

NCAA DIVISION II CROSS COUNTRY CHAMPIONSHIPS
November 23, 2019 Sacramento, CA

WOMEN'S RACE - 6000 METERS

Results by Leone Timing & Results Services
www.leonetiming.com

Table with 11 columns: PLACE, PTS, NAME, YR, TEAM, TIME, PACE, 800M SPLIT, 1 MILE SPLIT, 2.3K SPLIT, 3.5K SPLIT, 4.3K SPLIT, 5.1K SPLIT. It lists 93 individual race participants with their respective rankings, names, years, teams, and split times.



201	177	Kelsey Washenberger	FR	Seattle Pacific	22:47.7	6:07	2:43.3	5:39.6	8:26.9	13:02.8	16:14.7	19:19.0
202	178	Elli Kliewer	SO	Cal Poly Pomona	22:48.4	6:08	2:45.9	5:46.1	8:39.5	13:16.6	16:26.7	19:26.9
203	179	Alyssa Viscounte	SO	Walsh	22:49.1	6:08	2:39.8	5:36.8	8:30.3	13:11.1	16:25.3	19:28.7
204	180	Julia Lockridge	SR	Tampa	22:49.8	6:08	2:46.5	5:49.5	8:44.3	13:24.5	16:36.2	19:41.0
205	181	Allyson Arellano	JR	Queens (N.C.)	22:51.0	6:08	2:50.3	5:53.8	8:47.1	13:26.9	16:37.5	19:35.7
206	182	Cameron Martella	FR	Wayne State (Mich.)	22:51.6	6:08	2:45.2	5:43.9	8:37.4	13:12.2	16:24.3	19:24.7
207	183	Megan Wisniewski	FR	Edinboro	22:53.7	6:09	2:48.3	5:48.9	8:41.5	13:14.1	16:23.5	19:26.9
208	184	Sophia Anderle	JR	Stonehill	22:53.8	6:09	2:42.9	5:45.1	8:38.7	13:13.5	16:25.8	19:32.6
209	185	Lauryn Tumey	JR	Wingate	22:55.2	6:09	2:42.7	5:42.8	8:41.2	13:18.2	16:32.3	19:35.4
210	186	Carissa Martin	JR	Saginaw Valley	22:56.8	6:10	2:45.3	5:46.2	8:43.0	13:24.8	16:36.9	19:39.9
211	187	Ariel Van Ripper	FR	Cal St. East Bay	22:58.1	6:10	2:45.4	5:48.6	8:44.1	13:21.0	16:33.7	19:36.3
212		Abagaile Kimbrell	JR	St. Thomas Aquinas	22:59.2	6:10	2:43.8	5:47.1	8:43.4	13:26.4	16:36.5	19:38.4
213	188	Stephanie Penticuff	SR	Southwest Baptist	22:59.8	6:11	2:43.2	5:46.3	8:43.7	13:22.4	16:35.6	19:43.1
214	189	Faith Mark	FR	Flagler	23:01.0	6:11	2:46.3	5:48.0	8:43.1	13:20.1	16:32.2	19:34.3
215	190	Heidi Nisly	JR	Northwest Nazarene	23:02.8	6:11	2:45.6	5:43.3	8:37.6	13:15.6	16:29.2	19:35.3
216	191	Erin Graham	SR	Roberts Wesleyan	23:04.0	6:12	2:44.5	5:46.3	8:38.7	13:16.1	16:29.7	19:36.0
217	192	Caitlyn Padgett	SR	Seton Hill	23:06.3	6:12	2:44.7	5:43.1	8:38.3	13:17.0	16:29.9	19:36.2
218	193	Audrey MacPherson	SO	Edinboro	23:07.0	6:12	2:48.6	5:48.8	8:40.4	13:23.2	16:38.5	19:44.3
219	194	Allison Green	SO	Southwest Baptist	23:08.4	6:13	2:40.2	5:41.1	8:39.0	13:23.1	16:38.5	19:44.3
220	195	Maura Coakley	JR	SNHU	23:08.6	6:13	2:43.9	5:45.3	8:42.8	13:27.8	16:43.7	19:48.4
221	196	Kathrin Halter	JR	Saint Leo	23:09.7	6:13	2:50.0	5:56.4	8:54.8	13:30.4	16:44.7	19:47.1
222	197	Cassie Highsmith	SO	Tampa	23:10.1	6:13	2:48.8	5:51.7	8:49.5	13:29.5	16:43.0	19:44.8
223	198	Kimberly Goerss	FR	Edinboro	23:10.3	6:13	2:46.6	5:48.1	8:40.4	13:20.5	16:38.6	19:44.6
224	199	Lindsey Williams	SO	Flagler	23:11.8	6:14	2:47.2	5:47.3	8:42.4	13:25.8	16:42.6	19:45.4
225	200	Emma Clark	FR	Lee (Tenn.)	23:12.0	6:14	2:47.3	5:47.4	8:47.6	13:35.0	16:48.1	19:50.6
226	201	Luz Garcia	SO	Cal Poly Pomona	23:12.2	6:14	2:40.2	5:41.8	8:32.5	13:10.3	16:24.7	19:29.2
227	202	Aspen Gordon	FR	Tampa	23:19.1	6:16	2:43.2	5:38.6	8:29.9	13:14.6	16:36.7	19:48.7
228	203	Andrea Chestnut	JR	Pittsburg St.	23:19.9	6:16	2:50.6	5:55.9	8:56.4	13:41.5	16:58.1	20:00.6
229	204	Britney Solis	FR	Cal Poly Pomona	23:24.6	6:17	2:46.0	5:48.4	8:42.6	13:26.0	16:48.4	19:55.4
230	205	Tatjana Mense	FR	Wingate	23:26.3	6:18	2:46.6	5:46.9	8:38.7	13:21.3	16:40.1	19:50.8
231	206	Aleziah Brooks	FR	Edinboro	23:29.5	6:19	2:45.7	5:48.6	8:46.7	13:38.0	16:56.5	20:06.3
232	207	Thailiya Christensen	FR	Wayne State (Mich.)	23:30.1	6:19	2:46.8	5:49.4	8:45.6	13:36.5	16:58.8	20:04.1
233	208	Jessie Mescal	SO	Flagler	23:30.4	6:19	2:50.4	5:56.3	8:56.0	13:35.9	16:53.4	19:59.4
234	209	Zoe Brickley	FR	Wingate	23:31.1	6:19	2:46.1	5:48.6	8:47.5	13:34.4	16:56.8	20:08.7
235	210	Isabelle McCabe	FR	Seton Hill	23:32.2	6:19	2:48.2	5:52.4	8:51.0	13:35.4	16:53.0	19:58.9
236	211	Allison Horwitch	JR	Flagler	23:33.4	6:20	2:44.3	5:48.4	8:50.1	13:38.3	16:56.6	20:02.0
237	212	Abby Jeske	SO	Wingate	23:34.3	6:20	2:46.4	5:50.6	8:50.8	13:38.1	16:54.4	20:05.5
238	213	Anna Bandy	FR	Southwest Baptist	23:38.3	6:21	2:49.2	5:54.1	8:56.5	13:45.2	17:05.5	20:13.8
239	214	Madison Brand	SR	SNHU	23:39.5	6:21	2:45.6	5:50.0	8:47.6	13:34.0	16:50.9	20:01.3
240	215	Hannah Moore	FR	Davis & Elkins	23:40.0	6:21	2:50.7	5:57.6	8:59.1	13:48.6	17:07.4	20:17.2
241	216	Ashley Lawhorn	SR	Southern Indiana	23:40.9	6:22	2:48.3	5:50.8	8:50.1	13:39.8	17:01.1	20:07.6
242	217	Halle Helfrich	JR	Pittsburg St.	23:41.3	6:22	2:53.2	6:01.8	9:06.2	13:56.7	17:13.0	20:16.4
243	218	Lydia Mathson	FR	SNHU	23:41.7	6:22	2:42.2	5:47.2	8:48.3	13:37.3	16:57.9	20:09.4
244	219	Kelsey Kinkade	SO	Pittsburg St.	23:43.2	6:22	2:52.9	6:01.1	9:05.2	13:56.3	17:12.8	20:16.7
245	220	Brittney Duquette	SR	Cal St. East Bay	23:46.4	6:23	2:49.5	5:57.6	9:01.4	13:53.7	17:16.8	20:24.6
246	221	Aoife Mahony	SO	Saint Leo	23:48.0	6:23	2:45.1	5:48.2	8:48.9	13:37.7	16:57.1	20:11.4
247	222	Darby Roth	FR	Seton Hill	23:52.1	6:25	2:48.1	5:54.3	8:53.0	13:45.7	17:08.6	20:18.4
248	223	Alexis Cunningham	SO	Seton Hill	23:52.3	6:25	2:45.7	5:47.9	8:47.9	13:41.3	17:07.3	20:17.7
249	224	Mady Van Wieren	FR	Michigan Tech	23:52.7	6:25	2:49.2	5:53.3	8:53.0	13:44.9	17:07.0	20:18.0
250	225	Lucie Kammer	FR	Flagler	23:52.7	6:25	2:47.2	5:48.3	8:48.1	13:39.3	17:01.7	20:15.6
251	226	Lainy Williams	FR	Southwest Baptist	23:57.3	6:26	2:40.3	5:41.5	8:44.1	13:42.2	17:10.8	20:27.6
252	227	Julie Diaz	JR	Wingate	24:00.8	6:27	2:47.8	5:53.8	8:59.8	13:55.1	17:14.4	20:25.4
253	228	Sarah Zarakotas	FR	SNHU	24:05.2	6:28	2:47.5	6:03.5	9:10.9	14:04.6	17:26.7	20:38.4
254	229	Alfin Nyamasoy	SO	Alaska Anchorage	24:07.0	6:29	2:44.4	5:53.6	9:02.0	13:59.3	17:26.8	20:44.1
255	230	Kaitlyn Cavallo	SR	Saginaw Valley	24:08.1	6:29	2:53.2	6:05.0	9:09.9	14:04.0	17:24.2	20:34.1
256	231	Sydney Wolf	SO	Seton Hill	24:25.7	6:34	2:51.8	6:02.0	9:11.4	14:05.0	17:33.2	20:49.8
257	232	Alexarae Clark	FR	SNHU	24:25.9	6:34	2:46.7	5:53.6	8:59.8	14:00.3	17:29.8	20:51.5
258	233	Amanda Bohm	FR	Saint Leo	24:39.2	6:37	2:52.1	6:03.3	9:09.9	14:05.3	17:43.1	21:02.2
259	234	Skylee Watson	JR	Davis & Elkins	25:05.5	6:44	2:52.7	6:10.5	9:20.6	14:22.5	17:54.3	21:12.8
260	235	Maria Aceves Espinoza	JR	Alaska Anchorage	26:12.6	7:02	2:52.9	6:09.9	9:28.1	14:56.3	18:46.8	22:15.0
		Jane Barr	JR	Western Washington			2:37.6	5:28.0	8:09.6	12:28.2	15:27.4	18:22.4 DNF

