

2019 GNAC Cross Country Championships

Team Summary Results

Women

Women's 6k

Place	Team	Top 5 Places	----- Finishers -----						
			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6*</u>	<u>7*</u>
1	Western Washington	53	8	9	10	11	15	20	21
		Top 5 Times:	1:53:11.80						
2	Alaska Anchorage	60	1	3	6	18	32	49	56
		Top 5 Times:	1:52:25.60						
3	Seattle Pacific	64	2	4	17	19	22	28	
		Top 5 Times:	1:52:51.90						
4	Simon Fraser	101	7	16	25	26	27	30	46
		Top 5 Times:	1:55:39.30						
5	Northwest Nazarene	120	12	13	14	38	43	45	50
		Top 5 Times:	1:56:37.30						
6	Western Oregon	153	5	23	34	39	52	60	63
		Top 5 Times:	1:58:22.60						
7	Central Washington	168	24	31	36	37	40	41	47
		Top 5 Times:	1:58:35.20						
8	Alaska Fairbanks	244	35	42	48	57	62	65	67
		Top 5 Times:	2:04:24.30						
9	Concordia (Ore.)	255	29	51	54	55	66		
		Top 5 Times:	2:06:05.70						
10	MSU-Billings	272	33	53	58	59	69		
		Top 5 Times:	2:07:34.70						
11	Saint Martin's	307	44	61	64	68	70	71	
		Top 5 Times:	2:11:12.20						

Race Date
October 26, 2019

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Overall Finish List

Women

Women's 6k

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Pace</u>
1	1	112	Emmanuelah Chelimo	Alaska Anchorage	21:31.90	5:46/M
2	2	167	Kate Lilly	Seattle Pacific	21:39.30	5:48/M
3	3	115	Nancy Jeptoo	Alaska Anchorage	21:55.50	5:53/M
4	4	166	Dania Holmberg	Seattle Pacific	22:02.50	5:55/M
5	5	189	Grace Knapp	Western Oregon	22:04.30	5:55/M
6	6	117	Joan Kipsanai	Alaska Anchorage	22:20.60	5:59/M
7	7	181	Olivia Willett	Simon Fraser	22:22.20	6:00/M
8	8	192	Jane Barr	Western Washington	22:26.10	6:01/M
9	9	197	Rebecca Lehman	Western Washington	22:29.60	6:02/M
10	10	198	Tracy Melville	Western Washington	22:40.00	6:05/M
11	11	194	Sophia Galvez	Western Washington	22:43.90	6:06/M
12	12	156	Julia Lamar	Northwest Nazarene	22:46.80	6:06/M
13	13	152	Bethany Danner	Northwest Nazarene	22:49.20	6:07/M
14	14	154	Annalisa Hamilton	Northwest Nazarene	22:50.90	6:08/M
15	15	201	Tovah Swartz-Ireland	Western Washington	22:52.30	6:08/M
16	16	179	Megan Roxby	Simon Fraser	22:55.50	6:09/M
17	17	170	Elizabeth Thompson	Seattle Pacific	22:58.70	6:10/M
18	18	113	Ruth Cvancara	Alaska Anchorage	23:00.40	6:10/M
19	19	172	Kelsey Washenberger	Seattle Pacific	23:02.70	6:11/M
20	20	193	Talia Dreicer	Western Washington	23:05.10	6:11/M
21	21	195	Aundrea Koger	Western Washington	23:08.90	6:12/M
22	22	171	Katherine Walter	Seattle Pacific	23:08.90	6:12/M
23	23	188	Olivia Jimenez	Western Oregon	23:17.60	6:15/M
24	24	137	Molly Mattson	Central Washington	23:21.00	6:16/M
25	25	175	Emily Chilton	Simon Fraser	23:25.00	6:17/M
26	26	173	Grace Chalk	Simon Fraser	23:27.60	6:17/M
27	27	174	Calli Charlton	Simon Fraser	23:29.30	6:18/M
28	28	168	Sedona McNerney	Seattle Pacific	23:30.40	6:18/M
29	29	143	Gabby Hobson	Concordia (Ore.)	23:34.30	6:19/M
30	30	178	Claire Noort	Simon Fraser	23:35.00	6:19/M
31	31	139	Lily Tyrrell	Central Washington	23:36.00	6:20/M
32	32	116	Yvonne Jeschke	Alaska Anchorage	23:37.30	6:20/M
33	33	145	Nikki Aiken	MSU-Billings	23:37.60	6:20/M
34	34	184	Kaylin Cantu	Western Oregon	23:41.20	6:21/M
35	35	119	Alexandria Bergholtz	Alaska Fairbanks	23:45.00	6:22/M
36	36	134	Caitlin Gohr	Central Washington	23:47.90	6:23/M
37	37	132	Delaney Clem	Central Washington	23:48.80	6:23/M
38	38	157	Sierra Manzer	Northwest Nazarene	23:48.90	6:23/M
39	(> 7)	196	Shawnee Konrad	Western Washington	23:59.00	6:26/M
40	39	190	Cassie McKinney	Western Oregon	24:00.00	6:26/M
41	40	131	Madison Child	Central Washington	24:01.70	6:26/M
42	41	129	Ashley Arreola	Central Washington	24:08.90	6:28/M
43	42	121	Anja Maijala	Alaska Fairbanks	24:12.60	6:29/M
44	(> 7)	200	Waverly Shreffler	Western Washington	24:16.40	6:30/M
45	43	158	Heidi Nisly	Northwest Nazarene	24:21.60	6:32/M
46	44	161	Elaina Hansen	Saint Martin's	24:28.60	6:34/M

