

Valparaiso University Track & Field
2019-20 Men's Top Performances (Indoor)

Sprints and Mid-distance

60 Meter Dash	Time	Date	Meet
Emanuel Daggett	7.21*	2/8	Windy City
Lukas Sepulveda	7.25*	2/8	Windy City
Taylor Allen	7.23	3/1	MVC Champ.
Zack Fortener	7.36h*	3/1	MVC Champ.
Ben Sekuloski	7.49	1/17	Bill Clinger
Brian Hughes	7.55*	12/6	Blue & Gold
Will Maidment	7.59h*	2/7	Windy City
David Engstrom	7.98h*	2/7	Windy City

60 Meter Hurdles	Time	Date	Meet
Zack Fortener	9.33h*	3/1	MVC Champ.
Will Maidment	10.41h*	2/8	Windy City
David Engstrom	10.58h*	2/8	Windy City

200 Meter Dash	Time	Date	Meet
Emanuel Daggett	22.53*#	2/22	Alex Wilson
Ben Sekuloski	22.66*	2/22	Alex Wilson
Taylor Allen	22.92	12/6	Blue & Gold
Lukas Sepulveda	23.08*	3/1	MVC Champ.
Bryce Otterbach	23.42*	12/6	Blue & Gold
Brian Hughes	23.80	12/6	Blue & Gold

400 Meter Dash	Time	Date	Meet
Emanuel Daggett	48.96*#	3/1	MVC Champ. Ben
Sekuloski	49.36^	2/8	Meyo Invite
Bryce Otterbach	51.16*	12/6	Blue & Gold
Zack Fortener	54.07	1/17	Bill Clinger
Jared Humphrey	53.09*	2/15	GVSU Big

600 Meter Run	Time	Date	Meet
Bryce Otterbach	1:29.06*	1/17	Bill Clinger
Jared Humphrey	1:29.98*	2/8	Windy City

800 Meter Run	Time	Date	Meet
Alexander Bruno	1:52.93*#	1/17	Bill Clinger
Ignacio Veloz Bonilla	1:57.03*	1/17	Bill Clinger
Joey Black	1:58.44^	2/15	GVSU Big
Eric Carothers	2:00.85*	1/17	Bill Clinger
Noah Vanderhei	2:03.14	1/17	Bill Clinger
Nate Izewski	2:08.83	1/17	Bill Clinger

* - personal record

^ - personal record (indoor)

- top-5 program record (and personal indoor record)

h- event part of heptathlon

w - wind-aided

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1000 Meter Run	Time	Date	Meet
Zach Fortener	2:50.84h*	2/8	Windy City
Will Maidment	3:23.28h*	2/8	Windy City
David Engstrom	3:28.04h*	2/8	Windy City

Distance

1 Mile Run	Time	Date	Meet
Alexander Bruno	4:05.75*#	2/15	David Hemery
Jack Worman	4:18.00*	1/25	John Gartland
Ignacio Veloz Bonilla	4:19.89*	1/17	Bill Clinger
Eric Carothers	4:23.68*	2/8	Windy City
Eric Carothers	4:27.31*	1/17	Bill Clinger
Joey Black	4:32.90	2/8	Windy City
Joey Black	4:36.22	1/25	John Gartland
Nate Izewski	4:37.48	1/17	Bill Clinger
Noah Vanderhei	4:54.37	1/25	John Gartland

3000 Meter Run	Time	Date	Meet
Alexander Bruno	8:20.01*#	2/15	David Hemery
Jack Worman	8:26.94*#	1/17	Bill Clinger
Dominic Paoletti	8:28.15*#	2/15	David Hemery
Ignacio Veloz Bonilla	8:54.39	2/8	Meyo Invite
Eric Carothers	8:58.81*	2/15	GVSU Big
Cameron Sheehy	9:18.96*	2/15	GVSU Big
Victor Fortin	9:28.98	1/25	John Gartland
Michael George	9:29.36*	2/15	GVSU Big
Nathan Izewski	9:34.31	2/15	GVSU Big
Rylan Dreyer	9:33.78	1/17	Bill Clinger
William Neupert	9:44.77*	2/8	Windy City
Andrew Zittel	10:19.85*	1/25	John Gartland

