



Sept. 23, 2015 • Week 3  
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## 2015 GNAC Volleyball Standings

	GNAC			Overall			Home	Away	Neutral	Streak
	W	L	Pct.	W	L	Pct.				
Alaska Anchorage	3	0	1.000	11	0	1.000	4-0	3-0	4-0	Won 11
Western Washington	2	0	1.000	8	2	.800	2-0	0-1	6-1	Won 8
Central Washington	2	0	1.000	6	3	.667	5-0	1-1	0-2	Won 6
Simon Fraser	2	0	1.000	6	4	.600	2-0	1-2	3-2	Won 2
Concordia	1	1	.500	9	1	.900	1-1	1-0	7-0	Lost 1
Northwest Nazarene	1	1	.500	4	6	.400	0-0	1-2	3-4	Won 1
Western Oregon	1	1	.500	4	7	.364	4-3	0-1	0-3	Won 1
Seattle Pacific	0	2	.000	2	8	.200	1-3	0-2	1-3	Lost 1
Saint Martin's	0	2	.000	1	8	.111	1-0	0-5	0-2	Lost 2
Montana State Billings	0	2	.000	1	9	.100	0-2	0-1	1-6	Lost 7
Alaska	0	3	.000	0	10	.000	0-4	0-2	0-4	Lost 10

### LAST WEEK'S MATCHES

#### Thurs., Sept. 17

at Concordia 3, Alaska 0\*  
 Alaska Anchorage 3, at Western Oregon 1\*  
 Central Washington 3 at Montana State Billings 0\*  
 at Western Washington 3, Saint Martin's 0\*  
 at Simon Fraser 3, Seattle Pacific 0\*

#### Sat., Sept. 19

at Western Oregon 3, Alaska 0\*  
 Alaska Anchorage 3, at Concordia 0\*  
 Northwest Nazarene 3, at Montana State Billings 0\*  
 at Simon Fraser 3, Saint Martin's 0\*  
 at Western Washington 3, Seattle Pacific 0\*

#### Tues., Sept. 22

Alaska Anchorage 3, at Alaska 1

### THIS WEEK'S MATCHES

#### Thurs., Sept. 24

Western Washington at Central Washington, 7 p.m.\*  
 Simon Fraser at Northwest Nazarene, 7 p.m.\*  
 Western Oregon at Saint Martin's, 7 p.m.\*  
 Montana State Billings at Alaska Anchorage, 7 p.m.\*  
 Concordia at Seattle Pacific, 7:30 p.m.\*

#### Sat., Sept. 19

Western Oregon at Seattle Pacific, 2 p.m.\*  
 Montana State Billings at Alaska, 2 p.m.\*  
 Simon Fraser at Central Washington, 7 p.m.\*  
 Concordia at Saint Martin's, 7 p.m.  
 Western Washington at Northwest Nazarene, 7 p.m.\*

#### Tues., Sept. 22

Simon Fraser at Western Washington, 7 p.m.\*

\* - denotes GNAC matches.

## #GNACVolleyball in 140 @GNACSports

**#RecordStart** Alaska Anchorage's 11-0 start to the season surpassed the program's previous record of 10 wins set by the 1988 program.

**#HigherAndHigher** Alaska Anchorage rose one more spot in the AVCA Division II Coaches Poll to No. 11. Western Washington also gained one spot to No. 15.

**#CanadianTired** Simon Fraser put together the comeback of the season in their GNAC opener on Thursday. They roared back from two sets down to force a fifth set against Seattle Pacific. The Clan trailed 8-1 in the fifth before coming back for the 16-14 win and the five-set victory.

**#BlockBusters** Four GNAC teams are ranked in the Division II top-20 in blocks per set, led by the 3.17 blocks per set of Central Washington, which ranks second nationally. Six GNAC players are ranked individually in the Division II top-50.

## Get Social

### Twitter Accounts/Hashtags For GNAC Volleyball Programs

GNAC	@GNACSports	#GNACVB
Alaska	@NanooksVB	#NanookNation
Alaska Anchorage	@UAAVolleyball	#SeawolfVolleyball
Cent. Washington	@CWU_Volleyball	#CWUWildcats
Concordia	@gocugo	#gocugovb
MSU Billings	@MSUBSports	#MSUBVB
NW Nazarene	@NNUVolleyball	#GoNNUCusaders
Saint Martin's	@SMUSaints	#SaintsAlive
Seattle Pacific	@SPUFalcons	
Simon Fraser	@SFUWVolleyball	#NCAAeh
W. Oregon	@WOUWolves	#WOUWolves
W. Washington	@WWUVikings	#GoViks

# GNAC Volleyball Players of the Week



## OFFENSIVE

**Rachel Roeder, Western Washington**  
OH • 6-1 • Senior • Sammamish, Wash.

Roeder earned her second straight GNAC honor after finishing with 28 kills and a .463 hitting percentage in two GNAC matches. After posting nine kills in Thursday's sweep of Saint Martin's, Roeder pounded 19 kills and had a .581 hitting percentage in a sweep of Seattle Pacific. Roeder ranks in the GNAC's top-10 in both season hitting percentage (.295) and kills (3.09 per set).

**Also Nominated:** Alisha Bettinson (Western Oregon), Kendra Bodine (Northwest Nazarene), Catie Fry (Central Washington), Christine Howlett (Simon Fraser), Leah Swiss (Alaska Anchorage), Ashlynn Ward (Montana State Billings).



## DEFENSIVE

**Katelynn Zanders, Alaska Anchorage**  
OH • 5-9 • Senior • Anchorage, Alaska

Zanders led the No. 12 ranked Seawolves with 29 digs (4.14 digs per set) in two GNAC victories. She had a massive double-double of 17 digs and 22 kills in a four-set win over Western Oregon and added 12 kills and 10 digs in a three-set sweep of Concordia. The senior leads the GNAC in kills (4.19 per set) and is 14th in digs.

**Also Nominated:** Jenna Caywood (Northwest Nazarene), Liz Colon (Saint Martin's), Jennica McPherson (Western Washington).

## Past GNAC Players of the Week

Date	Offensive	Defensive
Aug. 31 - Sept. 6	Julia Mackey, UAA	Shantel Gritsch, CU
Sept. 7 - 13	Rachel Roeder, WWU	Kyla Militante-Amper, UAA
Sept. 14 - 20	Rachel Roeder, WWU	Katelynn Zanders, UAA
Sept. 21 - 27		
Sept. 28 - Oct. 4		
Oct. 5 - Oct. 11		
Oct. 12 - 18		
Oct. 19 - 25		
Oct. 26 - Nov. 1		
Nov. 2 - 8		
Nov. 9 - 15		

Complete Player of the Week releases are available online at [GNACSports.com](http://GNACSports.com).

## GNAC News & Notes

**BLOCK PARTY:** The GNAC is proving a dominant conference when it comes to stopping the ball at the net. Four GNAC teams are ranked in the Division II top-20 and three in the top-10. Central Washington leads the way, ranked second at 3.17 blocks per set. Alaska Anchorage is seventh at 2.67 per set, Northwest Nazarene is ninth at 2.65 per set and Simon Fraser is 17th at 2.51 per set. The same four teams are also ranked in the Division II top-20 in total blocks.

The GNAC also has six players ranked individually in the Division II top-50 in blocks per set. Central Washington's **Sabrina Wheelhouse** leads the way, ranked sixth at 1.47 blocks per set while teammate **Kaitlin Quirk** is eighth at 1.39 blocks per set.

**RECORD START:** Alaska Anchorage has put together a record start to open the 2015 season. With their road wins over Western Oregon and Concordia, the Seawolves won their 11th straight game, surpassing the 10-0 record of the 1988 team for the program's best start. In their return home, Alaska Anchorage will be looking to match their record of 13 straight wins set in 2009. The Seawolves moved up one spot in this week's AVCA Division II Coaches Poll to No. 11, the highest ranking in program history.

**SEATTLE PACIFIC CELEBRATES 30 YEARS:** Seattle Pacific will celebrate the 30th season of volleyball this weekend with a special ceremony between the second and third sets of their match against Western Oregon on Saturday. The Falcons started their volleyball program in 1986. This week, the Falcons will also play their 900th all-time match and will be looking for their 200th home win.

