



2023 GNAC Women's Soccer Teams At A Glance

CENTRAL WASHINGTON

Head Coach: Lindsey Lee (Westmont, 2013, 3-11-4, 2nd Season)

Assistant Coaches: Darin Preszler, Tate Kautzky (GA), Darby Doyle (GA)

2022 Overall Record: 3-11-4 **2022 Conference Record:** 2-9-3, 9 pts. (8th)

Total Players Returning: 24 **Starters Returning/Lost:** 9/2

Returning Starters: Kassandra Jaggard (GK, 5-7, Jr., Aurora, Ore. – North Marion, 17 GP, 3-8-4, 1,259 minutes, 1.86 GAA, 26 GA, 77 saves, 3 shutouts.), Paige Savage (M, 5-6, So., Kennewick, Wash. – Wall Walla, 17 GP, 1 assist, 1 pt.), Jaxyn Farnen (D, 5-11, Sr., Medical Lake, Wash. – Medical Lake, 17 GP, Academic All-GNAC.), Peyton Vogel (M, 5-10, Sr., Murrieta, Calif. – Murrieta Mesa HS, 18 GP, Second Team All-GNAC.) Emily Darcy (M, 5-5, Sr., Maple Valley, Wash. – Tahoma, 18 GP, 8 goals, 2 assists, 18 pts., Second Team All-GNAC, Academic All-GNAC.), Jordan Bartlow (M, 5-3, Jr., Arlington, Wash. – Eastern Oregon, 18 GP, 4 goals, 1 assist, 9 pts., Honorable Mention All-GNAC, Academic All-GNAC.), Grace Jackson (F, 5-7, Sr., Ronald, Wash. – Cle Elum-Roslyn, 18 GP, Academic All-GNAC.), Annelise Bauman (D, 5-11, East Wenatchee, Wash. – Eastmont, 18 GP, Academic All-GNAC.), Maggie McBroom (D, 5-9, Vancouver, Wash. – Hudson's Bay, 18 GP, 1 goal, 2 pts., Academic All-GNAC.)

Other Key Returners: Lily Newberry (M, 5-5, Centennial, Colo. – Grandview, 18 GP, 1 goal, 1 assist, 3 pts., Academic All-GNAC.), Cassidie Andrews (F, 5-6, Sr., Ewa Beach, Hawaii – Columbia Basin, 15 GP, 1 goal, 2 pts.) Payton Lindell (D, 5-6, So., Washougal, Wash. – Washougal, 14 GP, 1 goal, 2 pts.), Finn Sprankle (D, 5-6, Sr., Fairbanks, Alaska – West Valley, 10 GP, 1 assist, 1 pt.) Brenna Hart (D, 5-5, So., Edmonds, Wash. – King's, 16 GP.), Megan Meindersee, (D, 5-4, Sr., Bush Prairie, Wash. – Hockinson, 10 GP, Academic All-GNAC.), Tess Sparks (D, 5-5, Sr., East Wenatchee, Wash. – Eastmont, 17 GP, Academic All-GNAC.)

Key Losses: Maci Parke (D), Teryn Mendez (M), Sydney Edwards (D), Kayla Gout (D)

Key Freshmen: Jordan Volstad (D, 5-4, Brooklyn Park, Minn. – Champlin Park.), Sami Huber (F, 5-3, Gig Harbor, Wash. – Gig Harbor.), Tatum Zuber (F, 5-7, Lafayette, Calif. – Acalanes.), Laine, Derry (D, 5-7, Sherwood, Ore. – Sherwood.), Danika Galbraith (GK, 5-9, Kennewick, Wash. – Southridge.)

Key Transfers: Mackenzie Banner (M, 5-7, Jr., Franklin, Tenn. – Peninsula College.)

