

2021 GNAC Championship - 5/14/2021 to 5/15/2021

Western Oregon University

Meet Program - Day 2 Running

Event 24 Men 4x100 Meter Relay

| Lane | Team | Relay | Seed Time |
|------------------------------|---------------------|-----------------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Western Oreg | A | 44.15 |
| | 1) Ford, Jarren | 2) Loggins, Dominique | |
| | 3) Walker, JJ | 4) Hanible, Aaron | |
| 2 | Seattle Paci | A | 43.19 |
| | 1) Gordon, Jeff | 2) Holmes, Darius | |
| | 3) Shepherd, Julius | 4) Carpenter, Evan | |
| 3 | Northwest Na | A | 43.01 |
| | 1) Willey, Cameron | 2) Duncan, Kyle | |
| | 3) Blake, Logan | 4) Hemingway, Magnus | |
| 4 | Western Wash | A | 42.93 |
| | 1) Woodard, Tyrone | 2) Flick, Hunter | |
| | 3) Daniels, Mark | 4) Tran, David | |
| 5 | Central Wash | A | 42.11 |
| | 1) Porter, Doc | 2) Horwath, Harry | |
| | 3) Davis, Zachary | 4) Sidor, Bryan | |
| 6 | Msu-Billings | A | 42.97 |
| | 1) Olson, Bryce | 2) Schram, Mason | |
| | 3) Lynn, Payden | 4) Eyer, Rahkei | |
| 7 | Alaska Ancho | A | 43.14 |
| | 1) Hylton, Oshane | 2) Jackman, Joshua | |
| | 3) Sramek, David | 4) Wagner, Joshua | |
| 8 | Saint Martin | A | 43.71 |
| | 1) Schulz, Josh | 2) Russell, Michael | |
| | 3) Schulz, Andrew | 4) Armstrong, Landon | |

Event 25 Women 4x100 Meter Relay

| Lane | Team | Relay | Seed Time |
|------------------------------|-----------------------|----------------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | | | |
| 2 | Western Wash | A | 52.34 |
| | 1) Souza, Carmen | 2) Sanford, Jamie | |
| | 3) Olson, Devon | 4) Lagerwey, Matty | |
| 3 | Saint Martin | A | 50.28 |
| | 1) Cintron, Gabriela | 2) Zilla, Margaret | |
| | 3) Vu, Madison | 4) Worthy, Makiya | |
| 4 | Central Wash | A | 48.17 |
| | 1) Robydek, Morgan | 2) Hollis, E'Lexis | |
| | 3) Ochoa, Yareli | 4) Hansen, Makenna | |
| 5 | Seattle Paci | A | 46.54 |
| | 1) Bouyer, Jenna | 2) Bley, Grace | |
| | 3) Meyer, Renick | 4) Stepper, Julia | |
| 6 | Western Oreg | A | 48.37 |
| | 1) Hopwood, Maya | 2) Thompson, Maliyah | |
| | 3) Hurley, Jenelle | 4) Popchock, Ana | |
| 7 | Alaska Ancho | A | 50.49 |
| | 1) Johansen, Victoria | 2) Backman, Kaitlyn | |
| | 3) Bartolaba, Haley | 4) Cano, Elena | |
| 8 | Msu-Billings | A | 52.59 |
| | 1) Beckett, Brenna | 2) Lynn, Kendall | |
| | 3) Baughman, Emmah | 4) Durbin, Sierra | |

Event 26 Men 1500 Meter Run

| Lane | Name | School | Seed Time |
|------------------------------|--------------------|--------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Korta, Kaleb | Western Wash | 3:56.23 |
| 2 | Crosswhite, Justin | Western Oreg | 3:50.61 |
| 3 | Cortes, Isaac | Saint Martin | 4:05.79 |
| 4 | Warren, Calahan | Western Wash | 3:44.82 |
| 5 | Schultz, Brayden | Seattle Paci | 3:55.37 |
| 6 | Gillingham, Jeret | Western Wash | 3:59.40 |
| 7 | Rambo, Tim | Western Oreg | 3:58.76 |
| 8 | Hutton, Hunter | Western Oreg | 3:48.57 |
| 9 | Franks, Macauley | Western Wash | 3:49.57 |
| 10 | Fay, Ian | Western Wash | 4:03.42 |
| 11 | | | |
| 12 | | | |
| 13 | | | |
| 14 | | | |
| 15 | | | |
| 16 | | | |

