

## Individual Top Times

### Valparaiso University [VU-IN]

Number of Top Times: 5 Show Yards Only

	Time	P/F/S	Name	Age/Yr		
<b>Women 50 Free</b>						
1	24.82 Y L	F	Avery Ball	FR	11/9/2023	2023 A3 Performance Invitational
2	24.89 Y	P	Bri Keese	FR	2/21/2024	2024 Missouri Valley Conference
3	24.91 Y	P	Faith Bargwell	FR	11/9/2023	2023 A3 Performance Invitational
4	25.06 Y	P	Sara Strauss	JR	11/9/2023	2023 A3 Performance Invitational
5	25.11 Y	P	Haley Hume	JR	2/21/2024	2024 Missouri Valley Conference
<b>Women 100 Free</b>						
1	x54.24 Y	P	Avery Ball	FR	11/9/2023	2023 A3 Performance Invitational
2	54.30 Y L	F	Lily Kirkpatrick	FR	2/21/2024	2024 Missouri Valley Conference
3	54.59 Y	P	Caroline Gorski	SO	2/21/2024	2024 Missouri Valley Conference
4	54.75 Y	P	Haley Hume	JR	2/21/2024	2024 Missouri Valley Conference
5	54.78 Y	F	Sara Strauss	JR	2/2/2024	UIC vs Southern IL vs Valpo
<b>Women 200 Free</b>						
1	1:58.69 Y L	F	Sophie Schoch	FR	2/21/2024	2024 Missouri Valley Conference
2	1:58.71 Y	P	Lily Kirkpatrick	FR	2/21/2024	2024 Missouri Valley Conference
3	2:00.85 Y	P	Caroline Gorski	SO	11/9/2023	2023 A3 Performance Invitational
4	2:01.31 Y L	F	Bridget Pollard	JR	2/21/2024	2024 Missouri Valley Conference
5	2:02.33 Y	F	Emma Schmidt	SO	1/26/2024	Valpo vs Bethel
<b>Women 500 Free</b>						
1	5:17.38 Y	P	Emma Schmidt	SO	2/21/2024	2024 Missouri Valley Conference
2	5:22.81 Y	P	Lily Kirkpatrick	FR	2/21/2024	2024 Missouri Valley Conference
3	5:25.83 Y	P	Gretchen Schmierer Knust	FR	2/21/2024	2024 Missouri Valley Conference
4	5:29.88 Y	P	Natalie Eaton	SO	2/21/2024	2024 Missouri Valley Conference
5	5:30.41 Y	P	Fiona Merritt	SO	2/21/2024	2024 Missouri Valley Conference
<b>Women 1000 Free</b>						
1	11:12.05 Y	F	Emma Schmidt	SO	11/9/2023	2023 A3 Performance Invitational
2	11:12.79 Y	F	Fiona Merritt	SO	2/21/2024	2024 Missouri Valley Conference
3	11:20.81 Y	F	Olivia Tressler	FR	10/13/2023	IUPUI - VALPO
4	11:36.52 Y	F	Gretchen Schmierer Knust	FR	1/12/2024	Rose-Hulman vs. Valpo 23-24
5	11:37.42 Y	F	Lily Kirkpatrick	FR	2/2/2024	UIC vs Southern IL vs Valpo
<b>Women 1650 Free</b>						
1	18:32.08 Y	F	Emma Schmidt	SO	11/9/2023	2023 A3 Performance Invitational
2	18:41.35 Y	F	Fiona Merritt	SO	2/21/2024	2024 Missouri Valley Conference
3	19:32.46 Y	F	Elizabeth Sites	FR	11/9/2023	2023 A3 Performance Invitational
4	19:41.82 Y	F	Roxanne Adams	FR	11/9/2023	2023 A3 Performance Invitational
5	19:43.26 Y	F	Emma Wise	SO	11/9/2023	2023 A3 Performance Invitational
<b>Women 50 Back</b>						
1	27.36 Y L	F	Avery Ball	FR	2/21/2024	2024 Missouri Valley Conference
2	27.65 Y L	F	Sophie Schoch	FR	11/9/2023	2023 A3 Performance Invitational
3	28.35 Y L	F	Bri Keese	FR	2/21/2024	2024 Missouri Valley Conference
4	28.84 Y L	F	Gretchen Schmierer Knust	FR	2/21/2024	2024 Missouri Valley Conference
5	29.20 Y	F	Faith Bargwell	FR	12/1/2023	Valpo vs Lewis vs Butler
<b>Women 100 Back</b>						
1	59.45 Y	P	Sophie Schoch	FR	2/21/2024	2024 Missouri Valley Conference
2	59.52 Y L	F	Avery Ball	FR	11/9/2023	2023 A3 Performance Invitational
3	59.61 Y	P	Kailyn Benoit	FR	2/21/2024	2024 Missouri Valley Conference
4	1:00.86 Y L	F	Gretchen Schmierer Knust	FR	2/21/2024	2024 Missouri Valley Conference
5	1:02.20 Y L	F	Lily Kirkpatrick	FR	11/9/2023	2023 A3 Performance Invitational
<b>Women 200 Back</b>						
1	2:10.06 Y	P	Sophie Schoch	FR	2/21/2024	2024 Missouri Valley Conference
2	2:11.46 Y	P	Lily Kirkpatrick	FR	2/21/2024	2024 Missouri Valley Conference
3	2:11.92 Y	P	Gretchen Schmierer Knust	FR	2/21/2024	2024 Missouri Valley Conference
4	2:12.37 Y	P	Olivia Tressler	FR	2/21/2024	2024 Missouri Valley Conference
5	2:17.23 Y	F	Kailyn Benoit	FR	1/28/2024	15th Annual Butler Invitational