NCAA DIVISION II CROSS COUNTRY CHAMPIONSHIPS  
November 23, 2019 Sacramento, CA

WOMEN'S RACE - 6000 METERS

Results by Leone Timing & Results Services  
www.leonetiming.com

-----  
TEAM SCORES  
-----

1.	23	Adams State	(19:54.0 99:29.7 1:21.2)
1	1	Stephanie Cotter	SO 19:15.5
2	2	Eilish Flanagan	SR 19:39.0
3	3	Roisin Flanagan	SR 19:39.3
4	6	Haleigh Hunter-Galvan	SR 20:19.2
5	11	Tiffany Christensen	SR 20:36.7
6	( 22)	Kaylee Bogina	SR 20:51.3
7	( 27)	Piper Meuwissen	SO 20:54.6
2.	87	Grand Valley St.	(20:43.9 103:39.2 0:20.7)
1	10	Allie Ludge	SR 20:34.1
2	12	Hanna Groeber	SR 20:38.2
3	16	Jessica Gockley	SR 20:41.4
4	21	Klaudia O'Malley	FR 20:50.7
5	28	Natalie Graber	FR 20:54.8
6	( 36)	Olivia Brian	SO 21:03.1
7	( 60)	Madison Goen	JR 21:26.1
3.	133	Colorado Mines	(20:51.7 104:18.4 0:59.8)
1	7	Chloe Cook	SR 20:24.0
2	14	Morgan Molesworth	SO 20:39.3
3	17	Zoe Baker	SO 20:46.7
4	38	Brook Eberle	SR 21:04.6
5	57	Madeline Geesen	SR 21:23.8
6	( 79)	Molly Maksin	FR 21:37.7
7	( 90)	Brin Strouse	FR 21:46.8
4.	192	Western Colorado	(21:05.9 105:29.3 0:20.3)
1	31	Alexia Thiros	JR 20:58.4

