

# 2017 GNAC COMBINED EVENT

Nampa, ID  
 Brian and Nichole Bohner Track  
 5/1/2017 - 5/2/2017



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## RESULTS

### #1 Men's Decathlon

Pl	Name	Points	100	Long Jump	Shot Put	High Jump	400	110H	Discus	Pole Vault	Javelin	1500
1	LEWIS, Payton Northwest Nazarene	6815	11.19 (+2.6) 819	6.51m 21' 4 <sup>1</sup> / <sub>4</sub> (-2.6) 700	13.07m 42' 10 <sup>3</sup> / <sub>4</sub> 672	1.86m 6' 1 <sup>1</sup> / <sub>4</sub> 679	53.67 653	14.97 (+1.4) 853	38.04m 124' 10" (+0.0) 625	4.85m 15' 11" 865	43.99m 144' 4 <sup>1</sup> / <sub>4</sub> 500	5:20.19 449
2	TURNER, Travis Alaska Anchorage	6688	11.32 (+2.6) 791	6.72m 22' 0 <sup>3</sup> / <sub>4</sub> (-1.4) 748	11.52m 37' 9 <sup>3</sup> / <sub>4</sub> 577	1.74m 5' 8 <sup>1</sup> / <sub>2</sub> 577	50.12 809	14.90 (+1.4) 862	29.13m 95' 7" (+0.0) 447	4.15m 13' 7 <sup>1</sup> / <sub>4</sub> 659	46.92m 153' 11 <sup>1</sup> / <sub>2</sub> 543	4:40.82 675
3	LANDIS, Kodiak Central Washington	6677	11.14 (+2.6) 830	6.84m 22' 5 <sup>1</sup> / <sub>4</sub> (-3.1) 776	10.89m 35' 9" 539	1.74m 5' 8 <sup>1</sup> / <sub>2</sub> 577	49.66 830	15.95 (+0.5) 738	34.19m 112' 2 <sup>1</sup> / <sub>4</sub> (+0.0) 547	4.15m 13' 7 <sup>1</sup> / <sub>4</sub> 659	45.27m 148' 6 <sup>1</sup> / <sub>2</sub> 519	4:42.88 662
4	BROWN, Giovanni Concordia (Ore.)	6420	11.76 (+2.5) 699	6.42m 21' 0 <sup>3</sup> / <sub>4</sub> (-2.8) 679	12.04m 39' 6 <sup>1</sup> / <sub>4</sub> 609	1.71m 5' 7 <sup>1</sup> / <sub>4</sub> 552	50.74 781	15.68 (+1.4) 769	42.66m 139' 11 <sup>3</sup> / <sub>4</sub> 719	3.65m 11' 11 <sup>3</sup> / <sub>4</sub> 522	34.40m 112' 10 <sup>1</sup> / <sub>2</sub> 362	4:32.49 728
5	PHILLIPS, James Concordia (Ore.)	6316	11.07 (+2.6) 845	6.93m 22' 9" (-2.3) 797	11.89m 39' 0 <sup>1</sup> / <sub>2</sub> 600	1.89m 6' 2 <sup>1</sup> / <sub>4</sub> 705	52.68 695	15.73 (+0.5) 763	28.62m 93' 11" (+0.0) 437	3.55m 11' 7 <sup>3</sup> / <sub>4</sub> 496	48.72m 159' 10 <sup>1</sup> / <sub>2</sub> 570	5:28.25 408
6	FORSTER, Michael Central Washington	6280	11.55 (+2.5) 742	6.32m 20' 9" (-2.7) 657	11.16m 36' 7 <sup>3</sup> / <sub>4</sub> 556	1.71m 5' 7 <sup>1</sup> / <sub>4</sub> 552	51.79 734	15.91 (+0.5) 743	32.56m 106' 10 <sup>1</sup> / <sub>4</sub> 515	3.95m 12' 11 <sup>1</sup> / <sub>2</sub> 603	43.41m 142' 5 <sup>1</sup> / <sub>4</sub> 492	4:39.08 686
7	SRAMEK, David Alaska Anchorage	5777	11.30 (+2.6) 795	6.60m 21' 8" (-2.0) 720	NM 35' 9" 552	1.71m 5' 7 <sup>1</sup> / <sub>4</sub> 552	51.17 761	16.95 (+0.9) 629	29.73m 97' 6 <sup>3</sup> / <sub>4</sub> (+0.0) 459	4.45m 14' 7 <sup>1</sup> / <sub>4</sub> 746	38.68m 126' 11" 423	4:38.21 692
8	KREUTZ, Blaine Northwest Nazarene	5675	11.39 (+2.5) 776	6.06m 19' 10 <sup>3</sup> / <sub>4</sub> (-2.9) 600	10.75m 35' 3 <sup>1</sup> / <sub>2</sub> 531	1.80m 5' 10 <sup>3</sup> / <sub>4</sub> 627	50.78 779	16.82 (+0.9) 643	30.54m 100' 2 <sup>3</sup> / <sub>4</sub> (+0.0) 475	2.95m 9' 8" 345	33.02m 108' 4 <sup>1</sup> / <sub>4</sub> 342	5:00.43 557
9	TRANCH, Micah Northwest Nazarene	5287	11.74 (+2.5) 703	6.07m 19' 11" (-1.6) 602	10.90m 35' 9 <sup>1</sup> / <sub>2</sub> 540	2.03m 6' 7 <sup>3</sup> / <sub>4</sub> 831	55.16 592	20.15 (+0.9) 337	21.50m 70' 6 <sup>3</sup> / <sub>4</sub> (+0.0) 300	3.25m 10' 8" 418	43.84m 143' 10 <sup>1</sup> / <sub>4</sub> 498	5:16.92 466

### #1-1 Men's Decathlon 100 Meters

Pl	Name	Team	Time	H(Pl)	Pts
1	PHILLIPS, James	Concordia (Ore.)	11.07 (+2.6)	1(1)	845
2	LANDIS, Kodiak	Central Washington	11.14 (+2.6)	1(2)	830
3	LEWIS, Payton	Northwest Nazarene	11.19 (+2.6)	1(3)	819
4	SRAMEK, David	Alaska Anchorage	11.30 (+2.6)	1(4)	795
5	TURNER, Travis	Alaska Anchorage	11.32 (+2.6)	1(5)	791
6	KREUTZ, Blaine	Northwest Nazarene	11.39 (+2.5)	2(1)	776
7	FORSTER, Michael	Central Washington	11.55 (+2.5)	2(2)	742
8	TRANCH, Micah	Northwest Nazarene	11.74 (+2.5)	2(3)	703
9	BROWN, Giovanni	Concordia (Ore.)	11.76 (+2.5)	2(4)	699

### Men's Decathlon After 1 Events

Pl	Athlete	Team	Points
1	PHILLIPS, James	Concordia (Ore.)	845
2	LANDIS, Kodiak	Central Washington	830
3	LEWIS, Payton	Northwest Nazarene	819
4	SRAMEK, David	Alaska Anchorage	795

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## Men's Decathlon After 1 Events (cont'd)

