



## Great Northwest Athletic Conference

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### 2013 Volleyball Report No. 9 (Oct. 21, 2013)

	Conf.		All		H	A	N
	W	L	W	L			
Alaska Anchorage	9	0	15	6	8-1	6-3	1-2
Western Washington	7	1	14	2	3-1	4-1	7-0
Northwest Nazarene	6	3	10	5	3-1	4-3	3-1
Central Washington	5	4	9	8	4-1	2-4	3-3
Seattle Pacific	5	4	9	8	4-1	2-4	3-3
Simon Fraser	3	5	8	6	7-3	1-3	0-0
Saint Martin's	3	6	7	14	3-4	3-5	1-5
Western Oregon	3	6	6	13	4-6	3-3	0-4
Alaska Fairbanks	2	7	3	17	2-6	1-9	0-2
MSU Billings	1	8	3	14	1-3	0-7	2-4

**LAST WEEK: Thursday** – Alaska Anchorage 3 at Simon Fraser 0 (25-21, 25-22, 25-14); Alaska Fairbanks 0 at Western Washington 3 (25-15, 25-17, 25-14); Saint Martin's 3 at MSU Billings 0 (25-19, 25-18, 29-27); Western Oregon 2 at Seattle Pacific 3 (24-26, 25-21, 16-25, 25-20, 15-10). **Saturday** – Alaska Anchorage 3 at Western Washington 2 (23-25, 26-24, 25-23, 19-25, 15-12); Alaska Fairbanks 0 at Simon Fraser 3 (31-29, 25-20, 25-18); Northwest Nazarene 0 at Central Washington 3 (26-24, 25-20, 25-18); Western Oregon 3 at MSU Billings 2 (16-25, 26-24, 25-19, 23-25, 15-3); Saint Martin's 0 at Seattle Pacific 3 (25-23, 25-19, 25-16).

**THIS WEEK: Thursday** – Northwest Nazarene at Alaska Anchorage; Central Washington at Alaska Fairbanks; MSU Billings at Simon Fraser; Seattle Pacific at Western Washington. **Saturday** – Central Washington at Alaska Anchorage; Northwest Nazarene at Alaska Fairbanks, **3 pm**; MSU Billings at Western Washington; Saint Martin's at Western Oregon; Seattle Pacific at Simon Fraser. **Tuesday (Oct. 29)** – Rocky Mountain at MSU Billings, 7 p.m.

**NCAA NATIONAL STATISTICS (Through Oct. 20): Individuals (Top 30):** Points – 9. Sam Harthun, UAF, 4.76; 26. Kayla Erickson, WWU, 4.32. Kills – 12. Sam Harthun, UAF, 4.23. Hitting Percentage – 1. Kayla Erickson, WWU, .428; 5. Emily Boerger, WWU, .398. Assists – 10. Taylor Dillard, WWU, 11.40; 26. Catie Fry, CWU, 10.67. Blocks – 10. Nikki Lowell, SPU, 1.32; 12. Jodi Huddleston, UAA, 1.26; 14. Andrea Terpstra, NNU, 1.25; 17. Becky Blees, WOU, 1.19; 28. Kayla Erickson, WWU, 1.15; 29. Jackie Arnold, SPU, 1.14. Digs – 2. Samantha Hutchinson, WWU, 6.72; 15. Kaely Kight, CWU, 5.56. **Team (Top 30):** Kills – 12. Western Washington 14.04. Hitting Percentage – 5. Western Washington .292. Assists – 13. Western Washington 12.98. Blocks – 4. Seattle Pacific 2.67; 20. Northwest Nazarene 2.38; 27. Western Washington 2.33. Digs – 22. Western Washington 18.00.

**POLLS: AVCA (Oct. 21)** – 8. Western Washington; 29. Alaska Anchorage.

**ALL-TOURNAMENT: CSU San Bernardino Coyote Classic (Sept. 6-7)** – Nikki Lowell, SPU; Catie Fry, CWU. **Point Loma Nazarene (Sept. 6-7)** – Chelsey Walter, MSUB. **UAA Spring Hills Suite (Sept. 5-7)** – Julia Mackey, UAA; Jodi Huddleston, UAA; Quinn Barker, UAA. **Alaska Nanook Classic (Sept. 6-7)** – Sam Harthun, UAF. **Sonoma State (Sept. 13-14)** – Kayla Erickson, WWU; Emily Boerger, WWU.

