

GNAC Men's Indoor Track and Field Championships (Feb. 21-22 at Nampa, ID)

Team Scores - Western Washington 157, Alaska Anchorage 134, Northwest Nazarene 83 2/3, Central Washington 73, Western Oregon 66 1/3, MSU Billings 49, Simon Fraser 44, Saint Martin's 43, Seattle Pacific 10. **Outstanding Performer** – Alex Donigian, WWU.

Friday's Finals:

5000 - 1. Micah Chelimo, UAA, 14:50.02 (meet record, old, 14:51.07, Barak Watson, NNU, 2012); 2. Dylan Anthony, UAA, 15:01.08; 3. Victor Samoei, UAA, 15:09.87; 4. Jamon Rodrigues, MSUB, 15:13.66; 5. Isaac Griffith, WWU, 15:16.05; 6. Kevin Rooke, UAA, 15:18.44; 7. Joe Berger, SMU, 15:24.78; 8. Dominik Notz, UAA, 15:25.45; 9. Tanner Boyd, WWU, 15:28.84; 10. Zach Holloway, WOU, 15:38.05; 11. Kaleb Fleenor, NNU, 15:55.57; 12. Turner Wiley, SPU, 16:07.48; 13. Thomas Neale, MSUB, 16:14.26; 14. Nathan Morgan, SMU, 16:28.34; 15. Garrett Love, MSUB, 16:42.95.

Distance Medley Relay - 1. Simon Fraser (Travis Vugteveen, Dan Kelloway, Cameron Proceviat, James Young) 10:07.19; 2. Western Washington (Cody McCranie, Nathaniel van Tuinen, Tyler Schewecke, Chip Jackson) 10:07.79; 3. MSU Billings (Chase Robinson, Nate Vanderby, Drew Galahan, Robert Peterson) 10:20.14; 4. Western Oregon (Drew Larson, Zach Trask, Chris Stash, Sam Naffziger) 10:23.81; 5. Alaska Anchorage (Philip Messina, Adam Commandeur, Jesse Miller, Michael Mendenhall) 10:30.51; 6. Northwest Nazarene (Michael Gordon, Zach Mason, Nick Martin, Chase Cunningham) 10:31.42; 7. Seattle Pacific (Alex Horton, Justin Ramsey, Ryan Alcantara, Adam Avischious) 10:48.93; 8. Saint Martin's (Mitchell Hughey, Devon DeMoss, Colin Wiedmer, Josiah Shelman) 11:08.42.

High Jump - 1. Brett Watson, WWU, 2.05 - 6-8 3/4; 2. Logan Myers, WWU, 2.05 - 6-8 3/4; 3. Kaelen Byrum, WOU, 1.95 - 6-4 3/4; 4. Justin Peterson, CWU, 1.95 - 6-4 3/4; 5. Cole Hoberg, NNU, 1.95 - 6-4 3/4; 6. Mitch Kamstra, NNU, 1.90 - 6-2 3/4; 7. Tevin Gladden, UAA, 1.90 - 6-2 3/4; 8. Garrett Hardie, WOU, Luke Conklin, NNU, and Kyle McLaughlin, NNU, 1.85 - 6-0 3/4; 11. Ethan Meikle, CWU, 1.85 - 6-0 3/4; Amari Blanton, SMU, no height.

Long Jump - 1. Kevin Yates, WWU, 6.97 - 22-10 1/2; 2. Brett Watson, WWU, 6.87 - 22-6 1/2; 3. Dkay Aylvor, SFU, 6.77 - 22-2 1/2; 4. Nathaniel van Tuinen, WWU, 6.75 - 22-1 3/4; 5. Tevin Gladden, UAA, 6.74 - 22-1 1/2; 6. Kyle Lane, WOU, 6.59 - 21-7 1/2; 7. Stephen Larlee, NNU, 6.49 - 21-3 1/2; 8. David Harris, NNU, 6.44 - 21-1 1/2.

Shot Put - 1. Jacob Gilbert, WWU, 16.12 - 52-10 3/4; 2. Frank Catelli, WWU, 15.85 - 52-0; 3. Troy Martin, CWU, 15.83 - 51-11 1/4; 4. Kevin Stanley, CWU, 15.38 - 50-5 1/2; 5. Nelson Westlin, WWU, 14.96 - 49-1; 6. Eric Holmstrom, CWU, 14.83 - 48-8; 7. Brandon Pless, WWU, 14.79 - 48-6 1/4; 8. Damien Fisher, WWU, 14.57 - 47-9 3/4; 9. Carraig Colahan, WOU, 14.45 - 47-5; 10. Jeremiah Woods, NNU, 14.20 - 46-0; 11. Anthony Montanez, MSUB, 13.54 - 44-5 1/4; 12. Mitch Wilkens, SMU, 13.35 - 43-9 3/4.

Saturday's Finals:

60 - 1. Alex Donigian, WWU, 6.75 (GNAC record, old, 6.76, Donigian, 2014; meet record, old, 6.85, Donigian, WWU, 2013); 2. Rimar Christie, NNU, 6.86; 3. Kent McKinney, CWU, 6.98; 4. Peter Maguire, WWU, 7.10; 5. Jordan Todd, CWU, 7.16; 6. Jeff Howard, WOU, 7.22; 7. Cody Thomas, UAA, 7.44; Brock Steffen, WWU, false start.

200 - 1. Alex Donigian, WWU, 21.79 (meet record, old, 21.84, Andrew Boss, SFU, 2011); 2. Rimar Christie, NNU, 21.99; 3. Andrew Curtis, NNU, 22.00; 4. Joel Webster, SFU, 22.02; 5. Ethan Hewitt, UAA, 22.29; 6. Jeff Howard, WOU, 22.45; 7. Elliott Bauer, UAA, 22.57; 8. Nathaniel Schmidt, WWU, 1:02.09.

