



## Great Northwest Athletic Conference

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### 2013 Volleyball Report No. 12 (Nov. 13, 2013)

	Conf.		All		H	A	N
	W	L	W	L			
Western Washington	12	2	19	3	6-2	6-1	7-0
Alaska Anchorage	12	2	18	8	9-3	8-3	1-2
Northwest Nazarene	11	4	15	6	4-2	8-3	3-1
Central Washington	9	6	13	10	5-2	5-5	3-3
Seattle Pacific	8	6	12	10	4-3	5-4	3-3
Western Oregon	6	8	9	15	6-7	3-4	0-4
Simon Fraser	5	9	10	10	9-5	1-5	0-0
Saint Martin's	3	11	7	19	3-6	3-8	1-5
Alaska Fairbanks	3	11	4	21	2-8	2-11	0-2
MSU Billings	2	12	5	18	3-5	0-9	2-4

**LAST WEEK: Thursday** – Central Washington 2 at MSU Billings 3 (24-26, 26-24, 20-25, 25-21, 18-16); Northwest Nazarene 3 at Seattle Pacific 1 (18-25, 25-21, 31-29, 25-23); Saint Martin's 0 at Simon Fraser 3 (25-21, 25-13, 25-15); Western Oregon 0 at Western Washington 3 (25-21, 25-17, 27-25). **Saturday** – Alaska Fairbanks 1 at Alaska Anchorage 3 (25-23, 25-21, 23-25, 28-26); Central Washington 3 at Seattle Pacific 0 (25-23, 25-17, 28-26); Northwest Nazarene 3 at MSU Billings 1 (25-22, 25-20, 18-25, 25-20); Saint Martin's 0 at Western Washington 3 (25-14, 25-13, 25-22); Western Oregon 3 at Simon Fraser 2 (25-21, 22-25, 23-25, 25-23, 15-12).

**THIS WEEK: Thursday** – Western Washington at Alaska Anchorage; Simon Fraser at Alaska Fairbanks; MSU Billings at Western Oregon; Seattle Pacific at Saint Martin's. **Saturday** – Simon Fraser at Alaska Anchorage; Western Washington at Alaska Fairbanks; Central Washington at Northwest Nazarene; MSU Billings at Saint Martin's (at Black Hills HS); Seattle Pacific at Western Oregon.

**NEXT WEEK: Thursday** – Alaska Anchorage at MSU Billings; Alaska Fairbanks at Seattle Pacific; Saint Martin's at Central Washington; Western Oregon at Northwest Nazarene; Western Washington at Simon Fraser. **Saturday** – Alaska Anchorage at Seattle Pacific; Alaska Fairbanks at MSU Billings; Western Oregon at Central Washington; Saint Martin's at Northwest Nazarene, 7:30 p.m.; Simon Fraser at Western Washington.

**NCAA NATIONAL STATISTICS (Through Nov. 10): Individuals (Top 30):** Points – 9. Sam Harthun, UAF, 4.82; 26. Kayla Erickson, WWU, 4.39. Kills – 10. Sam Harthun, UAF, 4.33. Hitting Percentage – 4. Kayla Erickson, WWU, .392. Assists – 9. Taylor Dillard, WWU, 11.67; 30. Catie Fry, CWU, 10.63. Blocks – 12. Nikki Lowell, SPU, 1.30; 15. Jodi Huddleston, UAA, 1.28; 16. Andrea Terpstra, NNU, 1.27; 22. Kayla Erickson, WWU, 1.22; 28. Becky Blee, WOU, 1.13. Digs – 2. Samantha Hutchinson, WWU, 6.93; 19. Kaely Kight, CWU, 5.47. **Team (Top 30):** Kills – 15. Western Washington 14.04. Hitting Percentage – 9. Western Washington .269. Assists – 13. Western Washington 13.10. Blocks – 6. Seattle Pacific 2.59; 23. Northwest Nazarene 2.32; 25. Alaska Anchorage 2.32. Digs – 8. Western Washington 18.96.

