



**CUMBERLAND UNIVERSITY**  
**Athletics Department**  
**Assumption of Risk and Waiver of Liability**  
**Relating to COVID-19**

I understand that those participating in intercollegiate athletics are at a higher risk of exposure to the COVID-19 virus due to the lack of social distancing, shared equipment, and ventilation. In order for student athletes to participate in intercollegiate athletics, they are required to read and sign the following Assumption of Risk and Liability Waiver.

- 1. I understand that COVID-19 is extremely contagious and has been declared a worldwide pandemic by the World Health Organization.**
- 2. I understand that by participating in intercollegiate athletics and utilizing the facilities associated with them, I may knowingly or unknowingly transmit the virus to my family, friends, teammates, and/or any others I may come into contact with. This may include young children, elderly persons, and/or those with pre-existing conditions that place them at a higher risk for the virus.**
- 3. I understand that there is an increased risk of exposure to the virus by participating in competitive events with other schools, both in and out of conference. The risk of exposure also exists during travel to and from any and all away competitions.**
- 4. I understand that while every attempt is made to minimize chances to exposure, there are no guarantees that can be made.**

To do my part to limit the exposure to and/or transmission of COVID-19, to myself and those around me, I agree to complete the educational training provided by the conference and athletics department and adhere to the recommendations within that training collected from the CDC to include, but are not limited to:

- 1. Proper general hygiene (<https://www.cdc.gov/healthywater/hygiene/body/index.html>)**
- 2. Proper handwashing techniques (<https://www.cdc.gov/handwashing/when-how-handwashing.html>)**
- 3. Use of hand sanitizer when handwashing is unavailable**
- 4. Proper use of personal protective equipment (gloves, masks, and/or eye protection)**
- 5. Not sharing any personal items (towels, soaps, brushes, clothes, water bottles, make up, lip balm, etc.).**

**I WILL report any possible COVID-19 exposure and/or symptoms to the athletic training department.**

I voluntarily agree to assume all risks and accept sole responsibility for any injury and/or illness to myself. I hereby release, covenant not to sue, discharge, and hold harmless Cumberland University, their officers, officials, agents, volunteers, employees, other participants, sponsoring agencies, sponsors, advertisers (“Releasees”), with respect to any and all injury, illness, disability, loss or damage to person or property, expenses, and/or death arising out of or relating to COVID-19. I understand this release includes any claims based on the actions, omissions, or negligence of the Releasees, and whether a COVID-19 infection occurs before, during or after my participation.

The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees, and all members of my family.

Student Athlete Name: \_\_\_\_\_ Sport: \_\_\_\_\_

Student Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Signature may be that of a student athlete over 18 years of age.  
If under 18, this form must be signed by the Parent/Guardian.**