



Great Northwest Athletic Conference

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2013 Volleyball Report No. 10 (Oct. 28, 2013)

	Conf.		All		H	A	N
	W	L	W	L			
Alaska Anchorage	9	2	15	8	8-2	6-3	1-2
Western Washington	8	2	15	3	4-2	4-1	7-0
Northwest Nazarene	8	3	12	5	3-1	6-3	3-1
Central Washington	7	4	11	8	4-1	4-4	3-3
Seattle Pacific	7	4	11	8	4-1	4-4	3-3
Simon Fraser	4	6	9	7	8-4	1-3	0-0
Western Oregon	4	6	7	13	5-6	2-3	0-4
Saint Martin's	3	7	7	15	3-4	3-6	1-5
Alaska Fairbanks	2	9	3	19	2-8	1-9	0-2
MSU Billings	1	10	3	16	1-3	0-9	2-4

LAST WEEK: Thursday – Northwest Nazarene 3 at Alaska Anchorage 1 (17-25, 25-23, 25-9, 25-22); Central Washington 3 at Alaska Fairbanks 1 (25-14, 25-18, 20-25, 25-12); MSU Billings 2 at Simon Fraser 3 (25-20, 21-25, 25-22, 21-25, 16-14); Seattle Pacific 3 at Western Washington 1 ((27-25, 18-25, 25-22, 25-23). **Saturday** – Central Washington 3 at Alaska Anchorage; 0 (25-23, 25-14, 25-20); Northwest Nazarene 3 at Alaska Fairbanks 0 (25-20, 25-14, 25-20); MSU Billings 0 at Western Washington 3 (25-10, 35-19, 25-18); Saint Martin's 1 at Western Oregon 3 (23-25, 25-16, 26-24, 25-23); Seattle Pacific 3 at Simon Fraser 1 (25-19, 21-25, 25-23, 25-17).

THIS WEEK: Tuesday – Rocky Mountain at MSU Billings, 7 p.m. **Thursday** – Alaska Anchorage at Saint Martin's; Alaska Fairbanks at Western Oregon; Western Washington at Central Washington; Simon Fraser at Northwest Nazarene. **Saturday** – Alaska Anchorage at Western Oregon; Alaska Fairbanks at Saint Martin's; Simon Fraser at Central Washington; Seattle Pacific at MSU Billings; Western Washington at Northwest Nazarene.

NCAA NATIONAL STATISTICS (Through Oct. 27): Individuals (Top 30): Points – 9. Sam Harthun, UAF, 4.83; 18. Kayla Erickson, WWU, 4.49. Kills – 11. Sam Harthun, UAF, 4.33; 23. Kayla Erickson, WWU, 3.83. Hitting Percentage – 1. Kayla Erickson, WWU, .428; 21. Emily Boerger, WWU, .360. Assists – 10. Taylor Dillard, WWU, 11.69; 28. Katie Fry, CWU, 10.62. Blocks – 12. Andrea Terpstra, NNU, 1.28; 13. Nikki Lowell, SPU, 1.27; 15. Jodi Huddleston, UAA, 1.24; 17. Becky Blees, WOU, 1.23; 28. Kayla Erickson, WWU, 1.17. Digs – 2. Samantha Hutchinson, WWU, 6.75; 24. Kaely Kight, CWU, 5.38. **Team (Top 30):** Kills – 10. Western Washington 14.17. Hitting Percentage – 5. Western Washington .286. Assists – 13. Western Washington 13.15. Blocks – 11. Seattle Pacific 2.54; 20. Northwest Nazarene 2.37; 28. Western Washington 2.31; 29. Alaska Anchorage 2.30. Digs – 17. Western Washington 18.19.

POLLS: AVCA (Oct. 28) – 10. Western Washington; 33. Alaska Anchorage 38. Seattle Pacific. **Note:** The first official NCAA West Regional rankings will be released Wednesday, Nov. 6.