**POLLS: AVCA (Nov. 11)** – 10. Western Washington; 37. Alaska Anchorage. **NCAA West Regional (Nov. 13)** – 1. UC San Diego (22-3); 2. BYU-Hawaii (23-1); 3. CSU San Bernardino (20-5); 4. Sonoma State (21-5); 5. Western Washington (19-3); 6. Central Washington (13-10); 7. Cal Baptist (17-9); 8. Dixie State (16-8); 9. Alaska Anchorage (18-8); 10. Northwest Nazarene (15-6). (Note: Records are versus Division II opponents)

**ALL-TOURNAMENT: CSU San Bernardino Coyote Classic (Sept. 6-7)** – Nikki Lowell, SPU; Catie Fry, CWU. **Point Loma Nazarene (Sept. 6-7)** – Chelsey Walter, MSUB. **UAA Spring Hills Suite (Sept. 5-7)** – Julia Mackey, UAA; Jodi Huddleston, UAA; Quinn Barker, UAA. **Alaska Nanook Classic (Sept. 6-7)** – Sam Harthun, UAF. **Sonoma State (Sept. 13-14)** – Kayla Erickson, WWU; Emily Boerger, WWU.

**RED LION PLAYERS OF THE WEEK: Offense** – Monica Grimsrud, MSU Billings (OH, 6-1, Jr., Montana City, MT – Helena) had 50 kills, including a GNAC season-high 30 as the Yellowjackets upset regionally sixth-ranked Central Washington Thursday. Grimsrud hit for a .291 percentage (50-18-110) as MSUB split two matches, outlasting the Wildcats 3-2 before falling 3-1 to Northwest Nazarene. Grimsrud had 20 kills in the latter contest, matching the eighth highest total this fall in the GNAC in a four-set match. **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA – Curtis) had 49 digs, including 32 in a 3-0 home win over Western Oregon. That equaled the fifth highest total in GNAC history for a three-set contest. Former Viking All-American Courtney Schneider, who had three-set match totals of 35, 34, 34, 33, 32 and 32, is the only other player in conference history to record as many as 32. On the season, Hutchinson ranks second nationally averaging 6.93 digs per set. **Honorable Mention** – Brooke Pottle, Alaska Anchorage (OH, 5-8, Jr., Peoria, AZ – Centennial/Glendale CC); Jodi Huddleston, Alaska Anchorage (MB, 6-1, Sr., Scottsbluff, NE); Andrea Terpstra, Northwest Nazarene (MB, 6-4, Jr., Ripon, CA – Ripon Christian); Taylor Roberts, Northwest Nazarene (L, 5-5, Jr., Nampa, ID – Vallivue); Julia Wabinga, Saint Martin's (OH, 5-8, So., Olympia, WA – North Thurston); Kelsey Robinson, Simon Fraser (OH, 5-11, Sr., Surrey, BC – Clayton Heights); Becky Blee, Western Oregon (MB, 5-10, Sr., Portland, OR – Madison); Rachel Roeder, Western Washington (OH, 6-1, So., Sammamish, WA).

**A RECORD PERFORMANCE:** Western Oregon middle blocker Becky Blee had five assisted blocks to increase her career total to 370 and set a GNAC career record. The old record of 367 was set by Cammy Dranginis of Northwest Nazarene between 2006 and 2009. Nikki Lowell of Seattle Pacific ranks third with 359. Lowell also ranks third in total blocks with 397, 14 ahead of Blee who is fifth with 383. Blee also had 16 kills and two service aces as the Wolves split two road matches.

**MILESTONES:** With 50 kills last week (See *Player of the Week* notes), MSUB's Monica Grimsrud became the 31<sup>st</sup> member of the GNAC 1000-kill club increasing her total to 1,012. Lowell has 999 and will become the 32<sup>nd</sup> member

Thursday with her first kill when the Falcons take on Saint Martin's at Lacey.

**GNAC TEAM OF THE WEEK:** **Sept. 2-8** – Simon Fraser (football). **Sept. 9-15** – Northwest Nazarene (volleyball). **Sept. 16-22** – MSU Billings (men's cross country) and Simon Fraser (women's cross country). **Sept. 23-29** – Western Oregon (football). **Sept. 30-Oct. 6** – Seattle Pacific (men's soccer). **Oct. 7-13** – Central Washington (women's soccer). **Oct. 14-20** – Western Oregon (women's soccer). **Oct. 21-27** – Alaska Anchorage (cross country). **Oct. 28-Nov. 3** – Simon Fraser (men's soccer). **Nov. 4-10** – Seattle Pacific (women's soccer) and Alaska Anchorage (women's cross country).