**PLAYERS OF THE WEEK: Offense** – Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) and Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) ... Zanders had 29 kills, including 22 in Saturday's five-set win over Western Washington, as the Seawolves snapped the Vikings' 17-match home win streak. Zanders hit .354 against WWU, which on the season is holding opponents to a .119 average. She also had 23 digs and five blocks in UAA's two road victories ... Harthun had a dominating performance despite two 3-0 losses, totaling 44 kills and 10 digs and hitting for a .356 percentage. Her 26 kills Saturday at Simon Fraser was just one kill was one off the GNAC record for most kills in a three-set match and is the most in the GNAC this fall in a match of any length. She also had a match-high 18 kills versus Western Washington. **Defense** – Larissa Hamilton, Saint Martin's (MB, 6-0, Fr., Vancouver, WA - Skyview) and Jackie Arnold, Seattle Pacific (MB, 5-11, So., Anaheim, CA – Canyon) ... Hamilton had 12 blocks in six sets and hit for a .444 percentage (10-2-18) as the Saints split two matches earning their third conference win of the season to match last year's victory total. Their win at Billings Thursday was their first-ever road victory against MSUB ... Arnold had 11 block assists, including a career-high nine in a five-set win over Western Oregon. Of the nine blocks against the Wolves, three came in the fourth set and three also came in the fifth set as SPU overcame a 2-1 deficit. She also had 19 kills, including 10 against WOU, hitting .333 (19-7-36). She posted a .533 percentage (9-1-15) in a sweep of Saint Martin's. **Honorable Mention** – Siobhan Johansen, Alaska Anchorage; Erin Smith, Central Washington; Kaitlin Quirk, Central Washington; Elayna Rice, Northwest Nazarene; Taylor Roberts, Northwest Nazarene; Samantha Hutchinson, Western Washington.

**UAA EXTENDS WIN STREAK TO NINE:** Alaska Anchorage extended its winning streak to nine matches and snapped Western Washington's streak at seven with its 3-2 victory Saturday at Bellingham. The Seawolves also ended WWU's home win streak at 17. Western Washington has won 31 of its last 33 home matches with both losses coming to Alaska Anchorage ... The loss cost WWU just one position in the AVCA national rankings, as it fell from seventh to eighth. UAA remained among "others receiving votes" and is 29<sup>th</sup> overall.

**GNAC TEAM OF THE WEEK: Sept. 2-8** – Simon Fraser (football). **Sept. 9-15** – Northwest Nazarene (volleyball). **Sept. 16-22** – MSU Billings (men’s cross country) and Simon Fraser (women’s cross country). **Sept. 23-29** – Western Oregon (football). **Sept. 30-Oct. 6** – Seattle Pacific (men’s soccer). **Oct. 7-13** – Central Washington (women’s soccer). **Oct. 14-20** – Western Oregon (women’s soccer).

**TEAM NOTES**

**Alaska Anchorage:** In addition to Zanders’ 29 kills (*See Player of the Week notes*), Julia Mackey led the Seawolves with 25 kills in their road sweep at Burnaby and Bellingham. Brooke Pottle had 19 kills and 31 digs and Jodi Huddleston netted eight blocks. Siobhan Johansen also played a key role in the wins. Splitting setter duties, she tallied 38 assists, had a career-high tying five aces and 11 digs against WWU and had three aces against SFU.

**Alaska Fairbanks:** Sam Harthun accounted for 57.9 percent of the Nanooks’ kills (44 of 76) in losses at Western Washington and Simon Fraser. Her 26 kills versus Simon Fraser was one kill shy of the GNAC single-match record for a three-set match set by her coach (Mallory Bergstrom Larranaga) against Saint Martin’s in 2003. Fourteen of her kill came in UAF’s first set against Simon Fraser. She had just one error in that set and hit for a .684 percentage.