ALL-TOURNAMENT: CSU San Bernardino Coyote Classic (Sept. 6-7) – Nikki Lowell, SPU; Katie Fry, CWU. **Point Loma Nazarene (Sept. 6-7)** – Chelsey Walter, MSUB. **UAA Spring Hills Suite (Sept. 5-7)** – Julia Mackey, UAA; Jodi Huddleston, UAA; Quinn Barker, UAA. **Alaska Nanook Classic (Sept. 6-7)** – Sam Harthun, UAF. **Sonoma State (Sept. 13-14)** – Kayla Erickson, WWU; Emily Boerger, WWU.

PLAYERS OF THE WEEK: Offense – Madi Cavell, Seattle Pacific (MB, 6-0, Jr., Keizer, OR - McNary) had back-to-back career highs in leading the Falcons to road wins at Western Washington and Simon Fraser by 3-1 scores. After producing 22 kills including match point in a win against the nationally eighth-ranked Vikings, Cavell, who finished the weekend with 29 digs, had 24 more kills at Simon Fraser. "They had no answer for Madi," SPU head coach Chris Johnson said after Saturday's win. "They couldn't stop her. She only got blocked once and was just overpowering everyone." **Defense** – Erin Smith, Central Washington (MB, 5-10, Sr., Selah, WA) had nine blocks in seven sets increasing her career total to 303. She also added 20 kills, hitting .447 as the Wildcats earned a sweep in Alaska, defeating Alaska Fairbanks 3-1 and Alaska Anchorage 3-0. Her nine blocks moved her up five spots on the GNAC all-time career block list from 24th to 19th as she became the 19th player in GNAC history to reach 300. "In addition to her blocks, she also hit well in transition," CWU coach Mario Andaya said. **Honorable Mention** – Kaely Kight, Central Washington; Elayna Rice, Northwest Nazarene; Taylor Roberts, Northwest Nazarene; Kelsey Robinson, Simon Fraser; Becky Blees, Western Oregon.

MILESTONES: Seattle Pacific's win Thursday at Bellingham was its 500th in school history and its first at Western Washington since Oct. 31, 2009 as the Vikings lost back-to-back home matches for the first time since 1999 ... Western Oregon's Becky Blees is closing in on the GNAC career record for most blocking assists. With 360, she needs just seven more to equal the record of 367 held by Cammy Dranginis of Northwest Nazarene (2006-09). Blees already holds the record for most per set of 1.10 ... Samantha Hutchinson of Western Washington cracked the Top 10 GNAC career dig list, taking over 10th spot. She currently has 1,462.

GNAC TEAM OF THE WEEK: Sept. 2-8 – Simon Fraser (football). **Sept. 9-15** – Northwest Nazarene (volleyball). **Sept. 16-22** – MSU Billings (men's cross country) and Simon Fraser (women's cross country). **Sept. 23-29** – Western Oregon (football). **Sept. 30-Oct. 6** – Seattle Pacific (men's soccer). **Oct. 7-13** – Central Washington (women's soccer). **Oct. 14-20** – Western Oregon (women's soccer). **Oct. 21-27** – Alaska Anchorage (cross country).

TEAM NOTES

Alaska Anchorage: Katelynn Zanders had 29 kills, 23 digs and seven blocks in the Seawolves' two home losses to Northwest Nazarene and Central Washington. The Seawolves, playing without Julia Mackey who ranks 10th in the GNAC in kills (3.23), lost back-to-back home contests for the first time since 2007. Mackey is out with a knee injury.

Alaska Fairbanks: Sam Harthun continued her spectacular season producing 37 kills and also recording 14 digs in losses to Central Washington and Northwest Nazarene. Harthun leads the GNAC in both points (4.83) and kills (4.33) and ranking ninth and 11th nationally in the two categories. In her second season, she currently ranks sixth in GNAC history in kills per set averaging 3.86.

Central Washington: Rachel Hanses had 22 kills and Erin Smith had 20 kills and nine blocks to lead the Wildcats to a pair of wins in Alaska. Smith hit for a .440 percentage (13-2-25) in CWU's win Thursday at Fairbanks. She added seven more kills and hit for a .462 percentage and also had four blocks in a 3-0 win at Anchorage. Kaely Kight had 26 kills as CWU held its opponents to a .136 attack percentage.