#### TEAM NOTES

**Alaska Anchorage:** Brooke Pottle, Jodi Huddleston and Katelynn Zanders led the Seawolves to a 3-1 win over Alaska Fairbanks. Pottle had 15 kills, four blocks and 16 digs. Her dig total tied Zanders and Quinn Barker for the most as UAA held the Nanooks to a .122 percentage. Zanders also had a team-high 18 kills. Huddleston had six kills and a team-high nine blocks.

**Alaska Fairbanks:** Keri Knight and Sam Harthun each had 15 kills and Harthun also had 10 digs as the Nanooks played four close sets with conference co-leader Alaska Anchorage, losing twice by two points and one by four. The fourth and final set was a 28-26 nailbiter.

**Central Washington:** Linden Firethorne paced the Wildcats with 30 kills and Kaitlin Quirk had 22 as CWU split two road matches. Erin Smith had 12 blocks climbing from 19<sup>th</sup> place to 14<sup>th</sup> in career blocks in GNAC history with 270.

**MSU Billings:** Monica Grimsrud had 50 kills to increase her career total to 1,012, becoming the 31<sup>st</sup> player in GNAC history to reach that plateau (See *Player of the Week* notes). The Yellowjackets also got 29 kills from Ashlynn Ward, 28 from Stormy Siemon and 25 from Chelsey Walter. Siemon also had 58 digs and Kyndal Williams had 113 assists to climb to 33<sup>rd</sup> place in GNAC history with 1,795.

**Northwest Nazarene:** Andrea Terpstra led the Crusaders to a pair of road wins with team-highs of 35 kills and nine blocks. She hit for a .433 percentage (35-6-67), 103 points better than her season average of .330, which ranks third in the conference. Taylor Roberts led the Crusaders defensively with 51 digs.

**Saint Martin's:** Julia Wabinga paced the Saints with 18 kills and also had six blocks in losses at Simon Fraser and Western Washington. Brooke Good and Kristyn Ross added 12 each. Good also had four blocks. Larissa Hamilton had a team-high seven blocks.

**Seattle Pacific:** Madi Cavell had 34 kills, 20 digs and nine blocks as the Falcons dropped a pair of home matches. Nikki Lowell had 22 kills and 11 blocks as she closed in on a pair of milestones. She needs one kill to become the 32<sup>nd</sup>

player in conference history with 1000 and three blocks to become the third with 400.

**Simon Fraser:** Kelsey Robinson had 34 kills, 29 digs and seven blocks as the Clan split two home matches, earning their fifth conference victory, one shy of their entire grand total of six during their first three seasons in the conference. SFU was also led by Madeline Hait with 27 kills and nine blocks.

**Western Oregon:** Hannah Deede had 22 kills and Christie Colasurdo added 19 as the Wolves split two matches. Megan Triggs was credited with 50, increasing her career total to 1,513. She ranks 11<sup>th</sup> in GNAC history,

**Western Washington:** Kelsey Moore had 20 kills and Kayla Erickson and Rachel Roeder had 18 each in 3-0 sweeps of Western Oregon and Saint Martin's, the Vikings' 16<sup>th</sup> and 17<sup>th</sup> sweep (in 22 matches) this season. WWU started the season with five 3-0 wins and later had seven in a row. Their current streak of 3-0 victories is three ... Samantha Hutchinson averaged 8.17 digs as WWU held its opponents to a .114 hitting percentage. Hutchinson ranks second nationally with a 6.93 average and trails national leader Jordan Jenkins of Tiffin by a total of 15. Jenkins is averaging 7.14.

