



2022 OUTDOOR TRACK & FIELD
gnac
Championships
gnac MAY 13-14 ELLENSBURG, WA

About The GNAC



With members in five states and the province of British Columbia, and with a strong presence in or near the largest city of each, the Great Northwest Athletic Conference has established itself as one of the top Division II athletic conferences in the NCAA during its 20-year history.

Founded in July 2001, GNAC teams have had over 100 Division II top-10 national team finishes in 16 of the 17 sports that it sponsors.

During the 2022 indoor season, Simon Fraser's Alison Andrews-Paul won the Division II championship in the women's 800 meters. Simon Fraser finished 12th in both the men's and women's team standings at the national meet as 13 conference athletes returned home with All-American trophies. In March, SFU's Aaron Ahl was named the USTFCCA West Region Athlete of the Year.

The winter season was punctuated by Western Washington's run to the national championship game at the Division II Women's Basketball Elite Eight and Alaska's incredible run to the Division II men's basketball West Regional championship game.

The 2021-22 year opened with the Simon Fraser women's cross country claiming both the conference and NCAA West Regional titles en route to a 16th place national meet finish. The GNAC placed five women in the top 10 at the regional meet, including three from Alaska.

The conference advanced Alaska Anchorage freshman Coleman Nash to the men's national meet. He placed 27th to come home an All-American.

GNAC teams have won five national titles: Seattle University women's soccer in 2004, Seattle Pacific women's soccer in 2008, Western Washington men's basketball in 2012, Western Washington women's soccer in 2016 and Central Oklahoma women's rowing in 2021.

Conference/National Meet Qualifying Standards

MEN		EVENT	WOMEN	
GNAC	NCAA Provisional		GNAC	NCAA Provisional
10.88	10.55	100 Meters	12.19	11.86
22.06	21.26	200 Meters	25.14	24.38
48.62	47.78	400 Meters	57.54	55.98
1:54.03	1:51.64	800 Meters	2:13.08	2:12.24
3:55.03	3:49.99	1,500 Meters	4:30.39	4:32.67
14:57.87	14:25.65	5,000 Meters	16:50.38	17:08.52
31:58.69	30:35.82	10,000 Meters	37:08.97	36:36.59
15.31	14.49	110/100m Hurdles	14.62	14.21
55.23	53.29	400m Hurdles	1:03.43	1:03.00
9:13.88	9:13.44	Steeplechase	11:11.32	11:00.95
1.95 / 6-4.75	2.05 / 6-8.75	High Jump	1.62 / 5-3.75	1.68 / 5-6
4.51 / 14-9.5	4.82 / 15-9.75	Pole Vault	3.32 / 10-10.75	3.75 / 12-3.5
6.84 / 22-5.25	7.26 / 23-10	Long Jump	5.55 / 18-2.5	5.82 / 19-1
13.82 / 45-4.25	14.71 / 48-3.25	Triple Jump	11.56 / 37-11.25	11.94 / 39-2.25
15.47 / 50-9.25	16.67 / 54-8.25	Shot Put	12.82 / 42-0.75	13.99 / 45-10.75
48.57 / 159-4	50.45 / 165-6	Discus	41.00 / 134-6	45.90 / 150-7
54.43 / 178-7	56.86 / 186-6	Hammer	49.58 / 162-0	52.43 / 172-0
58.14 / 190-9	58.38 / 191-6	Javelin	44.71 / 146-8	41.92 / 137-6
6.452	6.420	Dec./Hep.	4,593	4,529
NA	41.06	4x100 Relay	NA	46.75
NA	3:14.05	4x400 Relay	NA	3:48.62

On The Cover: For the first time since 2005, the conference's top athletes are in Ellensburg, Washington to compete in the GNAC Outdoor Track and Field Championships. Clockwise from top left: Lauryn Chandler (Central Washington), Collin Sample (Alaska Anchorage), Olivia Willett (Simon Fraser), Colton Burr (Northwest Nazarene), Maliyah Thompson (Western Oregon), Katie Potts (Western Washington), Andrew Boyd (Saint Martin's), Forrest Cross (Montana State Billings) and Jenna Bouyer (Seattle Pacific).

Vikings, Falcons Look For Winning Formula In Ellensburg

ELLENSBURG, Wash. – For the first time since 2005, the GNAC Outdoor Track and Field Championships will take place somewhere other than Western Oregon University.

The 2022 edition of the conference meet will be at Central Washington's Recreation Sports Complex. And while the venue is different, Western Washington and Seattle Pacific hope the outcomes will be the same.

The Vikings' men are the two-time defending champions while Falcons' women are vying for their fourth straight team title. This year's meet will feature 14 defending champions from the 2021 meet, 15 returning champions overall, and athletes that have set 88 provisional qualifying marks for the NCAA Championships.



Junior Alison Andrews-Paul leads a talented Simon Fraser women's team. She is the Division II record holder in the 800 meters.



Junior Mac Franks of Western Washington is provisionally qualified for the national meet in the 800 meters, 1,500 meters and steeplechase.

hurdles (14.15) and 400-meter hurdles (1:00.16) and the top mark in the high jump (5-7.25). She is an NCAA Championships provisional qualifier in all four events.

The Seawolves will also look for points from freshman Mette Van Der Meer in the pole vault and the 100-meter hurdles.

Western Washington sophomore Aliyah Dawkins is the defending champ in the high jump and won the indoor title in the event in February. She has a best of 5 feet, 2.5 inches this outdoor season. She also owns the top mark in the GNAC in the triple jump and ranks fifth in the long jump.

Senior Amanda Short ranks fifth in Division II in the javelin with a mark of 155 feet, 9 inches. The Vikings also have NCAA Championships provisional qualifiers in

freshman Ila Davis in the steeplechase and freshman Mia Crocker in the 1,500 meters. Freshman Raine Westfall enters the meet with the top mark in the GNAC in the hammer while freshman Katie Potts leads the discus.

Western Oregon has the other women's defending champion in junior Moana Gianotti, who is in position to repeat in the shot put with the conference's top mark of 45 feet, 10.75 inches. Also in title position in the throws is freshman Kaylee Wright, whose 158 feet, 8 inches in the javelin is fourth in Division II this season.

Freshman Jenelle Hurley is the Wolves' best chance for multiple points. Hurley placed second in the heptathlon last week and is ranked second in the GNAC in the long jump and fourth in the 100-meter hurdles. Sophomore Ana Popchok will also contend for the title in the triple jump.

Northwest Nazarene freshmen Kinsey Yenor and Julie Cheney are No. 1 and No. 2, respectively, in the pole vault with both athletes owning NCAA Championships provisional qualifying marks. Freshman Miya Koch is also qualified in the high jump with the No. 2 mark in the conference. Sophomore Destany Herbert is No. 2 in the GNAC in the hammer and No. 4 in the shot put and freshman Abbey Wood ranks No. 3 in the 100 meters.

Junior Kailee Stoppel, who is third in the conference in the steeplechase, leads Montana State Billings. Freshman Ryann Moline is ranked fourth in the GNAC in the discus and fifth in the javelin while sophomore Kendall Lynn has point potential in both horizontal jumps.

Saint Martin's best chances for points are in the distances with freshman Sara Sabra ranked No. 2 in the 10,000 meters and sophomore Naomi Hartley ranked No. 3 in the 5,000.

MEN

With five returning champions, 10 nationals qualifying marks and a wealth of depth in nearly every event, Western Washington appears poised to repeat its record performance from a year ago.

The Vikings are particularly deep in the distances with seven NCAA provisional qualifying times across three events. Junior Mac Franks is the defending champion in the 800 meters and owns a season-best of 1:50.05 that is No. 9 in GNAC history. Franks is also provisionally qualified for nationals in the 1,500 meters and in the steeplechase, both with times that rank in the Division II top 10.

Freshman Drew Weber set the WWU record in the 800 at 1:49.81 last weekend and is also provisionally qualified for nationals in the 1,500. Senior Calahan Warren will defend his 1,500-meter title in an event where nine GNAC athletes have met the NCAA provisional standard. Freshman Jeret Gillingham is the defending champion in the steeplechase.

Junior Bryant Welch is the returning champion in the 200 meters. Junior Ben Malquist is the defending champ in the shot put and leads the GNAC with a mark of 52 feet, 8.25 inches.

WOMEN

Seattle Pacific returns two of those defending champions in its quest for a fifth straight team trophy. Senior Jenna Bouyer is the defending champ in the 100 meters and has the fourth-fastest time in the conference this season in 12.09 seconds. Sophomore Ellie Rising won the 800 meters as a freshman and is provisionally qualified for nationals with a best of 2:11.93.

The Falcons also feature senior Vanessa Aniteye, who won three straight 400-meter titles for Alaska Anchorage (2017-2019). She has national-meet provisional marks in both the 400 and 800 meters. Senior Peace Igbonagwam hopes to add the outdoor long jump title to the indoor win she claimed in February.

Sophomore Annika Esvelt has the conference's top times in the 5,000 meters (16:14.31) and the 10,000 meters (34:20.76), ranking in the top-10 in Division II in both distances. Sophomore Lizzy Daugherty is tied for first in the GNAC in the pole vault as three SPU vaulters rank in the top-six.

The Falcons' run will be seriously challenged by Simon Fraser, which has claimed both the cross country and indoor titles so far this season and features one of the top athletes in recent Division II history in junior Alison Andrews-Paul.

The transfer from Division I Baylor set the Division II record in the 800 meters in April by nearly a second with a time of 2:01.43. The time ranks 22nd in the world this season. Andrews-Paul also owns Division II top-five times in both the 400 and 1,500 meters, leading the GNAC at both distances.

Junior Olivia Willett leads the conference in the steeplechase with a time of 10:36.23 that is No. 13 in Division II. In the sprints, freshman Marie-Éloïse Leclair leads the conference in both the 100 and 200 meters and could also join sophomore Emily Lindsay in scoring points in the 400 meters.

Simon Fraser enters the meet with three of the top-five times in the 400 and 800 meters and three of the top six in the 1,500.

Defending 400-meter hurdles champion McCall DeChenne leads Central Washington's quest to show well at home. The junior is the second-fastest runner at the distance in the GNAC this season, took third at last week's heptathlon and will also contend for the titles in the 200 meters and 100-meter hurdles.

