

# 2010-11 GNAC MEN'S BASKETBALL YEAR-IN-REVIEW

	Conference					All Games							H	A	N	
	W	L	PF	PA	Mar.	W	L	PF	PA	Mar.	RF	RA				Mar.
Central Washington	16	2	79.2	69.6	9.6	26	4	79.3	67.5	11.8	34.5	31.8	2.7	13-2	8-1	5-1
Alaska Anchorage	13	5	80.0	70.7	9.3	24	10	76.7	68.7	8.0	33.8	30.0	3.9	14-3	6-4	4-3
Seattle Pacific	12	6	74.3	68.6	5.7	20	10	75.3	68.5	6.8	34.9	27.9	7.0	11-3	8-5	1-2
Western Washington	11	7	82.9	82.2	0.8	16	11	83.2	81.0	2.2	35.0	33.2	1.9	11-3	4-5	1-3
Northwest Nazarene	10	8	76.1	74.3	1.8	15	12	74.9	72.6	2.3	33.3	27.1	6.2	10-4	4-8	1-0
Western Oregon	8	10	75.4	80.3	-4.8	13	16	76.5	77.5	-1.0	33.4	36.8	-3.4	10-5	3-9	0-2
Saint Martin's	7	11	76.2	73.1	3.1	14	15	75.4	71.1	4.3	33.8	33.2	0.6	7-5	4-10	3-0
Montana State Billings	6	12	69.9	73.9	-4.1	8	18	68.9	73.2	-4.3	31.3	32.6	-1.3	5-8	2-10	1-0
Alaska Fairbanks	5	13	78.5	87.2	-8.7	8	17	79.0	86.2	-7.2	33.4	41.6	-8.1	5-9	2-7	1-1
Simon Fraser	2	16	76.3	89.1	-12.8	3	21	74.5	86.8	-12.2	33.7	39.6	-5.9	3-7	0-10	0-4

**GNAC (Feb. 28-Mar. 4): Monday** - #8 MSU Billings 59 at #1 Central Washington 79; #7 Saint Martin's 70 at #2 Alaska Anchorage 80; #6 Western Oregon 65 at #3 Seattle Pacific 69; #5 Northwest Nazarene 77 at #4 Western Washington 75. **Wednesday** - Northwest Nazarene 58 at Central Washington 76; Seattle Pacific 67 at Alaska Anchorage 72. **Friday** - Alaska Anchorage 71 at Central Washington 83.

**NCAA West Regional (Mar. 11-14 at Ellensburg, WA): Friday** - #6 Alaska Anchorage 76, #3 Humboldt State 70; #7 BYU-Hawaii 83, #2 Cal State Dominguez Hills 76; #4 Dixie State 92, #5 Chaminade 81; #8 Seattle Pacific 76, Central Washington 63. **Saturday** - BYU-Hawaii 100, Alaska Anchorage 91; Dixie State 75, Seattle Pacific 73. **Monday** - BYU-Hawaii 79, Dixie State 73.

**POLLS: NABC (Final)** - 5. Central Washington. **NCAA West Region (Final)** - 1. Central Washington; 2. Humboldt State; 3. Cal State Dominguez Hills; 4. Dixie State; 5. Seattle Pacific; 6. Chaminade; 7. BYU-Hawaii; 8. Cal State San Bernardino; 9. Alaska Anchorage; 10. San Francisco State. **Note:** Final rankings are taken prior to final weekend and don't necessarily reflect playoff seedings.

## GNAC Statistical Champions

### All Games

**Individual:** Scoring - Parrish West, UAF, 27.2. FG PCT. - Brian Barkdoll, NNU, 66.4. 3FG PCT. - Mario Gill, UAA, 46.3. Three-point FGs - Ricky Berry, SFU, 3.33. FT PCT. - Jarrett Miller, UAF, 93.5. Rebounds - \*\*Blake Poole, SMU, 11.6. Assists - Jaxon Myaer, MSUB, 5.04. Steals - Blair Wheadon, WOU, 2.10. Blocked Shots - \*Chris Sprinker, CWU, 1.96. **(\*Repeat champion \*\*Two-time Repeat Champion).**

