

2006-07 GNAC MEN'S BASKETBALL YEAR-IN-REVIEW

	Conference					All Games					RF	RA	Mar.	H	A	N
	W	L	PF	PA	Mar.	W	L	PF	PA	Mar.						
Seattle	11	5	72.5	68.8	3.7	20	9	71.4	68.3	3.1	34.8	32.9	1.8	7-4	11-3	2-2
Seattle Pacific	11	5	83.6	77.7	5.9	18	10	79.8	76.7	3.1	32.1	33.7	-1.5	11-2	6-4	1-4
Alaska Anchorage	10	6	76.4	68.9	7.4	19	9	77.9	65.6	12.3	30.3	29.6	0.8	12-5	5-4	2-0
Central Washington	10	6	78.6	75.9	2.7	15	12	80.0	77.7	2.3	36.3	34.3	2.0	5-3	6-4	4-5
Alaska Fairbanks	8	8	72.4	71.5	0.9	17	13	76.3	70.6	5.8	36.9	31.2	5.7	10-7	3-5	4-1
Saint Martin's	7	9	79.3	83.4	-4.1	10	17	77.6	82.3	-4.7	32.9	37.3	-4.4	7-4	2-9	1-4
Western Washington	5	11	74.1	80.7	-6.6	11	15	74.8	77.3	-2.5	35.7	33.4	2.3	9-5	1-7	1-3
Northwest Nazarene	5	11	74.5	81.1	-6.6	10	17	75.9	78.4	-2.5	30.2	34.9	-4.7	7-6	3-9	0-2
Western Oregon	5	11	73.9	77.2	-3.3	10	17	75.4	80.3	-4.9	34.3	34.4	-0.1	6-5	3-10	1-2

NCAA REGIONALS (Mar. 9-12 at Arcata, CA): **Friday** - #6 Seattle 69, #3 Cal Poly Pomona 55; #2 Cal State San Bernardino 71, #7 BYU-Hawaii 68; #5 Grand Canyon 87, #4 Seattle Pacific 65; #1 Humboldt State 68, #8 Alaska Anchorage 61. **Saturday** - Cal State San Bernardino 72, Seattle 66; Humboldt State 95, Grand Canyon 81. **Monday** - Cal State San Bernardino 68, Humboldt State 66.

FINAL POLLS: NABC Division II - 29. Seattle. **NCAA West Regional** - 1. Humboldt State; 2. Cal State San Bernardino; 3. Cal Poly Pomona; 4. Seattle Pacific; 5. Grand Canyon; 6. Seattle; 7. BYU-Hawaii; 8. Alaska Anchorage; 9. Central Washington; 10. Alaska Fairbanks.

GNAC Statistical Champions

All Games

Individual: Scoring - Lance Den Boer, CWU, 20.5. FG PCT. - McCade Olsen, UAA, 59.8. 3FG PCT. - Marques Echols 50.6. Three-point FGs - Jake Linton, SMU, 2.89. FT PCT. - Lance Den Boer, CWU, 91.5. Rebounds - Jushay Rockett, UAF, 9.1. Assists - **Luke Cooper, UAA, 8.21. Steals - Barry Barnes, UAF, 2.17. Blocked Shots - *Rob Will, SPU, 2.00. (*Repeat champion. **Repeat champion from 2004-05 and 2005-06).

Team Offense: Scoring - Central Washington 80.0. Scoring Margin - Alaska Anchorage 12.3. FG PCT. - Alaska Anchorage 51.2. 3FG PCT. - Alaska Anchorage 42.4. 3-FGs - Northwest Nazarene 9.67. FT PCT. - Northwest Nazarene 81.2. Rebounding - Alaska Fairbanks 5.7. **Team Defense:** Scoring - Alaska Anchorage 65.6. FG PCT. - Seattle 42.3. 3FG PCT. - Alaska Anchorage 32.9. Turnover Ratio - Saint Martin's 2.93. Steals - Seattle 7.79. Blocks - Western Washington 4.58.

Conference Games

Individual: Scoring - Jake Linton, SMU, 22.3. FG PCT. - Rob Will, SPU, 59.9. 3FG PCT. - Marques Echols, SPU, 54.9. Three-point FGs - Jake Linton, SMU, 3.31. FT PCT. - Tim Ireland, NNU, 96.8. Rebounds - Jushay Rockett, UAF, 8.7. Assists - *Luke Cooper, UAA, 8.13. Steals - Barry Barnes, UAF, 1.69. Blocked Shots - David White, SU, 2.19. (*Repeat champions).

Team Offense: Scoring - Seattle Pacific 83.6. Scoring Margin - Alaska Anchorage 7.4. FG PCT. - Seattle Pacific 51.7. 3FG PCT. - Alaska Anchorage 42.6. 3-FGs - Seattle Pacific and Northwest Nazarene 8.56. FT PCT. - Northwest Nazarene 81.1. Rebounding - Central Washington 4.2. **Team Defense:** Scoring - Seattle 68.8. FG PCT. - Seattle 41.7. 3FG PCT. - Alaska Anchorage 31.7. Turnover Ratio - Saint Martin's 3.69. Steals - Saint Martin's and Western Oregon 7.13. Blocks - Seattle 4.00.