Senior Avery Fisk is the returning champion in the discus and enters the meet with the third-best mark in the GNAC in both the discus (140-1) and the shot put (43-10.5).

The Wildcats enter the meet with significant strength in the sprints. Freshman E'lexis Hollis is second in the GNAC in the 100 meters while senior Makenna Hansen is sixth in both the 100 and 200 meters. Junior Lauryn Chandler is tied for the second-best time in the GNAC in the 100-meter hurdles.

Alaska Anchorage senior Tylantiss Atlas is the defending champion in the 400 meters and will go head-to-head with her former teammate, Aniteye, for the crown. Atlas has the fifth-best time in the GNAC entering the meet at 55.53 seconds and is second in the 200 meters at 24.64 seconds.

While not a defending champion, senior Elena Cano enters the meet having already won the heptathlon with a score of 4,996 points that ranks No. 9 in Division II. Cano also owns the conference's top times in both the 100-meter

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MEET PREVIEW CONTINUED

Simon Fraser stands to give WWU its biggest run for the money in the team race. Junior Aaron Ahl enters the meet with the conference's top times of the season of 1:49.01 in the 800 meters (No. 3 in GNAC history) and 3:39.97 in the 1,500 (No. 2 in GNAC history). Sophomore Charlie Dannatt is second in the GNAC in the 1,500 and is fourth in a deep 800-meter field while sophomore Paul Buckingham is fifth.

Freshman Callum Robinson anchors SFU in the sprints with a GNAC-leading and nationals provisional qualifying time in the 400 meters as well as the conference's top time in the 200 meters. Freshman Jorin Lenton is No. 4 in the GNAC in the 110-meter hurdles.

In the field events, freshman Jarrett Chong is one of three GNAC athletes to go over 200 feet in the javelin this season at 217 feet, 7 inches, while sophomore Zachary Kuzyk ranks third in the long jump.

Western Oregon is led by freshman Dominique Loggins, who is the defending champion in the 100 meters. His time of 10.85 seconds is third best this season. Much of the rest of the point-scoring strength for the Wolves, however, will come in the field events.

Senior Austin Goldstein is No. 3 in the GNAC in the javelin with a mark of 206 feet, 7 inches. Senior Samuel Cole is third in the conference in the hammer while senior Owen Collins in fourth in the shot put and fifth in the hammer. Sophomore Marlon Harrison will vie for the title in the triple jump where is ranked No. 3.

In the distances, junior Bailey Smith is provisionally qualified for nationals in the steeplechase while senior Justin Crosswhite is qualified in the 1,500.

Northwest Nazarene enters with 10 points scored thanks to freshman Steven Schmidt's victory in the decathlon with 6,488 points. He also owns the top mark in the GNAC in the high jump while Gerohm Rihari ranks No. 3. Freshman Laurenz Waldbauer enters as the national leader in the javelin with a mark of 237 feet, 6 inches that is No. 2 in GNAC history.

In the throws, senior Colton Burr leads the GNAC in the hammer while junior Dylan Hendry is second in the shot put. On the track, freshman Hunter Braseth ranks second in the conference in the 100 meters and third in the 200

meters while junior Tyler Shea ranks third in the 5,000 meters.

Seattle Pacific has the other defending champion in junior David Njeri. His season-best of 49 feet, 10 inches in the triple jump is 12th in Division II and No. 3 on the GNAC all-time list. Njeri also ranks fifth in the long jump. Freshman Kainoa Lee is second in the conference in the pole vault.

In the sprints, freshman Isaiah Archer ranks fourth in the 400 meters while sophomore Jeff Gordon is sixth in the GNAC in both the 100 and 200 meters. Senior Colin Boutin hopes to end on a high note, ranking No. 3 in the 10,000 meters.

Sophomore Coleman Nash leads Alaska Anchorage with the conference's top times in the 5,000 meters (13:53.33) and the 10,000 meters (24:24.40), both of which rank in the top 20 in Division II. Junior Jesus Avalos is No. 2 in the GNAC this season in the 10,000 meters while junior Jacob Moos ranks No. 4 in the 5,000.

Sophomore Joshua Wagner leads the GNAC with a time of 14.22 seconds in the 110-meter hurdles that is No. 2 in GNAC history. He also is ranked No. 2 this season in the 400-meter hurdles. Junior Enrique Campbell's leading time of 10.59 seconds in the 100 meters is No. 10 on the GNAC all-time list. He also ranks No. 2 in the 200 meters and No. 3 in the 400 meters.

Central Washington's strengths will be in the sprints and field events. Senior Austin Albertin ranks second in the conference in the 400 meters while senior Zachary Davis is fourth in the 100 meters. Junior Omar Young ranks first in the discus and sophomore Wyatt Franklin is second. The Wildcats also have four of the top 10 in the pole vault, led by senior Jacob Thompson's No. 2 mark of 14 feet, 10 inches.

Saint Martin's senior Josh Schulz set the school record in the long jump with a season-best of 34 feet, 3.5 inches that is 20th in Division II. Senior Micah Au-Hauptu ranks No. 3 in the GNAC in the shot put while sophomore Andrew Boyd is No. 5 in the 110-meter hurdles.

Montana State Billings senior Carson Jessop has an NCAA Championships provisional qualifying time in the steeplechase with a time of 9:07.74. Freshman Bradley Graves is No. 2 in the GNAC in the 110-meter hurdles and junior Forrest Cross ranks No. 3 in the discus.

Alaska Anchorage SEAWOLVES



Atlas Wagner McWilliams

Alaska Anchorage enters the championships with potential winners in the sprint, hurdles and the distances.

The Seawolves' women carry 10 points into the meet thanks to Elena Cano, who won the heptathlon last week with a score of 4,936 points. She will also be one to watch in both the 100-meter and 400-meter hurdles. She leads the GNAC in both events.

Tylantiss Atlas is the defending champion in the women's 400 meters and has a season-best of 55.53 seconds.

Joshua Wagner leads the GNAC in the men's 110-meter hurdles with a time of 14.22 seconds that is No. 2 in conference history. He also ranks No. 2 this season in the 400-meter hurdles.

Enrique Campbell leads the conference in the men's 100 with a time of 10.59 seconds that is No. 10 on the GNAC all-time list. Coleman Nash has the top times this season in both the 5,000 and 10,000 meters while Collin Sample ranks fourth in the long jump.

MEN			WOMEN		
Name	Yr.	Hometown	Name	Yr.	Hometown
Kevin Angarita	Fr.	Cali, Colombia	Tylantiss Atlas	Sr.	Dallas, Texas
Jesus Avalos	Sr.	King City, Calif.	Kaitlyn Backman	So.	Anchorage, Alaska
Jacob Belanger	Jr.	Anchorage, Alaska	Haley Bartolaba	So.	Sitka, Alaska
Daryl Bushnell	Jr.	Anchorage, Alaska	Mariah Brelsford	Sr.	Bozeman, Mont.
Enrique Campbell	Jr.	St. Catherine, Jamaica	Elena Cano	Sr.	Alpine, Texas
Timothy Hunter	Jr.	Salinas, Calif.	Blanca De Arvizu Sarrias	Fr.	Huarte, Spain
Collin Hurd	Sr.	Rancho Santa Margarita, Calif.	Carlotta Duenninger	So.	Ratingen, Germany
Joshua Jackman	Sr.	Kenai, Alaska	Leonie Flad	Fr.	Gomaringen, Germany
Titus Kangogo	Jr.	Eldoret, Kenya	Arielle Himmelbloom	Sr.	Kodiak, Alaska
Nickson Koech	Sr.	Kapsabet, Kenya	Victoria Johansen	Jr.	Anchorage, Alaska
Jacob Moos	Jr.	Galena, Alaska	Mikayla Mader	Jr.	Anchorage, Alaska
Coleman Nash	So.	Littleton, Colo.	Akor Maywin	Sr.	Odessa, Texas
Felix Robertson	Fr.	Wasilla, Alaska	Alfin Nyamasyo	Sr.	Makueni, Kenya
Wyatt Rohde	Fr.	Eagle River, Alaska	Bailey Roe	Jr.	Fairbanks, Alaska
Collin Sample	Sr.	Lake Elsinore, Calif.	Sofija Spaic	So.	Palmer, Alaska
Ries Tveit	Fr.	Salt Lake City, Utah	Mette Van Der Meer	Fr.	Dronten, The Netherlands
Adrian Velasco	Fr.	Anchorage, Alaska	Joel Vidad	So.	Sitka, Alaska
Joshua Wagner	So.	Niederahr, Germany			
Benjamin Wiese	Fr.	Newport, Ore.			

Head Coach: Ryan McWilliams
Assistants: Ray Shadowens, Chas Davis, Danielle Patterson

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Central Washington WILDCATS



Hollis Albertin Adkisson

Central Washington hopes to make a strong showing in the first GNAC Championships on its home track since 2005.

The strength for the men comes in the sprints and throws. Austin Albertin is ranked second in the conference in the 400 meters while Zachary Davis is fourth in the 100 meters. Omar Young and Wyatt Franklin rank first and second in the discus. The Wildcats also have four of the top-10 in the pole vault, led by Jacob Thompson.

Drew Klein brings points into the meet for CWU after placing second in the decathlon. McCall DeChenne does the same for the women with her third-place finish in the heptathlon.

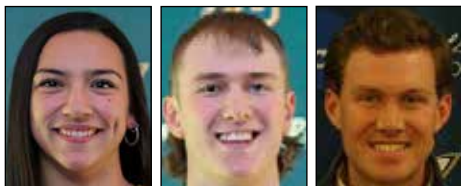
DeChenne has more points in the store for the CWU women, ranking in the top-five in the GNAC in both hurdles events. Elexis Hollis ranks second in the conference in the 100 meters while Lauryn Chandler is second in the 100-meter hurdles. Avery Fisk leads the women's throwers, ranking third in the conference in both the shot put and the discus.

