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Ginac Grand Worthwest Athletic Conference WOMEN'S

CHAMPIONSHIDS

ATHLETIC CONFERENCE

November 1-3, 2012 Starfire Sports Complex Seattle, WA



Montana State Billings YELLOWJACKETS







Jennifer Larsen



rion II

Overall Record: 12-5-1 GNAC: 8-5-1, 3rd

Wojtek Krakowiak has guided the Yellowjackets to a 12-5-1 record in his second season as Montana State Billings head coach.

Top players for Krakowiak, who posted a 11-3-4 record last season, have included forward Heidi Greenback, midfielder Jaucelyn Richter and defender Jennifer Larsen.

Greenback leads the team in scoring with 17 points (8 goals, 1 assist), while Richter has 13 points (4 goals, 5 assists) increasing her career point total to 79 points. Larsen has keyed a defense, which allowed just two goals over its first nine games, and has also contributed offensively, scoring three goals.

No.	Name	Pos.	Ht.	<u>Yr.</u>	Hometown
0	Megan Wade	GK	5-8	Fr.	East Wenatchee, Wash.
1	Kaylee Kimmet	GK	5-5	So.	Billings, Mont.
2	Jessie Mancilla	D	5-7	So.	Aliso Niguel, Calif.
3	Whitney Siler	D	5-9	lr.	Monroe, Wash.
4	Kristen Kastelic	D	5-9	Sr.	Phoenix, Ariz.
5	lackie Hill	D	5-5	Jr.	Boise, Idaho
6	Katllyn Lokay	M	5-5	Fr.	Boulder, Colo.
7	Chelsea Shuman	M	5-2	So.	Kalispell, Mont.
8	Heidi Greenback	F	5-7	Ir.	Woodinville, Wash.
9	Lisa Dallapiazza	M	5-4	So.	Florence, Mont.
10	Agen Hefferman	D	5-2	So.	Lake Forest Park, Wash.
12	Courtney Harvey	D	5-4	Sr,	Billings, Mont.
16	Adrienne Biglow	D	5-5	Sr.	Yakima, Wash.
17	Jennifer Larsen	D	5-4	Sr,	Mesa, Ariz.
18	Haley McFarlane	D	5-7	Fr,	Colorado Springs, Colo.
19	Jaucelyn Richter	F	5-5	Sr.	Billings, Mont.
20	Janae Remsberg	M	5-5	lr.	Oceanside, Calif.
21	Alisa Sagdahl	F	5-8	Fr,	Edmonds, Wash.
22	Jennifer Johnson	M	5-6	So.	Wenatchee, Wash.
23	Teegan Koster	Μ	5-4	Fr.	Sherwood, Ore.
24	Alexandria Johnson	GK	5-7	Fr,	Fullerton, Calif.

Head Coach - Wojtek Krakowiak Assistant Coach - Eric Lona

Seattle Pacific



Megan Lindsay



Chuck Sekyra

Overall Record: 14-2-2 GNAC: 11-1-2, 2nd

Chuck Sekyra is in his 10th season as head coach for the Falcons and has guided SPU to a remarkable record of 181-21-16 winning seven conference titles and advancing his team into the NCAA national tournament in each of the nine previous campaigns.

Sekyra led SPU to the 2008 national title and also advanced teams to the semifinals in 2005 and 2007. This year he has his team ranked 21st in the national poll (though Oct. 24) and brings a 13-game unbeaten streak (11 wins, two ties) into the playoffs.

Among the standout players for Seattle Pacific have been forward Megan Lindsay, who leads the GNAC with 26 points and ranks fifth in GNAC history with 101 career points, and defender Jose Graybeal, who has led a defense that has limited its opponents to 14 total goals.