Pl	Athlete	Team	Points
5	TURNER, Travis	Alaska Anchorage	791
6	KREUTZ, Blaine	Northwest Nazarene	776
7	FORSTER, Michael	Central Washington	742
8	TRANCH, Micah	Northwest Nazarene	703
9	BROWN, Giovanni	Concordia (Ore.)	699

## #1-2 Men's Decathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	PHILLIPS, James	Concordia (Ore.)	6.93m 22' 9" (-2.3)	6.49 (-0.8)	6.66 (-3.1)	6.93 (-2.3)				797
2	LANDIS, Kodiak	Central Washington	6.84m 22' 5 <sup>1</sup> / <sub>4</sub> " (-3.1)	FOUL	6.84 (-3.1)	FOUL				776
3	TURNER, Travis	Alaska Anchorage	6.72m 22' 0 <sup>3</sup> / <sub>4</sub> " (-1.4)	6.19 (-1.9)	6.72 (-1.4)	6.59 (-1.6)				748
4	SRAMEK, David	Alaska Anchorage	6.60m 21' 8" (-2.0)	6.49 (-2.5)	6.60 (-2.0)	FOUL				720
5	LEWIS, Payton	Northwest Nazarene	6.51m 21' 4 <sup>1</sup> / <sub>4</sub> " (-2.6)	FOUL	FOUL	6.51 (-2.6)				700
6	BROWN, Giovanni	Concordia (Ore.)	6.42m 21' 0 <sup>3</sup> / <sub>4</sub> " (-2.8)	5.91 (-0.6)	6.42 (-2.8)	FOUL				679
7	FORSTER, Michael	Central Washington	6.32m 20' 9" (-2.7)	5.81 (+0.8)	FOUL	6.32 (-2.7)				657
8	TRANCH, Micah	Northwest Nazarene	6.07m 19' 11" (-1.6)	5.98 (-2.0)	FOUL	6.07 (-1.6)				602
9	KREUTZ, Blaine	Northwest Nazarene	6.06m 19' 10 <sup>3</sup> / <sub>4</sub> " (-2.9)	6.02 (-1.0)	6.06 (-2.9)	FOUL				600

## Men's Decathlon After 2 Events

Pl	Athlete	Team	Points
1	PHILLIPS, James	Concordia (Ore.)	1642
2	LANDIS, Kodiak	Central Washington	1606
3	TURNER, Travis	Alaska Anchorage	1539
4	LEWIS, Payton	Northwest Nazarene	1519
5	SRAMEK, David	Alaska Anchorage	1515
6	FORSTER, Michael	Central Washington	1399
7	BROWN, Giovanni	Concordia (Ore.)	1378
8	KREUTZ, Blaine	Northwest Nazarene	1376
9	TRANCH, Micah	Northwest Nazarene	1305

## #1-3 Men's Decathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LEWIS, Payton	Northwest Nazarene	13.07m 42' 10 <sup>3</sup> / <sub>4</sub> "	12.60	13.07	12.93				672
2	BROWN, Giovanni	Concordia (Ore.)	12.04m 39' 6 <sup>1</sup> / <sub>4</sub> "	11.76	FOUL	12.04				609
3	PHILLIPS, James	Concordia (Ore.)	11.89m 39' 0 <sup>1</sup> / <sub>2</sub> "	FOUL	11.06	11.89				600
4	TURNER, Travis	Alaska Anchorage	11.52m 37' 9 <sup>3</sup> / <sub>4</sub> "	11.16	11.52	11.29				577
5	FORSTER, Michael	Central Washington	11.16m 36' 7 <sup>3</sup> / <sub>4</sub> "	10.82	FOUL	11.16				556
6	TRANCH, Micah	Northwest Nazarene	10.90m 35' 9 <sup>1</sup> / <sub>2</sub> "	10.58	10.90	10.70				540
7	LANDIS, Kodiak	Central Washington	10.89m 35' 9"	10.69	10.89	10.20				539
8	KREUTZ, Blaine	Northwest Nazarene	10.75m 35' 3 <sup>1</sup> / <sub>2</sub> "	10.75	10.27	10.67				531
	SRAMEK, David	Alaska Anchorage	NM	FOUL	FOUL	FOUL				

## Men's Decathlon After 3 Events

Pl	Athlete	Team	Points
1	PHILLIPS, James	Concordia (Ore.)	2242
2	LEWIS, Payton	Northwest Nazarene	2191
3	LANDIS, Kodiak	Central Washington	2145

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## Men's Decathlon After 3 Events (cont'd)

PI	Athlete	Team	Points
4	TURNER, Travis	Alaska Anchorage	2116
5	BROWN, Giovanni	Concordia (Ore.)	1987
6	FORSTER, Michael	Central Washington	1955
7	KREUTZ, Blaine	Northwest Nazarene	1907
8	TRANCH, Micah	Northwest Nazarene	1845
9	SRAMEK, David	Alaska Anchorage	1515

## #1-4 Men's Decathlon High Jump

PI	Name	Team	Mark	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.98	2.03	2.06	Pts
	TRANCH, Micah	Northwest Nazarene	2.03m 6' 7 <sup>3</sup> / <sub>4</sub>	P	P	P	P	O	P	O	O	XO	XXX	831
	PHILLIPS, James	Concordia (Ore.)	1.89m 6' 2 <sup>1</sup> / <sub>4</sub>	O	O	O	O	XO	XO	XXX				705
	LEWIS, Payton	Northwest Nazarene	1.86m 6' 1 <sup>1</sup> / <sub>4</sub>	P	O	O	O	XO	XXX					679
	KREUTZ, Blaine	Northwest Nazarene	1.80m 5' 10 <sup>3</sup> / <sub>4</sub>	XO	XXO	O	XXX							627
	LANDIS, Kodiak	Central Washington	1.74m 5' 8 <sup>1</sup> / <sub>2</sub>	XO	XXX									577
	TURNER, Travis	Alaska Anchorage	1.74m 5' 8 <sup>1</sup> / <sub>2</sub>	O	XXX									577
PI	Name	Team	Mark	1.65	1.68	1.71								Pts
	TRANCH, Micah	Northwest Nazarene	(cont'd)	P	P	P								831
	PHILLIPS, James	Concordia (Ore.)	(cont'd)	P	P	O								705
	LEWIS, Payton	Northwest Nazarene	(cont'd)	P	P	O								679
	KREUTZ, Blaine	Northwest Nazarene	(cont'd)	P	P	O								627
	LANDIS, Kodiak	Central Washington	(cont'd)	P	P	O								577
	TURNER, Travis	Alaska Anchorage	(cont'd)	P	P	P								577
	BROWN, Giovanni	Concordia (Ore.)	1.71m 5' 7 <sup>1</sup> / <sub>4</sub>	P	XO	XO								552
	SRAMEK, David	Alaska Anchorage	1.71m 5' 7 <sup>1</sup> / <sub>4</sub>	P	P	XXO								552

