

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

```

=====
Meet Record: M 7.31 2014          Geronne Black, Unattached
Dempsey Rec: R 7.15 2/25/2017    Todd, Cunliffe, Mays, Nelson, Or
Name                               Year School                    Prelims H#
=====

```

## Preliminaries

```

1  1853 Waller, Hannah           San Diego St.                 7.41q 1
2  1850 Moore, Jada              San Diego St.                 7.54q 7
3  1615 Snaer, Jady              Cal Poly                      7.56q 6
4  1647 Hollis, E'Lexis          Central Washington            7.60q 8
5  1598 Daniele, Shelby          Cal Poly                      7.63q 6
6  1854 Watt, Aisha              San Diego St.                 7.69q 7
7  2023 Lucas, Katherine          Unattached                    7.69q 2
8  1831 Alexander, Alexis         San Diego St.                 7.74q 5
9  1837 Dyer, Danae              San Diego St.                 7.77 2
10 2227 Thompson, Maliyah         Western Oregon                 7.79 7
11 2148 Hunter, Danielle          Washington                     7.79 3
12 1661 Flores, Madison           Fresno Pacific                 7.80 1
13 1650 Williams, Juliette        Central Washington            7.81 5
14 1660 Anthony, Zara             Fresno Pacific                 7.81 5
15 2248 Cheney, Caitlyn          Western Washington             7.85 4
16 1995 Boyd, Jessica            UC Santa Barbara              7.85 8
17 1845 James, Charlize           San Diego St.                 7.87 4
18 2219 Hopwood, Maya            Western Oregon                 7.87 1
19 1608 Nwagwu, Melody           Cal Poly                      7.88 7
20 1662 Fuller, Iyanna            Fresno Pacific                 7.89 3
21 1992 Barthel, Emma            UC Santa Barbara              7.91 4
22 2003 Jones, Amor              UC Santa Barbara              7.93 2
23 1612 Rind, Anisa               Cal Poly                      7.94 8
24 1997 Conte, Maddie            UC Santa Barbara              7.96 3
25 1744 Rinaldi, Treasure         Oregon State                   7.97 6
26 2225 Popchock, Ana            Western Oregon                 8.04 7
27 1864 How, Evelyn              San Francisco                  8.11 8
28 1868 Priester-Veasley,         San Francisco                  8.12 8
29 1865 LaChapelle, Tatumn       San Francisco                  8.12 5
30 1607 Navarro, Melissa         Cal Poly                      8.18 1
31 1733 Buckley, Abby             Oregon State                   8.19 3
32 2222 Lavato, Josie            Western Oregon                 8.20 7
33 1502 Backman, Kaitlyn         Alaska Anchorage              8.22 1
34 2261 Polkinghorn, Hanna       Western Washington             8.24 5
35 1946 Jacobs, Jordan            Simon Fraser                   8.25 2
36 2152 McHenry, Sophia          Washington                     8.33 6
37 1806 Vu, Madison              Saint Martin's                 8.38 4
38 1910 Dismukes, Reyna          Seattle U.                     8.43 3
39 1925 Tibbo, Zoe               Seattle U.                     8.43 8
40 1923 Singleton, Savanna       Seattle U.                     8.47 2
41 1894 Hicks, Maliyah           Seattle Pacific                 8.61 6
42 1796 Briggs, Annika           Saint Martin's                 8.83 5

```

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

```

=====
Meet Record: M 7.31 2014          Geronne Black, Unattached
Dempsey Rec: R 7.15 2/25/2017    Todd, Cunliffe, Mays, Nelson, Or
Name                               Year School                Finals H#
=====

```

**Finals**

```

1 1853 Waller, Hannah           San Diego St.             7.36 2
2 1850 Moore, Jada             San Diego St.             7.42 2
3 1615 Snaer, Jadyn           Cal Poly                  7.50 1
4 1647 Hollis, E'Lexis        Central Washington        7.57 1
5 1854 Watt, Aisha            San Diego St.             7.58 1
6 2023 Lucas, Katherine        Unattached                7.65 2
7 1598 Daniele, Shelby        Cal Poly                  7.68 2
8 1831 Alexander, Alexis       San Diego St.             7.73 1

```

**Women 200 Meter Dash**

```

=====
Meet Record: M 23.57 2017        Ashley Henderson, San Diego St
Dempsey Rec: R 23.09 2/24/2017  Kendall Ellis, USC
Name                               Year School                Finals H#
=====

