

2002 GNAC Women's Outdoor Track and Field Championships (May 4 at Bellingham)

Team Scores- Seattle Pacific 226, Western Oregon 194 ½, Western Washington 127, Central Washington 111, Humboldt State 85, Northwest Nazarene 51 ½, Seattle 22, Saint Martin's 11, Alaska Anchorage 4. **Outstanding Performer** – Stephanie Huffman, Seattle Pacific.

100 – 1. Jody Binder, CWU, 12.0; 2. Melissa Behrens, WWU, 12.1; 3. Davina Strauss, CWU, 12.3; 4. Jawea Harder, SPU, 12.3; 5. Shelley Comstock, WOU, 12.4; 6. Alison DeGracia, CWU, 12.7; 7. Emily Porter, WOU, 12.8; Bekah Bowman, NNU, 12.8; and Kate Herber, WWU, 12.8; 10. Christina Lashbrook 13.0 (**Wind: +1.40**).

200 – 1. Dania Swosinski, WWU, 25.30; 2. Jody Binder, CWU, 25.30; 3. Carrie Bronson, HSU, 25.86; 4. Melissa Behrens, WWU, 26.07; 5. Leah Wiest, SPU, 26.07; 6. Monica Smith, WOU, 26.07; 7. Toni Adair, WOU, 26.19; 8. Lindsey Stewart, SPU, 26.37; 9. Bekah Bowman, NNU, 26.82; 10. LeAnne Evans, WWU, 26.95; 11. Natalie Svenvold, 27.12; 12. Christina Lashbrook, 27.25; 13. Kate Herber, WWU, 27.39; 14. Kathy Zehrbach, HSU, 27.45; 15. Kathy Gellatly, Wou, 27.65. (**Wind: -1.10**).

400 – 1. Dania Swosinski, WWU, 57.66; 2. Toni Adair, WOU, 58.56; 3. Lindsey Stewart, SPU, 59.26; 4. Alisa Long, WOU, 1:00.32; 5. Carrie Bronson, HSU, 1:00.83; 6. Jessica Operstény, WWU, 1:00.95; 7. Wendy Lautner, HSU, 1:01.63; 8. Kristi Lund, NNU, 1:01.93; 9. Emily Weyers, SPU, 1:02.28; 10. Holly Bueb, SU, 1:02.68; 11. Lacey Lyon, CWU, 1:04.48; 12. Heather Esposito, NNU, 1:04.50.

800 - 1. Sarah Kraybill, SPU, 2:12.92; 2. Rachel Ross, SPU, 2:13.65; 3. Nikki Hodgson, HSU, 2:19.46; 4. Theresa Lane, WOU, 2:22.06; 5. Meredith Gomes, WWU, 2:22.89; 6. Emily Ferguson, SU, 2:23.33; 7. Crystal Johnson, HSU, 2:23.56; 8. Mindy Noble, WWU, 2:25.23; 9. Candice Owen, SPU, 2:25.30; 10. Josie Lavin, SPU, 2:27.7; 11. Jen Houk, SMC, 2:28.30; 12. Holly Bueb, SU, 2:31.77; 13. Erika Olson, CWU, 2:36.67.

1500 – 1. Alicen Maier, CWU, 4:31.84; 2. Rachel Ross, SPU, 4:32.08; 3. Josie Lavin, SPU, 4:47.36; 4. Kelly Fullerton, SU, 4:47.96; 5. Ann-Marie Wiggins, NNU, 4:54.06; 6. Tina Stimson, WWU, 4:55.27; 7. Danielle Jacobs, HSU, 4:55.40; 8. Lindy Mullen, CWU, 4:55.50; 9. Candice Owens, SPU, 4:58.67; 10. Jen Houk, SMC, 5:20.66.

3000 - 1. Alicen Maier, CWU, 10:06.86; 2. Kari Gosnell, HSU, 10:25.18; 3. Kelly Fullerton, SU, 10:35.85; 4. Dolores Bergmann, HSU, 10:35.85; 5. Ann-Marie Wiggins, NNU, 10:37.92; 6. Ellie Enos, WOU, 10:38.21; 7. Dawnita LiaBraaten, CWU, 10:42.43; 8. Danielle Jacobs, HSU, 10:43.16; 9. Tammy Hunt, HSU, 10:46.60; 10. Tiffany Picinich, CWU, 10:53.97; 11. Stephanie Stine, CWU, 11:00.91; 12. Kylee Wells, WOU, 11:08.99; 13. Ruth Hawkinson, SPU, 11:19.13.

5000 - 1. Katie Gosnell, HSU, 17:35.03; 2. Ashlee Vincent, WWU, 17:53.54; 3. Dolores Bergmann, HSU, 18:03.52; 4. Tiffany Picinich, CWU, 18:17.20; 5. Stacy Edwards, UAA, 18:24.78; 6. Kylee Wells, WOU, 18:28.68; 7. Ruth Hawkinson, SPU, 19:03.05; 8. Ann McCanick, SMC, 19:05.02; 9. Tarell Muscott, WWU, 19:05.92; 10. Kristin Haas, WWU, 19:19.63; 11. Beth Rosapepe, WWU, 19:22.80; 12. Carolyn Morris, WWU, 19:29.91; 13. Tara Matthews, SU, 19:41.65.

