



Great Northwest Athletic Conference

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Women's Soccer: WWU's Arthurs, Sych Earn Top Player Awards

PORTLAND, Ore. – Western Washington goalkeeper Jamie Arthurs has been selected the 2012 *Great Northwest Athletic Conference Women's Soccer Player of the Year*.

Arthurs (5-8, Sr., Richland, WA) led the Vikings to the GNAC regular-season title carving out a 0.28 goals against average and setting conference records for most shutouts in a single season (14) and career (37). She is also on pace to set a GNAC record for the lowest single-season GAA.

“Jamie has meant so much to our program over the past four years,” WWU coach Travis Connell said. “She has had a tremendous senior season and we are all thrilled that she has capped her career as the GNAC Player of the Year.”

Western Washington defender Brina Sych and Viking forward Catherine Miles also earned special awards. Sych (5-6, Jr., Vancouver, WA) was voted the *GNAC Defensive Player of the Year*. She led a defense that allowed just five goals. At the same time, she matched those numbers offensively scoring five goals and also earning five assists ending up eighth overall in the regular-season in scoring with 15 points.

Miles (5-7, Fr., Anacortes, WA), who led WWU in scoring and ranked second in the GNAC overall with 20 points (7 goals, 6 assists), was selected the *GNAC Freshman of the Year*.

Western Oregon claimed the other two special awards. Defender Melissa Gonzalez (5-5, Jr., Huntington Beach, CA) was selected the *GNAC Newcomer of the Year*, while WOU coach Steve Ancheta was voted the *GNAC Coach of the Year*.

In his two seasons at WOU, Ancheta, a 1991 graduate of Oregon State, has led WOU to its best two conference records in the past decade including 6-7-1 this season.

Western Washington placed three players – Arthurs, Sych and forward Kristin Maris (5-9, Jr., Issaquah, WA) – on the GNAC first-team all-conference team, while Seattle Pacific, Montana State Billings and Central Washington each earned two slots. Western Oregon and Northwest Nazarene each had one first team selection.

Three players – Seattle Pacific forward Megan Lindsay (5-7, Sr., Spokane, WA), Sych and MSUB defender Jennifer Larsen (5-4, Sr., Mesa, AZ) – were unanimous selections. Five players, including Lindsay and MSUB midfielder Jaucelyn Richter (5-5, Sr., Billings, MT) who were named to the first team for the third consecutive year, were repeat selections.

Other first team repeaters included Arthurs, Western Oregon midfielder Lindsay Bauman (5-2, Sr., Portland, OR) and Central Washington forward Carson McKole (5-2, Sr., Oak Harbor, WA).

2012 GNAC ALL-CONFERENCE WOMEN'S SOCCER TEAM

SPECIAL AWARDS: **GNAC Player-of-the-Year** – Jamie Arthurs, Western Washington. **GNAC Defensive Player-of-the-Year** – Brina Sych, Western Washington. **GNAC Newcomer-of-the-Year** – Melissa Gonzalez, Western Oregon. **GNAC Freshman-of-the-Year** – Catherine Miles, Western Washington. **GNAC Coach-of-the-Year** – Steve Ancheta, Western Oregon.

FIRST TEAM: **Forwards** - +**Megan Lindsay, SPU (5-7, Sr., Spokane, WA); Kristin Maris, WWU (5-9, Jr., Issaquah, WA); *Carson McKole, CWU (5-2, Sr., Oak Harbor, WA). **Midfielders** - **Jaucelyn Richter, MSUB (5-5, Sr., Billings, MT); *Lindsay Bauman, WOU (5-2, Sr., Portland, OR); Sarah Staropoli, NNU (5-2, Sr., Beaverton, OR). **Defenders** - +Brina Sych, WWU (5-6, Jr., Vancouver, WA); +Jennifer Larsen, MSUB (5-4, Sr., Mesa, AZ); Tarah Duty, CWU (5-4, Jr., Black Diamond, WA); Shayla Page, SPU (5-6, Fr., Redmond, WA). **Goalkeeper** - *Jamie Arthurs, WWU (5-8, Sr., Richland, WA). +Unanimous *Repeater **Two-time repeater

2-2-2 GNAC all-conference

SECOND TEAM: Forwards - Heidi Greenback, MSUB (5-7, Jr., Woodinville, WA); Marina Austin, WOU (5-6, Sr., Olympia, WA); Ali Martin, SPU (5-5, So., Beaverton, OR). **Midfielders** - Kim Cooper, WWU (5-2, So., Bellingham, WA); Savanna Moorehouse, CWU (5-11, So., Bonney Lake, WA); Annie Thomas, SPU (5-5, So., Lake Stevens, WA). **Defenders** - Caley Wiseman, SMU (5-0, Sr., University Place, WA); Brianna Jones, WWU (5-8, So., Bonney Lake, WA); Rebecca Hoiland, WOU (5-7, Jr., West Linn, OR); Katie Butler, NNU (5-4, Jr., Nampa, ID). **Goalkeeper** - Aiko Johnson, MSUB (5-7, Fr., Fullerton, CA)

