



Mar. 8, 2018 • Week 8
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GNAC Track & Field At A Glance

THIS WEEK'S MEETS

Fri., Mar. 9 - Sat., Mar. 10
 NCAA Division II Indoor Track & Field Championships,
 Pittsburg, Kan.

Sat., Mar. 10

Central Washington, Saint Martin's, Seattle Pacific,
 Western Washington at PLU Open, Tacoma, Wash.

LAST WEEK'S MEETS

Fri., Mar. 2 - Sat., Mar. 3
 Linfield Erik Anderson Memorial Icebreaker
 at Maxwell Field, McMinnville, Ore.
Women (Top 3 GNAC Finishers): None.
Men (Top 3 GNAC Finishers): None.

Sat., Mar. 3

Willamette Opener
 at Charles Bowles Track, Salem, Ore.
Women (Top 3 GNAC Finishers): 400 Meters - 1, Grayson Burke, WOU, 59.25. 100m Hurdles - 2, Michaela Yonkman, WOU, 16.46; 3, Darian Wilson, WOU, 16.52. Long Jump - 2, Darian Wilson, WOU, 16-5. Shot Put - 2, Moana Gianotti, WOU, 37-5.25; 3, Mariah Gronbach, WOU, 35-0.5. Discus - 2, Halie Korff, WOU, 123-3.5; 3, Moana Gianotti, WOU, 109-0.25. Hammer - 1, Mariah Gronbach, WOU, 153-6.5; 3, Sylvia Dean, WOU, 145-1.5. Javelin - 2, Halie Korff, WOU, 125-7.
Men (Top 3 GNAC Finishers): 100 Meters - 1, Devon Fortier, WOU, 11.20; 2, Codi Blodgett, WOU, 11.20. 400 Meters - 2, Cody Warner, WOU, 49.79. 800 Meters - 1, Curt Knott, WOU, 1:55.80; 2, Stephen Fey, WOU, 1:57.38; 3, Dominic Marshall, WOU, 1:57.72. 1,500 Meters - 1, Josh Dempsey, WOU, 3:50.81; 3, Thomas Normandeau, WOU, 3:58.83. Long Jump - 2, Alani Troutman, WOU, 21-7.5. Triple Jump - 1, Jalon Fields, WOU, 42-3.5. Shot Put - 1, Brandon Bowen, WOU, 48-4.75; 2, Mont Child, WOU, 47-1; 3, Nick Sieber, WOU, 45-6.5. Discus - 3, Chris Steffey, WOU, 140-9.25. Hammer - 1, Nick Sieber, WOU, 139-9.5.

Ed Boitano Invitational

at Baker Stadium, Tacoma, Wash.
Women's Team Scores: Whitworth 180, Western Washington 134, Saint Martin's 90, Seattle Pacific 72.5, Lewis & Clark 72.5, Puget Sound 48, Central Washington 30.
Women (Top 3 GNAC Finishers): 100 Meters - 1, Renick Meyer, SPU, 12.41; 2, Grace Bley, SPU, 12.81. 200 Meters - 2, Taylor Tandecki, SMU, 26.55. 400 Meters - 1, Becca Houk, SPU, 58.98; 2, Julia Stepper, SPU, 1:00.82. 800 Meters - 3, Elizabeth Thompson, SPU, 2:21.92. 1,500 Meters - 3, Jane Barr, WWU, 4:45.26. 10,000 Meters - 1, Yadira Lopez, SMU, 36:53.91; 2, Alexandra Laiblin, WWU, 37:16.26; 3, Peyton Shinnick, WWU, 38:58.04. 100m Hurdles - 1, Mariyah Vongsaveng, CWU, 14.67; 2, Sidney Trinidad, CWU, 15.22. 400m Hurdles - 1, Sidney Trinidad, CWU, 1:03.41. 4x400 Relay - 1, Seattle Pacific, 4:00.52. High Jump - 2, Ashley Vest, SMU, 4-11; 3, Bridget Henry, WWU, 4-11. Pole Vault - 1, Anna Paradee, WWU, 12-3.5; 2, Rachael Roberts, WWU, 10-4. Long Jump - 2, Devon Olson, WWU, 16-7.25; 3, Malea Munoz, WWU, 16-4.25. Triple Jump - 3, Devon Olson, WWU, 33-6.75. Shot Put - 1, Chanelle Eddy, WWU, 38-10.5; 2, Megan Vernoy, SMU, 38-10.25. Discus - 1, Megan Vernoy, SMU, 142-3; 2, Chanelle Eddy, WWU, 134-6; 3, Kiana Schwendman, WWU, 127-5. Javelin - Tie 1, Raquel Pellecer, WWU, 142-5; Tie 1, Natalie Vetto, WWU, 142-5; Tie 3, Deanna Avalos, SMU, 140-7; Tie 3 - Jona Spiller, SMU, 140-7.
Men's Team Scores: Whitworth 203, Western Washington 134.5, Puget Sound 100, Lewis & Clark 82.5, Seattle Pacific 52, Saint Martin's 34, Central Washington 25.
Men (Top 3 GNAC Finishers): 200 Meters - 3, Guillaume Tabary, SMU, 22.89. 400 Meters - 2, Jesse Phan, SPU, 52.65; 3, Miles Flett, SPU, 54.90. 800 Meters - 3, James Jaspersen, WWU, 1:58.01. 1, 1,500 Meters - 1, Tyler Sager, WWU, 3:59.31; 2, James Jaspersen, WWU, 4:02.16; 3, Eric Hamel, WWU, 4:04.47. 10,000 Meters - 1, Edward Kiolbas, WWU, 31:57.70. 110m Hurdles - 2, Braydon Maier, CWU, 15.43; 3, Peyton Harris, SPU, 15.59. Long Jump - 1, Seren Dances, WWU, 22-6.25; 2, Somit Chhim, WWU, 21-6. Triple Jump - 1, Somit Chhim, WWU, 44-0.75; 3, Jacob Ringold, WWU, 42-6. Discus - 2, Avery Lux, WWU, 124-8. Javelin - 2, Brian Chalkley, SMU, 213-11; 3, Spencer Claeys, WWU, 206-10.

#GNACTF in 140 @GNACSports

#NationalsTime A total of 29 athletes and five relays teams represent the GNAC this weekend at the NCAA Division II Indoor Track and Field Championships in Pittsburg, Kansas.

#NationalLeaders Western Oregon's **David Ribich** enters the national meet as the Division II leader in the 3,000 meters. His season-best of 7:50.81 is nine seconds better than the No. 2 athlete on the performance list.

#NationalDefense Ribich and his Wolves' teammates hope to defend the school's national championship in the men's distance medley relay. Western Oregon enters the meet with the sixth best time in Division II (9:47.56).

#MultiNational The GNAC will have four athletes competing in the multi-events. Central Washington's **Kodiak Landis** competes in the men's heptathlon while the Wildcats' **Ali Anderson** and **HarLee Ortega** and Seattle Pacific's **Scout Cai** compete in the women's pentathlon.

#NationalDreams Those not making nationals for Central Washington, Saint Martin's, Seattle Pacific and Western Washington will compete outdoors at the PLU Open.

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Alaska Anchorage	@UAASEawolves	#UAASEawolves
Cent. Washington	@CWUATHletics	#CWUWildcats
Concordia	@gocugo	#gocugof
MSU Billings	@MSUBSports	#MSUBTF
NW Nazarene	@NNUSports	
Saint Martin's	@SMUSaints	#SaintsAlive
Seattle Pacific	@SPUFalcons	
Simon Fraser	@SFUClan	#NCAAeh
W. Oregon	@WOUWolves	#WOUHOO
W. Washington	@WWUATHletics	#GoWiks

GNAC Track & Field Athletes Of The Week



MEN'S TRACK
Josh Dempsey, Western Oregon
Senior • Portland, Ore.

Dempsey opened the outdoor season by running the best time in Division II this season in the 1,500 meters at the Willamette. His time of 3:50.81 was six seconds better than Trent Mazelli of Portland, is an NCAA Championships provisional qualifier.

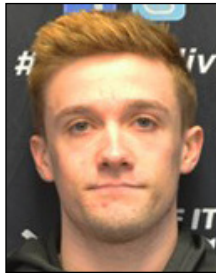
Also Nominated: Guillaume Tabary (Saint Martin's), Edward Kiolbasa (Western Washington).



WOMEN'S TRACK
Yadira Lopez, Saint Martin's
Senior • Lakewood, Wash.

Lopez opened the outdoor season by comfortably winning the 10,000 meters at the Ed Boitano Invitational. She won by 23 seconds in a time of 36:53.51, a performance that currently the best in Division II.

Also Nominated: Grayson Burke (Western Oregon), Alexandra Laiblin (Western Washington).



MEN'S FIELD
Brian Chalkley, Saint Martin's
Senior • Eugene, Ore.

Chalkley opened his season by finishing second in the javelin at the Ed Boitano Invitational with a throw of 213 feet, 11 inches. The mark is a personal best, is an NCAA Championships provisional qualifier and currently leads Division II.

Also Nominated: Brandon Bowen (Western Oregon), Spencer Claeys (Western Washington).



WOMEN'S FIELD
Raquel Pellecer, Western Washington
Sophomore • Sandy, Ore.

Pellecer tied for first place in the javelin at the Ed Boitano Invitational with a mark of 142 feet, 5 inches. The performance was a personal best, is an NCAA Championships provisional qualifying mark and currently ranks No. 2 in Division II this season.

Also Nominated: Megan Vernoy (Saint Martin's), Mariah Gronbach (Western Oregon).

Past GNAC Athletes of the Week

Date	Men's Track	Men's Field	Women's Track	Women's Field
Nov. 27-Dec. 3	Sam Zook, MSUB	Kodiak Landis, CWU	Michaela Johnson, MSUB	Ali Anderson, CWU
Dec. 4-10	Jackson Hand, SMU	John VanBeuren, NNU	Ali Anderson, CWU	HarLee Ortega, CWU
Jan. 8-14	Dustin Nading, WOU	Chris Brake, UAA	Julia Howley, SFU	Christina MacDonald, CU
Jan. 15-21	Carlos Ortiz, CU	Elijah Castro, NNU	Nikki Aiken, MSUB	Christina MacDonald, CU
Jan. 22-28	David Ribich, WOU	Kodiak Landis, CWU	Olivia Woods, WOU	Scout Cai, SPU
Jan. 29-Feb. 4	Vladislav Tsygankov, SFU	John Van Beuren, NNU	Alana Mussatto, SFU	HarLee Ortega, CWU
Feb. 5-11	David Ribich, WOU	Josh Koch, CU	Danielle McCormick, UAA	Halle Irvine, CWU
Feb. 19-25	Darrion Gray, UAA	J.T. Konrad, WWU	Kennedy Rufener, WOU	Christina MacDonald, CU
Feb. 26-Mar. 4	Josh Dempsey, WOU	Brian Chalkley, SMU	Yadira Lopez, SMU	Raquel Pellecer, WWU

Complete Player of the Week releases are available online at GNACsports.com.