#### GNAC CAREER LEADERS (Through Nov. 10)

##### Points

1. Louise Free, NNU (1999-02)	1723
26. Nikki Lowell, SPU (2010-13)	1231
39. Monica Grimsrud, MSUB (2011-13)	1119

##### Kills

1. Sarah Sommerman, SU (2002-05)	1461
31. Monica Grimsrud, MSUB (2011-13)	1012
32. Nikki Lowell, SPU (2010-13)	999

##### Assists

1. Kate Reome, CWU (2001-04)	4780
21. Cymbree Decosta, SMU (2009, 11-13)	2235
23. Michelle Terpstra, NNU (2011-13)	2154
33. Kyndal Williams, MSUB (2012-13)	1795
37. Siobhan Johansen, UAA (2010-13)	1588
38. Catie Fry, CWU (2011-13)	1540

##### Aces

1. Erin Norris, CWU (2006-09)	198
37. Becky Blee, WOU (2010-13)	91
44. Siobhan Johansen, UAA (2010-13)	87

##### Solo Blocks

1. Alicia Denny, SMU(2000-02)	151
21. Erin Smith, CWU (2010-13)	51
26. Amanda Renkema, SFU (2011-13)	47

##### Blocking Assists

1. Becky Blee, WOU (2010-13)	370
2. Cammy Dranginis, NNU (2006-09)	367
3. Nikki Lowell, SPU (2010-13)	359
15. Erin Smith, CWU (2010-13)	270

**Total Blocks**

1. Cammy Dranginis, NNU (2006-09)	473
2. Louise Free, NNU (1999-02)	402
3. Nikki Lowell, SPU (2010-13)	397
5. Becky Bleeps, WOU (2010-13)	383
14. Erin Smith, CWU (2010-13)	321

**Digs**

1. Courtney Schneider, WWU (2004-07)	2695
8. Samantha Hutchinson, WWU (2011-13)	1561
11. Megan Triggs, WOU (2010-13)	1513
16. Kaelly Kight, CWU (2011-13)	1353

**GNAC 41-49 IN NON-CONFERENCE:** GNAC teams posted a 41-49 record in non-conference matches this fall. Conference teams were 15-19 against CCAA opponents and 9-18 against PacWest foes.

**GNAC (15) vs. CCAA (19):** Northwest Nazarene 2-0, Western Oregon 1-0, Western Washington 4-1, Seattle Pacific 3-3, Central Washington 2-2, MSU Billings 2-4, Alaska Anchorage 1-4, Saint Martin's 0-2, Alaska Fairbanks 0-3.

**GNAC (9) vs. PacWest (18):** Western Oregon 1-0, Western Washington 1-0, Alaska Anchorage 2-2, Northwest Nazarene 2-2, Seattle Pacific 1-1, Saint Martin's 1-5, Alaska Fairbanks 1-6, MSU Billings 0-2.

**YEAR-BY-YEAR NON-CONFERENCE RECORDS**

Year	Regular	Regionals	Nationals	Totals (+/-)
	W-L	W-L	W-L	W-L
2001	50-41	1-2 (2)		51-43 (+8)
2002	32-45	0-1 (1)		32-46 (-14)
2003	44-38	0-2 (2)		44-40 (+4)
2004	41-36	0-1 (1)		41-37 (+4)
2005	31-49	1-2 (2)		32-51 (-19)
2006	41-38	0-3 (3)		41-41 (Even)
2007	41-41	3-2 (3)	2-1	46-44 (+2)
2008	52-41	0-1 (1)		52-42 (+10)
2009	55-49	1-2 (2)		56-51 (+5)
2010	27-39	3-3 (3)		30-42 (-12)
2011	32-36	0-2 (2)		32-38 (-6)
2012	47-36	1-2 (2)		48-38 (+10)
2013	41-49	TBA		40-49 (-8)
<b>Totals</b>		<b>10-23 (24)</b>	<b>2-1 (1)</b>	<b>Minus 16</b>

**PREVIOUS RED LION PLAYERS OF THE WEEK**

**Week of Sept. 2-8: Offense** – Kayla Erickson, Western Washington (MB, 6-0, Jr., Gig Harbor, WA) hit for a phenomenal .542 percentage (50-5-83) and also had a team-high 15 blocks as the Vikings cruised to four 3-0 victories in the Western Oregon Invitational. With Erickson leading the way, WWU outthit its four opponents .390 to .120. **Defense** – Nikki Lowell, Seattle Pacific (MB, 5-10, Sr., Claremont, CA) had 26 blocks as the Falcons split four matches in the Coyote Classic. Eight of her blocks came in a 3-2 victory over 14<sup>th</sup>-ranked Cal State San Bernardino as SPU overcome a 2-0 set deficit to beat the Coyotes for the first time in eight tries. Lowell also had 12 kills and a career-high eight digs. SPU had won just one set in its previous seven contests with San Bernardino.

