

# 2009 Great Northwest Athletic Conference Men's Cross Country Championships

Oct. 24, 2009 at Yakima, WA

**Team Scores** – Western Washington 33, Alaska Anchorage 70, Western Oregon 74, Northwest Nazarene 99, Seattle Pacific 138, Central Washington 167, Saint Martin's 190, Alaska Fairbanks 219, Montana State Billings 257. **Outstanding Athlete** – Marko Cheseto, UAA. **Newcomer-of-the-Year** – Manuel Santos, CWU. **Freshman-of-the-Year** – Micah Chelimi, UAA. **Coach-of-the-Year** – PeeWee Halsell, WWU.

## Individuals (8,000 Meters)

1. Marko Cheseto, UAA	24:50	27. Neil Easter, NNU	27:03	54. Mitch Chandler, UAF	28:12
2. Bennett Grimes, WWU	25:05	28. Luke Hetrick, NNU	27:04	55. Jon Swanson, CWU	28:14
3. Jordan Welling, WWU	25:08	29. Jeff Long, WOU	27:17	56. Tyler Roland, CWU	28:15
4. Alfred Kangogo, UAA	25:12	30. Nathanael Sleight, SPU	27:21	57. Spencer Hunt, SMU	28:16
5. Micah Chelimo, UAA	25:13	31. Michael Adams, UAA	27:21	58. Joseph Patti, SMU	28:19
6. Anthony Tomsich, WWU	25:14	32. Caleb Parker, SPU	27:27	59. Taylor Canfield, MSUB	28:24
7. Chris Reed, WOU	25:26	33. Luke Holt, WOU	27:29	60. Sam Tilly, UAF	28:25
8. Kyle Van Santen, SMU	25:28	34. Kyle Gray, NNU	27:31	61. Alex Crystal, NNU	28:25
9. Blake Medhaug, WWU	25:32	35. Jesse Baggenstos, NNU	27:31	62. Einar Often, UAF	28:34
10. Barak Watson, NNU	25:35	36. Kyle Johnson, WWU	27:32	63. Will Estes, UAA	28:36
11. Chad Meis, SPU	25:47	37. Tyler Kornfield, UAF	27:36	64. Tyler Eidsmoe, CWU	28:38
12. Mike Schmidt, WOU	25:52	38. Scott Power, CWU	27:37	65. Scott Bauer, SMU	28:44
13. Eric Brill, WWU	25:59	39. Thomas Hill, UAA	27:38	66. Tyson Vanderby, MSUB	28:50
14. Manuel Santos, CWU	26:01	40. AJ Baker, SPU	27:39	67. Travis Hutchinson, MSUB	29:00
15. Greg Kubitz, WWU	26:12	41. Daniel Lombardi, MSUB	27:39	68. Wes Hargrove, CWU	29:08
16. Justin Karr, WOU	26:24	42. Paul Rottch, UAA	27:46	69. Ryan Blomback, MSUB	29:13
17. Matt Stark, NNU	26:26	43. Ray Sabo, UAF	27:50	70. Andrew Hamilton, SPU	29:17
18. Yonas Berhe, WWU	26:28	44. Jake Hastings, CWU	27:52	71. Travis Buttelman, MSUB	29:20
19. Braxton Jackson, WOU	26:41	45. Andrew VanNess, SPU	27:54	72. Lars Arneson, UAF	29:46
20. Brandon Snook, WOU	26:42	46. Matt Nodine, CWU	27:56	73. Jordan Lance, SPU	30:17
21. Dan Sprinkle, WOU	26:43	47. Noah Caffrey, SMU	27:56	74. Nate Seely, SPU	30:24
22. Sam Bedell, WWU	26:43	48. Matt Rankin, NNU	27:57	75. Tucker Shuler, MSUB	30:41
23. Conner Kasler, WOU	26:44	49. Nick Harvey, SMU	28:01	76. Zach Armstrong, CWU	30:56
24. Nick Abraham, WWU	26:48	50. Tom Johnson, CWU	28:05	77. Cameron Grossaint, SMU	32:12
25. Seth Clark, NNU	26:55	51. Benard Ngeno, NNU	28:05	78. Henri Soom, UAF	32:34
26. Matt McCrary, WOU	26:59	52. Gavin Brand, SPU	28:06	79. Kelley Miller, MSUB	34:11
		53. Will Harrison, SPU	28:08		