MEN			WOMEN		
Name	Yr.	Hometown	Name	Yr.	Hometown
Austin Albertin	Sr.	Finley, Wash.	Marylinn Auelua	So.	Tacoma, Wash.
Jacob Barnert	So.	Yelm, Wash.	Brenna Board	Jr.	Mill Creek, Wash.
Angus Beaton	Sr.	Olympia, Wash.	Erica Cabanos	So.	Puyallup, Wash.
Casey Bennett	Jr.	Tacoma, Wash.	Lauryn Chandler	Jr.	Bremerton, Wash.
Tysen Campbell	Sr.	Granite Falls, Wash.	Madison Child	Sr.	Camas, Wash.
Shawn Clough	Jr.	Port Orchard, Wash.	Allison Coleman	So.	Richland, Wash.
Zachary Davis	Sr.	Seattle, Wash.	McCall DeChenne	Jr.	Ephrata, Wash.
Espen Diamond	Jr.	Everett, Wash.	Payton Elenbaas	So.	Lynden, Wash.
Logan Easley	So.	East Wenatchee, Wash.	Avery Fisk	Sr.	Ellensburg, Wash.
Ian Engdahl	Jr.	Dana Point, Calif.	Caitlin Gohr	Sr.	Anchorage, Alaska
Wyatt Franklin	So.	Ellensburg, Wash.	Kiarra Green	Jr.	Marysville, Wash.
Rajesh Gill	Sr.	Federal Way, Wash.	Kylie Griffin	Jr.	Oregon City, Ore.
Chris Hines	Jr.	Steilacoom, Wash.	Makenna Hansen	Sr.	Lacey, Wash.
Garrett Hough	Jr.	Dana Point, Calif.	Jenna Heesacker	Sr.	Issaquah, Wash.
Kevin Kipchircir	Fr.	Eldoret, Kenya	Kelli Heim	So.	Pullman, Wash.
Drew Klein	Fr.	Auburn, Wash.	Elexis Hollis	So.	Ellensburg, Wash.
Henry Milodragovich	Sr.	Seattle, Wash.	Kay Lester	Sr.	Othello, Wash.
Deylan Okinaka	So.	Hilo, Hawaii	Meredith Massey	Jr.	Kennewick, Wash.
Mateo Rivera	Sr.	Everett, Wash.	Zoie Mastin	Jr.	Lake Stevens, Wash.
Connor Russell	Fr.	Chehalis, Wash.	Molly Mattson	Sr.	Selah, Wash.
Ty Savely	So.	Mission Viejo, Calif.	Rose Melville	So.	Lamont, Wash.
Bryan Sidor	Sr.	Aberdeen, Wash.	Jazmin Mendoza	Fr.	Stevenson, Wash.
Tre Silva	Jr.	Nooksack, Wash.	Audrey Moore	Sr.	East Wenatchee, Wash.
Spencer Solvberg	Sr.	Marysville, Wash.	Alexa Neff	So.	Pasco, Wash.
Zachary Sundt	Sr.	Olympia, Wash.	Yareli Ochoa	Sr.	Marysville, Wash.
Dylan Thompson	So.	Roy, Wash.	Mercedes Pesina	So.	Pasco, Wash.
Jacob Thompson	Sr.	Mililani, Hawaii	Sarah Sewell	Fr.	Mill Creek, Wash.
Bobby Widmar	Sr.	Sparks, Nev.	Meghan Smallbeck	Sr.	Tacoma, Wash.
Reilly Williams	Fr.	Prosser, Wash.	Madison Thompson	Fr.	Ellensburg, Wash.
Aiden Wise	Fr.	Ridgefield, Wash.	Juliette Williams	So.	Arlington, Wash.
Shun Yamaguchi	Jr.	Vancouver, Wash.	Makaylee Young	Fr.	Hermiston, Ore.
Omar Young	Jr.	Auburn, Wash.			

Head Coach: Kevin Adkisson

Assistants: Brittany Aanstad, Bryan Mack, Bryan Contreras, Wyatt Meyring, JT Statler

Montana State Billings YELLOWJACKETS



Lynn Graves Woehl

The Montana State Billings men are led by Carson Jessop, who ranks third in the steeplechase and is provisionally qualified for the NCAA Championships. Bradley Graves ranks No. 2 in the GNAC in the 110-meter hurdles. In the throws, Forrest Cross is third in the conference in the discus and fifth in the shot put.

Kendall Lynn is a potential point scorer in both women's horizontal jumps, ranking fourth in the GNAC in the triple jump and No. 10 in the long jump. Kailee Stoppel joins Jessop as she ranks third in the conference in the women's steeplechase. Ryann Moline will factor into the women's throws, ranking fourth in the GNAC in the discus and fifth in the javelin.

MEN			WOMEN		
Name	Yr.	Hometown	Name	Yr.	Hometown
Ase Ackerman	Jr.	Glendive, Mont.	Bossan Abdyeva	Fr.	Mary, Turkmenistan
Braden Anderson	So.	Dillon, Mont.	Sophia Bohl	Fr.	Billings, Mont.
Jackson Bailey	So.	Missoula, Mont.	Chantel Chase	Fr.	Pompeys Pillar, Mont.
Isaac Cliff	Fr.	Roundup, Mont.	Aubrie Christman	Fr.	Helena, Mont.
Forrest Cross	Jr.	Sundance, Wyo.	Annelise Clark	Fr.	Glenrock, Wyo.
Bryant Edgerton	Jr.	Townsend, Mont.	Jordan Cookman	So.	Forsyth, Mont.
Brandon Geck	Fr.	Huntley, Mont.	Hannah Cooper	Fr.	Ballantine, Mont.
Bradley Graves	Fr.	Ballantine, Mont.	Sierra Durbin	Jr.	Moore, Mont.
Coen Guisti	So.	Boulder, Mont.	Faith Ekness	Fr.	Shepherd, Mont.
Lucas Harper	Jr.	Billings, Mont.	Marley Glessner	So.	Frenchtown, Mont.
Adam Heck	Fr.	Auburn, Wash.	Taylor Gordon	Fr.	Eagle, Idaho
Carson Jessop	Sr.	Pinesdale, Mont.	Kylee Halpin	Fr.	Bozeman, Mont.
Ryder Klein	Fr.	Roundup, Mont.	Katelyn Hamill	Fr.	Helena, Mont.
Jordan Lahi	Jr.	Zuni, N.M.	Whitney Herden	Fr.	Belfry, Mont.
Gaven McColloch	Fr.	Greybull, Wyo.	Maisie Hoskins	Fr.	Fareham, United Kingdom
Garrett McMillen	So.	Park City, Mont.	Anna Jessop	Fr.	Pinesdale, Mont.
Favor Okere	So.	Rock Springs, Wyo.	Michaela Johnson	Sr.	Billings, Mont.
Bryce Olson	So.	Three Forks, Mont.	Brynn Jolma	Fr.	Winnett, Mont.
Jordi Peiro	Fr.	Apple Valley, Calif.	Grace Jones	So.	Helena, Mont.
Benjamin Ralston	Fr.	Boise, Idaho	Dakota Lobmeyer	Fr.	Cheyenne, Wyo.
Jon Rocha	Fr.	Othello, Wash.	Kendall Lynn	So.	Three Forks, Mont.
Logan Straus	Jr.	Billings, Mont.	Kaitlin Mason	Jr.	Great Falls, Mont.
William Ullery	Fr.	Fort Benton, Mont.	Ryann Moline	Fr.	Brockway, Mont.
			Riley Noser	Fr.	Glasgow, Mont.
			Madeline Severson	Fr.	Manhattan, Mont.
			Izzy Siegle	Fr.	Glendive, Mont.
			Kailee Stoppel	Jr.	Billings, Mont.
			Skyler Taylor	Fr.	Aberdeen, Wash.
			Madison Thompson	Jr.	Fort Benton, Mont.
			Aspen Tolman	So.	Westminster, Colo.
			Danara Tulimaiau	Fr.	Billings, Mont.
			Ally Whitmer	Jr.	Pocatello, Idaho
			Kit Wiersema	Fr.	Manhattan, Mont.
			Kendra Woods	Fr.	Billings, Mont.

Head Coach: Jonathan Woehl

Assistants: Nels Flanagan, Taylor Stringari, Kevin Bjerke, Zach Girard, Dillon Gongloewski

2022 GNAC Outdoor Track & Field Championships

Northwest Nazarene

NIGHTHAWKS



Yenor **Schmidt** **Bowman**

Steven Schmidt brings 10 points into the meet for the Northwest Nazarene men thanks to his victory in the decathlon. Schmidt also has the top mark in the high jump while Gerohm Rihari ranks third.

Laurenz Waldbauer leads Division II in the javelin and his best of 237-6 leads the conference by 20 feet. Hunter Braseth ranks No. 2 in the GNAC in the men's 100 meters and No. 3 in the 200 and Tyler Shea ranks No. 3 in the 5,000 meters. In the throws, Colton Burr leads the conference in the hammer and Dylan Hendry ranks second in the shot put.

The NNU women are first and second in the pole vault with the efforts of Kinsey (Langin) Yenor and Julie Cheney. Destany Herbert is No. 2 in the GNAC in the hammer and No. 4 in the shot put. Miya Koch ranks No. 2 in the high jump while Abbey Wood ranks No. 3 in the 100 meters and No. 9 in the 200 meters.