Event 27 Women 1500 Meter Run

| Lane | Name | School | Seed Time |
|------------------------------|------------------------|--------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Hauger, Ashley | Western Oreg | 4:55.75 |
| 2 | Walchak-Sloan, Cassidy | Saint Martin | 4:46.38 |
| 3 | Child, Madison | Central Wash | 4:54.01 |
| 4 | Esvelt, Annika | Seattle Paci | 4:56.32 |
| 5 | Dreicer, Talia | Western Wash | 4:50.65 |
| 6 | Holmberg, Dania | Seattle Paci | 4:29.73 |
| 7 | Thompson, Elizabeth | Seattle Paci | 4:45.20 |
| 8 | Abdalla, Annalisa | Northwest Na | 4:53.67 |
| 9 | Washenberger, Kelsey | Seattle Paci | 4:44.39 |
| 10 | Rising, Ellie | Seattle Paci | 4:46.07 |
| 11 | Nisly, Heidi | Northwest Na | 4:52.57 |
| 12 | | | |
| 13 | | | |
| 14 | | | |
| 15 | | | |
| 16 | | | |

Event 28 Men 110 Meter Hurdles

| Lane | Name | School | Prelims |
|------------------------------|-------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Vallatini, Gunner | Central Wash | 15.52 |
| 2 | Maier, Braydon | Central Wash | 15.14 |
| 3 | Flick, Hunter | Western Wash | 15.10 |
| 4 | Okezie, Koby | Western Wash | 14.55 |
| 5 | Cummings, Cordell | Western Wash | 14.46 |
| 6 | Wagner, Joshua | Alaska Ancho | 14.57 |
| 7 | Edwards, Jaden | Western Wash | 15.13 |
| 8 | Boyd, Andrew | Saint Martin | 15.22 |

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Western Oregon University
Meet Program - Day 2 Running**Event 29 Women 100 Meter Hurdles**

| Lane | Name | School | Prelims |
|------------------------------|--------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Cintron, Gabriela | Saint Martin | 15.02 |
| 2 | Popchock, Ana | Western Oreg | 14.95 |
| 3 | Chandler, Lauryn | Central Wash | 14.49 |
| 4 | Dawkins, Aliyah | Western Wash | 14.57 |
| 5 | Meyer, Renick | Seattle Paci | 14.01 |
| 6 | DeChenne, McCall | Central Wash | 14.44 |
| 7 | Cano, Elena | Alaska Ancho | 14.77 |
| 8 | Kinneveauk, Jaidyn | Northwest Na | 14.98 |

Event 30 Men 400 Meter Dash

| Lane | Name | School | Prelims |
|------------------------------|-----------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Beck, Josh | Northwest Na | 51.43 |
| 2 | Daniels, Mark | Western Wash | 50.32 |
| 3 | Blake, Logan | Northwest Na | 50.24 |
| 4 | Porter, Doc | Central Wash | 49.79 |
| 5 | Welch, Bryant | Western Wash | 49.22 |
| 6 | Brenek, Lucas | Western Wash | 49.83 |
| 7 | Franco, Zachary | Saint Martin | 50.31 |
| 8 | Witters, Ryan | Western Wash | 50.95 |

Event 31 Women 400 Meter Dash

| Lane | Name | School | Prelims |
|------------------------------|-------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | DeJong, Laine | Northwest Na | 1:00.38 |
| 2 | Smith, Charisma | Seattle Paci | 1:00.25 |
| 3 | Brence, Kalli | Northwest Na | 58.95 |
| 4 | Wuertz, Lauren | Northwest Na | 58.08 |
| 5 | Atlas, Tylantiss | Alaska Ancho | 56.59 |
| 6 | Igbonagwam, Peace | Seattle Paci | 58.48 |
| 7 | Taylor, Dani | Central Wash | 59.88 |
| 8 | Neria, Jasmyne | Central Wash | 1:00.38 |