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47	45	155	Kalen Johnson	Northwest Nazarene	24:32.30	6:35/M
48	46	176	Nicole Lindsay	Simon Fraser	24:40.20	6:37/M
49	47	130	Kayla Bloomquist	Central Washington	24:44.90	6:38/M
50	48	127	Noelle Resignolo	Alaska Fairbanks	24:47.50	6:39/M
51	49	118	Alfin Nyamasyo	Alaska Anchorage	24:47.60	6:39/M
52	(> 7)	135	Kristina Ihlen	Central Washington	24:54.60	6:41/M
53	50	153	Sage Earnest	Northwest Nazarene	24:55.70	6:41/M
54	51	144	Natasha Smigelski	Concordia (Ore.)	25:08.90	6:45/M
55	(> 7)	138	Katelynn Strate	Central Washington	25:18.00	6:47/M
56	52	186	Faerynn Glasscock	Western Oregon	25:19.60	6:47/M
57	53	150	Kailee Stoppel	MSU-Billings	25:20.50	6:48/M
58	54	141	Kaitlyn Bailly	Concordia (Ore.)	25:21.80	6:48/M
59	55	140	Cheyenne Abbott	Concordia (Ore.)	25:23.60	6:48/M
60	(> 7)	128	Katherine Anderson	Central Washington	25:26.70	6:49/M
61	56	111	Maria Aceves Espinoza	Alaska Anchorage	25:33.20	6:51/M
62	57	125	Mariel Pulles	Alaska Fairbanks	25:38.40	6:52/M
63	58	146	Madisan Chavez	MSU-Billings	25:43.00	6:54/M
64	59	147	Sierra Durbin	MSU-Billings	25:44.70	6:54/M
65	(> 7)	202	Annika Taylor	Western Washington	25:45.50	6:54/M
66	60	182	Rachel Bayly	Western Oregon	25:51.80	6:56/M
67	61	162	Naomi Hartley	Saint Martin's	25:52.80	6:56/M
68	62	122	Maggie Meeds	Alaska Fairbanks	26:00.90	6:58/M
69	63	183	Danel Camacho	Western Oregon	26:09.90	7:01/M
70	64	165	Kierrla Yates	Saint Martin's	26:16.10	7:03/M
71	65	124	Sarah Olson	Alaska Fairbanks	26:25.10	7:05/M
72	66	142	Abby Burton	Concordia (Ore.)	26:37.20	7:08/M
73	67	120	Rya Berrigan	Alaska Fairbanks	26:39.40	7:09/M
74	68	160	Bethany Forward	Saint Martin's	27:00.10	7:14/M
75	69	149	Miranda Livingston	MSU-Billings	27:09.20	7:17/M
76	70	164	Kendyl Otter	Saint Martin's	27:34.70	7:24/M
77	71	163	Maiya Martinez	Saint Martin's	30:40.60	8:13/M