2	34	Katie Doucette	FR	21:02.0
3	37	Alyssa Tatum	SO	21:03.7
4	39	Hannah Mae Gigstad	FR	21:06.5
5	51	Alexa Rodriguez	FR	21:18.7
6	( 54)	Bailey Sharon	JR	21:19.8
7	( 84)	Malindi Congour	JR	21:40.0
5.	233	U-Mary	(21:06.5	105:32.5 1:19.3)
=====				
1	4	Ida Narbuvoll	SR	20:12.1
2	30	Kayla Ogle	FR	20:55.6
3	56	Starlynn Costa	SO	21:22.9
4	70	Taylor Hestekin	SO	21:30.5
5	73	Lacey Feist-Young	JR	21:31.4
6	( 75)	Kate Fox	FR	21:32.6
7	( 91)	Kiran Green	FR	21:47.4
6.	234	Augustana (S.D.)	(21:15.0	106:14.8 0:19.6)
=====				
1	35	Nicolette Schmidt	SO	21:02.9
2	42	Cait Savey	SO	21:11.5
3	49	Rebekah Rairdon	JR	21:18.2
4	53	Claire Boersma	JR	21:19.7
5	55	Rachel Rairdon	JR	21:22.5
6	( 58)	Patty Jo English	FR	21:25.7
7	( 64)	Haylee Waterfall	SO	21:29.0
7.	319	Chico State	(21:27.3	107:16.1 0:24.2)
=====				
1	48	Nora Pizzella	SR	21:16.6
2	52	Gracie Dupuis	FR	21:19.4
3	65	Talia Swangler	SR	21:29.2
4	69	Destiny Everett	FR	21:30.1
5	85	Taylor Bailey-Lustyan	SO	21:40.8
6	(104)	Desirae Jones	SR	21:54.4
7	(168)	Haley Boynton	JR	22:41.0
8.	374	Alaska Anchorage	(21:24.7	107:03.1 2:01.4)
=====				
1	5	Emmanuelah Chelimo	SR	20:18.3
2	8	Nancy Jeptoo	JR	20:30.2
3	82	Joan Kipsanai	SO	21:38.7
4	137	Ruth Cvancara	JR	22:16.2
5	142	Yvonne Jeschke	SR	22:19.7
6	(229)	Alfin Nyamasyo	SO	24:07.0
7	(235)	Maria Aceves Espinoza	JR	26:12.6
9.	380	Cal St. East Bay	(21:33.5	107:47.1 1:14.1)
=====				
1	26	Angelina Ronquillo	SO	20:53.9
2	47	Claire Fisher	JR	21:14.4
3	66	Amanda Navarro	SO	21:29.3
4	117	Andrea Romero	SR	22:01.5
5	124	Alondra Ortiz	SR	22:08.0
6	(187)	Ariel Van Riper	FR	22:58.1
7	(220)	Brittney Duquette	SR	23:46.4
10.	394	Walsh	(21:35.9	107:59.3 1:05.0)
=====				
1	33	Andra Lehotay	SR	21:01.0
2	71	Alexa Leppelmeier	JR	21:31.2
3	76	Bridget Hahn	FR	21:32.8
4	92	Claire Robertson	JR	21:48.3
5	122	Bre Bakan	SR	22:06.0
6	(129)	Karissa Sonneberger	JR	22:11.1
7	(179)	Alyssa Viscounte	SO	22:49.1
11.	414	Hillsdale	(21:40.0	108:19.6 0:32.1)
=====				
1	59	Sophia Maeda	SO	21:26.0
2	67	Arena Lewis	SR	21:29.6
3	74	Gwynne Riley	FR	21:31.9
4	102	Maryssa Depies	JR	21:54.0
5	112	Meg Scheske	FR	21:58.1
6	(120)	Claire McNally	SO	22:05.2
7	(145)	Christina Sawyer	JR	22:24.1
12.	425	Seattle Pacific	(21:40.2	108:21.0 1:34.6)
=====				
1	18	Dania Holmberg	JR	20:48.8
2	41	Kate Lilly	SR	21:10.2
3	86	Katherine Walter	SR	21:42.8
4	136	Sedona McNerney	SR	22:15.8
5	144	Elizabeth Thompson	JR	22:23.4
6	(177)	Kelsey Washenberger	FR	22:47.7
13.	448	Southern Indiana	(21:43.7	108:38.4 1:35.1)
=====				
1	20	Jennifer Comastri	JR	20:50.0
2	43	Hope Jones	SR	21:12.1
3	107	Doriane Langlois	JR	21:55.9
4	132	Presley Warren	FR	22:15.3
5	146	McKenna Cavanaugh	FR	22:25.1
6	(170)	Aubrey Swart	FR	22:43.6
7	(216)	Ashley Lawhorn	SR	23:40.9
14.	450	Lee (Tenn.)	(21:43.5	108:37.4 1:43.8)
=====				
1	19	Celine Ritter	JR	20:49.8
2	32	Chloe Flora	SR	20:59.9
3	88	Charlee Boxall	SR	21:45.4
4	153	Toni Moore	JR	22:28.7
5	158	Olivia McLain	FR	22:33.6
6	(164)	Becca Umbarger	SR	22:39.2
7	(200)	Emma Clark	FR	23:12.0
15.	472	UC-Colo. Spgs.	(21:48.3	109:01.5 1:01.6)

