



Great Northwest Athletic Conference

6901 SE Lake Rd.
Suite 1
Portland, OR 97267-2194
503.305.8756
Contact: Evan O'Kelly

2013-14 Women's Basketball Report 9 Week 8 (Jan. 7, 2014)

2013-14 Standings

	Conf.			Overall			
	W	L	T	W	L	A	N
Saint Martin's	3	0	9	3	6-0	2-0	1-3
Northwest Nazarene	3	1	10	2	8-0	2-2	0-0
Alaska Anchorage	3	1	10	2	6-1	4-1	0-0
Montana State Billings	3	1	10	4	7-0	1-1	2-3
Simon Fraser	2	1	8	3	5-0	3-2	0-1
Western Washington	1	2	5	6	2-0	2-4	1-2
Western Oregon	1	2	4	7	4-4	0-1	0-2
Seattle Pacific	1	3	8	4	3-3	2-1	3-0
Alaska Fairbanks	1	3	7	5	3-3	4-2	0-0
Central Washington	0	4	5	7	3-3	0-2	2-2

LAST WEEK: Thursday – Alaska Anchorage 80 at Northwest Nazarene 86; Alaska Fairbanks 75 at Central Washington 64; Simon Fraser 63 at MSU Billings 81; Western Washington 84 at Seattle Pacific 77 **Saturday** - Alaska Anchorage 82 at Central Washington 80; Alaska Fairbanks 72 at Northwest Nazarene 88; Western Washington 69 at MSU Billings 82; Western Oregon 46 at Saint Martin's 77; Simon Fraser 63 at Seattle Pacific 60.

THIS WEEK: Thursday – Western Oregon at Alaska Anchorage 7 p.m.; Saint Martin's at Alaska Fairbanks 7 p.m.; Central Washington at Western Washington 7 p.m.; Northwest Nazarene at Simon Fraser 7 p.m. **Saturday** - Saint Martin's at Alaska Anchorage 7 p.m.; Western Oregon at Alaska Fairbanks 7 p.m.; Central Washington at Simon Fraser 7 p.m.; MSU Billings at Seattle Pacific, 3 p.m.; Northwest Nazarene at Western Washington, 5:15 p.m.

POLLS: WBCA (Jan. 7) – 18. Northwest Nazarene

NCAA STATISTICS (Through Jan. 5)

TEAM (Top 30): Ast./T.O. Ratio – 22. Montana State Billings (1.13) **Ast./Gm.** – 20. Alaska Anchorage (17.4) **Blk./Gm.** – 19. Seattle Pacific (4.8) 25. Western Washington (4.4) **Field Goal Pct.** – 25. Western Washington (.453) **Field Goal Pct. Def.** – 4. Saint Martin's (.322) 30. Northwest Nazarene (.354) **F.T. Pct.** – 4. Northwest Nazarene (.788) 28. Seattle Pacific (.751) **Fls./Gm.** – 4. Montana State Billings (15.5) **Rbnd. Margin** – 22. Northwest Nazarene (8.9) **Scoring Defense** – 8. Saint Martin's (54.2) **Scoring Margin** – 18. Alaska Anchorage (19.3) 29. Northwest Nazarene (14.3) **Scoring Offense** – 6. Alaska Anchorage (86.8) 20. Northwest Nazarene (80.0) **Steals/Gm.** – 3. Alaska Anchorage (16.2) 34. Alaska Fairbanks (11.3) **3-Pt. F.G. Def.** – 5. Alaska Anchorage (.219) 15. Alaska Fairbanks (.239) 16. Saint Martin's (.241) 23. Simon Fraser (.250) **3-Pt. F.G. Pct.** – 14. Western Washington (.383) **T.O. Margin** – 3. Alaska Anchorage (8.92) **T.O./Gm.** – 3. Montana State Billings (12.4) **W-L-T Pct.** – T-27. Alaska Anchorage (.833) T-27. Northwest Nazarene (.833).

