

2004 GNAC Men's Indoor Track & Field Championships

Feb. 21 at Nampa

Team Scores - Western Oregon 164, Western Washington 126, Central Washington 107, Northwest Nazarene 71, Seattle Pacific 56, Saint Martin's 37, Seattle 14. **Outstanding Performer** - Isaac Frederick, Western Oregon.

60 - 1. Greg Coleman, WOU, 7.08; 2. Eddie Kaeka, WWU, 7.08; 3. Fabien Coutard, CWU, 7.09; 4. Sean Bresnahan, WOU, 7.11; 5. Jacob Petz, WWU, 7.16; 6. Derek Gitts, WOU, 7.28; 7. Jarel Cherry, SMC, 7.40; 8. Adam Neff, WWU, 8.25.

200 - 1. Isaac Frederick, WOU, 22.04; 2. Fabien Coutard, CWU, 22.43; 3. Greg Coleman, WOU, 22.72; 4. Adam Neff, WWU, 22.78; 5. David Olson, NNU, 23.01; 6. Josh Freeman, WWU, 23.08; 7. Mikel Lenox, WWU, 23.12; 8. Coby Eslinger, WOU, 23.17; 9. Chris McClung, WWU, 23.28; 10. Micah Kelly, SPU, 23.34; 11. Faruk Punjani, SU, 23.38; 12. Brandon Hill, NNU, 23.61; 13. Danny Bowman, NNU, 23.97.

400 - 1. Isaac Frederick, WOU, 49.76; 2. Adam Neff, WWU, 49.99; 3. Mike Kelley, CWU, 50.27; 4. Matt Ward, NNU, 50.57; 5. K.J. Loreth, SU, 50.59; 6. Brian Sweeney, WWU, 51.24; 7. Matt Blaine, SU, 51.27; 8. Mike Morrison, CWU, 51.44; 9. Ryan Los, WWU, 51.52; 10. Tyler Mohoric, SMC, 51.56; 11. David Olson, NNU, 51.73; 12. Sam Hobbs, WOU, 51.90; 13. Nate Anderson, WOU, 52.07; 14. Todd Nishida, SU, 52.38; 15. Greg Flowers, SPU, 53.47.

800 - 1. Paul Mach, SPU, 1:51.49; 2. Andy Prentice, SMC, 1:52.63; 3. Ryan Meier, NNU, 1:55.47; 4. Lincoln Hagood, NNU, 1:56.43; 5. Eddie Strickler, SPU, 1:56.80; 6. Andrae Williams, WOU, 1:58.22; 7. Troy Banker, WOU, 1:58.87; 8. Jason Bush, CWU, 1:59.23; 9. Reuben Joseph, SU, 1:59.38; 10. Chris Randolph, SPU, 1:59.76; 11. Mike Gavereski, SPU, 1:59.96; 12. Nicholas Dols, SU, 2:00.49; 13. Seth Woods, SMC, 2:02.07; 14. Caleb Timmer, SMC, 2:03.85; 15. Matt Ward, NNU, 2:05.81; 16. Jerret Mantalas, WOU, 2:06.38; 17. Chris Carpenter, SMC, 2:13.63.

Mile - 1. Nathan Carlson, SMC, 4:18.54; 2. Tim LeCount, SPU, 4:23.43; 3. Zach Dwello, NNU, 4:23.58; 4. Jason Porter, CWU, 4:24.39; 5. Nick Crawford, WOU, 4:25.26; 6. Mike Pankiewicz, CWU, 4:25.87; 7. Fillipie Jasso, WOU, 4:28.16; 8. Tyler Lane, NNU, 4:31.35; 9. Bjorn Bostrom, SPU, 4:36.42; 10. Jerret Mantalas, WOU, 4:40.74; 11. Richard Franck, SU, 4:43.72; 12. Chris Carpenter, SMC, 4:53.26; 13. Clint Bjella, SPU, 4:54.47.