**GNAC ROLLS IN THE CROSSOVER:** For the second straight year, the GNAC proved the dominant team in the GNAC/PacWest Crossover, held Sept. 10-12 in Ellenbrug, Wash., and Seattle. In their host year, The GNAC went 17-15 against the PacWest, including 7-1 record of GNAC programs against the PacWest's top-25 ranked program. In the two years of the tournament, the GNAC has a 37-27 record against the PacWest. In 2016, the crossover will expand to include the California Collegiate Athletic Association.

# Around The GNAC

## ALASKA



- Alaska opened the GNAC season with three straight losses. The Nanooks dropped three matches at Concordia on Thursday and at Western Oregon on Saturday, but succeeded in taking a set off of in-state rival Alaska Anchorage at home in a four-set loss.

- The match against Alaska Anchorage marked the eighth time in 10 matches that Alaska has gone more than three

sets. The first set taken against the Seawolves was only the eighth won by the Nanooks this season.

- Senior outside hitter **Sam Harthun** finished with 36 kills in the Nanook's first three GNAC matches, topped by a 15-kill performance on Tuesday against Alaska Anchorage. The total gives Harthun 1,224 career kills, moving her to No. 2 on Alaska's all-time list and No. 13 on the GNAC all-time list. Harthun enters the week tied for third in the GNAC in total kills (127) and is third in kills per set (3.34).

- Freshman outside hitter **Amberly Jeane** added 22 kills in the three matches, led by a pair of nine-kill performances at Concordia and against Alaska Anchorage. Jeane is second for the Nanooks in kills with 89.

- Sophomore middle blocker **Riley Podowicz** leads the GNAC with her average of 0.47 service aces per set. Freshman setter **Miranda Grieser** is ranked fourth in the GNAC at 0.42 aces per set. As a team, the Nanooks are second in the GNAC with an average of 1.79 aces per set.

## ALASKA ANCHORAGE



- Alaska Anchorage opened up GNAC play with a 3-0 record and at 11-0 overall is off to their best start in school history, surpassing the 10-0 start by the 1988 team. The Seawolves' 11-match win streak is tied for second longest in program history, topped only by a 13-match run put together in 2009.

- Thanks to their hot start, Alaska Anchorage moved up one spot to No. 11 in the AVCA Division II Coaches Poll, the

program's highest ever national ranking.

- The Seawolves finished with a .410 hitting percentage (44 kills, 10 errors, 83 attempts) in their victory over Alaska on Tuesday. The performance is the Seawolves' best hitting percentage in the rally scoring era (2001 to present) and is the highest in GNAC history for a four-set match. (Previous Record: .407 (66-16-123), Alaska vs. Western Oregon, Oct. 31, 2009).

- Senior outside hitter **Katelynn Zanders** was named the GNAC Defensive Player of the Week after a stellar week on both sides of the net. Zanders finished with 29 digs in the two weekend matches, averaging 4.14 digs per set. In addition, Zanders has 34 kills in the two matches, led by a 22-kill, 17-dig performance at Western Oregon. Zanders leads the GNAC and is 18th in Division II with 4.85 points per set. She also leads the league and is 22nd in Division II with 4.19 kills per set. Zanders enters the week with 1,168 career kills, No. 3 on the UAA all-time list and No. 20 on the GNAC all-time list.

- Senior right side **Julia Mackey** had 37 kills and a .293 hitting percentage in UAA's first three conference matches, topped by a 17-kill, 15-dig double-double at Western Oregon. Mackey enters the week ranked third in the GNAC with a .365 hitting percentage and third in points at 3.79 per set.

- Junior **Morgan Hooe** is becoming one of the top setter not only in the conference, but in Division II. Hooe enters the week leading the GNAC at 10.90 assists per set and is ranked 21st in Division II with 11.19 assists per set (through Sept. 20). She is also 25th in Division II in total assists with 321. Hooe Had a double-double of 27 assists and 16 digs along with four blocks at Concordia on Saturday.

- As a team, Alaska Anchorage leads the GNAC in hitting percentage (.291), kills (13.70 per set) and assists (12.77 per set) and are ranked second in opponent hitting percentage (.140) and third in blocks (2.62 per set). In the Division II stats (through Sept. 20), the Seawolves are seventh nationally in blocks (2.67 per set), eighth in hitting percentage (.283), 16th in kills per set (14.00), and 20th in both assists per set (12.97) and total blocks (96.0). The Seawolves are one of 12 teams in Division II with a 1.000 hitting percentage.

## CENTRAL WASHINGTON



- After losing their first three matches of the season at the Concordia-St. Paul Invitational, the Wildcats have surged to win six straight matches. Central Washington opened the GNAC season on Monday with a four-set win over Northwest Nazarene and took a three-set sweep at Montana State Billings Thursday.

- Despite going 2-0 to start GNAC play, Central Washington lost a few votes in the AVCA Division II Coaches Poll, dropping from 27 points to 18 points, but are still among teams receiving votes.

- The Wildcats enter the week leading the GNAC and are second in Division II with an average of 3.17 blocks per set and are seventh in Division II with a total of 104.5 blocks (through Sept. 20). Sophomore middle blocker **Sabrina Wheelhouse** leads the GNAC individually and is sixth in Division II with 1.47 blocks per set. Senior **Kaitlin Quirk** is second in the the GNAC and eighth in Division II with 1.39 blocks per set.

- In addition, Wheelhouse is the most accurate hitter in the GNAC. Her .361 hitting percentage (61 kills, 17 errors, 122 attempts) leads the conference. Quirk is ranked fifth at .312 (77 kills, 24 errors, 170 attempts).

- Senior outside hitter **Linden Firethorne** added 28 kills to her total in the two wins, topped by a 15-kill performance at Montana State Billings on Thursday. Firethorne enters the week ranked second in the GNAC and 43rd in Division II at 3.85 kills per set. She is also second in the league in points at 4.26 per set.

- Junior setter **Catie Fry** enters the week ranked second in the GNAC and 33rd in Division II with her average of 10.70 assists per set. Fry finished with 80 assists in two matches, led by a double-double of 35 assists and 10 digs at Montana State Billings.

- As a team, Central Washington is second in the GNAC in hitting percentage (.249) and assists (12.30 per set) and is third in kills (12.97 per set). The Wildcats are ranked 25th in Division II in hitting percentage.

- With this week's home matches against Western Washington on Thursday and Simon Fraser on Saturday, Central Washington will complete a string of having played seven of eight matches at home. After this weekend, the Wildcats will play six of their next eight on the road.

# Around The GNAC

## CONCORDIA



- Concordia opened its Division II career on Thursday with a solid win, knocking off Alaska in three sets. In the long-awaited meeting between the GNAC's two undefeated teams, Alaska Anchorage got past the home-standing Cavaliers in a hard-fought three sets, 25-23, 25-21, 25-18.

- Junior outside hitter **Brenda Huwe** led the Cavaliers with 20 kills and a .222 hitting percentage in the two matches.

She had 10 kills in each of the two matches. Huwe enters the week ranked second for Concordia with 91 kills and an average of 2.68 kills per set.

- Senior outside hitter **Ashley Jibby** added 18 kills and 24 digs in the two matches, led by a 12-kill, 13-dig double-double against Alaska Anchorage. She is second on the team in digs at 3.03 per set.

- Sophomore opposite **Lindsey Dorsey** enters the week ninth in the GNAC in hitting percentage (.288) and eighth in both service aces (0.38 per set) and points (3.35 per set). Junior middle blocker **Amanda Goringe** is 10th in the GNAC in hitting percentage (.287) while sophomore middle blocker **Colby Barnette** is fifth in blocks (1.21 per set).

- Senior defensive specialist **Shantel Gritsch** leads the GNAC with an average of 5.85 digs per set. She leads a Concordia program that leads the GNAC with an average of 16.79 digs per set.

- Concordia enters the week leading the GNAC in service aces (1.79 per set) and opponent hitting percentage (.105). If the Cavaliers were eligible for listing in the Division II stats, they would rank 16th nationally in opponent hitting percentage. Concordia is also ranked fourth in the GNAC in hitting percentage (.227), kills (12.50 per set) and assists (11.56 per set).

- Concordia is in the second year of their three-year transition from the NAIA to NCAA Division II. As such, the Cavaliers are not eligible for postseason competition or listing in the Division II statistics.