400 - 1. Ethan Hewitt, UAA, 48.31 (GNAC record, old, 48.37, Andrew Boss, SFU, 2011; meet record, old, 48.45, Maurus Hope, NNU, 2012); 2. Adam Commandeur, UAA, 48.84; 3. Daniel Kelloway, SFU, 49.10; 4. Devon Smith, WWU, 49.34; 5. Elliott Bauer, UAA, 49.36; 6. Joel Webster, SFU, 49.38; 7. Bobo Camara, UAA, 49.52; 8. David Harris, NNU, 49.71.

800 - 1. Josh Hanna, WOU, 1:54.14; 2. Frank Krause, SMU, 1:54.27; 3. Ryan Hansen, WOU, 1:55.07; 4. Cameron Proceviat, SFU, 1:55.59; 5. Isaac Kangogo, UAA, 1:56.09; 6. Drew Galahan, MSUB, 1:56.51; 7. Jesse Miller, UAA, 1:56.55; 8. Seth Pierson, SPU, 2:01.15.

Mile - 1. Robert Peterson, MSUB, 4:11.05 (meet record, old, 4:12.22, Chris Reed, WOU, 2011); 2. Chip Jackson, WWU, 4:11.73; 3. Micah Chelimo, UAA, 4:13.90; 4. Seth Pierson, SPU, 4:14.42; 5. Travis Vugteveen, SFU, 4:14.66; 6. Brady Beagley, WOU, 4:16.13; 7. Isaac Kangogo, UAA, 4:18.77; 8. James Young, SFU, 4:21.91; 9. Sam Naffziger, WOU, 4:23.80; 10. Josh Panasuk, UAA, 4:25.75; 11. Philip Messina, UAA, 4:26.74; 12. Michael Mendenhall, UAA, 4:28.03; 13. John Wojtech, CWU, 4:28.58; 14. Drew Larson, WOU, 4:32.90; 15. Ryan Blomback, MSUB, 4:35.94.

3000 - 1. Micah Chelimo, UAA, 8:28.35 (meet record, old, 8:29.35, Chelimo, 2013); 2. Dylan Anthony, UAA, 8:33.40; 3. Brady Beagley, WOU, 8:42.69; 4. Chase Robinson, MSUB, 8:42.86; 5. Robert Peterson, MSUB, 8:43.87; 6. Isaac Kangogo, UAA, 8:45.70; 7. Victor Samoei, UAA, 8:47.43; 8. Oliver Jorgensen, SFU, 8:47.66; 9. Dominik Notz, UAA, 8:47.70; 10. Jamon Rodrigues, MSUB, 8:50.45; 11. Isaac Griffith, WWU, 8:52.29; 12. Drew Larson, WOU, 8:52.70; 13. Kevin Rooke, UAA, 8:52.92; 14. Zach Holloway, WOU, 8:53.00; 15. Skyler Larson, SMU, 8:55.12; 16. Joe Berger, SMU, 8:55.49; 17. Michael Mendenhall, UAA, 8:57.38; 18. Philip Messina, UAA, 8:58.87; 19. Austin Trapp, SFU,

8:59.56; 20. Chase Cunningham, NNU, 9:00.18; 21. Rudy Spencer, CWU, 9:05.52; 22. Kaleb Fleenor, NNU, 9:10.75; 23. Josiah Shelman, 9:14.28; 24. Tanner Boyd, WWU, 9:14.99; 25. Michael Gordon, NNU, 9:19.61; 26. Turner Wiley, SPU, 9:19.74; 27. Scott Larson, WOU, 9:23.15; 28. Nathan Morgan, SMU, 9:24.62; 29. Joe Soik, WOU, 9:31.53; 30. Colin Wilkins, SPU, 9:43.51.

60 Hurdles - 1. Peter Maguire, WWU, 8.24 (meet record, old, 8:26, Robert Edwards, CWU, 2007); 2. Bernari Sternes, CWU, 8.26; 3. Logan Myers, WWU, 8.32; 4. Kody Rhodes, WOU, 8.33; 5. Kyle McLaughlin, NNU, 8.53; 6. Andrew Venema, CWU, 8.62; 7. David Durden, SMU, 8.71; 8. Bobo Camara, UAA, 8.72.

4x400 Relay - 1. Alaska Anchorage 3:16.09 (Elliott Bauer, Adam Commandeur, Bobo Camara, Ethan Hewitt; meet record, old, 3:18.17, Western Washington, 2013); 2. Northwest Nazarene (David Harris, Stephen Larlee, Kyle McLaughlin, Andrew Curtis) 3:19.53; 3. Western Washington (Jonathon Poolman, Devon Smith, Nathaniel van Tuinen, Ryan McArthur) 3:19.69; 4. Western Oregon (Josh Hanna, Ryan Hansen, Zach Trask, Kody Rhodes) 3:23.32; 5. MSU Billings (Lewis Polkow, Cale Howells, Drew Galahan, Nate Vanderby) 3:25.42; 6. Saint Martin's (Austin Brenner, Frank Krause, Cody House, Mitchell Hughey) 3:26.64; 7. Seattle Pacific (David Ferguson, RJ Straker, Adam Avischious, Alex Horton) 3:27.20; 8. Central Washington (Bernari Sternes, Jordan Todd, Kent McKinney, John Wojtech) 3:31.34; 9. Simon Fraser (Stuart Ellenwood, Christopher More O'Ferrall) 3:35.39.