## Men's Decathlon After 4 Events

PI	Athlete	Team	Points
1	PHILLIPS, James	Concordia (Ore.)	2947
2	LEWIS, Payton	Northwest Nazarene	2870
3	LANDIS, Kodiak	Central Washington	2722
4	TURNER, Travis	Alaska Anchorage	2693
5	TRANCH, Micah	Northwest Nazarene	2676
6	BROWN, Giovanni	Concordia (Ore.)	2539
7	KREUTZ, Blaine	Northwest Nazarene	2534
8	FORSTER, Michael	Central Washington	2507
9	SRAMEK, David	Alaska Anchorage	2067

## #1-5 Men's Decathlon 400 Meters

PI	Name	Team	Time	H(PI)	Pts
1	LANDIS, Kodiak	Central Washington	49.66	2(1)	830
2	TURNER, Travis	Alaska Anchorage	50.12	1(1)	809
3	BROWN, Giovanni	Concordia (Ore.)	50.74	1(2)	781
4	KREUTZ, Blaine	Northwest Nazarene	50.78	1(3)	779
5	SRAMEK, David	Alaska Anchorage	51.17	1(4)	761
6	FORSTER, Michael	Central Washington	51.79	2(2)	734
7	PHILLIPS, James	Concordia (Ore.)	52.68	1(5)	695
8	LEWIS, Payton	Northwest Nazarene	53.67	2(3)	653

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**#1-5 Men's Decathlon 400 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)	Pts
9	TRANCH, Micah	Northwest Nazarene	55.16	2(4)	592

**Men's Decathlon After 5 Events**

Pl	Athlete	Team	Points
1	PHILLIPS, James	Concordia (Ore.)	3642
2	LANDIS, Kodiak	Central Washington	3552
3	LEWIS, Payton	Northwest Nazarene	3523
4	TURNER, Travis	Alaska Anchorage	3502
5	BROWN, Giovanni	Concordia (Ore.)	3320
6	KREUTZ, Blaine	Northwest Nazarene	3313
7	TRANCH, Micah	Northwest Nazarene	3268
8	FORSTER, Michael	Central Washington	3241
9	SRAMEK, David	Alaska Anchorage	2828

**#1-6 Men's Decathlon 110m Hurdles**

Pl	Name	Team	Time	H(Pl)	Pts
1	TURNER, Travis	Alaska Anchorage	14.90 (+1.4)	1(1)	862
2	LEWIS, Payton	Northwest Nazarene	14.97 (+1.4)	1(2)	853
3	BROWN, Giovanni	Concordia (Ore.)	15.68 (+1.4)	1(3)	769
4	PHILLIPS, James	Concordia (Ore.)	15.73 (+0.5)	2(1)	763
5	FORSTER, Michael	Central Washington	15.91 (+0.5)	2(2)	743
6	LANDIS, Kodiak	Central Washington	15.95 (+0.5)	2(3)	738
7	KREUTZ, Blaine	Northwest Nazarene	16.82 (+0.9)	3(1)	643
8	SRAMEK, David	Alaska Anchorage	16.95 (+0.9)	3(2)	629
9	TRANCH, Micah	Northwest Nazarene	20.15 (+0.9)	3(3)	337

**Men's Decathlon After 6 Events**

Pl	Athlete	Team	Points
1	PHILLIPS, James	Concordia (Ore.)	4405
2	LEWIS, Payton	Northwest Nazarene	4376
3	TURNER, Travis	Alaska Anchorage	4364
4	LANDIS, Kodiak	Central Washington	4290
5	BROWN, Giovanni	Concordia (Ore.)	4089
6	FORSTER, Michael	Central Washington	3984
7	KREUTZ, Blaine	Northwest Nazarene	3956
8	TRANCH, Micah	Northwest Nazarene	3605
9	SRAMEK, David	Alaska Anchorage	3457

**#1-7 Men's Decathlon Discus**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BROWN, Giovanni	Concordia (Ore.)	42.66m 139' 11 <sup>3</sup> / <sub>4</sub> "	42.66 (+0.0)	37.97 (+0.0)	FOUL				719
2	LEWIS, Payton	Northwest Nazarene	38.04m 124' 10"	FOUL	37.23 (+0.0)	38.04 (+0.0)				625
3	LANDIS, Kodiak	Central Washington	34.19m 112' 2 <sup>1</sup> / <sub>4</sub> "	34.19 (+0.0)	FOUL	33.23 (+0.0)				547
4	FORSTER, Michael	Central Washington	32.56m 106' 10 <sup>1</sup> / <sub>4</sub> "	29.72 (+0.0)	32.56 (+0.0)	26.83 (+0.0)				515
5	KREUTZ, Blaine	Northwest Nazarene	30.54m 100' 2 <sup>3</sup> / <sub>4</sub> "	29.65 (+0.0)	FOUL	30.54 (+0.0)				475
6	SRAMEK, David	Alaska Anchorage	29.73m 97' 6 <sup>3</sup> / <sub>4</sub> "	25.28 (+0.0)	FOUL	29.73 (+0.0)				459
7	TURNER, Travis	Alaska Anchorage	29.13m 95' 7"	29.13 (+0.0)	28.83 (+0.0)	26.38 (+0.0)				447
8	PHILLIPS, James	Concordia (Ore.)	28.62m 93' 11"	24.45 (+0.0)	28.13 (+0.0)	28.62 (+0.0)				437

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**#1-7 Men's Decathlon Discus (cont'd)**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
9	TRANCH, Micah	Northwest Nazare	21.50m 70' 6 <sup>3</sup> / <sub>4</sub>	18.85 (+0.0)	21.50 (+0.0)	FOUL				300

**Men's Decathlon After 7 Events**

Pl	Athlete	Team	Points
1	LEWIS, Payton	Northwest Nazarene	5001
2	PHILLIPS, James	Concordia (Ore.)	4842
3	LANDIS, Kodiak	Central Washington	4837
4	TURNER, Travis	Alaska Anchorage	4811
5	BROWN, Giovanni	Concordia (Ore.)	4808
6	FORSTER, Michael	Central Washington	4499
7	KREUTZ, Blaine	Northwest Nazarene	4431
8	SRAMEK, David	Alaska Anchorage	3916
9	TRANCH, Micah	Northwest Nazarene	3905

**#1-8 Men's Decathlon Pole Vault**

Pl	Name	Team	Mark	4.15	4.25	4.35	4.45	4.55	4.65	4.75	4.85	4.95	5.05	Pts
	LEWIS, Payton	Northwest Nazare	4.85m 15' 11"	P	P	P	P	P	O	P	O	P	XXX	865
	SRAMEK, David	Alaska Anchorage	4.45m 14' 7 <sup>1</sup> / <sub>4</sub>	O	O	O	O	XXX						746
	TURNER, Travis	Alaska Anchorage	4.15m 13' 7 <sup>1</sup> / <sub>4</sub>	XO	XXX									659
	LANDIS, Kodiak	Central Washingto	4.15m 13' 7 <sup>1</sup> / <sub>4</sub>	O	P	XXX								659