INDIVIDUAL (Top 30): Ast./T.O. Ratio – 12. Ellen Kett, SFU (2.50) 25. Ally Schmitt, CWU (2.19) 30. Bobbi Knudsen, MSUB (2.10) **Ast./Gm.** – 4. Ally Schmitt, CWU (6.8) 5. Bobbi Knudsen, MSUB (6.0) 8. Kiki Robertson, UAA (5.8) **Blk./Gm.** – 19. Jasmine Parker, CWU (2.33) **F.T. Pct.** – 4. Bobbi Knudsen, MSUB (.941) **Pts./Gm.** – 15. Katie Benson, SPU (21.3) 16. Erin Chambers, SFU (21.3) **Rbnd./Gm.** – 29. Katie Benson, SPU (10.1) **Stl./Gm.** – 1. Kiki Robertson, UAA (4.5) 20. Taylor Simmons, NNU (3.17) **3-Pt. F.G./Gm.** – 28. Katie Colard, WWU (2.73).

DOUBLE-DOUBLES (Through Jan. 6): 5 – Katie Benson, SPU; Dana Goularte, WOU; Megan Hingston, NNU 3 – Chelsea Haskey, SMU; Jasmine Parker, CWU 2 – Six with 1 – Ten with.

RED LION PLAYER OF THE WEEK

Week of Dec. 30 – Jan. 5: Bobbi Knudsen, MSUB (G, 5-8, Sr., Malta, MT) had 55 points, 12 assists, and four steals and was a perfect 10-for-10 from the free-throw line with five rebounds. She led the team to an 81-63 win over Simon Fraser University and an 82-69 win over Western Washington University. In the game against SFU Knudsen had a team-high 18 points, six assists and two steals. In the win over WWU, Knudsen had a career-high 37 points, making 14-of-21 shots, including 3-of-4 from 3-point territory, for a shooting percentage of 66.6. Her 37 points is the highest by a women's player in the GNAC this season. "Bobbi Knudsen played a special game tonight," head coach Kevin Woodin said. "She had 37 points, and had six assists to only one turnover. It is probably one of the best perimeter games I have ever witnessed."

Honorable Mention – Katie Colard, WWU; Taylor Simmons, NNU; Dana Goularte, WOU; Brooke Paulson, SMU.

KNUDSEN'S CAREER-HIGH CARRIES MSUB: Fifty-five total points from Bobbi Knudsen, including a career-high 37 against Western Washington on Saturday helped the Yellowjackets to a pair of victories last week as MSUB moved to 3-1 in GNAC play and remained a perfect 8-0 at home this season. Janiel Olson averaged 11.5 points and 9.0 rebounds over the two-game stretch, as the Yellowjackets defeated Simon Fraser handily on Thursday 81-63. Excellent free-throw shooting and a strong rebounding effort aided MSUB, as the Yellowjackets shot .820 from the foul line (41-of-50) and outrebounded opponents 78-48 in their two games last week.

MSUB hits the road to take on Seattle Pacific on Saturday at 3 p.m. The Yellowjackets' lone game of the week will be televised live on ROOT SPORTS, kicking-off an eight-game series of GNAC basketball to be broadcast on the northwest sports network this season.

MSUB Top Performers
1/2 – def. SFU 81-63 | 1/4 – def. WWU 82-69

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Bobbi Knudsen	55	27.5	5	2.5	12	6.0
Janiel Olson	23	11.5	18	9.0	2	1.0
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Janiel Olson	5	2.5	13	6.5	1	0.5
Austin Hanser	1	0.5	9	4.5	1	0.5
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Bobbi Knudsen	21-39	.538	3-6	.500	10-10	1.00
Austin Hanser	5-13	.385	4-9	.444	1-2	.500

SAINTS' STINGY DEFENSE: For the fourth time in six games and fifth time overall this season, Saint Martin's held an opponent to less than 50 points in a game as SMU downed Western Oregon 77-46 in Lacey on Saturday. The victory increased the Saints' winning streak to six games, and they now sit alone atop the GNAC standings as the only undefeated team at 3-0. Liz Mills and Brooke Paulson each scored 18 points and Chelsea Haskey contributed 15 and a team-high nine rebounds, as SMU held Western Oregon below .300 in field goal percentage at just .291.

SMU will be tested this week as the Saints put their winning streak on the line in Alaska. SMU visits Fairbanks on Thursday and Anchorage on Saturday for a pair of conference matchups.