Triple Jump - 1. Luke Plummer, CWU, 14.10 - 46-3 1/4; 2. Stephen Larlee, NNU, 14.07 - 46-2; 3. Tevin Gladden, UAA, 13.73 - 45-0 1/2; 4. Mark Seely, WWU, 13.66 - 44-9 3/4; 5. Mitch Kamstra, NNU, 12.74 - 41-9 3/4; 6. Kaelen Byrum, WOU, 12.62 - 41-5; 7. Justin Peterson, CWU, 12.62 - 41-5; Amari Blanton, SMU, foul.

Pole Vault - 1. Greyson Kilgore, NNU, 4.52 - 14-10; 2. Joseph Keeton, SMU, 4.52 - 14-10; 3. Gordon Kordas, WWU, 4.42 - 14-6; 4. Zach McClanahan, NNU, 4.17 - 13-8 1/4; 5. Jacob Hino, WWU, 4.17 - 13-8 1/4; 6. Freeman Palmer, WWU, 4.17 - 13-8 1/4; 7. Matt Hankins, SMU, 4.02 - 13-2 1/4; Cole Campbell, MSUB, no height; Luke Conklin, NNU, no height.

Weight Throw - 1. Kevin Stanley, CWU, 17.71 - 58-1 1/4; 2. Vincent Fualefau, SMU, 16.19 - 53-1 1/2; 3. Dylan Buehler, MSUB, 15.60 - 51-2 1/4; 4. Eric Holmstrom, CWU, 15.41 - 50-6 3/4; 5. Anthony Montanez, MSUB, 15.32 - 50-3 1/4; 6. Luca Molinari, SFU, 14.93 - 48-11 3/4; 7. Carraig Colahan, WOU, 14.87 - 48-9 1/2; 8. Mitch Wilkens, SMU, 14.44, 47-4 1/2; 9. Troy Martin, CWU, 14.13 - 46-4 1/4; 10. Matt Silva, NNU, 14.03 - 46-0 1/2; 11. Kyle DuCharme, MSUB, 13.18 - 43-3; 12. Jeremiah Woods, NNU, 13.18 - 43-3; 13. Jacob Gilbert, WWU, 11.48 - 37-8.

Heptathlon - 1. Cody Thomas, UAA, 4904 (meet record, old, Thomas, 4863, 2013); 2. Micah Spatz, NNU, 4494; 3. Eric Gaines, WOU, 4444; 4. Justin Peterson, CWU, 4394; 5. David Durden, SMU, 4115; 6. Ty Sissel, SMU, 3983; 7. Cameron Stanek, MSUB, 3969; 8. Michael Holland, SMU, 3874; 9. Luke Conklin, NNU, 3735; 10. Michael Stralser, WWU, 3626; 11. Andrew Venema, CWU, 3226.

Friday: 60 - Thomas 7.08 (meet record, old, 7.13, Thomas, UAA, 2013), Durden 7.37, Stanek 7.45, Spatz 7.47, Stralser 7.49, Sissel 7.50, Venema 7.59, Peterson 7.61, Holland 7.67, Gaines 7.74, Conklin 8.11. Long Jump - Thomas 6.10 - 20-0 1/4, Venema 6.05 - 19-10 1/4, Peterson 6.00 - 19-8 1/4, Gaines 5.99 - 19-8, Stanek 5.95 - 19-6 1/4, Stralser 5.90 - 19-4 1/4, Spatz 5.88 - 19-3 1/2, Sissel 5.84 - 19-2, Durden 5.53 - 18-1 3/4, Holland 5.41 - 17-9, Conklin 5.12 - 16-9 3/4. Shot Put - Thomas 12.39 - 40-7 3/4, Stralser 11.31 - 37-1 1/4, Venema 11.25 - 36-11, Peterson 10.69 - 35-1, Stanek 10.31 - 33-10, Gaines 10.22 - 33-6 1/2, Conklin 9.98 - 32-9, Durden 9.98 - 32-9, Spatz 9.80 - 32-2, Holland 8.83 - 28-11 3/4, Sissel 8.70 - 28-6 1/2. High Jump - Peterson 1.98 - 6-6 (meet record, old, 1.94 - 6-4 1/4, Ethan Merkle, CWU, 2013), Conklin 1.92 - 6-3 1/2, Thomas 1.89 - 6-2 1/4, Gaines 1.83 - 6-0, Venema 1.80 - 5-10 3/4, Spatz 1.74 - 5-8 1/2, Stralser 1.71 - 5-7 1/4, Durden 1.71 - 5-7 1/4, Sissel 1.71 - 5-7 1/4, Holland 1.68 - 5-6, Stanek 1.65 - 5-5,

Saturday: 60 Hurdles - Thomas 8.52 (meet record, old, 8.76, Andy Loscutoff, WOU, 2011), Durden 8.81, Spatz 8.94, Gaines 8.97, Sissel 9.07, Peterson 9.38, Conklin 9.71, Holland 9.75, Stanek 9.81, Stralser 13.8, Venema, disqualified. Pole Vault - Spatz 4.15 - 13-7 1/4, Stralser 4.05 - 13-3 1/2, Thomas 3.85 - 12-7 1/2, Gaines 3.75 - 12-3 1/2, Holland 3.65 - 11-11 3/4, Stanek 3.65 - 11-11 3/4, Durden 3.45 - 11-3 3/4, Conklin 3.35 - 10-11 3/4, Peterson 3.25 - 10-8, Venema 3.05 - 10-0, Sissel 2.65 - 8-8 1/4. 1000 - Gaines 2:49.54, Sissel 2:51.17, Spatz 2:52.39, Peterson 2:52.95, Holland 2:56.70, Thomas 2:58.76, Durden 3:08.86, Stanek 3:11.54, Conklin 3:12.62, Stralser 3:16.63, Venema 3:31.67.

