Karl	SO	Calvin	45.74m	150-01
9	Dekam, Nathan	SR	Unat-Grand V	45.23m	148-05
10	Rixon, Bill	SO	Valparaiso	44.21m	145-00
11	Bosch, Mitch	SR	Grand Valley	43.00m	141-01
12	Rixon, Andrew	FR	Valparaiso	42.62m	139-10
13	Mauris, Charles	SR	Ferris State	41.31m	135-06
14	Echtinaw, Ken	JR	Calvin	39.46m	129-05
15	Pettit, Tyler	JR	Alma	38.08m	124-11
16	Stegenga, Ryan	FR	Valparaiso	37.76m	123-11
17	Lewis, Steve	JR	Alma	34.74m	114-00
18	Ryan, Moore		Unat-Aquinas	34.54m	113-04
19	Rodriquez, Jesse	SO	Olivet	31.34m	102-10
20	Fredericks, Ronnie	FR	Valparaiso	27.24m	89-04

Event 35 Women Javelin Throw

Name	Year	School	Finals		
1	Forest, Lauren	SO	Alma	34.26m	112-05
2	Janish, Julie	FR	Davenport	34.04m	111-08
3	Wigboldy, Kimberly	JR	Calvin	33.13m	108-08
4	Cwiek, Christa	FR	Ferris State	31.60m	103-08
5	Laukus, Emily	SO	Alma	30.25m	99-03
6	Wassman, Christina	SO	Calvin	29.02m	95-02
7	Bartels, Rachel	SO	Aquinas	28.34m	93-00
8	Gross, Kayla	FR	Davenport	28.16m	92-05
9	Metcalf, Chloe	SO	Concordia (M)	23.06m	75-08
10	Fox, Katelyn	FR	Grand Valley	22.84m	74-11
11	Kolenbrander, Tanya	FR	Calvin	22.04m	72-04
12	Smith, Emily	FR	Aquinas	21.83m	71-07
13	Brase, Kaylea	FR	Calvin	16.20m	53-02
14	Baker, Kaitlyn		Aquinas	14.23m	46-08
15	Kaufman, Jade	JR	Ferris State	13.55m	44-05

Event 36 Men Javelin Throw

Name	Year	School	Finals		
1	Klingenberg, Joel	JR	Calvin	54.73m	179-07
2	Buiten, Tim	SR	Calvin	53.47m	175-05
3	Latz, Joey	SR	Grand Valley	52.86m	173-05
4	Batonai, Ferenc	FR	Grand Valley	50.07m	164-03
5	Evans, Ian	SR	Grand Valley	49.56m	162-07
6	Pluger, Shane	JR	Calvin	49.20m	161-05
7	Hunter, Carleton	SO	Davenport	46.32m	152-00
8	Tarrant, Devin	JR	Aquinas	45.64m	149-09

9	Losinski, Kreg	SO Davenport	40.84m	134-00
10	Muschiamma, Jordan	SO Concordia (M	39.83m	130-08
11	Schubert, Steve	JR Valparaiso	39.63m	130-00
12	Taylor, Drew	FR Valparaiso	38.61m	126-08
13	Jonker, Ethan	SO Davenport	38.46m	126-02
14	Espers, Tim	SR Olivet	37.67m	123-07
15	Henderson, Barac	FR Alma	37.12m	121-09
16	Kremers, Justin	SO Calvin	36.77m	120-08
17	Tenelshof, Alex	SO Davenport	35.55m	116-08
18	Kelly, James	SO Olivet	35.48m	116-05
19	Harthun, Ken	SR Olivet	33.68m	110-06
20	Young, Jon	FR Alma	31.74m	104-02

Event 37 Women Shot Put

Name	Year	School	Finals	
1	Buresh, Lauren	SO Grand Valley	15.16m	49-09.00
2	Lockhart, Sam	FR Grand Valley	14.35m	47-01.00
3	Huhn, Melanie	SO Grand Valley	12.72m	41-08.75
4	Robertson, Talitha	SO Davenport	11.96m	39-03.00
5	Mouthaan, Lauren	SO Aquinas	10.79m	35-05.00
6	Weymouth, Stephanie	SO Alma	10.70m	35-01.25
7	Karpowicz, Lindsey	FR Aquinas	10.50m	34-05.50
8	Wassman, Christina	SO Calvin	10.29m	33-09.25
9	Silvestro, Jentien	FR Calvin	9.98m	32-09.00
10	McCorriston, Natalie	SO Valparaiso	9.56m	31-04.50
11	Huggett, Amanda	FR Olivet	7.81m	25-07.50
12	Pick, Katelin	FR Olivet	7.46m	24-05.75

Event 38 Men Shot Put

Name	Year	School	Finals	
1	Evans, Ian	SR Grand Valley	17.18m	56-04.50
2	Armstrong, Matt	SO Grand Valley	16.90m	55-05.50
3	Stiffler, Donny	FR Grand Valley	16.79m	55-01.00
4	Meckes, Aaron	FR Calvin	15.42m	50-07.25
5	Echtinaw, Ken	JR Calvin	14.30m	46-11.00
6	Marquardt, Justin	SO Aquinas	13.98m	45-10.50
7	Edwards, Alex	SO Calvin	13.75m	45-01.50
8	Pettit, Tyler	JR Alma	13.60m	44-07.50
9	Clark, Aaron	SO Grand Valley	13.18m	43-03.00
10	Vandenburg, JJ	SO Ferris State	13.09m	42-11.50
11	DeYoung, Adam	FR Calvin	12.90m	42-04.00
12	Dekam, Nathan	SR Unat-Grand V	12.89m	42-03.50
13	Ellsworth, Adam	JR Alma	12.80m	42-00.00
14	Falk, Karl	SO Calvin	12.69m	41-07.75
15	Rodriquez, Jesse	SO Olivet	11.66m	38-03.25
16	Holmes, Rocko	FR Concordia (M	10.72m	35-02.00
17	Thompkins, Terrence	FR Olivet	10.58m	34-08.50