**Central Washington:** After missing last week’s matches, Erin Smith led Central Washington with 12 kills and a .750 percentage in a 3-0 sweep of Northwest Nazarene. Smith’s percentage (12-0-16) was the highest in the GNAC this season (min. of 12 kills). Kaitlin Quirk had 12 points, on six kills, seven blocks (one solo) and two aces.

**MSU Billings:** Ashlynn Ward had 22 kills and Monica Grimsrud and Chelsey Walter each had 18 in home losses to Saint Martin’s and Western Oregon. Grimsrud had 20 ½ points increasing her career point total to 1005 and becoming the 51<sup>st</sup> player in GNAC history to net 1000 or more points.

**Northwest Nazarene:** Elayna Rice had a team-high 12 kills and eight digs and Taylor Roberts led the Crusaders with 15 digs in a 3-0 loss to Central Washington. Andrea Terpstra was credited with 10 kills and three blocks.

**Saint Martin’s:** Brooke Good had a team-high 17 kills and eight block assists as the Saints split two road matches. SMU also got 14 kills from Kristyn Ross and 10 from Larissa Hamilton. In SMU’s win at MSU Billings, Saint Martin’s held the Yellowjackets to a .008 percentage (35-34-122) blocking 15 attacks.

**Seattle Pacific:** Madi Cavell had 26 kills and 10 blocks in wins over Western Oregon and Saint Martin’s. Nikki Lowell was credited with 21 kills and 13 blocks increasing her career block total to 372 and moving into fourth place on the GNAC all-time block list. Jackie Arnold was also in double figure blocks with 11 and had 19 kills.

**Simon Fraser:** Kelsey Robinson led Simon Fraser with 23 kills and also had 16 digs as the Clan split two matches. Devon May chipped in with 18 kills. Mackenzie Dunham and Madeline Hait each had 14 kills. Hait also led the Saints with six blocks.

**Western Oregon:** Krissi Kemper had 19 kills and Becky Blee had 18 kills and 10 blocks as the Wolves split two matches. Nine of Blee’s blocks were assists increasing her career total to 352 and pulling her within 15 of the GNAC all-time career record of 367 by Cammy Dranginis of Northwest Nazarene (2006-09).

**Western Washington:** A crowd of 920 watched an epic battle Saturday at Carver Gymnasium as Alaska Anchorage outlasted the Vikings. Kayla Erickson led the Vikings with 19 kills and had 28 kills and 10 blocks in two matches. Kelsey Moore had 14 kills and a .387 percentage in WWU’s Thursday victory against Alaska Fairbanks

**GNAC CAREER LEADERS (Through Oct. 19)**

<b>Points</b>		
1.	Louise Free, NNU (1999-02)	1723
35	Nikki Lowell, SPU (2010-13)	1154
51.	Monica Grimsrud, MSUB (2011-13)	1005
<b>Kills</b>		
1.	Sarah Sommerman, SU (2002-05)	1461
36.	Nikki Lowell, SPU (2010-13)	936
41.	Monica Grimsrud, MSUB (2011-13)	907
<b>Assists</b>		
1.	Kate Reome, CWU (2001-04)	4780
22.	Cymbree Decosta, SMU (2009, 11-13)	2189
25.	Michelle Terpstra, NNU (2011-13)	1950
<b>Aces</b>		
1.	Erin Norris, CWU (2006-09)	198
48.	Becky Blee, WOU (2010-13)	84
52.	Siobhan Johansen, UAA (2010-13)	83
<b>Solo Blocks</b>		
1.	Alicia Denny, SMU(2000-02)	151
25.	Erin Smith, CWU (2010-13)	47
26.	Amanda Renkema, SFU (2011-13)	46
<b>Blocking Assists</b>		
1.	Cammy Dranginis, NNU (2006-09)	367
2.	Becky Blee, WOU (2010-13)	352
3.	Nikki Lowell, SPU (2010-13)	336
29.	Erin Smith, CWU (2010-13)	247
<b>Total Blocks</b>		
1.	Cammy Dranginis, NNU (2006-09)	473
4.	Nikki Lowell, SPU (2010-13)	372
8.	Becky Blee, WOU (2010-13)	365
24.	Erin Smith, CWU (2010-13)	294
<b>Digs</b>		
1.	Courtney Schneider, WWU (2004-07)	2695
12.	Samantha Hutchinson, WWU (2011-13)	1413
13.	Megan Triggs, WOU (2010-13)	1406
22.	Kaely Kight, CWU (2011-13)	1233