5000 - 1. Steve DeKoker, WWU, 15:24.02; 2. Tris Obluck, SMC, 15:41.70; 3. Chase Wells, WOU, 15:42.13; 4. Kevin Lambert, NNU, 15:49.07; 5. Michael Hughes, SU, 16:01.04; 6. Andy Peters, NNU, 16:03.18; 7. Matt Schmitt, CWU, 16:07.48; 8. Jake Hotchkiss, NNU, 16:11.89; 9. Tim Keller, NNU, 16:22.03; 10. Lee O'Connor, SPU, 16:30.33; 11. Steve Manos, SU, 16:33.41; 12. James Rosser, SPU, 16:34.41; 13. Andrew Lybarger, SU, 17:10.59; 14. Victor Carpenter, SMC, 17:30.98; 15. Robbie Wilber, SMC, 17:32.55; 16. Zac Vawter, SMC, 18:06.19; 17. Spencer Walsh, WOU, dnf.

60 Hurdles - 1. Josh Freeman, WWU, 8.48; 2. Sam Hobbs, WOU, 8.49; 3. Nate Anderson, WOU, 8.54; 4. Dustin Wilson, WWU, 8.56; 5. Chris Randolph, SPU, 8.67; 6. Lee Clarkston, WOU, 8.68; 7. Colin McMahon, WOU, 8.74; 9. Josh Timmer, SMC, 8.90.

4x400 Relay - 1. Central Washington (Mike Kelley, Fabien Coutard, Cresap Watson, Mike Morrison) 3:23.79; 2. Western Oregon (Sam Hobbs, Isaac Frederick, Nate Anderson, Troy Banker) 3:25.11; 3. Western Washington (Brian Sweeney, Josh Freeman, Adam Neff, Ryan Los) 3:25.18; 4. Northwest Nazarene (David Olson, Brandon Hill, Ryan Meier, Matt Ward) 3:25.54; 5. Seattle 3:25.85; 6. Seattle Pacific 3:31.76.

Distance Medley - 1. Western Oregon (Nick Crawford, Scott Lemon, Andres Williams, Ethan Barrons) 10:36.72; 2. Saint Martin's (Andy Prentice, Tyler Mohoric, Seth Woods, Nathan Carlson) 10:41.41; 3. Seattle Pacific (Paul Mach, Chris Randolph, Eddie Strickler, Tim LeCount) 10:46.16; 4. Central Washington 10:53.54; 5. Northwest Nazarene 10:59.69.

Long Jump - 1. Chris Randolph, SPU, 6.65 - 21-10; 2. Justin Lawrence, CWU, 6.46 - 21-2 1/2; 3. Paul Danforth, WWU, 6.31 - 20-8 1/2; 4. Mark Mellein, WWU, 6.20 - 20-4 1/4; 5. Sean Doughty, NNU, 6.18 - 20-3 1/2; 6. Nate Anderson, WOU, 6.18 - 20-3 1/2; 7. Matt Ward, NNU, 6.18 - 20-3 1/2; 8. Mike Morrison, CWU, 6.16 - 20-2 1/2; 9. Cresap Watson, CWU, 6.12 - 20-1; 10. Shawn Pelton, NNU, 6.09 - 19-11 3/4; 11. Josh Freeman, WWU, 6.02 - 19-9; 12. Garrett Brown, SU, 5.84 - 19-2.

Triple Jump - 1. Justin Lawrence, CWU, 14.76 - 48-5 1/4; 2. Chris Mosbacher, NNU, 14.03 - 46-0 1/2; 3. Beau Ross, CWU, 13.97 - 45-10; 4. Cresap Watson, CWU, 13.18 - 43-3; 5. Mark Mellein, WWU, 13.12 - 43-0 1/2; 6. Shawn Pelton, NNU, 13.00 - 42-8; 7. Paul Danforth, WWU, 12.39 - 40-7 3/4; 8. Tyrone Hattingh, SPU, foul.