Friday's Prelims:

60 - 1. Rimar Christie, NNU, 6.87; 2. Kent McKinney, CWU, 6.97; 3. Alex Donigian, WWU, 6.98; 4. Brock Steffen, WWU, 7.05; 5. Cody Thomas, UAA, 7.09; 6. Jordan Todd, CWU, 7.11; 7. Peter Maguire, WWU, 7.13; 8. Jeff Howard, WOU, 7.13; 9. Austen DeWolf, UAA, 7.13; 10. AJ Allen, UAA, 7.17; 11. Jacob Oswald, NNU, and Cody Henderson, NNU, 7.22; 13. Bryce Leedham, WOU, 7.24; 14. Tyler DiGiovanna, MSUB, 7.35; 15. Zach Mason, NNU, 7.39; 16. David Ferguson, SPU, 7.40; 17. Ian Boyle, SMU, 7.43; 18. Andrew Bertram, NNU, 7.50.

60 Hurdles - 1. Logan Myers, WWU, 8.30; 2. Bernari Sternes, CWU, 8.33; 3. Kody Rhodes, WOU, 8.38; 4. Peter Maguire, WWU, 8.40; 5. Kyle McLaughlin, NNU, 8.49; 6. Andrew Venema, CWU, and Brett Campbell, WOU, 8.56; 8. David Durden, SMU, 8.67; 9. Bobo Camara, UAA, 8.69; 10. Travis Wilson, UAA, 8.80; 11. Coleman Byrum, WOU, 8.90; 12. Garrett Hardie, WOU, 9.10; 13. Garrett Hardie, WOU, 9.10; 14. Ian Neil, NNU, 9.71; 15. Eric Gaines, WOU, false start. (**Note:** 60 hurdles prelim held Saturday morning due to a time malfunction in original race).

200 - 1. Ethan Hewitt, UAA, 22.12; 2. Joel Webster, SFU, 22.32; 3. Jeff Howard, WOU, 22.32; 4. Elliott Bauer, UAA, 22.33; 5. Nathaniel Schmidt, WWU, and Rimar Christie, NNU, 22.41; 7. Alex Donigian, WWU, 22.49; 8. Andrew Curtis, NNU, 22.53; 9. Austen DeWolf, UAA and Bobo Camara, UAA, 22.61; 11. Jordan Todd, CWU, 22.67; 12. Christopher More O'Ferrall, SFU, 22.73; 13. AJ Allen, UAA, 22.79; 14. Jacob Oswalt, NNU, 22.80; 15. Brock Steffen, WWU, 22.87; 16. David Ferguson, SPU, 22.96; 17. Zach Mason, NNU, 23.02; 18. Tyler DiGiovanna, MSUB, 23.05; 19. RJ Stroker, SPU, 23.06; 20. Bernari Sternes, CWU, 23.10; 21. Cody Henderson, NNU, 23.16; 22. Kent McKinney, CWU, 23.59; 23. Bryce Leedham, WOU, 23.76; 24. Austin Brenner, SMU, 23.80; 25. Coleman Byrum, WOU, 24.09; 26. Cody House, SMU, 24.26; 27. Ian Boyle, SMU, 24.42; 28. John Hamman, SMU, 24.93; Andrew Bertram, NNU, did not start.

400 - 1. Ethan Hewitt, UAA, 48.70; 2. Adam Commandeur, UAA, 49.33; 3. Daniel Kelloway, SFU, 49.34; 4. Joel Webster, SFU, 49.36; 5. Elliott Bauer, UAA, 49.51; 6. Devon Smith, WWU, 49.67; 7. Bobo Camara, UAA, 49.77; 8. David Harris, NNU, 50.54; 9. Christopher More O'Ferrell, SFU, 50.66; 10. Nathan Vanderby, MSUB, 50.84; 11. RJ Straker, SPU, 51.32; 12. Travis Wilson, UAA, 51.40; 13. Lewis Polkow, MSUB, 51.49; 14. Devon DeMoss, SMU, 51.69; 15. Cody House, SMU, 52.74; 16. Justin Ramsey, SPU, 53.26; 17. John Hamman, SMU, 57.60; Andrew Bertram, NNU, did not start; Jonathon Poolman, WWU, disqualified.

800 - 1. Frank Krause, SMU, 1:54.40; 2. Jesse Miller, UAA, 1:54.70; 3. Isaac Kangogo, UAA, 1:54.73; 4. Cameron Proceviat, SFU, 1:55.00; 5. Ryan Hansen, WOU, 1:55.39; 6. Josh Hanna, WOU, 1:55.40; 7. Seth Pierson, SPU, 1:55.42; 8. *Stuart Ellenwood, SFU, 1:56.62; 9. *Drew Galahan, MSUB, 1:56.78; 10. Adam Avischious, SPU, 1:57.27; 11. Nick Martin, NNU, 1:57.46; 12. Ryan McArthur, WWU, 1:57.66; 13. Mitchell Hughey, SMU, 1:57.69; 14. Riley Anheluk, WOU, 1:57.92; 15. Chris Stash, WOU, 1:58.01; 16. Alex Horton, SPU, 1:58.43; 17. Alan Roy, WOU, 1:58.91; 18. Philip Messina, UAA, 1:58.94; 19. Josh Dempsey, WOU, 1:59.94; 20. Ryan Alcantara, SPU, 2:01.72; 21. Jordan Fogle, UAA, 2:08.78. *Note: Gallahan advanced to finals instead of Ellenwood as No. 2 finisher from his heat.