5000 Meter Run	Time	Date	Meet
Jack Worman	14:43.69*#	2/15	David Hemery
Dominic Paoletti	14:52.25*#	2/7	Meyo Invite
Cameron Sheehy	16:19.87*	1/25	John Gartland
William Neupert	17:08.94*	1/25	John Gartland

Relays

4x400 Meter Relay	Time	Date	Meet
Daggett, Otterbach, Veloz Bonilla, Sekuloski	3:23.71	3/1	MVC Champ.
Daggett, Allen, Humphrey, Otterbach	3:29.17	2/15	GVSU Big
Daggett, Black, Otterbach, Sekuloski	3:32.60	1/17	Bill Clinger

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4x400 Meter Relay (cont.)	Time	Date	Meet
Daggett, Otterbach, Humphrey, Fortener	3:34.51	1/25	John Gartland

Distance Medley	Time	Date	Meet
Carothers, Sekuloski, Black, Veloz Bonilla	10:31.54	3/1	MVC Champ.
Worman, Sekuloski, Black, Carothers	10:37.42	1/25	John Gartland

Jumps

Pole Vault	Height	Date	Meet
Jeremy Seiler	15-3 ³ / ₄ (4.67m)	2/15	GVSU Big
Evan Snow	14-5 ¹ / ₄ (4.40m)	2/22	Alex Wilson
Zack Fortener	12-6 (3.81m)h*	3/1	MVC Champ.
David Engstrom	8-2 1/2 (2.50m)h*	2/8	Windy City
Will Maidment	8-2 ¹ / ₂ (2.50m)h*	2/8	Windy City

Long Jump	Distance	Date	Meet
Collin McCullough	21-3 ¹ / ₂ (6.49m)^	3/1	MVC Champ.
Will Maidment	21-0 (6.40m)h*	2/7	Windy City
Zack Fortener	20-7 ¹ / ₄ (6.28m)h*	2/7	Windy City
T.J. Weinzimmer	19-3 ¹ / ₄ (5.87m)	12/6	Blue & Gold
David Engstrom	16-5 ¹ / ₂ (5.02m)h*	2/7	Windy City

High Jump	Height	Date	Meet
Will Maidment	6-6 ³ / ₄ (2.00m)h*#	2/7	Windy City
David Engstrom	5-10 ¹ / ₂ (1.79m)h*	2/7	Windy City
Zack Fortener	5-5 ³ / ₄ (1.67m)h*	2/7	Windy City

Triple Jump	Distance	Date	Meet
T.J. Weinzimmer	45-9 (13.94m)	2/22	Alex Wilson
Collin McCullough	40-11 ³ / ₄ (12.49m)	12/6	Blue & Gold

Throws

Shot Put	Distance	Date	Meet
Alek Trafton	46-01 ¹ / ₄ (14.50)*	1/17	Bill Clinger
Jake Rasawehr	45-5 ¹ / ₄ (13.85m)*	3/1	MVC Champ.
Zack Fortener	32-1 ¹ / ₂ (9.79m)h*	2/7	Windy City
Will Maidment	27-4 ³ / ₄ (8.35m)h*	2/7	Windy City
David Engstrom	25-6 (7.77m)h*	2/7	Windy City

Weight Throw	Distance	Date	Meet
Eddie Juszczak	56-7 ¹ / ₄ (17.25m)*	1/25	John Gartland
Jake Rasawehr	55-11 ³ / ₄ (17.06m)*	3/1	MVC Champ.

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Weight Throw (cont.)	Distance	Date	Meet
Alek Trafton	54-5 (16.59m)*	2/15	GVSU Big

Multi-events

Heptathlon	Points	Date	Meet
Zack Fortener	4,308*#	2/8	Windy City
Will Maidment	3,711*	2/8	Windy City
David Engstrom	3,018*	2/8	Windy City

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