Pl	Name	Team	Mark	3.15	3.25	3.35	3.45	3.55	3.65	3.75	3.85	3.95	4.05	Pts
	LEWIS, Payton	Northwest Nazare	(cont'd)	P	P	P	P	P	P	P	P	P	P	865
	SRAMEK, David	Alaska Anchorage	(cont'd)	P	P	P	P	P	P	P	P	P	P	746
	TURNER, Travis	Alaska Anchorage	(cont'd)	P	P	P	P	P	P	O	XO	O	P	659
	LANDIS, Kodiak	Central Washingto	(cont'd)	P	P	P	P	P	P	P	P	P	P	659
	FORSTER, Michael	Central Washingto	3.95m 12' 11 <sup>1</sup> / <sub>2</sub>	P	O	O	XO	O	O	XO	XO	O	XXX	603
	BROWN, Giovanni	Concordia (Ore.)	3.65m 11' 11 <sup>3</sup> / <sub>4</sub>	P	XO	O	O	XXO	O	XXX				522
	PHILLIPS, James	Concordia (Ore.)	3.55m 11' 7 <sup>3</sup> / <sub>4</sub>	O	P	O	O	O	XXX					496
	TRANCH, Micah	Northwest Nazare	3.25m 10' 8"	O	XO	XXX								418

Pl	Name	Team	Mark	2.75	2.85	2.95	3.05	Pts
	LEWIS, Payton	Northwest Nazare	(cont'd)	P	P	P	P	865
	SRAMEK, David	Alaska Anchorage	(cont'd)	P	P	P	P	746
	TURNER, Travis	Alaska Anchorage	(cont'd)	P	P	P	P	659
	LANDIS, Kodiak	Central Washingto	(cont'd)	P	P	P	P	659
	FORSTER, Michael	Central Washingto	(cont'd)	O	P	P	P	603
	BROWN, Giovanni	Concordia (Ore.)	(cont'd)	O	P	P	O	522
	PHILLIPS, James	Concordia (Ore.)	(cont'd)	XO	P	O	P	496
	TRANCH, Micah	Northwest Nazare	(cont'd)	XO	P	P	O	418
	KREUTZ, Blaine	Northwest Nazare	2.95m 9' 8"	O	P	O	P	345

**Men's Decathlon After 8 Events**

Pl	Athlete	Team	Points
1	LEWIS, Payton	Northwest Nazarene	5866
2	LANDIS, Kodiak	Central Washington	5496
3	TURNER, Travis	Alaska Anchorage	5470
4	PHILLIPS, James	Concordia (Ore.)	5338

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PI	Athlete	Team	Points
5	BROWN, Giovanni	Concordia (Ore.)	5330
6	FORSTER, Michael	Central Washington	5102
7	KREUTZ, Blaine	Northwest Nazarene	4776
8	SRAMEK, David	Alaska Anchorage	4662
9	TRANCH, Micah	Northwest Nazarene	4323

## #1-9 Men's Decathlon Javelin

PI	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	PHILLIPS, James	Concordia (Ore.)	48.72m 159' 10 <sup>1</sup> / <sub>2</sub>	48.72	43.94	44.46				570
2	TURNER, Travis	Alaska Anchorage	46.92m 153' 11 <sup>1</sup> / <sub>2</sub>	44.55	46.92	44.59				543
3	LANDIS, Kodiak	Central Washington	45.27m 148' 6 <sup>1</sup> / <sub>2</sub>	45.27	38.53	36.84				519
4	LEWIS, Payton	Northwest Nazarene	43.99m 144' 4 <sup>1</sup> / <sub>4</sub>	43.99	FOUL	40.98				500
5	TRANCH, Micah	Northwest Nazarene	43.84m 143' 10 <sup>1</sup> / <sub>4</sub>	39.54	41.02	43.84				498
6	FORSTER, Michael	Central Washington	43.41m 142' 5 <sup>1</sup> / <sub>4</sub>	38.40	35.67	43.41				492
7	SRAMEK, David	Alaska Anchorage	38.68m 126' 11"	36.83	37.58	38.68				423
8	BROWN, Giovanni	Concordia (Ore.)	34.40m 112' 10 <sup>1</sup> / <sub>2</sub>	33.07	32.33	34.40				362
9	KREUTZ, Blaine	Northwest Nazarene	33.02m 108' 4 <sup>1</sup> / <sub>4</sub>	30.38	33.02	PASS				342

## Men's Decathlon After 9 Events

PI	Athlete	Team	Points
1	LEWIS, Payton	Northwest Nazarene	6366
2	LANDIS, Kodiak	Central Washington	6015
3	TURNER, Travis	Alaska Anchorage	6013
4	PHILLIPS, James	Concordia (Ore.)	5908
5	BROWN, Giovanni	Concordia (Ore.)	5692
6	FORSTER, Michael	Central Washington	5594
7	KREUTZ, Blaine	Northwest Nazarene	5118
8	SRAMEK, David	Alaska Anchorage	5085
9	TRANCH, Micah	Northwest Nazarene	4821

## #1-10 Men's Decathlon 1500 Meters

PI	Name	Team	Time	Pts
1	BROWN, Giovanni	Concordia (Ore.)	4:32.49	728
2	SRAMEK, David	Alaska Anchorage	4:38.21	692
3	FORSTER, Michael	Central Washington	4:39.08	686
4	TURNER, Travis	Alaska Anchorage	4:40.82	675
5	LANDIS, Kodiak	Central Washington	4:42.88	662
6	KREUTZ, Blaine	Northwest Nazarene	5:00.43	557
7	TRANCH, Micah	Northwest Nazarene	5:16.92	466
8	LEWIS, Payton	Northwest Nazarene	5:20.19	449
9	PHILLIPS, James	Concordia (Ore.)	5:28.25	408

## Men's Decathlon After 10 Events

PI	Athlete	Team	Points
1	LEWIS, Payton	Northwest Nazarene	6815
2	TURNER, Travis	Alaska Anchorage	6688
3	LANDIS, Kodiak	Central Washington	6677
4	BROWN, Giovanni	Concordia (Ore.)	6420

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## Men's Decathlon After 10 Events (cont'd)

Pl	Athlete	Team	Points
5	PHILLIPS, James	Concordia (Ore.)	6316
6	FORSTER, Michael	Central Washington	6280
7	SRAMEK, David	Alaska Anchorage	5777
8	KREUTZ, Blaine	Northwest Nazarene	5675
9	TRANCH, Micah	Northwest Nazarene	5287

