

## GNAC Indoor Track & Field Championships (Feb. 15-16, 2013 at Nampa, Idaho)

**Men's Team Scores** – Western Washington 152, Alaska Anchorage 134, Western Oregon 120, Central Washington 72, Northwest Nazarene 53, Saint Martin's 51 ½, MSU Billings 33 ½, Seattle Pacific 28, Simon Fraser 18.

### Friday's Finals:

3000 – 1. Micah Chelimo, UAA, 8:29.35 (1<sup>st</sup>-year event); 2. Dylan Anthony, UAA, 8:34.76; 3. Jacob Parisien, UAA, 8:37.58; 4. Robert Peterson, MSUB, 8:37.79; 5. Tabor Reedy, WWU, 8:38.07; 6. Brady Beagley, WOU, 8:43.51; 7. Kevin Rooke, UAA, 8:45.11; 8. AJ Baker, SPU, 8:48.02; 9. Yonatan Yilma, UAA, 8:48.27; 10. Ryan Peterson, WWU, 8:54.84; 11. Joshua Reiter, WWU, 8:57.05; 12. Austin Trapp, SFU, 8:58.70; 13. Michael Luhr, MSUB, 9:00.56; 14. Scott Larson, WOU, 9:02.08; 15. Will Harrison, SPU, 9:05.83; 16. Turner Wiley, SPU, 9:16.30.

Distance Medley Relay – 1. Alaska Anchorage (Kangogo, Hewitt, Day, Kangogo) 10:06.58; 2. Simon Fraser (Forster, Ellenwood, Reid, Young) 10:16.91; 3. Western Oregon (Zeke Wilson, Harrison Leep, Josh Hanna, Sam Naffziger) 10:20.05; 4. MSU Billings (Chase Robinson, Brett Weidler, Drew Galahan, Clint Choquette) 10:24.15; 5. Western Washington (Matt Lutz, Jeff Sloat, Ashkon Nima, Zachary Bursell) 10:25.27; 6. Saint Martin's (Joseph Patti, Cameron Grossaint, Devon DeMoss, Nathan Morgan) 10:29.02; 7. Seattle Pacific (Ryan Alcantara, David Ferguson, Adam Avischious, Alex Horton) 10:39.37; 8. Northwest Nazarene (Curtis Capell, Andrew Bertram, Benard Ngeno, Michael Gordon) 10:50.37.

High Jump – 1. Logan Myers, WWU, 2.01 – 6-7; 2. Matson Hardie, WOU, and Brett Watson, WWU, 2.01 – 6-7; 4. Lewis Meyers, CWU, 2.01 – 6-7; 5. Garrett Hardie, WOU, 1.96 – 6-5; 6. Kevin Yates, WWU, 1.96 – 6-5; 7. Andrew Venema, CWU, 1.91 – 6-3 ¼; 8. Andrew Galbraith, NNU, 1.91 – 6-3 ¼; 9. Dkay Ayivor, SFU, 1.91 – 6-3 ¼; 10. Kyle McLaughlin, NNU, 1.86 – 6-1 ¼; 11. Ethan Meikle, CWU, 1.86 – 6-1 ¼; 12. Amari Blanton, SMU, 1.86 – 6-1 ¼; 13. Mark Seely, WWU, 1.81 – 5-11 ¼; Rusty Ontiveros, MSUB, no height; Luke Conklin, NNU, no height.

Long Jump – 1. Kevin Yates, WWU, 7.11 – 23-4; 2. Matson Hardie, WOU, 7.07 – 23-2 ½; 3. Jake Hyde, WOU, 6.76 – 22-2 ¼; 4. Brett Watson, WWU, 6.64 – 21-9 ½; 5. Michael Glover, WOU, 6.54 – 21-5 ½; 6. Jerry He, SFU, 6.54 – 21-5 ½; 7. Stephen Larlee, NNU, 6.53 – 21-5 ½; 8. Eric Gaines, WOU, 6.38 – 20-11 ¼; 9. Richard Predmore, NNU, 6.34 – 20-9 ¼; 10. Jacob Oswald, NNU, 6.31 – 20-8 ½; 11. Michael Davis, SMU, 5.89 – 19-4.