### Individual Top Times

Number of Top Times: 5 Show Yards Only

	Time	P/F/S	Name	Age/Yr		
<b>Women 50 Breast</b>						
1	x30.98 Y	T	Roxanne Adams	FR	11/9/2023	2023 A3 Performance Invitational
2	31.14 Y	T	Natalie Eaton	SO	2/21/2024	2024 Missouri Valley Conference
3	32.09 Y	T	Sara Strauss	JR	11/9/2023	2023 A3 Performance Invitational
4	32.70 Y	T	Kayley Benway	FR	11/9/2023	2023 A3 Performance Invitational
5	33.72 Y	F	Avah Watson	FR	12/1/2023	Valpo vs Lewis vs Butler
<b>Women 100 Breast</b>						
1	1:07.48 Y	P	Sara Strauss	JR	2/21/2024	2024 Missouri Valley Conference
2	1:08.05 Y	P	Natalie Eaton	SO	2/21/2024	2024 Missouri Valley Conference
3	1:08.11 Y	F	Roxanne Adams	FR	11/9/2023	2023 A3 Performance Invitational
4	1:08.73 Y	T	Avery Ball	FR	11/9/2023	2023 A3 Performance Invitational
5	x1:11.84 Y	P	Kayley Benway	FR	11/9/2023	2023 A3 Performance Invitational
<b>Women 200 Breast</b>						
1	2:27.81 Y	P	Sara Strauss	JR	11/9/2023	2023 A3 Performance Invitational
2	2:28.72 Y	P	Natalie Eaton	SO	2/21/2024	2024 Missouri Valley Conference
3	2:31.97 Y	P	Roxanne Adams	FR	11/9/2023	2023 A3 Performance Invitational
4	2:41.10 Y	F	Avah Watson	FR	1/28/2024	15th Annual Butler Invitational
5	x2:42.63 Y	P	Morgan Purser	JR	2/21/2024	2024 Missouri Valley Conference
<b>Women 50 Fly</b>						
1	26.60 Y	T	Bridget Pollard	JR	11/9/2023	2023 A3 Performance Invitational
2	26.85 Y	T	Avery Ball	FR	2/21/2024	2024 Missouri Valley Conference
3	26.96 Y	T	Kailyn Benoit	FR	11/9/2023	2023 A3 Performance Invitational
4	27.75 Y	T	Faith Bargwell	FR	11/9/2023	2023 A3 Performance Invitational
5	28.83 Y	F	Gretchen Schmierer Knust	FR	12/1/2023	Valpo vs Lewis vs Butler
<b>Women 100 Fly</b>						
1	58.75 Y	P	Kailyn Benoit	FR	2/21/2024	2024 Missouri Valley Conference
2	1:00.07 Y	P	Avery Ball	FR	11/9/2023	2023 A3 Performance Invitational
3	1:01.16 Y	P	Bridget Pollard	JR	11/9/2023	2023 A3 Performance Invitational
4	1:01.29 Y	F	Faith Bargwell	FR	10/13/2023	IUPUI - VALPO
5	1:01.48 Y	P	Haley Hume	JR	2/21/2024	2024 Missouri Valley Conference
<b>Women 200 Fly</b>						
1	2:09.57 Y	F	Kailyn Benoit	FR	11/9/2023	2023 A3 Performance Invitational
2	2:19.20 Y	F	Bridget Pollard	JR	11/9/2023	2023 A3 Performance Invitational
3	2:21.00 Y	F	Olivia Tressler	FR	9/30/2023	Valpo vs USI
4	2:22.41 Y	F	Kayley Benway	FR	10/28/2023	Valpo vs UWGB
5	2:23.05 Y	F	Emma Schmidt	SO	1/12/2024	Rose-Hulman vs. Valpo 23-24
<b>Women 100 IM</b>						
1	1:00.05 Y	T	Avery Ball	FR	11/9/2023	2023 A3 Performance Invitational
2	x1:01.23 Y	T	Sara Strauss	JR	11/9/2023	2023 A3 Performance Invitational
3	1:02.33 Y	T	Lily Kirkpatrick	FR	2/21/2024	2024 Missouri Valley Conference
4	x1:04.32 Y	T	Kayley Benway	FR	11/9/2023	2023 A3 Performance Invitational
5	1:05.08 Y	T	Roxanne Adams	FR	2/21/2024	2024 Missouri Valley Conference
<b>Women 200 IM</b>						
1	2:13.66 Y	F	Sophie Schoch	FR	11/9/2023	2023 A3 Performance Invitational
2	2:14.84 Y	P	Avery Ball	FR	11/9/2023	2023 A3 Performance Invitational
3	2:15.53 Y	P	Olivia Tressler	FR	2/21/2024	2024 Missouri Valley Conference
4	2:16.88 Y	F	Sara Strauss	JR	2/2/2024	Time Trials
5	2:21.42 Y	F	Kailyn Benoit	FR	9/30/2023	Valpo vs USI
<b>Women 400 IM</b>						
1	4:43.82 Y	P	Olivia Tressler	FR	2/21/2024	2024 Missouri Valley Conference
2	4:49.31 Y	P	Emma Schmidt	SO	2/21/2024	2024 Missouri Valley Conference
3	4:57.41 Y	P	Elaina Rezabek	FR	2/21/2024	2024 Missouri Valley Conference
4	4:58.68 Y	F	Kailyn Benoit	FR	10/21/2023	BU vs Valpo vs EIU
5	5:10.90 Y	F	Kayley Benway	FR	10/21/2023	BU vs Valpo vs EIU