GNAC Women's Indoor Track and Field Championships (Feb. 21-22 at Nampa, ID)

Team Scores - Alaska Anchorage 154, Seattle Pacific 125, Northwest Nazarene 116 1/3, Western Washington 100 1/3, Simon Fraser 57, Central Washington 47 1/3, Western Oregon 46, Saint Martin's 9, MSU Billings 8. **Outstanding Performer** – Karolin Anders, UAA.

Friday Finals:

5000 - 1. Joyce Kipchumba, UAA, 17:22.40; 2. Jordan Rehfeld, NNU, 17:31.78; 3. Katelyn Steen, WWU, 17:56.68; 4. Anna Patti, SPU, 18:06.77; 5. Bryn Haebe, UAA, 18:17.80; 6. Halley Bradshaw, NNU, 18:24.13; 7. Susanna Fleming, NNU, 18:27.57; 8. Megan Rogers, CWU, 18:53.82; 9. Jinise Osborne, MSUB, 18:55.93; 10. Christi Schmitz, UAA, 19:14.71; 11. Hannah Dowdell, CWU, 19:21.73; 12. Mary Owen, MSUB, 19:37.35; 13. Melanie Bock, MSUB, 20:26.29; 14. Erika Crock, SMU, 20:39.05.

Distance Medley - 1. Alaska Anchorage (Susan Bick, Haleigh Lloyd, Jessica Pahkala, Ivy O'Guinn) 11:58.61; 2. Simon Fraser (Rebecca Bassett, Kayla Leanna, Sarah Sawatzky, Kirstin Allen) 12:16.58; 3. Western Washington (Lillianna Stelling, Amber Dodd, Kali Klotz-Brooks, Austen Reiter) 12:28.96; 4. Seattle Pacific (Claire Rachwitz, Maddi Hommes, Jasmine Johnson, Sarah Macdonald) 12:33.52; 5. Western Oregon (Jenny Leaf, Kolby Childers, Rachel Crawford, Stephanie Stuckey) 12:40.29; 6. Central Washington (Erin Chinchar, Seanna Pitassi, Jayna Inderbitzin, Dani Eggleston) 12:41.46; 7. MSU Billings (Renae Hepfner, Ashlynn VanVoast, Nicon Frame, Rio Frame) 12:41.74; 8. Northwest Nazarene (Marie Miller, Carly Rech, Becca Holland, Jadyn Gourley) 13:25.74; 9. Saint Martin's (Megan Teigen, Alexis Carandang, Irene Moore, Kenna Fosnacht) 13:41.52.

Long Jump - 1. Tanya Bjornsson, WWU, 5.82 - 19-1 1/4 (meet record, old, 5.73 - 18-9 3/4. Danielle Ayers-Stamper, SPU (2005), Emily Warman, WWU (2013)); 2. Kyra Brannan, SPU, 5.58 - 18-3 3/4; 3. Karolin Anders, UAA, 5.50 - 18-0 1/2; 4. Tayler Fettig, CWU, 5.48 - 17-11 3/4; 5. Tasia Baldwin, SPU, 5.44 - 17-10 1/4; 6. Mercedes Rhode, SFU, 5.29 - 17-4 1/4; 7. Marie Smith, NNU, 5.22 - 17-1 1/2; 8. Renee Kennedy, UAA, 5.17 - 16-11 1/2; 9. Charlene Harber, WOU, 5.01 - 16-5 1/4; 10. Juliana Joy, CWU, 5.00 - 16-5; 11. Kye Fedor, SFU, 4.96 - 16-3 1/4; 12. Jasmine McMullin, WWU, 4.90 - 16-1; 13. Katelyn Wright, 4.82 - 15-9 3/4; 14. Rebecca Laible, WOU, 4.76 - 15-7 1/2.

Pole Vault - 1. Alison Silva, NNU, 3.91 - 12-10 (GNAC and meet record; old GNAC, 3.90 - 12-9 1/4, Karis Anderson, WWU, 2012; old meet, 3.89 - 12-9, Mellisa Peaslee, SPU (2008)); 2. Cheyanna Pinley, WWU, 3.67 - 12-0 1/2; 3. McKenna Emmert, CWU, 3.57 - 11-8 1/2; 4. Hope Reid, MSUB, 3.17 - 10-4 3/4; 5. Elizabeth Knope, WWU, 3.17 - 10-4 3/4; 6. Morgan Annable, WWU, 3.17 - 10-4 3/4; 7. Nicole Talcott, CWU, 3.02 - 9-10 3/4; 8. Bethany Graham, WWU, 3.02 - 9-10 3/4; 9. Becca Hazel, WOU, 3.02 - 9-10 3/4; 10. Lindi Burgeson, NNU, 3.02 - 9-10 3/4; 11. Madi Webster, SPU, 3.02 - 9-10 3/4.

Weight Throw - 1. Caitlin Curtis, NNU, 15.49 - 50-10; 2. Dorothy Moore, CWU, 15.45 - 50-8 1/4; 3. Taylor VanValey, NNU, 14.93 - 48-11 3/4; 4. Angel Rodgers, SMU, 14.77 - 48-5 1/2; 5. Jasmine Warrington, NNU, 14.64 - 48-0 1/2; 6. Lexi Sarver, NNU, 14.28 - 46-10 1/4; 7. Jessica Johns, NNU, 14.27 - 46-10; 8. Ali Wick, SMU, 14.21 - 46-7 1/2; 9. Vessie Umu, NNU, 13.78 - 45-2 1/2; 10. Kassandra Johnson, NNU, 13.32 - 43-8 1/2; 11. Corrie Holm, MSUB, 12.96 - 42-6 1/4; 12. Emmi Collier, WOU, 12.60 - 41-4 1/4; 13. Allison Cook, WOU, 12.36 - 40-6 3/4.