MEN		
Name	Yr.	Hometown
Bryan Bach	Fr.	Chehalis, Wash.
Jackson Berreth	Fr.	Meridian, Idaho
Aaron Borger	Jr.	Torrington, Wyo.
Hunter Braseth	Fr.	Boise, Idaho
Dylan Breuer	Fr.	Bothell, Wash.
Colton Burr	Jr.	Weiser, Idaho
Elijah Castro	Sr.	Grants Pass, Ore.
Treyson Conley	So.	Redmond, Ore.
Quincy Ellis	Fr.	Boise, Idaho
Chandler Emerson	Fr.	Eagle, Idaho
Dylan Hendry	Jr.	New Plymouth, Idaho
Sylvanus Hunt	Fr.	Kennewick, Wash.
Josh Johnson	Fr.	Meridian, Idaho
Derek Knight	Fr.	Nampa, Idaho
William Koenig	Fr.	Yakima, Wash.
Norman Kosgei	Jr.	Eldoret, Kenya
Lars Lamb	Fr.	Bothell, Wash.
Abe Mitchell	Sr.	Sandy, Ore.
Turner Nye	So.	Medford, Ore.
Gerohm Rihari	Fr.	Sugar City, Idaho
Cody Robbins	Jr.	Meridian, Idaho
Hunter Romine	Fr.	Valencia, Calif.
Steven Schmidt	Fr.	Battle Ground, Wash.
Colton Sedlacek	Jr.	Parma, Idaho
Tyler Shea	Jr.	Spokane, Wash.
Jacob Steele	Fr.	Nampa, Idaho
Braden Swaney	Fr.	Kennewick, Wash.
Laurenz Waldbauer	Fr.	Vilsbiburg, Germany
Cade Westrich	Fr.	Lynden, Wash.
Shalkar Wilkins	Fr.	Hillsboro, Ore.
Cameron Willey	Jr.	Yakima, Wash.
Nicholas Wong	Fr.	Boise, Idaho

WOMEN		
Name	Yr.	Hometown
Ellie Alberts	So.	Cashmere, Wash.
Katie Baniaga	Fr.	Boise, Idaho
Kayla Baniaga	Fr.	Boise, Idaho
Kalen Belton	So.	Zillah, Wash.
Kalli Brence	Fr.	Middleton, Idaho
Nizhoni Buckway	Fr.	Coalville, Utah
Ashanti Byrd	Fr.	Boise, Idaho
Julie Cheney	Fr.	Meridian, Idaho
Emma Clark	So.	Melba, Idaho
Jordan Crawford	Fr.	Meridian, Idaho
Laine Dejong	Fr.	Lynden, Wash.
Kaitlyn Drury	Fr.	Cascade, Idaho
Haylee Facer	Fr.	Weiser, Idaho
Corinne Fernandez	Fr.	Meridian, Idaho
Madyson Fouse	Fr.	Pocatello, Idaho
Alejandra Gomez	Fr.	Cabo, Mexico
Hailey Graham	Fr.	Kelso, Wash.
Madison Grande	So.	Gig Harbor, Wash.
Destany Herbert	So.	Pomeroy, Wash.
Dakota Hutton-King	Jr.	Sun Valley, Idaho
Alexie Johnson	Fr.	Boise, Idaho
Kalysa Kempthorn	Fr.	Lake Oswego, Ore.
Olivia Klein	Fr.	Meridian, Idaho
Miya Koch	Fr.	Boise, Idaho
Olivia Mancinelli	Fr.	Kennewick, Wash.
Madelyn Martin	Fr.	Oroville, Wash.
Emily McMahan	Fr.	Prescott, Ariz.
Elizabeth McMullen	Fr.	Ilwaco, Wash.
Shayna Williams	Fr.	Nampa, Idaho
Olivia Williamson	Fr.	Caldwell, Idaho
Abbey Wood	Jr.	Ontario, Ore.
Jordan Woods	So.	Meridian, Idaho
Savanna Woody	Fr.	Vancouver, Wash.
Kinsey (Langin) Yenor	Fr.	Meridian, Idaho

Head Coach: Danny Bowman **Associate Head Coach:** Ben Gall
Assistants: Jeff Eastman, Shane Peterson, John Mahr

Saint Martin's

SAINTS



Saribay **Au-Haupt** **Carter**

Josh Schulz enters the meet as the GNAC leader in the men's long jump. His school record mark of 24 feet, 3.5 inches is among the top-20 in Division II. Schulz also ranks second in the GNAC in the triple jump.

His brother, Andrew Schulz, ranks No. 6 in the GNAC in the long jump. In the hurdles, Andrew Boyd ranks fifth in the 110-meter hurdles while Andrew Alfred is fifth in the pole vault. Micah Au-Haupt will be a factor in the throws, ranking No. 3 in the shot put and seventh in the discus.

Naomi Hartley enters the meet ranked No. 3 in the GNAC in the 5,000 meters while Sara Sabra is No. 2 in the 10,000 meters and eighth in the 5,000. Cassidy Walchak-Sloan has point-scoring potential in both the 800 meters and 1,500 meters. Jocelyn Saribay leads the SMU women's throwers, ranking fifth in the shot put and 10th in the discus.

MEN		
Name	Yr.	Hometown
Andrew Alfred	Jr.	Valley Springs, Calif.
Landon Armstrong	So.	Seattle, Wash.
Micah Au-Haupt	Jr.	Pukalani, Hawaii
Steven Baltz	Fr.	Puyallup, Wash.
Andrew Boyd	So.	Olympia, Wash.
Noah Boyd	Fr.	Olympia, Wash.
Isaac Cortes	Fr.	Granite Falls, Wash.
Miguel De LaMelena	Sr.	Vancouver, Wash.
Jaskaran Dhatt	So.	Bellingham, Wash.
Josh Eiland	Jr.	Centralia, Wash.
Jack Farrell	Jr.	Lacey, Wash.
Zach Franco	So.	Lakewood, Wash.
Nicholas Georgia	Fr.	Honolulu, Hawaii
Michael Harwell	Fr.	Freeland, Wash.
Ian Kisamore	Fr.	Kalama, Wash.
Brandon McMillian-Thomas	Jr.	Kent, Wash.
Kainalu Pagente	Fr.	Pearl City, Hawaii
Noa Peralta	Sr.	Olympia, Wash.
Esteban Quiyono	Sr.	Bothell, Wash.
Francesco Reece	Fr.	Olympia, Wash.
Noah Roberts	Jr.	Ewa Beach, Hawaii
Andrew Schulz	So.	Pe Ell, Wash.
Josh Schulz	Sr.	Pe Ell, Wash.
Lance Slichko	Jr.	Puyallup, Wash.
Joshua Tanicala	Jr.	Pukalani, Hawaii
Marquees Wade	So.	Tacoma, Wash.
Rudu Wani	So.	Tacoma, Wash.

WOMEN		
Name	Yr.	Hometown
Aliya Ankeny	So.	Olympia, Wash.
Cree Bell	So.	Hamilton, Ont.
Annika Briggs	So.	Spokane, Wash.
Abby Burton	So.	Medford, Ore.
Judy Ann Cabico	So.	Ewa Beach, Hawaii
Brianna Cabrera	Jr.	Chino, Calif.
Abigail Carlson	Fr.	Yelm, Wash.
Jackie Cazares-Blas	Fr.	Puyallup, Wash.
Gabriela Cintron	So.	Puyallup, Wash.
Hannah Cook	So.	Raymond, Wash.
Naomi Hartley	So.	Puyallup, Wash.
JaTarya Hoskins	Fr.	Coupeville, Wash.
Madison Johnson	Fr.	Wenatchee, Wash.
Keiko Mills	So.	Hilo, Hawaii
Eden Mortensen	So.	Tacoma, Wash.
Oriah Moses	Fr.	Olympia, Wash.
Kya Ramirez	Fr.	Yelm, Wash.
Sara Sabra	Fr.	Lincoln, Calif.
Jocelyn Saribay	Fr.	Waipahu, Hawaii
Alisha Saucedo	Fr.	Federal Way, Wash.
Claire Skaggs	Fr.	Bellingham, Wash.
Maddy Vu	Fr.	Olympia, Wash.
Cassidy Walchak-Sloan	Fr.	Olympia, Wash.
Phoebe Young	Fr.	Silt, Colo.
Margaret Zilla	So.	Olympia, Wash.

Interim Head Coach: Scott Carter
Assistants: Matt Lowe, Dwight Midles, Marc Fish, Kaycee Selga, John Schultz, Mikel Hildebrandt, Dylan Chism

2022 GNAC Outdoor Track & Field Championships

Seattle Pacific FALCONS



Aniteye Njeri Lerum

The defending women's team champions, Seattle Pacific comes to Ellensburg with solid depth across the roster once again.

Annika Esvelt is on top in the distances, leading the GNAC with NCAA Championships provisional qualifying times in the 5,000 and 10,000 meters. She also has the GNAC's No. 4 time in the 1,500. Peace Igbonagwam aims to win the long jump after also winning the event at the GNAC Indoor Championships.

Vanessa Aniteye and Jenna Bouyer provide potential SPU champions in the 100, 200 and 400 meters while Ellie Rising will be in the mix to score in the 800 meters.

David Njeri is the defending champ in the men's triple jump and his season best of 49-10 is No. 2 on the GNAC all-time list. Kainoa Lee is tied for No. 2 in the conference in the pole vault. Jeff Gordon provides scoring potential in the 100 and 200 meters while Colin Boutin is No. 3 in the GNAC in the 10,000 meters.

MEN			
Name	Yr.	Hometown	
Isaiah Archer	Fr.	Silverdale, Wash.	
Colin Boutin	Sr.	Valrico, Fla.	
Brad Bowman	So.	Tacoma, Wash.	
Evan Carpenter	So.	Bellevue, Wash.	
Gabe Endresen	Fr.	Mill Creek, Wash.	
Jeff Gordon	So.	Stafford, Va.	
Darius Holmes	So.	Klamath Falls, Ore.	
Brennan LeBlanc	Fr.	Duvall, Wash.	
Kainoa Lee	So.	San Leandro, Calif.	
Rory McClelland	Fr.	Issaquah, Wash.	
David Njeri	Jr.	Tacoma, Wash.	
Jon Owen	So.	Valrico, Fla.	
Ben Sheirbon	Fr.	Wilsonville, Ore.	
Julius Shepherd	So.	Fairfield, Calif.	
Drew Thompson	Fr.	Wilmington, N.C.	

WOMEN			
Name	Yr.	Hometown	
Vanessa Aniteye	Sr.	Eagle River, Alaska	
Jenna Bouyer	Sr.	University Place, Wash.	
Johanna Brown	Fr.	Enumclaw, Wash.	
Lizzy Daugherty	So.	Lake Stevens, Wash.	
Annika Esvelt	So.	Spokane, Wash.	
McKenzie Fletcher	Fr.	Coeur d'Alene, Idaho	
Aniya Green	So.	Dupont, Wash.	
Charlie Hill	Fr.	Oregon City, Ore.	
Peace Igbonagwam	Sr.	Fairview, Ore.	
Madison Licari	Sr.	Milton, Wash.	
Libby Michael	Jr.	Nine Mile Falls, Wash.	
Emily Northey	Sr.	Brier, Wash.	
Ellie Rising	So.	Goldendale, Wash.	
Kelsey Washenberger	Sr.	Bend, Ore.	
Nicki Yorges	Fr.	Eugene, Ore.	

Head Coach: Karl Lerum
Associate Head Coach: Chris Reed
Assistant: Kate Carlson

SIMON FRASER



Andrews-Paul Chong Townsend

Simon Fraser will figure into the team title conversation for the men and women.