SMU Top Performers
1/4 – def. WOU 77-46

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Liz Mills	18	18.0	7	7.0	3	3.0
Brooke Paulson	18	18.0	6	6.0	2	2.0
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Chelsea Haskey	1	1.0	4	4.0	2	2.0
Liz Mills	2	2.0	3	3.0	1	1.0
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Brooke Paulson	7-10	.700	4-5	.800	0-0	.000
Chelsea Haskey	3-10	.300	2-4	.500	7-9	.778

SIMMONS, 'SADERS SWEEP ALASKAS: Taylor Simmons poured in a career-high 24 points against Alaska Anchorage on Thursday and then repeated the feat two days later against Alaska Fairbanks as NNU remained perfect at home with a pair of victories last week. Megan Hingston led the way with a 25-point 15-rebound double-double against the Seawolves, and she contributed 15 of the Crusaders' record-setting 38 made free throws in the win. Simmons' 24 points, thanks in large part to a line of 14-for-15 on free throws, led the charge for NNU against UAF on Saturday in a solid 88-72 victory. On the weekend the Crusaders made 75-of-90 free throws – 42 of which were converted by Hingston and Simmons.

NNU squares off against Simon Fraser on Thursday and Western Washington on Saturday in a pair of conference road games.

NNU Top Performers
1/2– def. UAA 86-80 | 1/4 – def. UAF 88-72

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Taylor Simmons	48	24.0	6	3.0	6	3.0
Megan Hingston	35	17.5	23	11.5	3	1.5
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Megan Hingston	2	1.0	14	7.0	0	0.0
Kayla Schumann	7	3.5	3	1.5	0	0.0
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Taylor Simmons	10-16	.625	1-3	.333	27-28	.964
Kayla Schumann	7-14	.500	5-6	.833	7-10	.700

SEAWOLVES SPLIT ON ROAD: After losing to a Division II opponent for the first time this season, UAA recovered with a two-point victory over Central Washington on Saturday for a split in last week's road trip. The Seawolves lost to NNU by just six points, snapping a four-game winning streak and nine-game winning streak against Division II competition. Kylie Burns led the way in the scoring department with 39 points over the two-game stretch, and Jessica Madison (15.5) and Alli Madison (13.5) also averaged in double figures for UAA. The Seawolves were outrebounded on the weekend 100-78, but generated an impressive 27 steals with nine coming from Kiki Robertson.

UAA returns home to host Western Oregon on Thursday and a red-hot Saint Martin's team on Saturday as the Seawolves jockey with the Saints, Crusaders and Yellowjackets for the top spot in the GNAC standings.

UAA Top Performers
1/2 – L at NNU 86-80 | 1/4 – def. CWU 82-80

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Kylie Burns	39	19.5	13	6.5	1	0.5
Jessica Madison	31	15.5	10	5.0	3	1.5
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Kylie Burns	5	2.5	7	3.5	3	1.5
Kiki Robertson	9	4.5	3	1.5	0	0.0
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Jessica Madison	10-22	.455	4-11	.364	7-8	.875
Jenna Buchanan	6-16	.375	5-9	.556	0-0	.000

CLAN CUT DOWN FALCONS IN SEATTLE: A tough 81-63 loss to MSU Billings on Thursday did little to discourage Simon Fraser as the Clan recovered with a 63-60 road win over No. 9 Seattle Pacific on Saturday to remain above .500 in conference games at 2-1. Erin Chambers and Katie Lowen, the Clan's leading scorers, converted 10 of SFU's 12 buckets from long-distance, as Chambers contributed 32 points and Lowen 25 overall in the two games. Rebecca Langmead led SFU with a dozen rebounds and blocked six shots, while averaging 8.5 points last weekend. A pair of Kia Van Laare free throws with 39 seconds remaining broke a 60-60 tie with SPU, and one more foul shot from Chambers sealed the win for the Clan.

SFU welcomes Northwest Nazarene and Central Washington this weekend and plays six of its next eight games overall on its home turf in Burnaby.