Pentathlon - 1. Karolin Anders, UAA, 3640 (meet record, old, 3505, Katy Gross, SPU, 2013); 2. Tayler Fettig, CWU, 3311; 3. Maddie Hommes, SPU, 3136; 4. Katie Reichert, WWU, 3063; 5. Charlene Harber, WOU, 2998; 6. Ali Sowers, SPU, 2983; 7. Emily Stralser, WWU, 2861; 8. Cheryl Hong, SPU, 2832; 9. Juliana Joy, CWU, 2825; 10. Janessa Dyke, NNU, 2807; 11. Irene Moore, SMU, 2658; 12. Emily Moe, WOU, 2393.

60 Hurdles - Fettig 9.09 (meet record, old, 9.11, Marie Smith, NNU, 2012), Anders 9.48, Stralser 9.52, Joy 9.65, Hong 9.77, Hommes 9.85, Moore 9.86, Dyk 9.94. Sowers 10.07, Reichert 10.08, Harber 10.35, Moe 11.04. High Jump - Fettig 1.69 - 5-6 1/2 (meet record, old, 5-4 1/2, Rachele Barnett, SFU, 2011; Katy Gross, SPU, 2013), Anders 1.66 - 5-5 1/4, Reichert 1.54 - 5-0 1/2, Sowers 1.54 - 5-0 1/2, Hommes 1.51 - 4-11 1/2, Harber 1.48 - 4-10 1/4, Joy 1.45 - 4-9, Dyk 1.42 - 4-7 3/4, Hong 1.42 - 4-7 3/4, Moe 1.42 - 4-7 3/4, Stralser 1.36 - 4-5 1/2, Moore 1.36 - 4-5 1/2. Shot Put - Harber 11.40 - 37-5, Anders 11.08 - 36-4 1/4, Reichert 10.45 - 34-3 1/2, Fettig 10.28 - 33-8 3/4, Hommes 9.88 - 32-5, Moe 9.13 - 29-11 1/2, Stralser 8.19 - 26-10 1/2. Joy 8.15 - 26-9, Sowers 7.87 - 25-10, Moore 7.73 - 25-4 1/2, Hong 7.16 - 23-6, Dyk 7.10 - 23-3 1/2, Long Jump - Anders 5.36 - 17-7, Fettig 5.35 - 17-6 3/4, Stralser 5.15 - 16-10 3/4, Harber 5.09 - 16-8 1/2, Hong 4.91 - 16-1 1/2, Joy 4.85 - 15-11, Reichert 4.80 - 15-9, Hommes 4.79 - 15-8 3/4, Dyk 4.68 - 15-4 1/4, Sowers 4.64 - 15-2 3/4, Moore 4.49 - 14-8 3/4, Moe 4.46 - 14-7 3/4. 800 - Sowers 2:24.54, Anders 2:24.62, Hommes 2:26.35, Dyk 2:26.67, Hong 2:32.50, Moore 2:34.14, Reichert 2:34.69, Stralser 2:39.89. Joy 2:41.82, Harber 2:42.38, Moe 2:52.54, Fettig 2:59.19.

Saturday's Finals:

60 - 1. Jamie Ashcroft, UAA, 7.69; 2. Tanya Bjornsson, WWU, 7.89; 3. Natasha Kianipour, SFU, 7.95; 4. Tasia Baldwin, SPU, 7.97; 5. BryAnne Wochnick, SPU, 7.97; 6. Madison McClung, WOU, 7.99; 7. Kyra Brannan, SPU, 8.00; 8. Rosie Smith, UAA, 8.07.

200 - 1. Jamie Ashcroft, UAA, 24.69 (GNAC record, old, 24.89, Ashcroft, 2014; meet record, old, 24.98, Ashcroft, 2014 Prelims); 2. Tasia Baldwin, SPU, 25.16; 3. Kishia Mitchell, SPU, 25.18; 4. Kyra Brannan, SPU, 25.35; 5. Madison McClung, WOU, 25.64; 6. Sasha Halfyard, UAA, and Rose Smith, UAA, 25.70; 8. BryAnne Wochnick, SPU, 26.08.

400 - 1. Kishia Mitchell, SPU, 57.00; 2. Sydney Coffey, WWU, 57.46; 3. Audrey Hellesto, WOU, 57.62; 4. Haleigh Lloyd, UAA, 58.12; 5. Jasmine Johnson, SPU, 58.43; 6. Hayley Bezanson, UAA, 58.53; 7. Sasha Halfyard, UAA, 58.87; 8. Megan Teigen, SMU, 1:01.67.

800 -1. Sarah Sawatzky, SFU, 2:08.57; 2. McKayla Fricker, SPU, 2:10.59; 3. Natalie Evans, NNU, 2:11.43; 4. Lynelle Decker, SPU, 2:13.75; 5. Jessica Pahkala, UAA, 2:16.59; 6. Ivy O'Guinn, UAA, 2:17.50; 7. Bailey Beeson, WOU, 2:18.18; 8. Susan Bick, UAA, 2:28.74.