```

```

1 1850 Moore, Jada             San Diego St.             24.46 10
2 1661 Flores, Madison         Fresno Pacific            24.64 10
3 2023 Lucas, Katherine        Unattached                24.73 10
4 1598 Daniele, Shelby        Cal Poly                  24.93 8
5 1854 Watt, Aisha            San Diego St.             25.05 9
6 1664 Vera, Ariana           Fresno Pacific            25.11 8
7 2148 Hunter, Danielle        Washington                25.17 9
8 2024 Manibog, Danae         Unattached                25.43 10
9 1615 Snaer, Jadyn           Cal Poly                  25.48 7
10 2008 Pardo, Sophia          UC Santa Barbara         25.76 7
11 2153 Newton, Rhonda         Washington                25.77 5
12 1650 Williams, Juliette     Central Washington        25.78 6
13 1612 Rind, Anisa            Cal Poly                  25.87 7
14 1660 Anthony, Zara          Fresno Pacific            25.92 8
15 1893 Green, Aniya           Seattle Pacific           25.96 5
16 1831 Alexander, Alexis       San Diego St.             26.03 9
17 2257 Miller, Anna           Western Washington        26.14 3
18 1742 Nelson, Kylee          Oregon State              26.15 4
19 1645 DeChenne, McCall       Central Washington        26.15 7
20 2006 Monti, Abigail         UC Santa Barbara         26.19 6
21 1609 Oliver, Aspin         Cal Poly                  26.23 1
22 1662 Fuller, Iyanna         Fresno Pacific            26.28 7
23 1595 Carro, Katelyn        Cal Poly                  26.29 5
24 1744 Rinaldi, Treasure      Oregon State              26.33 8
25 1505 De Arvizu Sarrias,     Alaska Anchorage         26.37 4
26 1512 Vidad, Joei           Alaska Anchorage         26.39 5
27 2261 Polkinghorn, Hanna     Western Washington        26.45 3
28 1733 Buckley, Abby          Oregon State              26.50 6
29 1995 Boyd, Jessica          UC Santa Barbara         26.56 6
30 1924 Smith, Julie           Seattle U.                26.57 6
31 1646 DeGroot, Ellie        Central Washington        26.84 3
32 1993 Blankenship, Camry     UC Santa Barbara         26.88 4
33 1502 Backman, Kaitlyn       Alaska Anchorage         27.00 5
34 1890 Chang, Hannah          Seattle Pacific           27.18 2
35 2152 McHenry, Sophia        Washington                27.21 1

```

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women 200 Meter Dash**

36	2222	Lavato, Josie	Western Oregon	27.30	2
37	1607	Navarro, Melissa	Cal Poly	27.31	4
38	1644	Chandler, Lauryn	Central Washington	27.45	1
39	1911	Fetterley, Livii	Seattle U.	27.47	2
40	1910	Dismukes, Reyna	Seattle U.	27.57	2
41	1649	Sewell, Sarah	Central Washington	27.68	1

**Women 400 Meter Dash**

Meet Record: M 52.24 1/27/2018 Raevyn Rogers, Nike

Dempsey Rec: R 51.60 2/29/2020 Bailey Lear, USC

Name	Year	School	Finals	H#
1	1840	Foote, Shaquena	53.78	8
2	1844	Hoyte, Rhea	55.78	8
3	2024	Manibog, Danae	56.71	8
4	1832	Bentley, Sydney	56.74	8
5	1663	Green, Brianna	57.53	6
6	2158	Terrell, Anna	57.78	7
7	1648	Hopper, Elise	58.57	5
8	1945	Bosma, Claire	59.06	5
9	2151	McCumber-Gandara,	59.12	3
10	1605	Hubert, Cassidy	59.18	5
11	1917	Marks, Taylor	59.26	7
12	1742	Nelson, Kylee	59.32	4
13	1744	Rinaldi, Treasure	59.38	4
14	1646	DeGroot, Ellie	59.58	7
15	1944	Binder, Erika	59.61	5
16	1857	Alexandre, Olivia	59.63	7
17	2257	Miller, Anna	59.64	4
18	2006	Monti, Abigail	59.69	6
19	1512	Vidad, Joei	59.78	6
20	1993	Blankenship, Camry	1:00.08	3
21	1505	De Arvizu Sarrias,	1:00.09	2
22	1889	Brown, Johanna	1:00.25	2
23	1891	Crane, Marissa	1:00.59	4
24	1893	Green, Aniya	1:00.59	5
25	1504	Cvancara, Sophia	1:00.64	1
26	1649	Sewell, Sarah	1:00.72	3
27	2256	Mansfield, Brooke	1:00.96	2
28	1795	Bell, Cree	1:01.14	3
29	1502	Backman, Kaitlyn	1:01.26	3
30	2221	Lambing, Madeline	1:01.98	1
31	1503	Bartolaba, Haley	1:02.23	1
32	2262	Porter, Isabella	1:02.41	1
33	1507	Flad, Leonie	1:03.46	2
34	1741	McKee, Ava	1:03.57	4
35	1746	Van Der Zee, Sydne	1:03.99	1
--	2004	Lanz, Mariana	FS	7
--	1956	Dumas, Aayzia	DNF	6

