

Sports Wagering Activities

NCAA rules prohibit all student-athletes, coaches and staff (including those outside of the athletics departments who have oversight over athletics) from wagering on any practice or competition, at any level, involving a sport sponsored by the NCAA.

Impermissible Actions:

No wagers for any item (e.g., cash, shirt, dinner) on ANY professional or college sports event, even those that do not involve your college.

NO sports “pools” – including NCAA Tournament Brackets, even those that don’t involve your college.

NO Internet gambling on sports events

NO fantasy leagues that award a prize and require a fee to participate.

NO sports wagering using “800” numbers.

NO exchange of information about your team with ANYONE who gambles. In other words, no information about injuries, new plays, team morale, discipline problems, or anything else.

Consequences:

NCAA rules are clear. The minute you are discovered to have made a bet of any kind on any college or professional sport or have given information to someone who does gamble. You are declared ineligible to compete in college sports. You are off the team.

If you accept or place a bet on any college or professional team other than your own, you will automatically be suspended for a minimum of one year and be charged with a season of competition.

If you accept or place a bet on any team at your school, you will be permanently ineligible.

You risk losing your sports scholarship, being expelled from the school altogether, and/or being banned from other college and professional sports.

You will run the risk of being arrested and charged with a crime. That’s because sports wagering is illegal. Sports bribery is also illegal.

Countable Athletically Related Activities

Definition of a week -- Any seven (7) consecutive days to be determined by the individual sport's discretion. Once the "week" is defined, it shall not change for the duration of the season.

Competition Day -- All competition and any associated athletically related activities on the day of competition shall count as three (3) hours regardless of the actual duration of these activities. Countable athletically related activities may not be conducted at any time (including vacation periods) following competition, except between contests, rounds or events (e.g., doubleheaders in softball).

In-Season -- The time between the team's first officially recognized practice session and the last practice session or competition. Seasons can be separated into 2 distinct segments: championship and non-championship.

Out-of-Season -- The remaining days during the academic year not included in the in-season period. Participation in up to two (2) hours of required skill instruction is permissible.

Vacation Periods and Between Terms -- Hour limitations do not apply during official institutional break periods when classes are not in session (i.e., fall, winter, spring break). This includes hour limitations during preseason practice prior to the first day of classes.

Travel Day -- A travel day related to athletics participation may be considered a day off, provided no countable activities occurred.

Final Exam Period -- When in-season, limitations do apply during final-examination periods and preparatory days leading up to final exams. When out-of-season, all athletically related activities are prohibited one (1) week prior to the beginning of final exams through the conclusion of each student-athlete's exam.

Safety Exception -- A coach may be present during voluntary activities (non-countable) in a practice facility when students are using equipment in the track (field events only).

Voluntary Activity -- All of the following conditions must be met:

- Student-athletes are not required to report back to a coach any information related to the activity. Staff members observing activities may not report back to a coach any information related to the activity.
 - Activity must be initiated and requested solely by the student-athlete.
 - Attendance and participation in the activity (or lack thereof) may not be recorded for the purpose of reporting to coaching staff or other student-athletes.
 - Student-athletes may not be subjected to penalties should they not participate and no recognition or incentive may be awarded based on attendance or performance.
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