**Team Offense:** Scoring - Western Washington 83.2. Scoring Margin - Central Washington 11.8. FG PCT. - Northwest Nazarene 51.1. 3FG PCT. - Western Washington 39.5. 3-FGs - Alaska Anchorage 8.35. FT PCT. - Alaska Fairbanks 75.8. Rebounding - Seattle Pacific 7.0. **Team Defense:** Scoring - Central Washington 67.5. FG PCT. - Alaska Anchorage 43.0. 3FG PCT. - Western Washington 32.7. Turnover Ratio - Central Washington 4.87. Steals - Alaska Fairbanks 8.92. Blocks - Central Washington 5.30.

### Conference Games

**Individual:** Scoring - Parrish West, UAF, 26.9. FG PCT. - Brian Barkdoll, NNU, 68.7. 3FG PCT. - Brandon Walker, UAA, 45.4. Three-point FGs - Ricky Berry, SFU, 3.44. FT PCT. - Jarrett Miller, UAF, 92.5. Rebounds - \*\*Blake Poole, SMU, 12.3. Assists - David Downs, SPU, 5.50. Steals - Blair Wheadon, WOU, 2.39. Blocked Shots - \*Chris Sprinker, CWU, 2.06. **(\*Repeat champion \*\*Two-time Repeat Champion).**

**Team Offense:** Scoring - Western Washington 82.9. Scoring Margin - Central Washington 9.6. FG PCT. - Northwest Nazarene 52.3. 3FG PCT. - Northwest Nazarene 39.4. 3-FGs - Simon Fraser 8.89. FT PCT. - Alaska Fairbanks 76.3. Rebounding - Seattle Pacific 6.9. **Team Defense:** Scoring - Seattle Pacific 68.6. FG PCT. - Alaska Anchorage 43.2. 3FG PCT. - Western Washington 31.1. Turnover Ratio - Central Washington 5.22. Steals - Alaska Fairbanks 8.61. Blocks - Central Washington 5.67.

## NCAA Division II National Statistical Leaders

**Individual (Top 30):** Scoring - 1. Parrish West, UAF, 27.2. Field Goal PCT. - 6. Brian Barkdoll, NNU, 66.4; 14. Rory Blanche, WWU, 62.8; 17. Taylor Rohde, UAA, 61.4. Three-Point FGs - 13. Jeff Downs, SPU, 3.2. Three-Point PCT. - 27. Jeff Downs, SPU, 41.5. Free Throw Percentage - 2. John Allen, WWU, 91.5. Rebounds - 2. Blake Poole, SMU, 11.6. Blocked Shots - 30. Chris Sprinker, CWU, 2.0. Assist/TO Ratio - 18. Jaxon Myaer, MSUB, 2.38; 22. Drew Harris, CWU, 2.29.

**Team (Top 30):** Scoring - 17. Western Washington 83.2. Scoring Margin - 14. Central Washington 11.8. Field Goal Percentage - 4. Northwest Nazarene 51.1; 15. Western Washington 49.3; 17. Seattle Pacific 49.2. Three-Point FGs - 22. Alaska Anchorage 8.4; 27. Western Washington 8.2. Three-Point FG Percentage - 10. Western Washington 39.5; 16. Alaska Anchorage 38.7; 21. Seattle Pacific 38.5. Free Throw Percentage - 23. Alaska Fairbanks 75.8. Rebound Margin - 9. Seattle Pacific 7.0; 17. Northwest Nazarene 6.2. Assists - 18. Montana State Billings 16.6; 19. Seattle Pacific 16.6; 20. Alaska Anchorage 16.6. Assist/TO Ratio - 10. Saint Martin's 1.33; 12. Alaska Anchorage 1.31; 14. Seattle Pacific 1.30; 22. Montana State Billings 1.23; 25. Central Washington 1.21. Blocked Shots - 8. Central Washington 5.3. Steals - 26. Alaska Fairbanks 8.9. Fewest Turnovers - 11. Saint Martin's 11.7. Turnover Margin - 4. Central Washington 4.9; 16. Alaska Fairbanks 3.4; 28. Saint Martin's 2.9. Fewest Fouls - 14. Western Oregon 15.8; 25. Seattle Pacific 16.4.