Event 32 Men 100 Meter Dash

| Lane | Name | School | Prelims |
|------------------------------|--------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Horwath, Harry | Central Wash | 11.02 |
| 2 | Schram, Mason | Msu-Billings | 10.92 |
| 3 | Woodard, Tyrone | Western Wash | 10.83 |
| 4 | Loggins, Dominique | Western Oreg | 10.74 |
| 5 | Davis, Zachary | Central Wash | 10.73 |
| 6 | Greenwalt, Ryan | Western Wash | 10.79 |
| 7 | Gordon, Jeff | Seattle Paci | 10.89 |
| 8 | Russell, Michael | Saint Martin | 11.00 |

Event 33 Women 100 Meter Dash

| Lane | Name | School | Prelims |
|------------------------------|-----------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Hollis, E'Lexis | Central Wash | 12.29 |
| 2 | Hopwood, Maya | Western Oreg | 12.13 |
| 3 | Meyer, Renick | Seattle Paci | 12.05 |
| 4 | Bley, Grace | Seattle Paci | 12.01 |
| 5 | Bouyer, Jenna | Seattle Paci | 11.92 |
| 6 | Stepper, Julia | Seattle Paci | 11.97 |
| 7 | Hurley, Karlie | Western Wash | 12.08 |
| 8 | Worthy, Makiya | Saint Martin | 12.21 |

Event 34 Men 800 Meter Run

| Lane | Name | School | Prelims |
|------------------------------|--------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Sarysz, Nick | Saint Martin | 1:54.70 |
| 2 | Tidwell, Dylan | Northwest Na | 1:54.53 |
| 3 | Crosswhite, Justin | Western Oreg | 1:52.03 |
| 4 | Hutton, Hunter | Western Oreg | 1:53.34 |
| 5 | Franks, Macauley | Western Wash | 1:52.01 |
| 6 | Warren, Calahan | Western Wash | 1:54.39 |
| 7 | Rambo, Tim | Western Oreg | 1:54.25 |
| 8 | Carmona, Max | Western Oreg | 1:54.41 |

Event 35 Women 800 Meter Run

| Lane | Name | School | Seed Time |
|------------------------------|------------------------|--------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Hauger, Ashley | Western Oreg | 2:23.94 |
| 2 | Cvancara, Ruth | Alaska Ancho | 2:20.52 |
| 3 | Washenberger, Kelsey | Seattle Paci | 2:19.24 |
| 4 | Walchak-Sloan, Cassidy | Saint Martin | 2:17.64 |
| 5 | Rising, Ellie | Seattle Paci | 2:11.91 |
| 6 | Nisly, Heidi | Northwest Na | 2:17.94 |
| 7 | Solomon, Shayla | Western Oreg | 2:19.53 |
| 8 | LaMar, Julia | Northwest Na | 2:21.63 |

Event 36 Men 400 Meter Hurdles

| Lane | Name | School | Prelims |
|------------------------------|-------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Hurd, Collin | Alaska Ancho | 57.08 |
| 2 | Vallatini, Gunner | Central Wash | 56.67 |
| 3 | Hanible, Aaron | Western Oreg | 56.11 |
| 4 | Wagner, Joshua | Alaska Ancho | 55.01 |
| 5 | Cummings, Cordell | Western Wash | 53.69 |
| 6 | Edwards, Jaden | Western Wash | 55.69 |
| 7 | Boyd, Andrew | Saint Martin | 56.44 |
| 8 | Nye, Turner | Northwest Na | 56.77 |

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Meet Program - Day 2 Running**Event 37 Women 400 Meter Hurdles**

| Lane | Name | School | Prelims |
|------------------------------|-------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Durbin, Sierra | Msu-Billings | 1:07.86 |
| 2 | Bartolaba, Haley | Alaska Ancho | 1:06.29 |
| 3 | Krill, Rachel | Central Wash | 1:05.46 |
| 4 | Cano, Elena | Alaska Ancho | 1:04.96 |
| 5 | DeChenne, McCall | Central Wash | 1:02.93 |
| 6 | Holsey, Hailey | Central Wash | 1:04.99 |
| 7 | Yonkman, Michaela | Western Oreg | 1:06.06 |
| 8 | Mortensen, Eden | Saint Martin | 1:06.67 |

