



Great Northwest Athletic Conference

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2013 Volleyball Report No. 11 (Nov. 6, 2013)

	Conf.		All		H	A	N
	W	L	W	L			
Alaska Anchorage	11	2	17	8	8-3	8-3	1-2
Western Washington	10	2	17	3	4-2	6-1	7-0
Northwest Nazarene	9	4	13	6	4-2	6-3	3-1
Seattle Pacific	8	4	12	8	4-1	5-4	3-3
Central Washington	8	5	12	9	5-2	4-4	3-3
Western Oregon	5	7	8	14	6-7	2-3	0-4
Simon Fraser	4	8	9	9	8-4	1-5	0-0
Saint Martin's	3	9	7	17	3-6	3-6	1-5
Alaska Fairbanks	3	10	4	20	2-8	2-10	0-2
MSU Billings	1	11	4	17	2-4	0-9	2-4

LAST WEEK: Tuesday – Rocky Mountain 1 at MSU Billings 3 (26-24, 20-25, 28-26, 25-23). **Thursday** – Alaska Anchorage 3 at Saint Martin's 0 (25-21, 25-14, 25-20); Alaska Fairbanks 1 at Western Oregon 3 (25-18, 25-21, 22-25, 25-21); Western Washington 3 at Central Washington 1 (25-23, 25-18, 14-25, 25-16); Simon Fraser 0 at Northwest Nazarene 3 (25-10, 25-17, 25-17). **Saturday** – Alaska Anchorage 3 at Western Oregon 1 (23-25, 25-16, 25-20, 25-20); Alaska Fairbanks 3 at Saint Martin's 2 (23-25, 25-16, 25-21, 23-25, 15-13); Simon Fraser 1 at Central Washington 3 (25-21, 24-26, 25-13, 25-20); Seattle Pacific 3 at MSU Billings 2 (23-25, 21-25, 25-23, 25-21, 15-12); Western Washington 3 at Northwest Nazarene 0 (25-21, 25-20, 25-18).

THIS WEEK: Thursday – Central Washington at MSU Billings; Northwest Nazarene at Seattle Pacific; Saint Martin's at Simon Fraser; Western Oregon at Western Washington. **Saturday** – Alaska Fairbanks at Alaska Anchorage; Central Washington at Seattle Pacific; Northwest Nazarene at MSU Billings; Saint Martin's at Western Washington; Western Oregon at Simon Fraser.

WHAT'S LEFT IN NOVEMBER: 14 – Western Washington at Alaska Anchorage; Simon Fraser at Alaska Fairbanks; MSU Billings at Western Oregon; Seattle Pacific at Saint Martin's. **16** – Simon Fraser at Alaska Anchorage; Western Washington at Alaska Fairbanks; Central Washington at Northwest Nazarene; MSU Billings at Saint Martin's (at Black Hills HS); Seattle Pacific at Western Oregon. **21** – Alaska Anchorage at MSU Billings; Alaska Fairbanks at Seattle Pacific; Saint Martin's at Central Washington; Western Oregon at Northwest Nazarene; Western Washington at Simon Fraser. **23** – Alaska Anchorage at Seattle Pacific; Alaska Fairbanks at MSU Billings; Western Oregon at Central Washington; Saint Martin's at Northwest Nazarene, 7:30 p.m.; Simon Fraser at Western Washington.

NCAA NATIONAL STATISTICS (Through Nov. 3): Individuals (Top 30): Points – 8. Sam Harthun, UAF, 4.86; 22. Kayla Erickson, WWU, 4.42. Kills – 8. Sam Harthun, UAF, 4.36. Hitting Percentage – 5. Kayla Erickson, WWU, .391; 27. Emily Boerger, WWU, .350. Assists – 9. Taylor Dillard, WWU, 11.64; 28. Catie Fry, CWU, 10.65. Blocks – 14. Andrea Terpstra, NNU, 1.29; 15. Nikki Lowell, SPU, 1.28; 17. Jodi Huddleston, UAA, 1.23; 22. Kayla Erickson, WWU, 1.18; 24. Becky Blee, WOU, 1.18. Digs – 2. Samantha Hutchinson, WWU, 6.81; 14. Kaely Kight, CWU, 5.57. **Team (Top 30):** Kills – 15. Western Washington 14.03. Hitting Percentage – 8. Western Washington .272. Assists – 15. Western Washington 13.06. Blocks – 9. Seattle Pacific 2.58; 24. Northwest Nazarene 2.32. Digs – 9. Western Washington 18.68.