**GNAC 40-49 IN NON-CONFERENCE:** GNAC teams have posted a 40-49 record in non-conference matches. Conference teams were 15-19 against CCAA opponents and 9-18 against PacWest foes. The lone non-conference match remaining on the schedule is Oct. 29 when MSU Billings hosts Rocky Mountain.

**GNAC (15) vs. CCAA (19):** Northwest Nazarene 2-0, Western Oregon 1-0, Western Washington 4-1, Seattle Pacific 3-3, Central Washington 2-2, MSU Billings 2-4, Alaska Anchorage 1-4, Saint Martin's 0-2, Alaska Fairbanks 0-3.

**GNAC (9) vs. PacWest (18):** Western Oregon 1-0, Western Washington 1-0, Alaska Anchorage 2-2, Northwest Nazarene 2-2, Seattle Pacific 1-1, Saint Martin's 1-5, Alaska Fairbanks 1-6, MSU Billings 0-2.

#### YEAR-BY-YEAR NON-CONFERENCE RECORDS

Year	Regular	Regionals	Nationals	Totals (+/-)
	W-L	W-L	W-L	W-L
2001	50-41	1-2 (2)		51-43 (+8)
2002	32-45	0-1 (1)		32-46 (-14)
2003	44-38	0-2 (2)		44-40 (+4)
2004	41-36	0-1 (1)		41-37 (+4)
2005	31-49	1-2 (2)		32-51 (-19)
2006	41-38	0-3 (3)		41-41 (Even)
2007	41-41	3-2 (3)	2-1	46-44 (+2)
2008	52-41	0-1 (1)		52-42 (+10)
2009	55-49	1-2 (2)		56-51 (+5)
2010	27-39	3-3 (3)		30-42 (-12)
2011	32-36	0-2 (2)		32-38 (-6)
2012	47-36	1-2 (2)		48-38 (+10)
2013	40-49	TBA		40-49 (-9)
<b>Totals</b>		<b>10-23 (24)</b>	<b>2-1 (1)</b>	<b>Minus 17</b>

#### PREVIOUS RED LION PLAYERS OF THE WEEK

**Week of Sept. 2-8: Offense** – Kayla Erickson, Western Washington (MB, 6-0, Jr., Gig Harbor, WA) hit for a phenomenal .542 percentage (50-5-83) and also had a team-high 15 blocks as the Vikings cruised to four 3-0 victories in the Western Oregon Invitational. With Erickson leading the way, WWU outhit its four opponents .390 to .120. **Defense** – Nikki Lowell, Seattle Pacific (MB, 5-10, Sr., Claremont, CA) had 26 blocks as the Falcons split four matches in the Coyote Classic. Eight of her blocks came in a 3-2 victory over 14<sup>th</sup>-ranked Cal State San Bernardino as SPU overcome a 2-0 set deficit to beat the Coyotes for the first time in eight tries. Lowell also had 12 kills and a career-high eight digs. SPU had won just one set in its previous seven contests with San Bernardino.

**Week of Sept. 9-15: Offense** – Andrea Terpstra, Northwest Nazarene (MB, 6-4, Jr., Ripon, CA) tallied 50 kills and 20 blocks as the Crusaders won three of four matches in the CSU East Bay/Notre Dame de Namur Route 92 Showdown. Terpstra, a transfer from San Diego State, hit for a .417 percentage (50-10-96). **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA - Curtis) averaged 8.50 digs – two more than her season average of 6.50 - as the Vikings won three of four matches at the Sonoma State Seawolf Invitational. Hutchinson had a total of 102 digs in 12 sets.

