



## Great Northwest Athletic Conference

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### 2012 Volleyball Week #11 (Nov. 14, 2012)

	Conf.		All		H	A	N
	W	L	W	L			
Western Washington	14	2	21	3	9-0	6-2	6-1
Western Oregon	12	4	19	6	11-3	8-3	0-0
Central Washington	12	4	19	7	6-2	8-4	5-1
Alaska Anchorage	11	5	16	8	10-3	5-3	1-2
Seattle Pacific	10	6	13	12	4-3	7-6	2-3
MSU Billings	7	9	10	14	4-3	3-9	3-2
Northwest Nazarene	6	10	13	14	5-3	5-8	3-3
Alaska Fairbanks	4	12	6	16	5-7	1-9	0-0
Saint Martin's	3	13	6	16	2-6	4-10	0-0
Simon Fraser	1	15	4	20	2-10	1-8	1-2

**LAST WEEK: Thursday** – MSU Billings 0 at Alaska Anchorage 3 (25-19, 25-21, 25-18); Seattle Pacific 3 at Alaska Fairbanks 0 (25-18, 25-20, 25-18); Central Washington 3 at Saint Martin's 1 (23-25, 25-14, 25-18, 25-19); Northwest Nazarene 0 at Western Oregon 3 (25-19, 27-25, 25-15). **Saturday** – Seattle Pacific 3 at Alaska Anchorage 1 (25-16, 21-25, 25-21, 25-23); MSU Billings 1 at Alaska Fairbanks 3 (25-23, 23-25, 25-21, 25-17); Central Washington 3 at Western Oregon 0 (25-22, 25-20, 25-17); Northwest Nazarene 3 at Saint Martin's 0 (25-14, 25-15, 25-20); Simon Fraser 0 at Western Washington 3 (25-6, 25-16, 25-15).

**THIS WEEK: Tuesday** – Douglas 3 at Simon Fraser (18-25, 25-21, 24-26, 25-23, 15-13). **Thursday** – Alaska Anchorage at Northwest Nazarene; Alaska Fairbanks at Central Washington; Simon Fraser at MSU Billings; Saint Martin's at Western Oregon; Western Washington at Seattle Pacific. **Saturday** – Alaska Anchorage at Central Washington; Alaska Fairbanks at Northwest Nazarene; Western Washington at MSU Billings; Western Oregon at Saint Martin's; Simon Fraser at Seattle Pacific. (**End-of-regular season**).

**UPCOMING:** The NCAA post-season begins Thursday, Nov. 29 with the regional tournament. The winner of the regional tournament will advance to the national tournament Dec. 6-8.

**POLLS: AVCA (Nov. 12)** – 15. Western Washington; 26. Central Washington. **NCAA West Regional (Nov. 14)** – 1. BYU-Hawaii (21-3); 2. Grand Canyon (23-5); 3. Cal State San Bernardino (20-8); 4. Western Washington (21-3); 5. UC San Diego (19-9); 6. Sonoma State (20-8); 7. San Francisco State (19-8); 8. Central Washington (19-7); 9. Western Oregon (19-6); 10. Chico State (18-9).

**NCAA NATIONAL STATISTICS (Through Nov. 11): Team (Top 30):** Assists – 13. Western Washington 13.26. Blocks – 16. Western Oregon 2.39. Hitting PCT. – 6. Western Washington .275; 30. Western Oregon .245. Kills – 17. Western Washington 13.90. **Individuals (Top 30):** Assists – 5. Laurie Yearout, WWU, 12.00; 23. Shelby Swanson, SPU, 10.73; 24. Kimya Jafroudi, UAA, 10.73. Blocks – 19. Becky Blees, WOU, 1.26. Digs – 6. Samantha Hutchinson, WWU, 6.25; 11. Erin Compton, MSUB, 5.90. Hitting PCT. – 2. Krissi Kemper, WOU, .426; 25. Erin Smith, CWU, .359; 29. Kayla Erickson, WWU, .355. Kills – 12. Marlayna Geary, WWU, 4.26; 20. Cailin Fellows, SPU, 3.99. Points – 10. Marlayna Geary, WWU, 4.90.