=====						
1	45	Kayla Wooten	SR	21:12.9		
2	50	Layla Almasri	SO	21:18.2		
3	121	Marissa Kuik	SR	22:05.9		
4	125	Maia Austin	JR	22:10.0		
5	131	Meg Super	JR	22:14.5		
6	(138)	Katie Novak	SR	22:16.4		
7	(159)	Hannah Ellis	SO	22:34.4		
=====						
16.	484	Northwest Nazarene		(21:50.2	109:10.6	0:32.6)
=====						
1	81	Julia LaMar	FR	21:38.2		
2	83	Sierra Manzer	SR	21:39.4		
3	93	Annalisa Hamilton	JR	21:48.7		
4	101	Bethany Danner	SR	21:53.5		
5	126	Kalen Johnson	SO	22:10.8		
6	(190)	Heidi Nisly	JR	23:02.8		
=====						
17.	507	Western Washington		(21:52.0	109:19.8	0:47.6)
=====						
1	72	Tovah Swartz-Ireland	SO	21:31.4		
2	78	Sophia Galvez	SR	21:37.1		
3	106	Tracy Melville	SR	21:55.0		
4	111	Aundrea Koger	SR	21:57.3		
5	140	Rebecca Lehman	SO	22:19.0		
6	(161)	Talia Dreicer	JR	22:36.6		
=====						
18.	518	Edinboro		(21:51.7	109:18.1	2:27.8)
=====						
1	13	Hope Pietrocarlo	JR	20:39.2		
2	15	Stefanie Parsons	JR	20:39.4		
3	114	Tori Klimowicz	JR	21:58.8		
4	183	Megan Wisniewski	FR	22:53.7		
5	193	Audrey MacPherson	SO	23:07.0		
6	(198)	Kimberly Goerss	FR	23:10.3		
7	(206)	Aleziah Brooks	FR	23:29.5		
=====						
19.	519	Saginaw Valley		(21:56.0	109:39.7	1:17.9)
=====						
1	62	Katelyn Spooner	SO	21:28.3		
2	87	Morgan Fuerst	JR	21:43.3		
3	95	Sydney Kreger	SR	21:49.1		
4	100	Jenna Keiser	JR	21:52.8		
5	175	Arianna Wegienka	SO	22:46.2		
6	(186)	Carissa Martin	JR	22:56.8		
7	(230)	Kaitlyn Cavallo	SR	24:08.1		
=====						
20.	523	Southwest Baptist		(21:53.8	109:28.8	2:36.9)
=====						
1	9	Elysia Burgos	SO	20:31.5		
2	29	Tessa Valdivia	FR	20:55.0		
3	103	Tabitha Weber	JR	21:54.1		
4	188	Stephanie Penticuff	SR	22:59.8		
5	194	Allison Green	SO	23:08.4		
6	(213)	Anna Bandy	FR	23:38.3		
7	(226)	Lainy Williams	FR	23:57.3		
=====						
21.	551	Queens (N.C.)		(21:57.2	109:45.6	1:34.5)
=====						
1	25	Hannah Wolkenhauer	SR	20:52.6		
2	118	Madison Webster	FR	22:02.4		
3	128	Natane Deruytter	SR	22:11.0		
4	130	Stevie Lawrence	FR	22:12.5		
5	150	Gillian Kasitz	JR	22:27.1		
6	(154)	Mandi Moxie	SR	22:28.9		
7	(181)	Allyson Arellano	JR	22:51.0		
=====						
22.	563	Stonehill		(21:59.7	109:58.5	0:30.5)
=====						
1	94	Siobhan O'Keefe	SO	21:48.8		
2	97	Samantha Curtin	JR	21:49.7		
3	115	Alyssa Freeman	SR	21:59.3		
4	116	Jordan Callahan	SR	22:01.4		
5	141	Jillian Howard	JR	22:19.3		
6	(172)	Anna Lastra	SR	22:44.0		
7	(184)	Sophia Anderle	JR	22:53.8		
=====						
23.	567	Tampa		(22:00.4	110:01.7	1:57.8)
=====						
1	24	Zoe Jarvis	JR	20:52.0		
2	98	Monika Brill	JR	21:50.7		
3	109	Sydney Rhodes	JR	21:56.9		
4	156	Madison Mimnaugh	JR	22:32.3		
5	180	Julia Lockridge	SR	22:49.8		
6	(197)	Cassie Highsmith	SO	23:10.1		
7	(202)	Aspen Gordon	FR	23:19.1		
=====						
24.	577	Michigan Tech		(22:02.1	110:10.4	1:13.0)
=====						
1	44	Emily Byrd	SR	21:12.4		
2	123	Gabrielle Feber	SO	22:06.0		
3	127	Carly Huggins	JR	22:10.9		
4	135	Sam Kurkowski	SO	22:15.7		
5	148	Amanda Kautzer	JR	22:25.4		
6	(166)	Sarah Goble	SR	22:40.0		
7	(224)	Mady Van Wieren	FR	23:52.7		
=====						
25.	620	Wayne State (Mich.)		(22:09.4	110:47.0	1:37.1)
=====						
1	40	Jacqueline Feist	SR	21:08.8		
2	80	Ashley Defrain	SO	21:37.8		
3	157	Katelyn Duffing	FR	22:33.1		
4	169	Teresa Diehl	SR	22:41.4		
5	174	Miranda Banks	SO	22:45.9		
6	(182)	Cameron Martella	FR	22:51.6		
7	(207)	Thailya Christensen	FR	23:30.1		