Mile - 1. McKayla Fricker, SPU, 5:00.37; 2. Joyce Kipchumba, UAA, 5:04.36; 3. Ivy O'Guinn, UAA, 5:05.55; 4. Kirsten Allen, SFU, 5:07.30; 5. Jessica Pahkala, UAA, 5:09.67; 6. Austen Reiter, WWU, 5:11.21; 7. Rebecca Bassett, SFU, 5:13.01; 8. Lynelle Decker, SPU, 5:14.23; 9. Nocona Frame, MSUB, 5:15.36; 10. Susan Bick, UAA, 5:18.47; 11. Stephanie Stuckey, WOU, 5:18.52; 12. Rachel Crawford, WOU, 5:22.54; 13. Hailey Bradshaw, NNU, 5:24.22; 14. Kali Klotz-Brooks, WWU, 5:26.08; 15. Jenny Leaf, WOU, 5:28.95; 16. Natalie Schafer, WOU, 5:31.84; 17. Marie Miller, NNU, 5:35.89; 18. Nicole Anderson, WOU, 5:47.80; 19. Amanda Ditzhazy, WOU, 5:48.29.

3000 - 1. Joyce Kipchumba, UAA, 10:01.01; 2. Jordan Rehfeld, NNU, 10:07.23; 3. Emma Chadsey, SFU, 10:25.40; 4. Anna Patti, SPU, 10:25.93; 5. Katelyn Steen, WWU, 10:27.67; 6. Sarah Macdonald, SPU, 10:30.53; 7. Ivy O'Guinn, UAA, 10:32.11; 8. Susanna Fleming, NNU, 10:35.96.

60 Hurdles - 1. Tanya Bjornsson, WWU, 8.72; 2. Marie Smith, NNU, 8.84; 3. Rosie Smith, UAA, 8.89; 4. Haleigh Lloyd, UAA, 9.02; 5. Alexandra Scott, UAA, 9.15; 6. Rochelle Pappel, WOU, 9.21; 7. Hannah Borden, NNU, 9.31; 8. Chelsea Genter, CWU, 9.41.

4x400 Relay - 1. Seattle Pacific (Kishia Mitchell, Tasia Baldwin, Jasmine Johnson, McKayla Fricker) 3:51.94; 2. Northwest Nazarene (Hannah Borden, Morgan Kilgore, Natalie Evans, Aimee Rodes) 3:54.62; 3. Alaska Anchorage (Sasha Halfyard, Hayley Bezanson, Rosie Smith, Haleigh Lloyd) 3:56.24; 4. Western Washington (Sydney Coffey, Tanya Bjornsson, Kaylie Greninger, Amber Dodd) 4:00.91; 5. Western Oregon (Bailey Beeson, Kolby Childers, Jenny Leaf, Audrey Hellesto) 4:02.85; 6. Central Washington (Ashley Harmon, Seanna Pitassi, Chelsea Genter, Jayna Inderbitzin) 4:03.02; 7. Saint Martin's (Renee Hudson, Alexis Carandang, Irene Moore, Megan Teigen) 4:10.96; 8. MSU Billings (Kaytlin Halle, Renae Hepfner, Nocona Frame, Ashlynn VanVoast) 4:18.52.

Triple Jump - 1. Karolin Anders, UAA, 11.24 - 36-10 1/2; 2. Ella Brown, SFU, 11.18 - 36-8 1/4; 3. Rebecca Laible, WOU, 11.03 - 36-2 1/4; 4. Kyle Fedor, SFU, 11.00 - 36-1 1/4; 5. Robyn Broomfield, SFU, 10.95 - 35-11 1/4; 6. Emma Destromp, WWU, 10.44 - 34-3; 7. Shandel Yanney, WWU, 10.43 - 34-2 3/4; 8. AnnaMarie Forza, NNU, 10.34 - 33-11 1/4; 9. Marinah Bently, CWU, 10.15 - 33-3 3/4; 10. Carli Shaul, NNU, 10.03 - 32-11; 11. Tianna Banfro, CWU, 9.99 - 32-9 1/2; 12. McKenna Emmert, CWU, 9.90 - 32-5 3/4; 13. Kellie Shreve, CWU, 9.35 - 30-8 1/4.

High Jump - 1. Tayler Fettig, CWU, 1.77 - 5-9 3/4 (Ties GNAC record, Danielle Ayers-Stamper, SPU, 2005; meet record, old, 1.71 - 5-7 1/4, Katie Pelchar, WOU, 2012; Ali Worthen, SPU, 2012); 2. Courtney Schroeder, NNU, and Karolin Anders, UAA, 1.62 - 5-3 3/4; 4. Katelyn Wright, WWU; 8. Juliana Joy, CWU; Lexi Sarver, NNU, and Miranda Psadchey, WWU, 1.47 - 4-9 3/4; 11. Tayler Yoro, SMU, 1.47 - 4-9 3/4; 12. Moriah Bently, CWU, and Hope Reid, MSUB, 1.42 - 4-7 3/4; Nicole Talcott, CWU, no height.

Shot Put - 1. Vessie Umu, NNU, 13.38 - 43-10 3/4; 2. Jessica Johns, NNU, 13.19 - 43-3 1/4; 3. Taylor VanValey, NNU, 12.87 - 42-2 3/4; 4. Emmi Collier, WOU, 12.73 - 41-9 1/4; 5. Sammie Markham, SPU, 12.71 - 41-8 1/2; 6. Megan Mortensen, WWU, 12.34 - 40-6; 7. Alex Green, WOU, 11.93 - 39-1 3/4; 8. Karolin Anders, UAA, 11.70 - 38-4 3/4; 9. Ami Wick, SMU, 11.50 - 37-8 3/4; 10. Kirby Neale, SMU, 11.48 - 37-8; 11. Caitlin Curtis, NNU, 11.40 - 37-5; 12. Sydney Jensen, CWU, 11.37 - 37-3 3/4; 13. Dorothy Moore, CWU, 10.91 - 35-9 1/2; 14. Corrie Holm, MSUB, 10.78 - 35-4 1/2; 15. Kassandra Johnson, NNU, 10.30 - 33-9 1/2; 16. Allison Cook, WOU, 10.27 - 33-8 1/2.

