

SFU HIGH PERFORMANCE #2

Burnaby, BC

SFU

April 30, 2022

**OFFICIAL MEET REPORT**

printed: 2022-04-30, 6:43 PM

RESULTS

#1 Women 400m Hurdles 30'

Pl	Name	Team	Time	Note
1	BOSMA, Claire	Simon Fraser	1:06.15	
	BINDER, Erika	Simon Fraser	DNS	

#2 Women's 100 Meters

Wind: (-0.3)

Pl	Name	Team	Time	Note
1	LECLAIR, Marie-Eloise	Simon Fraser	11.95	
2	TJERNAGEL, Raquel	Unattached	11.96	
3	LINDSAY, Emily	Simon Fraser	12.34	
4	VOLOSHIN, Diana	Simon Fraser	12.55	
5	JACOBS, Jordan	Simon Fraser	12.87	
6	TENN, Alexandra	Unattached	12.97	
7	AITKEN, Sophia	Vancouver Thunderbirds	13.44	
8	ADANDE, Karin	NorWesters	13.68	

#3 Men's 100 Meters

Pl	Name	Team	Time	Note	H(Pl)
1	BELCHER, Jeremy	Simon Fraser	11.03	(-0.1)	1(1)
2	ELIOPOULOS, Anastasios	Unattached	11.14	(-0.1)	1(2)
3	TOEWS, Jonathan	Trinity Western	11.61	(-0.1)	1(3)
4	NAKAMURA, Senri	Vancouver Olympic Club	11.64	(-0.1)	1(4)
5	NISBABOURIAN, Ardalan	NorWesters	11.69	(+0.2)	2(1)
6	ZHANG, Danni	Vancouver Thunderbirds	11.78	(-0.1)	1(5)
7	BRENT, Alec	Burnaby Striders	12.09	(-0.1)	1(6)
8	CHU, Ethan	Thunderbird Track and Fiel	12.37	(+0.2)	2(2)
9	NYANDORO, Alex	Unattached	12.53	(+0.2)	2(3)
10	KARIYA, Martin	Greyhounds	12.85	(+0.2)	2(4)
11	ALETHAWY, Ali	Vancouver Thunderbirds T	13.27	(+0.2)	2(5)
	SUZUKI, Kaito	Simon Fraser	DNS		1
	PENSON-MCCOY, Jesaiah	Simon Fraser	DNS		1
	YEUNG, Jack	Vancouver Thunderbirds	DNS		2

#4 Women's 400 Meters

Pl	Name	Team	Time	Note
1	TENN, Alexandra	Unattached	1:00.76	
2	HUTCHISON, Morgan	Vancouver Thunderbirds	1:04.84	
	BOSMA, Claire	Simon Fraser	DNS	

#5 Men's 400 Meters

Pl	Name	Team	Time	Note	H(Pl)
1	ALLEN, Felix	Simon Fraser	49.76		1(1)
2	HEGARTY, Ryan	Unattached	49.90		1(2)
3	TJERNAGEL, Benjamin	Trinity Western	49.99		1(3)
4	PENSON-MCCOY, Jesaiah	Simon Fraser	50.64		1(4)
5	LENTON, Jorrin	Simon Fraser	50.78		1(5)
6	DAVIS, Shemar	Unattached	51.74		1(6)
7	SUZUKI, Kaito	Simon Fraser	52.90		1(7)

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#5 Men's 400 Meters (cont'd)

Pl	Name	Team	Time	Note	H(Pl)
8	ERASO, Diego	Chilliwack Track & Field	54.17		1(8)
9	GILL, Holden	Unattached	54.86		2(1)

#6 Women's 800 Meters

Pl	Name	Team	Time	Note	H(Pl)
1	DOW, Alexa	Prairie Inn Harriers	2:10.47		
2	ROXBY, Megan	Simon Fraser	2:11.03		
3	BALLARD, Ella	Prairie Inn Harriers	2:15.74		
4	PRANGLEY, Charlotte	Simon Fraser	2:17.56		
5	MADSEN, Ella	Coq. Cheetahs	2:18.44		
6	RANAHAH, Alicia	Simon Fraser	2:20.49		