26.	635	Pittsburg St.		(22:15.4	111:16.8	2:06.3)
1	46	Piper Misse	SR	21:13.6		
2	63	Cassidy Westhoff	JR	21:28.5		
3	160	Kari Blattner	SR	22:35.8		
4	163	Hannah Honeyman	SO	22:39.0		
5	203	Andrea Chestnut	JR	23:19.9		
6	(217)	Halle Helfrich	JR	23:41.3		
7	(219)	Kelsey Kinkade	SO	23:43.2		
27.	661	Cal Poly Pomona		(22:14.5	111:12.1	1:18.8)
1	68	Elizabeth Hernandez	SR	21:29.6		
2	108	Araseli Servin	JR	21:56.4		
3	152	Samantha Aguilar	SO	22:28.2		
4	155	Pearl Burton	FR	22:29.5		
5	178	Elli Kliewer	SO	22:48.4		
6	(201)	Luz Garcia	SO	23:12.2		
7	(204)	Britney Solis	FR	23:24.6		
28.	669	Roberts Wesleyan		(22:15.0	111:15.0	0:45.0)
1	105	Ashley Watson	JR	21:54.4		
2	113	Brittany Shumway	JR	21:58.4		
3	139	Bailey Gostomski	SO	22:17.7		
4	147	Aasha Krishnan	FR	22:25.1		
5	165	Abigail Gostomski	SO	22:39.4		
6	(176)	Moriah Martone	SR	22:47.6		
7	(191)	Erin Graham	SR	23:04.0		
29.	702	Davis & Elkins		(22:21.1	111:45.5	0:54.0)
1	99	Svea Timm	FR	21:51.3		
2	119	Madison Michels	FR	22:04.2		
3	149	Kloe Littleman	FR	22:26.7		
4	162	Anya Miller	FR	22:38.0		
5	173	Claire Otte	FR	22:45.3		
6	(215)	Hannah Moore	FR	23:40.0		
7	(234)	Skylee Watson	JR	25:05.5		
30.	710	Saint Leo		(22:23.6	111:58.0	1:20.4)
1	96	Paige Patterson	SO	21:49.3		
2	133	Ashley Lindeman	SR	22:15.4		
3	134	Sintayehu Vissa	FR	22:15.5		
4	151	Tania Jarreau	JR	22:28.1		
5	196	Kathrin Halter	JR	23:09.7		
6	(221)	Aoife Mahony	SO	23:48.0		
7	(233)	Amanda Bohm	FR	24:39.2		
31.	737	Wingate		(22:35.6	112:57.7	2:02.9)
1	61	Franziska Althaus	SO	21:28.2		
2	77	Shona Blades	SR	21:36.9		
3	185	Lauryn Tumey	JR	22:55.2		
4	205	Tatjana Mense	FR	23:26.3		
5	209	Zoe Brickley	FR	23:31.1		
6	(212)	Abby Jeske	SO	23:34.3		
7	(227)	Julie Diaz	JR	24:00.8		
32.	821	SNHU		(22:49.1	114:05.2	2:50.0)
1	23	Ashley Corcoran	SO	20:51.7		
2	171	Grace Henson	SO	22:43.7		
3	195	Maura Coakley	JR	23:08.6		
4	214	Madison Brand	SR	23:39.5		
5	218	Lydia Mathson	FR	23:41.7		
6	(228)	Sarah Zarakotas	FR	24:05.2		
7	(232)	Alexarae Clark	FR	24:25.9		
33.	849	Flagler		(22:48.1	114:00.5	1:33.2)
1	110	Malia Cryan	JR	21:57.2		
2	143	Kayla McManama	SR	22:20.1		
3	189	Faith Mark	FR	23:01.0		
4	199	Lindsey Williams	SO	23:11.8		
5	208	Jessie Mescal	SO	23:30.4		
6	(211)	Allison Horwitch	JR	23:33.4		
7	(225)	Lucie Kammer	FR	23:52.7		
34.	880	Seton Hill		(22:59.5	114:57.5	2:05.3)
1	89	Skye Christian	SR	21:46.8		
2	167	Maria Cawoski	FR	22:40.1		
3	192	Caitlyn Padgett	SR	23:06.3		
4	210	Isabelle McCabe	FR	23:32.2		
5	222	Darby Roth	FR	23:52.1		
6	(223)	Alexis Cunningham	SO	23:52.3		
7	(231)	Sydney Wolf	SO	24:25.7		

NCAA DIVISION II CROSS COUNTRY CHAMPIONSHIPS  
November 23, 2019 Sacramento, CA

MEN'S RACE - 10,000 METERS

Results by Leone Timing & Results Services  
www.leonetiming.com

Table with columns: PLACE, PTS, NAME, YR, TEAM, TIME, PACE, 800M SPLIT, 1 MILE SPLIT, 2.3K SPLIT, 4.2K SPLIT, 5K SPLIT, 5.7K SPLIT, 7.6K SPLIT, 8.4K SPLIT, 9.1K SPLIT. Rows list 115 athletes with their respective race times and split times.





245	216	Connor Kaufman	JR	Charleston (W.V.)	34:03.8	5:29	2:17.5	4:49.9	7:17.6	13:22.1	16:08.4	18:44.2	25:10.7	28:07.2	30:55.1
246	217	Ryan LaFrance	SR	American Int'l	34:06.4	5:30	2:20.5	4:55.1	7:23.2	13:24.8	16:10.9	18:49.3	25:20.8	28:17.5	31:00.9
247	218	Trevor Boaz	FR	Cal St. San Marcos	34:08.6	5:30	2:23.7	5:00.7	7:30.8	13:39.9	16:30.5	19:11.8	25:42.4	28:32.5	31:09.2
248	219	Javan Winders	SR	Southern Indiana	34:13.7	5:31	2:21.5	4:52.0	7:17.8	13:17.3	16:06.6	18:48.8	25:18.4	28:14.8	31:03.2
249	220	Eric Alu	FR	Edinboro	34:16.6	5:31	2:18.7	4:50.7	7:17.0	13:25.2	16:14.4	18:55.7	25:31.1	28:28.8	31:13.1
250	221	Tucker Dahle	JR	NW Missouri	34:17.8	5:32	2:19.4	4:53.9	7:24.0	13:37.8	16:27.1	19:09.4	25:41.8	28:35.0	31:18.6
251	222	Ryan St. Pierre	JR	Biola	34:19.9	5:32	2:15.9	4:47.1	7:16.4	13:19.5	16:11.4	18:53.1	25:29.3	28:27.4	31:15.3
252	223	Sadadine Adam	FR	American Int'l	34:22.6	5:32	2:20.9	4:55.3	7:24.8	13:47.6	16:44.2	19:29.3	25:55.0	28:46.2	31:24.9
253	224	Jack Lacina	SO	Edinboro	34:22.9	5:32	2:15.8	4:46.6	7:15.0	13:21.2	16:07.9	18:40.6	25:26.9	28:20.9	31:11.4
254	225	Kyle Drzka	FR	NW Missouri	34:22.9	5:32	2:21.0	4:59.7	7:36.1	13:55.5	16:48.1	19:29.4	25:56.2	28:47.0	31:26.6
255	226	Brendan Oswalt	SO	Edinboro	34:37.6	5:35	2:19.0	4:51.8	7:20.9	13:40.9	16:34.4	19:22.0	26:03.4	29:03.0	31:45.9
256	227	Fabio Fornarelli	JR	Saint Leo	34:40.0	5:35	2:17.6	4:48.9	7:16.8	13:33.6	16:30.6	19:16.5	25:59.1	28:54.4	31:36.5
257	228	Shodo Mahamed	SO	Sioux Falls	34:41.5	5:35	2:21.3	4:54.7	7:22.2	13:33.0	16:21.9	19:04.1	25:34.2	28:30.0	31:21.0
258	229	Robert Marin	JR	Cal St. San Marcos	34:49.3	5:37	2:20.0	4:50.9	7:17.1	13:09.5	15:50.0	18:24.0	24:46.5	28:04.8	31:22.5
259	230	Gabriel Reuter	FR	UC San Diego	34:59.4	5:38	2:17.5	4:49.9	7:20.2	13:25.3	16:08.3	18:44.4	25:05.9	28:47.2	31:55.0
260	231	Colin Black	FR	Stonehill	35:50.7	5:47	2:20.9	4:56.9	7:34.1	14:06.2	17:04.0	19:54.7	26:46.0	29:46.5	32:40.5
261	232	Jett Hall	SO	Mount Olive	36:05.8	5:49	2:25.3	5:04.4	7:44.6	14:20.8	17:23.8	20:13.0	27:07.1	30:10.1	33:00.9
262	233	Wyatt Schlager	FR	Sioux Falls	36:09.8	5:50	2:21.0	4:59.2	7:35.4	14:10.8	17:12.1	20:01.8	26:54.0	29:59.3	32:55.3
		Emeric Arnaud	FR	Davis & Elkins			2:25.4	5:01.1							DNF
		Cody Berry	SR	Missouri Southern			2:15.1	4:40.7	6:59.4	12:37.6	15:11.1	17:36.6			DNF
		Evan Del Rio	SO	Mississippi College			2:17.6	4:45.5	7:05.3						DNF
		Hunter Kimball	JR	Augusta			2:19.2	4:49.2	7:12.0	12:57.4	15:37.6	18:05.6	24:03.5	26:43.2	29:12.3
		Ward Ries	SO	Edinboro			2:16.0	4:46.1	7:08.3	12:54.9	15:31.9	18:23.3			DNF