POLLS: AVCA (Nov. 4) – 10. Western Washington; 36. Alaska Anchorage. **NCAA West Regional (Nov. 6)** – 1. UC San Diego (20-3); 2. BYU-Hawaii (20-1); 3. CSU San Bernardino (18-5); 4. Sonoma State (19-4); 5. Alaska Anchorage (17-8); 6. Western Washington (17-3); 7. Central Washington (12-9); 8. Northwest Nazarene (13-6); 9. Cal State L.A. (14-9); 10. Cal Baptist (16-8). (Note: Records are versus Division II opponents).

ALL-TOURNAMENT: CSU San Bernardino Coyote Classic (Sept. 6-7) – Nikki Lowell, SPU; Catie Fry, CWU. **Point Loma Nazarene (Sept. 6-7)** – Chelsey Walter, MSUB. **UAA Spring Hills Suite (Sept. 5-7)** – Julia Mackey, UAA; Jodi Huddleston, UAA; Quinn Barker, UAA. **Alaska Nanook Classic (Sept. 6-7)** – Sam Harthun, UAF. **Sonoma State (Sept. 13-14)** – Kayla Erickson, WWU; Emily Boerger, WWU.

RED LION PLAYERS OF THE WEEK: Offense - Kelsey Moore, Western Washington (OH, 6-1, Jr., Bellevue, WA – Newport) had 19 kills to lead the Vikings to two road wins as they remained tied in the loss column with first place Alaska Anchorage. Moore, who was charged with just four errors in seven sets, had 12 kills in a 3-1 win at Central Washington, then added seven more in a 3-0 sweep of Northwest Nazarene. **Defense** – Quinn Barker (L, 5-5, Jr., Mission Viejo, CA) had 34 digs, including 18 in a sweep of Saint Martin's, as the Seawolves won a pair of road matches. Barker also had three aces. Her defense helped UAA limit the Saints and Western Oregon to an average of 19 points per set. **Honorable Mention** - Rachel Hanes, Central Washington (OH, 5-11, So., Yakima, WA – West Valley); Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK – South); Kristyn Ross, Saint Martin's (OH, 5-10, Jr., Olympia, WA – Capital); Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA – Curtis); Elayna Rice, Northwest Nazarene (MB, 6-3, So., Billings, MT); Kaitlyn Tuholski, Northwest Nazarene (OH, 5-110, Jr., Vancouver, WA – Heritage); Nikki Lowell, Seattle Pacific (MB, 5-10, Sr., Claremont, CA); Kaely Kight, Central Washington (L, 5-10, Jr., Spokane, WA – Mead).

MILESTONES: Western Oregon middle blocker Becky Blee has 365 blocking assists and needs two more to equal the GNAC career record of 367 set by Cammy Dranginis of Northwest Nazarene between 2006 and 2009. Nikki Lowell of Seattle Pacific is in close pursuit and ranks third with 348. Lowell also ranks third in total blocks with 386, eight ahead of Blee who is fifth with 378. Lowell also needs just 23 more kills to join the 1,000-kill club. She'll be the 31st member.

GNAC TEAM OF THE WEEK: **Sept. 2-8** – Simon Fraser (football). **Sept. 9-15** – Northwest Nazarene (volleyball). **Sept. 16-22** – MSU Billings (men’s cross country) and Simon Fraser (women’s cross country). **Sept. 23-29** – Western Oregon (football). **Sept. 30-Oct. 6** – Seattle Pacific (men’s soccer). **Oct. 7-13** – Central Washington (women’s soccer). **Oct. 14-20** – Western Oregon (women’s soccer). **Oct. 21-27** – Alaska Anchorage (cross country). **Oct. 28-Nov. 3** – Simon Fraser (men’s soccer).

TEAM NOTES

Alaska Anchorage: Katelynn Zanders had 29 kills and 26 kills as the Seawolves remained unbeaten in road conference matches improving to 7-0. The Seawolves, who finish their road season with matches at Seattle Pacific and MSU Billings on Nov. 21 and Nov. 23, outhit Saint Martin’s and Western Oregon by a combined percentage of .219 and .150 in 3-0 and 3-1 victories.

Alaska Fairbanks: Sam Harthun had 41 kills in 100 swings and also had five blocks (one solo) and two service aces to score 46 points as the Nanooks split two road matches. Harthun ranks eighth nationally in both points (4.86) and kills (4.36). Keri Knight added 27 kills, Britt Glaeser had eight blocks and Katelyn Camp had 85 assists.

Central Washington: Rachel Hanses led the Wildcats with 28 kills as CWU split 3-1 decisions, losing to Western Washington before defeating Simon Fraser. Kaely Kight and Kaitlin Quirk led CWU defensively with 58 digs and nine blocks, respectively.

