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Pioneer Football League Announces Divisional Post-Season Honors

ST. LOUIS, Mo. – Pioneer Football League officials announced today the winners of its divisional post-season honors: Offensive Player of the Year, Defensive Player of the Year and Coach of the Year.

San Diego head coach Jim Harbaugh and junior quarterback Josh Johnson earned the PFL North's "Coach of the Year" and "Offensive Player of the Year" honors, respectively, as San Diego went undefeated in division play. Dayton senior linebacker John Hoppe earned the division's "Defensive Player of the Year."

Morehead State head coach Matt Ballard and sophomore quarterback Brian Yost were named the PFL South's "Coach of the Year" and "Offensive Player of the Year," respectively, as Morehead State made an unbeaten run through PFL South play. Davidson senior linebacker Alex Arinsmier picked up the division's "Defensive Player of the Year."

Johnson, a 6-3, 180-pound sophomore quarterback from Oakland, Calif., leads the league with 2,881 passing yards more than 800 yards greater than any other PFL quarterback this season. He leads the league in passing efficiency (168.95, 6th in I-AA), total offense (293.27 ypg, 10th in I-AA) and points responsible for (20.18 ppg). This season, he broke the Toreros' single-season marks for completions (236) and total offensive yards (3,226).

Hoppe, a 6-0, 219-pound senior linebacker from Northbrook, III., ranked fifth among all defensive players in tackles, averaging 8.6 per game, leading the second-place Flyers. He also led Dayton with 42 solo tackles and was second on the team with 7.5 tackles for loss.

Harbaugh earns the PFL North's "Coach of the Year" honor after leading San Diego to a 10-1 mark, including an undefeated run through the PFL North schedule. The Toreros will be competing in their first-ever conference championship game and enter that contest with a No. 1 ranking in the Sports Network I-AA Mid-Major poll. San Diego is 17-5 in Harbaugh's two-year tenure, including a 15-1 mark in the last 16 games.

Yost, a 6-1, 185-pound sophomore quarterback from Huntingburg, Ind., led the PFL South in total offense, averaging 204.18 yards per game, third best among all league players. He was fourth in the PFL in passing yardage (1,788 yards) and second among PFL quarterbacks in rushing yardage (41.6 ypg).

Arinsmier, a 6-1, 225-pound senior linebacker from Cincinnati, Ohio, was the league's leading tackler, averaging 10.8 tackles per game, 15th best among all I-AA football players. He finished the season with six consecutive double-digit tackle performances, and - with 108 total tackles - was one tackle shy on the league's total tackle title.

Ballard earns the PFL South's "Coach of the Year" honor for a fourth consecutive year. He led Morehead State to an 8-3 mark, the third eight-win season in the program's last four campaigns. That record includes a perfect 3-0 mark in PFL South play where the Eagles are 13-2 all-time.

13th Pioneer Football League All-Conference Team

Ten players repeat First-Team honors

ST. LOUIS, Mo. – The Pioneer Football League announced its 13th annual all-conference selections, Wednesday, with 53 players receiving first-team honors.

PFL North Champion San Diego fielded eight first-time first-team honorees, senior wide receiver **Adam Hannula** moved up from honorable mention honors in 2004 to claim first-team recognition in 2005. The PFL North had only four repeat first-team honorees: Drake running back **Scott Phaydavong**, Dayton offensive lineman **Ryan Winner**, Dayton linebacker **John Hoppe** and Drake punter **Ryan Horvath**. The first-team All-PFL North squad is a veteran team with 14 seniors, six juniors and seven sophomores among its honorees.

THe PFL South team is led by Morehead State's nine first-time, first-team selections. Jacksonville punter/placekicker Ryan Feely was a repeat honoree at both positions, one of six returning first-team honorees. The five other repeat honorees are Davidson wide receiver Brett Dioguardi, Austin Peay running back Chris Fletcher, Jacksonville offensive lineman Pat Rich, Jacksonville defensive lineman Jason Bense and Jacksonville linebacker Brandon Torre. The PFL South team is composed of two freshmen, five sophomores, eight juniors and 11 seniors.