NCAA DIVISION II CROSS COUNTRY CHAMPIONSHIPS  
November 23, 2019 Sacramento, CA

MEN'S RACE - 10,000 METERS

Results by Leone Timing & Results Services  
www.leonetiming.com

TEAM SCORES

1.	57	Colorado Mines		(30:06.3	150:31.5	0:27.4)
1	4	Kyle Moran	FR	29:49.9		
2	7	Dylan Ko	SO	29:54.3		
3	13	Luc Hagen	JR	30:13.5		
4	16	Ben Schneiderman	SR	30:16.5		
5	17	Jake Mitchem	JR	30:17.3		
6	( 30)	Derek Steele	JR	30:40.0		
7	( 78)	Max Sevcik	SO	31:28.7		
2.	136	Adams State		(30:32.7	152:43.1	1:27.5)
1	2	Kale Adams	SR	29:43.9		
2	9	Carson Bix	JR	30:05.8		
3	28	Dane Blomquist	SR	30:38.7		
4	44	Isaiah Rodarte	SO	31:03.3		
5	53	Miguel Villar	SO	31:11.4		
6	(125)	Justin Andrade	SO	31:58.4		
7	(128)	Paddy Robb	JR	31:59.9		
3.	143	Chico State		(30:40.6	153:22.9	0:32.2)
1	22	Wyatt Baxter	JR	30:24.7		
2	25	Jack Emanuel	SO	30:33.7		
3	26	Jhavahn Holston	SO	30:35.2		
4	33	Rory Abberton	FR	30:52.4		
5	37	Trad Bertl	SO	30:56.9		
6	( 41)	Remington Breeze	JR	30:58.1		
7	(116)	Matthew Herrera	JR	31:54.8		
4.	177	Grand Valley St.		(30:45.6	153:47.7	0:58.2)
1	20	Tanner Chada	SO	30:20.8		
2	23	Noah Steffen	SO	30:28.7		
3	27	Ben Zarembo	SO	30:38.6		
4	42	Andrew Hysten	FR	31:00.6		
5	65	Jesse Becker	SO	31:19.0		
6	( 85)	Colin Herrmann	SR	31:37.3		
7	( 93)	Dennis Mbuta	JR	31:40.5		
5.	206	NW Missouri		(30:44.3	153:41.2	1:55.9)
1	6	Karim Achengli	SR	29:52.5		
2	8	Jhordan Coope	JR	30:04.1		
3	32	Augustine Lisoreng	JR	30:44.1		
4	56	Mike Lagat	JR	31:12.1		
5	104	Jake Norris	SO	31:48.4		
6	(221)	Tucker Dahle	FR	34:17.8		
7	(225)	Kyle Drzka	FR	34:22.9		
6.	225	Augustana (S.D.)		(30:53.7	154:28.4	1:13.0)
1	14	Aaron Runge	SR	30:14.5		
2	21	Jesus Urtusuastegui	SR	30:21.2		
3	54	Austin Miller	JR	31:11.7		
4	60	Skylar DeJong	SR	31:13.5		
5	76	Nathan Schroeder	SR	31:27.5		
6	(128)	Henry Klitzke	SO	31:57.9		
7	(159)	Matt Steiger	SO	32:27.8		
7.	273	Western Colorado		(30:55.8	154:38.9	1:55.9)
1	3	Taylor Stack	JR	29:47.6		
2	10	Charlie Sweeney	SO	30:07.0		
3	71	Evan Sutherland	JR	31:22.4		
4	90	Gage Mayo	JR	31:38.4		
5	99	Max Sawyer	SO	31:43.5		
6	(131)	Ricky Esqueda	JR	32:01.7		
7	(207)	Ryan Outler	FR	33:31.9		
8.	280	Queens (N.C.)		(31:07.9	155:39.2	0:58.9)
1	29	Anthony Raftis	SR	30:38.7		
2	31	Yannik Duppich	SO	30:43.3		
3	63	Seb Anthony	SO	31:17.6		
4	70	Nick Kipkemai	JR	31:22.0		
5	87	Felix Wammetsberger	JR	31:37.6		
6	(166)	Erick Sanchez	SO	32:31.2		
7	(188)	Lance Sotelo	FR	32:52.7		
9.	332	Augusta		(31:19.6	156:38.0	0:52.4)
1	39	Jacob Poston	JR	30:57.3		
2	47	Chase Kennedy	JR	31:05.6		
3	66	Jacob Burgamy	SR	31:19.4		
4	74	Chandler Kennedy	JR	31:26.0		
5	106	Kai Brickley	SO	31:49.7		
6	(194)	Hans Troyer	SO	33:01.7		
10.	351	West Texas A&M		(31:16.8	156:23.7	1:42.0)
1	11	Ezekiel Kipchirchir	JR	30:07.8		
2	57	Ahmed Omer	SR	31:12.3		

