



## Great Northwest Athletic Conference

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### 113 Named To GNAC Academic Track & Field Team

PORTLAND, Ore. - A total of 113 student-athletes – 66 women and 47 men - have been named to the 2013 Great Northwest Athletic Conference Track & Field All-Academic team.

Joe Berger of Saint Martin's has the top GPA among the honorees with a perfect 4.00 GPA. Helen Crofts of Simon Fraser and Laura Pridgen of Northwest Nazarene have the best GPAs on the women's team.

Crofts has a 4.14 GPA in the Canadian system that awards 4.33 points for an A+. Pridgen has a 3.98 GPA in the American system.

Alfred Kangogo and Miriam Kipng'eno of Alaska Anchorage earned academic honors for the fourth time. Additionally six men and nine women won their third academic award.

The three-time male winners include Micah Chelimo of Alaska Anchorage, Lewis Meyers of Central Washington, Adam Prevost and Tyson Vanderby of Montana State Billings, AJ Baker of Seattle Pacific and Tim Clendaniel of Western Washington.

Women earning their third academic award include Ruth Keino and Katie Krehlik of Alaska Anchorage; Pridgen, Melissa Grammer, Alicia Hedrick and Shanna Rippy, all of Northwest Nazarene; Samantha Hull and Teilissa Tua of Saint Martin's; Ali Worthen of Seattle Pacific; and Valle Ledtke and Mary Rogers of Western Washington.

Western Washington placed the most athletes on the academic team with 24 including 10 men and 14 women. Northwest Nazarene earned 18 academic slots (7 men, 11 women), while Montana State Billings had 16 (5 men, 11 women) and Alaska Anchorage had 15 (8 men, 7 women).

#### Men's Track and Field Academic All-Conference

Nicholas Blackburn, UAA (Undeclared, So., 3.66, Courtenay, BC)  
Elliott Bauer, UAA (Construction Management, So., 3.51, Anchorage, AK)  
\*\*Micah Chelimo, UAA (Engineering, Jr., 3.25, Kapkoi, Kenya)  
Austen DeWolf, UAA (Economics, Sr., 3.40, Anchorage, AK)  
\*\*\*Alfred Kangogo, UAA (Nursing and Nutrition, Sr., 3.37, Eldoret, Kenya)  
Isaac Kangogo, UAA (Accounting, So., 3.22, Eldoret, Kenya)  
Kevin Rooke, UAA (Physical Education, So., 3.61, Toronto, ON)  
Travis Wilson, UAA (Geometrics, Jr., 3.38, Anchorage, AK)  
Quinton Agosta, CWU (Exercise Science, Sr., 3.23, Bainbridge Island, WA)  
\*Scott Hunter, CWU (Biology & Psychology, Sr., 3.50, Hilo, HI)  
Mike Jensen, CWU (Exercise Science, Sr., 3.21, Tenino, WA)  
Braden Keller, CWU (Clinical Physiology & Biology, Sr., 3.37, Kelso, WA)  
\*\*Lewis Meyers, CWU (Biology, Jr., 3.31, Carson, WA)  
\*Nathan Minor, CWU (Undeclared, Jr., 3.88, Mt. Vernon, WA)  
\*Drew Galahan, MSUB (Business Finance, Jr., 3.60, Harlowton, MT)  
Daniel Lombardi, MSUB (Public Relations, Sr., 3.42, Deer Lodge, MT)  
\*Lewis Polkow, MSUB (History: Teaching Option, Jr., 3.88, Billings, MT)  
\*\*Adam Prevost, MSUB (Health and Human Performance, Sr., 3.89, Billings, MT)  
\*\*Tyson Vanderby, MSUB (Health and Human Performance, Sr., 3.33, Manhattan, MT)  
\*Andrew Curtis, NNU (Mass Communications, Sr., 3.84, Tigard, OR)  
Michael Gordon, NNU (Pre-Physical Therapy, So., 3.23, Kuna, ID)  
Cody Henderson, NNU (Secondary Education, Jr., 3.77, Green River, WY)

