



GNAC 2014 Indoor Track and Field Championship
February 21-22, 2014
Hosted by Northwest Nazarene University
FINAL

Friday, February 21th:

Field Events

3:30 PM	Women's Weight Throw (Final)
4:30 PM	Women's Long Jump (Final)
4:30 PM	Women's Pole Vault (Final)
5:00 PM	Men's High Jump (Final)
6:00 PM	Men's Long Jump (Final)
6:00 PM	Men's Shot Put (Final)

Running Events

2:30 PM	Men's 60 M Hurdles (Trial)
2:45 PM	Women's 60 M Hurdles (Trial)
3:05 PM	Men's 60 M Dash (Trial)
3:20 PM	Women's 60 M Dash (Trial)
3:45 PM/TBA	Women's Pent 800
3:35 PM	Men's 400 M (Trial)
3:55 PM	Women's 400 M (Trial)
4:20 PM	Men's 800 M (Trial)
4:35 PM	Women's 800 M (Trial)
4:50 PM	Men's 200 M (Trial)
5:20 PM	Women's 200 M (Trial)
5:50 PM	Men's 5,000 M (Final)
6:20 PM	Women's 5,000 M (Final)
6:50 PM	Men's Distance Medley (Final)
7:05 PM	Women's Distance Medley (Final)

All championship awards (Fri/Sat) will be announced throughout the championships on Saturday.

Saturday, February 22th:

Field Events

10:00 AM	Men's Weight Throw (Final)
10:00 AM	Women's High Jump (Final)
10:30 AM	Women's Triple Jump (Final)
11:15 AM	Men's Triple Jump (Final)
11:45 AM	Men's Pole Vault (Final)
12:15 PM	Women's Shot Put (Final)