SFU Top Performers
1/2 – L at MSUB 81-63 | 1/4 – def. SPU 63-60

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Erin Chambers	32	16.0	5	2.5	2	1.0
Katie Lowen	25	12.5	7	3.5	7	3.5
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Rebecca Langmead	3	1.5	8	4.0	6	3.0
Katie Lowen	1	0.5	7	3.5	1	0.5
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Erin Chambers	10-20	.500	5-12	.417	7-10	.700
Chelsea Reist	7-17	.412	0-0	.000	7-9	.778

NANOOKS SNAP 3-GAME LOSING SKID: A team-high 17 points off the bench from Victoria Milton helped UAF snap a three-game losing streak as the Nanooks defeated Central Washington 75-64 on Thursday in Ellensburg. Milton sunk 11-of-12 free-throw attempts and averaged a point per minute in just 17 minutes on the floor. The Nanooks could not quiet NNU on Saturday however, as the Crusaders carried momentum from a win over UAA into an 88-72 defeat of the Nanooks. The lone bright spot for UAF in its second game of the week was Jordan Wilson, who led all players with 26 points on 11-of-24 shooting.

UAF is set to host the hottest team in the GNAC, welcoming Saint Martin's on Thursday before hosting Western Oregon on Saturday.

UAF Top Performers
1/2 – def. CWU 75-64 | 1/4 – L at NNU 88-72

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Jordan Wilson	39	19.5	13	6.5	1	0.5
Victoria Milton	22	11.0	10	5.0	4	2.0
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Victoria Milton	5	2.5	6	3.0	0	0.0
Benissa Bulaya	5	2.5	6	3.0	0	0.0
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Jordan Wilson	16-35	.457	0-1	.000	7-10	.700
Victoria Milton	4-11	.364	1-4	.250	13-14	.929

COLARD CLUTCH FROM DOWNTOWN: Western Washington's Katie Colard added eight 3-pointers – including five in a victory over Seattle Pacific – to raise her GNAC-leading figure to 30 as WWU split a pair of games last week. Colard paced all scorers with 25 points in the Vikings' 84-77 road win over SPU, and added 18 more in a tough 82-69 defeat at the hands of MSU Billings. Colard also led the Vikings with nine total rebounds, while Taylor Peacocke (13.0) and Sarah Hill (11.5) were the other WWU players to average in double figures last week. Jenni White dished out a team-high 13 assists as the Vikings slipped below .500 at 5-6 with the loss on Saturday.

WWU is set to defend its home-court winning streak of 22 games this weekend, as the Vikings host Central Washington on Thursday and a tough Northwest Nazarene team on Saturday. The streak is the second-longest in school history for the women's program, which won 29-straight games from the 1983-86 seasons.

WWU Top Performers
1/2 – def. SPU 84-77 | 1/4 – L at MSUB 82-69

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Katie Colard	43	21.5	9	4.5	3	1.5
Jenni White	17	8.5	3	1.5	13	6.5
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Sarah Hill	3	1.5	7	3.5	6	3.0
Katie Colard	0	0.0	7	3.5	1	0.5
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Katie Colard	14-23	.609	8-15	.533	7-8	.875
Sarah Hill	9-14	.643	1-1	1.00	4-5	.800

WILDCATS PUSH SEAWOLVES TO LIMIT: After a tough 75-64 defeat at the hands of Alaska Fairbanks on Thursday, Central Washington responded with a gritty performance against Alaska Anchorage on Saturday that came up just short in a two-point loss. Ally Schmitt converted a layup with one second left on the clock to bring the score to 82-80, but the Wildcats ran out of time against UAA. Courtney Johnson led the offensive attack during the two-game stretch, scoring 33 points thanks to a team-high six 3-pointers. Jessica VanDyke also averaged in double figures with 27 points in the two losses. Jasmine Parker was a strong presence inside with a whopping 21 rebounds, and Schmitt continued to be a top distributor for CWU with 16 assists.

CWU hits the road in search of its first GNAC win of the season, challenging Western Washington on Thursday and Simon Fraser across the border on Saturday.

CWU Top Performers
1/2 – L to UAF 75-64 | 1/4 – L to UAA 82-80

Offense						
	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Courtney Johnson	33	16.5	6	3.0	0	0.0
Jessica VanDyke	27	13.5	13	6.5	4	2.0
Defense						
	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Jasmine Parker	1	0.5	12	6.0	4	2.0
Ally Schmitt	4	2.0	5	2.5	1	0.5
Shooting						
	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Courtney Johnson	9-20	.450	6-15	.400	9-14	.643
Erika Locker	3-7	.429	1-1	1.00	6-7	.857