**ALL-TOURNAMENT: Western Oregon (Aug. 30-Sept. 1)** – Marlayna Geary, WWU (MVP); Laurie Yearout, WWU; Krissi Kemper, WOU. **Grand Canyon (Aug. 31-Sept. 1)** – Erin Smith, CWU. **Alaska Fairbanks (Aug.**

**31-Sept. 1)** – Katlyn Mataya, UAF; Sam Harthun, UAF. **Honolulu Invitational (Aug. 30-Sept. 1)** – Cailin Fellows, SPU; Monica Grimsrud, MSUB. **Sonoma State (Sept. 7-8)** – Marlayna Geary, WWU (MVP); Samantha Hutchinson, WWU; Laurie Yearout, WWU. **Alaska Anchorage (Sept. 7-8)** – Kimya Jafroudi, UAA (MVP); Katelynn Zanders, UAA, Julia Mackey, UAA; Sarah Johnson, UAA. **CSU Pueblo (Sept. 7-8)** – Monica Grimsrud, MSUB; Erin Compton, MSUB. **Notre Dame de Namur/CSU East Bay (Sept. 7-8)** – Becky Flores, NNU.

### GNAC RED LION PLAYERS OF THE WEEK

**Offense** - Cailin Fellows, Seattle Pacific (OH, 5-10, Sr., Edmonds, WA) had 26 kills, 12 digs, four blocks and two service aces in road wins at Fairbanks and Anchorage to earn *Red Lion Offensive Player of the Week* honors. Fellows currently ranks second in the GNAC in kills per set, averaging 3.99. Her total of 363 ranks first in the conference. **Defense** – Devin Larson, Central Washington (S, 5-9, Sr., Mukilteo, WA – Kamiak) had 19 digs and three blocks and also contributed offensively, earning 75 assists as the Wildcats earned road victories defeating Saint Martin's and Western Oregon. That performance earned her *Red Lion Defensive Player of the Week* accolades. **Honorable Mention** – Katy Ferguson, Saint Martin's; Emmy Dolan, Central Washington; Katlyn Mataya, Alaska Fairbanks.

### VIKINGS ONE WIN AWAY FROM NCAA BERTH:

Western Washington needs one win in its final two contests this week to wrap up the GNAC's automatic berth in the NCAA West Regionals. If the Vikings lose their final two contests, Central Washington and/or Western Oregon could tie the Vikings for the conference title. A three-way tie would earn Central Washington the automatic berth. If CWU finishes in a two-way with the Vikings, the Wildcats would also earn the automatic berth as long as Western Oregon finishes ahead of Seattle Pacific in the final standings. If WWU and WOU finish in a tie for second the Vikings would get the berth ... The NCAA will announce the playoff field Sunday night at 7 p.m. (PST) with a web cast at [www.ncaa.com](http://www.ncaa.com).

### TEAM NOTES

**Alaska Anchorage:** Julia Mackey had 30 kills, 34.9 percent of the Seawolves' total, as it split two home matches. Siobhan Johansen, filling in for injured setter Kimya Jafroudi, has 63 assists, averaging nine per set. Jodi Huddleston led UAA with nine blocks.

**Alaska Fairbanks:** Katlyn Mataya had 89 assists, averaging 12.71 per set, as the Nanooks split two sets. She

also had 17 digs. On the season, Mataya is averaging 9.95 assists ... Sam Harthun led UAF with 30 kills and Reilly Stevens had 29. Harthun had a GNAC season-high 31 kills Nov. 1 in the Nanooks' match against Simon Fraser, producing the first 30-kill match in the conference since 2009.

**Central Washington:** Marcy Hjellum had 26 kills and 33 digs as the Wildcats earned a road sweep at Saint Martin's and Western Oregon. The Wildcats also got 20 kills from Rachel Hanses and 19 from Emmy Dolan. Devin Larson had 75 assists (10.71 per set) and 19 digs.

**MSU Billings:** Monica Grimsrud had a team-high 26 kills and 19 blocks during MSUB's road trip to Alaska. MSUB outblocked its two opponents 15-10, but was outhit .273 to .211 in the two contests. Chelsey Walter led MSUB in blocking with eight.

**Northwest Nazarene:** Becky Flores had 20 kills and Heather Allen had seven blocks as the Crusaders split a pair of matches. Carly Dranginis chipped in with 15 kills.

**Saint Martin's:** Katy Ferguson led the Saints with 24 kills in a pair of matches. Kyra Davidson had eight blocks.

**Seattle Pacific:** In addition to Fellows (26 kills), the Falcons were led by Nikki Lowell (21 kills) and Madi Cavell (19 kills, 16 digs) in its wins at Fairbanks and Anchorage. Lowell hit .325 on the trip (21-8-40), matching her season percentage, which ranks fourth in the conference. Career-wise, she has a .336 average, the No. 2 best mark in conference history.