## MONTANA STATE BILLINGS



- Montana State Billings hopes to put an end to a seven-match losing streak north in Alaska. The Yellowjackets dropped both of their opening GNAC matches in three sets, falling to Central Washington on Thursday and Northwest Nazarene on Saturday.

- Junior outside hitter **Ashlynn Ward** had a standout week offensively, finishing with 24 kills and a .412 hitting percentage over the two matches last weekend. She led the weekend with 13 kills and a .591 hitting percentage in the loss to Northwest Nazarene. Ward enters the week ranked fifth in the GNAC in kills at 3.11 per set.

- Senior setter **Kyndal Williams** had a pair of 30-plus assist performances in the two matches, topped by a 32-assist effort against Central Washington. Williams enters the week ranked fifth in the GNAC at 9.55 assists per set.

- **Miranda McConnell** has the GNAC's best single match hitting performance to date, finishing with a .667 hitting percentage (14-2-18) against Academy of Art on Sept. 10. **Taylor Sherman** has one of two six-ace performances in the GNAC this season, which she had against the Urban Knights on Sept. 4.

## NORTHWEST NAZARENE



- The Crusaders opened their title defense with a hard fought split. Northwest Nazarene took a four-set loss at Central Washington last Monday that saw three Wildcats' players finish with 10 or more kills. They rebounded on Saturday, hitting .379 to easily power past Montana State Billings.

- Sophomore outside hitter **Kendra Bodine** had a standout week, finishing 29 kills and a .414 hitting percentage (29-5-58) in the two matches. Her week was topped by 19 kills and a .548 hitting percentage at MSU Billings. She had a double-double of 10 kills and 11 digs at Central Washington. Bodine leads NNU and is 10th in the GNAC with her average of 2.84 kills per set.

- Sophomore middle blocker **Madi Farrell** added 12 kills and five blocks in the loss at Central Washington. Farrell enters the week ranked fourth in the GNAC with a .353 hitting percentage (83-24-167).

- Northwest Nazarene enters the week ranked second in the GNAC and ninth in Division II with an average of 2.65 blocks per set. The Crusaders are also ranked 12th nationally with 98 total blocks. **Madi Farrell** is ranked ninth in the GNAC at 1.11 blocks per set while senior middle blocker **Jenna Caywood** is ranked 10th at 1.02 per set. Caywood's 10-block performance against Cal State San Bernardino on Sept. 4 is one of three in the GNAC this season.

- After playing their first 10 matches of the season on the road, Northwest Nazarene will play their home opener on Thursday against Simon Fraser. The Crusaders will play four of their next six on their home floor.

## SAINT MARTIN'S



- The Saints opened the GNAC season with a pair of road losses to a pair of the league's tougher teams. Saint Martin's dropped a three-set affair at Western Washington on Thursday before taking a three-set loss at Simon Fraser on Saturday.

- Senior outside hitter **Julia Wabinga** led the Saints with 21 kills, averaging 3.50 kills per set. Her week was topped by an 11-kill, five-dig performance at Simon Fraser. Wabinga enters the week leading the Saints with 67 kills and 2.79 kills per set.

- Junior setter **Cassandra Fenton** enters the week ranked 10th in the GNAC in assists, averaging 6.31 assists per set. Fenton finished just short of a double-double with 27 assists and nine digs against Western Washington and added 32 assists at Simon Fraser.

- Saint Martin's home win over Douglas on Sept. 12 snapped a 19-match losing streak that dated back to September 2014. The Saints will be looking to end a 15-match losing streak to GNAC teams at home, hosting Western Oregon on Thursday and Concordia on Saturday. The Saints last won a GNAC match on Sept. 27, 2014, beating Western Oregon in five sets.

# Around The GNAC

## SEATTLE PACIFIC



- Seattle Pacific hopes that the home floor will be kind after taking two tough road losses. On Thursday, the Falcons were on the losing end of an epic five-set match at Simon Fraser that saw the Clan come back from a two-set deficit and from an 8-1 deficit in the fifth set. Seattle Pacific had little steam left on Saturday, falling in three sets at Western Washington.
- Sophomore outside hitter **Lexi Biondi** set GNAC single season highs with 25 kills and 72 attempts at Simon Fraser. Biondi finished the week with 36 kills, averaging 4.50 kills per set, and four blocks in the two matches.
- Senior libero **Breanne Wiekamp** had a GNAC single season high with 35 digs in the loss at Simon Fraser and finished with 43 digs in the two matches. She enters the week ranked fourth in the GNAC with an average of 4.71 digs per set.
- Sophomore outside hitter **Hannah Lautenbach** added 28 kills in the two matches, led by 19 kills and a .280 hitting percentage at Simon Fraser. Lautenbach enters the week ranked ninth in the GNAC with kills at 2.88 per set.
- While Seattle Pacific is ninth in hitting percentage in the GNAC at .132, the Falcons have had the highest single match hitting percentage this season when they hit .410 (43 kills, 11 errors, 78 attempts) against Molloy on Sept. 4.
- In their 30th year playing volleyball, Seattle Pacific will pay tribute to the history of their program with a special ceremony between the second and third set of Saturday's match. Additionally, the Falcons will play their 900th all-time match at Royal Brougham Pavilion on Thursday and are looking for their 200th victory at home, carrying into the week an all-time home record of 199-89.

## SIMON FRASER



- Simon Fraser opened the GNAC schedule with a hard-fought five-set win over Seattle Pacific on Thursday. The Clan rebounded from two sets down to force the deciding fifth set and then went down 8-1 in the fifth set before rallying to win 16-14. In the match, SFU finished with 68 kills, 108 digs and 14 blocks.
- The Clan made it a 2-0 start to conference play with a three-set sweep by Saint Martin's. Simon Fraser held off a challenging second set, winning 28-24 before dominating the third in a 25-14 rout.
- Sophomore outside hitter **Christine Howlett** led the way in the five-set win over SPU, finishing with 18 kills, six blocks and a .259 hitting percentage. She finished with 26 kills and a .288 hitting percentage in the two matches.
- Junior outside hitter **Devon May** led Simon Fraser with 29 kills in the two matches. She had 17 kills in the five-set win over Seattle Pacific and had 12 kills and a .393 hitting percentage in the sweep of Saint Martin's. May enters the week ranked seventh in the GNAC in kills at 3.07 per set. Her 11.20 attacks per set ranks 25th in Division II and her 459 total attacks ranks 20th.
- Junior libero **Alison McKay** added 46 digs to her total, led by 29 digs in the win over Seattle Pacific. McKay enters the week second in the GNAC and 32nd in Division II at 5.46 digs per set and 23rd in Division II with 233 total digs.
- Freshman middle blocker **Tessa May** enters the week ranked sixth in the GNAC with a .312 hitting percentage. She is also seventh in the GNAC and 42nd among Division II players with an average of 1.17 blocks per set. She is also 21st in Division II with 48 total blocks.
- As a team, Simon Fraser ranks second in the GNAC in digs (16.68 per set) and third in opponent hitting percentage (.156). The Clan is fourth in the GNAC and 17th in Division II in blocks with 2.51 per set. The Clan is also eighth in Division II with 103 blocks.

## WESTERN OREGON



- The home court continues to be kind to Western Oregon as they split their matches in Monmouth to start the GNAC schedule. The Wolves lost in four sets to Alaska Anchorage on Thursday and beat Alaska on Saturday in three sets.
- Sophomore outside hitter **Alisha Bettinson** led the way with 27 kills, 16 digs and a .309 hitting percentage in the two matches. She led the Wolves with 14 kills and 12 digs against Alaska Anchorage and had 13 kills against Alaska. Bettinson leads WOU with 115 kills and an average of 2.59 kills per set.
- Junior libero **Christie Colasurdo** is ranked third in the GNAC with 5.34 digs per set. She added 38 digs in the two matches, led by a 20-dig effort against Alaska. She is also ranked 39th in Division II in the category.
- Setters **Leila Holt** and **Maddie Machiz** enter the week ranked seventh and eighth in the GNAC in assists. Holt had 26 assists in the win over Alaska. Machiz finished with 36 assists in the loss to Alaska Anchorage. Machiz has the best individual performance by a setter in the GNAC this season with 57 against Notre Dame de Namur on Sept. 12.
- Western Oregon's matches at Saint Martin's on Thursday and at Seattle Pacific on Saturday will be the Wolves' first road matches since competing at the Oredigger Classic in Golden, Colo., on Sept. 4 and 5.

