

2019 Cumberland University Men's Cross Country

CARLOS ANGELES-SOLIS

	8K
North Alabama Open (9/7/19)	30:25.5 (77)
Friendship Invitational (9/14/19)	31:10.6 (86)
Greater Louisville Classic (10/7/19)	30:09.7 (443) *
Fast Cats Classic (10/12/19)	30:49 (124)
NAIA Great Lakes Challenge XC Invitational (10/26/19)	31:42 (145)
Mid-South Conference Championships (11/9/19)	31:15 (69)

JOEL BARLOW

	8K
North Alabama Open (9/7/19)	27:08.6 (16)
Friendship Invitational (9/14/19)	26:39.3 (23)
Greater Louisville Classic (10/7/19)	26:07.0 (83) *
Fast Cats Classic (10/12/19)	26:18 (12)
NAIA Great Lakes Challenge XC Invitational (10/26/19)	27:17 (8)
Mid-South Conference Championships (11/9/19)	26:33 (13)

KEVIN GRIFFIN

	8K
North Alabama Open (9/7/19)	31:42.9 (82)
Friendship Invitational (9/14/19)	30:20.5 (79)
Greater Louisville Classic (10/7/19)	27:55.5 (279) *
Fast Cats Classic (10/12/19)	28:14 (80)
NAIA Great Lakes Challenge XC Invitational (10/26/19)	28:12 (39)
Mid-South Conference Championships (11/9/19)	28:25 (46)

DENNIS KIPLAGAT

	8K
North Alabama Open (9/7/19)	27:17.4 (19)
Friendship Invitational (9/14/19)	27:07.7 (31)
Fast Cats Classic (10/12/19)	27:30 (46)
NAIA Great Lakes Challenge XC Invitational (10/26/19)	27:18 (9)
Mid-South Conference Championships (11/9/19)	26:19 (8) *
64th Annual NAIA Championships (11/22/19)	

JERRY ROJAS

	8K
North Alabama Open (9/7/19)	28:21.6 (48)
Friendship Invitational (9/14/19)	28:15.2 (56)
Greater Louisville Classic (10/7/19)	27:38.6 (238) *
Fast Cats Classic (10/12/19)	28:07 (75)
NAIA Great Lakes Challenge XC Invitational (10/26/19)	29:00 (69)
Mid-South Conference Championships (11/9/19)	27:56 (33)

SHEMAR SALMON**8K**

North Alabama Open (9/7/19)

29:01.3 (59)

NAIA Great Lakes Challenge XC Invitational (10/26/19)

28:27 (46)

Mid-South Conference Championships (11/9/19)**27:52 (31) *****ERIC SPARKS****8K**

Greater Louisville Classic (10/7/19)

29:30.7 (411) *

Fast Cats Classic (10/12/19)

30:19 (120)

Mid-South Conference Championships (11/9/19)

30:37 (65)

DANIEL TARUS**8K****North Alabama Open (9/7/19)****28:19.1 (45) ***

Friendship Invitational (9/14/19)

29:40.2 (74)

NAIA Great Lakes Challenge XC Invitational (10/26/19)

30:38 (125)

SETH VAQUERO**8K**

North Alabama Open (9/7/19)

28:09.6 (41)

Friendship Invitational (9/14/19)

27:39.4 (40)

Greater Louisville Classic (10/7/19)**27:06.9 (185) ***

Fast Cats Classic (10/12/19)

27:28 (44)

NAIA Great Lakes Challenge XC Invitational (10/26/19)

27:37 (14)

Mid-South Conference Championships (11/9/19)

28:47 (48)

Bold - Personal Record**** - Season Best***