**Week of Sept. 9-15: Offense** – Andrea Terpstra, Northwest Nazarene (MB, 6-4, Jr., Ripon, CA) tallied 50 kills and 20 blocks as the Crusaders won three of four matches in the CSU East Bay/Notre Dame de Namur Route 92 Showdown. Terpstra, a transfer from San Diego State, hit for a .417 percentage (50-10-96). **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA - Curtis) averaged 8.50 digs – two more than her season average of 6.50 - as the Vikings won three of four matches at the Sonoma State Seawolf Invitational. Hutchinson had a total of 102 digs in 12 sets.

**Week of Sept. 16-22: Offense** – Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) and Julia Mackey, Alaska Anchorage (OH, 5-11, So., Fairbanks, AK – West Valley) .... Harthun had a GNAC opening conference week high 31 kills and also hit for a .344 percentage, 140 points above her season average as the Nanooks split two matches. Harthun, who leads the GNAC on the season in kills (4.02) and service aces (0.53), had 18 kills and a .469 percentage in Thursday's 3-0 win over Montana State Billings. On the season, she has had three of the top five kill totals (19, 18 and 17) this fall in the GNAC ... Mackey had 13 kills in 20 attempts and didn't make an error as the Seawolves hit for a .437 percentage in a 3-0 win over MSU Billings. That was UAA's best percentage in a conference match in the 13-year history of the GNAC. Mackey finished the opening weekend with 26 kills and a .345 percentage as UAA swept a pair of matches. **Defense** – Taylor Roberts, Northwest Nazarene (L, 5-5, Jr., Nampa, ID) led the Crusaders, who have won five straight, to road wins at Saint Martin's and Western Oregon. Roberts had 50 digs as NNU held the Saints and Wolves to a combined .148 attack percentage.

**Week of Sept. 23-29: Offense** – Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) had 27 kills, 19 digs and five aces to lead the Seawolves to 3-1 road victories at Central Washington and Northwest Nazarene as the Seawolves improved to 4-0 in conference matches. **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA - Curtis) and Quinn Barker, Alaska Anchorage (L, 5-5, Jr., Mission Viejo, CA – Central Arizona) ... Hutchinson had digs on 20 percent of MSU Billings and Seattle Pacific's attacks in a pair of 3-0 victories as the Vikings opened their conference season with two victories. She had a total of 54 in six sets (9.00), helping hold WWU's two opponents to a .099 hitting percentage ... Barker netted 41 digs and also had seven aces without a service error and just two reception errors in a pair of 3-1 road victories.

**Sept. 30-Oct. 6: Offense** – Keri Knight, Alaska Fairbanks (OH, 5-9, Sr., Arvada, CO) and Kristyn Ross, Saint Martin's (OH, 5-10, Jr., Olympia, WA – Capital) ... Knight had 26 kills and hit for a .357 percentage as the Nanooks earned a home split, defeating Western Oregon for the first time since 2009 and for the first time in Fairbanks since 2006. Over her last eight matches, Knight has raised her season attack percentage 125 points (from .066 to .193) ... Ross led Saint Martin's to its first conference road victory since early in the 2012 season as she tallied 26 kills in a

pair of contests, including 15 in a 3-0 win at Fairbanks. She also had a team-high three service aces. **Defense** – Emily Boerger, Western Washington (MB, 6-1, Sr., Marysville, WA – Marysville-Pilchuck) had a team-high nine blocks as the Vikings held Northwest Nazarene and Central Washington to a combined .022 attack percentage in 3-0 victories. Boerger also had 19 kills and hit for a .483 percentage in the two wins.