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			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6*</u>	<u>7*</u>
1	Western Washington	38	4	5	6	7	16	18	21
		Top 5 Times:	2:07:29.70						
2	Simon Fraser	76	10	13	14	19	20	34	36
		Top 5 Times:	2:09:07.20						
3	Alaska Anchorage	79	1	3	15	28	32	39	40
		Top 5 Times:	2:08:34.20						
4	Northwest Nazarene	112	11	17	23	24	37	53	57
		Top 5 Times:	2:10:26.20						
5	Seattle Pacific	120	8	12	27	35	38	46	47
		Top 5 Times:	2:10:51.80						
6	Western Oregon	121	2	22	25	31	41	49	66
		Top 5 Times:	2:10:37.50						
7	Central Washington	168	9	30	42	43	44	48	54
		Top 5 Times:	2:12:34.80						
8	Alaska Fairbanks	242	26	33	55	60	68		
		Top 5 Times:	2:16:36.50						
9	Saint Martin's	259	29	50	52	63	65	70	71
		Top 5 Times:	2:17:21.50						
10	MSU-Billings	290	51	56	58	61	64	69	73
		Top 5 Times:	2:18:20.30						
11	Concordia (Ore.)	305	45	59	62	67	72	74	
		Top 5 Times:	2:21:36.90						

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Men

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1	1	3	Felix Kemboi	Alaska Anchorage	24:44.00	5:00/M
2	2	80	Justin Crosswhite	Western Oregon	24:54.10	5:02/M
3	3	4	Wesley Kirui	Alaska Anchorage	25:10.80	5:06/M
4	4	99	James Jasperson	Western Washington	25:24.50	5:09/M
5	5	100	Edward Kiolbasa	Western Washington	25:25.60	5:09/M
6	6	105	Deyago Peraza	Western Washington	25:27.40	5:09/M
7	7	93	Liam Cossette	Western Washington	25:28.10	5:09/M
8	8	64	Elius Graff	Seattle Pacific	25:29.80	5:10/M
9	9	18	Trevor Allen	Central Washington	25:32.20	5:10/M
10	10	76	Chris Sobczak	Simon Fraser	25:33.40	5:10/M
11	11	48	Godfrey Kemboi	Northwest Nazarene	25:38.30	5:11/M
12	12	62	Colin Boutin	Seattle Pacific	25:38.60	5:11/M
13	13	71	Thomas Gallagher	Simon Fraser	25:41.90	5:12/M
14	14	77	Carlos Vargas	Simon Fraser	25:42.30	5:12/M
15	15	7	Skyler McIntyre	Alaska Anchorage	25:43.00	5:12/M
16	16	96	Eric Hamel	Western Washington	25:44.20	5:13/M
17	17	46	Treyson Conley	Northwest Nazarene	25:45.50	5:13/M
18	18	97	Colton Hoggarth	Western Washington	25:47.20	5:13/M
19	19	69	Aaron Ahl	Simon Fraser	26:03.40	5:16/M
20	20	75	Graeme Roberts	Simon Fraser	26:06.50	5:17/M
21	21	109	Jesse Wiley	Western Washington	26:06.90	5:17/M
22	22	89	Hunter Mosman	Western Oregon	26:07.00	5:17/M
23	23	51	Tyler Shea	Northwest Nazarene	26:07.90	5:17/M
24	24	45	Peyton Brothers	Northwest Nazarene	26:14.00	5:19/M
25	25	81	Sawyer Heckard	Western Oregon	26:17.70	5:19/M
26	26	17	Jacob Walsh	Alaska Fairbanks	26:20.30	5:20/M
27	27	67	Jared Putney	Seattle Pacific	26:22.30	5:20/M
28	28	9	Eduardo Orozco	Alaska Anchorage	26:23.40	5:21/M
29	29	57	Marcus Rice	Saint Martin's	26:26.10	5:21/M
30	30	22	Rajesh Gill	Central Washington	26:28.20	5:21/M
31	31	90	Andy Muha	Western Oregon	26:32.20	5:22/M
32	32	8	Jacob Moos	Alaska Anchorage	26:33.20	5:22/M
33	33	15	Lukash Platil	Alaska Fairbanks	26:33.70	5:23/M
34	34	78	Jordan Wilson	Simon Fraser	26:33.90	5:23/M
35	35	65	Sheamus Mahoney	Seattle Pacific	26:36.70	5:23/M
36	36	72	Teagan Harris	Simon Fraser	26:38.80	5:24/M
37	37	50	Gabe Martin	Northwest Nazarene	26:40.70	5:24/M
38	(> 7)	106	Alec Ritter	Western Washington	26:41.30	5:24/M
39	38	68	Brayden Schultz	Seattle Pacific	26:44.60	5:25/M
40	39	1	Faisal Ibrahim	Alaska Anchorage	26:44.70	5:25/M
41	40	5	Nickson Koech	Alaska Anchorage	26:45.80	5:25/M
42	41	85	Zach Kanelis	Western Oregon	26:46.70	5:25/M
43	(> 7)	73	Ephrem Mekonnen	Simon Fraser	26:49.30	5:26/M
44	42	23	Garrett Hough	Central Washington	26:49.60	5:26/M
45	(> 7)	94	Macauley Franks	Western Washington	26:51.30	5:26/M
46	43	29	Zack Sundt	Central Washington	26:51.80	5:26/M