Alison Andrews-Paul paces the women after setting the Division II all-time record in the 800 meters earlier this season (2:01.43). She also ranks in the top-five in Division II in the 400 meters and 1,500 meters.

Marie-Éloïse Leclair is among the Division II leaders in the 200 meters and 400 meters. Megan Roxby ranks second in the GNAC in the 1,500 while Olivia Willett is tops in the conference and among the Division II leaders in the steeplechase.

Distance standout Aaron Ahl paces the SFU men. He leads the conference in the 800 meters and 1,500 meters. Both he and Charlie Dannatt rank in the top-10 in Division II in the 1,500 while SFU has the GNAC's top four times in the 800. Callum Robinson has the conference's top time in the men's 200 and 400 meters.

Simon Fraser also has some new-found depth in the men's field events. Jarrett Chong is top 10 in Division II in the javelin. Zackary Kuzyk is No. 3 in the GNAC in the long jump and No. 6 in the triple jump.

MEN			
Name	Yr.	Hometown	
Aaron Ahl	Jr.	Calgary, Alta.	
Felix Allen	Fr.	Langley, B.C.	
Scott Arndt	Fr.	Waterloo, Ont.	
Nick Bauernschmitt	Jr.	Pembroke, Ont.	
Jeremy Belcher	Fr.	New Westminster, B.C.	
Kirubel Bogale	Fr.	Delta, B.C.	
Sebastian Brinkman	Fr.	Bellevue, Wash.	
Paul Buckingham	So.	Langley, B.C.	
Jose Castro	Fr.	Brampton, Ont.	
Tomas Chapman	Fr.	Vancouver, B.C.	
Jarrett Chong	Fr.	Port Coquitlam, B.C.	
Charlie Dannatt	So.	North Vancouver, B.C.	
Blake Furtado	Fr.	Saanich, B.C.	
Mitchell Gibbs	Fr.	Surrey, B.C.	
Aiden Good	Fr.	Carstairs, Alta.	
Nickolas Kuzyk	Fr.	Maple Ridge, B.C.	
Zackary Kuzyk	So.	Maple Ridge, B.C.	
Jorin Lenton	Fr.	Maple Ridge, B.C.	
Micah Logie	Fr.	Surrey, B.C.	
Ephrem Mekonnen	Fr.	Burnaby, B.C.	
Brendan Moore	So.	Calgary, Alta.	
Jesaiah Penson-McCoy	Fr.	Surrey, B.C.	
Joel Perriard	Fr.	Odesa, Ukraine	
Callum Robinson	Fr.	Goderich, Ont.	
Henry Ruckman-Utting	Fr.	Burnaby, B.C.	
Jordan Schmidt	Fr.	Langley, B.C.	
Kaito Suzuki	So.	Tokyo, Japan	

WOMEN			
Name	Yr.	Hometown	
Alison Andrews-Paul	Jr.	Hohe Beach, New Zealand	
Erika Binder	Fr.	Calgary, Alta.	
Claire Bosma	Fr.	Richmond, B.C.	
Kate Cameron	Fr.	Nanaimo, B.C.	
Emily Chilton	Jr.	New Westminster, B.C.	
Kaitlyn Hanger	Fr.	Burnaby, B.C.	
Jordan Jacobs	Fr.	Langley, B.C.	
Sydney Kania	So.	Sydney, Australia	
Marie-Éloïse Leclair	Fr.	Candiac, Que.	
Emily Lindsay	So.	Duncan, B.C.	
Zuzanna Liniewski	Fr.	Burnaby, B.C.	
Ella Marion	Fr.	Calgary, Alta.	
Maddy Paugh	Fr.	Nanaimo, B.C.	
Charlotte Prangley	Fr.	North Vancouver, B.C.	
Kennedy Primrose	Fr.	Surrey, B.C.	
Alicia Ranahan	Fr.	North Vancouver, B.C.	
Dominique Ronse	Fr.	Langley, B.C.	
Megan Roxby	So.	North Vancouver, B.C.	
Elizabeth Vanderput	Fr.	Calgary, Alta.	
Danielle Waller	Fr.	Surrey, B.C.	
Olivia Willett	Jr.	Coquitlam, B.C.	

Head Coach: Brit Townsend
Assistants: Jessica Brockerville, Tom Dickson, Jerrold Jones, Don Allemeersch, Lindsey Butterworth, Cameron Proceviat

2022 GNAC Outdoor Track & Field Championships

Western Oregon

WOLVES



Hurley



Collins



Gillespie-Bennett

The Western Oregon men's will have point-scoring potential throughout the program. Dominique Loggins in the defending champion in the 100 meters and ranks third in the GNAC this season. Bailey Smith is No. 4 in the steeplechase with an NCAA Championships provisional qualifying time of 9:09.65.

Marlon Harrison ranks No. 3 in the GNAC in the triple jump. Samuel Cole ranks No. 3 in the hammer while Owen Collins ranks No. 4 in the shot put and No. 5 in the hammer. Austin Goldstein is No. 3 in the javelin, having thrown over 200 feet this season.

The Wolves' women are led by Kaylee Wright, who has the No. 4 mark in Division II in the javelin (158-8). Jenelle Hurley placed second in the heptathlon and will be a title contender in the 100-meter hurdles and the long jump as will Maliyah Thompson and Maya Hopwood in the 100 meters.

Moana Gianotti has the top mark in the conference in the shot put. Ana Popchock is expected to contend in the title in the triple jump with the No. 2 mark entering the meet.

MEN			WOMEN		
Name	Yr.	Hometown	Name	Yr.	Hometown
Talon Aguilar	Fr.	Maple Valley, Wash.	Josie Ackerman	Fr.	Seattle, Wash.
Gabe Arce-Torres	So.	Lincoln City, Ore.	Bethanie Altamirano	So.	Independence, Ore.
Carson Austin	Fr.	Albany, Ore.	Krystal Andres	Fr.	Salem, Ore.
Gabriel Burchfield	Fr.	Grants Pass, Ore.	Hailey Blue	Fr.	Sherwood, Ore.
Riley Clark	Fr.	Hermiston, Ore.	Kaylin Cantu	Jr.	Mount Angel, Ore.
Samuel Cole	Sr.	Monmouth, Ore.	Emellia Carpenter	So.	Elmira, Ore.
Owen Collins	Sr.	Portland, Ore.	Rilee Carstensen	Fr.	Newberg, Ore.
Justin Conklin	So.	The Dalles, Ore.	Danielle Clem	Fr.	Sherwood, Ore.
Danny Cossette	Fr.	Medford, Ore.	Macy Clemens	Fr.	Klamath Falls, Ore.
Justin Crosswhite	Sr.	Hood River, Ore.	Amity Deters	Fr.	Amity, Ore.
Keanu Daos	So.	Kennewick, Wash.	Luz Garcia	Jr.	Los Angeles, Calif.
Cedar Davis-Frankfort	Fr.	Grants Pass, Ore.	Moana Gianotti	Jr.	Riddle, Ore.
James Duane	Fr.	Medford, Ore.	Peyton Green	Fr.	Tigard, Ore.
Chase Eckenfels	Fr.	Kailua, Hawaii	Halle Hargett	Fr.	Newport, Ore.
Jacob Flury	Fr.	Lake Oswego, Ore.	Madison Hargett	Jr.	Newport, Ore.
Aero Franklin	Fr.	Bandon, Ore.	Jessy Hart	Fr.	Sweet Home, Ore.
Austin Goldstein	Sr.	Sherwood, Ore.	Caitlin Heldt	Jr.	Savannah, Ga.
Aaron Hanible	So.	Brentwood, Calif.	Maya Hopwood	Fr.	Bend, Ore.
Marlon Harrison	So.	Las Vegas, Nev.	Jenelle Hurley	Fr.	Grants Pass, Ore.
Devin Hasher	Jr.	Pilot Rock, Ore.	Logan Jackson	So.	Richland, Wash.
Amari Hendrix	Fr.	Hillsboro, Ore.	Emily Johnson	Fr.	The Dalles, Ore.
Hunter Hutton	So.	Bandon, Ore.	Kaitlyn Kruse	Fr.	Troutdale, Ore.
Jordan Kemper	Fr.	Ashland, Ore.	Madeline Lambing	Fr.	Hillsboro, Ore.
Emmett Klus	Fr.	Burns, Ore.	Lindie Larson	Fr.	Redding, Calif.
Dominique Loggins	Fr.	Tualatin, Ore.	Josie Lavato	Fr.	Buffalo, Minn.
Dominic Manzo	Fr.	Maple Valley, Wash.	Kaiya Leamy	Fr.	Corvallis, Ore.
James Mazzeo	So.	Costa Mesa, Calif.	Liliana Lyness-Morales	Fr.	Mill City, Ore.
Jaden McCabe	Fr.	Bend, Ore.	Lyndee McLaughlin	Fr.	Klamath Falls, Ore.
Dustyn McKenney	Fr.	Buchanan, Calif.	Emily Moore	Fr.	Bend, Ore.
Bryce Mefford	Fr.	Lake Stevens, Wash.	Kalulusno Ngaida	Jr.	Aumsville, Ore.
Maxwell Moore	Jr.	Newport, Ore.	Ana Popchock	So.	Maupin, Ore.
Eli Nafziger	Fr.	Albany, Ore.	Abigail Sanders	Fr.	Paisley, Ore.
Easton Pomrankey	Fr.	Kettle Falls, Wash.	Shannon Smith	Fr.	Bandon, Ore.
Timothy Rambo	Fr.	Auburn, Wash.	Maliyah Thompson	Fr.	Salem, Ore.
Keeton Sanchez	Fr.	Buckeye, Ariz.	Taryn Wilson	So.	San Juan Capistrano, Calif.
Matthew Schenk	Fr.	Central Point, Ore.	Kaylee Wright	Fr.	John Day, Ore.
Bailey Smith	Jr.	Cody, Wyo.			
Wyatt Smith	Fr.	Oakland, Ore.			
Brennen Sorah	Fr.	Adair, Ore.			
Deshauu Stevens	So.	Peyton, Colo.			
Jake Thompson	Fr.	Newberg, Ore.			
Miguel Villar	Jr.	Madera, Calif.			
JJ Walker	Jr.	Everett, Wash.			
Mark Warren	Jr.	Warrenton, Ore.			