Hometown No. Name Pos. <u>Ht.</u> <u>Yr.</u> **Courtney Shearer** Bend, Ore. 0 GK 5-7 Fr. Natalie Harold GΚ 5-3 Vancouver, Wash. 1 Jr. 2 Mackenzie Laird D Danville. Calif. 5-4 Ir. 3 Ashley Shaw Μ 5-1 Fr. Seattle, Wash. Taylor Hauck D Shoreline, Wash. 4 5-4 Fr. 5 Emma Holm M 5-4 Fr. Kirkland, Wash. 6 Laura Moore E. 5-3 Kent, Wash. Fr. 7 Kendall Thoreson Seattle, Wash. Μ 5-5 Sr. 8 Ali Martin 5-5 Beaverton, Ore. So. F 9 **Riley Dopps** 5-5 Port Orchard, Wash. Μ So. 10 Demi Waitley Μ 5-9 So. Coronado, Calif. 11 Shayla Page D 5-6 Fr. Redmond, Wash. 12 Arden Matro Μ 5-5 So. Honolulu, Hawaii 13 Megan Lindsay F 5-7 Sr. Spokane, Wash. 14 **Kaylie Winston** F 5-5 Ir. Pasco, Wash. 5-4 15 D Burien, Wash. Alexa Diaz So. 16 Stephanie Harold D 5-3 Vancouver, Wash. Jr. Gig Harbor, Wash. 17 Josie Graybeal D 5-7 lr. 18 Monica Gomez D 5-7 Riverside, Calif. Fr. 19 Alexa Hughes GK 5-9 So. Everett, Wash. 20 **Kiley** Zeitler Μ Fr. Livermore, Calif. F So. 21 Heather Young 5-4 Lacombe, Alb. Kendyl Prosser 22 5-5 D So. Gig Harbor, Wash. 24 Annie Thomas Μ 5-5 So. Lake Stevens, Wash. 25 Brittany Langdon Μ 5-10 Sr. Irvine, Calif.

Head Coach - Chuck Sekyra

Assistant Coaches - Arby Busey, Chalise Baysa, Sean Connors

2012 GNAC WOMEN'S SOCCER CHAMPIONSHIPS

Western Oregon WOLVES







Kymberly Witmer

Steve Ancheta

Overall Record: 8-9-1 GNAC: 6-7-1, 4th

Western Oregon had its best conference record in nearly a decade last fall posting a 5-6-3 mark under first year coach Steve Ancheta. The Wolves matched that this season finishing with a 6-7-1 record to qualify for the GNAC's first post-season tournament.

The Wolves, who take a 8-9-1 overall record into the tournament, have been led by midfielders Lindsay Bauman and Kymberly Witmer, forward Marina Austin and goalkeeper Hillary Lutz.

Bauman leads the team in scoring with 15 points (5 goals, 5 assists), while Austin has 10 points (5 goals) and Witmer has netted four goals. Lutz recorded four consecutive shutouts late in the season and takes a 1.10 goals against average into the tournament.

<u>No. Name</u>	Pos.	<u>Ht.</u>	<u>Yr.</u>	Hometown
00 Kelsey Lindsey	GK	5-5	So.	Kula, Hawaii
0 Hillary Lutz	GK	6-0	So.	Olympia, Wash.
1 Allison Frost	М	5-4	Fr.	Eugene, Ore.
2 Marina Austin	F	5-7	Sr.	Olympia, Wash.
4 Taylor Thompson	Μ	5-1	Sr.	Clackamas, Ore.
5 Melissa Gonzalez	D	5-5	Jr.	Huntington Park, Calif.
6 Kymberly Witmer	M	5-3	Sr.	Newberg, Ore.
7 Nikki Caudill	M/F	5-4	Jr.	Spokane, Wash.
8 Nikki McCall	M/F	5-3	So.	The Dalles, Ore.
9 Lindsay Bauman	Μ	5-4	Sr.	Portland, Ore.
10 JoEllen DeLeon	Μ	5-3	So.	Portland, Ore.
11 Erika Oliva	M/D	5-2	So.	Salem, Ore.
12 Rachel Crawford	D	5-10	Jr.	Coeur d'Alene, Idaho
13 Katie Littleton	F	5-6	So.	Medford, Ore.
14 Claudia Pardo	M/D	5-5	Fr.	Salem, Ore.
15 Maya Palaroan 🗸	M/F	5-3	Fr.	Makawao, Hawaii
16 Danielle Hayward	D	5-6	Sr.	Salem, Ore.
17 Makana Pundyke	M/F	5-5	Fr.	Kula, Hawaii
18 Madison Shore	M/D	5-8	Fr.	Bend, Ore.
19 Julie Garcia	D	5-4	So.	Las Vegas, Nev.
20 Chelsy Okuma	Μ	5-4	Sr.	Honolulu, Hawaii
21 Rebecca Hoiland	D	5-8	Jr.	West Linn, Ore.
22 Paige Amend	D	5-7	Jr.	Keizer, Ore.
24 Macy Bothman	D	5-7	Sr.	Eugene, Ore.

