

2006 GNAC Men's Outdoor Track and Field Championships (May 6 at Monmouth)

Team Scores - Central Washington 222, Western Washington 188, Western Oregon 107, Alaska Anchorage 68, Northwest Nazarene 60, Humboldt State 56, Seattle Pacific 51, Saint Martin's 41, Seattle 13. **Outstanding Performer** - Cresap Watson, Central Washington.

100 - 1. Mike Khabibulin, WWU, 11.10; 2. Michael Madrid, UAA, 11.12; 3. Jason Roberts, CWU, 11.15; 4. Eric Walsh, UAA, 11.20; 5. Derek Gitts, WOU, 11.23; 6. Matt Rogstad, CWU, 11.24; 7. Adam Neff, WWU, 11.27; 8. Dustin Wilson, WWU, 11.27; 9. Tyler Wilson, WOU, 11.40; 10. Ryan Walsh, UAA, 11.44.

200 - 1. Cresap Watson, CWU, 22.11; 2. Mike Khabibulin, WWU, 22.26; 3. Adam Neff, WWU, 22.43; 4. Jason Roberts, CWU, 22.44; 5. Michael Madrid, UAA, 22.45; 6. Dustin Wilson, WWU, 22.52; 7. Matt Rogstad, CWU, 22.63; 8. Eric Walsh, UAA, 22.94; 9. Derek Gitts, WOU, 22.99; 10. Robert Edwards, CWU, 23.11; 11. Ryan Walsh, UAA, 23.48; 12. Jason Buckmier, WOU, 23.56; David Johnson, WOU, DQ.

400 - 1. Chris Randolph, SPU, 48.27; 2. Mike Kelley, CWU, 48.70; 3. Charles Velasquez, CWU, 49.51; 4. Casey Hartwig, NNU, 49.51; 5. John Lee, WWU, 50.58; 6. Dallas Beaty, WOU, 50.94; 7. Eddie Wheeler, NNU, 51.46.

800 - 1. Eddie Strickler, SPU, 1:52.52; 2. David Kiplagat, UAA, 1:53.73; 3. Caleb Timmer, SMU, 1:55.22; 4. Nicholas Dols, SU, 1:55.68; 5. Sam Brancheau, WWU, 1:55.88; 6. Anthony Tomsich, WWU, 1:55.90; 7. Andrew Wright, HSU, 1:57.54; 8. Josh Vrendenburg, WOU, 1:58.07; 9. Eric Tibbetts, HSU, 1:58.13; 10. Ryan Meier, NNU, 1:58.65; 11. Corey Cronkhite, CWU, 1:59.24; 12. Michael Gavereski, SPU, 2:00.88; 13. Kyle Lampi, WWU, 2:00.97; 14. Matt DeShazo, HSU, 2:04.20; Nick Crawford, WOU, did not finish.

1500 - 1. David Kiplagat, UAA, 3:58.09; 2. Jasper Peach, HSU, 3:58.22; 3. Keith Lemay, WWU, 3:59.92; 4. Eric Tibbetts, HSU, 3:59.92; 5. Anthony Tomsich, WWU, 4:00.52; 6. Brent Knight, UAA, 4:00.86; 7. Sam Brancheau, WWU, 4:01.44; 8. Sam Bedell, WWU, 4:01.76; 9. Michael Gavereski, SPU, 4:02.01; 10. Nick Crawford, WOU, 4:03.60; 11. Jonah Lefkowitz, HSU, 4:06.00; 12. Brian Cronrath, SPU, 4:06.02; 13. Kerry Burns, HSU, 4:10.80; 14. Bryan Dibos, WOU, 4:15.66; 15. Matt DeShazo, HSU, 4:23.46.

Steeplechase - 1. Jasper Peach, HSU, 9:14.05; 2. Matt DeShazo, HSU, 9:20.89; 3. Keever Henry, WWU, 9:22.13; 4. Doug Gibson, SPU, 9:30.29; 5. Geoff Anderson, CWU, 9:31.98; 6. Andy Peters, NNU, 9:37.38; 7. Josh Beck, WWU, 9:49.91; 8. Cale McCulloch, WWU, 9:59.79; 9. Andrew Chong, HSU, 10:02.45; 10. Logan Senrud, WWU, 10:02.47; 11. Kevin Oberholser, CWU, 10:04.73; 12. Brian Rockenbach, CWU, 10:27.93.