Head Coach: Octaious Gillespie-Bennett
Assistants: Zach Holloway, Emily Vala-Haynes, Cody Warner, Matt Lydum, Max Lydum, Branko Djuricic

Western Washington

VIKINGS



Dawkins



Franks



Halsell

Western Washington is the defending men's team champion and is ready to add the outdoor title to the indoor title the team earned in February.

The Vikings have depth throughout the events but are stacked in the distances. Mac Franks leads the GNAC and is top-10 in Division II in steeplechase. Franks also leads four WWU NCAA provisional qualifiers in the 1,500 meters. Calahan Warren is second in the GNAC in the 5,000 meters. Drew Weber set the school record in the men's 800 at the Portland Twilight.

In the field events, Kacey Provo leads the GNAC in the pole vault, Beau Sheeran is second in the high jump and Ethan Sterkel is second in the long jump. Ben Malquist is the conference leader in the shot put.

Aliyah Dawkins will aim to defend her title in the high jump and is also the conference leader in the triple jump. Katie Potts leads the GNAC in the discus while Raine Westfall is the leader in the hammer.

On the track, Mia Crocker owns an NCAA Championships provisional qualifying mark in the 1,500 meters while Ila Davis is second in the GNAC in the steeplechase.

MEN			WOMEN		
Name	Yr.	Hometown	Name	Yr.	Hometown
Jared Alderfer	Fr.	Whittier, Calif.	Naomi Bates	Fr.	Honolulu, Hawaii
Cooper Cummings	So.	Lake Stevens, Wash.	Caitlyn Cheney	Fr.	Ellensburg, Wash.
Mark Daniels	So.	Seattle, Wash.	Taliah Coe	So.	Renton, Wash.
Jaden Edwards	Fr.	Ladera Ranch, Calif.	Mia Crocker	Fr.	Sammamish, Wash.
Hunter Flick	Fr.	La Verne, Calif.	Ila Davis	Fr.	Spokane, Wash.
Mac Franks	Jr.	Lake Forest Park, Wash.	Aliyah Dawkins	So.	North Mankato, Minn.
Jeret Gillingham	Fr.	Sandy, Ore.	Leanne Kibbee	So.	Milford, Mass.
Will Henry	Fr.	Park City, Utah	Shawnee Konrad	Jr.	Mead, Wash.
Jalen Javurek	Fr.	Portland, Ore.	Matty Lagerwey	Fr.	La Conner, Wash.
Noah Johnson	So.	Bellingham, Wash.	Lainnie Lyamba	Jr.	Port Angeles, Wash.
Ryan Kenny	Fr.	Everett, Wash.	Jessica Neal	Fr.	Lacey, Wash.
Trent Kibler	Fr.	Tumwater, Wash.	Katie Potts	Fr.	Everett, Wash.
Kaleb Korta	Jr.	Galena, Alaska	Jamie Sanford	So.	San Diego, Calif.
Brian Le	Fr.	Tumwater, Wash.	Amanda Short	Fr.	Lebanon, Ore.
Ben Malquist	Jr.	Bellingham, Wash.	Annie Tran	Fr.	Everett, Wash.
Kevin McDermott	Fr.	Port Orchard, Wash.	Raine Westfall	Fr.	Port Angeles, Wash.
Koby Okezie	So.	Tacoma, Wash.	Sophie Wright	Fr.	Palmer, Alaska
Kacey Provo	Fr.	Auburn, Wash.			
Sean Sands	Fr.	Pine, Colo.			
Beau Sheeran	Sr.	Beaverton, Ore.			
Ethan Sterkel	So.	Longview, Wash.			
Jaydon Tryon	So.	Woodinville, Wash.			
Calahan Warren	Sr.	Auburndale, Fla.			
Drew Weber	Fr.	Vancouver, Wash.			
Bryant Welch	Jr.	Burien, Wash.			
Quinn Wilcox	Fr.	Portland, Ore.			
Ryan Witters	So.	Bothell, Wash.			

Head Coach: Pee Wee Halsell
Assistants: Eric Dudley, Ben Stensland, T.J. Garlatz, Damien Fisher, DJ Brown

GNAC Outdoor Track & Field Records

MEN		WOMEN			
ALL MEETS		ALL MEETS			
100 Meters	10.22	Alex Donigian, Western Washington (2015)	100 Meters	11.64	Jamie Ashcroft, Alaska Anchorage (2015)
200 Meters	20.93	Alex Donigian, Western Washington (2016)	200 Meters	23.99	Ny'ema Sims, Seattle Pacific (2007)
400 Meters	47.51	Ethan Hewitt, Alaska Anchorage (2011)	400 Meters	53.56	Mary Pierce, Alaska Anchorage (2007)
800 Meters	1:47.58	Badane Sultessa, Western Oregon (2015)	800 Meters	2:01.43	Alison Andrews-Paul, Simon Fraser (2022)+
1,500 Meters	3:37.35	David Ribich, Western Oregon (2018)	1,500 Meters	4:11.06	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	8:24.61	Jordan Welling, Western Washington (2014)	3,000 Meters	9:35.75	Sarah Porter, Western Washington (2011)
5,000 Meters	13:41.99	Micah Chelimo, Alaska Anchorage (2014)	5,000 Meters	15:40.45	Caroline Kurgat, Alaska Anchorage (2019)
10,000 Meters	28:37.75	Micah Chelimo, Alaska Anchorage (2014)	10,000 Meters	32:08.09	Caroline Kurgat, Alaska Anchorage (2019)+
110m Hurdles	14.19	Travis Milbrandt, Western Washington (2016)	100m Hurdles	13.64	Mariyah Vongsaveng, Central Washington (2018)
400m Hurdles	51.48	Vladislav Tsygankov, Simon Fraser (2017)	400m Hurdles	59.17	Haleigh Lloyd, Alaska Anchorage (2015)
Steeplechase	8:45.63	Micah Chelimo, Alaska Anchorage (2012)	Steeplechase	10:03.19	Julia Howley, Simon Fraser (2019)
4x100 Relay	41.10	Central Washington (2010)	4x100 Relay	46.19	Simon Fraser (2017)
4x400 Relay	3:10.60	Alaska Anchorage (2016)	4x400 Relay	3:41.80	Western Oregon (2018)
High Jump	2.16/7-1	Mikel Smith, Saint Martin's (2016)	High Jump	1.78/5-10	Teona Perkins, Seattle Pacific (2007)
Pole Vault	5.40/17-8.5	Ryan Brown, Western Washington (2010)	Pole Vault	4.04/13-3	Scout Cai, Seattle Pacific (2021)
Long Jump	7.91/25-11.5	David Registe, Alaska Anchorage (2009)	Long Jump	6.22/20-5	Renick Meyer, Seattle Pacific (2018)
Triple Jump	15.50/50-10.25	Wesley Gray, Western Oregon (2017)	Triple Jump	12.42/40-9	Ashley Potter, Western Oregon (2012)
Shot Put	18.55/60-10.5	Frank Catelli, Western Washington (2014)	Shot Put	17.39/57-0.75	McKenzie Warren, Concordia (2017)
Discus	55.78/183-0	Jake Knight, Northwest Nazarene (2019)	Discus	55.74/182-10	Melissa Ausman, Concordia (2018)
Hammer	62.89/206-4	Pro Escobedo, Western Oregon (2003)	Hammer	62.42/204-9	Christina MacDonald, Concordia (2018)
Javelin	77.98/255-10	Cody Parker, Alaska Anchorage (2013)	Javelin	54.18/177-9	Bethany Drake, Western Washington (2016)
Decathlon	7.872	Chris Randolph, Seattle Pacific (2006)	Heptathlon	5.606	Danielle Ayers-Stamper, Seattle Pacific (2005)

MEN'S CONFERENCE MEET RECORDS

100 Meters	10.43	Anthony Wright, Central Washington (2010)
200 Meters	21.32	Rimar Christie, Northwest Nazarene (2013)
	21.32	Tyrell Williams, Western Oregon (2014)
400 Meters	47.55	Ethan Hewitt, Alaska Anchorage (2012)
	47.55	Kodiak Landis, Central Washington (2018)
800 Meters	1:49.31	Paul Mach, Seattle Pacific (2005)
1,500 Meters	3:47.37	David Ribich, Western Oregon (2017)
5,000 Meters	14:29.41	Micah Chelimo, Alaska Anchorage (2011)
10,000 Meters	30:25.75	Jordan Walling, Western Washington (2011)
110m Hurdles	14.21	Travis Milbrandt, Western Washington (2015)
400m Hurdles	51.77	Cordell Cummings, Western Washington (2019)
Steeplechase	8:47.26	Ryan Brockerville, Simon Fraser (2012)
4x100 Relay	41.10	Central Washington (2010)
		Bryan Mack, Anthony Wright, Anthony Hogan, Kincaid Nichols
4x400 Relay	3:13.84	Simon Fraser (2015)
		Stuart Ellenwood, Cameron Proceviat, Joel Webster, Daniel Kelloway
High Jump	2.11/6-11	Tevin Gladden, Alaska Anchorage (2017)
Pole Vault	5.14/16-10.75	Ryan Brown, Western Washington (2010)
Long Jump	7.52/24-8.25	David Registe, Alaska Anchorage (2008)
Triple Jump	15.50/50-10.25	Wesley Gray, Western Oregon (2017)
Shot Put	18.20/59-8.75	Josh Koch, Concordia (2016)
Discus	55.74/182-10	Jake Knight, Northwest Nazarene (2019)
Hammer	61.61/202-1	Michael Hoffman, Western Washington (2008)
Javelin	71.19/233-7	Beau Ackerman, Montana St. Billings (2022)
Decathlon	7.201	Cody Thomas, Alaska Anchorage (2016)