## Great Northwest Athletic Conference All-Stars

**FIRST TEAM:** +\*Blake Poole, Saint Martin's (F, 6-5, Sr., Eugene, OR); Taylor Rohde, Alaska Anchorage (F, 6-9, Jr., Phoenix, AZ); Michael Duty, Western Washington (F, 6-6, 6-6, Sr., Seattle, WA); Parrish West, Alaska Fairbanks (F, 6-5, Sr., Chicago, Ill.); Chris Sprinker, Central Washington (C, 6-9, Sr., Tacoma, WA); Jamar Berry, Central Washington (G, 6-5, Sr., Tacoma, WA). +Unanimous \*Repeater

**SECOND TEAM:** Blair Wheadon, Western Oregon (G, 6-2, Jr., Junction City, OR); Jeff Downs, Seattle Pacific (W, 6-4, Sr., Kirkland, WA); Brandon Walker, Alaska Anchorage (G, 6-3, Sr., Hayward, CA); Brian Barkdoll, Northwest Nazarene (C, 6-11, Sr., Portland, OR); John Allen, Western Washington (G, 6-0, So., Mountlake Terrace, WA); Drew Harris, Central Washington (G, 6-0, Sr., Yakima, WA).

**HONORABLE MENTION:** Andy Poling, Seattle Pacific (P, 6-11, So., Portland, OR); Ryan Sweet, Seattle Pacific (P, 6-6, Sr., Port Orchard, WA); Ricky Berry, Simon Fraser (G, 6-3, Sr., Phoenix, AZ); Jeremy Green, Saint Martin's (C, 6-7, Jr., Kent, WA); Mario Gill, Alaska Anchorage (G, 6-2, Jr., Portland, OR); Rory Blanche, Western Washington (F, 6-6, Jr., Ashland, OR); Jaxon Myaer, MSU Billings (G, 5-10, Jr., Salt Lake City, UT).

**SPECIAL AWARDS:** **Player-of-the-Year** – Blake Poole, Saint Martin's. **GNAC Tournament MVP** – Jamar Berry, Central Washington. **Newcomer-of-the-Year** – Jamar Berry, Central Washington. **Freshman-of-the-Year** – Paul Egwuonwu, Northwest Nazarene (F, 6-8, Fr., Boise, ID – Capital) and David Downs, Seattle Pacific (PG, 6-2, 185, Fr., Bellevue, WA – Bellevue Christian). **Co-Coaches-of-the-Year** – Greg Sparling, Central Washington, and Tim Hills, Northwest Nazarene.

**GNAC ACADEMIC:** **Alaska Anchorage** - Liam Gibcus (Civil Engineering, So., 3.83, Lysterfield, Australia); Phillip Hearn (Civil Engineering, Jr., 3.39, Anchorage, AK); Steve White (Physical Education, Jr., 3.31, Manly, Australia); Drew Robinson (History, Sr., 3.28, Lehi, UT). **Central Washington** - Drew Harris (Sociology, Sr., 3.68, Yakima, WA). **Northwest Nazarene** - \*C.J. Shula (Pre-Physical Therapy, Jr., 3.50, Puyallup, WA); Lateef Williams (Kinesiology, Sr., 3.28, Annapolis, MD). **Saint Martin's** - Brady Bomber (Business, So., 3.63, Lynden, WA); Roger O'Neill (Math, So., 3.38, Edmonds, WA); Ryan Votaw (Criminal Justice, Jr., 3.38, Toledo, WA). **Seattle Pacific** - Scott Morse (Biology, So., 3.51, Central Point, OR); Jeff Downs (Communications, Sr., 3.32, Kirkland, WA); \*Jake Anderson (Communications, Jr., 3.29, Burlington, WA). **Simon Fraser** - Zachary Frehlick (Engineering Science, Jr., 4.15, Kelowna, BC); Christopher Paredes (Business Administration, So., 3.47, North Vancouver, BC). **Western Washington** - \*Rory Blanche (Engineering Tech, Jr., 3.73, Ashland, OR); Chris Mitchell, (PE – Pre-Healthcare, So., 3.36, Everson, WA); \*Anthony Wiederkehr (Humanities & Social Sciences, Gr., 3.30/Undergrad 3.36, Lakewood, WA). \*Repeater