## WESTERN WASHINGTON



- Western Washington enters their matches at Central Washington on Thursday and at Northwest Nazarene on Saturday riding an eight-match win streak. The Vikings won all four of their matches at the GNAC/PacWest Crossover and opened GNAC play with three-set sweeps of Saint Martin's on Thursday and Seattle Pacific on Saturday.
- The pair of victories allowed the Vikings to move up one spot to No. 15 in this week's AVCA Division II Coaches Poll. They opened the season ranked No. 24, moved up to No. 19 on Sept. 7 and to No. 16 on Sept. 14.
- Western Washington's has played five matches this season against nationally-ranked teams. The Vikings have a 3-2 record in those matches.
- Senior outside hitter **Rachel Roeder** repeated as the GNAC Volleyball Offensive Player of the Week after finishing with 28 kills and a .463 hitting percentage in the two matches last week. Her high water mark was on Saturday against Seattle Pacific when Roeder finished with 19 kills and a .581 hitting percentage. Roeder enters the week ranked sixth in the GNAC with 3.09 kills per set and eighth with a .295 hitting percentage.
- Freshman outside hitter **Abby Phelps** finished with 17 kills in the two matches and had nine kills and 10 digs against Seattle Pacific. Phelps enters the week ranked eighth in the GNAC with 3.03 kills per set.
- Senior opposite **Jennica McPherson** is ranked second in the GNAC in aces at 0.45 per set.
- The Vikings are ranked second in the GNAC in kills (13.12 per set) and are third in hitting percentage (.231), assists (12.18 per set), aces (1.59 per set) and digs (15.97 per set). Western Washington is ranked 42nd in Division II in blocks with 2.24 per set.
- Western Washington will play all of their 2015 home matches at Bellingham's Whatcom Community College while their on-campus arena, Carver Gymnasium, undergoes a two-year renovation.

# GNAC In Division II Statistics

## Top 50 Through Games Of Sept. 20, 2015

TEAM				INDIVIDUALS			
Category	Institution	Avg./Total	Rank	Category	Player	Avg./Total	Rank
Assists Per Set	Alaska Anchorage	12.97	20th	Assists Per Set	Morgan Hooe, UAA	11.19	21st
Blocks Per Set	Central Washington	3.17	2nd		Catie Fry, CWU	10.70	33rd
	Alaska Anchorage	2.67	7th	Attacks Per Set	Devon May, SFU	11.20	25th
	Northwest Nazarene	2.65	9th	Blocks Per Set	Sabrina Wheelhouse, CWU	1.47	6th
	Simon Fraser	2.51	17th		Kaitlin Quirk, CWU	1.39	8th
	Western Washington	2.24	42nd		Kayleigh Harper, WWU	1.26	22nd
Hitting Percentage	Alaska Anchorage	.283	8th		Erin Braun, UAA	1.22	32nd
	Central Washington	.249	25th		Madison Power, SFU	1.22	34th
Kills Per Set	Alaska Anchorage	14.00	16th		Tessa May, SFU	1.17	42nd
Win/Loss Pct.	Alaska Anchorage	1.000	1st	Digs Per Set	Allison McKay, SFU	5.44	32nd
	Western Washington	.800	36th		Christie Colasurdo, WOU	5.34	39th
Team Attacks Per Set	Simon Fraser	38.85	25th	Kills Per Set	Katelynn Zanders, UAA	4.19	22nd
Team Total Attacks	Simon Fraser	1,593	28th		Linden Firethorne, CWU	3.85	43rd
Team Total Blocks	Central Washington	104.5	7th	Points Per Set	Katelynn Zanders, UAA	4.85	18th
	Simon Fraser	103.0	8th	Total Assists	Morgan Hooe, UAA	321	25th
	Northwest Nazarene	98.0	12th	Total Attacks	Devon May, SFU	459	20th
	Alaska Anchorage	96.0	20th	Total Blocks	Madison Power, SFU	50	14th
					Tessa May, SFU	48	21st
					Sabrina Wheelhouse, CWU	47	24th
				Total Digs	Allison McKay, SFU	223	23rd
					Christie Colasurdo, WOU	219	28th

Online: [http://stats.ncaa.org/rankings/change\\_sport\\_year\\_div](http://stats.ncaa.org/rankings/change_sport_year_div)

## National & Regional Polls

### GNAC TEAMS IN THE AVCA NATIONAL POLL

National	UAA	CWU	NNU	WWU
Pre-Season	RV (57)	—	—	24th
Sept. 7	14th	—	RV (38)	19th
Sept. 14	12th	RV (27)	—	16th
Sept. 21	11th	RV (18)	—	15th
Sept. 28				
Oct. 5				
Oct. 12				
Oct. 19				
Oct. 26				
Nov. 2				
Nov. 9				
Nov. 16				
Nov. 23				
Final				

RV - Not ranked in top-25, but is among others receiving votes.

### AVCA DIVISION II COACHES TOP 25 POLL

as of Sept. 21, 2015

Rk	School (1st)	Pts.	Record	Prev.
1.	Minnesota Duluth (35)	1,178	9-1	3
2.	Ferris State (13)	1,131	10-0	14
3.	SW Minnesota St.	1,025	8-2	2
4.	Tampa	995	7-3	5
5.	Wayne State (Neb.)	946	9-1	8
6.	Central Missouri	913	12-1	6
7.	Washburn	896	11-0	7
8.	Concordia-St. Paul	886	6-3	3
9.	Florida Southern	821	10-0	19
10.	Wheeling Jesuit	757	10-3	10
11.	<b>Alaska Anchorage</b>	<b>725</b>	<b>10-0</b>	<b>12</b>
12.	Colorado School of Mines	678	8-2	11
13.	Rockhurst	654	11-1	13
14.	Nebraska Kearney	540	10-2	15
15.	<b>Western Washington</b>	<b>495</b>	<b>8-2</b>	<b>16</b>
16.	Palm Beach Atlantic	432	7-2	17
17.	Cal State San Bernadino	391	8-2	14
18.	Central Oklahoma	375	11-1	19
19.	Northern State	306	10-0	22
20.	West Florida	290	9-2	20
21.	Grand Valley State	267	6-4	18
22.	Augustana (S.D.)	144	8-2	25
22.	Winona State	144	7-2	NR
24.	Point Loma	119	6-3	24
25.	Cal State L.A.	87	10-1	NR

**Others Receiving Votes:** Sonoma State 55; Lewis 47; Angelo State 39; Saginaw Valley State 22; Minnesota State 20; UC San Diego 20; Hillsdale 19; Wingate 19; **Central Washington 18**; Cham-inade 18; California Baptist 16; Saint Leo 5; 13 teams mentioned on only one ballot for a total of 84 combined points.

[View Complete Poll Online](#)

# GNAC Team Statistics

<b>HITTING PERCENTAGE</b>						<b>SERVICE ACES</b>							
	<b>S</b>	<b>Kills</b>	<b>Errs</b>	<b>Total</b>	<b>Pct</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>
1. Alaska Anchorage	40	548	167	1310	.291	1. Concordia (Ore.)	34	61	1.79				
2. Central Washington	33	428	151	1111	.249	2. Alaska	38	68	1.79				
3. Western Washington	34	446	161	1233	.231	3. Western Washington	34	54	1.59				
4. Concordia (Ore.)	34	425	164	1152	.227	4. Alaska Anchorage	40	57	1.42				
5. Northwest Nazarene	37	441	199	1224	.198	5. MSU Billings	38	54	1.42				
6. Western Oregon	41	428	173	1340	.190	6. Seattle Pacific	34	47	1.38				
7. MSU Billings	38	443	238	1307	.157	7. Saint Martin's	26	32	1.23				
8. Simon Fraser	41	481	259	1593	.139	8. Western Oregon	41	50	1.22				
9. Seattle Pacific	34	367	205	1227	.132	9. Simon Fraser	41	49	1.20				
10. Alaska	38	391	232	1209	.132	10. Central Washington	33	36	1.09				
11. Saint Martin's	26	249	175	836	.089	11. Northwest Nazarene	37	26	0.70				