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****Women 800 Meter Run**

Meet Record: M 2:01.82 2/1/2020 Shelby Houlihan, Bowerman Trac  
 Dempsey Rec: R 2:01.14 2/27/2021 Hannah Green, OTC Elite

Name	Year	School	Finals	H#
1 2159 Thomas, Carley		Washington	2:03.64	6
2 2156 Preigh, Marlina		Washington	2:04.95	6
3 1754 Aneno, Susan		Pdc	2:05.15	6
4 1720 Kazimierska, Klaud		Oregon	2:05.43	6
5 2011 Andrews-Paul, Alis		Unattached	2:05.66	6
6 2144 Foerster, Chloe		Washington	2:06.12	6
7 1723 Moerck, Mia		Oregon	2:06.93	5
8 1530 Lyesina, Alisa		Arizona	2:07.16	5
9 1972 Connor, Anna		Tracksmith/Casca	2:07.62	5
10 1755 Lewis, Ashley		Pdc	2:08.60	5
11 1888 Aniteye, Vanessa		Seattle Pacific	2:08.74	3
12 1592 Van Dyke, Sara		Cal Coast Track	2:09.28	4
13 2071 Manson, Brooke		Utah	2:09.45	5
14 1724 Nelson, Ella		Oregon	2:09.80	5
15 1918 McCabe, Maya		Seattle U.	2:10.65	4
16 1541 Melvin, Cheyenne		Arkansas State	2:11.80	4
17 1692 Graves, Anitha		Long Beach St.	2:11.97	2
18 1582 Wagenaar, Megan		Bowerman Track C	2:12.07	3
19 1581 Ramsay, McKenna		Bowerman Track C	2:12.08	5
20 2075 Rinn, Brianna		Utah	2:12.20	4
21 1721 Louw, Nicole		Oregon	2:12.21	4
22 2082 Davidson, Hannah		Utah State	2:13.09	2
23 1596 Cash, Riley		Cal Poly	2:13.19	3
24 1867 Pradere, Abigail		San Francisco	2:13.38	2
25 1848 Lomeli, Alex		San Diego St.	2:13.84	3
26 1866 Morales, Julia		San Francisco	2:13.87	4
27 2013 Brown, Alyssia		Unattached	2:14.17	3
28 1870 Vanadzina, Kamilla		San Francisco	2:16.08	3
29 1978 Zrinyi, Ilona		U. of Victoria	2:17.71	1
30 1804 Saucedo, Alisha		Saint Martin's	2:18.68	1
31 1856 Zinkin, Tatum		San Diego St.	2:19.28	3
32 1531 Mickelson, Kara		Arizona	2:19.45	4
33 2253 Kroontje, Emmy		Western Washington	2:20.56	1
34 1509 Roe, Bailey		Alaska Anchorage	2:20.70	2
35 1990 Jalal, Oriana		UC Davis	2:21.40	2
36 1986 Arriaga, Emma		UC Davis	2:22.61	1
37 1513 Williamson, Avery		Alaska Anchorage	2:24.34	1
38 1898 Smith, Charisma		Seattle Pacific	2:25.61	1
-- 2141 Eikeng, Ida		Washington	DNF	1
-- 2308 Cash, Alli		Asics	DNF	6
-- 1857 Alexandre, Olivia		San Francisco	DNF	5

**Women 1 Mile Run**

Meet Record: M 4:23.68 2/1/2020 Shelby Houlihan, Bowerman Trac  
 Dempsey Rec: R 4:23.68 2/1/2020 Shleby Houlihan, Bowerman Trac

Name	Year	School	Finals	H#
1 1726 Thornton-Bott, Izz		Oregon	4:34.10	6
2 1759 Pellicoro, Laura		Portland	4:34.27	6
3 1717 Konieczek, Alicja		On Running	4:35.66	6