Event 38 Men 200 Meter Dash

| Lane | Name | School | Prelims |
|------------------------------|------------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Greenwalt, Ryan | Western Wash | 22.44 |
| 2 | Schram, Mason | Msu-Billings | 22.41 |
| 3 | Gordon, Jeff | Seattle Paci | 22.06 |
| 4 | Blake, Logan | Northwest Na | 22.05 |
| 5 | Welch, Bryant | Western Wash | 21.87 |
| 6 | Russell, Michael | Saint Martin | 22.21 |
| 7 | Horwath, Harry | Central Wash | 22.21 |
| 8 | Davis, Zachary | Central Wash | 22.42 |

Event 39 Women 200 Meter Dash

| Lane | Name | School | Prelims |
|------------------------------|-----------------|--------------|---------|
| Section 1 of 1 Finals | | | |
| 1 | Ochoa, Yareli | Central Wash | 25.99 |
| 2 | Stepper, Julia | Seattle Paci | 25.22 |
| 3 | Worthy, Makiya | Saint Martin | 24.70 |
| 4 | Hurley, Karlie | Western Wash | 24.65 |
| 5 | Bouyer, Jenna | Seattle Paci | 24.61 |
| 6 | Bley, Grace | Seattle Paci | 24.70 |
| 7 | Wuertz, Lauren | Northwest Na | 25.11 |
| 8 | Hansen, Makenna | Central Wash | 25.44 |

Event 40 Men 5000 Meter Run

| Lane | Name | School | Seed Time |
|------------------------------|------------------|--------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Straus, Logan | Msu-Billings | 15:11.87 |
| 2 | Shea, Tyler | Northwest Na | 14:36.30 |
| 3 | Daos, Keanu | Western Oreg | 15:07.68 |
| 4 | Warren, Calahan | Western Wash | 14:16.17 |
| 5 | Hamel, Eric | Western Wash | 14:43.56 |
| 6 | Korta, Kaleb | Western Wash | NT |
| 7 | Villar, Miguel | Western Oreg | 15:03.36 |
| 8 | Smith, Bailey | Western Oreg | 15:08.24 |
| 9 | Oslin, Andrew | Saint Martin | 14:50.29 |
| 10 | Alderfer, Jared | Western Wash | 15:06.35 |
| 11 | Graff, Elius | Seattle Paci | 15:20.62 |
| 12 | Nash, Cole | Alaska Ancho | 14:38.89 |
| 13 | Weese, Austin | Seattle Paci | 15:08.61 |
| 14 | Ackerman, Ase | Msu-Billings | 15:05.39 |
| 15 | Putney, Jared | Seattle Paci | NT |
| 16 | Gill, Rajesh | Central Wash | 15:44.45 |
| 17 | Savely, Ty | Central Wash | 15:16.57 |
| 18 | Boutin, Colin | Seattle Paci | 15:14.45 |
| 19 | McDermott, Kevin | Western Wash | 14:33.21 |
| 20 | Sands, Sean | Western Wash | 15:00.00 |
| 21 | | | |
| 22 | | | |
| 23 | | | |

Event 41 Women 5000 Meter Run

| Lane | Name | School | Seed Time |
|------------------------------|----------------------|--------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Danner, Bethany | Northwest Na | 18:06.74 |
| 2 | Mattson, Molly | Central Wash | 18:11.92 |
| 3 | Earnest, Sage | Northwest Na | 19:15.06 |
| 4 | Washenberger, Kelsey | Seattle Paci | 18:24.31 |
| 5 | Strate, Katelynn | Central Wash | 18:59.77 |
| 6 | Davis, Ila | Western Wash | 18:45.41 |
| 7 | Mastin, Zoie | Central Wash | 18:41.30 |
| 8 | Holmberg, Dania | Seattle Paci | 16:57.67 |
| 9 | Heldt, Caitlin | Western Oreg | 17:08.22 |
| 10 | Stoppel, Kailee | Msu-Billings | 18:33.04 |
| 11 | Lester, Kay | Central Wash | 19:50.19 |
| 12 | Dreicer, Talia | Western Wash | NT |
| 13 | Child, Madison | Central Wash | 19:24.92 |
| 14 | Spaic, Sofija | Alaska Ancho | 19:48.34 |
| 15 | Hansen, Elaina | Saint Martin | 18:49.70 |
| 16 | Johnson, Kalen | Northwest Na | 18:05.76 |
| 17 | Lilly, Kate | Seattle Paci | NT |
| 18 | Brandenfels, Belle | Seattle Paci | 18:01.10 |
| 19 | | | |
| 20 | | | |
| 21 | | | |