<b>OPPONENT HITTING PCT</b>						<b>DIGS</b>							
	<b>S</b>	<b>Kills</b>	<b>Errs</b>	<b>Total</b>	<b>Pct</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>
1. Concordia (Ore.)	34	338	212	1200	.105	1. Concordia (Ore.)	34	571	16.79				
2. Alaska Anchorage	40	435	246	1352	.140	2. Simon Fraser	41	684	16.68				
3. Simon Fraser	41	524	272	1612	.156	3. Western Washington	34	543	15.97				
4. Western Washington	34	434	205	1304	.176	4. Alaska Anchorage	40	586	14.65				
5. Central Washington	33	440	216	1186	.189	5. Seattle Pacific	34	484	14.24				
6. Northwest Nazarene	37	462	214	1282	.193	6. MSU Billings	38	531	13.97				
7. Western Oregon	41	541	227	1410	.223	7. Northwest Nazarene	37	514	13.89				
8. Seattle Pacific	34	458	176	1207	.234	8. Western Oregon	41	566	13.80				
9. MSU Billings	38	507	188	1307	.244	9. Central Washington	33	437	13.24				
10. Saint Martin's	26	315	112	797	.255	10. Saint Martin's	26	306	11.77				
11. Alaska	38	457	161	1106	.268	11. Alaska	38	433	11.39				

<b>KILLS</b>					<b>BLOCKS</b>				
	<b>S</b>	<b>No.</b>	<b>Avg/S</b>		<b>S</b>	<b>Solo</b>	<b>Asst</b>	<b>Total</b>	<b>Avg/S</b>
1. Alaska Anchorage	40	548	13.70	1. Central Washington	33	22	165	104.5	3.17
2. Western Washington	34	446	13.12	2. Northwest Nazarene	37	21	154	98.0	2.65
3. Central Washington	33	428	12.97	3. Alaska Anchorage	40	27	156	105.0	2.62
4. Concordia (Ore.)	34	425	12.50	4. Simon Fraser	41	15	176	103.0	2.51
5. Northwest Nazarene	37	441	11.92	5. Western Washington	34	13	126	76.0	2.24
6. Simon Fraser	41	481	11.73	6. Concordia (Ore.)	34	13	117	71.5	2.10
7. MSU Billings	38	443	11.66	7. Seattle Pacific	34	17	84	59.0	1.74
8. Seattle Pacific	34	367	10.79	8. Saint Martin's	26	8	68	42.0	1.62
9. Western Oregon	41	428	10.44	9. MSU Billings	38	10	94	57.0	1.50
10. Alaska	38	391	10.29	10. Western Oregon	41	19	78	58.0	1.41
11. Saint Martin's	26	249	9.58	11. Alaska	38	9	68	43.0	1.13

<b>ASSISTS</b>			
	<b>S</b>	<b>No.</b>	<b>Avg/S</b>
1. Alaska Anchorage	40	511	12.77
2. Central Washington	33	406	12.30
3. Western Washington	34	414	12.18
4. Concordia (Ore.)	34	393	11.56
5. Northwest Nazarene	37	414	11.19
6. Simon Fraser	41	458	11.17
7. MSU Billings	38	412	10.84
8. Seattle Pacific	34	332	9.76
9. Alaska	38	369	9.71
10. Western Oregon	41	390	9.51
11. Saint Martin's	26	232	8.92

# GNAC Individual Statistics

HITTING PERCENTAGE							SERVICE ACES								
Rank	Name	Team	CI	S	Kills	Errs	Total	Pct	Rank	Name	Team	CI	S	No.	Avg/S
1.	Wheelhouse,Sabrina	CWU	SO	32	61	17	122	.361	1.	Podowicz,Riley	UAF	SO	38	18	0.47
2.	Blankinship,Sydney	WOU	SO	34	48	11	103	.359	2.	McPherson,Jennica	WWU	SR	33	15	0.45
3.	Mackey,Julia	UAA	SR	40	128	30	276	.355	3.	Zanders,Katelynn	UAA	SR	40	17	0.43
4.	Farrell,Madi	NNU	SO	37	83	24	167	.353	4.	Grieser,Miranda	UAF	SR	38	16	0.42
5.	Quirk,Kaitlin	CWU	SR	33	77	24	170	.312	5.	Short,Amanda	WOU	FR	41	17	0.41
6.	May,Tessa	SFU	FR	41	93	21	231	.312	6.	Boesel,Brette	WWU	FR	34	14	0.41
7.	Swiss,Leah	UAA	FR	40	102	23	256	.309	7.	Williams,Kyndal	MSUB	SR	38	15	0.39
8.	Roeder,Rachel	WWU	SR	34	105	27	264	.295	8.	Dorsey,Lindsey	CU	SO	34	13	0.38
9.	Dorsey,Lindsey	CU	SO	34	92	31	212	.288		McConnell,Miranda	MSUB	FR	34	13	0.38
10.	Goringe,Amanda	CU	JR	25	39	10	101	.287	10.	Taylor,Jenessa	CU	JR	34	12	0.35
11.	Hanson,Caitlin	UAA	SR	40	62	22	141	.284							
12.	Braun,Erin	UAA	JR	40	51	15	129	.279							
13.	Ward,Ashlynn	MSUB	JR	38	118	34	310	.271							
14.	Firethorne,Linden	CWU	SR	33	127	41	320	.269							
15.	McPherson,Jennica	WWU	SR	33	55	21	140	.243							
16.	Phelps,Abby	WWU	FR	34	103	27	319	.238							
17.	Zanders,Katelynn	UAA	SR	40	167	71	408	.235							
18.	Crespi,Shaun	SPU	FR	26	43	18	111	.225							
19.	Buckner,Joellee	WWU	SO	34	84	32	233	.223							
20.	Barnette,Colby	CU	SO	34	71	30	185	.222							

KILLS			S	No.	Avg/S	
Rank	Name	Team	CI	S	No.	Avg/S
1.	Zanders,Katelynn	UAA	SR	40	167	4.18
2.	Firethorne,Linden	CWU	SR	33	127	3.85
3.	Harthun,Sam	UAF	SR	38	127	3.34
4.	Mackey,Julia	UAA	SR	40	128	3.20
5.	Ward,Ashlynn	MSUB	JR	38	118	3.11
6.	Roeder,Rachel	WWU	SR	34	105	3.09
7.	May,Devon	SFU	JR	41	126	3.07
8.	Phelps,Abby	WWU	FR	34	103	3.03
9.	Lautenbach,Hannah	SPU	SO	34	98	2.88
10.	Bodine,Kendra	NNU	SO	37	105	2.84

ASSISTS			S	No.	Avg/S	
Rank	Name	Team	CI	S	No.	Avg/S
1.	Hooe,Morgan	UAA	JR	40	436	10.90
2.	Fry,Catie	CWU	JR	33	353	10.70
3.	Taylor,Jenessa	CU	JR	34	351	10.32
4.	Cook,Hailey	NNU	SO	37	373	10.08
5.	Williams,Kyndal	MSUB	SR	38	363	9.55
6.	Tran,Symone	SPU	FR	34	289	8.50
7.	Holt,Leila	WOU	FR	24	177	7.38
8.	Machiz,Maddie	WOU	FR	26	167	6.42
9.	Boesel,Brette	WWU	FR	34	215	6.32
10.	Fenton,Cassandra	SMU	FR	26	164	6.31

DIGS			S	No.	Avg/S	
Rank	Name	Team	CI	S	No.	Avg/S
1.	Gritsch,Shantel	CU	SR	34	199	5.85
2.	McKay,Alison	SFU	JR	41	224	5.46
3.	Colasurdo,Christie	WOU	JR	41	219	5.34
4.	Wiekamp,Breanne	SPU	SR	34	160	4.71
5.	Phillips,Linnea	NNU	SR	37	172	4.65
6.	Milner,Lindsey	CWU	JR	33	142	4.30
7.	Militante-Amper,Kyla	UAA	FR	37	152	4.11
8.	Colon,Elizabeth	SMU	FR	21	83	3.95
9.	Larson,Bryce	WWU	JR	34	134	3.94
10.	Kirk,Kimmy	MSUB	JR	38	147	3.87