### Relay Top Times

**Valparaiso University [VU-IN]**

**Number of Top Times: 5 Show Yards Only**

	<b>Time</b>	<b>P/F/S</b>	<b>Relay</b>			
<b>Women 200 Free Relay</b>						
1	1:38.49 Y	F	A Relay		11/9/2023	2023 A3 Performance Invitational
	Sophie Schoch (FR)			Haley A. Hume (JR)	Sara A. Strauss (JR)	Faith A. Bargwell (FR)
2	1:38.85 Y	F	A Relay		2/21/2024	2024 Missouri Valley Conference
	Avery L. Ball (FR)			Faith A. Bargwell (FR)	Bri Keese (FR)	Haley A. Hume (JR)
3	1:40.76 Y	F	B Relay		11/9/2023	2023 A3 Performance Invitational
	Avery L. Ball (FR)			Bridget G. Pollard (JR)	Caroline N. Gorski (SO)	Bri Keese (FR)
4	1:41.24 Y	F	A Relay		1/13/2024	UIndy vs. Valpo. vs. Wabash 2024
	Avery L. Ball (FR)			Faith A. Bargwell (FR)	Bri Keese (FR)	Sara A. Strauss (JR)
5	1:42.77 Y	F	A Relay		12/1/2023	Valpo vs Lewis vs Butler
	Avery L. Ball (FR)			Faith A. Bargwell (FR)	Haley A. Hume (JR)	Sara A. Strauss (JR)
<b>Women 200 Medley Relay</b>						
1	1:49.47 Y	F	A Relay		2/21/2024	2024 Missouri Valley Conference
	Avery L. Ball (FR)			Roxanne H. Adams (FR)	Bridget G. Pollard (JR)	Faith A. Bargwell (FR)
2	1:49.72 Y	F	B Relay		11/9/2023	2023 A3 Performance Invitational
	Sophie Schoch (FR)			Roxanne H. Adams (FR)	Bridget G. Pollard (JR)	Haley A. Hume (JR)
3	1:50.33 Y	F	B Relay		2/21/2024	2024 Missouri Valley Conference
	Gretchen F. Schmierer Knust (FR)			Natalie R. Eaton (SO)	Kailyn N. Benoit (FR)	Sara A. Strauss (JR)
4	1:50.35 Y	F	A Relay		11/9/2023	2023 A3 Performance Invitational
	Avery L. Ball (FR)			Sara A. Strauss (JR)	Kailyn N. Benoit (FR)	Faith A. Bargwell (FR)
5	1:51.89 Y	F	A Relay		9/30/2023	Valpo vs USI
	Sophie Schoch (FR)			Roxanne H. Adams (FR)	Bridget G. Pollard (JR)	Faith A. Bargwell (FR)
<b>Women 400 Free Relay</b>						
1	3:36.71 Y	F	A Relay		11/9/2023	2023 A3 Performance Invitational
	Sara A. Strauss (JR)			Avery L. Ball (FR)	Sophie Schoch (FR)	Haley A. Hume (JR)
2	3:37.36 Y	F	A Relay		2/21/2024	2024 Missouri Valley Conference
	Lily K. Kirkpatrick (FR)			Caroline N. Gorski (SO)	Haley A. Hume (JR)	Sophie Schoch (FR)
3	3:39.36 Y	F	B Relay		2/21/2024	2024 Missouri Valley Conference