2021 GNAC Championship - 5/14/2021 to 5/15/2021

Western Oregon University
Meet Program - Day 2 Running**Event 42 Men 4x400 Meter Relay**

| Lane | Team | Relay | Seed Time |
|------------------------------|----------------------|-----------------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Seattle Paci | A | 3:33.10 |
| | 1) Shepherd, Julius | 2) Schultz, Brayden | |
| | 3) Holmes, Darius | 4) Carpenter, Evan | |
| 2 | Western Oreg | A | 3:26.52 |
| | 1) Arce-Torres, Gabe | 2) Hanible, Aaron | |
| | 3) Klus, Emmett | 4) Crosswhite, Justin | |
| 3 | Alaska Ancho | A | 3:25.73 |
| | 1) Sramek, David | 2) Jackman, Joshua | |
| | 3) Sims, Lawson | 4) Wagner, Joshua | |
| 4 | Northwest Na | A | 3:23.77 |
| | 1) Blake, Logan | 2) Magee, Zachary | |
| | 3) Tidwell, Dylan | 4) Nye, Turner | |
| 5 | Western Wash | A | 3:22.45 |
| | 1) Welch, Bryant | 2) Brenek, Lucas | |
| | 3) Cummings, Cordell | 4) Daniels, Mark | |
| 6 | Central Wash | A | 3:24.62 |
| | 1) Albertin, Austin | 2) Maier, Braydon | |
| | 3) Vallatini, Gunner | 4) Porter, Doc | |
| 7 | Saint Martin | A | 3:25.88 |
| | 1) Franco, Zachary | 2) Alfred, Andrew | |
| | 3) Armstrong, Landon | 4) Russell, Michael | |
| 8 | Msu-Billings | A | 3:32.25 |
| | 1) Olson, Bryce | 2) McMillen, Garrett | |
| | 3) Jessop, Carson | 4) Eyer, Rahkei | |

Event 43 Women 4x400 Meter Relay

| Lane | Team | Relay | Seed Time |
|------------------------------|---------------------|---------------------------|-----------|
| Section 1 of 1 Finals | | | |
| 1 | Msu-Billings | A | 4:23.15 |
| | 1) Lynn, Kendall | 2) Durbin, Sierra | |
| | 3) Beckett, Brenna | 4) Whitmer, Ally | |
| 2 | Saint Martin | A | 4:13.14 |
| | 1) Mortensen, Eden | 2) Worthy, Makiya | |
| | 3) Yates, Kierria | 4) Walchak-Sloan, Cassidy | |
| 3 | Western Oreg | A | 4:07.46 |
| | 1) Hurley, Jenelle | 2) Yonkman, Michaela | |
| | 3) Popchock, Ana | 4) Hopwood, Maya | |
| 4 | Northwest Na | A | 3:54.98 |
| | 1) Brence, Kalli | 2) Wuertz, Lauren | |
| | 3) Emerson, McKenna | 4) Porter, Breann | |
| 5 | Seattle Paci | A | 3:53.15 |
| | 1) Bouyer, Jenna | 2) Rising, Ellie | |
| | 3) Meyer, Renick | 4) Bley, Grace | |
| 6 | Central Wash | A | 4:02.46 |
| | 1) Neria, Jasmyne | 2) Taylor, Dani | |
| | 3) Holsey, Hailey | 4) DeChenne, McCall | |
| 7 | Alaska Ancho | A | 4:07.82 |
| | 1) Cano, Elena | 2) Backman, Kaitlyn | |
| | 3) Bartolaba, Haley | 4) Atlas, Tylantiss | |
| 8 | Western Wash | A | 4:17.00 |
| | 1) Hurley, Karlie | 2) Souza, Carmen | |
| | 3) Kortuem, Mallory | 4) Sanford, Jamie | |