Around The GNAC

ALASKA ANCHORAGE



- Alaska Anchorage will have four individual athletes and a pair of relays entered in the NCAA Division II Indoor Track and Field Championships.
- All four individuals are in the women's 800 meters. Junior **Danielle McCormick** and senior **Tamara Perez** both automatically qualified in the event. McCormick ran 2:07.13, fourth best in Division II, at the Feb. 11 UW Indoor Open while Perez ran 2:08.65, fifth best in Division II, at the GNAC Championships.
- Junior **Akeilia Knight** and freshman **Ruth Cvancara** both earned their spots in the 800 thanks to strong performances at the GNAC Championships. Knight's time of 2:09.85 is 12th best in Division II entering the meet while Cvancara's time of 2:11.34 is 23rd.
- The Seawolves' women's distance medley relay team, comprised of those four 800-meter athletes, enters the NCAA meet with the second-fastest time in Division II at 11:32.96, which was run at the Husky Classic in February. Only Western State has run faster with a time of 11:32.40.
- The Seawolves' men's 4x400-meter relay enters the national meet tied with Grand Valley State for the 10th fastest time this season. The team of **Nicholas Taylor, Darrion Gray, Daniel Remington** and **Liam Lindsay** ran 3:13.02 at the Feb. 25 Boston University Final Qualifier. The time is No. 2 on the GNAC All-Time List.
- The Seawolves enter the NCAA meet as the No. 14 ranked team in the USTFCCA Women's Division II Computer Rankings.
- Following the indoor nationals, Alaska Anchorage will open the outdoor season on Mar. 16 and 17 at the Hornet Invitational in Sacramento, Calif.

CENTRAL WASHINGTON



- Central Washington will have a total of five athletes competing at this week's NCAA Division II Indoor Track and Field Championships.
- Three of those athletes will be in the multi-events. Senior **Kodiak Landis** enters with the fourth-best total in the men's heptathlon, hitting an automatic qualifier with 5,407 points at the UW Invitational. Senior **HarLee Ortega**, meanwhile, has the ninth-best total in the women's pentathlon with a total of 3,651 points.
- Senior **Ali Anderson** will compete in both the women's 400 meters and the pentathlon. She has Division II's 14th best total in the pentathlon with 3,605 points and enters with the 19th best time in the 400 meters at 55.68 seconds, which she ran at the GNAC Championships.
- Junior **Mariyah Vongsaveng** enters the meet with 11th best time in the women's 60-meter hurdles at 8.58 seconds while sophomore **Halle Irvine** ranks in a tie for 18th in the women's pole vault with a clearance of 12 feet, 1.5 inches.
- The Wildcats opened the outdoor season last weekend at the Ed Boitano Invitational in Tacoma, Wash. Vongsaveng led a 1-2 finish in the women's 100-meter hurdles. She won with a time of 14.67 while freshman **Sidney Trinidad** was second in 15.22 seconds. Trinidad then won the 400-meter hurdles with a time of 1:03.41.
- Those athletes not competing at indoor nationals will return to Tacoma and the outdoor oval, participating at the PLU Invitational.

CONCORDIA



- In just its first year of eligibility to compete at the Division II Championships, Concordia will be represented by six individuals in Pittsburg.
- Senior **Christina MacDonald** will compete in both women's throwing disciplines. MacDonald enters as the GNAC record-holder and No. 7 in the weight throw with her mark of 64 feet, 0.5 inches that she hit at the SPU Final Qualifier on Feb. 25. MacDonald also has the No. 13 mark in the shot put at 48 feet, 3.25 inches.
- Senior **Melissa Ausman** enters the championships tied for the fifth-best mark in the women's shot put. She is tied with Angelo State's Daisy Osakue with a mark of 50 feet, 1.75 inches. Junior **Katrina Linenko** has the 21st best mark in the field at 47 feet, 3.5 inches.
- Senior **Josh Koch** is the Cavaliers' lone men's competitor at nationals. He has the 11th best mark in the shot put at 58 feet, 5.75 inches.
- In the women's field events, junior **Tori Johnson** is tied for 10th in the high jump with her season-best clearance of 5 feet, 7 inches, at the UW Invitational in January. Senior **Emma Hill** enters with the 13th best mark in the triple jump with her best of 39 feet, 10.75 inches, which was set at the GNAC Championships.
- Earlier this week, two members of Concordia's coaching staff earned regional awards from the USTFCCA. Head coach **Jarret Mantalas** was named the West Region Men's Coach of the Year after he led the Cavaliers to the GNAC indoor track and field championship. Associate head coach **Jarred Rome** was named the Women's Assistant Coach of the Year for his work with the Cavaliers' throwers.
- Following indoor nationals, Concordia will open its outdoor season next Saturday at the L&C Spring Break Open.

MONTANA STATE BILLINGS



- Montana State Billings will not have any competitors at the Division II Indoor Track and Field Championships. The Yellowjackets are in the midst of a long five-week break. They do not open the outdoor season until Mar. 30 when they host the MSUB Invitational in Billings.

NORTHWEST NAZARENE



- Senior **Payton Lewis** will be Northwest Nazarene's lone competitor at the Division II Indoor Track and Field Championships. Lewis will compete in the men's pole vault, where he tied for 18th with Tiffin's Davis Bowers and Kutztown's Brandon Raguz with a clearance of 16 feet, 4.75 inches.
- Earlier this week, NNU assistant coach **Nick Collins** was named the USTFCCA Division II West Region Men's Assistant Coach of the Year. He was singled out for his work with the Nighthawks' vaulters.
- The Nighthawks will open their outdoor season on Mar. 16 and 17, competing in the Hornet Invitational in Sacramento, Calif.

Around The GNAC

SAINT MARTIN'S



- With no competitors in the Division II indoor nationals, Saint Martin's turned its attention to the outdoor season at the Ed Boitano Invitational.
- Senior **Brian Chalkley** was named the GNAC Men's Field Athlete of the Week for his second-place finish in the javelin. His throw of 213 feet, 11, inches, is best in Division II so far this season and is No. 8 on the GNAC All-Time List. The performance was a one-inch personal best.
- Senior **Yadira Lopez** was named the GNAC Women's Track Athlete of the Week after she won the 10,000 meters with a time of 36:53.91. The time ranks as the best in Division II in the early season.
- Junior **Megan Vernoy** finished in the top-two in two of the throws. She won the discus with a mark of 142 feet, 3 inches, and was second in the shot put at 38 feet, 10.25.
- The Saints had two NCAA Championships provisional qualifiers in the women's javelin. Senior **Deanna Avalos** and junior **Jona Spiller** tied for third at the Ed Boitano Invitational, both with marks of 140 feet, 7 inches. The duo is tied for fourth in Division II this season.
- Freshman **Guillaume Tabary** opened his collegiate outdoor career by placing second in the 200 meters with a time of 22.89 seconds.
- The Saints are off this weekend and return to competition on Mar. 17 at the L&C Spring Break Invitational.

SEATTLE PACIFIC



- Seattle Pacific will send sophomore **Scout Cai** and the women's distance medley relay to represent the Falcons at the Division II Indoor Track and Field Championships.
- Cai will compete in the two events in which she won titles at the GNAC Championships. She enters with Division II's fifth-best point total in the pentathlon at 3,709 points, which she set at January's UW Invitational. She is ranked 17th in the pole vault with her clearance at the GNAC Championships of 12 feet, 4.75 inches. For her field-event efforts, Cai was named the USTFCCA West Region Women's Field Athlete of the Year.
- The women's DMR squad of **Mary Charleson, Kate Lilly, Chynna Phan** and **Lani Taylor** enter the national meet ranked seventh with a time of 11:39.11.
- Those SPU athletes not competing at nationals opened the outdoor season with some solid performances at the Ed Boitano Invitational.
- Freshman **Renick Meyer** won the women's 100 meters in a time of 12.41 seconds while sophomore **Grace Bley** was second in 12.81 seconds. In the women's 400 meters senior **Becca Houk** was the winner in 58.98 seconds while freshman **Julia Stepper** was second in 1:00.82.
- The SPU men had three top-three finishers in the sprints. Junior **Jesse Phan** was second in the 400 meters in 52.65 seconds while junior **Miles Flett** was third in 54.90 seconds. Senior **Peyton Harris** placed third in the 110-meter hurdles with a time of 15.59 seconds.
- Those Falcons not at indoor nationals will be on the outdoor oval this weekend, competing at the PLU Open in Tacoma, Wash.

SIMON FRASER



- Simon Fraser has six individual competitors and the women's distance medley relay in Pittsburg, Kan., representing the Clan at the Division II Indoor Track and Field Championships.
- All of the Clan's individual competitors are in the middle and long distances. Two are in the women's 3,000 meters with senior **Julia Howley** ranked sixth in the event with her time of 9:32.78 run at January's UW Indoor Preview. Senior **Reta Dobie** enters with the 12th best time of 9:41.58.
- Senior **Alana Mussatto** is among six GNAC athletes entered in the women's 800 meters and has the 11th best time nationally at 2:09.69.
- Senior **Miryam Bassett** leads two SFU athletes in the women's mile with the 20th best time in Division II at 4:51.92. Junior **Paige Nock** also made the field with the 34th top time of 4:56.99. Both times were run at February's Husky Classic.
- The women's distance medley relay team of Nock, **Renate Bluschke**, Mussatto and Howley, enters with the No. 4 time in the field at 11:36.85.
- Senior **Oliver Jorgensen** is the Clan's lone male athlete at nationals. He is ranked 20th in the mile with a time of 4:06.82.
- The Clan's outdoor season will not get started until Mar. 30 and 31, when the team heads south to take part in the Stanford Invitational and the SF State Distance Carnival.

WESTERN OREGON



- Western Oregon is represented by five athletes in the distances and the defending champion men's distance medley relay team at the NCAA Division II Indoor Track and Field Championships.
- All eyes will be on senior **David Ribich**, who enters with the best time in Division II in the men's 3,000 meters. Ribich ran the time of 7:50.81 at the Feb. 9 Husky Classic. The time is an all-time all-conditions Division II record and is seven seconds faster than anyone else in the field. Ribich also has Division II's fastest time in the mile (3:58.88), but will not compete in the event at the national meet. The efforts through the season earned Ribich USTFCCA West Region Men's Track Athlete of the Year honors.
- The Wolves return as the defending national champion in the men's DMR. The team of **Dustin Nading, Aaron Whitaker, AJ Holmberg** and Ribich enter this year's meet with the sixth-best time in Division II, having run 9:47.56 at the Jan. 26 UW Invitational to automatically qualify for nationals. Nading, Holmberg and Ribich were all part of last year's national championship team, which won in a Division II record time of 9:40.55.
- Nading is entered in the men's mile and has the 11th best time in the field at 4:04.50.
- Senior **Kennedy Rufener** is entered at nationals in both the 3,000 meters and 5,000 meters. Rufener is 11th in the nation in the 5,000 with a time of 16:53.96 and is 19th in the 3,000 meters at 9:46.27.
- Senior **Olivia Woods** enters with the seventh fastest time in the women's 800 meters at 2:09.10 while senior **Suzie Van De Grift** is 11th in the mile at 4:48.95.
- Western Oregon also opened its indoor season last weekend, collecting eight event winners at the Willamette Opener.
- Senior **Josh Dempsey** was named the GNAC Men's Track Athlete of the Week after he cruised to a six-second victory in the 1,500 meters with a time of 3:50.81. The mark is currently the fastest in Division II this season.
- Following nationals, the Wolves will continue the outdoor season on Mar. 17 at the L&C Spring Break Open.