Head Coach - Steve Ancheta Assistant Coach - Luke Babson

Western Washington







Brina Sych

Jamie Arthurs

Travis Connell

Overall Record: 15-3-0 GNAC: 12-2-0, 1st

Western Washington, which was ranked 14th nationally (through Oct. 24), has proven to be one of the top defensive teams in the country, allowing just five goals in 18 regular-season contests.

Goalkeeper Jamie Arthurs has had a remarkable season posting a GNAC-record 14 shutouts and leading the nation in goals against average (0.28). Her GAA is on pace to break the GNAC single-season record of 0.30 set by Seattle Pacific's Jennifer Hull in 2003.

On offense the top point producers for 10th year coach Travis Connell (117-58-19) have included Catherine Miles (7 goals, 6 assists), Kristin Maris (7 goals, 4 assists), and Brina Sych (5 goals, 5 assists).

<u>Ht.</u> **Hometown** No. Name Pos. <u>Yr.</u> Brush Prairie, Wash. 0 Ashley Haden GK 5 - 8So. 1 **Jamie Arthurs** GΚ 5-8 Sr. Richland, Wash. 2 Kristen Brown D 5-10 So. Buckley, Wash. 3 Diana Pollock D 5-10 lr. Bellevue, Wash. Ashton Griffen Duvall, Wash. 4 Μ 5-4 lr. 5 Catherine Miles F/M 5-7 Fr. Anacortes, Wash. 6 Lilly Wilson Μ 5-4 Woodinville, Wash. Fr. 8 Kristin Maris F 5-9 Issaguah, Wash. Ir. 9 Brianna Jones D 5-8 So. Bonney Lake, Wash. 10 Kamilla Deeb 5-3 Ogden, Utah M So. Brina Sych Μ 5-6 Vancouver, Wash. 11 |r. 12 Joana Houplin Μ 5-3 Sr. Olympia, Wash. 13 **Delanee** Nilles M 5-10 Fr. Poulsbo, Wash. 14 Kayla Russ D 5-7 r. Puyallup, Wash. 15 **Kim Cooper** M 5-1 So. Bellingham, Wash. **Ruth Peredo** M 5-2 Boise. Idaho 16 Fr. 17 Katie Stauffer M/F 5-6 Boise, Idaho Ir. 18 Jessica Bertucci 5-8 Bellingham, Wash. F Fr. 19 Kamryn Barney D 5-9 Fr Snohomish, Wash. 20 Chelsea Jackson D 5-9 Fr. Surrey, B.C. 21 Katherine Miccile D 5-5 So. Kent, Wash. 22 Stephanie Hamilton F/M 5-2 Fr. Orting, Wash. 23 Anna Geldenhuys F 5-7 lr. Bellevue, Wash. 5-6 24 Taylor Abrass F So. Mercer Island, Wash, 25 Alyssa Beauchamp 5-7 Vancouver, Wash. G Ir.

Head Coach - Travis Connell

Associate Head Coach - Greg Brisbon

Assistant Coaches - Kellan Brown, Ben Dragavon, Katie Warner



2012 GNAC Women's Soccer Championship Tournament

2012 Final Standings

	Conference						All				
Team	W	L	Т	GF	GA	Pts	W	L	Τ	GF	GA
W. Washington	12	2	0	30	4	36	15	3	0	38	5
Seattle Pacific	11	1	2	31	10	35	14	2	2	39	14
MSU Billings	8	5	1	15	14	25	12	5	1	23	15
Western Oregon	6	7	1	19	20	19	8	9	1	25	24
Saint Martin's	5	7	2	15	19	17	7	9	2	19	27
Northwest Nazarene	5	8	1	14	27	16	8	9	1	22	31
Central Washington	5	8	1	18	15	16	6	10	2	22	25
Simon Fraser	0	14	0	2	35	0	1	16	0	3	39

Tournament Schedule

Nov. 1-3, Starfire Sports Complex, Tukwila, Wash.

Thurs., Nov. 1

5 p.m.: No. 4 Western Oregon vs. No. 1 Western Washington 8 p.m.: No. 2 Seattle Pacific vs. No. 3 Montana St. Billings

Sat., Nov. 3

2 p.m.: Championship Match

Tournament Preview

The road to Evans, Ga., for the NCAA Division II National Championship begins this weekend at the Starfire Sports Complex as the GNAC holds its first-ever post-season tournament.

Seattle Pacific is the defending GNAC champion, but comes into the tournament as the No. 2 seed in back of regular-season champion Western Washington.