MSU Billings: Stormy Siemion had 22 kills and Kyndal Williams had 51 assists in MSUB’s 3-1 non-conference win over Rocky Mountain. Siemion added 16 more kills and Williams had 63 assists in Saturday’s match with Seattle Pacific, finishing the week with a 12.67 assist per set average.

Northwest Nazarene: Elayna Rice paced the Crusaders with 21 kills and also had 21 digs as NNU split two matches. Kaitlyn Tuholski had 12 kills and a team-high 27 digs. Andrea Terpstra had 15 kills and a team-high eight blocks, while Michelle Terpstra had 57 assists, 19 digs and five blocks.

Saint Martin’s: Kristyn Ross accounted for 30.8 percent of the Saints’ kills (28 of 91) in home losses to the Alaska schools. She also had 15 digs. Julia Wabinga added 20 kills and Candice Pedroza had 66 assists.

Seattle Pacific: The Falcons overcame a 2-0 deficit to defeat Montana State Billings in five sets as Nikki Lowell led the way with 15 kills and seven blocks. Lowell currently ranks third all-time in GNAC history in both total blocks (386) and blocking assists (348). Jackie Arnold and Madi Cavell each had 12 kills. Arnold and Sara Biondi each had six blocks,

Simon Fraser: Kelsey Robinson had 26 kills and 35 digs in road losses at Nampa and Ellensburg. Madeline Hait and Devon May each had 13 kills. Hait also had a team-high seven blocks.

Western Oregon: Becky Blees accounted for 23 ½ points, producing 18 kills and five blocking assists as the Wolves split home matches with Alaska Fairbanks (3-1) and Alaska Anchorage (1-3). Blees needs two more block assists to equal the GNAC career record of 367 held by Cammy Dranginis of Northwest Nazarene (2006-09). Megan Triggs had 36 digs, moving into 11th place on the GNAC career list with 1,463.

Western Washington: Samantha Hutchinson had 51 digs, including 33 in a 3-1 win at Central Washington, increasing her career total to 1,513. Hutchinson’s defense allowed the Vikings to hold the Wildcats and Northwest Nazarene to a combined .101 attack percentage. Taylor Dillard had 78 assists (11.14 per set). Kayla Erickson had a team-high 21 kills, but was held to a .103 percentage as she slipped from first to fifth nationally in attack percentage (.428 to .391).

GNAC CAREER LEADERS (Through Nov. 3)

Points

1. Louise Free, NNU (1999-02)	1723
32. Nikki Lowell, SPU (2010-13)	1203
42. Monica Grimsrud, MSUB (2011-13)	1068

Kills

1. Sarah Sommerman, SU (2002-05)	1461
33. Nikki Lowell, SPU (2010-13)	977
34. Monica Grimsrud, MSUB (2011-13)	962

Assists

1. Kate Reome, CWU (2001-04)	4780
22. Cymbree Decosta, SMU (2009, 11-13)	2210
24. Michelle Terpstra, NNU (2011-13)	2068
37. Siobhan Johansen, UAA (2010-13)	1562
38. Catie Fry, CWU (2011-13)	1456

Aces

1. Erin Norris, CWU (2006-09)	198
38. Becky Blees, WOU (2010-13)	89
44. Siobhan Johansen, UAA (2010-13)	87

Solo Blocks

1. Alicia Denny, SMU(2000-02)	151
22. Erin Smith, CWU (2010-13)	49
26. Amanda Renkema, SFU (2011-13)	47

Blocking Assists

1. Cammy Dranginis, NNU (2006-09)	367
2. Becky Blees, WOU (2010-13)	365
3. Nikki Lowell, SPU (2010-13)	348
15. Erin Smith, CWU (2010-13)	260

Total Blocks

1. Cammy Dranginis, NNU (2006-09)	473
3. Nikki Lowell, SPU (2010-13)	386
5. Becky Blees, WOU (2010-13)	378
19. Erin Smith, CWU (2010-13)	309

Digs

1. Courtney Schneider, WWU (2004-07)	2695
10. Samantha Hutchinson, WWU (2011-13)	1513
11. Megan Triggs, WOU (2010-13)	1463
16. Kaely Kight, CWU (2011-13)	1317

GNAC 41-49 IN NON-CONFERENCE: GNAC teams have posted a 41-49 record in non-conference matches. Conference teams were 15-19 against CCAA opponents and 9-18 against PacWest foes.

GNAC (15) vs. CCAA (19): Northwest Nazarene 2-0, Western Oregon 1-0, Western Washington 4-1, Seattle Pacific 3-3, Central Washington 2-2, MSU Billings 2-4, Alaska Anchorage 1-4, Saint Martin's 0-2, Alaska Fairbanks 0-3.