**Simon Fraser:** Jessica Young led the Clan with eight kills and eight digs in its loss Saturday at Western Washington. SFU also got six kills from Victoria Senges.

**Western Oregon:** Krissi Kemper had 22 kills and Samantha Ward had 18 as the Wolves split a pair of home matches. Their 3-0 loss Saturday to Central Washington ended an eight-match win streak. That was the second longest streak this fall in the GNAC. CWU had a nine match win streak earlier this season.

**Western Washington:** Marlayna Geary had 15 kills as Western Washington completed its home regular-season schedule with a perfect 9-0 record, its second unbeaten home campaign in the past three seasons. The Vikings have a winning percentage of .905 (114-12) at home since going to a SportCourt surface in 2000 and are 229-78 (74.6 percent) all-time at Carver Gym. Geary has 1,303 career kills, seventh all-time in the conference.

**GNAC 47-36 IN NON-CONFERENCE:** GNAC teams have a winning record during the non-conference portion of its schedule posting a 47-36 record. The GNAC had a winning record (13-12) against the CCAA, but ended up just 9-15 against the Pac West ... Western Washington led the way with a 7-1 record

**GNAC (13) vs. CCAA (12):** Northwest Nazarene 4-0, Western Oregon 1-0, Western Washington 4-1, Central Washington 3-2, Seattle Pacific 1-5, MSU Billings 0-1, Alaska Fairbanks 0-1, Alaska Anchorage 0-2.

**GNAC (9) vs. PacWest (15):** Alaska Anchorage 2-0, Western Oregon 2-1, Seattle Pacific 2-1, Northwest Nazarene 2-3, Alaska Fairbanks 1-3, Central Washington 0-1, MSU Billings 0-3, Saint Martin's 0-3.

#### YEAR-BY-YEAR NON-CONFERENCE RECORDS

Year	Regular	West	Nationals	Totals (+/-)
	W-L	W-L	W-L	W-L
2001	50-41	1-2 (2)		51-43 (+8)
2002	32-45	0-1 (1)		32-46 (-14)
2003	44-38	0-2 (2)		44-40 (+4)
2004	41-36	0-1 (1)		41-37 (+4)
2005	31-49	1-2 (2)		32-51 (-19)
2006	41-38	0-3 (3)		41-41 (Even)
2007	41-41	3-2 (3)	2-1	46-44 (+2)
2008	52-41	0-1 (1)		52-42 (+10)
2009	55-49	1-2 (2)		56-51 (+5)
2010	27-39	3-3 (3)		30-42 (-12)
2011	32-36	0-2 (2)		32-38 (-6)
2012	47-36	?????		47-36 (+11)
<b>Totals</b>		<b>9-21 (22)</b>	<b>2-1 (1)</b>	<b>Minus 6</b>

#### PREVIOUS RED LION PLAYERS OF THE WEEK

**Week of Aug. 27-Sept. 2: Offense -** Marlayna Geary, Western Washington (OH, 5-10, Sr., Tacoma, WA – Bellarmine Prep) had 59 kills and hit for a .356 percentage in leading the Vikings to four victories in the Western Oregon Invitational. Geary became the 29<sup>th</sup> player in GNAC history to record 1,000 career kills, increasing her career total to 1,017. She also had 50 digs, five service aces and three blocks and was named the Most Valuable Player. **Defense -** Erin Smith, Central Washington (MB, 5-10, Jr., Selah, WA) had a team-high 13 blocks and also contributed 51 kills as the Wildcats won three of four matches. Smith committed just six errors in 90 swings.

**Week of Sept. 3-9: Offense -** Marlayna Geary, Western Washington (OH, 5-10, Sr., Tacoma, WA – Bellarmine Prep) had a tourney-best 76 kills and a .314 attack percentage and also had 40 digs and a trio of double-doubles in leading the Vikings to a 3-1 record and a share of the tournament title in the Sonoma State Invitational at Rohnert Park. She also had nine blocks in earning MVP honors for the second week in a row. WWU tied for the tournament title. After losing to No. 25 UC San Diego, the Vikings handed Chico State its first loss of the season and then beat No. 23 Sonoma State. **Defense -** Samantha Hutchinson, Western Washington (L, 5-8, So., University Place, WA - Curtis) had 99 digs, an average of 6.19 per set to earn all-tournament honors as the Vikings outhit their four CCAA opponents by 40 points (.286 to .246).

