

2004 GNAC Women's Indoor Track & Field Championships

Feb. 21 at Nampa

Team Scores - Seattle Pacific 160, Western Oregon 136 1/2, Central Washington 124, Northwest Nazarene 66, Western Washington 54 1/2, Seattle 28, Saint Martin's 6. **Outstanding Performer** - Terran Legard, Central Washington.

60 - 1. Kinyatta Leonhardt, SPU, 7.96; 2. Melissa Behrens, WWU, 8.03; 3. Terran Legard, CWU, 8.04; 4. Jean Kolb, SPU, 8.22; 5. Rebekah Bowman, NNU, 8.24; 6. Rachel Tynan, CWU, 8.25; 7. Bonnie Galloway, WOU, 8.39; 8. Kelsey Gleason, SPU, 8.44.

200 - 1. Kinyatta Leonhardt, SPU, 25.40; 2. Terran Legard, CWU, 25.50; 3. Kara Nygard, CWU, 26.15; 4. Melissa Behrens, WWU, 26.38; 5. Katy Kociemba, WOU, 26.48; 6. Kelsey Gleason, SPU, 26.49; 7. Monica Smith, WOU, 26.50; 8. Janna Schaafsma, SPU, 26.64; 9. Julie Durringer, SPU, 26.80; 10. Teresa Schlafer, CWU, 26.83; 11. Jackie McCall, WWU, 27.19; 12. Jean Kolb, SPU, 27.20; 13. Bonnie Galloway, WOU, 27.32; 14. Rebekah Bowman, NNU, 27.71; 15. Lakita Burr, SMC, 28.97.

400 - 1. Terran Legard, CWU, 57.69; 2. Kara Nygard, CWU, 59.31; 3. Julie Durringer, SPU, 59.86; 4. Katie Hingston, CWU, 1:00.86; 5. Ashley Marshall, SPU, 1:01.31; 6. Natalie Nash, WOU, 1:01.33; 7. Kristen Wiese, WOU, 1:01.36; 8. Lakita Burr, SMC, 1:01.36; 9. Kara Fischer, WWU, 1:01.90; 10. Kelsey Gleason, SPU, 1:02.17; 11. Laura Burch, WWU, 1:02.37; 12. Ruth Webster, WWU, 1:02.40; 13. Katherine Archambault, SU, 1:05.24; 14. Lloryn Hubbard, SU, 1:06.25.

800 - 1. Jennifer Marsh, SPU, 2:14.80; 2. Victoria Perkins, SPU, 2:18.94; 3. Mandi Johnson, NNU, 2:20.01; 4. Megan Johnson, NNU, 2:20.46; 5. Brandi McCoy, SPU, 2:21.45; 6. Lindy Mullen, CWU, 2:21.58; 7. Emily Ferguson, SU, 2:24.59; 8. Kari Konrad, WOU, 2:26.12; 9. Lindsay Dittmer, SU, 2:27.97; 10. Nicole Beatty, SMC, 2:30.57; 11. Leah Trutna, WOU, 2:32.56; 12. Lydia Lauer, SU, 2:33.53; 13. Maureen Driscoll, SMC, 2:42.61.

One Mile - 1. Jamie Witt, SPU, 5:09.21; 2. Kari Konrad, WOU, 5:11.57; 3. Brandy Anderson, CWU, 5:13.91; 4. Mandi Johnson, NNU, 5:21.59; 5. Abby Groth, SPU, 5:25.20; 6. Stephanie Stine, CWU, 5:32.07; 7. Nicole Beatty, SMC, 5:36.02; 8. Brandi McCoy, SPU, 5:38.55; 9. Phoebe Rohrbacher, SU, 5:43.81; 10. Jessica Wiggins, NNU, 5:52.15; 11. Sarah Brundidge, SU, 7:43.94.

5000 - 1. Alana Garcia, SU, 19:33.9; 2. Karen Dickson, SPU, 19:31.0; 3. Rachel Suess, SU, 19:39.0; 4. Tina Stimson, WWU, 19:54.5; 5. Emily Picinich, CWU, 19:55.5; 6. Kendra Steinbrugger, SMC, 20:51.08; 7. Rachel Bailey, CWU, 20:45.0; 8. Amber Green, CWU, 20:46.0; 9. Ann McCanick, SMC, 20:51.0; 10. Jennifer Smith, WOU, 20:52.28; 11. Jackie Glen, SMC, 21:40.42; 12. Karelynn Blum, SMC, 22:15.40; 13. Jami Eply, NNU, 23:12.01; Amanda Barelli, SU, did not place. **Note:** First and second-place placings are correct, despite the times listed. Because of a lap counting error, race was 5,200 meters.