GNAC (9) vs. PacWest (18): Western Oregon 1-0, Western Washington 1-0, Alaska Anchorage 2-2, Northwest Nazarene 2-2, Seattle Pacific 1-1, Saint Martin's 1-5, Alaska Fairbanks 1-6, MSU Billings 0-2.

YEAR-BY-YEAR NON-CONFERENCE RECORDS

Year	Regular	Regionals	Nationals	Totals (+/-)
	W-L	W-L	W-L	W-L
2001	50-41	1-2 (2)		51-43 (+8)
2002	32-45	0-1 (1)		32-46 (-14)
2003	44-38	0-2 (2)		44-40 (+4)
2004	41-36	0-1 (1)		41-37 (+4)
2005	31-49	1-2 (2)		32-51 (-19)
2006	41-38	0-3 (3)		41-41 (Even)
2007	41-41	3-2 (3)	2-1	46-44 (+2)
2008	52-41	0-1 (1)		52-42 (+10)
2009	55-49	1-2 (2)		56-51 (+5)
2010	27-39	3-3 (3)		30-42 (-12)
2011	32-36	0-2 (2)		32-38 (-6)
2012	47-36	1-2 (2)		48-38 (+10)
2013	41-49	TBA		40-49 (-8)
Totals		10-23 (24)	2-1 (1)	Minus 16

PREVIOUS RED LION PLAYERS OF THE WEEK

Week of Sept. 2-8: Offense – Kayla Erickson, Western Washington (MB, 6-0, Jr., Gig Harbor, WA) hit for a phenomenal .542 percentage (50-5-83) and also had a team-high 15 blocks as the Vikings cruised to four 3-0 victories in the Western Oregon Invitational. With Erickson leading the way, WWU outhit its four opponents .390 to .120. **Defense** – Nikki Lowell, Seattle Pacific (MB, 5-10, Sr., Claremont, CA) had 26 blocks as the Falcons split four matches in the Coyote Classic. Eight of her blocks came in a 3-2 victory over 14th-ranked Cal State San Bernardino as SPU overcome a 2-0 set deficit to beat the Coyotes for the first time in eight tries. Lowell also had 12 kills and a career-high eight digs. SPU had won just one set in its previous seven contests with San Bernardino.

Week of Sept. 9-15: Offense – Andrea Terpstra, Northwest Nazarene (MB, 6-4, Jr., Ripon, CA) tallied 50 kills and 20 blocks as the Crusaders won three of four matches in the CSU East Bay/Notre Dame de Namur Route 92 Showdown. Terpstra, a transfer from San Diego State, hit for a .417 percentage (50-10-96). **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University

Place, WA - Curtis) averaged 8.50 digs – two more than her season average of 6.50 - as the Vikings won three of four matches at the Sonoma State Seawolf Invitational. Hutchinson had a total of 102 digs in 12 sets.

Week of Sept. 16-22: Offense – Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) and Julia Mackey, Alaska Anchorage (OH, 5-11, So., Fairbanks, AK – West Valley) Harthun had a GNAC opening conference week high 31 kills and also hit for a .344 percentage, 140 points above her season average as the Nanooks split two matches. Harthun, who leads the GNAC on the season in kills (4.02) and service aces (0.53), had 18 kills and a .469 percentage in Thursday's 3-0 win over Montana State Billings. On the season, she has had three of the top five kill totals (19, 18 and 17) this fall in the GNAC ... Mackey had 13 kills in 20 attempts and didn't make an error as the Seawolves hit for a .437 percentage in a 3-0 win over MSU Billings. That was UAA's best percentage in a conference match in the 13-year history of the GNAC. Mackey finished the opening weekend with 26 kills and a .345 percentage as UAA swept a pair of matches. **Defense** – Taylor Roberts, Northwest Nazarene (L, 5-5, Jr., Nampa, ID) led the Crusaders, who have won five straight, to road wins at Saint Martin's and Western Oregon. Roberts had 50 digs as NNU held the Saints and Wolves to a combined .148 attack percentage.

Week of Sept. 23-29: Offense – Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) had 27 kills, 19 digs and five aces to lead the Seawolves to 3-1 road victories at Central Washington and Northwest Nazarene as the Seawolves improved to 4-0 in conference matches. **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA - Curtis) and Quinn Barker, Alaska Anchorage (L, 5-5, Jr., Mission Viejo, CA – Central Arizona) ... Hutchinson had digs on 20 percent of MSU Billings and Seattle Pacific's attacks in a pair of 3-0 victories as the Vikings opened their conference season with two victories. She had a total of 54 in six sets (9.00), helping hold WWU's two opponents to a .099 hitting percentage ... Barker netted 41 digs and also had seven aces without a service error and just two reception errors in a pair of 3-1 road victories.