**Week of Sept. 10-16: Offense -** Sarah Johnson, Alaska Anchorage (OH, 6-1, Fr., Anchorage, AK - South) had 34 kills and hit for a .308 percentage as the Seawolves ran their win streak to six with 3-2 home wins over Central Washington and Northwest Nazarene. She had double-doubles in both victories, including career-highs of 18 kills and 17 digs in Saturday's win over NNU.

She leads UAA with four double-doubles on the season. **Defense** – Samantha Hutchinson, Western Washington (L, 5-8, So., University Place, WA – Curtis) had 35 digs as the Vikings held their opponents to a .098 hitting percentage in sweeps of Montana State Billings and Seattle Pacific. Hutchinson, who was selected the *Red Lion Defensive Player of the Week* for the second week in a row, also had three aces as WWU had a 28-11 point advantage from the service line, including a 18-2 edge in aces.

**Week of Sept. 17-23: Offense** – Emmy Dolan, Central Washington (OH, 5-11, Jr., Castle Rock, WA) had 23 kills and hit for a .450 percentage leading the Wildcats to wins over Simon Fraser and Western Washington. Dolan had 16 kills and hit for a .481 percentage as the Wildcats stopped archrival Western Washington in four sets for the second time in a row at Nicholson Pavilion. CWU also beat the Vikings at home in four sets during the final week of the 2011 season. **Defense** – Becky Bleese, Western Oregon (MB, 5-10, Jr., Portland, OR – Madison) contributed to nine of the Wolves' 15 blocks as WOU earned sweeps of Alaska Anchorage and Alaska Fairbanks in limiting their opponents to a .080 attack percentage. Bleese also had a .412 hitting percentage (8-1-17) in the two wins.

**Week of Sept. 24-30: Offense** – Kayla Erickson, Western Washington (MB, 6-0, So., Gig Harbor, WA) had 24 kills in two matches, including the match-winner as the Vikings handed Western Oregon its first conference loss. Erickson, who hit for a .388 percentage, also had five blocks. She had 11 kills and a team-high three blocks against the Wolves. **Defense** – Marcy Hjellum, Central Washington (OH, 5-11, Sr., Kennewick, WA – Kamiakin) led Central Washington offensively with 39 kills and defensively with 36 digs as the Wildcats ran their win streak to five with road victories at Seattle Pacific and Montana State Billings. Hjellum also hit for a team high .270 percentage, 94 points better than CWU's team percentage of .176 in the two matches.

**Week of Oct. 1-7: Offense** – Megan Morrison, Alaska Fairbanks (OH, 5-11, Fr., Spring Hill, FL - Springstead) tallied 20 kills and hit for a .269 percentage as the Nanooks split two matches to end a 10-match losing streak. Entering this week's matches, Morrison, who also had nine blocks, only had 10 kills on the year and her week's hitting percentage was nearly 300 points better than her season average. She also doubled her season's blocks total as well. In Saturday's win against Simon Fraser, Morrison had 15 kills, seven blocks and a .353 hitting percentage. **Defense** – Shelby Swanson, Seattle Pacific (S, 5-9, Sr., Kennewick, WA) had 36 assists and 18 digs earning her third consecutive double-double as Seattle Pacific swept Western Oregon on the Wolves' court. She also recorded 31 assists in Saturday's three-set victory at Saint Martin's as the Falcons posted back-to-back sweeps for the first time this season. Swanson, who is averaging 10.33 assists per set this season, now has 3,264 career assists, which ranks eighth in GNAC history. She also has seven double-doubles this season and 24 in her career.

**Week of Oct. 8-14: Offense** – Catie Fry, Central Washington (S, 6-0, Fr., Tacoma, WA – Mt. Si) averaged

11.6 assists leading the Wildcats to a pair of 3-0 win against Western Oregon and Saint Martin's. Fry also had a team-high five service aces, 13 digs and four blocks as the Wildcats ran their win streak to nine matches finishing the first half of the conference season in a tie for first-place with Western Washington. **Defense** – Kimya Jafroudi, Alaska Anchorage (S, 5-7, Sr., Huntington Beach, CA) led the Seawolves both offensively and defensively to a pair of road wins at Seattle Pacific and Montana State Billings. Jafroudi had 22 digs and four blocks on defense. Offensively, she earned 82 assists and also had three service aces.