The Vikings will take on fourth-seed Western Oregon in Thursday's opening round game at 5 p.m., while the Falcons will play third-seed Montana State Billings at 8 p.m. The two winners will meet for the championship Saturday at 2 p.m.

SPU, which won the national title in 2008, has won the last three conference titles and eight of the last 10.

The winner of the GNAC tournament earns an automatic berth in the NCAA West Regionals which begin next Thursday (Nov. 9) with two firstround games at sites to be determined.

The NCAA will announce the field for the six-team regional and the two host sites during a NCAA.com webcast Monday at 4:30 p.m. (PST).

The No. 1 seeded team will host a first-round game between the No. 4 and No. 5 seeds on Thursday and then play the winner Saturday in a second-round contest.

Meanwhile, the No. 2 seed will host a game involving the No. 3 and No. 6 seeds with the winner advancing to Saturday's second-round contest.

Saturday's two winners will play Thurs., Nov. 16 for the West Region championship with the winner of that contest playing the South Central Region winner in the quarterfinals Sat., Nov. 18. The South Central Region top-seed will host both of those games.

The West/South Central Region winner will then advance the national semifinals on Thurs., Nov. 29 at Evans.

West Regional Rankings (Through Oct. 24): 1. Cal State Stanislaus (14-2-0); 2. Sonoma State (13-2-1); 3. UC San Diego (11-2-2); 4. Seattle Pacific (12-2-2); 5. Cal Poly Pomona (9-4-2); 6. Western Washington (14-2-0); 7. Montana State Billings (12-4-0); 8. Cal State L.A. (7-5-4); 9. Cal State San Bernardino (7-7-2); 10. Cal State Monterey Bay (8-7-0). (Note: Records are versus Division II opponents)

Championship History

Past GNAC Champions							
2001	Seattle University						
	Western Oregon						
2002	Seattle Pacific						
2003	Seattle Pacific						
2004	Seattle Pacific						
2005	Seattle Pacific						
2006	Seattle University						
2007	Seattle Pacific						
2008	Western Washington						
2009	Seattle Pacific						
2010	Seattle Pacific						
2011	Seattle Pacific						
Coaches o	of the Year						
2001	Julie Woodward, Seattle						
	Rod Fretz, WOU						
2002	Bobby Bruch, SPU						
2003	Chuck Sekyra, SPU						
2004	Chuck Sekyra, SPU						
2005	Chuck Sekyra, SPU						
2006	Travis Connell, WWU						
2007	Chuck Sekyra, SPU						
2008	Travis Connell, WWU						
2009	Chuck Seykra, SPU						
	Rob Walker, SMU						
2010	Don Trentham, MSUB						
2011	Chuck Seykra, SPU						
	Michael Farrand, CWU						
tin Coulo							
Player of the Year							
2001	Nichole Sauvageau,						

/age Seattle 2002 Tafara Pulse, Seattle 2003 Tafara Pulse, Seattle 2004 Shannon Lovejoy, SPU 2005 Sarah Martinez, SPU Ashley Porter, Seattle 2006 2007 Sarah Martinez, SPU 2008 Meredith Teague, SPU 2009 Jocelyn Charette, SPU 2010 Jill Webb, SMU 2011 Kelsey Jenkins, SPU

2010	Maddie Dickinson, SPU						
2011	Taylor Sawyer, SPU						
Newcomer of the Year							
2001	Mariel Chandler, WOU						
2002	Jordan Bieler, Seattle						
2002	Heidi Jacobson, SPU						
2003	Carolyn Nason, SPU						
2004	Rosie Zadra, WWU						
2005	None selected						
2008	Jocelyn Charette, SPU						
2007	jill Jensen, SMU						
2008	Rachelle Kliewer, WOU						
2009	Kendall Thoreson, SPU						
2010							
2011	Lindsay Bauman, WOU						
Freshmar	of the Year						
2001	Tafara Pulse. Seattle						
2002	Shannon Lovejoy, SPU						
	Chela Gray, WWU						
2003	Kate Coppoletta, HSU						
	Ana Gutierrez, Seattle						
2004	Leah Wymer, Seattle						
2005	Ellie Magdaleno, HSU						
2006	Alex Kirk, Seattle Pacific						
	Meghan Woodman, WWU						
2007	Claire Morgan, WWU						
2008	Melinda Ingalls, WOU						
2009	Jaucelyn Richter, MSUB						
2010	Kellie Zakrzewski, SPU						
2011	Ryan Dopps, SPU						
	Ashley Richardson, SMU						
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Defensive Player of the Year