

NCAA Banned Drugs

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**NCAA BANNED DRUGS LIST**

**Note: It is your responsibility to check with the appropriate or designated athletics staff before using any substance. Any substance chemically related to the classes listed below are also banned.**

**Banned classes of drugs:**

- Stimulants.
- Anabolic Agents.
- Alcohol and Beta Blockers (banned for rifle only).
- Diuretics and Other Masking Agents.
- Street Drugs.
- Peptide Hormones and Analogues.
- Anti-estrogens.
- Beta-2 Agonist.

**Drugs and Procedures Subject to Restrictions:**

- Blood doping.
- Gene doping.
- Local anesthetics (under some conditions).
- Manipulation of urine samples.
- Beta-2 Agonists permitted only by prescription and inhalation (i.e., Albuterol).

**NCAA Nutritional/Dietary Supplements Warning:**

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
2. Student-athletes have tested positive and lost their eligibility from using dietary supplements.
3. Many dietary supplements are contaminated with banned drugs not listed on the label.
4. Any product containing a dietary supplement ingredient is taken at your own risk.

**For Some Examples of NCAA Banned Substances in Each Drug Class Please click the link: <http://www.ncaa.org/sport-science-institute/topics/2020-21-ncaa-banned-substances>**

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