Around The GNAC

WESTERN WASHINGTON



- Senior **Jasmine McMullin** is Western Washington's lone representative at the NCAA Division II Indoor Track and Field Championships.

- McMullin automatically qualified for nationals with a conference-record performance in the women's triple jump at the GNAC Championships. She is currently No. 5 in

Division II with her mark of 41 feet, 7.25 inches. That performance, coupled with her GNAC title in the long jump, earned McMullin recognition as the GNAC Championships Women's Field Athlete of the Meet.

- The rest of the Vikings' athletes shifted focus to the outdoor season, claiming seven individual titles last weekend at the Ed Boitano Invitational.

- Sophomore **Raquel Pellecer** was named the GNAC Women's Field Athlete of the Week after she hit an NCAA Championships provisional qualifying mark in the javelin. She tied teammate Natalie Vetto for first place with a mark of 142 feet, 5 inches. The duo is tied for second in Division II this season.

- The Vikings also took the top-two spots in the women's pole vault. Senior **Anna Paradee** won with a mark of 12 feet, 3.5 inches, while junior **Rachael Roberts** was second in 10 feet, 4 inches.

- On the men's side, WWU claimed a top-three sweep in the 1,500 meters. Junior **Kyler Sager** won in a time of 3:59.31. Junior **James Jespersen** was second in 4:02.16 and sophomore **Eric Hamel** was third in 4:04.37.

- Senior **Somit Chhim** won the men's triple jump with a mark of 44 feet, 0.75 inches, and took second in the long jump at 21 feet, 6 inches.

- The Vikings continue outdoor action this weekend at the PLU Open in Tacoma.

2018 NCAA DIVISION II INDOOR TRACK AND FIELD CHAMPIONSHIPS QUALIFYING STANDARDS

MEN		Event	WOMEN	
NCAA Automatic	NCAA Provisional		NCAA Automatic	NCAA Provisional
6.73	6.88	60 Meters	7.45	7.69
7.90	8.24	60 Meter Hurdles	8.43	8.81
21.21	21.77	200 Meters	23.94	24.90
47.42	48.64	400 Meters	54.01	56.70
1:49.56	1:53.37	800 Meters	2:08.91	2:14.06
4:02:59	4:11.67	Mile	4:45.13	4:59.70
8:06.36	8:24.32	3,000 Meters	9:29.29	9:59.49
14:06.70	14:42.70	5,000 Meters	16:35.42	17:30.57
3:12.36	3:17.19	4x400 Relay	3:43.87	3:51.19
9:47.89	10:05.36	Distance Medley Relay	11:35.43	12:05.41
2.15/7-0.5	2.04/6-8.25	High Jump	1.77/5-9.75	1.67/5-5.75
5.25/17-2.75	4.72/15-5.75	Pole Vault	4.01/13-1.75	3.57/11-8.5
7.59/24-11	7.08/23-2.75	Long Jump	6.16/20-2.5	5.63/18-5.75
15.43/50-7.5	14.42/47-3.75	Triple Jump	12.43/40-9.5	11.63/38-2
17.97/58-11.5	15.92/52-2.75	Shot Put	15.69/51-5.75	13.49/44-3.25
21.14/69-4.5	17.46/57-3.5	Weight Throw	20.15/66-1.5	16.77/55-0.25
5,332	4,671	Heptathlon/Pentathlon	3,869	3,295

A Note On Qualifying: Athletes who meet the NCAA automatic standard for an event will automatically qualify for the NCAA Division II Championships. Athletes who meet the NCAA's provisional standard will be used to fill the championships field in descending order until the maximum field size is reached. To view the complete list of qualifying standards, visit http://www.ncaa.org/sites/default/files/2018DIIMWITF_Qualifying_Standards_20170915.pdf.

NCAA Division II Indoor Track & Field Championships: Fri., Mar. 9 & Sat., Mar. 10, Pittsburg, Kan.

Top Performances Lists (TFRS): [NCAA Division II Men](#) | [NCAA Division II Women](#) | [GNAC Men](#) | [GNAC Women](#) | [U.S./World Best Lists \(T&FN\)](#)

GNAC Qualifiers For NCAA Indoor Championships

MEN AUTOMATIC QUALIFIERS AS OF FEB. 26, 2018

Event	Athlete	Mark	Rank	Date
Mile	David Ribich, WOU	3:58.88	1st	1/26/18
3,000 Meters	David Ribich, WOU	7:50.81	1st	2/9/18
DMR	Western Oregon	9:47.56	6th	1/26/18
Heptathlon	Kodiak Landis, CWU	5,407	4th	1/26/18

MEN PROVISIONAL QUALIFIERS AS OF FEB. 26, 2018

Event	Athlete	Mark	Rank	Date
60 Meters	Sam Zook, MSUB	6.80	T-18th	12/2/17
	Carlos Ortiz, CU	6.80	T-18th	2/16/18
200 Meters	Carlos Ortiz, CU	21.56	T-31st	2/16/18
	Darrion Gray, UAA	21.60	33rd	2/16/18
	Sam Zook, MSUB	21.72	T-46th	2/1/18
400 Meters	Vladislav Tsygankov, SFU	48.02c	21st	2/2/18
	Liam Lindsay, UAA	48.50	41st	2/16/18
800 Meters	David Ribich, WOU	1:50.83	15th	2/16/18
	Noah Wallace, CU	1:53.19	50th	1/26/18
Mile	Dustin Nading, WOU	4:04.50	11th	2/9/18
	Oliver Jorgensen, SFU	4:06.82	20th	2/3/18
3,000 Meters	Justin Crosswhite, WOU	4:08.79	33rd	2/24/18
	Rowan Doherty, SFU	4:08.82	34th	2/24/18
	Carlos Vargas, SFU	4:09.79	T-41st	2/3/18
	Dustin Nading, WOU	8:10.82	21st	1/13/18
	Oliver Jorgensen, SFU	8:11.36	24th	1/26/18
	Mateo de Dalmases, SFU	8:16.16	30th	2/3/18
	Rowan Doherty, SFU	8:20.90	40th	1/13/18
5,000 Meters	Tyler Jones, WOU	8:21.20	42nd	2/11/18
	Mateo de Dalmases, SFU	14:38.10	39th	1/26/18
4x400 Relay	Alaska Anchorage	3:13.02	T-10th	2/25/18
DMR	Simon Fraser	9:55.59	24th	1/26/18
High Jump	Chris Brake, UAA	2.05/6-8.75	T-37th	1/13/18
	Micah Tranch, NNU	2.05/6-8.75	T-37th	2/10/18
Pole Vault	Payton Lewis, NNU	5.00/16-4.75	T-18th	1/12/18
	Jared Webster, NNU	4.90/16-0.75	T-25th	2/2/18
	J.T. Konrad, WWU	4.87/15-11.75	T-27th	2/11/18
	Kodiak Landis, CWU	4.85/15-11	T-32nd	12/1/17
	Phillip Gwin, NNU	4.75/15-7	T-44th	2/2/18
	Brandon Maier, CWU	4.73/15-6.25	T-47th	2/11/18
Long Jump	Vladislav Tsygankov, SFU	7.30/23-11.5	19th	2/16/18
	Elijah Castro, NNU	7.23/23-8.75	T-26th	1/20/18
Triple Jump	Chris Brake, UAA	14.51/47-7.25	41st	2/16/18
Shot Put	Josh Koch, CU	17.82/58-5.75	11th	2/9/18
	Jakob Chamberlin, CU	16.42/53-10.5	T-42nd	2/24/18
	John Van Beuren, NNU	16.33/53-7	45th	2/2/18
	Armando Tafoya, CWU	16.32/53-6.4	46th	2/16/18
	Sam Nichols, CU	16.06/52-8.25	53rd	2/9/18
	Caleb Bridge, CU	16.02/52-6.75	54th	1/26/18
	Bryce Bryant-Leaf, WWU	15.99/52-5.5	57th	2/16/18
	Jakob Chamberlin, CU	18.44/60-6	28th	1/26/18
Weight Throw	John Van Beuren, NNU	18.42/60-5.25	T-29th	2/2/18
	Armando Tafoya, CWU	18.06/59-3	38th	2/11/18
	Nels Flanagan, MSUB	17.88/58-8	42nd	1/26/18
Heptathlon	Brandon Maier, CWU	5,006	25th	2/16/18
	James Phillips, CU	4,981	28th	2/16/18
	Giovanni Brown, CU	4,945	30th	2/16/18
	Dakota Tidwell, NNU	4,766	50th	2/16/18
	David Sramek, UAA	4,692	T-58th	1/26/18

WOMEN'S AUTOMATIC QUALIFIERS AS OF FEB. 26, 2018

Event	Athlete	Mark	Rank	Date
800 Meters	Danielle McCormick, UAA	2:07.13	4th	2/11/18
	Tamara Perez, UAA	2:08.65	5th	2/16/18
DMR	Alaska Anchorage	11:32.96	2nd	2/9/18
Triple Jump	Jasmine McMullin, WWU	12.68/41-7.25	5th	2/16/18