Sept. 30-Oct. 6: Offense – Keri Knight, Alaska Fairbanks (OH, 5-9, Sr., Arvada, CO) and Kristyn Ross, Saint Martin's (OH, 5-10, Jr., Olympia, WA – Capital) ... Knight had 26 kills and hit for a .357 percentage as the Nanooks earned a home split, defeating Western Oregon for the first time since 2009 and for the first time in Fairbanks since 2006. Over her last eight matches, Knight has raised her season attack percentage 125 points (from .066 to .193) ... Ross led Saint Martin's to its first conference road victory since early in the 2012 season as she tallied 26 kills in a pair of contests, including 15 in a 3-0 win at Fairbanks. She also had a team-high three service aces. **Defense** – Emily Boerger, Western Washington (MB, 6-1, Sr., Marysville, WA – Marysville-Pilchuck) had a team-high nine blocks as the Vikings held Northwest Nazarene and Central Washington to a combined .022 attack percentage in 3-0

victories. Boerger also had 19 kills and hit for a .483 percentage in the two wins.

Week of Oct. 7-13: Offense - Rachel Hanses, Central Washington (OH, 5-11, So., Yakima, WA – West Valley) had 26 kills and a .296 percentage to lead the Wildcats to wins over Seattle Pacific and Montana State Billings. Hanses also had five digs and two blocks. **Defense** - Jenna Caywood, Northwest Nazarene (MB, Fr., Meridian, ID – Cole Valley Christian) had 17 kills, 14 blocks and hit for a .452 percentage (17-3-31) leading the Crusaders to 3-1 wins over Montana State Billings and Seattle Pacific. She had seven kills and six blocks against MSUB and 10 kills in just 13 attempts and seven blocks against SPU.

Week of Oct. 14-20: Offense - Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) and Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) ... Zanders had 29 kills, including 22 in Saturday's five-set win over Western Washington, as the Seawolves snapped the Vikings' 17-match home win streak. Zanders hit .354 against WWU, which on the season is holding opponents to a .119 average. She also had 23 digs and five blocks in UAA's two road victories ... Harthun had a dominating performance despite two 3-0 losses, totaling 44 kills and 10 digs and hitting for a .356 percentage. Her 26 kills Saturday at Simon Fraser was just one kill was one off the GNAC record for most kills in a three-set match and is the most in the GNAC this fall in a match of any length. She also had a match-high 18 kills versus Western Washington. **Defense** – Larissa Hamilton, Saint Martin's (MB, 6-0, Fr., Vancouver, WA - Skyview) and Jackie Arnold, Seattle Pacific (MB, 5-11, So., Anaheim, CA – Canyon) ... Hamilton had 12 blocks in six sets and hit for a .444 percentage (10-2-18) as the Saints split two matches earning their third conference win of the season to match last year's victory total. Their win at Billings Thursday was their first-ever road victory against MSUB ... Arnold had 11 block assists, including a career-high nine in a five-set win over Western Oregon. Of the nine blocks against the Wolves, three came in the fourth set and three also came in the fifth set as SPU overcame a 2-1 deficit. She also had 19 kills, including 10 against WOU, hitting .333 (19-7-36). She posted a .533 percentage (9-1-15) in a sweep of Saint Martin's.

Week of Oct. 21-27: Offense - Madi Cavell, Seattle Pacific (MB, 6-0, Jr., Keizer, OR - McNary) had back-to-back career highs in leading the Falcons to road wins at Western Washington and Simon Fraser by 3-1 scores. After producing 22 kills including match point in a win against the nationally eighth-ranked Vikings, Cavell, who finished the weekend with 29 digs, had 24 more kills at Simon Fraser. "They had no answer for Madi," SPU head coach Chris Johnson said after Saturday's win. "They couldn't stop her. She only got blocked once and was just overpowering everyone." **Defense** – Erin Smith, Central Washington (MB, 5-10, Sr., Selah, WA) had nine blocks in seven sets increasing her career total to 303. She also added 20 kills, hitting .447 as the Wildcats earned a sweep in Alaska, defeating Alaska Fairbanks 3-1 and Alaska Anchorage 3-0. Her nine blocks moved her up five spots on the GNAC all-time career block list from 24th to 19th as she became the 19th player in GNAC history to reach 300. "In addition to her blocks, she also hit well in transition," CWU coach Mario Andaya said.