**Week of Oct. 15-21: Offense** – Sam Harthun, Alaska Fairbanks (OH, 6-0, Fr., Oregon City, OR) and Samantha Ward, Western Oregon (OH, 6-1, Sr., Salem, OR – West Salem)... Harthun had 36 kills, three service aces and 18 digs and hit for a .413 percentage (36-5-75) as the Nanooks split two matches. In a 3-0 sweep of Saint Martin's she finished with a match-best 18 kills hitting a career-high .654 (18-1-26). Her hitting percentage was only .079 off the GNAC record (min. 18 kills). She also accrued two service aces to help the Nanooks to their first straight-set win since Oct. 9, 2010 when it swept Central Washington ... Ward produced a team-high 34 kills and hitting for a .413 percentage in wins at UAF and Alaska Anchorage. She had 21 kills and 10 digs and hit .487 against the Nanooks, then led all players with 13 kills in the Wolves' sweep at Alaska Anchorage. **Defense** – Kayla Erickson, Western Washington (MB, 6-0, So., Gig Harbor, WA – Peninsula) had 10 blocks as the Vikings swept Central Washington and Northwest Nazarene extending their win streak to seven, all 3-0 sweeps. Erickson also had 15 kills and four digs. The Vikings held their two opponents to a combined hitting percentage of .078.

**Week of Oct. 22-28: Offense** – Danielle Reese, Western Oregon (OH, 5-9, Sr., Gig Harbor, WA) had 30 kills and 30 digs and hit for a .419 percentage as the Wolves swept nationally 12th-ranked Western Washington and Simon Fraser to extend their win streak to five matches. Reese had 17 kills as the Wolves outthit the Vikings .261 to .150, then added 13 more against the Clan. In the process, Reese became the 30th player in GNAC history to record 1,000 kills, increasing her career total 1,019. **Defense** – Erin Compton, Montana State Billings (L, 5-10, Jr., Billings, MT) and Becky Flores, Northwest Nazarene (MB, 5-9, Sr., Kennewick, WA - Riverview) ... Compton had 60 digs including 36 in MSUB's 3-2 upset of Central Washington. Her dig total against the Wildcats is the second highest in the GNAC this fall. She currently ranks second in the conference and eighth nationally averaging 5.92 per set ... Flores led the Crusaders both offensively and defensively in home wins against Seattle Pacific and MSU Billings. Defensively she had 11 blocks as the Crusaders dominated at the net outblocking their two opponents by a 3-1 margin (27-9) and holding them to a combined .173 hitting percentage. Offensively, she accounted for nearly a quarter of NNU's kills (29 of 119) converting on 42.9 percent of her opportunities. She also had a pair of service aces and five digs.

**Week of Oct. 29-Nov. 4: Offense** - Laurie Yearout, Western Washington (S, 5-9, Sr., Spokane, WA – Lewis & Clark) had 67 assists (11.17 per set) leading the Vikings to sweeps of Alaska Anchorage and Alaska Fairbanks. The Vikings hit for a .277 percentage in the two contests remaining unbeaten at home (8-0) and improving to 20-3 on the season. Yearout also converted on five of nine kill attempts and had four blocks and 11 digs. **Defense** – Becky Blee, Western Oregon (MB, 5-10, Jr., Portland, OR - Madison) had team-highs of six blocks and four service aces in road sweeps of Montana State Billings and Seattle Pacific to claim her second *Red Lion Defensive Player of the Week* award this fall.

**GNAC TEAMS OF THE WEEK:** **Aug. 27-Sept. 2** – Montana State Billings (Women’s Soccer). **Sept. 3-9** – Western Washington (Volleyball). **Sept. 10-16** – Northwest Nazarene (Men’s Soccer). **Sept. 17-23** – Central Washington (Volleyball). **Sept. 24-30** – Central Washington (Football). **Oct. 1-7** – Western Oregon (Women’s Soccer). **Oct. 8-14** – Simon Fraser (Men’s Soccer). **Oct. 15-21** – Alaska Anchorage (Men’s & Women’s Cross Country). **Oct. 22-28** – Western Oregon (Volleyball). **Oct. 29-Nov. 4** – Western Washington (Women’s Soccer). **Nov. 5-11** – Simon Fraser (Women’s Basketball).