BLOCKS			S	Solo	Asst	Total	Avg/S	
Rank	Name	Team	CI	S	Solo	Asst	Total	Avg/S
1.	Wheelhouse,Sabrina	CWU	SO	32	12	35	47.0	1.47
2.	Quirk,Kaitlin	CWU	SR	33	2	44	46.0	1.39
3.	Harper,Kayleigh	WWU	FR	34	6	37	43.0	1.26
4.	Power,Madison	SFU	SO	41	2	48	50.0	1.22
5.	Barnette,Colby	CU	SO	34	3	38	41.0	1.21
6.	Braun,Erin	UAA	JR	40	5	42	47.0	1.17
7.	May,Tessa	SFU	FR	41	8	40	48.0	1.17
8.	Farrell,Madi	NNU	SO	37	7	35	42.0	1.14
9.	Caywood,Jenna	NNU	SR	37	3	38	41.0	1.11
10.	Hanson,Caitlin	UAA	SR	40	6	35	41.0	1.02

POINTS			S	K	SA	BS	BA	Pts	Avg/S	
Rank	Name	Team	CI	S	K	SA	BS	BA	Pts	Avg/S
1.	Zanders,Katelynn	UAA	SR	40	167	17	5	13	195.5	4.89
2.	Firethorne,Linden	CWU	SR	33	127	5	0	17	140.5	4.26
3.	Mackey,Julia	UAA	SR	40	128	8	3	25	151.5	3.79
4.	Harthun,Sam	UAF	SR	38	127	8	2	7	140.5	3.70
5.	May,Devon	SFU	JR	41	126	13	0	16	147.0	3.59
6.	Phelps,Abby	WWU	FR	34	103	8	1	17	120.5	3.54
7.	Ward,Ashlynn	MSUB	JR	38	118	0	4	12	128.0	3.37
8.	Dorsey,Lindsey	CU	SO	34	92	13	2	14	114.0	3.35
9.	Roeder,Rachel	WWU	SR	34	105	0	1	14	113.0	3.32
10.	Lautenbach,Hannah	SPU	SO	34	98	4	1	17	111.5	3.28



# GNAC 2015 Individual Single Match Highs

## HITTING PERCENTAGE (K-E-TA) minimum 12 kills

.667 (14- 2-18) 4s McConnell,Miranda (MSU Billings) vs Academy of Art (09/10/15)  
 .625 (12- 2-16) 4s Wheelhouse,Sabrina (Central Washington) vs Northwest Nazarene (09/14/15)  
 .611 (12- 1-18) 4s Farrell,Madi (Northwest Nazarene) at Central Washington (09/14/15)  
 .600 (13- 1-20) 4s Weg,Madison (Central Washington) vs Northwest Nazarene (09/14/15)  
 .600 (15- 0-25) 3s Firethorne,Linden (Central Washington) vs BYU-Hawaii (09/12/15)  
 .600 (12- 0-20) 3s Mackey,Julia (Alaska Anchorage) vs Cal Poly Pomona (09/05/15)  
 .591 (13- 0-22) 3s Ward,Ashlynn (MSU Billings) vs Northwest Nazarene (09/19/15)  
 .581 (19- 1-31) 3s Roeder,Rachel (Western Washington) vs Seattle Pacific (09/19/15)  
 .579 (12- 1-19) 4s Wheelhouse,Sabrina (Central Washington) vs Dixie State (09/11/15)  
 .560 (15- 1-25) 5s Quirk,Kaitlin (Central Washington) vs Point Loma (09/10/15)  
 .548 (19- 2-31) 3s Bodine,Kendra (Northwest Nazarene) at MSU Billings (09/19/15)  
 .517 (17- 2-29) 3s Zanders,Katelynn (Alaska Anchorage) vs Fresno Pacific (09/10/15)  
 .517 (17- 2-29) 3s Mackey,Julia (Alaska Anchorage) vs Dixie State (09/12/15)  
 .500 (13- 1-24) 3s Huwe,Brenna (Concordia (Ore.)) vs Quincy (Ill.) (09/04/15)  
 .500 (18- 2-32) 4s Ward,Ashlynn (MSU Billings) vs Academy of Art (09/10/15)  
 .478 (13- 2-23) 4s Mackey,Julia (Alaska Anchorage) at Alaska (09/22/15)  
 .468 (22- 0-47) 4s Bettinson,Alisha (Western Oregon) vs Adelphi (09/10/15)  
 .455 (12- 2-22) 3s Jennings,Emma (Simon Fraser) vs Academy of Art (09/12/15)  
 .435 (13- 3-23) 4s Biondi,Lexi (Seattle Pacific) at Cal State LA (09/05/15)  
 .425 (22- 5-40) 4s Zanders,Katelynn (Alaska Anchorage) at Western Oregon (09/17/15)

## KILLS (K-E-TA)

25 (25- 8-72) 5s Biondi,Lexi (Seattle Pacific) at Simon Fraser (09/17/15)  
 23 (23- 4-58) 5s Ward,Ashlynn (MSU Billings) at Academy of Art (09/04/15)  
 22 (22- 0-47) 4s Bettinson,Alisha (Western Oregon) vs Adelphi (09/10/15)  
 22 (22- 5-40) 4s Zanders,Katelynn (Alaska Anchorage) at Western Oregon (09/17/15)  
 21 (21-10-54) 5s Rice,Elayna (Northwest Nazarene) at Colorado Mines (09/04/15)  
 21 (21-10-64) 4s Zanders,Katelynn (Alaska Anchorage) vs Rockhurst (09/04/15)  
 21 (21- 7-66) 5s May,Devon (Simon Fraser) at BYU-Hawaii (09/03/15)  
 21 (21- 4-47) 5s Ward,Ashlynn (MSU Billings) vs Holy Names (09/05/15)  
 19 (19- 2-31) 3s Bodine,Kendra (Northwest Nazarene) at MSU Billings (09/19/15)  
 19 (19- 6-47) 5s Zanders,Katelynn (Alaska Anchorage) vs BYU-Hawaii (09/11/15)  
 19 (19- 8-44) 4s Harthun,Sam (Alaska) vs St. Mary's (Tex) (09/05/15)  
 19 (19- 2-47) 4s Mackey,Julia (Alaska Anchorage) vs Rockhurst (09/04/15)  
 19 (19- 5-50) 5s Lautenbach,Hannah (Seattle Pacific) at Simon Fraser (09/17/15)  
 19 (19- 4-44) 5s Jibby,Ashley (Concordia (Ore.)) vs Chico St. (09/12/15)  
 19 (19- 1-31) 3s Roeder,Rachel (Western Washington) vs Seattle Pacific (09/19/15)  
 18 (18- 4-54) 5s Howlett,Christine (Simon Fraser) vs Seattle Pacific (09/17/15)  
 18 (18- 4-41) 5s Bodine,Kendra (Northwest Nazarene) at CSU San Bernardino (09/04/05)  
 18 (18-10-67) 5s May,Devon (Simon Fraser) vs Hawaii Pacific (09/10/15)  
 18 (18- 2-32) 4s Ward,Ashlynn (MSU Billings) vs Academy of Art (09/10/15)  
 17 (17- 3-59) 5s Bettinson,Alisha (Western Oregon) vs Notre Dame de Namur (09/12/15)

## TOTAL ATTEMPTS (K-E-TA)

72 (25- 8-72) 5s Biondi,Lexi (Seattle Pacific) at Simon Fraser (09/17/15)  
 67 (18-10-67) 5s May,Devon (Simon Fraser) vs Hawaii Pacific (09/10/15)  
 66 (17- 8-66) 5s May,Devon (Simon Fraser) vs Seattle Pacific (09/17/15)  
 66 (21- 7-66) 5s May,Devon (Simon Fraser) at BYU-Hawaii (09/03/15)  
 64 (21-10-64) 4s Zanders,Katelynn (Alaska Anchorage) vs Rockhurst (09/04/15)  
 60 ( 9- 9-60) 5s Bettinson,Alisha (Western Oregon) vs Wis.-Parkside (09/11/15)  
 59 (17- 3-59) 5s Bettinson,Alisha (Western Oregon) vs Notre Dame de Namur (09/12/15)  
 58 (17- 8-58) 5s Jennings,Emma (Simon Fraser) at Chaminade (09/03/15)  
 58 (23- 4-58) 5s Ward,Ashlynn (MSU Billings) at Academy of Art (09/04/15)  
 57 (14-10-57) 5s May,Devon (Simon Fraser) at Chaminade (09/03/15)  
 55 (16- 7-55) 5s Firethorne,Linden (Central Washington) vs Point Loma (09/10/15)  
 54 (18- 4-54) 5s Howlett,Christine (Simon Fraser) vs Seattle Pacific (09/17/15)  
 54 (21-10-54) 5s Rice,Elayna (Northwest Nazarene) at Colorado Mines (09/04/15)  
 50 (19- 5-50) 5s Lautenbach,Hannah (Seattle Pacific) at Simon Fraser (09/17/15)  
 50 (15-15-50) 5s Rice,Elayna (Northwest Nazarene) at CSU San Bernardino (09/04/05)  
 49 (14- 9-49) 4s Huwe,Brenna (Concordia (Ore.)) at Grand Valley State (09/04/15)  
 49 (14- 4-49) 5s Phelps,Abby (Western Washington) vs Minnesota-Duluth (09/05/15)  
 48 (11-11-48) 3s Biondi,Lexi (Seattle Pacific) at Western Washington (09/19/15)  
 48 (14- 4-48) 5s Howlett,Christine (Simon Fraser) vs Hawaii Pacific (09/10/15)  
 47 ( 9- 9-47) 5s May,Devon (Simon Fraser) at Humboldt State (09/05/15)