FALCONS QUIETED TWICE AT HOME: Seattle Pacific came up on the short end of a pair of close games in Seattle last week, as the Falcons fell to Western Washington on Thursday and Simon Fraser on Saturday. Katie Benson sustained her average of 20-plus points, contributing 42 total on the weekend and also grabbing a team-high 15 rebounds. Suzanna Ohlsen (16.0) and Betsy Kingma (10.0) were the other Falcons to average in double digits, and Maddey Pflaumer (14) and Hannah Rodrigues (12) were SPU's other top rebounders. SPU led WWU by one point at the half, but was outscored by the Vikings 41-33 over the final 20 minutes. SPU is now 1-3 in GNAC play and has lost three straight games – all of them at home – since beginning the season 8-1.

SPU resumes GNAC play against MSU Billings on Saturday in the first conference game to be televised on ROOT SPORTS of the year. The matchup in Seattle will close a six-game home stand for the Falcons, who will look to salvage a 3-3 mark over the stretch with a victory.

SPU Top Performers

1/2 – L to WWU 84-77 | 1/4 – L to SFU 63-60

Offense

	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Katie Benson	42	21.0	15	7.5	4	2.0
Suzanna Ohlsen	32	16.0	3	1.5	9	4.5

Defense

	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Katie Benson	5	2.5	9	4.5	2	1.0
Maddey Pflaumer	1	0.5	11	5.5	1	0.5

Shooting

	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Katie Benson	16-34	.471	1-5	.200	9-9	1.00
Betsy Kingma	8-19	.421	4-12	.333	0-0	.000

WOLVES HELD TO SEASON LOW: Facing the top scoring defense in the GNAC, Western Oregon struggled to generate an offensive attack against Saint Martin's in a tough 77-46 defeat on Saturday. In the Wolves' lone game of the week, Dana Goularte recorded her fifth double-double of the season, leading all scorers with 23 points and hauling in 15 rebounds. Shyla Akins contributed three steals, an assist and six points in 18 minutes off of the bench for WOU, which slipped to 1-2 in GNAC play.

The Wolves head to Alaska this week to battle Alaska Anchorage on Thursday and Alaska Fairbanks on Saturday.

WOU Top Performers

1/4 – L at SMU 77-46

Offense

	Pts.	Avg.	Reb.	Avg.	Ast.	Avg.
Dana Goularte	23	23.0	15	15.0	3	3.0
Shyla Akins	6	6.0	2	2.0	1	1.0

Defense

	Stl.	Avg.	Reb.	Avg.	Blk.	Avg.
Dana Goularte	3	3.0	8	4.0	3	3.0
Elise Miller	2	2.0	1	1.0	1	1.0

Shooting

	FG.	Pct.	3-pt.	Pct.	FT.	Pct.
Dana Goularte	7-15	.467	1-1	1.00	8-11	.727
Shyla Akins	2-7	.286	2-3	.667	0-2	.000

2013-14 RED LION PLAYERS OF THE WEEK

Week of Dec. 16-22: Bobbi Knudsen, MSUB (G, 5-8, Sr., Malta, MT) scored 32 points while dishing out 17 assists and grabbing 14 rebounds in a pair of South Point Holiday Hoops Classic games last week in Las Vegas. Knudsen led the Yellowjackets to a 78-58 win over Texas Woman's and was instrumental in MSUB's one-point loss to No. 6 Drury. Trailing by two points in the final minute against the Panthers, Knudsen drove into the paint, scored a layup and drew a foul. After converting the free throw to give MSUB a one-point lead with six seconds left, Drury scored a buzzer-beater from 18 feet to shock the Yellowjackets and escape with the victory. "Bobbi played some incredible basketball over the two games," MSUB head coach Kevin Woodin said. "Our team played the two best games we have all season, and Bobbi was a top contributor in both contests." **Honorable Mention:** Taylor Simmons, NNU (G, 5-8, So., Middleton, ID); Angela Gelhar, SMU (G, 5-6, Jr., Vancouver, WA); Katie Colard, WWU (G, 5-9, Jr., McCleary, WA); Dana Goularte, WOU (F, 6-0, Jr., Port Orchard, WA); Alli Madison, UAA (G, 5-8, Jr., Seattle, WA); Jasmine Parker, CWU (F/C, 6-0, So., Spokane, WA). **Week of Dec. 9-15:** Krista Stabler, SMU (G, 5-6, So., Silverdale, WA – Central Kitsap) finished with a career-high 18 points on 5-of-9