5000 - 1. Jasper Peach, HSU, 14:55.75 (meet record, old, 14:57.92, Jason Walker, HSU, 2002); 2. Sam Scotchmer, CWU, 15:04.72; 3. Robert Renninger, SU, 15:09.44; 4. Leif Olson, UAA, 15:13.74; 5. John Riak, SMU, 15:17.32; 6. Bjorn Bostrom, SPU, 15:22.22; 7. Brian Cronrath, SPU, 15:27.36; 8. Anthony Tomsich, WWU, 15:32.83; 9. Brian Kostock, HSU, 15:37.81; 10. Nik Karr, WOU, 15:45.90; 11. Chad Portwood, WWU, 15:48.99; 12. Sam Bedell, WWU, 15:51.14; 13. Eric Tibbetts, HSU, 15:52.79; 14. Keith Lemay, WWU, 16:00.18; Jimmy Elam, HSU, did not finish.

10,000 - 1. John Riak, SMU, 31:42.1; 2. Chad Portwood, WWU, 32:34.4; 3. Logan Senrud, WWU, 32:40.6; 4. Drew Dickson, UAA, 32:48.2; 5. Jake Perry, NNU, 32:51.6; 6. Brian Kostock, HSU, 33:01.3; 7. Jimmy Elam, HSU, 33:17.4; 8. Bobby Carlson, WWU, 33:25.5; 9. Arthur Gamirov, WWU, 33:59.4; 10. Peter Ellis, WWU, 34:06.0; 11. Tim Keller, NNU, 34:12.7; 12. Robbie Wilbur, SMU, 35:24.7; 13. James Roach, CWU, 35:26.0; Jonathan Rank, CWU, did not finish.

110 Hurdles - Robert Edwards, CWU, 14.89; 2. Dustin Wilson, WWU, 15.84; 3. Lee Clarkson, WOU, 15.87; 4. Josh Timmer, SMU, 15.98; 5. Dustin Redding, WWU, 16.03; 6. Chris Randolph, SPU, 16.09; 7. Michael Clark, WOU, 16.17; 8. Brandon Myers, WWU, 20.28.

400 Hurdles - 1. Lee Clarkson, WOU, 55.11; 2. Josh Timmer, SMU, 55.12; 3. Josh Grewe, NNU, 55.72; 4. Charles Velasquez, CWU, 57.41; 5. Dustin Redding, WWU, 57.64; 6. Robert Edwards, CWU, 58.29; 7. Jeremy Jasman, WWU, 58.73; 8. Jesse Alyea, CWU, 59.71; 9. Greg Flowers, SPU, 59.86; 10. Kevin Myhre, WWU, 1:01.42.

4x100 Relay - 1. Central Washington (Roberts, Watson, Edwards, Rogstad) 42.09; 2. Western Oregon (Wilson, Gitts, Johnson, Samuel) 42.78; 3. Western Washington (Wilson, Khabibulin, Lee, Neff) 42.85; 4. Alaska Anchorage (E. Walsh, R. Walsh, Draper, Madrid) 43.86; 5. Northwest Nazarene (Wheeler, Lewis, Blain, Gould) 44.66; 6. Saint Martin's (Gerry, Daltoso, Ayume, C. Timmer) 46.16.

4x400 Relay - 1. Central Washington (Kelley, Roberts, Rogstad, Watson) 3:15.91; 2. Northwest Nazarene (Wheeler, Meier, Hamm, Hartwig) 3:19.13; 3. Western Washington (Lee, Brancheau, Khabibulin, Neff) 3:19.57; 4. Saint Martin's (J. Timmer, Ayume, C. Timmer, Gerry) 3:24.05; 5. Seattle Pacific (Randolph, Gibson, Flowers, Strickler) 3:26.03; 6. Western Oregon (Samuel, Clarkson, Beaty, Vrendenburg) 3:28.69; 7. Alaska Anchorage (Madrid, E. Walsh, R. Walsh, Kiplagat) 3:29.89; 8. Humboldt State (Wright, Lefkowitz, Burns, DeShazo) 3:32.15.