3	80	Butare Rugenerwa	SO	31:31.5		
4	96	Emmanuel Too	SR	31:42.3		
5	107	Justin Vigil	SO	31:49.8		
6	(180)	Daniel Haymes	SR	32:45.5		
=====						
11.	378	Stanislaus State		(31:23.1	156:55.1	1:26.4)
=====						
1	24	Joseph Macareno	FR	30:30.7		
2	73	Alexies Reynoso	SR	31:25.1		
3	79	Cristhian Macias	JR	31:29.9		
4	81	Tomas Huerta	SO	31:32.3		
5	121	Andrew Vazquez	JR	31:57.1		
6	(170)	Carlos Mendoza	SR	32:35.5		
7	(175)	Caleb Ko	JR	32:40.5		
=====						
12.	398	Cal St. San Marcos		(31:22.8	156:53.7	1:51.5)
=====						
1	15	Josh Litwiller	SR	30:15.8		
2	34	Shea Vavra	JR	30:54.1		
3	84	Kevin Lehr	JR	31:36.4		
4	129	Kibrom Elias	JR	32:00.1		
5	136	Phillip Dorado	SR	32:07.3		
6	(218)	Trevor Boaz	FR	34:08.6		
7	(229)	Robert Marin	JR	34:49.3		
=====						
13.	416	Michigan Tech		(31:22.1	156:50.3	2:35.3)
=====						
1	18	Matthew Pahl	SR	30:17.8		
2	19	Braden Reichl	JR	30:20.2		
3	35	Clayton Sayen	SO	30:56.4		
4	155	Brendan Klynstra	SR	32:22.8		
5	189	Robbie Watling	JR	32:53.1		
6	(195)	Nate Carey	JR	33:02.6		
7	(199)	Bobby Beggs	JR	33:12.7		
=====						
14.	450	Missouri Southern		(31:30.3	157:31.3	3:18.0)
=====						
1	5	Gideon Kimutai	SO	29:49.9		
2	36	Nickson Kiptoo	SR	30:56.9		
3	72	Ryan Riddle	SO	31:25.0		
4	139	Jared Ozee	JR	32:11.6		
5	198	Josh Webb	SR	33:07.9		
6	(211)	Kevin Koester	SO	33:43.3		
=====						
15.	466	Mount Olive		(31:37.6	158:07.9	1:22.1)
=====						
1	38	Tai Smith	SR	30:57.3		
2	46	Jacob Gonzalez	JR	31:04.8		
3	100	Jacob Willis	SR	31:43.8		
4	132	Daniel Francken	SR	32:02.6		
5	150	Jay Hall	SO	32:19.4		
6	(173)	Branson Oduor	SR	32:39.5		
7	(232)	Jett Hall	SO	36:05.8		
=====						
16.	475	Cal Poly Pomona		(31:40.0	158:19.8	1:12.9)
=====						
1	51	Vincent Sarino	FR	31:08.6		
2	59	Eamon Smythe	SR	31:12.7		
3	94	Diego Duran	FR	31:40.7		
4	117	Alejandro Ambrosio	SR	31:56.3		
5	154	Marcelo Ramirez	JR	32:21.5		
6	(165)	Jeremiah Suzara	JR	32:30.5		
7	(171)	Nicholas Albros	FR	32:37.3		
=====						
17.	480	Colo. Christian		(31:40.2	158:21.0	0:56.3)
=====						
1	50	Josh Pierantoni	SO	31:08.6		
2	69	Ryder Searle	SR	31:21.8		
3	103	Nicholas Skinner	SR	31:47.7		
4	124	Trent Cochran	FR	31:58.0		
5	134	Jeremy Miller	FR	32:04.9		
6	(149)	Jacob Vermillion	FR	32:19.2		
7	(174)	Keaton Helm	SR	32:39.6		
=====						
18.	485	Charleston (W.V.)		(31:40.8	158:23.8	1:26.2)
=====						
1	45	Kyle Hinson	JR	31:03.5		
2	62	Jack Mastandrea	SR	31:15.0		
3	67	Alex Kitony	JR	31:20.0		
4	147	David Cecchi	JR	32:15.6		
5	164	Stephen Korir	JR	32:29.7		
6	(197)	Cameron Lee	JR	33:06.8		
7	(216)	Connor Kaufman	JR	34:03.8		
=====						
19.	491	Alabama-Huntsville		(31:43.0	158:34.8	1:02.5)
=====						
1	55	Allan Anderson	FR	31:11.8		
2	82	Harold LaCroix	JR	31:33.9		
3	86	Jacob Bishop	JR	31:37.4		
4	122	Benjamin Knox	SR	31:57.4		
5	146	Jay Day	JR	32:14.3		
6	(158)	Caleb Boys	FR	32:27.1		
7	(168)	Alex Herbst	SO	32:33.8		
=====						
20.	491	UC-Colo. Spgs.		(31:41.6	158:27.6	1:22.4)
=====						
1	40	Afewerki Zeru	SO	30:57.4		
2	49	Mark Simmons	JR	31:07.6		
3	109	Matt Schramm	JR	31:50.6		
4	141	Evan Graff	FR	32:12.2		
5	152	Gerardo Marmolejo-Daher	SO	32:19.8		
6	(178)	Gary Kurtz	SO	32:42.7		
7	(213)	Charlie Kieffer	JR	33:48.6		
=====						
21.	499	Southern Indiana		(31:37.4	158:06.8	2:05.3)
=====						
1	12	Titus Winders	SO	30:08.4		
2	83	Austin Nolan	SR	31:35.7		
3	120	Wyat Harmon	JR	31:57.0		
4	140	Gavin Prior	JR	32:12.0		
5	144	Nathan Hall	SR	32:13.7		
6	(157)	Grady Wilkinson	JR	32:26.1		
7	(219)	Javan Winders	SR	34:13.7		
=====						
22.	511	Western Washington		(31:46.6	158:52.7	1:26.2)
=====						
1	58	Edward Kiolbasa	JR	31:12.7		
2	75	Deyago Peraza	FR	31:27.1		
3	98	James Jasperson	SR	31:43.4		
4	108	Eric Hamel	JR	31:50.6		
5	172	Liam Cossette	SR	32:38.9		
6	(177)	Macauley Franks	SO	32:41.6		
7	(212)	Colton Hoggarth	JR	33:46.4		
=====						
23.	517	Sioux Falls		(31:46.7	158:53.3	1:26.8)
=====						
1	48	Mason Phillips	SR	31:06.3		
2	88	Steven Brown	SR	31:37.9		
3	101	Zach Lundberg	SR	31:43.8		