NCAA Division II National Statistical Leaders

Individual (Top 50): Scoring - 31. Lance Den Boer, CWU, 20.5; 38. Jake Linton, SMU, 20.2; 41. Jushay Rockett, UAF, 19.9. Field Goal PCT. - 25. Jacob Mitchell, WOU, 58.8; 49. Rob Will, SPU, 56.7. Three-Point FGs - 47. Jake Linton, SMU, 2.9. Three-Point PCT. - 20. Eric Draper, UAA, 44.3; 23. Jake Linton, SMU, 44.1; 31. Lance Den Boer, CWU, 43.1. Free Throw PCT. - 2. Lance Den Boer, CWU, 91.5; 6. Lukas Henne, WWU, 88.9; 7. Carl Arts, UAA, 88.7; 8. Dustin Bremerman, SPU, 88.3; 9. Jake Linton, SMU, 88.2; 16. Justin Parnell, NNU, 87.0. Rebounds - 32. Jushay Rockett, UAF, 9.1. Assists - 2. Luke Cooper, UAA, 8.2; 9. Ryan Webb, SU, 6.5; 31. Jake Linton, SMU, 5.1. Blocked Shots - 27. Rob Will, SPU, 2.0; 30. David White, SU, 2.0; 48. Steve Severin, WWU, 1.7. Steals - 40. Barry Barnes, UAF, 2.2.

Team (Top 50): Scoring - 34. Central Washington 80.0; 37. Seattle Pacific 79.8. Scoring Defense - 37. Alaska Anchorage 65.6. Scoring Margin - 12. Alaska Anchorage 12.3. Field Goal PCT. - 6. Alaska Anchorage 51.2; 18. Seattle Pacific 49.7. Field Goal PCT. Defense - None. Three-Point FGs - 9. Northwest Nazarene 9.7; 23. Seattle Pacific 8.9; 46. Alaska Fairbanks 8.0. Three-Point FG PCT. - 5. Alaska Anchorage 42.4; 32. Seattle Pacific 39.2. Free Throw PCT. - 1. Northwest Nazarene 81.2; 4. Alaska Anchorage 77.3; 18. Western Washington 75.2; 20. Seattle Pacific 74.8; 22. Saint Martin's 74.6. Rebound Margin - 20. Alaska Fairbanks 5.7. Assists - 3. Seattle Pacific 19.3; 4. Alaska Anchorage 19.1. Blocked Shots - 18. Western Washington 4.6; 40. Seattle 3.9. Steals - None. Fewest Turnovers - 15. Northwest Nazarene 12.1; 33. Alaska Anchorage 13.2; 49. Saint Martin's 13.8. Fewest Fouls - None.

Great Northwest Athletic Conference All-Stars

First Team	Position	Height	Class	Hometown
+Lance Den Boer, Central Washington	Forward	6-6	Sr.	Sunnyside, WA
Jushay Rockett, Alaska Fairbanks	Forward	6-5	Sr.	Long Beach, CA
*+Dustin Bremerman, Seattle Pacific	Guard	6-4	Sr.	Yakima, WA
Jake Linton, Saint Martin's	Guard	5-10	So.	Lynnwood, WA
Luke Cooper, Alaska Anchorage	Guard	6-0	Jr.	Melbourne, Australia

*Repeater +Unanimous

Second Team

Ryan Webb, Seattle	Guard	6-1	Sr.	Mountlake Terrace, WA
Sam Kirby, Seattle	Guard	6-0	Sr.	Sacramento, CA
Kenny Barker, Alaska Fairbanks	Wing	6-3	Jr.	San Diego, CA
Carl Arts, Alaska Anchorage	Forward	6-6	Jr.	Valdez, AK
Jacob Mitchell, Western Oregon	Forward	6-7	Sr.	Olympia, WA
Rob Will, Seattle Pacific	Center	6-10	Jr.	Seattle, WA
Lukas Henne, Western Washington	Center	6-7	Sr.	Bremerton, WA

Honorable Mention – Eric Draper, Alaska Anchorage (G, 6-2, Sr., Memphis, TN); Bryan Freshwater, Central Washington (C, 6-8, Sr., Vancouver, WA); Justin Parnell, Northwest Nazarene (G, 6-4, Fr., Sutherlin, OR); Brendan Campbell, Saint Martin's (F, 6-5, Jr., Bremerton, WA); David White, Seattle (C, 6-11, Sr., Seattle, WA); Leigh Swanson, Seattle (F, 6-8, So., Mountlake Terrace, WA); Drew Matzen, Seattle Pacific (G, 6-4, Sr., Bothell, WA).

