

Cheer Requirements (please note the Valpo Cheer Team is comprised of male and female members enrolled at Valparaiso University):

Female

- 1 Standing Tumbling Pass
- 1 Running Tumbling Pass
- Double Toe Touch
- Front Hurdler
- Optional Jump of Candidate's Choice (i.e. toe-touch, side hurdler, pike, etc.)
- Advanced Level/Elite Stunt as Either Flyer or Base (the majority of the day will be spent stunting)
- School Song (taught the day of tryouts)

Attire: Please wear a fitted tee, tank, or sports bra with cheer shorts (Soffe's) and cheer shoes of your choice.

Males

Previous experience not required. Previous cheer or tumbling experience a plus, but we are looking for athletic males who can be taught stunting techniques and requirements.

Dance Requirements (please note the Valpo dance team is for females enrolled at Valparaiso University):

- Switch Leap
- Minimum Double Turn
- Technical Combination of Your Choice
- School Song (Taught That Day)
- Short Routine Incorporating Hip-Hop, Lyrical, and Jazz Elements (Taught That Day)

Attire: Fitted tee, tank, or sports bra, black dance pants, and appropriate dance shoes.

Please direct questions to Laura Yoder:
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