	Sara A. Strauss (JR)			Avery L. Ball (FR)	Bridget G. Pollard (JR)	Bri Keese (FR)
4	3:41.46 Y	F	A Relay		9/30/2023	Valpo vs USI
	Sophie Schoch (FR)			Faith A. Bargwell (FR)	Avery L. Ball (FR)	Sara A. Strauss (JR)
5	3:42.74 Y	F	B Relay		11/9/2023	2023 A3 Performance Invitational
	Lily K. Kirkpatrick (FR)			Bri Keese (FR)	Caroline N. Gorski (SO)	Faith A. Bargwell (FR)
<b>Women 400 Medley Relay</b>						
1	4:00.24 Y	F	A Relay		2/21/2024	2024 Missouri Valley Conference
	Sophie Schoch (FR)			Sara A. Strauss (JR)	Kailyn N. Benoit (FR)	Bri Keese (FR)
2	4:01.48 Y	F	A Relay		11/9/2023	2023 A3 Performance Invitational
	Sophie Schoch (FR)			Roxanne H. Adams (FR)	Kailyn N. Benoit (FR)	Faith A. Bargwell (FR)
3	4:01.70 Y	F	B Relay		11/9/2023	2023 A3 Performance Invitational
	Avery L. Ball (FR)			Sara A. Strauss (JR)	Bridget G. Pollard (JR)	Haley A. Hume (JR)
4	4:04.33 Y	F	B Relay		2/21/2024	2024 Missouri Valley Conference
	Gretchen F. Schmierer Knust (FR)			Natalie R. Eaton (SO)	Haley A. Hume (JR)	Lily K. Kirkpatrick (FR)
5	4:05.95 Y	F	A Relay		10/28/2023	Valpo vs UWGB
	Sophie Schoch (FR)			Sara A. Strauss (JR)	Kailyn N. Benoit (FR)	Faith A. Bargwell (FR)
<b>Women 800 Free Relay</b>						
1	7:58.58 Y	F	A Relay		2/21/2024	2024 Missouri Valley Conference
	Sophie Schoch (FR)			Emma F. Schmidt (SO)	Caroline N. Gorski (SO)	Haley A. Hume (JR)
2	8:01.76 Y	F	B Relay		2/21/2024	2024 Missouri Valley Conference
	Bridget G. Pollard (JR)			Lily K. Kirkpatrick (FR)	Elaina D. Rezabek (FR)	Olivia G. Tressler (FR)

**Relay Top Times**

**Valparaiso University [VU-IN]**  
**Number of Top Times: 5 Show Yards Only**

<b>Time</b>	<b>P/F/S</b>	<b>Relay</b>			
3	8:02.68 Y	F	A Relay	11/9/2023	2023 A3 Performance Invitational
			Sophie Schoch (FR)		
			Emma F. Schmidt (SO)		
					Haley A. Hume (JR)
					Caroline N. Gorski (SO)
4	8:12.91 Y	F	B Relay	11/9/2023	2023 A3 Performance Invitational
			Bridget G. Pollard (JR)		
			Lily K. Kirkpatrick (FR)		
					Kailyn N. Benoit (FR)
					Elaina D. Rezabek (FR)
5	8:23.21 Y	F	C Relay	11/9/2023	2023 A3 Performance Invitational
			Olivia G. Tressler (FR)		
			Bri Keese (FR)		
					Gretchen F. Schmierer Knust (FR)
					Natalie R. Eaton (SO)