

## Extra Benefits

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An "extra benefit" is any special arrangement by an institutional employee or representative of athletics interests to provide a student-athlete, or a student-athlete's relative or friend, a benefit that is not expressly authorized by NCAA legislation (unless the benefit is generally available to the institution's students).

If a student-athlete receives an "extra benefit" in violation of NCAA rules, the student-athlete is rendered ineligible for competition in their sport unless and until their eligibility is reinstated by the NCAA. In addition, there could be penalties imposed on the team and the athletic program as a result of the violation.

### **Impermissible Benefits**

- A loan of money;
- A guarantee of bond;
- An automobile or the use of an automobile;
- Transportation (e.g., a ride home with a coach), except as permitted in Bylaw 16.9.1, even if the student-athlete reimburses the institution or the staff member for the appropriate amount of the gas or expense;
- Signing or co-signing a note with an outside agency to arrange a loan.

### **Permissible Benefits**

- Athletics scholarships
- Appropriate equipment for practice and competition
- Travel expenses for competition
- Complimentary admissions to your competitions for family and friends
- Awards to recognize your participation and achievement
- Medical treatment
- Academic support services

These are only some examples of impermissible and permissible benefits. The area of extra benefits is very complex and we do not want our student-athletes to inadvertently do something that jeopardizes their eligibility. We encourage you to talk to us before accepting a benefit if you have any question about whether or not it is permissible.

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