The Pioneer Football League will hold its fifth – and final – championship game at 7 p.m. (EST), Saturday, in San Diego, Calif., as PFL North champion San Diego hosts PFL South champion Morehead State.

2005 All-Pioneer Football League North Division Team

(selected by PFL North head coaches)

| | / | |
|--|-------------------------|--|
| PFL NORTH COACH OF THE YEAR | JIM HARBAUGH, San Diego | |
| PFL NORTH OFFENSIVE PLAYER OF THE YEAR | JOSH JOHNSON, San Diego | |
| PFL NORTH DEFENSIVE PLAYER OF THE YEAR | JOHN HOPPE, Davton | |

| | | ALL- | PFL NOR | TH FI | RST 1 | TEAM |
|------|--------------------|------------|---------------|----------------|-----------|---|
| Pos. | Player | School | Ht. | Wt. | Yr. | Hometown (Previous School) |
| WR | Joe Blahowicz | Valparaiso | 6-4 | 190 | Sr. | Buffalo, N.Y. (Erie CC) |
| WR | Adam Hannula % | San Diego | 6-1 | 195 | Sr. | Tacoma, Wash. (Bellarmine Prep) |
| WR | Ryan Wrobleski % | Dayton | 6-0 | 192 | Sr. | Northville, Mich. (Detroit Central Catholic HS) |
| TE | Matt Koller | San Diego | 5-10 | 231 | Sr. | Oak Park, Calif. (Oak Park HS) |
| QB | Josh Johnson | San Diego | 6-3 | 180 | So. | Oakland, Calif. (Oakland Tech HS) |
| RB | Jeff Horton | Valparaiso | 6-2 | 185 | Jr. | St. Louis, Mo. (Lutheran North HS) |
| RB | Scott Phaydavong # | Drake | 5-6 | 161 | So. | Des Moines, Iowa (East HS) |
| OL | Ross Mroczek | Dayton | 6-2 | 259 | Sr. | South Bend, Ind. (Penn HS) |
| OL | Ryan Palonka | Valparaiso | 6-1 | 280 | Sr. | Boca Raton, Fla. (Olympic Heights HS) |
| OL | Dave Pammer | Drake | 6-4 | 295 | So. | Mokena, III. (Lincoln-Way East HS) |
| OL | Jordan PaoPao | San Diego | 5-10 | 290 | So. | Oceanside, Calif. (El Camino HS) |
| OL | Reis Rosenbledt | San Diego | 6-4 | 235 | So. | Burlingame, Calif. (Junipero Serra HS) |
| OL | Ryan Winner # | Dayton | 6-6 | 278 | Sr. | Greenville, Ohio (Greenville HS) |
| Pos. | Player | School | Dei Ht. | fense Wt. | Yr. | Hometown (Previous School) |
| DL | Erik Bakhtiari | San Diego | 6-4 | 253 | So. | Burlingame, Calif. (Burlingame HS) |
| DL | Chris Daniels | Drake | 6-0 | 254 | Sr. | Overland Park, Kan. (Olathe East HS) |
| DL | Chris Marzotto | Butler | 6-1 | 230 | So. | Hebron, Ind. (Lowell HS) |
| DL | Shawn Rodgers | Drake | 6-2 | 212 | Sr. | Leavenworth, Kan. (Leavenworth HS) |
| LB | Jimmy Adams | Drake | 6-1 | 223 | Jr. | Kansas City, Mo. (Park Hill HS) |
| LB | John Hoppe # | Dayton | 6-0 | 219 | Sr. | Northbrook, III. (Glenbrook North HS) |
| LB | Kyson Hawkins | San Diego | 6-1 | 230 | Jr. | Fallbrook, Calif. (Fallbrook Union HS) |
| DB | Phil Bretsch | San Diego | 5-11 | 194 | Sr. | Fallbrook, Calif. (UC-San Diego) |
| DB | Jace Denison % | Drake | 5-11 | 183 | Sr. | Thornburg, Iowa (Tri-County HS) |
| DB | Mike Jones | Valparaiso | 6-3 | 195 | Sr. | Lake Zurich, III. (Lake Zurich HS) |
| DB | Casey Klaus | Dayton | 5-11 | 195 | Jr. | Delphos, Ohio (St. John's HS) |
| Pos. | Player | School | Specia Ht. | al Tear Wt. | ns Yr. | Hometown (Previous School) |
| PK | Andrew McCawley | Valparaiso | 5-10 | 160 | Jr. | Omaha, Neb. (Creighton Prep) |
| P | Ryan Horvath # | Drake | 6-1 | 206 | Sr. | Overland Park, Kan. (Blue Valley North HS) |
| | | | | | | |