MSU Billings: Stormy Siemion had team-highs of 28 kills and 35 digs and Monica Grimsrud had 27 kills as the Yellowjackets dropped a pair of matches. Chelsey Walter had 19 kills and Julia Anderson had a team-high eight blocks.

Northwest Nazarene: Elayna Rice had 26 kills and hit for a .393 percentage and also contributed 19 digs and four blocks as the Crusaders swept two matches in Alaska. The Crusaders also got 19 kills and 11 blocks from Andrea Terpstra and 24 digs and 16 assists from Taylor Roberts. In Thursday's upset of first-place Alaska Anchorage, Rice led the Crusaders with 15 kills and Terpstra had 11 kills and seven blocks. NNU was charged with just four errors and hit .432 in Saturday's win at Fairbanks.

Saint Martin's: Kristyn Ross had 14 kills and 10 digs and Brooke Good had 12 kills in a narrow 3-1 loss at Western Oregon. Three of the four sets were decided by two points, including two of WOU's three wins.

Seattle Pacific: In addition to Cavell, Seattle Pacific also got 26 kills from Nikki Lowell and 20 from Lexi Biondi in its two victories. Lowell continued to climb closer to the top of the GNAC career block list adding seven to her total, which now stands at 379 and ranks fourth.

Simon Fraser: Kelsey Robinson had 45 kills including 24 in the Clan's 3-2 win over MSU Billings. She also had 35 digs. Madeline Hait led SFU with 15 blocks, nine against the Yellowjackets. She also had 18 hills.

Western Oregon: Becky Blees had 11 kills and eight blocks (See *Milestones*), leading her team in both categories, to lead the Wolves past Saint Martin's. WOU

also outlit the Saints .215 to .062 as Megan Triggs had 21 digs, increasing her career total to 1,427. That ranks 13th in GNAC history.

Western Washington: Kayla Erickson had 36 kills and nine blocks and hit for a .431 percentage as the Vikings split two matches. Kelsey Moore had 27 kills. Samantha Hutchinson was credited with 49 digs moving into 10th place on the GNAC all-time career dig list.

GNAC CAREER LEADERS (Through Oct. 26)

Points

1.	Louise Free, NNU (1999-02)	1723
33	Nikki Lowell, SPU (2010-13)	1184
47.	Monica Grimsrud, MSUB (2011-13)	1035

Kills

1.	Sarah Sommerman, SU (2002-05)	1461
33.	Nikki Lowell, SPU (2010-13)	962
37.	Monica Grimsrud, MSUB (2011-13)	934

Assists

1.	Kate Reome, CWU (2001-04)	4780
22.	Cymbree Decosta, SMU (2009, 11-13)	2210
24.	Michelle Terpstra, NNU (2011-13)	2011

Aces

1.	Erin Norris, CWU (2006-09)	198
45.	Becky Blees, WOU (2010-13)	86
49.	Siobhan Johansen, UAA (2010-13)	84

Solo Blocks

1.	Alicia Denny, SMU(2000-02)	151
24.	Erin Smith, CWU (2010-13)	48
26.	Amanda Renkema, SFU (2011-13)	46

Blocking Assists

1.	Cammy Dranginis, NNU (2006-09)	367
2.	Becky Blees, WOU (2010-13)	360
3.	Nikki Lowell, SPU (2010-13)	342
19.	Erin Smith, CWU (2010-13)	255

Total Blocks

1.	Cammy Dranginis, NNU (2006-09)	473
4.	Nikki Lowell, SPU (2010-13)	379
5.	Becky Blees, WOU (2010-13)	373
19.	Erin Smith, CWU (2010-13)	303

Digs

1.	Courtney Schneider, WWU (2004-07)	2695
10.	Samantha Hutchinson, WWU (2011-13)	1462
13.	Megan Triggs, WOU (2010-13)	1427
29.	Kaely Kight, CWU (2011-13)	1259

GNAC 40-49 IN NON-CONFERENCE: GNAC teams have posted a 40-49 record in non-conference matches. Conference teams were 15-19 against CCAA opponents and 9-18 against PacWest foes. The lone non-conference match remaining on the schedule is Oct. 29 when MSU Billings hosts Rocky Mountain.