shooting from the field while she was 8-of-10 from the line against Hawaii Hilo on Saturday. She also had career highs in rebounds with six and assists with four while adding two steals and committing zero turnovers in 27 minutes off the bench. **Week of Dec. 2-8:** Dana Goularte, WOU (F, Jr., Port Orchard, WA – South Kitsap) averaged a double-double last week with 22.5 points and 12 rebounds in the Wolves' loss to No. 18 Northwest Nazarene and victory over Central Washington. Goularte averaged 36.0 minutes, shooting .538 from the floor and .800 from the free-throw line. She racked up four assists and six blocks and became the first WOU player since 2005 to grab 17 rebounds in a game when she accomplished the feat against NNU on Thursday. "She had one of the best all around performances I've ever seen," WOU head coach Holli Howard-Carpenter commented on Goularte's performance against NNU. "She defensed, made some great passes and was a beast on the boards." The double-figure scoring performances gave her 22 total in her career, and her double-double on Thursday was the eighth of Goularte's career and third this season. **Honorable Mention** – Jessica VanDyke, CWU; Emily Craft, UAA; Marcell Pounds, WWU; Angela Gelhar, SMU; Megan Hingston, NNU; Janiel Olson, MSUB. **Week of Nov. 25 – Dec. 1:** Kiki Robertson, UAA (G, 5-7, Fr., Honolulu, HI – Mid-Pacific) averaged 16.5 points and grabbed a dozen rebounds in a pair of games against Division I competition last week in the Great Alaska Shootout. Robertson averaged 34 minutes on the court, contributing a GNAC-high 12 steals and 11 assists in a victory against UC Riverside and a loss to Georgetown. Robertson shot 39 percent from the field, while turning in a solid 1.6 assist-turnover ratio. **Honorable Mention** – Annie DePuydt, MSUB; Chantel Divilbiss, WOU; Tia Briggs, WWU; Jessica VanDyke, CWU; Megan Hingston, NNU. **Week of Nov. 18-24:** Katie Benson, SPU (F, 6-1, Sr., Snohomish, WA – Snohomish) led the GNAC in scoring (28.5) and rebounding (11.5), and was second in blocks (3.0) and field goal percentage (.667) last week as the Falcons won a pair of games to improve to 6-0 in 2013. Benson also shot 83 percent from the free throw line and turned in seven steals while converting three-of-four attempts from long distance. **Honorable Mention** – Chelsea Haskey, SMU; Megan Hingston, NNU. **Week of Nov. 11-17:** Katie Benson, SPU (F, 6-1, Sr., Snohomish, WA - Snohomish) averaged a double-double with 18 points and 12.5 rebounds in a pair of Falcon wins last week as SPU has started the 2013-14 campaign 4-0. Sixteen of Benson's 25 total rebounds were defensive, and she also turned in six steals and four blocks while committing just two turnovers. Overall, the senior shot 14-of-25 from the field and drained 7-of-8 free throws while averaging 25 minutes of action per game. Benson's 17 rebounds on Saturday night against Point Loma Nazarene tied her career high, and she was named tournament Most Valuable Player for the SPU-hosted Sodexo Tip-Off Classic. **Honorable Mention** – Jordan Wilson, UAF; Dana Goularte, WOU; Jessica VanDyke, CWU; Megan Hingston, NNU. **Week of Nov. 4-10:** Jordan Wilson, UAF (F, 5-11 Fr., Henderson, CO – Prairie View) posted a double-double with 27 points and 12 rebounds in her first career collegiate game. Wilson helped the Nanooks to an 87-72 victory over Western New Mexico, marking the first time UAF has won its season opener in four seasons. Wilson also notched an assist while shooting 10-of-11 from the field and sinking seven free throws on 10 attempts. **Honorable Mention** – Chelsea Haskey, SMU; Megan Hingston, NNU; Alli Madison, UAA; Erin Chambers, SFU.

