

2011 Great Northwest Athletic Conference Women's Cross Country Championships

Oct. 22, 2011 at Yakima

Team Scores - Alaska Anchorage 31, Simon Fraser 76, Western Washington 87, Alaska Fairbanks 97, Seattle Pacific 110, Northwest Nazarene 173, Western Oregon 196, MSU Billings 234, Saint Martin's 236, Central Washington 269. **Outstanding Athlete** – Ruth Keino, UAA. **Newcomer-of-the-Year** – Heidi Laabs-Johnson, SPU. **Freshman-of-the-Year** – Bryn Haebe, UAA. **Coach-of-the-Year** – Michael Friess, UAA.

Individuals (6,000 Meters)

1. Ruth Keino, UAA	21:26	31. Brianna Kane, SFU	23:58	62. Nicole Anderson, WOU	25:32
2. Jessica Smith, SFU	21:39	32. Valerie Massie, UAA	23:59	63. Taylor Kartes, CWU	25:36
3. Miriam Kipng'eno, UAA	22:12	33. Amanda Wright, WOU	24:01	64. Jenny Leaf, WOU	25:37
4. Ivy O'Guinn, UAA	22:24	34. Jana Benedix, UAF	24:01	65. Ashlee Sincraugh, CWU	25:39
5. Lindsey Butterworth, SFU	22:36	35. Haley O'Connor, WWU	24:02	66. Lindsay Anderson, SMU	25:41
6. Theresia Schnurr, UAF	22:44	36. Phoebe Hartnett, WWU	24:05	67. Keri Clump, MSUB	25:44
7. Natty Plunkett, SPU	22:44	37. Leah Regan, SFU	24:06	68. Melanie Bock, MSUB	25:46
8. Heidi Laabs-Johnson, SPU	22:44	38. Kim Doerksen, SFU	24:10	69. Chelsea Dowdell, CWU	25:49
9. Lauren Breihof, WWU	22:45	39. Allison Cutting, SPU	24:14	70. Christine Harwood, NNU	25:57
10. Whitney Mickelsen, MSUB	22:51	40. McKayla Fricker, SPU	24:15	71. Alexis Fynboe, SPU	26:03
11. Susan Bick, UAA	22:58	41. Kendra Hedges, WWU	24:17	72. Meryl Butcher, WOU	26:11
12. Shoshana Keegan, UAA	23:01	42. Jasmine Johnson, SPU	24:19	73. Ashley Llapitan, SMU	26:13
13. Bryn Haebe, UAA	23:01	43. Meagan Swenson, NNU	24:21	74. Ashley Rice, CWU	26:15
14. Crystal Pitney, UAF	23:02	44. Connie Morgan, CWU	24:25	75. MacKenzie Naffziger, WOU	26:18
15. Natalie Evans, NNU	23:03	45. Alyson McPhetres, UAF	24:27	76. Rose Cruze, CWU	26:19
16. Sierra Brisky, WWU	23:09	46. Caitlin Dell, SFU	24:37	77. Briana Barton, CWU	26:25
17. Katelyn Steen, WWU	23:17	47. Christi Schmitz, UAA	24:42	78. Theresa Lombardi, MSUB	26:28
18. Rachael Johnson, WWU	23:21	48. Lacey Nation, WWU	24:53	79. Sophie Hummer, CWU	26:28
19. Sarah Sawatzky, SFU	23:22	49. Josephine Becker, SPU	24:56	80. Mary Owen, MSUB	26:38
20. Heather Edic, UAF	23:24	50. Madeleine Barker, SFU	24:59	81. Marie Miller, NNU	27:01
21. Michaela Kane, SFU	23:26	51. Hailey Bradshaw, NNU	25:02	82. Elizabeth Brown, MSUB	27:11
22. Robyn Zeidler, SPU	23:30	52. Renae Hefner, MSUB	25:05	83. Shelby Bodily, CWU	27:18
23. Joscelyn Minton, SMU	23:32	53. Megan Everetts, WOU	25:05	84. Danielle Beesley, NNU	27:19
24. Raphaela Sieber, UAF	23:38	54. KayAnna Cecchi, WOU	25:09	85. Brienna Petersen, CWU	27:26
25. Janelle Everetts, WOU	23:40	55. Kaitlynn Pecha, SMU	25:12	86. Christina Ciampi, NNU	27:42
26. Jordan Powell, NNU	23:47	56. Rachel Shelley, WOU	25:16	87. Jennifer Hickey, SMU	27:46
27. Mikhaila Thornton, WWU	23:53	57. Erika Copeland, SMU	25:20	88. Beatriz Ramirez, SMU	27:56
28. Katie Krehlik, UAA	23:54	58. Kaesha Brown, NNU	25:25	89. Alex McBroom, MSUB	28:34
29. Kirsten Allen, SFU	23:54	59. Susan Tanui, UAA	25:28	90. Brittany Blake, SMU	28:41
30. Mary Rogers, WWU	23:54	60. Kryston McPhetres, UAF	25:29	91. Katelynn Meyer, MSUB	28:45
		61. Elizabeth Doe, SPU	25:32	92. Caitlin Fewins, SMU	29:28