MONTANA STATE BILLINGS

Head Coach: Abiye Jack (Frostburg State, 2012, 1st Season)

Assistant Coach: Kaylee Greeley

2022 Overall Record: 3-12-4 **2022 Conference Record:** 3-9-2, 11 pts. (7th)

Total Players Returning: 16 **Starters Returning/Lost:** 6/5

Returning Starters: Clare Keenan (GK, 5-6, Sr., Tallahassee, Florida – Coastal Carolina, 15 GP, 2-10-3, 1,305 minutes, 102 saves, 2.00 GAA, .779 save %, 2 shutouts, First Team All-GNAC.), Jackie Sharpe (F, 5-7, Jr., Apple Valley, Calif. – Apple Valley, 19 GP, 2 goals, 2 assists, 6 pts.), Taylor Gertsch (M, 5-9, Jr., Billings, Mont. – Skyview, 19 GP, 1,562 minutes, Honorable Mention All-GNAC.), Lauren Becraft (D, 5-6, So., Eugene, Ore. – North Eugene, 1 goal, Honorable Mention All-GNAC.), Kendall McGraw (M, 5-6, Jr., Hockinson, Wash. – Hockinson, 19 GP, 1 assist.), Jillian Hust (F, 5-4, Jr., Billings, Mont. – Billings West, 19 GP, 2 goals.)

Other Key Returners: Vendela Andersson (D, 5-7, Jr., Gaevle, Sweden – Valbo II, 12 GP, 775 minutes, 1 goal.), Tuva Sallvin (GK, 6-3, Sr., Norrala, Sweden – Louisiana Tech, 5 GP, 405 minutes, 1-2-1, 32 saves, 1.56 GAA, .821 save %, 1 shutout.) Taylor Ingram (F, 5-4, So., Petaluma, Calif. – Casa Grande, 17 GP.), Mackenzie Carnell (F, 5-3, Sr., Kent, Wash. – Skagit Valley, 18 GP.), Sophie Sievertsen (M, 5-7, So., Billings, Mont. – Billings West, 14 GP.), Maddie Smith (F, 5-3, Jr., Kent, Wash. – Kentridge, 15 GP.), Vivien Guese (M, 5-3, Jr., Hamburg, Germany – Blue Mountain, 8 GP.)

Key Losses: Kiley Sandow (F), Abby Sena (M), Kailey Findlay (D), Sydney Wate (D), Leila Clark (D), Cassie Southwick (F), Emilyn Krans (F).

Key Freshmen: Kaari Little (M, 5-4, Bellingham, Wash. – Sehome), Ave Roberts (F, 5-3, Billings, Mont. – Skyview), Ava Curtright (D, 5-6, Blaine, Wash. – Blaine), Jaden Johnson (D, 5-7, Twin Falls, Idaho – Canyon Ridge), Chloe Fredenburg (M, 5-7, Dripping Springs, Texas – Dripping Springs).

Key Transfers: Erika Wilson (M, 5-4, So., Fair Oaks Ranch, Texas – Sam Houston State), Monica Brown (M, 5-5, Jr., Enumclaw, Wash. – Southern Utah), Rylee Braden (D, 5-4, Jr., Olive Branch, Miss. – Holmes), Lexi Harris (D, 5-6, Jr., Preston, Idaho – Peninsula), Nyah Attaway (F, 5-5, Jr., Paradise, Calif. – Folsom Lake), Sunny Bennion (D, 5-10, Jr., St. Anthony, Idaho – Lower Columbia)

NORTHWEST NAZARENE

Head Coach: Mary Ybarguen (Fresno State, 2008, 73-81-17, 11th Season)