## #2 Women's Outdoor Heptathlon

Pl	Name	Points	100H	High Jump	Shot Put	200	Long Jump	Javelin	800
1	ANDERS, Karolin Alaska Anchorage	5032	15.54 (+0.8) 772	1.62m 5' 3 <sup>3</sup> / <sub>4</sub> 759	12.52m 41' 1 <sup>1</sup> / <sub>4</sub> 696	26.08 (+2.2) 790	5.26m 17' 3 <sup>1</sup> / <sub>4</sub> (+2.6) 631	37.03m 121' 6 <sup>1</sup> / <sub>4</sub> 610	2:23.71  774
2	CAI, Scout Seattle Pacific	4894	16.34 (+0.8) 673	1.68m 5' 6" 830	10.16m 33' 4 <sup>1</sup> / <sub>4</sub> 540	25.81 (+2.2) 814	5.23m 17' 2" (+2.0) 623	35.66m 117' 0 <sup>1</sup> / <sub>4</sub> 584	2:19.49  830
3	BENNER, Brooke Seattle Pacific	4579	15.64 (+1.3) 759	1.62m 5' 3 <sup>3</sup> / <sub>4</sub> 759	8.44m 27' 8 <sup>1</sup> / <sub>2</sub> 428	25.89 (+2.2) 807	5.12m 16' 9 <sup>3</sup> / <sub>4</sub> (+1.9) 592	26.24m 86' 1 <sup>1</sup> / <sub>4</sub> 406	2:19.65  828
4	GRENINGER, Kayli Western Washingto	4570	16.30 (+2.0) 678	1.50m 4' 11" 621	10.57m 34' 8 <sup>1</sup> / <sub>2</sub> 567	26.78 (+2.2) 730	4.99m 16' 4 <sup>1</sup> / <sub>2</sub> (+2.0) 557	37.35m 122' 6 <sup>3</sup> / <sub>4</sub> 617	2:21.76  800
5	ORTEGA, HarLee Central Washington	4558	15.38 (+0.8) 792	1.53m 5' 0 <sup>1</sup> / <sub>4</sub> 655	10.24m 33' 7 <sup>1</sup> / <sub>2</sub> 545	26.71 (+2.2) 736	5.05m 16' 7" (+1.9) 573	34.65m 113' 8 <sup>1</sup> / <sub>2</sub> 565	2:30.06  692
6	JESCHKE, Yvonne Alaska Anchorage	4520	15.76 (+1.3) 744	1.50m 4' 11" 621	8.67m 28' 5 <sup>1</sup> / <sub>2</sub> 443	27.00 (+0.9) 712	4.97m 16' 3 <sup>3</sup> / <sub>4</sub> (+1.6) 551	35.16m 115' 4 <sup>1</sup> / <sub>2</sub> 575	2:16.33  874
7	CANO, Elena Alaska Anchorage	4518	15.08 (+0.8) 831	1.50m 4' 11" 621	8.87m 29' 1 <sup>1</sup> / <sub>2</sub> 456	26.50 (+2.2) 754	5.20m 17' 0 <sup>3</sup> / <sub>4</sub> (-0.2) 614	27.00m 88' 7 <sup>1</sup> / <sub>4</sub> 420	2:20.11  822
8	ANDERSON, Ali Central Washington	4439	16.09 (+1.3) 703	1.41m 4' 7 <sup>1</sup> / <sub>2</sub> 523	9.37m 30' 9 <sup>1</sup> / <sub>4</sub> 488	25.46 (+2.2) 845	5.07m 16' 7 <sup>3</sup> / <sub>4</sub> (+0.3) 578	27.12m 89' 0" 422	2:15.88  880
9	CONKLIN, Katie Northwest Nazarene	4244	15.53 (+2.0) 773	1.59m 5' 2 <sup>1</sup> / <sub>2</sub> 724	8.46m 27' 9 <sup>1</sup> / <sub>4</sub> 429	27.88 (+0.9) 640	5.15m 16' 10 <sup>3</sup> / <sub>4</sub> (+1.9) 601	27.36m 89' 9 <sup>1</sup> / <sub>2</sub> 427	2:33.49  650
10	LEHNERT, Geneva Seattle Pacific	4019	17.49 (+2.0) 542	1.59m 5' 2 <sup>1</sup> / <sub>2</sub> 724	8.30m 27' 3" 419	27.02 (+2.2) 710	5.02m 16' 5 <sup>3</sup> / <sub>4</sub> (+1.8) 565	27.18m 89' 2 <sup>1</sup> / <sub>4</sub> 423	2:34.62  636
11	MEADOWS, Shaddi Central Washington	3776	17.07 (+1.7) 589	1.50m 4' 11" 621	8.26m 27' 1 <sup>1</sup> / <sub>2</sub> 416	27.91 (+0.9) 638	4.78m 15' 8 <sup>1</sup> / <sub>4</sub> (+0.7) 500	28.87m 94' 9" 455	2:41.40  557
12	DUVAL, Lauren Northwest Nazarene	3673	16.14 (+1.3) 697	1.53m 5' 0 <sup>1</sup> / <sub>4</sub> 655	7.48m 24' 6 <sup>3</sup> / <sub>4</sub> 366	28.94 (+0.9) 559	4.72m 15' 6" (+0.5) 485	21.65m 71' 0 <sup>3</sup> / <sub>4</sub> 320	2:38.39  591
13	POTT, Tiffany Saint Martin's	3551	17.55 (+1.7) 536	1.53m 5' 0 <sup>1</sup> / <sub>4</sub> 655	8.50m 27' 11" 432	29.04 (+0.9) 551	4.56m 14' 11 <sup>1</sup> / <sub>2</sub> (+1.2) 443	29.27m 96' 0 <sup>3</sup> / <sub>4</sub> 463	2:49.26  471

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**#2 Women's Outdoor Heptathlon (cont'd)**

Pl	Name	Points	100H	High Jump	Shot Put	200	Long Jump	Javelin	800
14	GRIFFITH, Emily	3486	19.24	1.29m	9.94m	28.42	4.49m	30.96m	2:31.49
	Western Oregon		(+1.7)	4' 2 <sup>3</sup> / <sub>4</sub>	32' 7 <sup>1</sup> / <sub>2</sub>	(+0.9)	14' 8 <sup>3</sup> / <sub>4</sub> (+1.5)	101' 7 <sup>1</sup> / <sub>4</sub>	
			368	399	526	598	426	495	674

**#2-1 Women's Outdoor Heptathlon 100m Hurdles**

Pl	Name	Team	Time	H(Pl)	Pts
1	CANO, Elena	Alaska Anchorage	15.08 (+0.8)	1(1)	831
2	ORTEGA, HarLee	Central Washington	15.38 (+0.8)	1(2)	792
3	CONKLIN, Katie	Northwest Nazarene	15.53 (+2.0)	3(1)	773
4	ANDERS, Karolin	Alaska Anchorage	15.54 (+0.8)	1(3)	772
5	BENNER, Brooke	Seattle Pacific	15.64 (+1.3)	2(1)	759
6	JESCHKE, Yvonne	Alaska Anchorage	15.76 (+1.3)	2(2)	744
7	ANDERSON, Ali	Central Washington	16.09 (+1.3)	2(3)	703
8	DUVAL, Lauren	Northwest Nazarene	16.14 (+1.3)	2(4)	697
9	GRENINGER, Kaylie	Western Washington	16.30 (+2.0)	3(2)	678
10	CAI, Scout	Seattle Pacific	16.34 (+0.8)	1(4)	673
11	MEADOWS, Shaddia	Central Washington	17.07 (+1.7)	4(1)	589
12	LEHNERT, Geneva	Seattle Pacific	17.49 (+2.0)	3(3)	542
13	POTT, Tiffany	Saint Martin's	17.55 (+1.7)	4(2)	536
14	GRIFFITH, Emily	Western Oregon	19.24 (+1.7)	4(3)	368