INDIVIDUAL AWARDS: **Coach** - Jeff Hironaka, Seattle Pacific, and Frank Ostanik, Alaska Fairbanks. **Player** - Dustin Bremerman, Seattle Pacific, and Lance Den Boer, Central Washington. **Newcomer** - Jushay Rockett, Alaska Fairbanks **Freshman** - Justin Parnell, Northwest Nazarene

GNAC ACADEMIC: **Central Washington** - Johnny Spevak (Undeclared, So., 3.68, Edgewood, WA); *Lance Den Boer (Health Education, Sr., 3.61, Sunnyside, WA). **Northwest Nazarene** - *Zach Beech (Math & Computer Science, Jr., 3.98, Nampa, ID); Tim Ireland (Recreation & Sports Management, Sr., 3.67, Bellingham, WA). **Saint Martin's** - *Brendan Campbell (Biology, Jr., 3.53, Bremerton, WA); Jake Linton (Business, So., 3.24, Lynnwood, WA). **Seattle** - Leigh Swanson (Pre-Major, So., 3.60, Mountlake Terrace, WA); Travis Welt (Civil Engineering, Jr., 3.31, Spokane, WA). **Seattle Pacific** - Austin Yuen (Business, Sr., 3.62, Mercer Island, WA); Brian Lynch (Business, Sr., 3.52, Missoula, MT); **Dustin Bremerman (Business, Sr., 3.34, Yakima, WA). **Western Oregon** - Jacob Mitchell (Political Science, Sr., 3.61, Olympia, WA); Tyler Blok (Business, So., 3.53, Banks, OR). **Western Washington** - Calin Schell (Manufacturing Engineering Technology, So., 3.57, Chelan, WA); David Brittain (Biology, So., 3.56, Hoquiam, WA). *Repeater **Two-time repeater.

ACADEMIC DISTRICT VIII: Second Team - Jacob Mitchell, WOU (Sr., Olympia, WA, 3.68, Political Science); Dustin Bremerman, SPU (Sr., Yakima, WA, 3.34, Business); Leigh Swanson, Seattle (So., Mountlake Terrace, WA, 3.60, Undeclared).

DAKTRONICS WEST REGION: First Team - *Kevin Johnson, Humboldt State (F, 6-7, Sr., Oakland, CA); Zack Whiting, Chaminade (G, 6-4, Sr., Chico, CA); Jushay Rockett, Alaska Fairbanks (F, 6-5, Sr., Long Beach, CA); Dustin Bremerman, Seattle Pacific (F, 6-4, Sr., Yakima, WA); Jontae Vinson, Cal State L.A. (F, 6-5, Sr., Long Beach, CA). **Second Team** - J.T. Tipton, Sonoma State (F, 6-6, Sr., Watsonville, CA); Dion Cook, Cal Poly Pomona (G, 6-4, Sr., Lancaster, CA); Devin Peal, Humboldt State (F, 6-4, Jr., Richmond, CA); Lukas Henne, Western Washington (F, 6-7, Sr., Bremerton, WA); Prentice Harris, Cal State San Bernardino (G, 6-0, Sr., Upland, CA). *Player-of-the-Year

NABC WEST REGION: First Team - Zack Whiting, Chaminade (G, 6-4, Sr., Chico, CA); Dion Cook, Cal Poly Pomona (G, 6-4, Sr., Lancaster, CA); Kevin Johnson, Humboldt State (F, 6-7, Sr., Oakland, CA); Jushay Rockett, Alaska Fairbanks (F, 6-5, Sr., Long Beach, CA); Dustin Bremerman, Seattle Pacific (F, 6-4, Sr., Yakima, WA); Lance Den Boer, Central Washington (F, 6-6, Sr., Sunnyside, WA). **Second Team** - Jontae Vinson, Cal State L.A. (F, 6-5, Sr., Long Beach, CA); J.T. Tipton, Sonoma State (F, 6-6, Sr., Watsonville, CA); Prentice Harris, Cal State San Bernardino (G, 6-0, Sr., Upland, CA); Ivan Johnson, Cal State San Bernardino (C, 6-8, Sr., San Antonio, TX); Richard Davis, Grand Canyon (G, 6-2, Sr., Glendale, AZ).

NCAA DIVISION II WEST ALL-TOURNAMENT: Kevin Johnson, HSU; Devin Peal, HSU; Geoffrey Clayton, CSUSB; Ivan Johnson, CSUSB; Prentice Harris, CSUSB (MVP).

ALL-AMERICAN TEAMS: **NABC: First Team** - Dustin Bremerman, Seattle Pacific (F, 6-4, Sr., Yakima, WA). **Daktronics:** None. **Basketball Times:** None. **Division II Bulletin: Third Team** – Dustin Bremerman, SPU (G, 6-4, Sr., Yakima, WA). **Honorable Mention** – Lance Den Boer, CWU (F, 6-6, Sr., Sunnyside, WA).

NABC Coaches All-Star Game (Mar. 23 at Springfield, Mass.): Dustin Bremerman, Seattle Pacific.