Shot Put – 1. Tanner Rottrup, MSUB, 16.07 – 52-8 ¾; 2. Sam Washington, SMU, 16.05 – 52-8; 3. Mike Jensen, CWU, 15.14 – 49-8 ¼; 4. Jake Swan, MSUB, 15.06 – 49-5; 5. Eric Holmstrom, CWU, 15.04 – 49-4 ¼; 6. Frank Catelli, WWU, 14.81 – 48-7 ¼; 7. Reid White, NNU, 14.51 – 47-7 ¼; 8. Quinton Agosta, CWU, 14.23 – 46-8 ¼; 9. Ryan MacDonald, WWU, 14.09 – 46-2 ¾; 10. Anthony Montanez, MSUB, 13.94 – 45-9; 11. Jacob Gilbert, WWU, 13.53 – 44-4 ¾.

### Saturday's Finals:

60 – 1. Alex Donigian, WWU, 6.85 (meet record; old, 6.89, Anthony Wright, CWU, 2010); 2. Rimar Christie, NNU, 7.01; 3. Michael Davis, SMU, 7.03; 4. Bryce Leedham, WOU, 7.06; 5. Kent McKinney, CWU, 7.07; 6. Edd Brown, SMU, 7.11; 7. AJ Allen, UAA, 7.14; 8. Anthony Do, WWU, 7.15.

60 Hurdles – 1. Andrew Venema, CWU, 8.29; 2. Peter Maguire, WWU, 8.33; 3. Brett Campbell, WOU, 8.40; 4. Kody Rhodes, WOU, 8.40; 5. Rimar Christie, NNU, 8.42; 6. Travis Milbrandt, WWU, 8.48; 7. Logan Myers, WWU, 8.52; 8. Kyle McLaughlin, NNU, 8.72.

200 – 1. Alex Donigian, WWU, 21.96; 2. Nathaniel Schmidt, WWU, 22.09; 3. Andrew Curtis, NNU, 22.19; 4. Jonathon Poolman, WWU, 22.20; 5. Brock Steffen, WWU, 22.37; 6. Ethan Hewitt, UAA, and Elliott Bauer, UAA, 22.42; 8. Bryce Leedham, WOU, 22.46; 9. Jeff Howard, WOU, 22.59; 10. Jacob Oswald, NNU, 22.69; 11. Adam Prevost, MSUB, 22.74; 12. Anthony Do, WWU, 22.78; 13. Edd Brown, SMU, 22.92; 14. Kendale Hamlett, WOU, 23.00; 15. Cody Henderson, NNU, 23.44; 16. AJ Allen, UAA, 23.46; 17. Kent McKinney, CWU, 23.61; David Harris, NNU, disqualified.

400 – 1. Jonathon Poolman, WWU, 48.85; 2. Harrison Leep, WOU, 49.69; 3. Elliott Bauer, UAA, 49.87; 4. Stuart Ellenwood, SFU, 50.23; 5. Jason Nokes, WWU, 50.28; 6. Kody Rhodes, WOU, 50.38; 7. Devon DeMoss, SMU, 50.99; 8. Lewis Polkow, MSUB, 51.33; 9. Andrew Curtis, NNU, 51.46; 10. Devon Smith, WWU, 52.86; Ethan Hewitt, UAA, impeding runners; Nathaniel Schmidt, lane violation; Kyle Fremd, lane violation.

800 – 1. Ryan Hansen, WOU, 1:53.27; 2. Chris Olsen, WOU, 1:53.54; 3. Joe Day, UAA, 1:53.78; 4. Isaac Kangogo, UAA, 1:54.69; 5. Alfred Kangogo, UAA, 1:54.93; 6. Frank Krause, SMU, 1:55.05; 7. Cameron Proceviat, SFU, 1:55.47; 8. Ashkon Nima, WWU, 1:55.73; 9. Zach Armstrong, CWU, 1:56.17; 10. Drew Galahan, MSUB, 1:56.17; 11. Jacob Hollander, NNU, 1:56.26; 12. Alan Roy, WOU, 1:56.46; 13. Travis Vugteveen, SFU, 1:56.47; 14. Josh Hanna, WOU, 1:56.55; 15. Drew Larson, WOU, 1:56.82; 16. Justin Webb, 1:57.57; 17. Adam Reid, SFU, 1:58.92; 18. Chase Robinson, MSUB, 2:00.05; 19. Joseph Patti, SMU, 2:00.21; 20. Seth Pierson, SPU, 2:02.02.