WOMEN'S PROVISIONAL QUALIFIERS AS OF FEB. 26, 2018

Event	Athlete	Mark	Rank	Date
400 Meters	Ali Anderson, CWU	55.68	19th	2/16/18
	Vanessa Aniteye, UAA	56.03	25th	2/16/18
	Lani Taylor, SPU	56.30	34th	2/16/18
800 Meters	Erykah Weems, CWU	56.51	38th	2/24/18
	Olivia Woods, WOU	2:09.10	7th	2/16/18
	Alana Mussatto, SFU	2:09.69c	11th	2/2/18
Mile	Akeilia Knight, UAA	2:09.85	12th	2/16/18
	Ruth Cvacara, UAA	2:11.34	23rd	2/16/18
	Suzie Van De Grift, WOU	2:11.80	26th	1/26/18
	Megan Rose, WOU	2:11.98	29th	2/16/18
	Ali Anderson, CWU	2:12.82c	37th	2/2/18
	Suzie Van De Grift, WOU	4:48.95	11th	2/9/18
	Julia Howley, SFU	4:50.46	16th	1/26/18
	Miryam Bassett, SFU	4:51.92	20th	2/9/18
	Tamara Perez, UAA	4:55.96	29th	2/24/18
	Paige Nock, SFU	4:56.99	34th	2/9/18
3,000 Meters	Nicole Maurmann, WOU	4:58.94	44th	2/24/18
	Julia Howley, SFU	9:32.78	6th	1/13/18
	Reta Dobie, SFU	9:41.58	12th	2/3/18
	Kennedy Rufener, WOU	9:46.27	19th	2/24/18
5,000 Meters	Miryam Bassett, SFU	9:53.87	33rd	1/13/18
	Olivia Willett, SFU	9:58.18	46th	2/11/18
	Mariah Burroughs, UAA	9:58.44	48th	2/11/18
	Mary Charleson, SPU	9:59.22	51st	2/16/18
	Kennedy Rufener, WOU	16:53.96	11th	2/9/18
60m Hurdles	Alexa Shindruk, CWU	17:06.76	21st	2/9/18
	Alyssa Foote, SPU	17:09.71	23rd	1/26/18
	Mariah Vongsaveng, CWU	8.58	11th	2/16/18
4x400 Relay	Renick Meyer, SPU	8.72	32nd	2/16/18
	Diana Voloshin, SFU	8.81	45th	2/2/18
	Simon Fraser	3:50.30	28th	2/9/18
DMR	Central Washington	3:50.64	31st	2/16/18
	Simon Fraser	11:36.85	4th	1/26/18
High Jump	Seattle Pacific	11:39.11	7th	2/24/18
	Western Oregon	11:48.58	26th	1/26/18
Pole Vault	Tori Johnson, CU	1.70/5-7	T-10th	1/26/18
	Geneva Lehnert, SPU	1.69/5-6.5	T-21st	2/9/18
Long Jump	Scout Cai, SPU	3.78/12-4.75	17th	2/16/18
	Halle Irvine, CWU	3.70/12-1.5	T-18th	2/2/18
Triple Jump	Jasmine McMullin, WWU	5.73/18-9.75	T-27th	2/16/18
Shot Put	Emma Hill, CU	12.16/39-10.75	13th	2/16/18
	HarLee Ortega, CWU	11.80/38-8.75	22nd	12/9/17
Weight Throw	Melissa Ausman, CU	15.28/50-1.75	T-5th	2/16/18
	Christina MacDonald, CU	14.71/48-3.25	13th	2/24/18
	Katrina Linenko, CU	14.41/47-3.5	21st	2/16/18
	Tasha Willing, CU	13.72/45-0.25	39th	1/26/18
Pentathlon	Christina MacDonald, CU	19.52/64-0.5	7th	2/24/18
	Melissa Ausman, CU	18.00/59-0.75	19th	2/16/18
Triple Jump	Scout Cai, SPU	3,709	5th	1/26/18
	HarLee Ortega, CWU	3,651c	9th	2/2/18
	Ali Anderson, CWU	3,605c	14th	2/2/18
Heptathlon	Chelsea Bone, CU	3,316	32nd	1/26/18

c - Mark Converted For Track Size

Entrants In Division II Indoor Championships In Bold

GNAC Qualifiers For NCAA Outdoor Championships

MEN PROVISIONAL QUALIFIERS AS OF MAR. 6, 2018

Event	Athlete	Mark	Rank	Date
Javelin	Brian Chalkley, SMU	65.20/213-11	1st	3/3/18
	Spencer Claeys, WWU	63.05/206-10	3rd	3/3/18

WOMEN PROVISIONAL QUALIFIERS AS OF MAR. 6, 2018

Event	Athlete	Mark	Rank	Date
Pole Vault	Anna Paradee, WWU	3.75/12-3.5	1st	3/3/18
Javelin	Raquel Pellecer, WWU	43.42/142-5	T-2nd	3/3/18
	Natalie Vetto, WWU	43.42/142-5	T-2nd	3/3/18
	Deanna Avalos, SMU	42.85/140-7	T-4th	3/3/18
	Jona Spiller, SMU	42.85/140-7	T-4th	3/3/18

GNAC Outdoor Championships/National Qualifying Standards

MEN			EVENT	WOMEN		
GNAC	NCAA Prov.	NCAA Auto		GNAC	NCAA Prov.	NCAA Auto.
10.99	10.59	10.28	100 Meters	12.47	11.94	11.50
22.27	21.38	20.74	200 Meters	25.39	24.46	23.56
48.62	47.81	46.36	400 Meters	57.79	55.93	53.15
1:54.19	1:52.16	1:48.75	800 Meters	2:13.14	2:12.47	2:07.51
3:54.86	3:50.90	3:44.89	1,500 Meters	4:33.30	4:33.86	4:22.08
14:56.91	14:34.89	13:56.89	5,000 Meters	16:50.38	17:14.52	16:16.33
31:28.02	30:41.36	29:17.64	10,000 Meters	37:08.97	36:37.02	34:34.33
15.24	14.56	13.89	110/100m Hurdles	14.85	14.23	13.45
54.84	53.55	51.50	400m Hurdles	1:03.43	1:02.09	58.92
9:22.09	9:17.36	8:53.80	Steeplechase	11:13.04	11:04.19	10:19.33
1.96 / 6-5	2.04 / 6-8.25	2.16 / 7-1	High Jump	1.62 / 5-3.75	1.67 / 5-5.75	1.77 / 5-9.75
4.51 / 14-9.5	4.80 / 15-9	5.19 / 17-0.5	Pole Vault	3.22 / 10-6.75	3.64 / 11-11.25	4.07 / 13-4.25
6.89 / 22-7.25	7.24 / 23-9	7.66 / 25-1.75	Long Jump	5.38 / 17-8	5.79 / 19-0	6.25 / 20-6.25
13.93 / 45-8.5	14.63 / 48-0	15.58 / 51-1.5	Triple Jump	11.42 / 37-5.25	11.81 / 38-9	12.75 / 41-10
15.03 / 49-3.5	16.08 / 52-9.25	18.36 / 60-3	Shot Put	12.82 / 42-0.75	13.63 / 44-8.75	15.68 / 51-5.5
45.47 / 149-2	49.67 / 162-11	55.83 / 183-2	Discus	40.34 / 132-4	44.65 / 146-6	51.73 / 169-8
52.79 / 173-2	54.65 / 179-3	65.74 / 215-8	Hammer	49.38 / 162-0	51.53 / 169-0	60.48 / 198-5
59.10 / 193-11	58.42 / 191-8	67.87 / 222-8	Javelin	41.72 / 136-10	41.24 / 135-4	50.03 / 164-1
6,280	6,255	7,286	Dec./Hep.	4,520	4,475	5,237
NA	41.10	40.19	4x100 Relay	NA	46.85	45.41
NA	3:14.00	3:08.47	4x400 Relay	NA	3:47.90	3:40.11

GNAC Championships: The top-20 performers as listed in TFRRS will qualify for the championship meet in addition to any performers who meet the GNAC standard.

Men's Indoor Regional & National Polls

GNAC MEN'S TEAMS IN THE USTFCCCA POLLS

National	
Preseason	
Jan. 23	
Jan. 30	
Feb. 6	
Feb. 13	
Feb. 20	
Feb. 27	12th
Mar. 4	

WOU	
12th	
—	
11th	
15th	
12th	
10th	
18th	

USTFCCCA DIVISION II NATIONAL TEAM COMPUTER RANKINGS

Week 7 - Mar. 4, 2018

Rk	School	Pts.	Prev.
1.	Colorado Mines	164.80	3
2.	Tiffin	156.68	2
3.	Adams State	154.43	1
4.	Texas A&M-Commerce	150.51	4
5.	Pittsburg State	139.92	5
6.	Ashland	138.43	6
7.	Grand Valley State	98.25	6
8.	Academy of Art	82.79	8
9.	Texas A&M-Kingsville	75.54	9
10.	Missouri Southern	73.61	10
11.	Findlay	62.12	13
12.	CSU-Pueblo	58.93	11
13.	Eastern New Mexico	57.37	14
14.	West Texas A&M	53.65	18
15.	American International	53.27	15
16.	Minnesota State	53.17	17
17.	Emporia State	52.74	16
18.	Western Oregon	49.57	12
19.	Colorado Mesa	44.10	19
20.	Colorado Christian	43.17	20
21.	Central Missouri	36.67	22
22.	Lincoln (Mo.)	31.82	21
23.	Saint Augustine's	30.18	23
24.	Fort Hayes State	28.93	27
25.	Wingate	27.39	25

USTFCCCA WEST REGION TEAM INDEX

Final - Feb. 27, 2018

Rk	School	Pts.	Prev.
1.	Concordia (Ore.)	352.05	1
2.	Academy of Art	310.68	2
3.	Western Oregon	269.56	4
4.	Northwest Nazarene	255.07	3
5.	Simon Fraser	237.36	5
6.	Alaska Anchorage	216.47	6
7.	Central Washington	214.11	7
8.	Western Washington	210.34	8
9.	Azusa Pacific	167.89	9
10.	Montana State Billings	136.48	10

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Women's Indoor Regional & National Polls

GNAC WOMEN'S TEAMS IN THE USTFCCCA POLLS

National	UAA	CU	CWU	SFU	
Preseason	—	—	—	23rd	
Jan. 23	—	—	24th	15th	
Jan. 30	—	25th	—	3rd	
Feb. 6	—	23rd	—	8th	
Feb. 13	21st	—	—	16th	
Feb. 20	11th	24th	—	16th	
Feb. 27	15th	—	—	24th	
Mar. 4	14th	—	—	22nd	

USTFCCCA DIVISION II NATIONAL TEAM COMPUTER RANKINGS

Week 7 - Mar. 4, 2018

Rk	School	Pts.	Prev.
1.	West Texas A&M	141.00	2
2.	Grand Valley State	120.86	1
3.	Pittsburg State	112.24	4
4.	Western State	108.48	3
5.	Adams State	103.26	5
6.	Angelo State	96.78	6
7.	San Francisco St.	86.73	7
8.	Lincoln (Mo.)	79.54	8
9.	Azusa Pacific	65.91	10
10.	Walsh	63.06	12
11.	Mary	58.09	11
12.	Missouri Southern	57.47	14
13.	Lewis	55.56	16
14.	Alaska Anchorage	54.85	15
15.	Hillsdale	54.31	13
16.	Winston-Salem State	52.22	108
17.	Wayne State (Neb.)	48.81	17
18.	Bellarmine	47.01	9
19.	Saint Augustine's	42.88	19
20.	Minnesota State	42.77	18
21.	UC-Colorado Springs	41.58	21
22.	Simon Fraser	39.20	24
23.	Southwest Baptist	38.76	20
24.	Ursuline	35.58	26
25.	American International	34.76	23

USTFCCCA WEST REGION TEAM INDEX

Final - Feb. 27, 2018

Rk	School	Pts.	Prev.
1.	Seattle Pacific	293.33	1
2.	Central Washington	278.92	2
3.	San Francisco St.	255.90	4
4.	Azusa Pacific	245.19	3
5.	Simon Fraser	216.33	5
6.	Concordia (Ore.)	194.36	6
7.	Academy of Art	193.23	8
8.	Alaska Anchorage	173.81	7
9.	Western Washington	136.69	9
10.	Western Oregon	126.31	10

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GNAC Indoor Track & Field Records