HONORABLE MENTION: Forwards - Catherine Miles, WWU (5-7, Fr., Anacortes, WA); Nicole Nedervelt, SMU (5-10, Sr., West Seattle, WA); Jenny Field, NNU (5-6, Jr., Nampa, ID); Joana Houplin, WWU (5-3, So., Olympia, WA). **Midfielders** - Ashton Griffen, WWU (5-5, Jr., Puyallup, WA); Reilly Retz, CWU (5-7, Fr., Kent, WA); Chelsea Shuman, MSUB (5-2, So., Kalispell, MT); Laura Moore, SPU (5-3, Fr., Kent, WA); Ashley Richardson, SMU (5-5, So., Yakima, WA); Alexa Diaz, SPU (5-4, So., Burien, WA); Kelsy Villegas, CWU (5-4, Sr., Graham, WA); Kym Witmer, WOU (5-3, Sr., Newberg, OR). **Defenders** - Whitney Siler, MSUB (5-9, Jr., Monroe, WA); Melissa Gonzalez, WOU (5-5, Jr., Huntington Park, CA); Josie Graybeal, SPU (5-7, Jr., Gig Harbor, WA); Kristen Kastelic, MSUB (5-9, Sr., Phoenix, AZ); Kayla Russ, WWU (5-7, Jr., Puyallup, WA); Emma Holm, SPU (5-4, Fr., Kirkland, WA). **Goalkeepers** - Ashley Engel, SMU (5-9, Sr., Burien, WA); Tanya Zickefoose, NNU (5-5, Sr., Edmonds, WA); Amanda Gilliland, SFU (5-6, Fr., Delta, BC).

COLUMN FORMAT

First Team	Pos.	Ht.	Cl.	Hometown
+**Megan Lindsay, Seattle Pacific	Forward	5-7	Sr.	Spokane, WA
Kristin Maris, Western Washington	Forward	5-9	Jr.	Issaquah, WA
*Carson McKole, Central Washington	Forward	5-2	Sr.	Oak Harbor, WA
**Jaucelyn Richter, MSU Billings	Midfielder	5-5	Sr.	Billings, MT
*Lindsay Bauman, Western Oregon	Midfielder	5-2	Sr.	Portland, OR
Sarah Staropoli, Northwest Nazarene	Midfielder	5-2	Sr.	Beaverton, OR
+Brina Sych, Western Washington	Defender	5-6	Jr.	Vancouver, WA
+Jennifer Larsen, MSU Billings	Defender	5-4	Sr.	Mesa, AZ
Tarah Duty, Central Washington	Defender	5-4	Jr.	Black Diamond, WA
Shayla Page, Seattle Pacific	Defender	5-6	Fr.	Redmond, WA
*Jamie Arthurs, Western Washington	Goalkeeper	5-8	Sr.	Richland, WA

+Unanimous **Two-Time Repeater *Repeater (Richter, Sawyer and Jenkins from 2009)

Second Team	Pos.	Ht.	Cl.	Hometown
Heidi Greenback, MSU Billings	Forward	5-7	Jr.	Woodinville, WA
Marina Austin, Western Oregon	Forward	5-6	Sr.	Olympia, WA
Ali Martin, Seattle Pacific	Forward	5-5	So.	Beaverton, OR
Kim Cooper, Western Washington	Midfielder	5-2	So.	Bellingham, WA
Savanna Moorehouse, Central Washington	Midfielder	5-11	So.	Bonney Lake, WA
Annie Thomas, Seattle Pacific	Midfielder	5-5	So.	Lake Stevens, WA
Caley Wiseman, Saint Martin's	Defender	5-0	Sr.	University Place, WA
Brianna Jones, Western Washington	Defender	5-8	So.	Bonney Lake, WA
Rebecca Hoiland, Western Oregon	Defender	5-7	Jr.	West Linn, OR
Katie Butler, Northwest Nazarene	Defender	5-4	Jr.	Nampa, ID
Aiko Johnson, MSU Billings	Goalkeeper	5-7	Fr.	Fullerton, CA

Honorable Mention	Pos.	Ht.	Cl.	Hometown
Catherine Miles, Western Washington	Forward	5-7	Fr.	Anacortes, WA
Nicole Nedervelt, Saint Martin's	Forward	5-10	Sr.	West Seattle, WA
Jenny Field, Northwest Nazarene	Forward	5-6	Jr.	Nampa, ID
Joana Houplin, Western Washington	Forward	5-3	So.	Olympia, WA
Ashton Griffen, Western Washington	Midfielder	5-5	Jr.	Puyallup, WA
Reilly Retz, Central Washington	Midfielder	5-7	Fr.	Kent, WA
Chelsea Shuman, MSU Billings	Midfielder	5-2	So.	Kalispell, MT
Laura Moore, Seattle Pacific	Midfielder	5-3	Fr.	Kent, WA
Ashley Richardson, Saint Martin's	Midfielder	5-5	So.	Yakima, WA
Alexa Diaz, Seattle Pacific	Midfielder	5-4	So.	Burien, WA
Kelsy Villegas, Central Washington	Midfielder	5-4	Sr.	Graham, WA
Kym Witmer, Western Oregon	Midfielder	5-3	Sr.	Newberg, OR
Whitney Siler, MSU Billings	Defender	5-9	Jr.	Monroe, WA
Melissa Gonzalez, Western Oregon	Defender	5-5	Jr.	Huntington Park, CA
Josie Graybeal, Seattle Pacific	Defender	5-7	Jr.	Gig Harbor, WA
Kristen Kastelic, MSU Billings	Defender	5-9	Sr.	Phoenix, AZ
Kayla Russ, Western Washington	Defender	5-7	Jr.	Puyallup, WA
Emma Holm, Seattle Pacific	Defender	5-4	Fr.	Kirkland, WA
Ashley Engel, Saint Martin's	Goalkeeper	5-9	Sr.	Burien, WA
Tanya Zickefoose, Northwest Nazarene	Goalkeeper	5-5	Sr.	Edmonds, WA
Amanda Gilliland, Simon Fraser	Goalkeeper	5-6	Fr..	Delta, BC