Interim Head Coach: John Hawks

Assistants: Hannah Holm, Brittany Houghton

2022 Overall Record: 12-4-4 **2022 Conference Record:** 9-2-3, 30 pts. (2nd)

Total Players Returning: 16 **Starters Returning/Lost:** 7/4

Returning Starters: Madison Grande (F, 5-5, Sr., Gig Harbor, Wash. – Concordia (Ore.), 20 GP, 11 goals, 22 pts., First Team All-GNAC, Second Team United Soccer Coaches All-West Region.), Kate Bleffert (D, 5-8, Jr., Driggs, Idaho – Teton, 20 GP, 1,684 minutes, Second Team All-GNAC.), Makayla Roggow (D, 5-8, Sr., Kelso, Wash. – Kelso, 20 GP, 1 goal, 1 assist, 3 pts.), Kailyn LaBrosse (D, 5-7, Sr., Spokane, Wash. – Concordia (Ore.), 19 GP, 2 assists, 1,517 minutes, First Team All-GNAC), Allison Wolf (M, 5-4, Jr., Nampa, Idaho – Skyview, 20 GP, 2 goals, 4 pts.), Savanna Herz (M, 5-9, So., Murrieta, Calif. – Murrieta Mesa, 20 GP, 3 goals, 4 assists, 10 pts.), Alejandra Jaramillo (M, 5-3, Jr., Chula Vista, Calif. – Bonita Vista, 20 GP, 3 goals, 3 assists, 9 pts., Honorable Mention All-GNAC.)

Other Key Returners: Matisyn Ohlson (M, 5-5, Jr., Kelso, Wash. – Kelso, 20 GP), Carolyn Moravec (F, 5-5, Sr., Spokane, Wash. – Lewis & Clark, 20 GP, 2 goals), Yacine Bitibale (F, 5-2, Sr., Spokane, Wash. – Ferris, 19 GP, 2 goals, 1 assist, 5 pts.), Gracie Mares (D, 5-3, So., Scottsdale, Ariz. – Saguaro, 20 GP, 1 assist.), Bailey Blancett (GK, 5-11, Jr., Star, Idaho – Eagle, 3 GP, 130 minutes, 0.69 GAA, 9 saves, 0.900 Save %)

Key Losses: Ashley Parton (F, GNAC Player of the Year, First Team All-GNAC, United Soccer Coaches First Team All-West Region, D2CAA Second Team All-Region), Magda Wronski (D, Honorable Mention All-GNAC), Alexis Montoya (GK, Second Team All-GNAC), Sierra Sanchez (F)

Key Freshmen: Alex Barrass (GK, 5-9, Nampa, Idaho – Skyview), Nicole Lewis (M, 5-6, American Fork, Utah – American Fork), Mackenzie Brown (F, Eagle, Idaho – Eagle), Madison Gonzalez (M, Boise, Idaho – Centennial), Alexis Cromwell (F, 5-1, Kent, Wash. – Kentwood), Abbey Blancett (M, Star, Idaho – Owyhee), Jordyn Ortiz (D, Sunnyvale, Calif. – Homestead), Elliana Kimball (D, Edmonds, Wash. – King's), Whitney Blake (D, 5-7, American Fork, Utah – American Fork)

Key Transfers: None.

SAINT MARTIN'S

Head Coach: Derek Faulkner, (Cal State LA, 2013, 1st Season)

Assistant Coach: TBD

2022 Overall Record: 5-10-2 **2022 Conference Record:** 3-9-2, 11 pts. (6th)

Total Players Returning: 21 **Starters Returning/Lost:** 8/3

Returning Starters: Maria Pagnotta (F, 5-8, So., Bellingham, Wash. – 17 GP, 5 goals, 10 pts., Second Team All-GNAC), Mia Fleming (M, 5-5, Jr., Redding, Calif. – Shasta, 17 GP, 1 goal, 4 assists, 6 pts.), Rose Ivanis (D, 5-4, So., Seattle, Wash. – Holy Names, 17 GP, 2 assists, 1,107 minutes), Rachel Kimura (F, 5-5, Jr., Federal Way, Wash. – Seattle U, 17 GP, 1 goal, 2 assists, 4 pts.), Payton Aseilton (M, 5-9, Jr., Adna, Wash. – Adna, 16 GP, 993 minutes), Emily Chong (D, 5-4, Jr., Lynwood, Wash. – Lynwood, 15 GP, 953 minutes).