### ALL REGION

**CoSIDA (Academic): Second Team** - Rory Blanche, WWU (Manufacturing Engineering, Jr., 3.73, Ashland, OR); Jeff Downs, SPU (Communications, Sr., 3.32, Kirkland, WA).

**NABC (Coaches): First Team** - Marques Whippy, BYU-Hawaii (F, 6-5, Sr., Bua, Fiji); Brian Morris, Humboldt State (F, 6-9, Sr., Portland, OR); Blake Poole, Saint Martin's (F, 6-5, Sr., Eugene, OR); Jamar Berry, Central Washington (G, 6-5, Sr., Tacoma, WA); Parrish West, Alaska Fairbanks (F, 6-5, Sr., Chicago, IL); Steven Bennett, Chaminade (G, 5-6, Sr., Los Angeles, CA – Dorsey). **Second Team** - Davion Berry, Cal State Monterey Bay (G, 6-4, So., Oakland, CA); Marcquintice Davis, Cal State Dominguez Hills (G, 5-10, Sr., Chicago, IL); Chris Sprinker, Central Washington (C, 6-9, Sr., Tacoma, WA); Tsung-Hsien Chang, BYU-Hawaii (G, 6-5, Jr., Yilan, Taiwan); Randy Hunter, Humboldt State (F, 6-6, Jr., Santa Maria, CA).

**Daktronics (SIDs): First Team** - Brian Morris, Humboldt State (F, 6-9, Sr., Portland, OR); Blake Poole, Saint Martin's (F, 6-5, Sr., Eugene, OR); Jamar Berry, Central Washington (G, 6-5, Sr., Tacoma, WA); Parrish West, Alaska Fairbanks (F, 6-5, Sr., Chicago, IL); Marques Whippy, BYU-Hawaii (F, 6-5, Sr., Bua, Fiji); Steven Bennett, Chaminade. **Second Team** - Davion Berry, Cal State Monterey Bay (G, 6-4, So., Oakland, CA); Marcquintice Davis, Cal State Dominguez Hills (G, 5-10, Sr., Chicago, IL); Chris Sprinker, Central Washington (C, 6-9, Sr., Tacoma, WA); Tsung-Hsien Chang, BYU-Hawaii (G, 6-5, Jr., Yilan, Taiwan); Franklin Session, Cal State L.A. (G, 6-2, Sr., Los Angeles, CA); Taylor Rohde, Alaska Anchorage (F, 6-9, Jr., Phoenix, AZ).

**West Region All-Tournament (Mar. 11-14 at Ellensburg):** Marques Whippy, BYU-Hawaii (MVP); Jet Chang, BYU-Hawaii; Tom Whiteside, Dixie State; David Downs, SPU; Mario Gill, UAA.

### ALL-AMERICANS

**Daktronics (SIDs): First Team** - \*Parrish West, Alaska Fairbanks (F, 6-5, Sr., Chicago, IL). **Second Team** - Blake Poole, Saint Martin's (F, 6-5, Sr., Eugene, OR); Davion Berry, Cal State Monterey Bay (G, 6-4, So., Oakland, CA). \*Selected National Player-of-the-Year.

**NABC: First Team** – Parrish West, Alaska Fairbanks (F, 6-5, Sr., Chicago, IL); Blake Poole, Saint Martin's (F, 6-5, Sr., Eugene, OR).

**Division II Bulletin: Third Team** – Blake Poole, Saint Martin's (F, 6-5, Sr., Eugene, OR). **Honorable Mention** – Jamar Berry, Central Washington (G, 6-5, Sr., Tacoma, WA); Parrish West, Alaska Fairbanks (F, 6-5, Sr., Chicago, IL);

**Basketball Times:** No GNAC player was selected.