4	113	Billy Beseman	SR	31:52.2	
5	167	Daniel Armstrong	SR	32:33.1	
6	(228)	Shodo Mahamed	SO	34:41.5	
7	(233)	Wyatt Schlager	FR	36:09.8	
=====					
24.	531	American Int'l		(31:37.7	158:08.5 3:18.1)
=====					
1	1	Ezra Mutai	FR	29:31.2	
2	61	Benoit Campion	SR	31:14.3	
3	102	Titus Kiptoo	FR	31:47.7	
4	181	Macgregor Cox	FR	32:46.0	
5	186	Gabe Medina	FR	32:49.3	
6	(217)	Ryan LaFrance	SR	34:06.4	
7	(223)	Sadaine Adam	FR	34:22.6	
=====					
25.	544	Biola		(31:49.7	159:08.3 1:01.4)
=====					
1	64	Gabe Plencio	SR	31:18.2	
2	89	Brady DeHaven	SO	31:38.1	
3	114	Giovanni Orellana	JR	31:52.8	
4	126	Ryan Thompson	SR	31:59.6	
5	151	Angel Escobar	JR	32:19.6	
6	(203)	Jared Donnel	SO	33:19.7	
7	(222)	Ryan St. Pierre	JR	34:19.9	
=====					
26.	573	UC San Diego		(31:53.9	159:29.4 1:31.4)
=====					
1	52	Aren Johnson	SR	31:10.1	
2	77	Samuel Blake	SR	31:27.8	
3	133	Brett Beattie	SO	32:03.8	
4	135	Tim Corvese	SR	32:06.2	
5	176	Julian Romero	SR	32:41.5	
6	(179)	Jake Selstad	JR	32:43.1	
7	(230)	Gabriel Reuter	FR	34:59.4	
=====					
27.	576	Lee (Tenn.)		(31:54.8	159:33.7 0:49.2)
=====					
1	92	Ben Tabor	SO	31:40.3	
2	95	Casey Guthery	SO	31:40.9	
3	97	Moises Ponce	SR	31:42.6	
4	130	Thomas Kelton	JR	32:00.4	
5	162	Will Stone	FR	32:29.5	
6	(202)	Caleb Eagleson	JR	33:17.0	
7	(215)	Adan Rodriguez	SO	33:58.9	
=====					
28.	595	Walsh		(31:57.4	159:47.0 1:47.5)
=====					
1	43	Jacob Caniford	SR	31:01.0	
2	111	Noah Murray	JR	31:51.5	
3	118	Drew Roberts	FR	31:56.5	
4	138	Beau Boyden	SO	32:09.5	
5	185	Jared Bugaj	JR	32:48.5	
6	(190)	Ed Walsh	JR	32:54.3	
7	(208)	Tyler Pace	JR	33:38.8	
=====					
29.	629	Fort Hays St.		(32:01.1	160:05.5 0:27.1)
=====					
1	105	Robbie Schmidt	JR	31:49.5	
2	112	Justin Moore	SR	31:51.8	
3	127	Reed Rome	SR	31:59.7	
4	137	Seppe van 't Westende	SR	32:07.9	
5	148	Kaleb Crum	JR	32:16.6	
6	(161)	Israel Barco	SR	32:29.2	
7	(204)	Peter Franklin	SR	33:24.0	
=====					
30.	667	Saint Leo		(32:08.5	160:42.5 1:27.7)
=====					
1	68	Shane Bracken	SO	31:20.8	
2	110	Shawn Bell	SR	31:51.2	
3	142	Blake Watson	JR	32:12.3	
4	163	Felix Nadeborn	JR	32:29.7	
5	184	Pierre Galdbourdin	JR	32:48.5	
6	(205)	Tadgh McGinty	JR	33:30.4	
7	(227)	Fabio Fornarelli	JR	34:40.0	
=====					
31.	717	Roberts Wesleyan		(32:17.2	161:25.6 1:16.2)
=====					
1	91	Josiah Ottolini	SR	31:39.7	
2	119	Christopher Sims	SR	31:56.8	
3	156	James Betts	SR	32:24.4	
4	160	Nathan Cannon	SR	32:28.8	
5	191	Justin Shaffer	SR	32:55.9	
6	(193)	Shane Pease	SO	32:57.9	
7	(200)	Connor Demo	SO	33:15.1	
=====					
32.	874	Stonehill		(32:55.3	164:36.5 1:47.7)
=====					
1	115	Shane Braz	SO	31:54.2	
2	143	Lucas Taxter	SR	32:13.1	
3	201	Kevin Wheelock	JR	33:16.2	
4	206	Nickolas McNamee	SO	33:31.1	
5	209	Jeffrey Pichie	JR	33:41.9	
6	(214)	Reilly Johnston	FR	33:50.8	
7	(231)	Colin Black	FR	35:50.7	
=====					
33.	883	Davis & Elkins		(32:42.5	163:32.2 0:42.1)
=====					
1	153	David Magda	SR	32:21.2	
2	169	Aidan Konhaus	JR	32:35.0	
3	182	Felix Buck-Gramcko	JR	32:46.3	
4	183	Hayden Harrison	SR	32:46.4	
5	196	Scott Barker	SO	33:03.3	
6	(210)	Will LeMaster	FR	33:42.9	
=====					
34.	968	Edinboro		(33:20.6	166:43.0 2:08.8)
=====					
1	145	Danny Desmond	FR	32:14.1	
2	187	Colton Cassel	JR	32:51.6	
3	192	Connor Volk-Klos	FR	32:57.8	
4	220	Eric Alu	FR	34:16.6	
5	224	Jack Lacina	SO	34:22.9	
6	(226)	Brendan Oswalt	SO	34:37.6	