High Jump - 1. Eric Draper, UAA, 2.07 - 6-9 1/2 (meet and conference record, old meet, 6-8, Kyle McGillen, WWU, 2005; old conference, 6-8 3/4, Mike Bonadurer, WOU, 2004; Cresap Watson, CWU, 2005; Eric Draper, UAA, 2006; McGillen, WWU, 2006); 2. Kyle McGillen, WWU, 2.04 - 6-8 1/4; 3. Cresap Watson, CWU, 1.98 - 6-6; 4. Peter Geist, WWU, 1.95 - 6-4 3/4; 5. Jeff Word, WWU, 1.95 - 6-4 3/4; 6. Cameron Bailey, CWU, 1.92 - 6-3 1/2; 7. Adrian Elmo, CWU, 1.89 - 6-2 1/4; 8. Brandon Myers, WWU, 1.86 - 6-1 1/4; 9. Bryan Lucke, WWU, 1.86 - 6-1 1/4; 10. Scott Ellis, CWU, 1.83 - 6-0; 11. Ryan Johnson, CWU, 1.77 - 5-9 3/4; 12. David Abbott, UAA, 1.77 - 5-9 3/4; Chris Randolph, SPU, no height.

Pole Vault - 1. Scott Romney, WWU, 4.60 - 15-1; 2. Preston Lewis, NNU, 4.50 - 14-9; 3. Scott McCoy, CWU, 4.40 - 14-5 1/4; 4. Bryan Lucke, WWU, 4.25 - 13-11 1/4; 5. Andrew Behl, WWU, 4.25 - 13-11 1/4; 6. Brandon Zueger, CWU, 4.10 - 13-5 1/4; Jerad Larson, NNU, no height; Brian Gould, NNU, no height; Hunter Verner, WWU, no height.

Long Jump - 1. Kyle McGillen, WWU, 6.85 - 22-5 3/4; 2. Chris Randolph, SPU, 6.60 - 21-8; 3. Mark Mellein, WWU, 6.59 - 21-7 1/2; 4. Jason Buckmier, WOU, 6.34 - 20-9 3/4; 5. Nick Collins, CWU, 6.33 - 20-9 1/4; 6. Cresap Watson, CWU, 6.26 - 20-6 1/2; 7. Christian Goodwin, CWU, 6.25 - 20-6 1/4; 8. Greg Hamm, NNU, 6.24 - 20-5 3/4; 9. Blake Herrington, WOU, 6.14 - 20-1 3/4; 10. Josh Timmer, SMU, 6.02 - 19-9; 11. Brandon Myers, WWU, 6.01 - 19-8 3/4.

Triple Jump - 1. Greg Hamm, NNU, 14.14 - 46-4 3/4; 2. Mark Mellein, WWU, 14.02 - 46-0; 3. Cameron Bailey, CWU, 13.83 - 45-4 1/2; 4. Kyle McGillen, WWU, 13.81 - 45-3 3/4; 5. Blake Herrington, WOU, 13.79 - 45-3; 6. James Turner, WWU, 13.63 - 44-8 3/4; 7. Brock Jahner, SU, 13.37 - 43-10 1/2; 8. Nick Gaddy, WWU, 12.94 - 42-5 1/2; 9. Paul Danforth, WWU, 12.87 - 42-2 3/4; 10. Christian Goodwin, CWU, 12.78 - 41-11 1/4; Scott Ellis, CWU, no distance.

Shot Put - 1. Cameron Neel, CWU, 16.61 - 54-6; 2. Justin Kline, WOU, 15.16 - 49-9; 3. Matt Valdez, CWU, 14.24 - 46-8 3/4; 4. Tim Santos, HSU, 13.96 - 45-9 3/4; 5. Anthony Marin, WOU, 13.06 - 42-10 1/4; 6. Evan Ruud, CWU, 12.77 - 41-10 3/4; 7. Ryan Rencehausen, UAA, 12.24 - 40-2; 8. Robert Barrett, WOU, 12.04 - 39-6; 9. Nik Skogsberg, WWU, 11.96 - 39-3; Brandon Jasmin, WOU, no distance.