MEN - ALL MEETS

60 Meters	6.72	Alex Donigian, Western Washington (2015)
200 Meters	21.56	Carlos Ortiz, Concordia (2018)
400 Meters	47.61	Vladislav Tsygankov, Simon Fraser (2017)
800 Meters	1:49.68	Badane Sultessa, Western Oregon (2016)
Mile	3:58.88	David Ribich, Western Oregon (2018)
3,000 Meters	7:50.81	David Ribich, Western Oregon (2018)
5,000 Meters	13:47.73	Micah Chelimo, Alaska Anchorage (2014)
60m Hurdles	8.08	Travis Milbrandt, Western Oregon (2015)
4x400 Relay	3:12.45	Alaska Anchorage (2016)
Nicholas Taylor, Liam Lindsey, Adam Commandeur, Cody Thomas		
Distance Medley	9:40.15	Western Oregon (2017)*
Dustin Nading, AJ Holmberg, Josh Dempsey, David Ribich		
High Jump	2.22/7-3.25	Mikel Smith, Saint Martin's (2017)
Pole Vault	5.31/17-5	Ryan Brown, Western Washington (2011)
Long Jump	7.46/24-5.75	Vladislav Tsygankov, Simon Fraser (2016)
Triple Jump	15.06/49-5	Luke Plummer, Central Washington (2015/2017)
Shot Put	17.94/58-10.75	Cameron Neel, Western Washington (2007)
Weight Throw	18.82/61-9	Anthony Marin, Western Oregon (2007)
Heptathlon	5,508	Chris Randolph, Seattle Pacific (2006)

MEN'S CONFERENCE MEET RECORDS

60 Meters	6.75	Alex Donigian, Western Washington (2014)
200 Meters	21.56	Carlos Ortiz, Concordia (2018)
400 Meters	47.80	Joel Webster, Simon Fraser (2016)
800 Meters	1:50.83	David Ribich, Western Oregon (2018)
Mile	4:10.01	David Ribich, Western Oregon (2017)
3,000 Meters	8:27.83	Henry Cheseto, Alaska Anchorage (2015)
5,000 Meters	14:36.06	Dominik Notz, Alaska Anchorage (2016)
60m Hurdles	8.08	Travis Milbrandt, Western Washington (2015)
4x400 Relay	3:14.10	Alaska Anchorage (2017)
Liam Lindsay, Darrior Gray, Nicholas Taylor, Adam Commandeur		
Distance Medley	10:04.58	Simon Fraser (2012)
Ryan Brockerville, Stuart Ellenwood, Keir Forster, Adam Reid		
High Jump	2.21/7-3	Mikel Smith, Saint Martin's (2017)
Pole Vault	5.16/16-11	Payton Lewis, Northwest Nazarene (2011)
Long Jump	7.38/24-2.5	Vladislav Tsygankov, Simon Fraser (2016)
Triple Jump	15.06/49-5	Luke Plummer, Central Washington (2015/2017)
Shot Put	17.47/57-3.75	Cameron Neel, Central Washington (2007)
Weight Throw	18.63/61-1.75	Tyler Lamott, Concordia (2016)
Heptathlon	5,269	Kodiak Landis, Central Washington (2017)

CONFERENCE MEET HEPTATHLON EVENTS

60 Meters	7.03	Kodiak Landis, Central Washington (2018)
Long Jump	6.95/22-9.75	James Phillips, Concordia (2018)
Shot Put	13.28/43-7	James Phillips, Concordia (2018)
High Jump	2.01/6-7	Micah Tranch, Northwest Nazarene (2017)
60m Hurdles	8.28	Travis Turner, Alaska Anchorage (2017)
Pole Vault	5.05/16-6.75	Payton Lewis, Northwest Nazarene (2016)
1,000 Meters	2:43.00	Colin Alexander, Central Washington (2012)

WOMEN - ALL MEETS

60 Meters	7.54	Jamie Ashcroft, Alaska Anchorage (2017)
200 Meters	24.09	Jamie Ashcroft, Alaska Anchorage (2017)
400 Meters	54.87	Jahzelle Ambus, Seattle Pacific (2016)
800 Meters	2:04.94	Helen Crofts, Simon Fraser (2011)
Mile	4:32.88	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:17.97	Joyce Chelimo, Alaska Anchorage (2016)
5,000 Meters	16:10.32	Joyce Chelimo, Alaska Anchorage (2016)
60m Hurdles	8.51	Mariyah Vongsaveng, Central Washington (2017)
4x400 Relay	3:42.44	Seattle Pacific (2016)
Jalen Tims, Lynelle Decker, Cheryl Hong, Jahzelle Ambus		
Distance Medley	11:28.28	Simon Fraser (2015)
Rebecca Bassett, Monique Lisek, Paige Nock, Lindsey Butterworth		
High Jump	1.77/5-9.75	Danielle Ayers-Stamper, Seattle Pacific (2005)
Pole Vault	3.92/12-10.25	McKenna Emmert, Central Washington (2017)
Anna Laradee, Western Washington (2017)		
Long Jump	5.93/19-5.5	Danielle Ayers-Stamper, Seattle Pacific (2005)
Triple Jump	12.68/41-7.25	Jasmine McMullin, Western Washington (2018)
Shot Put	17.62/57-9.75	McKenzie Warren, Concordia (2017)*
Weight Throw	19.52/64-0.5	Christina MacDonald, Concordia (2018)
Pentathlon	4,007	Danielle Ayers-Stamper, Seattle Pacific (2005)

WOMEN'S CONFERENCE MEET RECORDS

60 Meters	7.55	Jamie Ashcroft, Alaska Anchorage (2017)
200 Meters	24.09	Jamie Ashcroft, Alaska Anchorage (2017)
400 Meters	54.87	Jahzelle Ambus, Seattle Pacific (2016)
800 Meters	2:08.28	Jessica Pixler, Seattle Pacific (2010)
Mile	4:40.39	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:47.64	Jennifer Johnson, Simon Fraser (2015)
5,000 Meters	16:47.07	Sarah Porter, Western Washington (2010)
60m Hurdles	8.51	Mariyah Vongsaveng, Central Washington (2017)
4x400 Relay	3:46.41	Simon Fraser (2016)
Distance Medley	11:36.32	Seattle Pacific (2010)
Kate Harline, Jennifer Pike, Jane Larson, Jessica Pixler		
High Jump	1.77/5-9.75	Taylor Fettig, Central Washington (2014)
Pole Vault	3.91/12-10	Alison Silva, Northwest Nazarene (2014)
Long Jump	5.82/19-1.25	Tanya Bjornsson, Western Washington (2014)
Triple Jump	12.68/41-7.25	Jasmine McMullin, Western Washington (2018)
Shot Put	17.02/55-10.25	McKenzie Warren, Concordia (2017)
Weight Throw	18.29/60-0.25	Christina MacDonald, Concordia (2018)
Pentathlon	3,761	Karolin Anders, Alaska Anchorage (2015)

CONFERENCE MEET PENTATHLON EVENTS

60m Hurdles	8.75	Rosie Smith, Alaska Anchorage (2016)
High Jump	1.69/5-6.5	Taylor Fettig, Central Washington (2014 & 2015)
Karolin Anders, Alaska Anchorage (2015)		
Geneva Lehnert, Seattle Pacific (2017)		
Shot Put	11.96/39-3	Charlene Harber, Western Oregon (2012)
Long Jump	5.68/18-7.75	Karolin Anders, Alaska Anchorage (2016)
800 Meters	2:15.88	Ali Anderson, Central Washington (2017)

* - NCAA Division II record

GNAC Outdoor Track & Field Records

MEN - ALL MEETS

100 Meters	10.22
200 Meters	20.93
400 Meters	47.51
800 Meters	1:47.58
1,500 Meters	3:41.45
3,000 Meters	8:24.61
5,000 Meters	13:41.99
10,000 Meters	28:37.75
110m Hurdles	14.19
400m Hurdles	51.48
Steeplechase	8:45.63
4x100 Relay	41.10
4x400 Relay	3:10.60
High Jump	2.16/7-1
Pole Vault	5.40/17-8.5
Long Jump	7.91/25-11.5
Triple Jump	15.50/50-10.25
Shot Put	18.55/60-10.5
Discus	55.68/182-8
Hammer	62.89/206-4
Javelin	77.98/255-10
Decathlon	7,872

Alex Donigian, Western Washington (2015)
Alex Donigian, Western Washington (2016)
Ethan Hewitt, Alaska Anchorage (2011)
Badane Sultessa, Western Oregon (2015)
David Ribich, Western Oregon (2017)
Jordan Walling, Western Washington (2014)
Micah Chelimo, Alaska Anchorage (2014)
Micah Chelimo, Alaska Anchorage (2014)
Travis Milbrandt, Western Washington (2016)
Vladislav Tsygankov, Simon Fraser (2017)
Micah Chelimo, Alaska Anchorage (2012)
Central Washington (2010)
Alaska Anchorage (2016)
Mikel Smith, Saint Martin's (2016)
Ryan Brown, Western Washington (2010)
David Registe, Alaska Anchorage (2009)
Wesley Gray, Western Oregon (2017)
Frank Catelli, Western Washington (2014)
Caleb Bridge, Concordia (2017)
Pro Escobedo, Western Oregon (2003)
Cody Parker, Alaska Anchorage (2013)
Chris Randolph, Seattle Pacific (2006)

WOMEN - ALL MEETS

100 Meters	11.64
200 Meters	23.99
400 Meters	53.56
800 Meters	2:02.10
1,500 Meters	4:11.06
3,000 Meters	9:35.75
5,000 Meters	15:44.07
10,000 Meters	33:14.41
100m Hurdles	13.70
400m Hurdles	59.17
Steeplechase	10:13.01
4x100 Relay	46.19
4x400 Relay	3:41.93
High Jump	1.78/5-10
Pole Vault	4.01/13-1.75
Long Jump	5.99/19-8
Triple Jump	12.42/40-9
Shot Put	17.39/57-0.75
Discus	51.59/169-3
Hammer	59.34/194-8
Javelin	54.18/177-9
Heptathlon	5,606

Jamie Ashcroft, Alaska Anchorage (2015)
NyEma Sims, Seattle Pacific (2007)
Mary Pierce, Alaska Anchorage (2007)
Helen Crofts, Simon Fraser (2013)
Jessica Pixler, Seattle Pacific (2010)
Sarah Porter, Western Washington (2011)
Jessica Pixler, Seattle Pacific (2010)
Joyce Chelimo, Alaska Anchorage (2016)
Danielle Ayers-Stamper, Seattle Pacific (2005)
Haleigh Lloyd, Alaska Anchorage (2015)
Katelyn Steen, Western Washington (2015)
Simon Fraser (2017)
Alaska Anchorage (2017)
Teona Perkins, Seattle Pacific (2007)
Anna Paradee, Western Washington (2017)
Stephanie Huffman, Seattle Pacific (2002)
Ali Worthen, Seattle Pacific (2013)
Ashley Potter, Western Oregon (2012)
McKenzie Warren, Concordia (2017)
McKenzie Warren, Concordia (2017)
Kirby Neale, Saint Martin's (2017)
Bethany Drake, Western Washington (2016)
Danielle Ayers-Stamper, Seattle Pacific (2005)

DECATHLON EVENTS

100 Meters	10.90
Long Jump	7.31/22-11.75
Shot Put	14.06/46-1.5
High Jump	2.06/6-9
400 Meters	48.21
110m Hurdles	14.82
Discus	46.00/150-11
Pole Vault	4.90/16-0.75
Javelin	61.04/200-3
1,500 Meters	4:22.12