## ASSISTS

57 (5s) Machiz,Maddie (Western Oregon) vs Notre Dame de Namur (09/12/15)  
 55 (4s) Hooe,Morgan (Alaska Anchorage) at Western Oregon (09/17/15)  
 55 (4s) Hooe,Morgan (Alaska Anchorage) vs Rockhurst (09/04/15)  
 53 (5s) Fry,Catie (Central Washington) vs Point Loma (09/10/15)  
 51 (5s) Williams,Kyndal (MSU Billings) at Academy of Art (09/04/15)  
 51 (5s) Tran,Symone (Seattle Pacific) at Simon Fraser (09/17/15)  
 51 (5s) Cook,Hailey (Northwest Nazarene) at CSU San Bernardino (09/04/05)  
 50 (5s) Taylor,Jenessa (Concordia (Ore.)) vs Chico St. (09/12/15)  
 50 (5s) Nipp,Tamara (Simon Fraser) at BYU-Hawaii (09/03/15)  
 49 (5s) Williams,Kyndal (MSU Billings) vs Holy Names (09/05/15)

## DIGS

35 (5s) Wiekamp,Breanne (Seattle Pacific) at Simon Fraser (09/17/15)  
 34 (5s) McKay,Alison (Simon Fraser) vs Hawaii Pacific (09/10/15)  
 33 (5s) McKay,Alison (Simon Fraser) at BYU-Hawaii (09/03/15)  
 32 (4s) Phillips,Linnea (Northwest Nazarene) vs Colorado Christian (09/05/15)  
 32 (4s) Gritsch,Shantel (Concordia (Ore.)) at Grand Valley State (09/04/15)  
 30 (5s) Colasurdo,Christie (Western Oregon) vs Wis.-Parkside (09/11/15)  
 30 (5s) Gritsch,Shantel (Concordia (Ore.)) vs Chico St. (09/12/15)  
 29 (5s) Colasurdo,Christie (Western Oregon) vs Notre Dame de Namur (09/12/15)  
 29 (5s) McKay,Alison (Simon Fraser) vs Seattle Pacific (09/17/15)  
 27 (3s) Colasurdo,Christie (Western Oregon) vs Lewis & Clark (09/08/15)

## ACES

6 (5s) Sherman,Taylor (MSU Billings) at Academy of Art (09/04/15)  
 6 (4s) McPherson,Jennica (Western Washington) vs BYU-Hawaii (09/11/15)  
 5 (4s) Short,Amanda (Western Oregon) vs Adelphi (09/10/15)  
 5 (3s) Short,Amanda (Western Oregon) vs Lewis & Clark (09/08/15)  
 5 (4s) May,Devon (Simon Fraser) at Hawaii Pacific (09/05/15)  
 5 (4s) Zanders,Katelynn (Alaska Anchorage) at Alaska (09/22/15)  
 5 (5s) McConnell,Miranda (MSU Billings) at Academy of Art (09/04/15)  
 4 (5s) Olsen,Meagan (Alaska) vs Minot State (09/04/15)  
 4 (5s) LimasDeLaCruz,Sheila (Western Oregon) vs Wis.-Parkside (09/11/15)  
 4 (3s) Wiekamp,Breanne (Seattle Pacific) vs Molloy (09/04/15)

## BLOCKS (BS-BA)

10 ( 2- 8) 5s Caywood,Jenna (Northwest Nazarene) at CSU San Bernardino (09/04/05)  
 10 ( 1- 9) 5s Harper,Kayleigh (Western Washington) vs Minnesota-Duluth (09/05/15)  
 10 ( 0-10) 5s Power,Madison (Simon Fraser) vs Seattle Pacific (09/17/15)  
 9 ( 2- 7) 3s Power,Madison (Simon Fraser) vs Saint Martin's (09/19/15)  
 9 ( 1- 8) 4s Quirk,Kaitlin (Central Washington) at Palm Beach Atlantic (09/05/15)  
 9 ( 1- 8) 3s Braun,Erin (Alaska Anchorage) vs Nebraska Kearney (09/04/15)  
 8 ( 4- 4) 5s Wheelhouse,Sabrina (Central Washington) vs Point Loma (09/10/15)  
 8 ( 3- 5) 5s Kelsey,Paige (Western Oregon) vs Notre Dame de Namur (09/12/15)  
 8 ( 1- 7) 5s Caywood,Jenna (Northwest Nazarene) at Colorado Mines (09/04/15)  
 8 ( 1- 7) 4s Quirk,Kaitlin (Central Washington) vs Dixie State (09/11/15)  
 8 ( 1- 7) 4s Harper,Kayleigh (Western Washington) vs BYU-Hawaii (09/11/15)  
 8 ( 0- 8) 4s Wheelhouse,Sabrina (Central Washington) at Winona State (09/04/15)  
 8 ( 0- 8) 5s May,Tessa (Simon Fraser) at Humboldt State (09/05/15)  
 8 ( 0- 8) 3s Barnette,Coby (Concordia (Ore.)) vs Alaska (09/17/15)  
 7 ( 3- 4) 4s Swiss,Leah (Alaska Anchorage) vs Rockhurst (09/04/15)  
 7 ( 2- 5) 3s Rice,Elayna (Northwest Nazarene) vs Fresno Pacific (09/12/15)  
 7 ( 1- 6) 3s Wheelhouse,Sabrina (Central Washington) vs BYU-Hawaii (09/12/15)  
 7 ( 1- 6) 3s Harper,Kayleigh (Western Washington) vs Seattle Pacific (09/19/15)  
 7 ( 1- 6) 4s Wheelhouse,Sabrina (Central Washington) vs Northwest Nazarene (09/14/15)  
 7 ( 0- 7) 4s Weg,Madison (Central Washington) at Winona State (09/04/15)

# GNAC 2015 Team Single Match Highs

## HITTING PERCENTAGE (K-E-TA)

.410 (43-11- 78) 3s	Seattle Pacific vs Molloy (09/04/15)
.410 (44-10- 83) 4s	Alaska Anchorage at Alaska (09/22/15)
.402 (41- 8- 82) 3s	Alaska Anchorage vs Fresno Pacific (09/10/15)
.398 (42- 7- 88) 3s	Northwest Nazarene vs Fresno Pacific (09/12/15)
.390 (49-10-100) 3s	Alaska Anchorage vs Dixie State (09/12/15)
.379 (46-10- 95) 3s	Northwest Nazarene at MSU Billings (09/19/15)
.354 (44- 9- 99) 3s	Concordia (Ore.) vs Quincy (Ill.) (09/04/15)
.350 (45-10-100) 3s	Alaska Anchorage vs Cal Poly Pomona (09/05/15)
.347 (42- 8- 98) 3s	Central Washington at MSU Billings (09/17/15)
.345 (37- 8- 84) 3s	Northwest Nazarene vs BYU-Hawaii (09/10/15)
.337 (35- 7- 83) 3s	Central Washington vs BYU-Hawaii (09/12/15)
.337 (41- 6-104) 3s	Western Washington vs Point Loma (09/12/15)
.325 (49-11-117) 4s	Western Washington vs BYU-Hawaii (09/11/15)
.317 (52-12-126) 4s	Alaska Anchorage vs Point Loma (09/11/15)
.317 (61-15-145) 5s	Alaska Anchorage vs BYU-Hawaii (09/11/15)
.316 (43-13- 95) 3s	Alaska Anchorage vs Nebraska Kearney (09/04/15)
.304 (31-10- 69) 3s	Concordia (Ore.) at Daemen (09/05/15)
.304 (50-15-115) 3s	Western Washington vs Seattle Pacific (09/19/15)
.302 (38- 9- 96) 3s	Western Oregon vs Alaska (09/19/15)
.295 (34-11- 78) 3s	Concordia (Ore.) vs Wis.-Parkside (09/10/15)