60 Meter Hurdles - 1. Monica Smith, WOU, 9.22; 2. Ashley Rountree, CWU, 9.25; 3. Kirsten Holt, WWU, 9.40; 4. Linda Blake, SPU, 9.47; 5. Janna Schaafsma, SPU, 9.50; 6. Ashley Rickels, NNU, 9.59; 7. Nini Callen, WOU, 9.60; 8. Emily Peterson, NNU, 9.93.

4x400 Relay - 1. Central Washington (Kara Nygard, Katie Hingston, Lindy Mullen, Terran Legard) 3:58.72; 2. Seattle Pacific (Julie Durringer, Victoria Perkins, Kinyatta Leonhardt, Ashley Marshall) 4:01.7; 3. Western Washington (LeAnne Evans, Jackie McCall, Kara Fisher, Laura Burch) 4:06.0; 4. Northwest Nazarene 4:09.0; 5. Western Oregon 4:14.4; 6. Seattle 4:25.0.

Distance Medley Relay - 1. Seattle Pacific (Abby Groth, Linda Blake, Jennifer Marsh, Jamie Witt) 12:47.76; 2. Central Washington (Stephanie Stine, Teresa Schlafer, Emily Picinich, Brandy Anderson) 13:12.69; 3. Seattle (Emily Ferguson, Lloryn Hubbard, Lindsay Dittmer, Phoebe Rohrbacher) 13:20.29; 4. Western Oregon 13:41.47; 5. Northwest Nazarene 13:44.64.

Long Jump - 1. Katy Kociemba, WOU, 5.42 - 17-9 1/2; 2. Danae Clark, SPU, 5.33 - 17-6; 3. Nini Callen, WOU, 5.33 - 17-6; 4. Bridget Johnson, WOU, 5.11 - 16-9 1/4; 5. Anjuli Spear, CWU, 4.97 - 16-3 3/4; 6. Lea Tiger, CWU, 4.96 - 16-3 1/4; 7. Julie Kendall, WOU, 4.93 - 16-2 1/4; 8. Teresa Schlafer, CWU, 4.88 - 16-0 1/4; 9. Linda Blake, SPU, 4.85 - 15-11; 10. Ashley Rickels, NNU, 4.66 - 15-3 1/2; 11. LeAnne Evans, WWU, 4.62 - 15-2; 12. Theresa Mangahas, 4.60 - 15-1 1/4; 13. Sharon Bjella, SPU, 4.53 - 14-10 1/2; 14. Cheryl Austin, SU, 4.42 - 14-6; 15. Susan Sifferman, SU, 4.12 - 13-6 1/4.

Triple Jump - 1. Lea Tiger, CWU, 11.10 - 36-5; 2. Katy Kociemba, WOU, 10.93 - 35-10 1/2; 3. Danae Clark, SPU, 10.87 - 35-8; 4. Nini Callen, WOU, 10.74 - 35-3; 5. Julie Kendall, WOU, 10.33 - 33-10 3/4; 6. Sara Johnson, SPU, 10.20 - 33-5 3/4; 7. Anjuli Spear, CWU, 9.87 - 32-4 3/4.

High Jump - 1. Sharon Bjella, SPU, 1.61 - 5-3 1/4; 2. Liz Ryen, CWU, 1.61 - 5-3 1/4; 3. Ashley Rickels, NNU, 1.61 - 5-3 1/4; 4. Monica Smith, WOU, 1.56 - 5-1 1/4; 5. Emily Peterson, NNU, 1.56 - 5-1 1/4; 6. Tiffany Fackrell, CWU, 1.56 - 5-1 1/4; 7. Lindsey Cox, WWU, 1.51 - 4-11 1/2; 8. Bridget Johnson, WOU, 1.51 - 4-11 1/2; 9. Linda Blake, SPU, 1.51 - 4-11 1/2; 10. Valerie Ferguson, WOU, 1.51 - 4-11 1/2.