Other Key Returners: Sierra Nees (D, 5-7, So., Beaverton, Ore. – Mountainside, 17 GP, 855 minutes), Shelby Clayton (D, 5-7, Jr., Lake Tapps, Wash. – Auburn, 14 GP, 799 minutes), Sam Bailey (M/D, 5-6, So., Spokane Valley, Wash. – University HS, 17 GP, 743 minutes), Ali Campigotto (GK, 5-5, Sr., Gig Harbor, Wash. – Peninsula, 7 GP, 3-2-2, 630 minutes, 1.14 GAA, 43 saves, .834 save %, 2 shutouts).

Key Losses: Salma Perez (D, Honorable Mention All-GNAC), Taylor Goodpaster (F), Soph Mendoza (GK, Honorable Mention All-GNAC).

Key Freshmen: Brooke Peltzer (F, 5-9, Maple Valley, Wash. – Tahoma), Meridee Hill (M, 5-9, Yelm, Wash. – Yelm).

Key Transfers: None.

SEATTLE PACIFIC

Head Coach: Arby Busey (Villanova, 1993, 87-39-12, 9th Season)

Assistant Coaches: Wynna McIntosh, Scott Newman, Karli White, Sydney Pluhacek

2022 Overall Record: 11-6-2

2022 Conference Record: 9-4-1, 18 pts. (3rd)

Total Players Returning: 19

Starters Returning/Lost: 6/3

Returning Starters: Mercedes Cullen (GK, 5-7, So., Spokane, Wash. – Mead, 16 GP, 9-6-1, 1.28 GAA, .758 SV%, 1,402 minutes, Honorable Mention All-GNAC.), Lauren Forster (F, 5-10, Sr., Olympia, Wash. – Olympia, 17 GP, 4 goals, 3 assists, 11 pts., Second Team All-GNAC, Academic All-GNAC & College Sports Communicators.), Lauren Snedeker (M, 5-9, Jr., Washougal, Wash. – Washougal, 19 GP, 4 pts., Second Team All-GNAC, United Soccer Coaches Second Team All-Region, Academic All-GNAC & College Sports Communicators.), Chloe Gellhaus (M, 5-8, Sr., Spokane, Wash. – East Valley, 15 GP, 3 goals, 3 assists, 9 pts., First Team All-GNAC, United Soccer Coaches Second Team All-Region.), Marissa Bankey (D, 5-7, Sr., Mount Vernon, Wash. – Mount Vernon, 19 GP, 4 goals, 2 assists, First Team All-GNAC, United Soccer Coaches Second Team All-Region, Academic All-GNAC.), Sophie Beadle (F, 5-3, Sr., Rainier, Wash. – Rainier, 18 GP, 5 goals, 5 assists, 15 pts., Second Team All-GNAC, United Soccer Coaches Second Team All-Region, Academic All-GNAC & College Sports Communicators.), Jacqueline Blakeley (F, 5-10, Sr., Portland, Ore. – LaSalle Catholic, 4 goals, 2 assists, 10 pts., Academic All-GNAC.), Kathryn Nyone (D, 5-10, Jr., Happy Valley, Ore. – Portland Christian, 19 GP, 4 assists, 4 pts., Honorable Mention All-GNAC, Academic All-GNAC & College Sports Communicators.)

Other Key Returners: Kayla Wallace (F, 5-4, So., Eagle, Idaho – Eagle, 19 GP, 1 goal, 1 assist, 3 pts.), Maya Parman (M, 5-6, So., Camas, Wash. – Camas, 19 GP, 2 assists, 2 pts.)

Key Losses: Ally Veenhuizen (D), AJ DePinto (F), Toni Miranda (M).