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Men

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<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Pace</u>
47	44	19	Donovan Barnhart	Central Washington	26:53.10	5:27/M
48	45	32	Noah Murry	Concordia (Ore.)	26:53.20	5:27/M
49	46	66	Colby Otero	Seattle Pacific	26:56.40	5:27/M
50	47	61	Jacob Allmaras	Seattle Pacific	26:57.10	5:27/M
51	(> 7)	63	Shad Galloway	Seattle Pacific	26:58.40	5:28/M
52	(> 7)	104	Kevin Mullin Jr.	Western Washington	26:59.00	5:28/M
53	48	26	Henry Milodragovich	Central Washington	27:00.80	5:28/M
54	49	86	Emmett Klus	Western Oregon	27:04.90	5:29/M
55	50	55	Andrew Oslin	Saint Martin's	27:05.50	5:29/M
56	51	43	Ronald Venema	MSU-Billings	27:06.60	5:29/M
57	(> 7)	70	Sebastian Brinkman	Simon Fraser	27:07.20	5:29/M
58	52	59	Nick Sarysz	Saint Martin's	27:10.00	5:30/M
59	53	44	Brett Bergler	Northwest Nazarene	27:13.40	5:31/M
60	54	27	Mateo Rivera	Central Washington	27:16.60	5:31/M
61	55	11	Jack Matherly	Alaska Fairbanks	27:16.70	5:31/M
62	(> 7)	6	Niko Latva-Kiskola	Alaska Anchorage	27:21.10	5:32/M
63	(> 7)	21	Ian Engdahl	Central Washington	27:21.60	5:32/M
64	56	36	Ase Ackerman	MSU-Billings	27:22.90	5:33/M
65	57	47	Brodie Dick	Northwest Nazarene	27:31.70	5:34/M
66	58	37	Bryant Edgerton	MSU-Billings	27:35.10	5:35/M
67	59	34	Josh Scheetz	Concordia (Ore.)	27:38.70	5:36/M
68	60	13	Mike Ophoff	Alaska Fairbanks	27:44.00	5:37/M
69	(> 7)	20	Matt Conrardy	Central Washington	27:46.50	5:37/M
70	(> 7)	74	Brendan Moore	Simon Fraser	27:53.60	5:39/M
71	61	42	Logan Straus	MSU-Billings	27:55.30	5:39/M
72	62	33	Max Rotar	Concordia (Ore.)	28:06.50	5:41/M
73	(> 7)	25	Will Miller	Central Washington	28:10.50	5:42/M
74	63	54	Zachary Franco	Saint Martin's	28:12.60	5:43/M
75	64	38	Carson Jessop	MSU-Billings	28:20.50	5:44/M
76	65	52	Miguel De Lamelena	Saint Martin's	28:27.60	5:46/M
77	66	87	Curt Knott	Western Oregon	28:33.80	5:47/M
78	(> 7)	79	Adam Alnazer	Western Oregon	28:34.50	5:47/M
79	67	35	Ethan Tucey	Concordia (Ore.)	28:37.40	5:48/M
80	68	14	Zephan Ozturgut	Alaska Fairbanks	28:41.90	5:49/M
81	(> 7)	88	Bryce Mefford	Western Oregon	29:33.10	5:59/M
82	69	41	Will Steinfeldt	MSU-Billings	29:36.70	6:00/M
83	70	58	Noah Roberts	Saint Martin's	29:38.70	6:00/M
84	71	60	Guillaume Tabary	Saint Martin's	30:04.00	6:05/M
85	72	31	Robert Bierly	Concordia (Ore.)	30:21.30	6:09/M
86	73	39	Nick Redgrave	MSU-Billings	30:28.80	6:10/M
87	(> 7)	53	Jaskaran Dhatt	Saint Martin's	30:41.50	6:13/M
88	74	30	Josh Allan	Concordia (Ore.)	30:58.70	6:16/M