^{# - 2004} First Team All-PFL North Selection

Nick Ruhe

RS

Dayton

PFL NORTH HONORABLE MENTION

5-10 177

Jr.

Ottawa, Ohio (Ottawa-Glandorf HS)

WIDE RECEIVER: TYLER PUTNAM, Drake; NICK GARTON, San Diego; TIGHT END: MATT CHAMPA, Dayton; DAN MARX, Drake; QUARTERBACK: KEVIN HOYNG, Dayton; RUNNING BACK: JT ROGAN, San Diego; JON POLK, San Diego; OFFENSIVE LINE: MATT HAAS, Drake; JOSH SANDERS, San Diego; STEVEN HLADY, Valparaiso; DEFENSIVE LINE: CHAD BURTON, Dayton; JAMES RIKER, Valparaiso; LINEBACKER: MIKE MARZOTTO, Butler; BRIAN KELLY, Dayton; BRANDON STURMAN, Valparaiso; DEFENSIVE BACK: BRANDON CRAMER, Dayton; ADAM BURKE, San Diego; ANDY GREEN, Drake; JOSH BRISCO, San Diego; PLACEKICKER: RYAN HORVATH, Drake; HUTCH PARKER, San Diego; PUNTER: PHIL BUCHANAN, Butler; RETURN SPECIALIST: JORDAN BONTRAGER, Drake; JOHN MATTHEWS, San Diego

^{% - 2004} Honorable Mention PFL North Selection

2005 All-Pioneer Football League South Division Team

(selected by PFL South head coaches)

| PFL SOUTH COACH OF THE YEAR | MATT BALLARD, Morehead State |
|--|------------------------------|
| PFL SOUTH OFFENSIVE PLAYER OF THE YEAR | BRIAN YOST, Morehead State |
| PFL SOUTH DEFENSIVE PLAYER OF THE YEAR | ALEX ARINSMIER, Davidson |

ALL-PFL SOUTH FIRST TEAM

| | Offense* | | | | | | | | |
|------|-------------------|----------------|------|-----|-----|---------------------------------------|--|--|--|
| Pos. | Player | School | Ht. | Wt. | Yr. | Hometown (Previous School) | | | |
| WR | Brett Dioguardi # | Davidson | 6-1 | 185 | Jr. | Tequesta, Fla. (Jupiter Community HS) | | | |
| WR | Eldin Ferguson | Jacksonville | 6-2 | 220 | Sr. | Riviera Beach, Fla. (Dwyer HS) | | | |
| TE | Daniel Vagni | Morehead State | 6-0 | 210 | Jr. | Pittsburgh, Pa. (Keystone Oaks HS) | | | |
| QB | Brian Yost | Morehead State | 6-1 | 185 | So. | Huntingburg, Ind. (Southridge HS) | | | |
| RB | Chris Fletcher # | Austin Peay | 5-10 | 190 | Jr. | Clarksville, Tenn. (Clarksville HS) | | | |
| RB | Eli Parkes | Morehead State | 5-11 | 215 | Sr. | Portsmouth, Ohio (Minford HS) | | | |
| OL | Mike lafrate | Davidson | 5-11 | 270 | Jr. | Weston, Fla. (American Heritage HS) | | | |
| OL | Grant Jennings | Morehead State | 6-4 | 270 | So. | Lakeside Park, Ky. (Dixie Heights HS) | | | |
| OL | Wes Proctor | Austin Peay | 6-2 | 280 | Sr. | Ashland City, Tenn. (Sycamore HS) | | | |
| OL | Pat Rich # | Jacksonville | 6-3 | 260 | Jr. | Sarasota, Fla. (Sarasota HS) | | | |
| OL | Ross Rick | Morehead State | 6-2 | 280 | So. | Ottawa, III. (Ottawa Township HS) | | | |
| OL | Josue Sanchez | Jacksonville | 6-2 | 275 | Jr. | Middleburg, Fla. (Middleburg HS) | | | |