Key Freshmen: Logann Dukes (D, Vancouver, Wash. – Columbia River), Landry Schoennauer (GK, 5-6, San Jose, Calif. – Lincoln), Nora Patterson (F, 5-7, Seattle, Wash. – Shorecrest)

Key Transfers: Taylor Krueger (F, 5-5, So., Tigard, Ore. – St. Louis)

SIMON FRASER

Interim Head Coach: Carlo Basso (Simon Fraser, 2014, 1st Season)

Assistant Coach: Jenna-Lee Baxter

2022 Overall Record: 5-7-7

2022 Conference Record: 4-5-5, 17 pts. (4th)

Total Players Returning: 14

Starters Returning/Lost: 5/6

Returning Starters: Kate Cartier (M, 5-8, Jr., Kelowna, B.C. – Okanagan Mission, 14 GP, 2 goals, 6 pts.), Eve Lafontaine (D, 5-7, So., Brossard, Que. – Champlain Coll.-Saint Lambert, 19 GP, 1,441 minutes), Isabella Muzzolini (M, 5-7, Jr., Maple Ridge, B.C. – University of Georgia, 19 GP, 3 assists, 1,618 minutes, GNAC Newcomer of the Year, Second Team All-GNAC), Katie Richardson (D, 5-6, Ottawa, Ont. – John McCrae, 17 GP, 1 goal, 2 pts., 1,345 minutes, Honorable Mention All-GNAC), Emily Smith (D, 5-9, Jr., Coquitlam, B.C. – Centennial, 16 GP, 1,232 minutes).

Other Key Returners: Mackenzie Almeida (M, 5-4, So., Mississauga, Ont. – Glenforest, Redshirted in 2022), Kayla Campbell (F, 5-7, So., Burnaby, B.C. – Capilano, Redshirted in 2022), Chelsea Crocq (M, 5-6, So., Calgary, Alta. – St. Francis, 18 GP, 2 goals, 1 assist, 5 pts.), Kelsey Fisher (GK, 5-11, Jr., North Vancouver, B.C. – Windsor, Redshirted in 2022), Sarah Loewen (GK, 5-5, So., Burnaby B.C. – Burnaby Mountain, 9 GP, 3-4-1, 1.01 GAA, .830 save %, 39 saves, 3 shutouts), Ava Lund-Pedersen (D, 5-6, So., Toronto, Ont. – Bloor Collegiate, 10 GP, 369 minutes), Raegen Mackenzie (F, 5-10, So., Coquitlam, B.C. – Centennial, Redshirted in 2022), Anjali Sandhu (D, 5-8, Jr., Surrey, B.C. – Enver Creek, 13 GP, 273 minutes), Kaiden Sherwood (M, 5-8, So., Vernon, B.C. – W.L. Seaton, 17 GP, 1 goal, 2 pts.).

Key Losses: Doreen Anane-Bediakoh (D), Nicole Anderson (GK), Kiara Buono (F, Honorable Mention All-GNAC), Kaylese Callender (F), Jazz Dev (M), Jenieva Musico (D), Amanda Scott (M), Valerie Silva (M), Avery Tulloch (D), Giuliana Zaurrini (F, Honorable Mention All-GNAC).

Key Freshmen: Sabryna Bailey (D, 5-4, Burnaby, B.C. – Burnaby South), Sarah Caravatta (M / F, 5-10, Coquitlam, B.C. – Centennial), Alyssa Clark (M, 5-5, Port Coquitlam, B.C. – Riverside), Tyra Gunara (GK, 5-7, Burnaby, B.C. – St. Thomas More), Katelyn Magdalinski (F, 5-6, Pitt Meadows, B.C. – Pitt Meadows), Jensa Napier-Ganley (M, 5-6, Cobble Hill, B.C. – Brentwood College), Kiera Scott (M / F, 5-6, Coquitlam, B.C. – Centennial), Abbey Simpson (D, 5-7, Mississauga, Ont. – St. Marcellinus), Kate Smith (D, 5-9, Coquitlam, B.C. – Centennial), Jessica Spurrell (GK, 5-9, Edmonton, Alta. – Ross Sheppard High)

Key Transfers: Noemie Merlen (D, 5-5, Fr., Montreal, Que. – Florida International), Mikayla Tupper (F, 5-9, Jr., Langley, B.C. – Miami).