Overall Individual Statistics Through Jan. 7, 2014

2013-14 GNAC Scoring Leaders

	Cl.	GP	FG	3FG	FT	Pts.	Avg.
Katie Benson, SPU -	Sr.	12	91	6	68	256	21.3
Erin Chambers, SFU -	Jr.	11	70	25	65	230	20.9
Dana Goularte, WOU +	Jr.	11	67	5	61	200	18.2
Megan Hingston, NNU -	Sr.	12	81	1	55	218	18.2
Jessica VanDyke, CWU -	Sr.	12	72	28	35	207	17.3
Bobbi Knudsen, MSUB +	Sr.	14	80	19	48	227	16.2
Jordan Wilson, UAF +	Fr.	12	74	1	45	194	16.2
Alli Madison, UAA -	Jr.	12	63	9	58	193	16.1
Chelsea Haskey, SMU	Sr.	12	62	9	49	182	15.2
Taylor Simmons, NNU +	So.	12	39	7	87	172	14.3

2013-14 GNAC Rebounding Leaders

	Cl.	GP	Off	Def	Tot.	Avg.
Katie Benson, SPU -	Sr.	12	47	74	121	10.1
Dana Goularte, WOU +	Jr.	11	35	72	107	9.7
Janiel Olson, MSUB -	Jr.	11	30	76	106	9.6
Kylee Schierman, NNU -	Sr.	12	34	77	111	9.3
Jasmine Parker, CWU +	So.	12	46	59	105	8.8
Megan Hingston, NNU +	Sr.	12	46	54	100	8.3
Jordan Wilson, UAF -	Fr.	12	44	47	91	7.6
Chelsea Haskey, SMU +	Sr.	12	36	53	89	7.4
KeKe Wright, UAA -	Jr.	12	41	45	86	7.2
Jessica VanDyke, CWU +	Sr.	12	36	47	83	6.9

2013-14 GNAC 3-Point Shooting Leaders (2 Att./Gm.)

	Cl.	GP	3FG	Att.	Pct.	At/g
Kayla Schumann, NNU +	Jr.	12	20	41	.488	3.4
Jenni White, WWU -	Jr.	11	15	33	.455	3.0
Jenna Buchanan, UAA +	So.	9	13	29	.448	3.2
Kylie Burns, UAA +	Sr.	12	20	50	.400	4.2
Courtney Johnson, CWU +	Jr.	12	26	66	.394	5.5
Katie Colard, WWU +	Jr.	11	30	77	.390	7.0
Angela Gelhar, SMU -	Jr.	12	15	39	.385	3.3
Marcel Pounds, WWU +	Jr.	11	13	34	.382	3.1
Quinn Peoples, MSUB +	Jr.	14	25	66	.379	4.7
Chelsie Luke, NNU -	Sr.	12	14	37	.378	3.1

2013-14 GNAC Assist/Turnover Ratio Leaders

	Cl.	GP	A Avg.	T Avg.	Ratio		
Ellen Kett, SFU -	Fr.	11	35	3.2	14	1.3	2.5
Ally Schmitt, CWU -	Sr.	10	68	6.8	31	3.1	2.2
Bobbi Knudsen, MSUB	Sr.	14	84	6.0	40	2.9	2.1
Kiki Robertson, UAA -	Fr.	12	70	5.8	36	3.0	1.9
Jenni White, WWU +	Jr.	11	49	4.5	26	2.4	1.9
Marie-Line Petit, SFU -	Sr.	11	50	4.5	34	3.1	1.5
Suzanna Ohlsen, SPU	Jr.	12	44	3.7	34	2.8	1.3
Betsy Kingma, SPU +	Jr.	12	28	2.3	22	1.8	1.3
Alli Madison, UAA -	Jr.	12	34	2.8	27	2.3	1.3
Christina Davis, UAA -	Jr.	12	33	2.8	27	2.3	1.2

2013-14 GNAC Free Throw Shooting Leaders (2 Att./Gm.)