10,000 – 1. Ellie Enos, WOU, 37:31.43; 2. Rachael Wiseman, HSU, 38:25.89; 3. Susan Young, NNU, 39:13.57; 4. Sarah Block, WOU, 40:22.34; 5. Amelia Kinney, WOU, 40:33.05; 6. Kelly Smith, HSU, 42:41.77.

100 Hurdles – 1. Kate Herber, WWU, 15.06; 2. Jennifer Pyeatt, SPU, 15.26; 3. Natalie Svenvold, WWU, 15.43; 4. Cassie Moorhouse, WOU, 15.49; 5. Stephanie Huffman, SPU, 15.59; 6. Catherine Cook, WOU, 15.85; 7. Leah Wiest, SPU, 16.29; 8. Laura Widman, SPU, 16.29; 9. LeAnne Evans, WWU, 16.37; 10. Kathy Gellatly, WOU, 16.95. (**Wind: -0.40**).

400 Hurdles – 1. Jawea Harder, SPU, 1:02.43; 2. Cassie Moorhouse, WOU, 1:03.95; 3. Jennifer Pyeatt, SPU, 1:07.00; 4. Laura Burch, WWU, 1:07.64; 5. Laura Winterhalter, HSU, 1:08.47; 6. Jill Salmon, WOU, 1:08.51; 7. Brooke Little, SPU, 1:11.15; 8. Lindsay Glaze, NNU, 1:11.89; 9. Carrie Wales, WOU, 1:12.88; 10. Kara Richard, SPU, 1:15.62.

3000 Steeplechase – 1. Jill Salmon, WOU, 11:24.6; 2. Kara Richard, SPU, 11:34.2; 3. Emily Thomas, SMC, 11:38.5.

4x100 Relay – 1. Central Washington (DeGracia, Strauss, Lashbrook, Binder) 48.78; 2. Western Oregon (Porter, Smith, Long, Comstock) 49.02; 3. Humboldt State (Winterhalter, Zehrbach, Lisk, Bronson) 49.38; 4. Seattle Pacific (Weyers, Ocampo, Harder, Wiest) 49.81; 5. Northwest Nazarene (Metzger, Lund, Esposito, Bowman) 52.62. (Western Washington was disqualified).

4x400 Relay – 1. Seattle Pacific (Harder, McClary, Kraybill, Ross) 3:56.37; 2. Western Oregon (Moorhouse, Long, Smith, Adair) 3:58.04; 3. Western Washington (Burch, Evans, Operstény, Swosinski) 3:59.70; 4. Central Washington (Binder, Strauss, Mullen, Maier) 4:00.84; 5. Humboldt State (Lautner, Lisk, Zerhbach, Bronson) 4:09.65; 6. Northwest Nazarene (Bowman, Glaze, Lund, Esposito) 4:19.52; 7. Seattle (Bueb, Ferguson, Mathews, Fullerton) 4:26.10; 8. Saint Martin's (McCanick, Dalrymple, Thomas, Houk) 4:37.41.

Pole Vault – 1. Danielle Juarez, WWU, 3.50 - 11-5 ¾; 2. Ally Studer, SPU, 3.50 - 11-5 ¾; 3. Theresa Mangahas, SU, 3.20 - 10-6; 4. Aubrey Metzger, NNU, 3.05 - 10-0; 5. Alina Lunsford, NNU, 2.90 - 9-6 ¼; and Amber Rose, SPU, 2.90 - 9-6 ¼; 7. Kira Langnese, WOU, 2.90 - 9-6 ¼; 8. Kelly Perez, WWU, 2.75 - 9-0 ¼; 9. Nina Dodge, WWU, 2.75 - 9-0 ¼; and Rachael Schwartz, CWU, 2.75 - 9-0 ¼.

Long Jump - 1. Stephanie Huffman, SPU, 5.51 - 18-1 (w - +0.40); 2. Davina Strauss, CWU, 5.46 - 17-11 (w - +0.30); 3. Laura Widman, SPU, 5.40 - 17-8 ½ (w - +0.50); 4. Shelley Comstock, WOU, 5.29 - 17-4 ¼ (w - +0.70); 5. Leah Wiest, SPU, 5.07 - 16-7 ½ (w - +0.10); 6. Morgan Ranta, SPU, 4.80 - 15-9 (w - +0.80); 7. Aubrey Metzger, NNU, 3.45 - 11-3 ¾ (w - -0.60).

Triple Jump - 1. Shelley Comstock, WOU, 11.39 - 37-4 ½ (w - +1.30); 2. Stephanie Huffman, SPU, 11.15 - 36-7 (w - +0.80); 3. Lea Tiger, CWU, 10.94 - 35-10 ¾ (w - +0.90); 4. Lacey Rasmussen, NNU, 10.74 - 35-3 (w - +1.10); 5. Julie Graham, CWU, 10.50 - 34-5 ½ (w - -0.20); 6. Danika Desclos, SMC, 10.42 - 34-2 ¼ (w - +1.20); 7. Aubrey Metzger, NNU, 10.01 - 32-10 ¼ (w - +2.70); 8. Amber Rose, SPU, 9.90 - 32-5 ¾ (w - +1.10).