WESTERN OREGON

Head Coach: Kacey Bingham (Arizona State, 2006, 23-29-11, 5th Season)

Assistant Coaches: Isabelle Creighton, Austin Rios

2022 Overall Record: 7-6-5 **2022 Conference Record:** 4-6-4, 16 pts. (5th)

Total Players Returning: 23 **Starters Returning/Lost:** 9/2

Returning Starters: Hannah Rispler (D, 6-0, Sr., Greshman, Ore. – Barlow, 15 GP, 1 assist, 1,278 minutes, First Team All-GNAC, First Team United Soccer Coaches All-West Region.), Elizabeth Parker (D, 5-6, Sr., Camas, Wash. – Camas, 18 GP, 5 assists, 5 pts., 1,545 minutes, Honorable Mention All-GNAC.), Jenna Efraimson (D, 5-6, Sr., Camas, Wash. – University of Idaho, 18 GP, 1 goal, 1 assist, 3 pts., 1,575 minutes, Honorable Mention All-GNAC.), Haley King (M, 5-6, Jr., Las Vegas, Nev. – Green Valley, 16 GP, 1,171 minutes.), Lulu Sadler (M, 5-6, Camas, Wash. – Mountain View, 18 GP, 1 goal, 2 pts., 1,575 minutes, Honorable Mention All-GNAC.), Chloe Smith (F, 5-9, Sr., Portland, Ore. – Concordia (Ore.), 18 GP, 5 goals, 2 assists, 12 pts., Honorable Mention All-GNAC.), Briana Kubli (F, 5-2, Jr., Eugene, Ore. – Willamette, 18 GP, 3 goals, 1 assist, 7 pts., Honorable Mention All-GNAC.), Lilly Nowatzke (F, 5-8, Jr., Shoreview, Minn. – Mounds View, 18 GP, 1 goal, 1 assist, 3 pts.), Savannah Taylor (F, 5-5, So., Pasco, Wash. – Chiawana, 18 GP, 3 goals, 1 assist, 7 pts.)

Other Key Returners: Darien Walton (GK, 5-6, Jr., Vancouver, Wash. – Heritage, 5 GP, 405 minutes, 3-0-1, 1.56 GAA, 13 saves.), Leeci Snyder (F, 5-4, So., Seattle, Wash. – Federal Way, 18 GP, 2 goals, 4 pts.), Emma Smith (F, 5-5, So., Burlington, Wash. – Burlington-Edison, 10 GP, 1 goal, 2 pts.)

Key Losses: Erika Gonzalez (M, Second Team All-GNAC.)

Key Freshmen: Lize Rendon (M, 5-3, Gresham, Ore. – Centennial.), Tamerra Cervantes Carlos (M, 5-6, Springfield, Ore. – Springfield.), Emma Higashi (F, 5-5, Mililani, Hawaii – Mililani.)

Key Transfers: Gabby Warta (F, 5-4, Jr., Vancouver, Wash. – Idaho State.), Sophia Pierce (GK, 5-9, Jr., Missoula, Mont. – Montana), Olivia Fothergill (F, 5-11, Jr., Camas, Wash – Oregon/Nevada.), Reanne Jones (F, 5-8, Sr., Chino Hills, Calif. – Grand Canyon.)