	Cl.	GP	Ft	Att.	Pct.	At/g
Bobbi Knudsen, MSUB +	Sr.	14	48	51	.941	3.6
Chelsie Luke, NNU -	Sr.	12	44	50	.880	4.2
Megan Hingston, NNU +	Sr.	12	55	65	.846	5.4
Taylor Simmons, NNU +	So.	12	87	103	.845	8.6
Katie Benson, SPU +	Sr.	12	68	81	.840	6.8
Angela Gelhar, SMU -	Jr.	12	47	56	.839	4.7
Suzanna Ohlsen, SPU +	Jr.	12	26	31	.839	2.6
Taylor Peacocke, WWU -	Fr.	11	24	29	.828	2.7
Erin Chambers, SFU -	Jr.	11	65	80	.813	7.3
Kylie Burns, UAA -	Sr.	12	42	52	.808	4.3

+/- increased/decreased from last week **bold**-most improved

Overall Team Statistics Through Jan. 7, 2014

2013-14 GNAC Team Scoring Margin

	G	Rec	Off	Def	Marg
Alaska Anchorage -	12	10-2	86.8	67.4	+19.3
Northwest Nazarene -	12	10-2	80.0	65.8	+14.2
Saint Martin's +	12	9-3	66.8	54.2	+12.6
Western Washington -	11	5-6	71.7	63.2	+8.5
Montana State Billings +	14	10-4	73.9	66.9	+7.1
Seattle Pacific -	12	8-4	68.2	61.6	+6.7
Simon Fraser -	11	8-3	71.8	66.4	+5.5
Central Washington -	12	5-7	72.1	69.7	+2.4
Alaska Fairbanks -	12	7-5	69.7	67.5	+2.2
Western Oregon -	11	4-7	63.5	66.7	-3.3

2013-14 GNAC Team Field Goal Percentage

	G	Rec	FGM	FGA	Pct.
Western Washington +	11	5-6	291	642	.453
Northwest Nazarene -	12	10-2	316	720	.439
Montana State Billings -	14	10-4	369	857	.431
Simon Fraser -	11	8-3	281	662	.424
Seattle Pacific +	12	8-4	308	749	.411
Alaska Fairbanks	12	7-5	292	724	.403
Alaska Anchorage -	12	10-2	358	899	.398
Central Washington -	12	5-7	295	758	.389
Western Oregon -	11	4-7	254	665	.382
Saint Martin's +	12	9-3	245	687	.357

2013-14 GNAC Team 3-Point Field Goal Percentage

	G	Rec	3FG	3FGA	Pct.
Western Washington +	11	5-6	67	175	.383
Northwest Nazarene -	12	10-2	49	143	.343
Simon Fraser -	11	8-3	77	236	.326
Montana State Billings +	14	10-4	93	288	.323
Alaska Anchorage +	12	10-2	85	269	.316
Saint Martin's +	12	9-3	60	196	.306
Western Oregon -	11	4-7	57	191	.298
Central Washington -	12	5-7	86	307	.280
Seattle Pacific -	12	8-4	49	206	.238
Alaska Fairbanks -	12	7-5	33	143	.231

2013-14 GNAC Team Rebounding Margin

	G	Reb	Avg.	Opp.	Avg.	Marg.
Northwest Nazarene -	12	525	43.8	417	34.8	+9.0
Montana State Billings +	14	508	36.3	418	29.9	+6.4
Saint Martin's +	12	500	41.7	439	36.6	+5.1
Central Washington -	12	521	43.4	471	39.2	+4.2
Seattle Pacific +	12	492	41.0	449	37.4	+3.6
Alaska Anchorage -	12	567	47.2	534	44.5	+2.8
Alaska Fairbanks +	12	502	41.8	473	39.4	+2.4
Western Washington -	11	383	34.8	391	35.5	-0.7
Western Oregon -	11	417	37.9	443	40.3	-2.4
Simon Fraser -	11	411	37.4	456	41.5	-4.1

2013-14 GNAC Team Turnover Margin

	G	TO	Avg.	Opp.	Avg.	Marg.
Alaska Anchorage -	12	221	18.4	328	27.3	+8.92
Saint Martin's +	12	198	16.5	250	20.8	+4.33
Northwest Nazarene -	12	234	19.5	268	22.3	+2.83
Western Washington -	11	165	15.0	189	17.2	+2.18
Montana State Billings +	14	173	12.4	199	14.2	+1.86
Seattle Pacific -	12	186	15.5	195	16.3	+0.75
Central Washington	12	192	16.0	192	16.0	+0.00
Western Oregon -	11	212	19.3	208	18.9	-0.36
Simon Fraser +	11	184	16.7	180	16.4	-0.36
Alaska Fairbanks -	12	252	21.0	246	20.5	-0.50

+/- increased/decreased from last week **bold**-most improved