**Week of Oct. 7-13: Offense** - Rachel Hanses, Central Washington (OH, 5-11, So., Yakima, WA – West Valley) had 26 kills and a .296 percentage to lead the Wildcats to wins over Seattle Pacific and Montana State Billings. Hanses also had five digs and two blocks. **Defense** - Jenna Caywood, Northwest Nazarene (MB, Fr., Meridian, ID – Cole Valley Christian) had 17 kills, 14 blocks and hit for a .452 percentage (17-3-31) leading the Crusaders to 3-1 wins over Montana State Billings and Seattle Pacific. She had seven kills and six blocks against MSUB and 10 kills in just 13 attempts and seven blocks against SPU.

**Week of Oct. 14-20: Offense** - Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) and Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) ... Zanders had 29 kills, including 22 in Saturday's five-set win over Western Washington, as the Seawolves snapped the Vikings' 17-match home win streak. Zanders hit .354 against WWU, which on the season is holding opponents to a .119 average. She also had 23 digs and five blocks in UAA's two road victories ... Harthun had a dominating performance despite two 3-0 losses, totaling 44 kills and 10 digs and hitting for a .356 percentage. Her 26 kills Saturday at Simon Fraser was just one kill was one off the GNAC record for most kills in a three-set match and is the most in the GNAC this fall in a match of any length. She also had a match-high 18 kills versus Western Washington. **Defense** – Larissa Hamilton, Saint Martin's (MB, 6-0, Fr., Vancouver, WA - Skyview) and Jackie Arnold, Seattle Pacific (MB, 5-11, So., Anaheim, CA – Canyon) ... Hamilton had 12 blocks in six sets and hit for a .444 percentage (10-2-18) as the Saints split two matches earning their third conference win of the season to match last year's victory total. Their win at Billings Thursday was their first-ever road victory against MSUB ... Arnold had 11 block assists, including a career-high nine in a five-set win over Western Oregon. Of the nine blocks against the Wolves, three came in the fourth set and three also came in the fifth set as SPU overcame a 2-1 deficit. She also had 19 kills, including 10 against WOU, hitting .333 (19-7-36). She posted a .533 percentage (9-1-15) in a sweep of Saint Martin's.

**Week of Oct. 21-27: Offense** - Madi Cavell, Seattle Pacific (MB, 6-0, Jr., Keizer, OR - McNary) had back-to-back career highs in leading the Falcons to road wins at Western Washington and Simon Fraser by 3-1 scores. After producing 22 kills including match point in a win against the nationally eighth-ranked Vikings, Cavell, who finished the weekend with 29 digs, had 24 more kills at Simon Fraser. "They had no answer for Madi," SPU head coach Chris Johnson said after Saturday's win. "They couldn't stop her. She only got blocked once and was just overpowering everyone." **Defense** – Erin Smith, Central Washington (MB, 5-10, Sr., Selah, WA) had nine blocks in seven sets increasing her career total to 303. She also added 20 kills, hitting .447 as the Wildcats earned a sweep in Alaska, defeating Alaska Fairbanks 3-1 and Alaska Anchorage 3-0. Her nine blocks moved her up five spots on the GNAC all-time career block list from 24<sup>th</sup> to 19<sup>th</sup> as she became the 19<sup>th</sup> player in GNAC history to reach 300. "In addition to her blocks, she also hit well in transition," CWU coach Mario Andaya said.

**Week of Oct. 28-Nov. 3: Offense** - Kelsey Moore, Western Washington (OH, 6-1, Jr., Bellevue, WA – Newport) had 19 kills to lead the Vikings to two road wins as they remained tied in the loss column with first place Alaska Anchorage. Moore, who was charged with just four errors in seven sets, had 12 kills in a 3-1 win at Central Washington, then added seven more in a 3-0 sweep of Northwest Nazarene. **Defense** – Quinn Barker (L, 5-5, Jr., Mission Viejo, CA) had 34 digs, including 18 in a sweep of Saint Martin's, as the Seawolves won a pair of road matches. Barker also had three aces. Her defense helped UAA limit the Saints and Western Oregon to an average of 19 points per set.