Mile - 1. Micah Chelimo, UAA, 4:12.46; 2. Alfred Kangogo, UAA, 4:14.28; 3. Seth Pierson, SPU, 4:14.81; 4. Zeke Wilson, WOU, 4:15.85; 5. Dylan Anthony, UAA, 4:16.46; 6. Drew Larson, WOU, 4:18.07; 7. Robert Peterson, MSUB, 4:19.05; 8. Brady Beagley, WOU, 4:19.94; 9. Isaac Kangogo, UAA, 4:20.34; 10. Matt Lutz, WWU, 4:20.87; 11. Clint Choquette, MSUB, 4:22.91; 12. Joseph Patti, SMU, 4:23.46; 13. Chase Robinson, MSUB, 4:23.48; 14. Keir Forster, SFU, 4:25.02; 15. James Young, SFU, 4:26.17; 16. Sam Naffziger, WOU, 4:31.14; 17. Brandon Wong, SFU, 4:34.06; 18. Tyson Vanderby, MSUB, 4:35.80.

5000 – 1. Micah Chelimo, UAA, 14:55.17; 2. Dylan Anthony, UAA, 15:00.88; 3. Jacob Parisien, UAA, 15:09.32; 4. Kevin Rooke, UAA, 15:13.37; 5. Yonatan Yilma, UAA, 15:13.64; 6. Will Harrison, SPU, 15:19.74; 7. AJ Baker, SPU, 15:22.07; 8. Tabor Reedy, WWU, 15:26.63; 9. Ryan Peterson, WWU, 15:31.13; 11. Brady Beagley, WOU, 15:43.12; 12. Taylor Canfield, MSUB, 15:50.44; 13. Zach Holloway, WOU, 15:57.15; 14. Scott Larson, WOU, 16:01.60; 15. Zachary Bursell, WWU, 16:10.80.

4x400 Relay – 1. Western Washington (Jonathon Poolman, Nathaniel Schmidt, Jason Nokes, Devon Smith) 3:18.17 (meet record, old, 3:18.60, Western Oregon, 2012); 2. Northwest Nazarene (Collin Coulter, David Harris, Jacob Hollander, Andrew Curtis) 3:19.83; 3. Western Oregon (Ryan Hansen, Josh Hanna, Harrison Leep, Chris Olsen) 3:20.12; 4. Alaska Anchorage (Elliott Bauer, Joe Day, Cody Thomas, Ethan Hewitt) 3:22.25; 5. MSU Billings (Adam Prevost, Lewis Polkow, Rory Bauer, Drew Galahan) 3:25.36; 6. Saint Martin's (Edd Brown, Frank Krause, Cameron Grossaint, Devon DeMoss) 3:25.87; 7. Central Washington (Kyle Fremd, Andrew Venema, Zach Armstrong, Max McIntosh) 3:27.91.

Triple Jump – 1. Matson Hardie, WOU, 14.66 – 48-1 ½; 2. Tim Clendaniel, WWU, 14.34 – 47-0 ¾; 3. Stephen Larlee, NNU, 14.24 – 46-8 ¾; 4. Brian McElroy, SMU, 13.77 – 45-2 ¾; 5. Mark Seely, WWU, 13.70 – 44-11 ½; 6. Michael Davis, SMU, 13.47 – 44-2 ½; 7. Jake Hyde, WOU, 13.32 – 43-8 ½; 8. Richard Predmore, NNU, 12.91 – 42-4 ¾; Rusty Ontiveros, MSUB, foul; Jameson Fauley, SMU, foul.

Pole Vault – 1. Scott Hunter, CWU, 4.50 – 14-9; 2. Ray Zoellick, SPU, 4.30 – 14-1 ¼; 3. Thomas Guidon, WWU, and Keenan Komoto, WWU, 4.30 – 14-1 ¼; 5. Brett Mattson, WWU, 4.30 – 14-1 ¼; 6. Greyson Kilgore, NNU, 4.30 – 14-1 ¼; 7. Joseph Keeton, SMU, 4.15 – 13-7 ¾; 8. Rory Bauer, MSUB, and Kevin Johnson, SMU, 4.00 – 13-1 ½; 10. Matt Hankins, SMU, 4.00 – 13-1 ½; Nate Johnson, SPU, no height.

Weight Throw – 1. Sam Washington, SMU, 17.38 – 57-0 ¼; 2. Quinton Agosta, CWU, 16.40 – 53-9 ¾; 3. Mike Jensen, CWU, 15.49 – 50-10; 4. Reid White, NNU, 14.90 – 48-10 ¾; 5. Eric Holmstrom, CWU, 14.72 – 48-3 ½; 6. Carraig Colahan, WOU, 14.62 – 47-11 ¾; 7. Ryan McDonald, WWU, 14.21 – 46-7 ½; 8. Dylan Beuhler, MSUB, 14.16 – 46-5 ½; 9. Luca Molinari, SFU, 14.01 – 45-11 ¾; 10. Anthony Montanez, MSUB, 13.62 – 44-8 ¾; 11. Matt Silva, NNU, 13.24 – 43-5 ¾.