WOMEN'S CONFERENCE MEET RECORDS

100 Meters	11.81	Jamie Ashcroft, Alaska Anchorage (2015)
200 Meters	24.30	Grace Morgan, Alaska Anchorage (2013)
400 Meters	54.19	Vanessa Aniteye, Alaska Anchorage (2019)
800 Meters	2:06.38	Jessica Pixler, Seattle Pacific (2010)
1,500 Meters	4:23.02	Caroline Kurgat, Alaska Anchorage (2019)
3,000 Meters	9:53.80	Jessica Pixler, Seattle Pacific (2007)
5,000 Meters	16:35.10	Caroline Kurgat, Alaska Anchorage (2019)
10,000 Meters	34:49.33	Caroline Kurgat, Alaska Anchorage (2018)
100m Hurdles	13.82	Danielle Ayers-Stamper, Seattle Pacific (2005)
400m Hurdles	58.22	Sidney Trinidad, Central Washington (2019)
Steeplechase	110:02.45	Julia Howley, Simon Fraser (2019)
4x100 Relay	46.39	Seattle Pacific (2019)
		Peace Igbonagwam, Jenna Bouyer, Grace Bley, Julia Stepper
4x400 Relay	3:44.11	Seattle Pacific (2013)
		Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker
High Jump	1.77/5-9.75	Taylor Fettig, Central Washington (2016)
Pole Vault	3.91/12-10	Scout Cai, Seattle Pacific (2019)
Long Jump	5.99/19-8	Ali Worthen, Seattle Pacific (2013)
Triple Jump	12.58/41-3.25	Chrisalyn Johnson, Alaska Anchorage (2019)
Shot Put	16.55/54-3.75	McKenzie Warren, Concordia (2017)
Discus	53.01/173-11	Melissa Ausman, Concordia (2018)
Hammer	59.62/195-7	Christina MacDonald, Concordia (2018)
Javelin	52.40/171-11.25	Bethany Drake, Western Washington (2017)
Heptathlon	5.390	Ali Worthen, Seattle Pacific (2013)

+ - Division II All-Time Record

2022 GNAC Outdoor Track & Field Championships

GNAC Outdoor Track & Field Men's Yearly Champions (2006-2021)

100 Meters		2015 Dylan Anthony, UAA	14:39.17	4x400 Meter Relay		2015 Kevin Starley, CWU	50-11 (15.52)
2006	Mike Khabibulin, WWU	2016 Michel Ramirez, UAA	14:56.03	2006	Central Washington	2016 Josh Koch, CU	59-8.75 (16.12)
2007	Michael Madrid, UAA	2017 Isaac Derline, WWU	15:49.49	2007	Central Washington	2017 Caleb Bridge, CU	54-4.75 (16.57)
2008	Michael Madrid, UAA	2018 Jorey Egeland, MSUB	14:47.88	2008	Alaska Anchorage	2018 Josh Koch, CU	58-7.25 (17.86)
2010	Anthony Wright, CWU	2019 Sean Miller, SFU	14:46.49	2010	Alaska Anchorage	2019 Jake Knight, NNU	59-1.25 (18.01)
2011	David Registe, UAA	2021 Eric Haml, WWU	14:39.87	2011	Alaska Anchorage	2021 Ben Malquist, WWU	55-0 (16.76)
2012	Rimar Christie, NNU			2012	Alaska Anchorage		
2013	Rimar Christie, NNU			2013	Western Washington		
2014	Rimar Christie, NNU			2014	Western Washington		
2015	Alex Donigian, WWU			2015	Simon Fraser		
2016	Alex Donigian, WWU			2016	Simon Fraser		
2017	Sam Zook, MSUB			2017	Alaska Anchorage		
2018	Carlos Ortiz, CU			2018	Alaska Anchorage		
2019	Sam Zook, MSUB			2019	Western Washington		
2021	Dominique Loggins, WOU			2021	Western Washington		
200 Meters		10,000 Meters		High Jump		Discus	
2006	Cresap Watson, CWU	2006	John Riak, SMU	2006	Eric Draper, UAA	2006	Cameron Neel, CWU
2007	Michael Madrid, UAA	2007	John Riak, SMU	2007	Jonathan Hamilton, CWU	2007	Cameron Neel, CWU
2008	Michael Madrid, UAA	2008	Kevin Lambert, NNU	2008	Keefe Brockman, WWU	2008	Tyler Fischer, CWU
2010	Anthony Wright, CWU	2010	Marko Cheseto, UAA	2010	Keefe Brockman, WWU	2010	Ben Elder, WWU
2011	David Registe, UAA	2011	Jordan Welling, WWU	2011	Brennan Boyes, CWU	2011	Ben Elder, WWU
2012	Shane Gruger, WWU	2012	Barak Watson, NNU	2012	Brennan Boyes, CWU	2012	Michael Hoffman, WWU
2013	Rimar Christie, NNU	2013	Yonatan Yilma, UAA	2012	Brett Watson, WWU	2013	Troy Martin, CWU
2014	Tyrell Williams, WOU	2014	Victor Samoei, UAA	2013	Brett Watson, WWU	2014	Ryan Macdonald, WWU
2015	Alex Donigian, WWU	2015	Victor Samoei, UAA	2014	Brett Watson, WWU	2015	Ryan Macdonald, WWU
2016	Alex Donigian, WWU	2016	Victor Samoei, UAA	2015	Brett Watson, WWU	2016	Josh Koch, CU
2017	Sam Zook, MSUB	2017	Edwin Kangogo, UAA	2016	Cole Hoberg, NNU	2017	Caleb Bridge, CU
2018	Carlos Ortiz, CU	2018	Josh Boston, CWU	2017	Tevin Gladden, UAA	2018	Jakob Chamberlin, CU
2019	Adam Brown, CU	2019	Edwin Kangogo, UAA	2018	Chris Brake, UAA	2019	Jake Knight, NNU
2021	Bryant Welch, WWU	2021	Eric Haml, WWU	2019	Isaiah Girard, MSUB	2021	Karsten Collins, WOU
400 Meters		110 Meter Hurdles		Pole Vault		Hammer	
2006	Chris Randolph, SPU	2006	Robert Edwards, CWU	2006	Scott Romney, WWU	2006	Eván Ruud, CWU
2007	Matt Rogstad, CWU	2007	Robert Edwards, CWU	2007	Tyler Thornbrue, WWU	2007	Anthony Marin, WOU
2008	Ashtin Mott, WOU	2008	Andy Luscutoff, WOU	2008	Zeb Udell, WOU	2008	Tyler Fischer, CWU
2010	Ethan Hewitt, UAA	2010	Anthony Hogan, CWU	2010	Ryan Brown, WWU	2010	Michael Hoffman, WWU
2011	Matt Kaino, WOU	2011	Brett Campbell, WOU	2011	Ray Zoellick, SPU	2011	Michael Hoffman, WWU
2012	Ethan Hewitt, UAA	2012	Kody Rhodes, WOU	2012	Tim Lundy, WOU	2012	Michael Hoffman, WWU
2013	Jonathon Poolman, WWU	2013	Logan Myers, WWU	2012	Joseph Keeton, SMU	2013	Quinton Agosta, CWU
2014	Ethan Hewitt, UAA	2014	Logan Myers, WWU	2013	Brandon Roddewig, CWU	2014	Kevin Stanley, CWU
2015	Daniel Kelloway, SFU	2015	Travis Milbrandt, WWU	2014	Payton Lewis, NNU	2015	Kevin Stanley, CWU
2016	Daniel Kelloway, SFU	2016	Travis Milbrandt, WWU	2015	Payton Lewis, NNU	2016	Tyler Lamott, CU
2017	Aaron Whitaker, WOU	2017	Travis Turner, UAA	2016	Payton Lewis, NNU	2017	K. Vanderpoel, SMU
2018	Kodiak Landis, CWU	2018	Cordell Cummings, WWU	2017	Payton Lewis, NNU	2018	Jacob Slate, CU
2019	Logan Blake, NNU	2019	Cordell Cummings, WWU	2018	Braydon Maier, CWU	2019	Adam Cain, CWU
2021	Logan Blake, NNU	2021	Cordell Cummings, WWU	2021	Braydon Maier, CWU	2021	Andrew Harris, CWU
800 Meters		400 Meter Hurdles		Long Jump		Javelin	
2006	Eddie Strickler, SPU	2006	Lee Clarkson, WOU	2006	Kyle McGillen, WWU	2006	Ian Wells, CWU
2007	Eddie Strickler, SPU	2007	Lloyd Massey, WOU	2007	David Registe, UAA	2007	Michael Ingman, CWU
2008	Jeff Long, WOU	2008	Kevin Myhre, WWU	2008	David Registe, UAA	2008	Josh Heidegger, NNU
2010	Alfred Kangogo, UAA	2010	Maurus Hope, NNU	2008	Dermotius Preston, UAA	2010	Alex Harrison, WWU
2011	Kyle Larson, WOU	2011	Shaun Ward, UAA	2011	David Registe, UAA	2011	Will Crook, WOU
2012	Nathan Seely, SPU	2012	Shaun Ward, UAA	2012	Matson Hardie, WOU	2012	Cody Parker, UAA
2013	Chris Olsen, WOU	2013	Elliott Bauer, UAA	2013	Bryan Mack, CWU	2013	Franz Burghagen, UAA
2014	Scott Commandeur, UAA	2014	Elliott Bauer, UAA	2013	Kevin Yates, WWU	2014	Franz Burghagen, UAA
2015	Badane Sultessa, WOU	2015	Elliott Bauer, UAA	2014	Brett Watson, WWU	2015	Franz Burghagen, UAA
2016	Badane Sultessa, WOU	2016	Kaleb Dobson, WOU	2015	Peyton Harris, SPU	2016	Cody Parker, UAA
2017	David Ribich, WOU	2017	Lloyd Massey, WOU	2016	Alani Troutman, WOU	2017	Alex Barry, WWU
2018	David Ribich, WOU	2018	Vladislav Tsygankov, SFU	2017	Alani Troutman, WOU	2018	Beau Ackerman, MSUB
2019	Jesse Phan, SPU	2019	Cordell Cummings, WWU	2018	Alani Troutman, WOU	2019	Dalton Rasmussen, CU
2021	Mac Franks, WWU	2021	Cordell Cummings, WWU	2019	Seren Dances, WWU	2021	Beau Ackerman, MSUB
1,500 Meters		Steeplechase		Triple Jump		Decathlon	
2006	David Kiplagat, UAA	2006	Jasper Peach, HSU	2006	Greg Hamm, NNU	2006	Cresap Watson, CWU
2007	Anthony Tomsich, WWU	2007	Andy Peters, NNU	2007	Greg Hamm, NNU	2007	Zeb Udell, WOU
2008	Zeke VanPatten, WOU	2008	Richie Pemberton, MSUB	2008	Greg Hamm, NNU	2008	Zeb Udell, WOU
2010	Alfred Kangogo, UAA	2010	Micah Chelimo, UAA	2010	Matson Hardie, WOU	2009	Zeb Udell, WOU
2011	Ryan Brockerville, SFU	2011	Micah Chelimo, UAA	2011	Tim Clendaniel, WWU	2010	Alex Harrison, WWU
2012	Micah Chelimo, UAA	2012	Ryan Brockerville, SFU	2012	Bryan Mack, CWU	2011	Nate Johnson, SPU
2013	Seth Pierson, SPU	2013	Brady Beagley, WOU	2013	Michael Davis, SMU	2012	Alex Harrison, WWU
2014	Chase Robinson, MSUB	2014	Oliver Jorgensen, SFU	2014	Luke Plummer, CWU	2013	Cody Thomas, UAA
2015	David Ribich, WOU	2015	Robert Peterson, MSUB	2015	Luke Plummer, CWU	2014	Cody Thomas, UAA
2016	David Ribich, WOU	2017	Kaleb Kortz, UAA	2016	Mark Seely, WWU	2015	Payton Lewis, NNU
2017	David Ribich, WOU	2018	Jorey Egeland, MSUB	2017	Wesley Gray, WOU	2016	Cody Thomas, UAA
2018	David Ribich, WOU	2019	Wesley Kirui, UAA	2018	Zach Whittaker, CWU	2017	Payton Lewis, NNU
2019	Carlos Vargas, SFU	2021	Jeret Gillingham, WWU	2019	Zach Whittaker, CWU	2018	Braydon Maier, CWU
2021	Calahan Warren, WWU			2021	David Njeri, SPU	2019	Giovanni Brown, CU
5,000 Meters		4x100 Meter Relay		Shot Put		NOTE: No meet in 2020 due to COVID-19 pandemic.	
2006	Jasper Peach, HSU	2006	Central Washington	2006	Cameron Neel, CWU	The full list of all-time GNAC Outdoor Track and Field Championships results and champions can be viewed at GNACsports.com .	
2007	David Kiplagat, UAA	2007	Central Washington	2007	Cameron Neel, CWU		
2008	Jordan Welling, WOU	2008	Alaska Anchorage	2008	Sam Washington, SMU		
2010	Marko Cheseto, UAA	2010	Central Washington	2010	Jason Slowey, WOU		
2011	Micah Chelimo, UAA	2011	Alaska Anchorage	2011	Jason Slowey, WOU		
2012	Micah Chelimo, UAA	2012	Alaska Anchorage	2012	Sam Washington, SMU		
2013	Dak Riak, WWU	2012	Western Washington	2013	Sam Washington, SMU		
2014	Dylan Anthony, UAA	2013	Northwest Nazarene	2014	Frank Catelli, WWU		
		2014	Northwest Nazarene				
		2015	Western Washington				
		2016	Western Oregon				
		2017	Western Oregon				
		2018	Montana State Billings				
		2019	Montana State Billings				
		2021	Western Washington				