| Defense* | | | | | | | | |
|----------|----------------------|----------------|------|-----|-----|--|--|--|
| Pos. | Player | School | Ht. | Wt. | Yr. | Hometown (Previous School) | | |
| DL | Jason Bense # | Jacksonville | 6-3 | 245 | Jr. | Panama City, Fla. (Mosely HS) | | |
| DL | Kevin Cristello | Morehead State | 6-2 | 240 | Sr. | Walton, Ky. (Simon Kenton HS) | | |
| DL | Will Funderburg | Davidson | 6-1 | 250 | Fr. | Buford, Ga. (Greater Atlanta Christian HS) | | |
| DL | Kyle Kinsell | Davidson | 6-0 | 235 | Jr. | Chapel Hill, N.C. (Chapel Hill HS) | | |
| LB | Alex Arinsmier | Davidson | 6-1 | 225 | Sr. | Cincinnati, Ohio (Oak Hills HS) | | |
| LB | Brandon Torre # | Jacksonville | 6-0 | 200 | Sr. | Tallahassee, Fla. (Leon HS) | | |
| LB | Andrew Sturzenbecker | Morehead State | 6-3 | 230 | So. | Jamestown, N.Y. (Jamestown HS) | | |
| DB | Ricky Childers | Davidson | 5-10 | 200 | Sr. | China Grove, N.C. (South Rowan HS) | | |
| DB | Chase Mitchell | Austin Peay | 5-9 | 190 | Sr. | Hartsville, Tenn. (Trousdale County HS) | | |
| DB | Bernard Opoku | Jacksonville | 6-0 | 215 | Sr. | Alexandria, Va. (Averett) | | |
| DB | Kwesi Williams % | Morehead State | 5-10 | 185 | Sr. | Louisville, Ky. (Pleasure Ridge Park HS) | | |

| Special Teams* | | | | | | | |
|----------------|----------------|----------------|-----|-----|-----|-----------------------------|--|
| Pos. | Player | School | Ht. | Wt. | Yr. | Hometown (Previous School) | |
| PK | Ryan Feely # | Jacksonville | 5-8 | 170 | Sr. | Odessa, Fla. (UCF) | |
| Р | Ryan Feely # | Jacksonville | 5-8 | 170 | Sr. | Odessa, Fla. (UCF) | |
| Р | Bradley Wilson | Austin Peay | 6-4 | 205 | So. | Marietta, Ga. (Marietta HS) | |
| RS | Nick Feldman | Morehead State | 5-9 | 175 | Fr. | Oconto, Wis. (Oconto HS) | |

^{# - 2004} First Team All-PFL South Selection

PFL SOUTH HONORABLE MENTION

WIDE RECEIVER: DANA CALHOUN, Morehead State; RYAN HUBBARD, Davidson; QUARTERBACK: RYAN ALEXANDER, Davidson; RUNNING BACK: JABARI MCGEE, Morehead State; OFFENSIVE LINE: NICK SCHOENFELD, Morehead State; DEFENSIVE LINE: J.T. SPENCER, Morehead State; JUSTIN NICHOLS, Morehead State; LINEBACKERS: JOSH HACKETT, Austin Peay; BRETT MAZZARO, Morehead State; DEFENSIVE BACK: JORDAN SHAFER, Morehead State; ZACH LONG, Davidson; DAVID HYLAND, Morehead State; PLACEKICKER: BRAD SMITH, Davidson; ADAM JONES, Morehead State.

^{% - 2004} Honorable Mention PFL South Selection

^{* -} Additional players on team due to ties in voting