**Week of Sept. 16-22: Offense** – Sam Harthun, Alaska Fairbanks (OH, 6-0, So., Oregon City, OR) and Julia Mackey, Alaska Anchorage (OH, 5-11, So., Fairbanks, AK – West Valley) .... Harthun had a GNAC opening conference week high 31 kills and also hit for a .344 percentage, 140 points above her season average as the Nanooks split two matches. Harthun, who leads the GNAC on the season in kills (4.02) and service aces (0.53), had 18 kills and a .469 percentage in Thursday's 3-0 win over Montana State Billings. On the season, she has had three of the top five kill totals (19, 18 and 17) this fall in the GNAC ... Mackey had 13 kills in 20 attempts and didn't make an error as the Seawolves hit for a .437 percentage in a 3-0 win over MSU Billings. That was UAA's best percentage in a conference match in the 13-year history of the GNAC. Mackey finished the opening weekend with 26 kills and a .345 percentage as UAA swept a pair of matches. **Defense** – Taylor Roberts, Northwest Nazarene (L, 5-5, Jr., Nampa, ID) led the Crusaders, who have won five straight, to road wins at Saint Martin's and Western Oregon. Roberts had 50 digs as NNU held the Saints and Wolves to a combined .148 attack percentage.

**Week of Sept. 23-29: Offense** – Katelynn Zanders, Alaska Anchorage (OH, 5-9, So., Anchorage, AK - South) had 27 kills, 19 digs and five aces to lead the Seawolves to 3-1 road victories at Central Washington and Northwest Nazarene as the Seawolves improved to 4-0 in conference matches. **Defense** – Samantha Hutchinson, Western Washington (L, 5-7, Jr., University Place, WA - Curtis) and Quinn Barker, Alaska Anchorage (L, 5-5, Jr., Mission Viejo, CA – Central Arizona) ... Hutchinson had digs on 20 percent of MSU Billings and Seattle Pacific's attacks in a pair of 3-0 victories as the Vikings opened their conference season with two victories. She had a total of 54 in six sets (9.00), helping hold WWU's two opponents to a .099 hitting percentage ... Barker netted 41 digs and also had seven aces without a service error and just two reception errors in a pair of 3-1 road victories.

**Sept. 30-Oct. 6: Offense** – Keri Knight, Alaska Fairbanks (OH, 5-9, Sr., Arvada, CO) and Kristyn Ross, Saint Martin's (OH, 5-10, Jr., Olympia, WA – Capital) ... Knight had 26 kills and hit for a .357 percentage as the Nanooks earned a home split, defeating Western Oregon for the first time since 2009 and for the first time in Fairbanks since 2006. Over her last eight matches, Knight has raised her season attack percentage 125 points (from .066 to .193) ... Ross led Saint Martin's to its first conference road victory since early in the 2012 season as she tallied 26 kills in a pair of contests, including 15 in a 3-0 win at Fairbanks. She also had a team-high three service aces. **Defense** – Emily Boerger, Western Washington (MB, 6-1, Sr., Marysville, WA – Marysville-Pilchuck) had a team-high nine blocks as the Vikings held Northwest Nazarene and Central Washington to a combined .022 attack percentage in 3-0 victories. Boerger also had 19 kills and hit for a .483 percentage in the two wins.

**Week of Oct. 7-13: Offense** - Rachel Hanses, Central Washington (OH, 5-11, So., Yakima, WA – West Valley) had 26 kills and a .296 percentage to lead the Wildcats to wins over Seattle Pacific and Montana State Billings. Hanses also had five digs and two blocks. **Defense** - Jenna Caywood, Northwest Nazarene (MB, Fr., Meridian, ID – Cole Valley Christian) had 17 kills, 14 blocks and hit for a .452 percentage (17-3-31) leading the Crusaders to 3-1 wins over Montana State Billings and Seattle Pacific. She had seven kills and six blocks against MSUB and 10 kills in just 13 attempts and seven blocks against SPU.