**Women's Outdoor Heptathlon After 1 Events**

Pl	Athlete	Team	Points
1	CANO, Elena	Alaska Anchorage	831
2	ORTEGA, HarLee	Central Washington	792
3	CONKLIN, Katie	Northwest Nazarene	773
4	ANDERS, Karolin	Alaska Anchorage	772
5	BENNER, Brooke	Seattle Pacific	759
6	JESCHKE, Yvonne	Alaska Anchorage	744
7	ANDERSON, Ali	Central Washington	703
8	DUVAL, Lauren	Northwest Nazarene	697
9	GRENINGER, Kayli	Western Washington	678
10	CAI, Scout	Seattle Pacific	673
11	MEADOWS, Shaddi	Central Washington	589
12	LEHNERT, Geneva	Seattle Pacific	542
13	POTT, Tiffany	Saint Martin's	536
14	GRIFFITH, Emily	Western Oregon	368

**#2-2 Women's Outdoor Heptathlon High Jump**

Pl	Name	Team	Mark	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.72	Pts
	CAI, Scout	Seattle Pacific	1.68m 5' 6"	P	P	O	O	XO	O	O	XO	O	XXX	830
	ANDERS, Karolin	Alaska Anchorage	1.62m 5' 3 <sup>3</sup> / <sub>4</sub>	P	P	P	P	P	O	XO	XXX			759
	BENNER, Brooke	Seattle Pacific	1.62m 5' 3 <sup>3</sup> / <sub>4</sub>	P	P	O	O	O	O	XO	XXX			759
	CONKLIN, Katie	Northwest Nazarene	1.59m 5' 2 <sup>1</sup> / <sub>2</sub>	P	O	P	O	O	O	XXX				724
	LEHNERT, Geneva	Seattle Pacific	1.59m 5' 2 <sup>1</sup> / <sub>2</sub>	P	P	O	XO	O	XO	XXX				724
	DUVAL, Lauren	Northwest Nazarene	1.53m 5' 0 <sup>1</sup> / <sub>4</sub>	P	O	XO	O	XXX						655
	ORTEGA, HarLee	Central Washington	1.53m 5' 0 <sup>1</sup> / <sub>4</sub>	O	XO	O	XO	XXX						655



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### #2-2 Women's Outdoor Heptathlon High Jump (cont'd)

POTT, Tiffany	Saint Martin's	1.53m 5' 0 <sup>1</sup> / <sub>4</sub> "	P	O	O	XXO	XXX				655
GRENINGER, Kaylie	Western Washingt	1.50m 4' 11"	O	O	O	XXX					621
CANO, Elena	Alaska Anchorage	1.50m 4' 11"	O	XXO	O	XXX					621
MEADOWS, Shaddia	Central Washingto	1.50m 4' 11"	O	P	XXO	XXX					621
JESCHKE, Yvonne	Alaska Anchorage	1.50m 4' 11"	O	O	O	XXX					621
Pl	Name	Team	Mark	1.20	1.23	1.26	1.29	1.32	1.38	1.41	Pts
	CAI, Scout	Seattle Pacific	(cont'd)	P	P	P	P	P	P	P	830
	ANDERS, Karolin	Alaska Anchorage	(cont'd)	P	P	P	P	P	P	P	759
	BENNER, Brooke	Seattle Pacific	(cont'd)	P	P	P	P	P	P	P	759
	CONKLIN, Katie	Northwest Nazare	(cont'd)	P	P	P	P	P	P	P	724
	LEHNERT, Geneva	Seattle Pacific	(cont'd)	P	P	P	P	P	P	P	724
	DUVAL, Lauren	Northwest Nazare	(cont'd)	P	P	P	P	P	P	P	655
	ORTEGA, HarLee	Central Washingto	(cont'd)	P	P	P	P	P	P	O	655
	POTT, Tiffany	Saint Martin's	(cont'd)	P	P	P	P	P	P	O	655
	GRENINGER, Kaylie	Western Washingt	(cont'd)	P	P	P	P	P	P	O	621
	CANO, Elena	Alaska Anchorage	(cont'd)	P	P	P	P	P	P	XXO	621
	MEADOWS, Shaddia	Central Washingto	(cont'd)	P	P	P	P	P	P	P	621
	JESCHKE, Yvonne	Alaska Anchorage	(cont'd)	P	P	P	P	P	P	O	621
	ANDERSON, Ali	Central Washingto	1.41m 4' 7 <sup>1</sup> / <sub>2</sub> "	P	P	P	P	P	XO	XO	523
	GRIFFITH, Emily	Western Oregon	1.29m 4' 2 <sup>3</sup> / <sub>4</sub> "	O	O	O	O	XXX			399

### Women's Outdoor Heptathlon After 2 Events

Pl	Athlete	Team	Points
1	ANDERS, Karolin	Alaska Anchorage	1531
2	BENNER, Brooke	Seattle Pacific	1518
3	CAI, Scout	Seattle Pacific	1503
4	CONKLIN, Katie	Northwest Nazarene	1497
5	CANO, Elena	Alaska Anchorage	1452
6	ORTEGA, HarLee	Central Washington	1447
7	JESCHKE, Yvonne	Alaska Anchorage	1365
8	DUVAL, Lauren	Northwest Nazarene	1352
9	GRENINGER, Kayli	Western Washington	1299
10	LEHNERT, Geneva	Seattle Pacific	1266
11	ANDERSON, Ali	Central Washington	1226
12	MEADOWS, Shaddi	Central Washington	1210
13	POTT, Tiffany	Saint Martin's	1191
14	GRIFFITH, Emily	Western Oregon	767

### #2-3 Women's Outdoor Heptathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
	ANDERS, Karolin	Alaska Anchorage	12.52m 41' 1 <sup>1</sup> / <sub>4</sub> "	11.27	11.28	12.52				696
	GRENINGER, Kaylie	Western Washingt	10.57m 34' 8 <sup>1</sup> / <sub>2</sub> "	10.20	10.06	10.57				567
	ORTEGA, HarLee	Central Washingto	10.24m 33' 7 <sup>1</sup> / <sub>2</sub> "	9.94	10.24	9.76				545
	CAI, Scout	Seattle Pacific	10.16m 33' 4 <sup>1</sup> / <sub>4</sub> "	9.43	9.40	10.16				540
	GRIFFITH, Emily	Western Oregon	9.94m 32' 7 <sup>1</sup> / <sub>2</sub> "	9.94	9.66	9.81				526
	ANDERSON, Ali	Central Washingto	9.37m 30' 9 <sup>1</sup> / <sub>4</sub> "	9.37	8.25	9.26				488
	CANO, Elena	Alaska Anchorage	8.87m 29' 1 <sup>1</sup> / <sub>2</sub> "	8.87	FOUL	7.94				456
	JESCHKE, Yvonne	Alaska Anchorage	8.67m 28' 5 <sup>1</sup> / <sub>2</sub> "	8.67	8.09	7.97				443