WESTERN WASHINGTON

Head Coach: Travis Connell (Seattle Pacific, 1996, 299-80-37, 21st season)

Assistants: Jamie Arthurs

2022 Overall Record: 19-2-4

2022 Conference Record: 11-1-2, 35 pts. (1st, NCAA Champions)

Total Players Returning: 22 **Starters Returning/Lost:** 9/3

Returning Starters: Claire Henninger (GK, 5-9, Sr., Pasco, Wash. – Pasco, 23 GP, 17-2-3, 1,992 minutes, 11 shutouts, 0.54 GAA, .812 save %, Second Team All-GNAC, Second Team United Soccer Coaches All-West Region.), Morgan Manalili (M, 5-5, So., Shoreline, Wash. – Shorewood, 25 GP, 10 goals, 5 assists, 25 pts., First Team All-GNAC, GNAC Freshman of the Year), Estera Levinte (F, 5-7, Sr., Bothell, Wash. – Bothell, 25 GP, 7 goals, 8 assists, 22 pts., First Team All-GNAC, NCAA Championships Most Outstanding Player), Claire Potter (F, 5-9, So., Pasco, Wash. – Pasco, 25 GP, 5 goals, 4 assists, 14 pts.), Kascia Muscutt (D, 5-9, Jr., Leavenworth, Wash. – Peninsula, 24 GP, 1 goal, 4 assist, 6 pts., 1,497 minutes), Jayden Nguyen (D, 5-6, Bellingham, Wash. – Whatcom, 20 GP, 1 goal, 3 assists, 5 pts., 968 minutes), Halle Noel (D, 5-7, Puyallup, Wash. – Puyallup, 14 GP, 1 assist, 726 minutes), Katie Watt (D, 5-7, Sr., Seattle, Wash. – Bishop Blanchet, 25 GP, 1 assist, NCAA All-Tournament Team), Asia Hardin (D, 5-5, So., West Linn, Ore. – West Linn, 24 GP, 2,160 minutes).

Other Key Returners: Payton Neal (M, 5-7, Sr., Lynwood, Wash. – Bishop Blanchet, 23 GP, 1 goal, 2 pts.), Emily Rice (D, 5-8, So., Portland, Ore. – Beaverton, 25 GP, 2 goals, 3 assists, 7 pts., 1,284 minutes), Ellie Busik (F, 5-4, Sr., Happy Valley, Ore. – Grand Canyon, 15 GP, 2 goals, 3 assists, 7 pts.), Sophie Bearden Croft (F, 5-8, Portland, Ore. – Lincoln, 21 GP, 2 goals, 2 assists, 6 pts.), Minji Rauch (F, 5-7, So., Renton, Wash. – Lindbergh, 18 GP, 2 goals), Abigail Trengrove (GK, 5-10, Sr., Folsom, Calif. – Long Beach, 5 GP, 1-0-1, 0.39 GAA, .909 save %, 232 minutes.), Quinn Kassing (M, 5-6, Phoenix, Ariz. – Boulder Creek, 11 GP), Mkya Carr (F, 5-2, Sr., Newcastle, Wash. – Highline, 3 GP), Abby Succi (M, 5-8, So., San Clemente, Calif. – San Clemente, 12 GP), Chloe Unflat (D, 5-8, Sr., Portland, Ore. – Wilson, 5 GP, 1 goal).

Key Losses: Tera Ziemer (M, 2022 National Player of the Year, First Team All-GNAC, First Team D2CAA All-West Region, First Team United Soccer Coaches All-West Region, GNAC Athlete of the Year), Karina Provo (D, First Team All-GNAC), Dayana Diaz (F).

Key Freshmen: Emily Fojo (F, 5-8, Sammamish, Wash. – Skyline), Jane Hmura (F/D, 5-6, Portland, Ore. – Sunset), Mie Cairns (5-6, Sammamish, Wash. – Skyline), Olivia Connell (D, 5-10, Woodinville, Wash. – Woodinville), Ruby May (M/D, Issaquah, Wash. – Issaquah).

Key Transfers: Gracen Crosby (M, 5-5, Jr., Spokane Valley, Wash. – Georgia State)