Justin Miller, Humboldt State (2002)
Chris Randolph, Seattle Pacific (2006)
Alex Harrison, Western Washington (2010)
Justin Peterson, Central Washington (2014)
Cody Thomas, Alaska Anchorage (2014)
Chris Randolph, Seattle Pacific (2006)
Chris Randolph, Seattle Pacific (2006)
Zeb Udell, Western Oregon (2007)
Alex Harrison, Western Washington (2012)
Zac Vawter, Saint Martin's (2004)

HEPTATHLON EVENTS

100m Hurdles	13.70
High Jump	1.75/5-8.75
Shot Put	13.00/42-8
200 Meters	24.78
Long Jump	5.99/19-8
Javelin	45.21/14-84
800 Meters	2:12.52

Danielle Ayers-Stamper, Seattle Pacific (2005)
Danielle Ayers-Stamper, Seattle Pacific (2005)
Bridget Johnson, Western Oregon (2006)
Grace Morgan, Alaska Anchorage (2013)
Stephanie Huffman, Seattle Pacific (2013)
Katie Reichert, Western Washington (2012)
Bridgette Sexton, Seattle Pacific (2005)

MEN'S CONFERENCE MEET RECORDS

100 Meters	10.43
200 Meters	21.32
400 Meters	47.55
800 Meters	1:49.31
1,500 Meters	3:47.37
5,000 Meters	14:29.41
10,000 Meters	30:25.75
110m Hurdles	14.21
400m Hurdles	52.23
Steeplechase	8:47.26
4x100 Relay	41.10
4x400 Relay	3:13.84
High Jump	2.11/6-11
Pole Vault	5.14/16-10.75
Long Jump	7.52/24-8.25
Triple Jump	15.50/50-10.25
Shot Put	18.20/59-8.75
Discus	53.80/176-6.5
Hammer	61.61/202-1
Javelin	69.49/228-0
Decathlon	7,201

Anthony Wright, Central Washington (2010)
Rimar Christie, Northwest Nazarene (2013)
Tyrell Williams, Western Oregon (2014)
Ethan Hewitt, Alaska Anchorage (2012)
Paul Mach, Seattle Pacific (2005)
David Ribich, Western Oregon (2017)
Micah Chelimo, Alaska Anchorage (2011)
Jordan Walling, Western Washington (2011)
Travis Milbrandt, Western Washington (2015)
Shaun Ward, Alaska Anchorage (2011)
Ryan Brockerville, Simon Fraser (2012)
Central Washington (2010)
Bryan Mack, Anthony Wright, Anthony Hogan, Kincaid Nichols
Simon Fraser (2015)
Stuart Ellenwood, Cameron Proceviat, Joel Webster, Daniel Kelloway
Tevin Gladden, Alaska Anchorage (2017)
Ryan Brown, Western Washington (2010)
David Registe, Alaska Anchorage (2008)
Wesley Gray, Western Oregon (2017)
Josh Koch, Concordia (2016)
Caleb Bridge, Concordia (2017)
Michael Hoffman, Western Washington (2008)
Franz Burghagen, Alaska Anchorage (2013)
Cody Thomas, Alaska Anchorage (2016)

WOMEN'S CONFERENCE MEET RECORDS

100 Meters	11.81
200 Meters	24.30
400 Meters	54.46
800 Meters	2:06.38
1,500 Meters	4:24.01
3,000 Meters	9:53.80
5,000 Meters	16:39.39
10,000 Meters	35:43.38
100m Hurdles	13.82
400m Hurdles	1:00.29
Steeplechase	10:14.15
4x100 Relay	46.68
4x400 Relay	3:44.11
High Jump	1.77/5-9.75
Pole Vault	3.83/12-6.75
Long Jump	5.99/19-8
Triple Jump	12.42/40-9
Shot Put	16.55/54-3.75
Discus	48.13/157-11.25
Hammer	58.14/190-9.25
Javelin	52.40/171-11.25
Heptathlon	5,390

Jamie Ashcroft, Alaska Anchorage (2015)
Grace Morgan, Alaska Anchorage (2013)
Helen Crofts, Simon Fraser (2013)
Jessica Pixler, Seattle Pacific (2010)
Jessica Pixler, Seattle Pacific (2010)
Jessica Pixler, Seattle Pacific (2007)
Sarah Porter, Western Washington (2010)
Joyce (Chelimo) Kipchumba, Alaska Anchorage (2014)
Danielle Ayers-Stamper, Seattle Pacific (2005)
Haleigh Lloyd, Alaska Anchorage (2015)
Katelyn Steen, Western Washington (2015)
Alaska Anchorage (2014)
Mackenzie Harsch, Rosie Smith, Sasha Halfyard, Jamie Ashcroft
Seattle Pacific (2013)
Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker
Taylor Fettig, Central Washington (2016)
Karis Anderson, Western Washington (2012)
Ali Worthen, Seattle Pacific (2013)
Ashley Potter, Western Oregon (2012)
McKenzie Warren, Concordia (2017)
McKenzie Warren, Concordia (2017)
McKenzie Warren, Concordia (2017)
Bethany Drake, Western Washington (2017)
Ali Worthen, Seattle Pacific (2013)

2017-18 GNAC Indoor Meet Summaries

Dec. 1-2, 2017

**Candy Cane Invitational
at Thorpe Fieldhouse, Cheney, Wash.**

Women (Top 3 GNAC Finishers): Pentathlon - 1, Ali Anderson, CWU, 3,480; 2, HarLee Ortega, CWU, 3,468

Men (Top 3 GNAC Finishers): Heptathlon - 1, Kodiak Landis, CWU, 5,220.

Dec. 2, 2017

**Bobcat Preview
at Worthington Arena, Bozeman, Mont.**

Women (Top 3 GNAC Finishers): 60m Hurdles - 3, Michaela Johnson, MSUB, 9.37. 4x400 Relay - 2, Montana State Billings A, 4:19.76; 3, Montana State Billings B, 4:46.42. Shot Put - 3, Hannah Nesson, 35-10.75. Weight Throw - 2, Kassadee Kuhoa, MSUB, 46-5.25; 3, Hailey Steinbeisser, MSUB, 42-4.75.

Men (Top 3 GNAC Finishers): 60 Meters - 1, Sam Zook, MSUB, 6.78; 2, Lamont Frisby, MSUB, 6.96. 400 Meters - 3, Rahkei Eyer, MSUB, 51.52. 4x400 Relay - 3, Montana State Billings, 3:52.66. Triple Jump - 3, Marcus Lindquist, MSUB, 44-0.5. Weight Throw - 2, Nels Flanagan, MSUB, 54-8; 3, Beau Peaslee, MSUB, 48-8.25.

Dec. 9, 2017

**Jacksons Open
at Jacksons Track, Nampa, Idaho**

Women (Top 3 GNAC Finishers): 200 Meters - 2, Ali Anderson, CWU, 25.29. 400 Meters - 1, Ali Anderson, CWU, 56.20. Mile - 3, Heidi Nisly, NNU, 5:34.23. 3,000 Meters - 1, Sierra Manzer, NNU, 10:33.41; 3, Bethany Danner, NNU, 11:12.88. 60m Hurdles - 2, Mariyah Vongsaveng, CWU, 8.77. 4x400 Relay - 1, Central Washington, 3:56.96; 3, Northwest Nazarene, 4:32.69. High Jump - Tie 2, Shaddia Meadows, CWU, 5-3; Tie 2, Rachel Bartlow, NNU, 5-3. Pole Vault - 2, Halle Irvine, CWU, 11-1.75. Triple Jump - 3, HarLee Ortega, CWU, 38-8.75. Weight Throw - 1, Aiyana Homer, CWU, 53-3.

Men (Top 3 GNAC Finishers): 60 Meters - 3, Ebu Camara, NNU, 7.00. 200 Meters - 2, Jackson Hand, SMU, 22.01. 3,000 Meters - 1, Godfrey Kemboi, NNU, 8:58.75; 2, Rylan Manzer, NNU, 9:16.02; 3, Pablo Lopez, NNU, 9:25.79. 60m Hurdles - 2, Payton Lewis, NNU, 8.53; 3, Elijah Castro, NNU, 8.55. 4x400 Relay - 1, Northwest Nazarene A, 3:34.15; 2, Northwest Nazarene B, 3:44.04. High Jump - 1, Micah Tranch, NNU, 6-4.25; 2, Dakota Tidwell, NNU, 6-0.5; 3, Kefferly Stellway, NNU, 6-0.5. Pole Vault - 2, Kodiak Landis, CWU, 15-7; 3, Jared Webster, NNU, 15-1. Long Jump - 1, Elijah Castro, NNU, 22-1.75; 2, Josh Schulz, SMU, 22-1.5; 3, Anthony Manago, SMU, 21-10.25. Shot Put - 1, John VanBeuren, NNU, 51-7.25; 2, Armando Tafoya, CWU, 49-5.5. Weight Throw - 1, John VanBeuren, NNU, 57-9; 2, Armando Tafoya, CWU, 54-6.5.

Fri., Jan. 12

**Bobcat Invitational
at Brick Breeden Fieldhouse, Bozeman, Mont.**

Women (Top 3 GNAC Finishers): 800 Meters - 3, Nikki Allen, MSUB, 2:37.89. 4x400 Relay - 3, Montana State Billings, 4:19.30.

Men (Top 3 GNAC Finishers): 60 Meters - 1, Sam Zook, MSUB, 6.80; 2, Lamont Frisby, MSUB, 6.95; 3, Mason Schram, MSUB, 6.98. 800 Meters - 3, Jorey Egeland, MSUB, 2:02.20. DMR - 3, Montana State Billings, 10:47.54. High Jump - 3, Isaiah Girard, MSUB, 6-6.75. Weight Throw - 2, Nels Flanagan, MSUB, 56-6.

Fri., Jan. 12 - Sat., Jan. 13

**Ed Jacoby Invitational
at Jacksons Track, Nampa, Idaho**

Women (Top 3 GNAC Finishers): None

Men (Top 3 GNAC Finishers): High Jump - 2, Kefferly Stellway, NNU, 6-1.25. Pole Vault - 2, Payton Lewis, NNU, 16-4.75. Long Jump - 2, Elijah Castro, NNU, 22-8. Shot Put - 2, John VanBeuren, NNU, 51-2.75. Weight Throw - 3, John VanBeuren, NNU, 56-5.25. Heptathlon - 1, Dakota Tidwell, NNU, 4,671; 3, Micah Tranch, NNU, 4,486.

Sat., Jan. 13

**UW Preview
at Dempsey Indoor Center, Seattle, Wash.**

Women (Top 3 GNAC Finishers): 800 Meters - 3, Danielle McCormick, UAA, 2:11.17. Triple Jump - 3, Jasmine McMullin, WWU, 39-4.5. Weight Throw - 3, Christina MacDonald, CU, 58-2.5 (Ties GNAC Record).

Men (Top 3 GNAC Finishers): 400 Meters - 3, Adam Brown, CU, 49.38. 800 Meters - 3, Noah Wallace, CU, 1:53.78. 1,000 Meters - 2, David Ribich, WOU, 2:21.38 (Fastest Time In Division II History). High Jump - 3, Chris Brake, UAA, 6-8.75.