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## #2-3 Women's Outdoor Heptathlon Shot Put (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
	POTT, Tiffany	Saint Martin's	8.50m 27' 11"	8.50	7.87	7.66				432
	CONKLIN, Katie	Northwest Nazare	8.46m 27' 9 <sup>1</sup> / <sub>4</sub>	8.20	8.46	7.96				429
	BENNER, Brooke	Seattle Pacific	8.44m 27' 8 <sup>1</sup> / <sub>2</sub>	8.06	7.85	8.44				428
	LEHNERT, Geneva	Seattle Pacific	8.30m 27' 3"	8.23	FOUL	8.30				419
	MEADOWS, Shaddia	Central Washingto	8.26m 27' 1 <sup>1</sup> / <sub>2</sub>	8.26	8.04	FOUL				416
	DUVAL, Lauren	Northwest Nazare	7.48m 24' 6 <sup>3</sup> / <sub>4</sub>	7.48	7.43	7.30				366

## Women's Outdoor Heptathlon After 3 Events

Pl	Athlete	Team	Points
1	ANDERS, Karolin	Alaska Anchorage	2227
2	CAI, Scout	Seattle Pacific	2043
3	ORTEGA, HarLee	Central Washington	1992
4	BENNER, Brooke	Seattle Pacific	1946
5	CONKLIN, Katie	Northwest Nazarene	1926
6	CANO, Elena	Alaska Anchorage	1908
7	GRENINGER, Kayli	Western Washington	1866
8	JESCHKE, Yvonne	Alaska Anchorage	1808
9	DUVAL, Lauren	Northwest Nazarene	1718
10	ANDERSON, Ali	Central Washington	1714
11	LEHNERT, Geneva	Seattle Pacific	1685
12	MEADOWS, Shaddi	Central Washington	1626
13	POTT, Tiffany	Saint Martin's	1623
14	GRIFFITH, Emily	Western Oregon	1293

## #2-4 Women's Outdoor Heptathlon 200 Meters

Pl	Name	Team	Time	H(Pl)	Pts
1	ANDERSON, Ali	Central Washington	25.46 (+2.2)	1(1)	845
2	CAI, Scout	Seattle Pacific	25.81 (+2.2)	1(2)	814
3	BENNER, Brooke	Seattle Pacific	25.89 (+2.2)	1(3)	807
4	ANDERS, Karolin	Alaska Anchorage	26.08 (+2.2)	1(4)	790
5	CANO, Elena	Alaska Anchorage	26.50 (+2.2)	1(5)	754
6	ORTEGA, HarLee	Central Washington	26.71 (+2.2)	1(6)	736
7	GRENINGER, Kaylie	Western Washington	26.78 (+2.2)	1(7)	730
8	JESCHKE, Yvonne	Alaska Anchorage	27.00 (+0.9)	2(1)	712
9	LEHNERT, Geneva	Seattle Pacific	27.02 (+2.2)	1(8)	710
10	CONKLIN, Katie	Northwest Nazarene	27.88 (+0.9)	2(2)	640
11	MEADOWS, Shaddia	Central Washington	27.91 (+0.9)	2(3)	638
12	GRIFFITH, Emily	Western Oregon	28.42 (+0.9)	2(4)	598
13	DUVAL, Lauren	Northwest Nazarene	28.94 (+0.9)	2(5)	559
14	POTT, Tiffany	Saint Martin's	29.04 (+0.9)	2(6)	551

## Women's Outdoor Heptathlon After 4 Events

Pl	Athlete	Team	Points
1	ANDERS, Karolin	Alaska Anchorage	3017
2	CAI, Scout	Seattle Pacific	2857
3	BENNER, Brooke	Seattle Pacific	2753
4	ORTEGA, HarLee	Central Washington	2728

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## Women's Outdoor Heptathlon After 4 Events (cont'd)

PI	Athlete	Team	Points
5	CANO, Elena	Alaska Anchorage	2662
6	GRENINGER, Kayli	Western Washington	2596
7	CONKLIN, Katie	Northwest Nazarene	2566
8	ANDERSON, Ali	Central Washington	2559
9	JESCHKE, Yvonne	Alaska Anchorage	2520
10	LEHNERT, Geneva	Seattle Pacific	2395
11	DUVAL, Lauren	Northwest Nazarene	2277
12	MEADOWS, Shaddi	Central Washington	2264
13	POTT, Tiffany	Saint Martin's	2174
14	GRIFFITH, Emily	Western Oregon	1891

## #2-5 Women's Outdoor Heptathlon Long Jump

PI	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	ANDERS, Karolin	Alaska Anchorage	5.26m 17' 3 <sup>1</sup> / <sub>4</sub> (+2.6)	5.26 (+2.6)	FOUL	5.24 (+0.2)				631
2	CAI, Scout	Seattle Pacific	5.23m 17' 2" (+2.0)	5.10 (+4.2)	5.23 (+2.0)	5.05 (+1.6)				623
3	CANO, Elena	Alaska Anchorage	5.20m 17' 0 <sup>3</sup> / <sub>4</sub> (-0.2)	4.58 (+1.7)	4.91 (+1.9)	5.20 (-0.2)				614
4	CONKLIN, Katie	Northwest Nazarene	5.15m 16' 10 <sup>3</sup> / <sub>4</sub> (+1.9)	5.01 (+1.6)	5.15 (+1.9)	5.02 (+0.0)				601
5	BENNER, Brooke	Seattle Pacific	5.12m 16' 9 <sup>3</sup> / <sub>4</sub> (+1.9)	5.12 (+1.9)	5.05 (+1.3)	FOUL				592
6	ANDERSON, Ali	Central Washington	5.07m 16' 7 <sup>3</sup> / <sub>4</sub> (+0.3)	FOUL	4.91 (+1.5)	5.07 (+0.3)				578
7	ORTEGA, HarLee	Central Washington	5.05m 16' 7" (+1.9)	4.80 (+1.9)	4.85 (+1.5)	5.05 (+1.9)				573
8	LEHNERT, Geneva	Seattle Pacific	5.02m 16' 5 <sup>3</sup> / <sub>4</sub> (+1.8)	5.02 (+1.8)	4.38 (+0.0)	PASS				565
9	GRENINGER, Kayli	Western Washington	4.99m 16' 4 <sup>1</sup> / <sub>2</sub> (+2.0)	4.99 (+2.0)	4.89 (+1.9)	4.81 (+0.0)				557
10	JESCHKE, Yvonne	Alaska Anchorage	4.97m 16' 3 <sup>3</sup> / <sub>4</sub> (+1.6)	4.86 (+1.3)	4.97 (+1.6)	4.83 (+1.8)				551
11	MEADOWS, Shaddi	Central Washington	4.78m 15' 8 <sup>1</sup> / <sub>4</sub> (+0.7)	4.65 (+0.7)	4.77 (+0.2)	4.78 (+0.7)				500
12	DUVAL, Lauren	Northwest Nazarene	4.72m 15' 6" (+0.5)	4.69 (+2.0)	4.72 (+0.5)	4.53 (+0.8)				485
13	POTT, Tiffany	Saint Martin's	4.56m 14' 11 <sup>1</sup> / <sub>2</sub> (+1.2)	4.56 (+1.2)	4.35 (+0.1)	4.26 (+0.0)				443
14	GRIFFITH, Emily	Western Oregon	4.49m 14' 8 <sup>3</sup> / <sub>4</sub> (+1.5)	3.33 (+2.6)	4.01 (+0.0)	4.49 (+1.5)				426