Discus - 1. Cameron Neel, CWU, 49.90 - 163-8; 2. Justin Kline, WOU, 46.26 - 151-9; 3. Chris Randolph, SPU, 46.00 - 150-11; 4. Matt Valdez, CWU, 43.66 - 143-3; 5. Anthony Marin, WOU, 42.48 - 139-4; 6. Evan Ruud, CWU, 40.38 - 132-6; 7. Tim Santos, HSU, 39.98 - 131-2; 8. Brandon Jasmin, WOU, 39.90 - 130-11; 9. Thomas Wilhelm, HSU, 39.78 - 130-6; 10. Ryan Rencehausen, UAA, 37.06 - 121-7; 11. Josh Holloway, WOU, 35.52 - 116-6.

Hammer - 1. Evan Ruud, CWU, 52.32 - 171-8; 2. Anthony Marin, WOU, 51.89 - 170-3; 3. Josh Holloway, WOU, 47.37 - 155-5; 4. Justin Kline, WOU, 46.17 - 151-6; 5. Matt Valdez, CWU, 44.36 - 145-6; 6. Robert Barrett, WOU, 43.30 - 142-1; 7. Brandon Jasmin, WOU, 43.15 - 141-7; 8. Robert Poe, NNU, 37.91 - 124-4; 9. David Rogiers, WWU, 37.25 - 122-2; 10. Ryan Rencehausen, UAA, 36.19 - 118-9.

Javelin - 1. Ian Wells, CWU, 59.94 - 196-8; 2. Alan Phillips, NNU, 58.60 - 192-3; 3. Mat Hutchinson, WOU, 58.40 - 191-7; 4. Michael Ingman, CWU, 55.58 - 182-4; 5. Ryan Wall, WOU, 54.73 - 179-7; 6. Loren Harris, CWU, 54.57 - 179-0; 7. Chad Acock, CWU, 50.84 - 166-9; 8. Mark Dunn, WOU, 48.78 - 160-0; 9. Brandon Johnson, NNU, 47.29 - 155-2; 10. Brock Jahner, SU, 46.64 - 153-0; 11. James Turner, WWU, 44.19 - 145-0.

Decathlon (Apr. 24-25 at Ellensburg) - 1. Cresap Watson, CWU, 6044; 2. James Turner, WWU, 5336; 3. Brandon Zueger, CWU, 5090; 4. Scott McCoy, CWU, 4927; 5. Ryan Johnson, CWU, 4775.

Day 1 Results: 100 - Watson 11.47, Zueger 11.94, McCoy 12.01, Turner 12.36, Johnson 12.94. Long Jump - Watson 6.50 - 21-4, Turner 5.99 - 19-7 3/4, Zueger 5.96 - 19-6 1/2, McCoy 5.92 - 19-5, Johnson 5.36 - 17-7. Shot Put - McCoy 9.79 - 32-1 1/2, Watson 9.59 - 31-5 3/4, Johnson 8.74 - 28-8 1/4, Turner 8.62 - 28-3 1/2, Zueger 6.22 - 20-5. High Jump - Watson 1.97 - 6-5 1/2, Turner 1.79 - 5-10 1/2, Johnson 1.76 - 5-9 1/4, McCoy 1.73 - 5-8, Zueger 1.64 - 5-4 1/2. 400 - Watson 50.37, Zueger 53.28, McCoy 54.06, Turner 56.11, Johnson 56.60.

Day 2 Results: 110 Hurdles - Watson 16.21, Turner 16.90, Zueger 18.35, McCoy 18.72, Johnson 19.23. Discus - McCoy 33.49 - 109-10, Turner 27.00 - 88-7, Johnson 25.46 - 83-6, Watson 24.94 - 81-10, Zueger 21.84 - 71-8. Pole Vault - Zueger 4.40 - 14-5 1/4, Watson 3.30 - 10-10, Turner 3.30 - 10-10, Johnson 3.20 - 10-6, McCoy no height. Javelin - Turner 49.35 - 161-11, Johnson 42.09 - 138-1, McCoy 40.04 - 131-4, Watson 36.59 - 120-0, Zueger 36.35 - 119-3. 1500 - Watson 4:44.19, Johnson 4:46.87, McCoy 4:53.86, Turner 5:03.11, Zueger 5:10.01.