GNAC (15) vs. CCAA (19): Northwest Nazarene 2-0, Western Oregon 1-0, Western Washington 4-1, Seattle Pacific 3-3, Central Washington 2-2,

MSU Billings 2-4, Alaska Anchorage 1-4, Saint Martin's 0-2, Alaska Fairbanks 0-3.

GNAC (9) vs. PacWest (18): Western Oregon 1-0, Western Washington 1-0, Alaska Anchorage 2-2, Northwest Nazarene 2-2, Seattle Pacific 1-1, Saint Martin's 1-5, Alaska Fairbanks 1-6, MSU Billings 0-2.

YEAR-BY-YEAR NON-CONFERENCE RECORDS

Year	Regular	Regionals	Nationals	Totals (+/-)
	W-L	W-L	W-L	W-L
2001	50-41	1-2 (2)		51-43 (+8)
2002	32-45	0-1 (1)		32-46 (-14)
2003	44-38	0-2 (2)		44-40 (+4)
2004	41-36	0-1 (1)		41-37 (+4)
2005	31-49	1-2 (2)		32-51 (-19)
2006	41-38	0-3 (3)		41-41 (Even)
2007	41-41	3-2 (3)	2-1	46-44 (+2)
2008	52-41	0-1 (1)		52-42 (+10)
2009	55-49	1-2 (2)		56-51 (+5)
2010	27-39	3-3 (3)		30-42 (-12)
2011	32-36	0-2 (2)		32-38 (-6)
2012	47-36	1-2 (2)		48-38 (+10)
2013	40-49	TBA		40-49 (-9)
Totals		10-23 (24)	2-1 (1)	Minus 17

PREVIOUS RED LION PLAYERS OF THE WEEK

Week of Sept. 2-8: Offense – Kayla Erickson, Western Washington (MB, 6-0, Jr., Gig Harbor, WA) hit for a phenomenal .542 percentage (50-5-83) and also had a team-high 15 blocks as the Vikings cruised to four 3-0 victories in the Western Oregon Invitational. With Erickson leading the way, WWU outthit its four opponents .390 to .120. **Defense** – Nikki Lowell, Seattle Pacific (MB, 5-10, Sr., Claremont, CA) had 26 blocks as the Falcons split four matches in the Coyote Classic. Eight of her blocks came in a 3-2 victory over 14th-ranked Cal State San Bernardino as SPU overcome a 2-0 set deficit to beat the Coyotes for the first time in eight tries. Lowell also had 12 kills and a career-high eight digs. SPU had won just one set in its previous seven contests with San Bernardino.

Week of Sept. 9-15: Offense – Andrea Terpstra, Northwest Nazarene (MB, 6-4, Jr., Ripon, CA) tallied 50 kills and 20 blocks as the Crusaders won three of four matches in the CSU East Bay/Notre Dame de Namur Route 92 Showdown. Terpstra, a transfer from San Diego State, hit for a .417 percentage (50-10-96). **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA - Curtis) averaged 8.50 digs – two more than her season average of 6.50 - as the Vikings won three of four matches at the Sonoma State Seawolf Invitational. Hutchinson had a total of 102 digs in 12 sets.

Week of Sept. 16-22: Offense – Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) and Julia Mackey, Alaska Anchorage (OH, 5-11, So., Fairbanks, AK – West Valley) Harthun had a GNAC opening conference week high 31 kills and also hit for a .344 percentage, 140 points above her season average as the Nanooks split two matches. Harthun, who leads the GNAC on the season in kills (4.02) and service aces (0.53), had 18

kills and a .469 percentage in Thursday's 3-0 win over Montana State Billings. On the season, she has had three of the top five kill totals (19, 18 and 17) this fall in the GNAC ... Mackey had 13 kills in 20 attempts and didn't make an error as the Seawolves hit for a .437 percentage in a 3-0 win over MSU Billings. That was UAA's best percentage in a conference match in the 13-year history of the GNAC. Mackey finished the opening weekend with 26 kills and a .345 percentage as UAA swept a pair of matches. **Defense** – Taylor Roberts, Northwest Nazarene (L, 5-5, Jr., Nampa, ID) led the Crusaders, who have won five straight, to road wins at Saint Martin's and Western Oregon. Roberts had 50 digs as NNU held the Saints and Wolves to a combined .148 attack percentage.