Pole Vault - 1. Danielle Juarez, WWU, 3.51 - 11-6 1/4; 2. Allison Hedges, SPU, 3.51 - 11-6 1/4; 3. Aubrey Metzger, NNU, 3.36 - 11-0 1/4; 4. Amy Harris, SPU, 3.21 - 10-6 1/4; 5. Amber Rose, SPU, 3.21 - 10-6 1/4; 6. Alina Lunsford, NNU, 3.06 - 10-0 1/2; 7. Aubrey Harrington, NNU, 3.06 - 10-0 1/2; 8. Theresa Mangahas, SU, 2.91 - 9-6 1/2; 9. Kelly Perez, WWU, 2.91 - 9-6 1/2; 10. Kristen Holt, WWU, 2.76 - 9-0 1/2.

Shot Put - 1. Chevonna Lynch, WOU, 12.31 - 40-4 3/4; 2. Alicia Vandervelden, WOU, 11.63 - 38-2; 3. Tammy Carlson, WWU, 11.48 - 37-8; 4. Bridget Johnson, WOU, 11.48 - 37-8; 5. Nini Callen, WOU, 11.34 - 37-2 1/2; 6. Kim Radke, WWU, 11.25 - 36-11; 7. Tiffany Fackrell, CWU, 11.23 - 36-10 1/4; 8. Sarah Arendt, NNU, 10.94 - 35-10 3/4; 9. Rebekah McAdam, NNU, 10.75 - 35-3 1/4; 10. Heather Yergen, CWU, 10.39 - 34-1 1/4; 11. LeAnne Evans, WWU, 10.18 - 33-4 3/4; 12. Jessica Telleria, WWU, 9.99 - 32-9 1/2; 13. Hannah Bowman, NNU, 9.27 - 30-5; 14. Cortney Rockwell, SMC, 7.00 - 22-11 3/4.

Weight Throw - 1. Kristen Hepler, WOU, 16.39 - 53-9 1/4; 2. Jaci Cederberg, WOU, 14.43 - 47-4 1/4; 3. Kristina Wherry, NNU, 13.61 - 44-8; 4. Rebekah McAdam, NNU, 13.60 - 44-7 1/2; 5. Lauren Kooy, SPU, 12.80 - 42-0; 6. Jessica Telleria, WWU, 12.78 - 41-11 1/4; 7. Chevonna Lynch, WOU, 12.46 - 40-10 1/2; 8. Kristina MacCully, WWU, 12.15 - 39-10 1/2; 9. Christin McDowell, CWU, 11.93 - 39-1 3/4; 10. Tammy Carlson, WWU, 11.47 - 37-7 3/4; 11. Kim Radke, WWU, 11.37 - 37-3 3/4; 12. Alicia Vandervelden, WOU, 10.93 - 35-10 1/2; 13. Sara Johnson, SPU, 10.77 - 35-4; 14. Courtney Rockwell, SMC, 6.97 - 22-10 1/2; 15. Coco Rogers, SMC, 6.34 - 20-9 3/4.

Prelims

60 Hurdle - 1. Linda Blake, SPU, 9.27; 2. Ashley Rountree, CWU, 9.34; 3. Monica Smith, WOU, 9.39; 4. Ashley Rickels, NNU, 9.49; 5. Janna Schaafsma, SPU, 9.53; 6. Nini Callen, WOU, 9.74; 7. Emily Peterson, NNU, 9.86; 8. Kristen Holt, WWU, 9.90; 9. Ashley Burns, SU, 9.92; 10. LeAnne Evans, WWU, 9.93; 11. Jennie Rummell, WOU, 15.15. (Eight advance to finals).

60 - 1. Kinyatta Leonhardt, SPU, 7.96; 2. Melissa Behrens, WWU, 8.00; 3. Terran Legard, CWU, 8.05; 4. Jean Kolb, SPU, 8.22; 5. Rebekah Bowman, NNU, 8.29; 6. Kelsey Gleason, SPU, and Bonnie Galloway, WOU, 8.33; 8. Rachel Tynan, CWU, 8.34; 9. Julie Duringer, SPU, 8.39; 10. Kristen Holt, WWU, 8.41; 11. Nicole Matheson, SMC, 8.47; 12. Ashley Burns, SU, 8.49; 13. April Elder, SMC, 8.50; 14. Tina Thorne, CWU, 8.54.