## KILLS (K-E-TA)

67 (67-31-229) 5s	Simon Fraser vs Hawaii Pacific (09/10/15)
66 (66-22-178) 5s	Central Washington vs Point Loma (09/10/15)
64 (64-28-214) 5s	Simon Fraser vs Seattle Pacific (09/17/15)
64 (64-23-188) 4s	Alaska Anchorage vs Rockhurst (09/04/15)
62 (62-15-178) 5s	Western Oregon vs Notre Dame de Namur (09/12/15)
62 (62-30-215) 5s	Seattle Pacific at Simon Fraser (09/17/15)
61 (61-21-143) 4s	Alaska Anchorage at Western Oregon (09/17/15)
61 (61-15-145) 5s	Alaska Anchorage vs BYU-Hawaii (09/11/15)
60 (60-27-160) 5s	MSU Billings at Academy of Art (09/04/15)
58 (58-19-138) 4s	Central Washington vs Northwest Nazarene (09/14/15)
58 (58-29-158) 4s	Concordia (Ore.) at Ohio Dominican (09/05/15)
58 (58-33-158) 5s	Northwest Nazarene at CSU San Bernardino (09/04/05)
57 (57-36-167) 5s	MSU Billings vs Holy Names (09/05/15)
57 (57-20-137) 4s	MSU Billings vs Academy of Art (09/10/15)
57 (57-19-164) 5s	Concordia (Ore.) vs Chico St. (09/12/15)
56 (56-33-177) 5s	Northwest Nazarene at Colorado Mines (09/04/15)
56 (56-28-200) 5s	Simon Fraser at BYU-Hawaii (09/03/15)
55 (55-33-181) 5s	Simon Fraser at Humboldt State (09/05/15)
54 (54-27-156) 5s	MSU Billings at Cal State East Bay (09/05/15)
53 (53-27-146) 4s	Simon Fraser at Hawaii Pacific (09/05/15)

## TOTAL ATTEMPTS (K-E-TA)

229 (67-31-229) 5s	Simon Fraser vs Hawaii Pacific (09/10/15)
215 (62-30-215) 5s	Seattle Pacific at Simon Fraser (09/17/15)
214 (64-28-214) 5s	Simon Fraser vs Seattle Pacific (09/17/15)
200 (56-28-200) 5s	Simon Fraser at BYU-Hawaii (09/03/15)
188 (53-30-188) 5s	Simon Fraser at Chaminade (09/03/15)
188 (64-23-188) 4s	Alaska Anchorage vs Rockhurst (09/04/15)
181 (55-33-181) 5s	Simon Fraser at Humboldt State (09/05/15)
178 (62-15-178) 5s	Western Oregon vs Notre Dame de Namur (09/12/15)
178 (66-22-178) 5s	Central Washington vs Point Loma (09/10/15)
177 (56-33-177) 5s	Northwest Nazarene at Colorado Mines (09/04/15)
172 (43-21-172) 5s	Western Oregon vs Wis.-Parkside (09/11/15)
167 (57-36-167) 5s	MSU Billings vs Holy Names (09/05/15)
166 (53-25-166) 4s	Northwest Nazarene vs Colorado Christian (09/05/15)
166 (53-24-166) 5s	Western Washington vs Minnesota-Duluth (09/05/15)
164 (57-19-164) 5s	Concordia (Ore.) vs Chico St. (09/12/15)
163 (49-28-163) 4s	Concordia (Ore.) at Grand Valley State (09/04/15)
160 (60-27-160) 5s	MSU Billings at Academy of Art (09/04/15)
158 (58-33-158) 5s	Northwest Nazarene at CSU San Bernardino (09/04/05)
158 (58-29-158) 4s	Concordia (Ore.) at Ohio Dominican (09/05/15)
156 (54-27-156) 5s	MSU Billings at Cal State East Bay (09/05/15)

## ASSISTS

62 (5s)	Simon Fraser vs Seattle Pacific (09/17/15)
62 (5s)	Simon Fraser vs Hawaii Pacific (09/10/15)
61 (4s)	Alaska Anchorage vs Rockhurst (09/04/15)
60 (5s)	Central Washington vs Point Loma (09/10/15)
60 (5s)	Western Oregon vs Notre Dame de Namur (09/12/15)
59 (5s)	Seattle Pacific at Simon Fraser (09/17/15)
58 (5s)	MSU Billings at Academy of Art (09/04/15)
58 (4s)	Alaska Anchorage at Western Oregon (09/17/15)
55 (4s)	MSU Billings vs Academy of Art (09/10/15)
55 (5s)	Alaska Anchorage vs BYU-Hawaii (09/11/15)

## DIGS

110 (5s)	Simon Fraser vs Hawaii Pacific (09/10/15)
108 (5s)	Simon Fraser vs Seattle Pacific (09/17/15)
101 (5s)	Seattle Pacific at Simon Fraser (09/17/15)
95 (4s)	Concordia (Ore.) at Grand Valley State (09/04/15)
93 (4s)	Alaska Anchorage vs Rockhurst (09/04/15)
84 (5s)	Western Oregon vs Notre Dame de Namur (09/12/15)
84 (4s)	Concordia (Ore.) at Ohio Dominican (09/05/15)
79 (5s)	Simon Fraser at BYU-Hawaii (09/03/15)
78 (5s)	MSU Billings vs Holy Names (09/05/15)
77 (4s)	Western Washington vs Fresno Pacific (09/10/15)

## ACES

17 (5s)	MSU Billings at Academy of Art (09/04/15)
13 (5s)	Alaska vs Saint Joseph's (09/05/15)
12 (4s)	Seattle Pacific vs Academy of Art (09/11/15)
11 (5s)	Alaska vs Minot State (09/04/15)
10 (4s)	Central Washington vs Dixie State (09/11/15)
9 (3s)	Seattle Pacific vs Molloy (09/04/15)
9 (4s)	Alaska vs St. Mary's (Tex) (09/05/15)
9 (3s)	Western Oregon vs Lewis & Clark (09/08/15)
9 (4s)	Alaska vs Azusa Pacific (09/12/15)
9 (4s)	Saint Martin's at Chaminade (09/04/15)

## BLOCKS

16.0 (4s)	Central Washington at Palm Beach Atlantic (09/05/15)
16.0 (5s)	Northwest Nazarene at CSU San Bernardino (09/04/05)
16.0 (5s)	Northwest Nazarene at Colorado Mines (09/04/15)
15.0 (5s)	Western Washington vs Minnesota-Duluth (09/05/15)
15.0 (4s)	Alaska Anchorage vs Rockhurst (09/04/15)
14.0 (4s)	Central Washington vs Dixie State (09/11/15)
14.0 (5s)	Simon Fraser vs Seattle Pacific (09/17/15)
13.0 (3s)	Central Washington vs BYU-Hawaii (09/12/15)
13.0 (5s)	Simon Fraser at Chaminade (09/03/15)
13.0 (4s)	Northwest Nazarene at Central Washington (09/14/15)
13.0 (3s)	Simon Fraser vs Saint Martin's (09/19/15)
13.0 (3s)	Alaska Anchorage vs Nebraska Kearney (09/04/15)
13.0 (5s)	Alaska Anchorage vs BYU-Hawaii (09/11/15)
13.0 (4s)	Central Washington at Winona State (09/04/15)
13.0 (5s)	Western Oregon vs Notre Dame de Namur (09/12/15)
13.0 (4s)	Western Washington vs BYU-Hawaii (09/11/15)
12.5 (5s)	Central Washington vs Point Loma (09/10/15)
12.0 (5s)	Simon Fraser at BYU-Hawaii (09/03/15)
12.0 (3s)	Concordia (Ore.) vs Alaska (09/17/15)
12.0 (5s)	Concordia (Ore.) vs Chico St. (09/12/15)