Meet Schedule

FRI., MAY 13

Field Events (Finals)

11 a.m.	Men's Javelin
11:05 a.m.	Women's Long Jump
11:30 a.m.	Women's Shot Put
1:45 p.m.	Men's Discus
1:50 p.m.	Men's Long Jump
2 p.m.	Women's Javelin
3:45 p.m.	Women's Pole Vault
4:30 p.m.	Women's Discus
4:45 p.m.	Men's High Jump

Running Events (Preliminaries Unless Noted)

3:15 p.m.	National Anthems
3:30 p.m.	Women's Steeplechase (Final)
3:45 p.m.	Men's Steeplechase (Final)
4:05 p.m.	Women's 110-Meter Hurdles
4:20 p.m.	Men's 100-Meter Hurdles
4:35 p.m.	Women's 400 Meters
4:45 p.m.	Men's 400 Meters
5 p.m.	Women's 100 Meters
5:10 p.m.	Men's 100 Meters
5:25 p.m.	Women's 800 Meters
5:35 p.m.	Men's 800 Meters
5:50 p.m.	Women's 400-Meter Hurdles
6:05 p.m.	Men's 400-Meter Hurdles
6:20 p.m.	Women's 200 Meters
6:30 p.m.	Men's 200 Meters
6:45 p.m.	Women's 10,000 Meters (Final)
7:30 p.m.	Men's 10,000 Meters (Final)

NOTE: Meet schedule is subject to change.

SAT., MAY 14

Field Events (Finals)

10:30 a.m.	Men's Triple Jump
10:45 a.m.	Men's Shot Put
1 p.m.	Women's Triple Jump
1:15 p.m.	Women's Hammer
3:10 p.m.	Men's Pole Vault
3:40 p.m.	Men's Hammer
3:45 p.m.	Women's High Jump

Running Events (Finals)

2:35 p.m.	National Anthems
2:45 p.m.	Women's 4x100 Relay
2:50 p.m.	Men's 4x100 Relay
3 p.m.	Women's 1,500 Meters
3:05 p.m.	Men's 1,500 Meters
3:15 p.m.	Women's 110-Meter Hurdles
3:25 p.m.	Men's 110 Meter Hurdles
3:35 p.m.	Women's 400 Meters
3:40 p.m.	Men's 400 Meters
3:50 p.m.	Women's 100 Meters
3:55 p.m.	Men's 100 Meters
4:05 p.m.	Women's 800 Meters
4:10 p.m.	Men's 800 Meters
4:20 p.m.	Women's 400-Meter Hurdles
4:30 p.m.	Men's 400-Meter Hurdles
4:40 p.m.	Women's 200 Meters
4:45 p.m.	Men's 200 Meters
4:50 p.m.	Women's 5,000 Meters
5:15 p.m.	Men's 5,000 Meters
5:40 p.m.	Women's 4x400 Relay
5:45 p.m.	Men's 4x400 Relay
6 p.m.	Awards Ceremony

Team Champions & Special Award Winners

MEN				WOMEN			
Team Champion		2012	Micah Chelimo, Alaska Anchorage	Team Champion		2011	Helen Crofts, Simon Fraser
2002	Western Oregon 206.5	2013	Rimar Christie, Northwest Nazarene	2002	Seattle Pacific 226	2012	Ali Worthen, Seattle Pacific
2003	Western Oregon 259.5	2014	Cody Thomas, Alaska Anchorage	2003	Western Oregon 210.5	2013	Ali Worthen, Seattle Pacific
2004	Western Oregon 253.5	2015	Brett Watson, Western Washington	2004	Western Oregon 231.5	2014	Katelyn Steen, W. Washington
2005	Western Washington 221	2016	Cody Thomas, Alaska Anchorage	2005	Western Oregon 217.5	2015	Jamie Ashcroft, Alaska Anchorage
2006	Central Washington 222	2017	Payton Lewis, Northwest Nazarene	2006	Seattle Pacific 203	2016	Maliea Luquin, Seattle Pacific
2007	Central Washington 238	GNAC Championships		2007	Seattle Pacific 200	2017	McKenzie Warren, Concordia
2008	Western Oregon 166.5	Track Athlete Of The Meet		2008	Western Oregon 162	GNAC Championships	
2009	No Meet	2018	David Ribich, Western Oregon	2009	No Meet	Track Athlete Of The Meet	
2010	Western Washington 221.5	2019	Cordell Cummings, W. Washington	2010	Seattle Pacific 224	2018	Caroline Kurgat, Alaska Anchorage
2011	Western Oregon 203	2020	No Meet	2011	Seattle Pacific 206.5	2019	Caroline Kurgat, Alaska Anchorage
2012	Western Washington 205	2021	Cordell Cummings, W. Washington	2012	Seattle Pacific 188	2020	No Meet
2013	Western Washington 183.5	GNAC Championships		2013	Alaska Anchorage 175	2021	Dania Holmberg, Seattle Pacific
2014	Western Washington 186	Field Athlete Of The Meet		2014	Alaska Anchorage 137	GNAC Championships	
2015	Western Washington 176	2018	Braydon Maier, Central Washington	2015	Seattle Pacific 183	Field Athlete Of The Meet	
2016	Alaska Anchorage 163.5	2019	Jake Knight, Northwest Nazarene	2016	Seattle Pacific 148.5	2018	Ellie Logan, Northwest Nazarene
2017	Alaska Anchorage 134	2020	No Meet	2017	Alaska Anchorage 158	2019	Renick Meyer, Seattle Pacific
2018	Concordia 138	2021	Braydon Maier, Central Washington	2018	Seattle Pacific 154.5	2019	Sidney Trinidad, C. Washington
2019	Western Washington 173	GNAC Championships		2019	Seattle Pacific 166	2020	No Meet
2020	No Meet	Performance Of The Meet		2020	No Meet	2021	Renick Meyer, Seattle Pacific
2021	Western Washington 289	2018	Jorey Egeland, Mont. St. Billings	2021	Seattle Pacific 208	GNAC Championships	
Outstanding Performer (GNAC Meet)		2019	Dalton Rasmussen, Concordia	Outstanding Performer (GNAC Meet)		Performance Of The Meet	
2002	Mike Hinshaw, Western Oregon	2020	No Meet	2002	Stephanie Huffman, SPU	2018	Ellie Logan, Northwest Nazarene
2003	Isaac Frederick, Western Oregon	2021	Beau Ackerman, Mont. St. Billings	2003	Sarah Kraybill, Seattle Pacific	2019	Renick Meyer, Seattle Pacific
2004	Isaac Frederick, Western Oregon			2004	Monica Smith, Western Oregon	2019	Sidney Trinidad, C. Washington
2005	Adam Neff, Western Washington			2005	Monica Smith, Western Oregon	2020	No Meet
2006	Cresap Watson, C. Washington			2006	Danielle Ayers-Stamper, SPU	2021	Renick Meyer, Seattle Pacific
2007	Evan Ruud, Central Washington			2007	Mary Pearce, Alaska Anchorage		
2008	Michael Madrid, Alaska Anchorage			2008	Jessica Pixler, Seattle Pacific		
2009	No meet			2009	Ashley Puga, Northwest Nazarene		
2010	Alfred Kangogo, Alaska Anchorage			2010	No Meet		
2011	David Registe, Alaska Anchorage			2010	Crystal Sims, Seattle Pacific		