## Women's Outdoor Heptathlon After 5 Events

PI	Athlete	Team	Points
1	ANDERS, Karolin	Alaska Anchorage	3648
2	CAI, Scout	Seattle Pacific	3480
3	BENNER, Brooke	Seattle Pacific	3345
4	ORTEGA, HarLee	Central Washington	3301
5	CANO, Elena	Alaska Anchorage	3276
6	CONKLIN, Katie	Northwest Nazarene	3167
7	GRENINGER, Kayli	Western Washington	3153
8	ANDERSON, Ali	Central Washington	3137
9	JESCHKE, Yvonne	Alaska Anchorage	3071
10	LEHNERT, Geneva	Seattle Pacific	2960
11	MEADOWS, Shaddi	Central Washington	2764
12	DUVAL, Lauren	Northwest Nazarene	2762
13	POTT, Tiffany	Saint Martin's	2617
14	GRIFFITH, Emily	Western Oregon	2317

**2017 GNAC COMBINED EVENT**

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# RESULTS

## #2-6 Women's Outdoor Heptathlon Javelin

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
	GRENINGER, Kaylie	Western Washingto	37.35m 122' 6 <sup>3</sup> / <sub>4</sub>	36.39	37.35	33.28				617
	ANDERS, Karolin	Alaska Anchorage	37.03m 121' 6 <sup>1</sup> / <sub>4</sub>	35.27	37.03	34.74				610
	CAI, Scout	Seattle Pacific	35.66m 117' 0 <sup>1</sup> / <sub>4</sub>	32.85	35.66	FOUL				584
	JESCHKE, Yvonne	Alaska Anchorage	35.16m 115' 4 <sup>1</sup> / <sub>2</sub>	33.23	35.16	31.26				575
	ORTEGA, HarLee	Central Washingto	34.65m 113' 8 <sup>1</sup> / <sub>2</sub>	27.67	34.65	FOUL				565
	GRIFFITH, Emily	Western Oregon	30.96m 101' 7 <sup>1</sup> / <sub>4</sub>	29.82	29.21	30.96				495
	POTT, Tiffany	Saint Martin's	29.27m 96' 0 <sup>3</sup> / <sub>4</sub>	27.20	26.89	29.27				463
	MEADOWS , Shaddia	Central Washingto	28.87m 94' 9"	26.94	28.87	FOUL				455
	CONKLIN, Katie	Northwest Nazare	27.36m 89' 9 <sup>1</sup> / <sub>2</sub>	24.03	27.36	FOUL				427
	LEHNERT, Geneva	Seattle Pacific	27.18m 89' 2 <sup>1</sup> / <sub>4</sub>	22.52	FOUL	27.18				423
	ANDERSON, Ali	Central Washingto	27.12m 89' 0"	27.12	23.26	25.41				422
	CANO, Elena	Alaska Anchorage	27.00m 88' 7 <sup>1</sup> / <sub>4</sub>	27.00	25.28	26.84				420
	BENNER, Brooke	Seattle Pacific	26.24m 86' 1 <sup>1</sup> / <sub>4</sub>	25.74	24.57	26.24				406
	DUVAL, Lauren	Northwest Nazare	21.65m 71' 0 <sup>3</sup> / <sub>4</sub>	21.65	21.14	17.49				320

## Women's Outdoor Heptathlon After 6 Events

Pl	Athlete	Team	Points
1	ANDERS, Karolin	Alaska Anchorage	4258
2	CAI, Scout	Seattle Pacific	4064
3	ORTEGA, HarLee	Central Washington	3866
4	GRENINGER, Kayli	Western Washington	3770
5	BENNER, Brooke	Seattle Pacific	3751
6	CANO, Elena	Alaska Anchorage	3696
7	JESCHKE, Yvonne	Alaska Anchorage	3646
8	CONKLIN, Katie	Northwest Nazarene	3594
9	ANDERSON, Ali	Central Washington	3559
10	LEHNERT, Geneva	Seattle Pacific	3383
11	MEADOWS , Shaddi	Central Washington	3219
12	DUVAL, Lauren	Northwest Nazarene	3082
13	POTT, Tiffany	Saint Martin's	3080
14	GRIFFITH, Emily	Western Oregon	2812

## #2-7 Women's Outdoor Heptathlon 800 Meters

Pl	Name	Team	Time	Pts
1	ANDERSON, Ali	Central Washington	2:15.88	880
2	JESCHKE, Yvonne	Alaska Anchorage	2:16.33	874
3	CAI, Scout	Seattle Pacific	2:19.49	830
4	BENNER, Brooke	Seattle Pacific	2:19.65	828
5	CANO, Elena	Alaska Anchorage	2:20.11	822
6	GRENINGER, Kaylie	Western Washington	2:21.76	800
7	ANDERS, Karolin	Alaska Anchorage	2:23.71	774
8	ORTEGA, HarLee	Central Washington	2:30.06	692
9	GRIFFITH, Emily	Western Oregon	2:31.49	674
10	CONKLIN, Katie	Northwest Nazarene	2:33.49	650
11	LEHNERT, Geneva	Seattle Pacific	2:34.62	636
12	DUVAL, Lauren	Northwest Nazarene	2:38.39	591
13	MEADOWS , Shaddia	Central Washington	2:41.40	557

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**RESULTS****#2-7 Women's Outdoor Heptathlon 800 Meters (cont'd)**

<b>Pl</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Pts</b>
14	POTT, Tiffany	Saint Martin's	2:49.26	471

**Women's Outdoor Heptathlon After 7 Events**

<b>Pl</b>	<b>Athlete</b>	<b>Team</b>	<b>Points</b>
1	ANDERS, Karolin	Alaska Anchorage	5032
2	CAI, Scout	Seattle Pacific	4894
3	BENNER, Brooke	Seattle Pacific	4579
4	GRENINGER, Kayli	Western Washington	4570
5	ORTEGA, HarLee	Central Washington	4558
6	JESCHKE, Yvonne	Alaska Anchorage	4520
7	CANO, Elena	Alaska Anchorage	4518
8	ANDERSON, Ali	Central Washington	4439
9	CONKLIN, Katie	Northwest Nazarene	4244
10	LEHNERT, Geneva	Seattle Pacific	4019
11	MEADOWS, Shaddi	Central Washington	3776
12	DUVAL, Lauren	Northwest Nazarene	3673
13	POTT, Tiffany	Saint Martin's	3551
14	GRIFFITH, Emily	Western Oregon	3486