#7 Men's 800 Meters

Pl	Name	Team	Time	Note	H(Pl)
1	AHL, Aaron	Simon Fraser	1:49.01		1(1)
2	PROCEVIAT, Cameron	Unattached	1:49.36		1(2)
3	BUCKINGHAM, Paul	Simon Fraser	1:50.90		1(3)
4	GOOD, Aiden	Simon Fraser	1:52.07		1(4)
5	SCHMIDT, Jordan	Simon Fraser	1:52.58		1(5)
6	CHAPMAN, Tomas	Simon Fraser	1:52.73		1(6)
7	RUCKMAN-UTTING, Henry	Simon Fraser	1:54.51		1(7)
8	BARBER, Michael	Prairie Inn Harriers	1:55.50		1(8)
9	MEKONNEN, Ephrem	Simon Fraser	1:56.81		2(1)
10	TORRES, Richard	Horizon Track	1:57.64		1(9)
11	SCHRIEMER, Michael	Unattached	1:59.37		1(10)
12	PARKINS, Basil	Prairie Inn Harriers	2:00.00		2(2)
13	STANLEY, Liam	Prairie Inn Harriers	2:01.04		2(3)
14	AHL, Braden	Unattached	2:02.68		2(4)
15	SEROWKA, Theodore	Prairie Inn Harriers	2:05.90		2(5)
16	YU, An	Unattached	2:07.40		2(6)
17	CLARKE, Elijah	Vancouver Thunderbirds	2:11.98		2(7)
18	PINCKARD, mark	Ocean Athletics	2:13.01		2(8)
	BOGALE, Kirubel	Simon Fraser	DNS		1
	MOORE, Brendan	Simon Fraser	DNS		2
	THOMSON, Andrew	Unattached	DNS		2

#8 Women's 200 Meters

Pl	Name	Team	Time	Note	H(Pl)
1	TJERNAGEL, Raquel	Unattached	24.37	(-0.7)	1(1)
2	LECLAIR, Marie-Eloise	Simon Fraser	24.57	(-0.7)	1(2)
3	LINDSAY, Emily	Simon Fraser	25.37	(-0.7)	1(3)
4	BINDER, Erika	Simon Fraser	25.84	(-0.7)	1(4)
5	VOLOSHIN, Diana	Simon Fraser	26.15	(-0.7)	1(5)
6	JACOBS, Jordan	Simon Fraser	26.43	(-0.7)	1(6)
7	TRESNJO, Marlena	NorWesters	27.59	(-1.3)	2(1)
8	AITKEN, Sophia	Vancouver Thunderbirds	28.04	(-1.3)	2(2)
9	HUTCHISON, Morgan	Vancouver Thunderbirds	28.27	(-1.3)	2(3)

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#8 Women's 200 Meters (cont'd)

Pl	Name	Team	Time	Note	H(Pl)
10	KHONINA, Marina	Greyhounds	30.71	(-1.3)	2(4)

#9 Men's 200 Meters

Wind: (-0.2)

Pl	Name	Team	Time	Note
1	TJERNAGEL, Benjamin	Trinity Western	22.57	
2	TOEWS, Jonathan	Trinity Western	23.42	
3	NISBABOURIAN, Ardalan	NorWesters	23.86	
4	ARDIZZONI, Massimo	Vancouver Thunderbirds	23.89	
5	ZHANG, Danni	Vancouver Thunderbirds	23.99	
6	DEDAS, Konstantinos	West Van Track and Field	24.11	
7	YEUNG, Jack	Vancouver Thunderbirds	25.20	
	BELCHER, Jeremy	Simon Fraser	DNF	

#10 Women's 1500 Meters

Pl	Name	Team	Time	Note
1	WILLETT, Olivia	Simon Fraser	4:33.54	
2	SHANDRO, Angelina	Prairie Inn Harriers	4:37.69	
3	CAMERON, Kate	Simon Fraser	4:38.94	
4	CHILTON, Emily	Simon Fraser	4:42.30	
5	CHALK, Grace	Simon Fraser	4:50.37	
6	MARION, Ella	Simon Fraser	4:53.04	
7	KALISCH, Milena	Unattached	4:54.11	
8	STARK, Keila	Unattached	4:56.01	

#11 Men's 1 Mile Run

Pl	Name	Team	Time	Note
1	MULLER, Reid	Sole Experience Running C	4:07.58	
2	VARGAS, Louis-Carlos	Horizon Track	4:08.43	
3	HOUSE, Kaelan	Unattached	4:14.17	
4	BRINKMAN, Sebastian	Simon Fraser	4:14.87	
5	MEKONNEN, Ephrem	Simon Fraser	4:17.31	
6	ARNDT, Scott	Simon Fraser	4:18.23	
7	WENSINK, Sam	Pacific Track Club	4:19.74	
8	CASTRO, Jose	Simon Fraser	4:20.50	
9	BOGALE, Kirubel	Simon Fraser	4:23.86	
10	MOORE, Brendan	Simon Fraser	4:33.96	
11	LOGIE, Micah	Simon Fraser	4:45.54	

#12 womens hammer 4kg

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	LINIEWSKI, Zuzanna	Simon Fraser	47.82m	45.69	47.69	47.82	39.85	45.62	45.02
2	HANGER, Kaitlyn	Simon Fraser	46.45m	44.74	46.45	41.40	41.53	45.42	PASS

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#13 Mens Hammer 7.26kg

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	LONGLEY, Ethan	Kajaks TFC	49.38m	49.38	47.71	47.03	FOUL	FOUL	FOUL
2	DHEILLY-STURROCK, matthe	royal city	43.21m	FOUL	36.25	37.97	FOUL	42.44	43.21