Fri., Jan. 19

**SDSU Division II Invitational
at Sanford-Jackrabbit Athletic Complex, Brookings, S.D.**

Women's Team Scores: Minnesota State 44, Winona State 18, Augustana (S.D.) 16.5, Northwestern (Iowa) 14, Missouri Western 13.25, Minnesota-Duluth 13.25, Wayne State (Neb.) 11, Iowa Central CC 10, South Dakota State 7, Sioux Falls 6.5, Iowa Western CC 6, Chadron State 6, Northern State 5.25, Dordt 5, St. Cloud St. 3, Morningside 2.

Women (Top 3 GNAC Finishers): None

Men's Team Scores: Minnesota State 37, Iowa Western CC 20, Montana State Billings 15, Sioux Falls 13, Chadron State 12, Augustana (S.D.) 11, Central Christian 10, Wayne State (Neb.) 7, Dakota Wesleyan 6, Iowa Central CC 6, NW Iowa Elite 5, Under Armour 5, Morningside 5, Northwestern (Iowa) 5, Missouri Western 3, South Dakota State 3, Northern State 3, Southwest Minnesota State 3, Mount Marty 2, Dordt 1.

Men (Top 3 GNAC Finishers): 800 Meters - 3, Drake Henson, MSUB, 1:57.21. 3,000 Meters - 1, Jorey Egeland, MSUB, 8:47.05. 5,000 Meters - 2, Jorey Egeland, MSUB, 14:51.40. High Jump - 1, Isaiah Girard, MSUB, 6-6.75.

Fri., Jan. 19 - Sat., Jan. 20

**WSU Open
at WSU Indoor Facility, Pullman, Wash.**

Women (Top 3 GNAC Finishers): 400 Meters - 3, Jasmyne Neria, CWU, 1:00.60. 3,000 Meters - 2, Alexa Shindruk, CWU, 10:23.41. 60 Meter Hurdles - 3, Mariyah Vongsaveng, CWU, 9.04. 4x400 Relay - 1, Central Washington A, 4:02.86. Long Jump - 3, HarLee Ortega, CWU, 18-3.

Men (Top 3 GNAC Finishers): 4x400 Relay - 1, Central Washington, 3:28.16.

2017-18 GNAC Indoor Meet Summaries

Sat., Jan. 20

Bronco Invite

at Jackson's Indoor Center, Nampa, Idaho

Women (Top 3 GNAC Finishers): High Jump - 2, Tori Johnson, CU, 5-3.25; Tie 3, Rachel Bartlow, NNU, 5-3.25. Triple Jump - 2, Emma Hill, CU, 38-6.75. Shot Put - 2, Melissa Ausman, CU, 49-0.75; 3, Christina MacDonald, CU, 47-11.75. Weight Throw - 1, Christina MacDonald, CU, 61-8.25; 2, Melissa Ausman, CU, 56-10.25.

Men (Top 3 GNAC Finishers): 60 Meters - 2, Carlos Ortiz, CU, 6.91. 200 Meters - 1, Carlos Ortiz, CU, 21.95; 2, Adam Brown, CU, 22.02. 400 Meters - 2, Noah Wallace, CU, 49.94. 4x400 Relay - 2, Northwest Nazarene, 3:21.41. High Jump - 2, Micah Tranch, NNU, 6-4.75. Long Jump - 2, Elijah Castro, NNU, 23-8.75. Shot Put - 1, Josh Koch, CU, 54-1; 3, Sam Nichols, CU, 50-7.25. Weight Throw - 3, Josh Koch, CU, 52-6.75.

Fri., Jan. 26 - Sat., Jan. 27

Colorado Mines DII Invite & Multis

at Steinhauser Fieldhouse, Golden, Colo.

Women's Team Scores: UC-Colorado Springs 158.5, New Mexico Highlands 96, Colorado Mines 93, Nebraska-Kearney 80, CSU-Pueblo 60.5, Colorado Mesa 54, Western State 42, Metro State 27, Montana State Billings 14, Chadron State 11, Colorado Christian 10.

Women (Top 3 GNAC Finishers): 60m Hurdles - 1, Michaela Johnson, MSUB, 9.10.

Men's Team Scores: Colorado Mines 134, UC-Colorado Springs 131, CSU-Pueblo 117, Nebraska-Kearney 79, Colorado Mesa 56, Metro State 48, Montana State Billings 29, Western State 18, Chadron State 14, Colorado Christian 11.

Men (Top 3 GNAC Finishers): Weight Throw - 1, Nels Flanagan, MSUB, 58-8.

UW Invitational

at Dempsey Indoor Center, Seattle, Waash.

Women (Top 3 GNAC Finishers): High Jump - 2, Tori Johnson, CU, 5-7. Shot Put - 3, Melissa Ausman, CU, 49-11. Pentathlon - 3, Scout Cai, SPU, 3,709.

Men (Top 3 GNAC Finishers): 400 Meters - 3, Vladislav Tsygankov, SFU, 48.42. Mile - 3, David Ribich, WOU, 3:58.88. Distance Medley Relay - 1, Western Oregon, 9:47.56. Heptathlon - 1, Kodiak Landis, CWU, 5,407; 2, James Phillips, CU, 4,968.

Fri., Feb. 2

Bobcat Invitational

at Brick Breeden Fieldhouse, Bozeman, Mont.

Women (Top 3 GNAC Finishers): 60m Hurdles - 2, Michaela Johnson, MSUB, 8.89. High Jump - 1, Jamie Orme, MSUB, 4-10.25; 2, Shaniah Schwend, MSUB, 4-8.25. Triple Jump - 1, Brenna Beckett, MSUB, 33-8.75; 2, Shaniah Schwend, MSUB, 33-3. Shot Put - 3, Hannah Nessian, MSUB, 37-1.75. Weight Throw - 3, Hannah Nessian, MSUB, 43-6.5.

Men (Top 3 GNAC Finishers): 60 Meters - 1, Lamont Frisby, MSUB, 6.96; 2, Mason Schram, MSUB, 7.01. 400 Meters - 2, Rahkei Ever, MSUB, 50.86. High Jump - Tie 2, Isaiah Girard, MSUB, 6-4.75. Triple Jump - 2, Marcus Lindquist, MSUB, 41-0.5. Weight Throw - 3, Brady Ostermiller, MSUB, 44-2.75.

Fri., Feb. 2 - Sat., Feb. 3

Jacksons Invitational

at Jacksons Track, Nampa, Idaho

Women (Top 3 GNAC Finishers): Triple Jump - 1, Nice Loufoua, NNU, 37-5.75; 2, Jackie Mahowald, NNU, 37-0.5.

Men (Top 3 GNAC Finishers): 200 Meters - 2, Ebu Camara, NNU, 22.09. 400 Meters - 1, Ebu Camara, NNU, 48.96. High Jump - 1, Micah Tranch, NNU, 6-5. Pole Vault - 1, Jared Webster, NNU, 16-0.75. Long Jump - 2, Elijah Castro, NNU, 22-11. Triple Jump - 3, Elijah Castro, NNU, 41-7. Shot Put - 2, John Van Beuren, NNU, 53-7. Weight Throw - 1, John Van Beuren, NNU, 60-5.25.

Cougar Indoor

at WSU Indoor Practice Facility, Pullman, Wash.

Women (Top 3 GNAC Finishers): 200 Meters - 1, Erykah Weems, CWU, 26.00. 400 Meters - 2, Katie Collins, CWU, 59.74. 60m Hurdles - 1, Mariyah Vong-saveng, CWU, 8.68. 4x400 Relay - 3, Central Washington A, 4:07.43. High Jump - Tie 3, Keeley Phommathirath, CWU, 5-1; Shaddia Meadows, CWU, 5-1. Long Jump - 2, Ali Anderson, CWU, 18-0.25; 3, Rose Walts, CWU, 16-11.25. Shot Put - 2, Samantha La Rue, CWU, 42-6.25; 3, Aiyana Homer, CWU, 41-11.5. Weight Throw - 3, Aiyana Homer, CWU, 52-0.5. Pentathlon - 2, HarLee Ortega, CWU, 3,630; 3, Ali Anderson, CWU, 3,583.

Men (Top 3 GNAC Finishers): 60 Meters - Tie 3, Bobby Widmar, CWU, 7.01. 400 Meters - 1, Daniel Calderon, CWU, 51.88. 800 Meters - 2, Trevaughn Scott, CWU, 1:59.03. 60m Hurdles - 3, Cordell Cummings, WWU, 8.46. 4x400 Relay - 1, Central Washington A, 3:27.66. Shot Put - 2, Armando Tafoya, CWU, 51-0. Weight Throw - 3, Armando Tafoya, CWU, 57-10.5.

Hillsdale Wide Track Classic

at Margot V. Biermann Athletic Center, Hillsdale, Mich.

Women (Top 3 GNAC Finishers): 800 Meters - 1, Alana Mussatto, SFU, 2:11.18.

Men (Top 3 GNAC Finishers): 400 Meters - 1, Vladislav Tsygankov, SFU, 48.78. Long Jump - 2, Vladislav Tsygankov, SFU, 23-2.75.

Sat., Feb. 3

Bruce Lehane Scarlet & White Invite

at Boston University, Boston, Mass.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): 3,000 Meters - 2, Mateo de Dalmasas, SFU, 8:16.16; 3, Sean Miller, SFU, 8:27.20.

Colorado Invitational

at Colorado Indoor Practice Facility, Boulder, Colo.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): None.

Fri., Feb. 9-Sat., Feb. 10

Husky Classic

at Dempsey Indoor Center, Seattle, Wash.

Women (Top 3 GNAC Finishers): DMR - 2, Alaska Anchorage, 11:32.96. High Jump - 3, Geneva Lehnert, SPU, 5-6.5. Weight Throw - 3, Christina MacDonald, CU, 60-10.

Men (Top 3 GNAC Finishers): 4x400 Relay - 2, Alaska Anchorage, 3:14.20. DMR - 2, Simon Fraser, 9:58.09.

2017-18 GNAC Indoor Meet Summaries

Sat., Feb. 10

Bronco Challenge

at Jacksons Track, Nampa, Idaho

Women (Top 3 GNAC Finishers): Long Jump - 3, Nice Loufoua, NNU, 17-5.25. Triple Jump - 2, Jackie Mahowald, NNU, 37-6.5.

Men (Top 3 GNAC Finishers): 400 Meters - 3, Logan Blake, NNU, 49.99. 4x400 Relay - 1, Northwest Nazarene, 3:20.07. High Jump - 2, Micah Tranch, NNU, 6-8.75.

Sun., Feb. 11

UW Indoor Open

at Dempsey Indoor Center, Seattle, Wash.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): 200 Meters - 3, Darrion Gray, UAA, 22.15. Long Jump - 2, Josh Schulz, SMU, 22-11.75. Weight Throw - 2, Armando Tafoya, CWU, 59-3.