\*Stephen Larlee, NNU (Nursing, Jr., 3.92, Maupin, OR)  
\*Matt Silva, NNU (Philosophy, Jr., 3.92, Nampa, ID)  
Reid White, NNU (Secondary Education, Sr., 3.95, Deer Park, WA)  
Elmer Williams, NNU (Rec Sports Management, Sr., 3.52, Deer Park, WA)  
Joe Berger, SMU (Mechanical Engineering, Jr., 4.00, Enumclaw, WA)  
Matt Hankins, SMU (Criminal Justice, So., 3.39, Olympia, WA)  
Brian McElroy, SMU (Criminal Justice, So., 3.51, Tacoma, WA)  
\*Joseph Patti, SMU (History & Political Science, Sr., 3.78, Renton, WA)  
\*\*AJ Baker, SPU (Educational Ministry, Sr., 3.20, AuGres, MI)  
\*Will Harrison, SPU (Exercise Science, Sr., 3.57, Tucson, AZ)  
\*James Young, SFU (Science, Jr., 3.76, Surrey, BC)  
\*Carraig Colahan, WOU (Criminal Justice, Jr., 3.94, Burns, OR)  
Scott Larson, WOU (Business, Sr., 3.41, Lake Stevens, WA)  
Chris Olsen, WOU (Interdisciplinary Studies, So., 3.32, Milwaukie, OR)  
\*Kody Rhodes, WOU (Business, Jr., 3.34, Wilsonville, OR)  
Brian Bates, WWU (English, So., 3.38, San Anselmo, CA)  
\*\*Tim Clendaniel, WWU (Kinesiology, Sr., 3.75, Bothell, WA)  
Damien Fisher, WWU (Kinesiology, Sr., 3.87, Centralia, WA)  
Jacob Gilbert, WWU (Electronics Engineering Tech, Sr., 3.55, Bellingham, WA)  
\*Chip Jackson, WWU (Mathematics, Sr., 3.93, Seattle, WA)  
\*Keegan Hall, WWU (Industrial Design, Jr., 3.77, Gig Harbor, WA)  
Jon Poolman, WWU (Accounting, So., 3.62, Langley, WA)  
\*Joshua Reiter, WWU (Computer Science, Jr., 3.47, Camas, WA)  
\*Trevor Robinson, WWU (Planning & Environmental Policy, Jr., 3.98, Seattle, WA)  
Devon Smith, WWU (History, Jr., 3.51, Marysville, WA)

## Women's Track and Field

Byrn Haebe, UAA (Nursing, So., 3.91, Evergreen, CO)  
\*\*Ruth Keino, UAA (Nursing, Sr., 3.45, Kapcheno, AK)  
\*\*\*Miriam Kipng'eno, UAA (Nursing, Sr., 3.37, Eldoret, Kenya)  
\*\*Katie Krehlik, UAA (Early Childhood Education, Sr., 3.60, Juneau, AK)  
\*Haleigh Lloyd, UAA (Nursing, Jr., 3.65, Ladysmith, BC)  
Valerie Massie, UAA (Psychology, Jr., 3.48, Snohomish, WA)  
Christi Schmitz, UAA (Nursing, So., 3.93, North Pole, AK)  
Jessie Duke, CWU (History Teach, So., 3.87, Soldotna, AK)  
Tayler Fetting, CWU (Undeclared, So., 3.60, Olympia, WA)  
Sydney Jensen, CWU (Law & Justice & Psychology, So., 3.69, Port Ludlow, WA)  
\*Connie Morgan, CWU (Economics & Public Relations, Jr., 3.87, Hoquiam, WA)  
\*Seanna Pitassi, CWU (Biology/Chemistry Teaching & Public Health Jr., 3.78, Camas, WA)  
\*Leah Berry, MSUB (History, Jr., 3.64, Lewistown, MT)  
Melanie Bock, MSUB (Biology, Jr., 3.20, East Helena, MT)  
Elizabeth Brown, MSUB (Accounting Technology, So., 3.81, Colstrip, MT)  
Keri Clump, MSUB (HHP-Teaching, Jr., 3.76, Wasilla, AK)  
Emili Crowder, MSUB (HHP-Performance, Sr., 3.36, Saco, MT)  
Renaef Hepfner, MSUB (Biology, So., 3.95, Belt, MT)  
Corrie Holm, MSUB (HHP-Performance, So., 3.67, Billings, MT)  
Anica Knispel, MSUB (HHP-Teaching, Jr., 3.25, Billings, MT)  
Alex McBroom, MSUB (English-Teaching, So., 3.51, Helena, MT)  
Katelynn Meyer, MSUB (Music Performance, So., 3.72, Billings, MT)  
\*Mary Owen, MSUB (Health and Human Performance, Jr., 3.88, Hammond, MT)  
\*Hailey Bradshaw, NNU (Nursing, So., 3.62, Meridian, ID)  
\*Caitlin Curtis, NNU (Rec & Sport Management, Jr., 3.85, Portland, OR)  
\*Natalie Evans, NNU (Nursing, Jr., 3.30, New Plymouth, ID)  
\*\*Melissa Grammer, NNU (Social Work, Sr., 3.85, Valdez, AK)  
Christine Harwood, NNU (Pre-Physical Therapy, Sr., 3.20, Pendleton, OR)  
\*\*Alicia Hedrick, NNU (Biology, Sr., 3.86, Bonners Ferry, ID)  
Christabel Leonce, NNU (Biology, Sr., 3.22, Castries, St. Lucia, West Indies)  
\*\*Laura Pridgen, NNU (Elementary Education, Sr., 3.98, Nampa, ID)  
\*\*Shanna Rippey, NNU (Economics, Sr., 3.60, Boise, ID)

