



Great Northwest Athletic Conference

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Three Post Perfect 4.00 GPAs to Highlight Cross Country Academic Team

PORTLAND, Ore. - A total of 70 student-athletes – 31 men and 39 women - have been named to the 2012 Great Northwest Athletic Conference cross country all-conference academic team.

Heading up the academic squad are three athletes – Joe Berger of Saint Martin's and Bryn Haebe and Christi Schmitz, both from Alaska Anchorage – with perfect 4.00 GPAs. Helen Crofts of Simon Fraser has a 4.15 in the Canadian grading system which awards 4.33 points for an A+.

Ten athletes – Micah Chelimo and Miriam Kipng'eno of Alaska Anchorage; Marit Rjabov and Heather Edic of Alaska Fairbanks; Jon Swanson of Central Washington; Mary Owen of Montana State Billings; Jesse Baggenstos of Northwest Nazarene; Joseph Patti of Saint Martin's; Connor Kasler of Western Oregon, and Mary Rogers of Western Washington – were named to the team for the third year in a row.

To qualify for the academic team athletes must have a minimum GPA of at least 3.20 and competing in at least their second season at their respective universities.

2012 GNAC Cross Country Academic All-Conference Team

Men

Kevin Rooke, Alaska Anchorage (Physical Ed., So., 3.51, Toronto, Ontario)
*Alfred Kangogo, Alaska Anchorage (Nursing & Nutrition, Sr., 3.39, Eldoret, Kenya)
**Micah Chelimo, Alaska Anchorage (Mech. Engineering, Sr., 3.25, Kapkoi, Kenya)
Dylan Anthony, Alaska Anchorage (Undeclared, So., 3.24, Kodiak, Alaska)
Lex Treinen, Alaska Fairbanks (Russian Studies, 3.78, Sr., Anchorage, AK)
*Tux Seims, Alaska Fairbanks (Civil Engineering, 3.58, Jr., Homer, AK)
Jonas Loeffler, Alaska Fairbanks (Business Administration, 3.33, So., Saint Margen, Germany)
Andrew Arnold, Alaska Fairbanks (Biochemistry & Molecular Biology, 3.25, Jr., Anchorage, AK)
*Nathan Minor, Central Washington (Math & Physics, Jr., 3.93, Mount Vernon, WA)
**Jon Swanson, Central Washington (Business Administration, Sr., 3.46, Spokane Valley, WA)
Ryan Thompson, Central Washington (Undeclared, So., 3.31, Edmonds, WA)
*Nathan Power, Central Washington (Math & Science Education, Jr., 3.25, Burlington, WA)
Tyson Vanderby, MSU Billings (Health and Human Performance, Sr., 3.27, Manhattan, MT)
*Daniel Lombardi, MSU Billings (Mass Communications, Sr., 3.23, Deer Lodge, MT)
Kaleb Fleenor, Northwest Nazarene (Recreation Sports Management, So., 3.53, Nampa, ID)

**Jesse Baggenstos, Northwest Nazarene (Engineering, Sr., 3.46, Renton, WA)
Joe Berger, Saint Martin's (Mechanical Engineering, Jr., 4.00, Enumclaw, WA)
Alex Nelson, Saint Martin's (Undecided, So., 3.97, Renton, WA)
**Joseph Patti, Saint Martin's (History/Political Science, Sr., 3.78, Renton, WA)
Frank Krause, Saint Martin's (Biology, So., 3.23, Onalaska, WA)
Nick Derrah, Seattle Pacific (Economics, Sr., 3.57, Portland, OR)
*Will Harrison, Seattle Pacific (Exercise Science, Sr., 3.55, Tucson, AZ)
Turner Wiley, Seattle Pacific (Nursing, So., 3.33, Issaquah, WA)
Alex Horton, Seattle Pacific (Psychology, So., 3.30, Kent, WA)
Jordan Wolfe, Seattle Pacific (Literature, Sr., 3.25, Bend, OR)
Austin Trapp, Simon Fraser (Kinesiology, So., 3.20, Elmira, ON)
**Connor Kasler, Western Oregon (Comm. Health Education, Sr., 3.62, Grants Pass, OR)
Scott Larson, Western Oregon (Business, 3.59, Jr., Lake Stevens, WA)
Chris Olsen, Western Oregon (Interdisciplinary Studies, 3.32, Jr., Milwaukie, OR)
*Chip Jackson, Western Washington (Mathematics, Jr., 3.93, Shoreline, WA)
Joshua Reiter, Western Washington (Computer Science, So., 3.56, Camas, WA)