Fri., Feb. 16- Sat., Feb. 17

GNAC Indoor Track & Field Championships

at Jacksons Track, Nampa, Idaho

Women's Team Scores: Central Washington 136, Seattle Pacific 136, Concordia 93, Alaska Anchorage 83, Western Washington 78, Simon Fraser 67, Western Oregon 43, Saint Martin's 11, Northwest Nazarene 10, Montana State Billings 5.

Women's Champions: 60 Meters - Meyer Renick, SPU, 7.71. 200 Meters - Ali Anderson, CWU, 25.00. 400 Meters - Ali Anderson, CWU, 55.68. 800 Meters - Danielle McCormick, UAA, 2:09.19. Mile - Tamara Perez, UAA, 5:00.52. 3,000 Meters - Julia Howley, SFU, 9:47.83. 5,000 Meters - Kennedy Rufener, WOU, 17:18.64. 60m Hurdles - Mariyah Vongsaveng, CWU, 8.58. 4x400 Relay - Central Washington (Trinidad, Collins, Weems, Anderson), 3:50.64. DMR - Simon Fraser (Nock, Bluschke, Mussatto, Howley), 11:37.88. High Jump - Tori Johnson, CU, 5-7.25. Pole Vault - Scout Cai, SPU, 12-4.75. Long Jump - Jasmine McMullin, WWU, 18-9.75. Triple Jump - Jasmine McMullin, WWU, 41-7.25 (Meet & GNAC Record). Shot Put - Melissa Ausman, CU, 50-1.75. Weight Throw - Christina MacDonald, CU, 60-0.25 (Meet Record). Pentathlon - Scout Cai, SPU, 3,610.

Men's Team Scores: Concordia 114, Alaska Anchorage 108, Western Oregon 91, Northwest Nazarene 84, Western Washington 76.5, Central Washington 64.5, Simon Fraser 56, Montana State Billings 39.5, Saint Martin's 17.5, Seattle Pacific 7.

Men's Champions: 60 Meters - Carlos Ortiz, CU, 6.85; 200 Meters - Carlos Ortiz, CU, 21.56 (Meet & GNAC Record). 400 Meters - Liam Lindsay, UAA, 48.50. 800 Meters - David Ribich, WOU, 1:50.83 (Meet Record). Mile - David Ribich, WOU, 4:11.08. 3,000 Meters - Rowan Doherty, SFU, 8:28.48. 5,000 Meters - Felix Kemboi, UAA, 15:12.63. 60m Hurdles - James Phillips, CU, 8.30. 4x400 Relay - Alaska Anchorage (Taylor, Gray, Remington, Lindsay), 3:16.44. DMR - Simon Fraser (Vargas, Adehmar, Ahl, Doherty), 10:08.40. High Jump - Tupre Wickliff, WWU, 6-7. Pole Vault - Jared Webster, NNU, 15-11. Long Jump - Vladislav Tsygankov, SFU, 23-11.5. Triple Jump - Chris Brake, UAA, 47-7.25. Shot Put - Josh Koch, CU, 55-4.5. Weight Throw - John Van Beuren, NNU, 58-7. Heptathlon - Braydon Meier, CWU, 5,006.

Sat., Feb. 24

SPU Final Qualifier

at Dempsey Indoor Center, Seattle, Wash.

Women (Top 3 GNAC Finishers): 400 Meters - 2, Ali Anderson, CWU, 55.85; 3, Erykah Weems, CWU, 56.51. 800 Meters - 1, Suzie Van De Grift, WOU, 2:12.41; 2, Ruth Cvancara, UAA, 2:12.58; 3, Megan Rose, WOU, 2:12.81. Mile - 2, Tamara Perez, UAA, 4:55.96; 3, Nicole Maurmann, WOU, 4:58.94. 3,000 Meters - 1, Kennedy Rufener, WOU, 9:46.27. 60m Hurdles - 1, Renick Meter, SPU, 8.75; 2, Scout Cai, SPU, 9.11; 3, Ariya Kendrick, SMU, 9.23. 4x400 Relay - 1, Simon Fraser, 3:51.96; 2, Central Washington, 3:51.97. DMR - 1, Seattle Pacific, 11:39.11. High Jump - 1, Geneva Lehnert, SPU, 5-3.25; 2, HarLee Ortega, CWU, 5-1.25. Long Jump - 2, Jasmine McMullin, WWU, 17-10.25. Triple Jump - 2, HarLee Ortega, CWU, 39-0.25. Shot Put - 1, Melissa Ausman, CU, 49-9.25; 2, Christina MacDonald, CU, 48-3.25; 3, Katrina Linenko, CU, 46-10.75. Weight Throw - 2, Christina MacDonald, CU, 64-0.5.

Men (Top 3 GNAC Finishers): 400 Meters - 3, Trevaughn Scott, CWU, 50.10. 800 Meters - 3, AJ Holmberg, WOU, 1:54.68. Mile - 2, Justin Crosswhite, WOU, 4:08.79; 3, Rowan Doherty, SFU, 4:08.82. 3,000 Meters - 1, Felix Kemboi, UAA, 8:25.23. 60m Hurdles - 2, Ryan Gunther, CWU, 8.58. High Jump - 3, Tupre Wickliff, WWU, 6-5.5. Pole Vault - 3, J.T. Konrad, WWU, 15-11.75. Long Jump - 1, Anthony Manago, SMU, 22-9; 3, Josh Schulz, SMU, 21-7.25. Triple Jump - 2, Brandon Nicholson, UAA, 46-2.5; 3, Chris Brake, UAA, 45-7.25. Weight Throw - 1, Jacob Slate, CU, 55-10.5; 2, Jakob Chamberlin, CU, 55-2.25; 3, Joe Denniston, CU, 53-7.5.

2018 GNAC Outdoor Meet Summaries

Fri., Mar. 2- Sat., Mar. 3

Linfield Erik Anderson Memorial Icebreaker

at Maxwell Field, McMinnville, Ore.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): None.

Sat., Mar. 3

Willamette Opener

at Charles Bowles Track, Salem, Ore.

Women (Top 3 GNAC Finishers): 400 Meters - 1, Grayson Burke, WOU, 59.25.

100m Hurdles - 2, Michaela Yonkman, WOU, 16.46; 3, Darian Wilson, WOU, 16.52. Long Jump - 2, Darian Wilson, WOU, 16-5. Shot Put - 2, Moana Gianotti, WOU, 37-5.25; 3, Mariah Gronbach, WOU, 35-0.5. Discus - 2, Halie Korff, WOU, 123-3.5; 3, Moana Gianotti, WOU, 109-0.25. Hammer - 1, Mariah Gronbach, WOU, 153-6.5; 3, Sylvia Dean, WOU, 145-1.5. Javelin - 2, Halie Korff, WOU, 125-7.

Men (Top 3 GNAC Finishers): 100 Meters - 1, Devon Fortier, WOU, 11.20; 2, Codi Blodgett, WOU, 11.20. 400 Meters - 2, Cody Warner, WOU, 49.79. 800 Meters - 1, Curt Knott, WOU, 1:55.80; 2, Stephen Fey, WOU, 1:57.38; 3, Dominic Marshall, WOU, 1:57.72. 1,500 Meters - 1, Josh Dempsey, WOU, 3:50.81; 3, Thomas Normandeau, WOU, 3:58.83. Long Jump - 2, Alani Troutman, WOU, 21-7.5. Triple Jump - 1, Jalon Fields, WOU, 42-3.5. Shot Put - 1, Brandon Bowen, WOU, 48-4.75; 2, Mont Child, WOU, 47-1; 3, Nick Sieber, WOU, 45-6.5. Discus - 3, Chris Steffey, WOU, 140-9.25. Hammer - 1, Nick Sieber, WOU, 139-9.5.

Ed Boitano Invitational

at Baker Stadium, Tacoma, Wash.

Women's Team Scores: Whitworth 180, Western Washington 134, Saint Martin's 90, Seattle Pacific 72.5, Lewis & Clark 72.5, Puget Sound 48, Central Washington 30.

Women (Top 3 GNAC Finishers): 100 Meters - 1, Renick Meyer, SPU, 12.41; 2, Grace Bley, SPU, 12.81. 200 Meters - 2, Taylor Tandecki, SMU, 26.55. 400 Meters - 1, Becca Houk, SPU, 58.98; 2, Julia Stepper, SPU, 1:00.82. 800 Meters - 3, Elizabeth Thompson, SPU, 2:21.92. 1,500 Meters - 3, Jane Barr, WWU, 4:45.26. 10,000 Meters - 1, Yadira Lopez, SMU, 36:53.91; 2, Alexandra Laiblin, WWU, 37:16.26; 3, Peyton Shinnick, WWU, 38:58.04. 100m Hurdles - 1, Mariyah Vongsaveng, CWU, 14.67; 2, Sidney Trinidad, CWU, 15.22. 400m Hurdles - 1, Sidney Trinidad, CWU, 1:03.41. 4x400 Relay - 1, Seattle Pacific, 4:00.52. High Jump - 2, Ashley Vest, SMU, 4-11; 3, Bridget Henry, WWU, 4-11. Pole Vault - 1, Anna Paradee, WWU, 12-3.5; 2, Rachael Roberts, WWU, 10-4. Long Jump - 2, Devon Olson, WWU, 16-7.25; 3, Malea Munoz, WWU, 16-4.25. Triple Jump - 3, Devon Olson, WWU, 33-6.75. Shot Put - 1, Chanelle Eddy, WWU, 38-10.5; 2, Megan Vernoy, SMU, 38-10.25. Discus - 1, Megan Vernoy, SMU, 142-3; 2, Chanelle Eddy, WWU, 134-6; 3, Kiana Schwendman, WWU, 127-5. Javelin - Tie 1, Raquel Pellecer, WWU, 142-5; Tie 1, Natalie Vetto, WWU, 142-5; Tie 3, Deanna Avalos, SMU, 140-7; Tie 3 - Jona Spiller, SMU, 140-7.

Men's Team Scores: Whitworth 203, Western Washington 134.5, Puget Sound 100, Lewis & Clark 82.5, Seattle Pacific 52, Saint Martin's 34, Central Washington 25.

Men (Top 3 GNAC Finishers): 200 Meters - 3, Guillaume Tabary, SMU, 22.89. 400 Meters - 2, Jesse Phan, SPU, 52.65; 3, Miles Flett, SPU, 54.90. 800 Meters - 3, James Jaspersen, WWU, 1:58.01. 1, 1,500 Meters - 1, Kyler Sager, WWU, 3:59.31; 2, James Jaspersen, WWU, 4:02.16; 3, Eric Hamel, WWU, 4:04.47. 10,000 Meters - 1, Edward Kiolbas, WWU, 31:57.70. 110m Hurdles - 2, Braydon Maier, CWU, 15.43; 3, Peyton Harris, SPU, 15.59. Long Jump - 1, Seren Dances, WWU, 22-6.25; 2, Somit Chhim, WWU, 21-6. Triple Jump - 1, Somit Chhim, WWU, 44-0.75; 3, Jacob Ringold, WWU, 42-6. Discus - 2, Avery Lux, WWU, 124-8. Javelin - 2, Brian Chalkley, SMU, 213-11; 3, Spencer Claeys, WWU, 206-10.