\*Courtney Schroeder, NNU (Elementary Education, Jr., 3.94, Caldwell, ID)  
\*Marie Smith, NNU (Nursing, Jr., 3.52, Nampa, ID)  
\*\*Samantha Hull, SMU (Biology, Sr., 3.78, Belfair, WA)  
Hannah Scholter, SMU (Biology, Sr., 3.75, Auburn, WA)  
Laura Tesch, SMU (Psychology, Sr., 3.42, Renton, WA)  
\*\*Teilissa Tua, SMU (Biology, Sr., 3.25, Kahului, HI)  
Kelsey Chase, SPU (English, So., 3.97, Spokane, WA)  
McKayla Fricker, SPU (Integrated Studies, Jr., 3.27, Canby, OR)  
\*Katy Gross, SPU (General Engineering, Sr., 3.92, Everett, WA)  
Maliea Luquin, SPU (English, So., 3.71, Portland, OR)  
Katie Thralls, SPU (Exercise Science, Sr., 3.96, Livermore, Calif.)  
\*\*Ali Worthen, SPU (Exercise Science, Sr., 3.52, Coos Bay, OR)  
\*Kirsten Allen, SFU (Kinesiology, Jr., 3.80 London, Ontario)  
Helen Crofts, SFU (Science, Sr., 4.14, West Vancouver, BC)  
Nicole Anderson, WOU (Pre-Professional Studies, So., 3.60, Packwood, WA)  
Laura Copenhagen, WOU (Community Health Education, Sr., 3.48, Canby, OR)  
Audrey Hellesto, WOU (Undeclared, So., 3.65, Philomath, OR)  
Jenny Leaf, WOU (Community Health Education, Jr., 3.51, Boulder, CO)  
\*Amanda Schumaker, WOU (Pre-Professional Studies, Sr., 3.40, Gladstone, OR)  
Amanda Wright, WOU (Exercise Science, Sr., 3.24, Olympia, WA)  
Laura Barrow, WWU (Business Administration, So., 3.36, South Whidbey, WA)  
\*Sydney Coffey, WWU (Behavioral Neuroscience, Jr., 3.85, Boulder, CO)  
\*Amber Dodd, WWU (Kinesiology, Jr., 3.53, Sammamish, WA)  
Meghan Hoffman, WWU (Communication Sciences, Jr., 3.70, Covington, WA)  
\*Miranda Lahman, WWU (Cellular & Molecular Biology, Jr., 3.87, Boulder, CO)  
\*\*Valle Ledtke, WWU (Kinesiology, Sr., 3.58, Skamokawa, WA)  
Alexandria McDonald, WWU (Kinesiology, Sr., 3.48, Marysville, WA)  
Haley O'Connor, WWU (Biochemistry, So., 3.21 Sammamish, WA)  
\*Amy Puckett, WWU (Accounting, Jr., 3.44, Laramie, WY)  
Katie Reichert, WWU (Art, So., 3.55, Kelso, WA)  
\*\*Mary Rogers, WWU (Spanish, Sr., 3.85, Spokane, WA)  
\*Margaret Roe, WWU (Sociology, Jr., 3.34, Bellevue, WA)  
Amy Rovira, WWU (Pre-Physical Therapy, So., 3.47, Richland, WA)  
Emily Walters, WWU (Biology, Jr., 3.20, Olympia, WA)

\*Repeaters (Young from 2011) \*\*Two-time repeaters (Clendaniel from 2010-11)