#14 Mens Javelin 800g

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	DHEILLY-STURROCK, matthe	royal city	38.40m	37.24	38.40	FOUL	FOUL	FOUL	37.35
	CHONG, Jarrett	Simon Fraser	DNS						
	CORTES, Bryan	Simon Fraser	DNS						

#15 Men's Triple Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	KUZYK, Zackary	Simon Fraser	13.43m (+0.3)	FOUL	13.24 (+0.0)	13.19 (+0.0)	13.43 (+0.3)	FOUL	13.26 (+0.5)
2	KUZYK, Nick	Simon Fraser	11.35m (+0.0)	FOUL	FOUL	FOUL	PASS	PASS	11.35 (+0.0)
3	MILLARD, William	NorWesters	10.35m (+0.0)	10.01 (+0.6)	10.21 (+0.0)	10.30 (+0.9)	FOUL	10.29 (+0.0)	10.35 (+0.0)

#16 Women's Triple Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	NETTEY, Sabrina	Universal Athletics	12.03m (+0.3)	11.95 (+0.5)	FOUL	11.92 (+0.5)	11.99 (+0.0)	11.57 (+0.3)	12.03 (+0.3)
2	PRIMROSE, Kennedy	Simon Fraser	11.07m (+0.5)	10.88 (+0.2)	11.07 (+0.5)	FOUL	10.95 (+0.5)	10.96 (+0.0)	FOUL
3	PAUGH, Madison	Simon Fraser	10.49m (+0.1)	10.46 (+0.5)	10.45 (+0.8)	10.43 (+0.0)	10.49 (+0.1)	10.24 (+0.6)	10.37 (+0.0)
4	MILLARD, Emily	NorWesters	9.37m (+0.9)	FOUL	FOUL	9.33 (+0.0)	9.24 (+0.3)	9.24 (+0.3)	9.37 (+0.9)

#17 Women's Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	WALLER, Danielle	Simon Fraser	5.09m (-0.5)	5.09 (-0.5)	5.03 (+0.0)	4.98 (-0.6)	4.92 (-2.0)	FOUL	5.09 (+0.8)
2	TRESNJO, Marlana	NorWesters	4.75m (+0.0)	FOUL	4.75 (+0.0)	4.54 (+0.0)	PASS	PASS	PASS
3	PAUGH, Madison	Simon Fraser	4.55m (+0.0)	FOUL	4.55 (+0.0)	4.52 (+0.0)	PASS	PASS	PASS
4	CROY, Sara	Unattached	4.10m (-0.9)	3.82 (+0.0)	3.97 (+0.8)	3.11 (+0.0)	4.10 (-0.9)	FOUL	4.02 (+0.3)
	KANIA, Sydney	Simon Fraser	DNS						
	RONSE, Dominique	Simon Fraser	DNS						

#18 Men's Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	FURTADO, Blake	Simon Fraser	6.44m (+0.9)	FOUL	6.24 (+0.0)	FOUL	6.37 (-0.4)	6.15 (+0.0)	6.44 (+0.9)
2	GIBBS, Mitchell	Simon Fraser	6.41m (+1.7)	6.00 (+0.0)	6.24 (-0.5)	6.09 (+0.0)	6.08 (-1.1)	FOUL	6.41 (+1.7)
3	BRENT, Alec	Burnaby Striders	5.85m (+0.0)	PASS	5.51 (-0.4)	5.61 (-1.1)	5.50 (+0.0)	5.85 (+0.0)	PASS
	FOSTER, Ethan	BC Flyers	DNS						

#19 Women's High Jump

Pl	Name	Team	Mark	1.32	1.37	1.42	1.47	1.52	1.57	1.62
1	KANIA, Sydney	Simon Fraser	1.57m	P	P	P	P	O	O	XXX
2	PAVAN, Isabella	Thunderbirds	1.52m	P	P	O	XO	XO	XXX	
3	MILLARD, Emily	NorWesters	1.42m	P	O	XXO	XXX			

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#20 Men's High Jump

Pl	Name	Team	Mark	1.42	1.47	1.52	1.57	1.62	1.67	1.72	1.77	1.82	1.87
1	KUZYK, Zackary	Simon Fraser	1.82m	P	P	P	P	P	P	P	O	XO	XXX
2	BRENT, Alec	Burnaby Striders	1.77m	P	P	O	O	O	O	XXO	XXO	XXX	
3	KARIYA, Martin	Greyhounds	1.47m	XXO	XXO	XXX							
Pl	Name	Team	Mark	1.32	1.37								
3	KARIYA, Martin	Greyhounds	(cont'd)	O	O								
	MILLARD, William	NorWesters	NH	P	XXX								

#21 Mens Javelin 700g

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	BAJARUNAS, Marty	Coq. Cheetahs	53.91m	42.11	47.05	53.91	46.71	44.63	44.10
2	WALKER, Loch	NorWesters	31.01m	FOUL	27.24	27.98	31.01	FOUL	FOUL

#22 Mens Hammer 6kg

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	LONGLEY, Chase	Kajaks TFC	47.21m	FOUL	43.53	FOUL	47.21	FOUL	FOUL