Women

Bryn Haebe, Alaska Anchorage (Nursing, So., 4.00, Evergreen, Colo.)
Christi Schmitz, Alaska Anchorage (Nursing, So., 4.00, North Pole, Alaska)
*Katie Krehlik, Alaska Anchorage (Psychology, Sr., 3.57, Juneau, Alaska)

**Miriam Kipng'eno, Alaska Anchorage (Nursing & Nutrition, Sr., 3.41, Eldoret, Kenya)
 *Megan Thompson, Alaska Fairbanks (Music Education, 3.93, Sr., Fairbanks, AK)
 **Marit Rjabov, Alaska Fairbanks (Psychology, 3.92, Sr., Voru, Estonia)
 *Alyson McPhetres, Alaska Fairbanks (Geological Engineering, 3.90, Jr., Chugiak, AK)
 **Heather Edic, Alaska Fairbanks (Civil Engineering, 3.81, Sr., Fairbanks, AK)
 *Raphaela Sieber, Alaska Fairbanks (Business Administration, 3.77, Jr., Voehrenbach, Germany)
 *Heidi O'Connor-Brook, Alaska Fairbanks (Music Education, 3.70, Jr., Whitehorse, Yukon)
 Connie Morgan, Central Washington (Economics, So., 3.97, Hoquiam, WA)
 Chelsea Dowdell, Central Washington (Undecided, So., 3.78, Everett, WA)
 *Taylor Kartes, Central Washington (Clinical Physiology, Jr., 3.58, Federal Way, WA)
 *Rose Cruze, Central Washington (Clinical Physiology, Jr., 3.53, Issaquah, WA)
 Renae Hepfner, MSU Billings (Health and Human Performance, So., 3.94, Belt, MT)
 **Mary Owen, MSU Billings (Health and Human Performance, Sr., 3.83, Hammond, MT)
 Elizabeth Brown, MSU Billings (Business Administration, So., 3.76, Colstrip, MT)
 Alex McBroom, MSU Billings (Education, So., 3.62, Helena, MT)
 Katelynn Meyer, MSU Billings (Art Education, So., 3.54, Billings, MT)
 *Melanie Bock, MSU Billings (Chemistry, Jr., 3.22, East Helena, MT)
 Hailey Bradshaw, Northwest Nazarene (Nursing, So., 3.65, Meridian, ID)
 Matti Munger, Northwest Nazarene (Biology: Pre-Med, So., 3.57, Meridian, ID)
 Keesha Brown, Northwest Nazarene (Nursing, So., 3.41, Middleton, ID)
 Betty Ramirez, Saint Martin's (English, So., 3.83, Olympia, WA)
 *Erika (Copeland) Crock, Saint Martin's (Education, Jr., 3.70, Port Orchard, WA)
 Jennifer Hickey, Saint Martin's (Biology, So., 3.39, Tacoma, WA)
 Katie Thralls, Seattle Pacific (Exercise Science, Sr., 3.96, Livermore, CA)
 Robyn Zeidler, Seattle Pacific (Global Nutrition, So., 3.95, Plymouth, MN)
 Elizabeth Doe, Seattle Pacific (Applied Human Biology, So., 3.50, Lakenheath, England)
 *Josie Becker, Seattle Pacific (Mathematics, Sr., 3.29 Grapeview, WA)
 *Helen Crofts, Simon Fraser (Biological Sciences, Sr., 4.15, West Vancouver, BC)
 *Kirsten Allen, Simon Fraser (Kinesiology, Jr., 3.84, London, Ontario)
 Audrey Hellesto, Western Oregon (Undecided, 3.80, So., Philomath, OR)
 Nicole Anderson, Western Oregon (Pre-Professional Studies, 3.68, So., Packwood, WA)
 Laura Copenhagen, Western Oregon (Community Health Education, 3.48, Sr., Canby, OR)
 Jennifer Leaf, Western Oregon (Community Health Education, Jr., 3.42, Boulder, CO)
 **Mary Rogers, Western Washington (Pre-Medicine, Sr., 3.88, Spokane, WA)
 Mikhaila Thornton, Western Washington (Industrial Design, So., 3.61, Bend, OR)
 Haley O'Connor, Western Washington (Biochemistry, So., 3.30, Sammamish, WA – Eastlake)

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*Repeater (Crofts from 2010) **Two-time repeater