**Heptathlon** – 1. Cody Thomas, UAA, 4863; 2. Scott Hunter, CWU, 4689; 3. Nate Johnson, SPU, 4656; 4. Eric Gaines, WOU, 4530; 5. Greyson Kilgore, NNU, 4226; 6. Michael Holland, SMU, 3956; 7. Ethan Meikle, CWU, 3784; 8. Luke Conklin, NNU, 3665; 9. Dylan Gordon, WWU, 3228.

60 – Thomas 7.13 (meet record, old, 7.34, Jake Hyde, WOU, 2012), Johnson 7.51, Kilgore 7.52, Holland 7.65, Gaines 7.67, Hunter 7.70, Meikle 7.71, Gordon 7.78, Conklin 7.94.

Long Jump – Gaines 6.44 – 21-1 ½; Hunter 6.41 – 21-0 ½, Johnson 6.32 – 20-9, Thomas 6.17 – 20-3, Meikle 5.98 – 19-7 ½, Kilgore 5.85 – 19-2 ½, Holland 5.51 – 18-1, Gordon 5.49 – 18-0 ¼, Conklin 5.40 – 17-8 ¾.

Shot Put – Kilgore 11.83 – 38-9 ¾, Thomas 11.74 – 38-6 ¾, Johnson 10.65 – 34-11 ¼, Gaines 10.32 – 33-10 ¼, Gordon 9.90 – 32-5 ¾, Holland 9.75 – 32-0, Hunter 9.72 – 31-10 ¾, Conklin 9.39 – 30-9 ¾, Meikle 8.83 – 28-11 ¾.

High Jump – Meikle 1.94 – 6-4 ¼ (meet record, old, 6-2 ¾, Brock Steingruber, MSUB, 2011), Thomas 1.91 – 6-3 ¼, Hunter 1.91 – 6-3 ¼, Gaines 1.85 – 6-0 ¾, Johnson 1.79 – 5-10 ½, Conklin 1.79 – 5-10 ½, Kilgore 1.67 – 5-5 ¾, Holland 1.58 – 5-2 ¼, Gordon 1.37 – 4-6.

60 Hurdles – Thomas 8.62 (meet record, old, 8.76, Andy Loscutt, WOU, 2011), Gaines 8.98, Johnson, 9.08, Hunter 9.41, Holland 9.47, Conklin 9.57, Kilgore 10.06, Gordon 10.11, Meikle 10.50.

Pole Vault – Hunter 4.65 - 15-3 (ties own meet record, 2012), Kilgore 4.25 – 13-11 ¼, Johnson 4.15 – 13-7 ¾, Thomas 3.55 – 11-7 ¾, Holland 3.55 – 11-7 ¾, Gaines 3.35 - 10-11 ¾, Gordon 3.15 – 10-4, Conklin 3.05 – 10-0, Meikle 2.25 – 7-4 ½.

1000 – Gaines 2:45.02, Thomas 2:50.57, Johnson 2:50.76, Meikle 2:51.30, Holland 2:51.86, Hunter 2:55.64, Kilgore 3:03.30, Conklin 3:10.52, Gordon 3:25.75.

#### **Friday's Prelims:**

60 – 1. Rimar Christie, NNU, and Alex Donigian, WWU, 6.91; 3. Michael Davis, SMU, 7.02; 4. Kent McKinney, CWU, 7.04; 5. Bryce Leedham, WOU, 7.05; 6. Edd Brown, SMU, 7.10; 7. Anthony Do, WWU, 7.11; 8. AJ Allen, UAA, 7.13; 9. Brock Steffen, WWU, 7.16; 10. Kendale Hamlett, WOU, 7.17; 11. Jacob Oswalt, NNU, 7.22; 12. Cody Henderson, NNU, 7.24; 13. Max McIntosh, CWU, 7.30; 14. Rory Bauer, MSUB, 7.45

60 Hurdles – 1. Rimar Christie, NNU, 8.39; 2. Andrew Venema, CWU, 8.41; 3. Peter Maguire, WWU, 8.43; 4. Brett Campbell, WOU, 8.45; 5. Logan Myers, WWU, 8.49; 6. Kody Rhodes, WOU, 8.50; 7. Travis Milbrandt, WWU, 8.57; 8. Kyle McLaughlin, NNU, 8.64; 9. Jeff Sloat, WWU, 8.65; 10. Travis Wilson, UAA, 8.70; 11. Ty Sissel, SMU, 8.93; Max McIntosh, CWU, false start.