Friday Prelims:

60 - 1. Jamie Ashcroft, UAA, 7.67 (Ties meet record, Latasha Essien, SPU, 2010); 2. BryAnne Wochnick, SPU, 7.88; 3. Tasia Baldwin, SPU, 7.90; 4. Kyra Brannan, SPU, Madison McClung, WOU, and Tanya Bjornsson, WWU, 7.93; 7. Natasha Kianipour, SFU, 7.95; 8. Rosie Smith, UAA, 7.99; 9. Renee Hudson, SMU, and Veronica Ivancic, WWU, 8.03; 11. Jasmine Leaprot, CWU, 8.06; 12. Renee Kennedy, UAA, 8.07; 13. Sasha Halfyard, UAA, 8.08; 12. Renee Kennedy, UAA, 8.07; 13. Sasha Halfyard, UAA, 8.08; 14. Makenzie Harsch, UAA, 8.08; 15. Alexandra Scott, UAA, 8.11; 16. Chelsea Genter, CWU, 8.15; 17. Rachel Ivancic, WWU, 8.20; 18. Brittany Carterby, CWU, 8.22; 19. Blair Street, MSUB, 8.24; 20. Aimee Rodes, NNU, 8.34; 21. Shanai Campbell, WOU, 8.40.

60 Hurdles - 1. Tanya Bjornsson, WWU, 8.86; 2. Marie Smith, NNU, 8.88; 3. Rosie Smith, UAA, 8.89; 4. Haleigh Lloyd, UAA, 9.00; 5. Alexandra Scott, UAA, 9.14; 6. Chelsea Genter, CWU, 9.15; 7. Rochelle Pappel, WOU, 9.19; 8. Hannah Borden, NNU, 9.25; 9. Tayler Fettig, CWU, 9.46; 10. Courtney Schroeder, NNU, 9.51; 11. Natasha Lazecki, SFU, 9.54; 12. Allison Deck, CWU, 9.63; and Hope Reid, MSUB, 9.63; 14. Tianna Banfro, CWU, 9.76; 15. Amber Dodd, WWU, 9.80; 16. Kaytlin Halle, MSUB, 10.18; 17. Courtney MacInnes, NNU, 10.98; 18. Michelle Stolz, WWU, 11.12.

200 - 1. Jamie Ashcroft, UAA, 24.98; 2. Tasia Baldwin, SPU, 25.30; 3. Rosie Smith, UAA, 25.46; 4. Kyra Brannan, SPU, 25.57; 5. Kishia Mitchell, SPU, 25.58; 6. Madison McClung, WOU, 25.63; 7. Sasha Hayward, UAA, 25.77; 8. BryAnne Wochnick, SPU, 25.83; 9. Makenzie Harsch, UAA, 25.89; 10. Natasha Kianipour, SFU, 25.93; 11. Haleigh Lloyd, UAA, 26.10; 12. Ashley Harmon, CWU, 26.23; 13. Christi Adams, SPU, 26.28; 14. Veronica Ivancic, WWU, 26.36; 15. Hayley Bezanson, UAA, 26.37; 16. Jasmine Leaprot, CWU, 26.40; 17. Alexandra Scott, UAA, 26.75; 18. Mary Kathlee Cross, UAA, 26.90; 19. Rochelle Pappel, WOU, 27.01; 20. Renee Kennedy, UAA, 27.15; 21. Renee Hudson,

SMU, 27.28; 22. Brittany Carterby, CWU, 27.69; 23. Carly Rech, NNU, 27.86; 24. Shanai Campbell, WOU, 28.00; 25. Allison Deck, CWU, 28.25.

400 - 1. Sydney Coffey, WWU, 57.72; 2. Kishia Mitchell, SPU, 57.85; 3. Audrey Hellesto, WOU, 58.24; 4. Haleigh Lloyd, UAA, 58.35; 5. Hayley Bezanson, UAA, and Sasha Halfyard, UAA, 58.36; 7. Jasmine Johnson, SPU, 58.99; 8. Megan Teigen, SMU, 59.98; 9. Jayna Inderbitzin, CWU, 1:00.06; 10. Hannah Border, NNU, 1:00.18; 11. Morgan Kilgore, NNU, 1:00.24; 12. Aimee Rodes, NNU, 1:00.25; 13. Seanna Pitassi, CWU, 1:00.41; 14. Kaylie Greninger, WWU, 1:00.74; 15. Mary Kathlee Cross, UAA, 1:00.98; 16. Kolby Childers, WOU, 1:01.37; 17. Liz Ryker, CWU, 1:02.05; 18. Laura Knudson, WOU, 1:02.14; 19. Carly Rech, NNU, 1:02.70; 20. Christi Adams, SPU, 1:02.80; 21. Ashlynn VanVoast, MSUB, 1:04.93; 22. Michelle Stolz, WWU, 1:05.12.

800 - 1. Sarah Sawatzky, SFU, 2:13.21; 2. Lynelle Decker, SPU, 2:13.68; 3. Ivy O'Gunn, UAA, 2:14.68; 4. Jessica Pahkala, UAA, 2:14.70; 5. McKayla Fricker, SPU, 2:15.47; 6. Natalie Evans, NNU, 2:15.73; 7. Bailey Beeson, WOU, 2:16.96; 8. Susan Bick, UAA, 2:17.43; 9. Shawna Troupe, WWU, 2:18.57; 10. Miranda Lahman, WWU, 2:20.13; 11. Ellen Ruby, SPU, 2:24.63; 12. Kayla Lennea, SFU, 2:25.55; 13. Natalie Schafer, WOU, 2:26.61; 14. Natalie Bergstrom, CWU, 2:27.25.