Week of Sept. 23-29: Offense – Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) had 27 kills, 19 digs and five aces to lead the Seawolves to 3-1 road victories at Central Washington and Northwest Nazarene as the Seawolves improved to 4-0 in conference matches. **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA - Curtis) and Quinn Barker, Alaska Anchorage (L, 5-5, Jr., Mission Viejo, CA – Central Arizona) ... Hutchinson had digs on 20 percent of MSU Billings and Seattle Pacific's attacks in a pair of 3-0 victories as the Vikings opened their conference season with two victories. She had a total of 54 in six sets (9.00), helping hold WWU's two opponents to a .099 hitting percentage ... Barker netted 41 digs and also had seven aces without a service error and just two reception errors in a pair of 3-1 road victories.

Sept. 30-Oct. 6: Offense – Keri Knight, Alaska Fairbanks (OH, 5-9, Sr., Arvada, CO) and Kristyn Ross, Saint Martin's (OH, 5-10, Jr., Olympia, WA – Capital) ... Knight had 26 kills and hit for a .357 percentage as the Nanooks earned a home split, defeating Western Oregon for the first time since 2009 and for the first time in Fairbanks since 2006. Over her last eight matches, Knight has raised her season attack percentage 125 points (from .066 to .193) ... Ross led Saint Martin's to its first conference road victory since early in the 2012 season as she tallied 26 kills in a pair of contests, including 15 in a 3-0 win at Fairbanks. She also had a team-high three service aces. **Defense** – Emily Boerger, Western Washington (MB, 6-1, Sr., Marysville, WA – Marysville-Pilchuck) had a team-high nine blocks as the Vikings held Northwest Nazarene and Central Washington to a combined .022 attack percentage in 3-0 victories. Boerger also had 19 kills and hit for a .483 percentage in the two wins.

Week of Oct. 7-13: Offense - Rachel Hanses, Central Washington (OH, 5-11, So., Yakima, WA – West Valley) had 26 kills and a .296 percentage to lead the Wildcats to wins over Seattle Pacific and Montana State Billings. Hanses also had five digs and two blocks. **Defense** - Jenna Caywood, Northwest Nazarene (MB, Fr., Meridian, ID – Cole Valley Christian) had 17 kills, 14 blocks and hit for a .452 percentage (17-3-31) leading the Crusaders to 3-1 wins over Montana State Billings and Seattle Pacific. She had seven kills and six blocks against MSUB and 10 kills in just 13 attempts and seven blocks against SPU.

Week of Oct. 14-20: Offense - Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) and Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) ... Zanders had 29 kills, including 22 in Saturday's five-set win over Western Washington, as the Seawolves snapped the Vikings' 17-match home win streak. Zanders hit .354 against WWU, which on the season is holding opponents to a .119 average. She also had 23 digs and five blocks in UAA's two road victories ... Harthun had a dominating performance despite two 3-0 losses, totaling 44 kills and 10 digs and hitting for a .356 percentage. Her 26 kills Saturday at Simon Fraser was just one kill was one off the GNAC record for most kills in a three-set match and is the most in the GNAC this fall in a match of any length. She also had a match-high 18 kills versus Western Washington. **Defense** - Larissa Hamilton, Saint Martin's (MB, 6-0, Fr., Vancouver, WA - Skyview) and Jackie Arnold, Seattle Pacific (MB, 5-11, So., Anaheim, CA - Canyon) ... Hamilton had 12 blocks in six sets and hit for a .444 percentage (10-2-18) as the Saints split two matches earning their third conference win of the season to match last year's victory total. Their win at Billings Thursday was their first-ever road victory against MSUB ... Arnold had 11 block assists, including a career-high nine in a five-set win over Western Oregon. Of the nine blocks against the Wolves, three came in the fourth set and three also came in the fifth set as SPU overcame a 2-1 deficit. She also had 19 kills, including 10 against WOU, hitting .333 (19-7-36). She posted a .533 percentage (9-1-15) in a sweep of Saint Martin's.