Pole Vault - 1. Scott Romney, WWU, 4.56 - 14-11 1/2; 2. Anthony Gould, NNU, 4.56 - 14-11 1/2; 3. Josh Cummings, WOU, 4.56 - 14-11 1/2; 4. Tyler Thornbrue, WWU, 4.41 - 14-5 1/2; 5. Josh Freeman, WWU, 4.26 - 13-11 3/4; 6. Tommy Matthews, WOU, 4.26 - 13-11 3/4; 7. Andrew Behl, WWU, 4.11 - 13-5 3/4; 8. Charlie Tribe, WWU, 3.96 - 12-11 3/4; 9. Brian Gould, NNU, 3.96 - 12-11 3/4.

High Jump - 1. Cresap Watson, CWU, 1.99 - 6-6 1/4; 2. Chris Randolph, SPU, 1.99 - 6-6 1/4; 3. Beau Ross, CWU, 1.94 - 6-4 1/4; 4. Jeff Word, WWU, 1.89 - 6-2 1/4; 5. Peter Allan, WWU, 1.89 - 6-2 1/4; 6. Phillip Bayley, SPU, 1.89 - 6-2 1/4; 7. Scott Lemon, WOU, 1.84 - 6-0 1/2; 8. Sean Doughty, NNU, 1.79 - 5-10 1/2; 9. Dan Larimer, SPU, 1.74 - 5-8 1/2.

35-Pound Weight Throw - 1. Brandon Jasmin, WOU, 15.02 - 49-3 1/2; 2. Tom Farris, WWU, 13.76 - 45-1 3/4; 3. Kevin Johnson, WOU, 13.20 - 43-3 3/4; 4. Josh Holloway, WOU, 12.60 - 41-4 1/4; 5. Dane Wagner, WOU, 12.40 - 40-8 1/4; 6. David Uberti, CWU, 12.24 - 40-2; 7. Casey Lewin, WOU, 12.14 - 39-10; 8. Jarrod Roberts, WWU, 11.74 - 38-6 1/4; 9. Jeremy Davis, SMC, 8.92 - 29-3; 10. Jason Willard, WWU, 8.26 - 27-1 1/4.

Shot Put - 1. Kevin Johnson, WOU, 15.15 - 49-8 1/2; 2. Jacob Galloway, CWU, 14.87 - 48-9 1/2; 3. Collin Babcock, WOU, 14.24 - 46-8 3/4; 4. Dane Wagner, WOU, 13.59 - 44-7; 5. Jason Willard, WWU, 13.41 - 44-0; 6. Jason Patterson, CWU, 13.33 - 43-9; 7. Brandon Jasmin, WOU, 13.17 - 43-2 1/2; 8. Casey Lewin, WOU, 12.95 - 42-6; 9. Zach Fife, CWU, 12.95 - 42-6; 10. Tom Farris, WWU, 12.55 - 41-2 1/4; 11. Phillip Bayley, SPU, 11.94; 12. Jeremy Davis, SMC, 11.14 - 36-6 3/4.

Prelims

60 Hurdle - 1. Josh Freeman, WWU, 8.47; 2. Sam Hobbs, WOU, 8.51; 3. Dustin Wilson, WWU, 8.57; 4. Nate Anderson, WOU, 8.67; 5. Lee Clarkston, WOU, 8.75; 6. Josh Timmer, SMC, 8.84; 7. Chris Randolph, SPU, 8.88; 8. Colin McMahon, WOU, 8.93; 9. Chris Mosbacher, NNU, 9.23; 10. Dan Laimer, SPU, 9.51; Mike Morrison, CWU, false start. (Eight advance to finals).

60 - 1. Greg Coleman, WOU, 7.15; 2. Sean Bresnahan, WOU, 7.16; 3. Jacob Petz, WWU, and Eddie Kaeka, WWU, 7.17; 5. Fabien Coutard, CWU, 7.18; 6. Adam Neff, WWU, 7.19; 7. Derek Gitts, WOU, 7.21; 8. Jarel Cherry, SMC, 7.24; 9. Chris McClung, WWU, 7.30; 10. Faruk Punjani, SU, 7.31; 11. Coby Eslinger, WOU, 7.32; 12. Dustin Wilson, WWU, 7.35; 13. David Olson, NNU, 7.37; 14. Danny Bowman, NNU, 7.53; 15. Albert Albertson, SMC, 8.46.