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

4	2308	Cash, Alli	Asics	4:36.69	6
5	1719	Elmore, Maddy	Oregon	4:38.46	6
6	2016	DeLay, Kayley	Unattached	4:39.93	6
7	2014	Butterworth, Alyci	Unattached	4:43.39	6
8	2017	Dickson, Madey	Unattached	4:44.33	5
9	1721	Louw, Nicole	Oregon	4:44.68	5
10	1659	Follett, Katie	Elevated Perform	4:44.78	6
11	1561	Robertson, Kaiya	Boise State	4:44.87	5
12	1724	Nelson, Ella	Oregon	4:45.38	5
13	1691	Fick, Ryley	Long Beach St.	4:46.32	4
14	1847	Kain, Jessica	San Diego St.	4:47.55	5
15	1780	Barbour, Alexandra	Portland State	4:47.97	5
16	1757	Klatt, Courtney	Portland	4:48.19	4
17	1718	Berry, Melissa	Oregon	4:48.53	4
18	1537	Broemmel, Rahel	Arkansas State	4:48.61	5
19	1597	Cornejo, Tatiana	Cal Poly	4:49.65	4
20	1862	Copeland, Grace	San Francisco	4:49.90	4
21	2188	Kimtai, Neema	Washington St.	4:49.96	5
22	1973	Chan, Delaney	U. of Victoria	4:50.50	4
23	1594	Buchholz, Carissa	Cal Poly	4:51.84	5
24	1785	Styblova, Bara	Portland State	4:52.56	5
25	1985	Arriaga, Chloe	UC Davis	4:53.73	3
26	1762	Prusse, Samantha	Portland	4:53.74	3
27	1756	Deswaef, Mathilde	Portland	4:54.14	4
28	1554	Griffin, Delaney	Boise State	4:54.65	5
29	1963	Tanne, Haley	Southern Utah	4:55.84	4
30	1961	DeBos, Madisan	Southern Utah	4:56.16	5
31	2081	Brinkerhoff, Baile	Utah State	4:56.51	4
32	1760	Perez, Teresa	Portland	4:56.80	3
33	1763	Woodger, Tiahna	Portland	4:58.71	2
34	1761	Pettersson, Stina	Portland	4:59.09	3
35	1977	Owens, Erin	U. of Victoria	4:59.13	2
36	1540	Martin, Elizabeth	Arkansas State	4:59.70	3
37	2205	Murphy, Laurie	Weber State	5:00.65	2
38	1557	Larson, Lauren	Boise State	5:00.70	3
39	1564	Wood, Samantha	Boise State	5:01.64	3
40	1783	Miller, Tatum	Portland State	5:02.29	1
41	1896	Michael, Libby	Seattle Pacific	5:02.43	3
42	1860	Bains, Baneet	San Francisco	5:02.76	4
43	1563	Wallenius, Elsa	Boise State	5:03.00	2
44	1916	Harris, Emily	Seattle U.	5:03.22	3
45	2226	Smith, Riley	Western Oregon	5:03.28	2
46	2266	Wright, Sophie	Western Washington	5:04.66	3
47	1914	Groleau, Azalea	Seattle U.	5:05.30	3
48	1532	Mitchell, Johnnie	Arizona	5:05.98	2
49	2251	Crocker, Mia	Western Washington	5:06.01	4
50	2093	Norris, Taylia	Utah State	5:06.07	2
51	2067	Fischer, Caroline	Utah	5:08.56	3
52	1834	Cabello, Vanessa	San Diego St.	5:09.71	2
53	1562	Vladic, Tiahna	Boise State	5:09.86	1
54	1962	Hernandez, Sariah	Southern Utah	5:11.31	1
55	2220	Hutton, Holly	Western Oregon	5:12.78	1
56	1804	Saucedo, Alisha	Saint Martin's	5:14.81	1
57	1947	Prangley, Sarah	Simon Fraser	5:14.98	1
58	1734	Deleon, Delia	Oregon State	5:18.37	2

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

59	2258	Miller, Sidra	Western Washington	5:24.77	1
60	1851	Parrone, Madison	San Diego St.	5:25.79	1
61	1822	McCarter, Mallory	Salt Lake	5:26.99	1
62	1508	Nyamasyo, Alfin	Alaska Anchorage	5:28.67	2
63	2302	Noda, Kaylee	San Francisco	5:31.77	1
64	1514	Wood, Tressa	Alaska Anchorage	5:33.66	1
65	1510	Spaic, Sofija	Alaska Anchorage	5:47.32	1
--	1643	Maton, Ashley	Cascadia Elite	DNF	6
--	1861	Caldwell, Kalii	San Francisco	DNF	1
--	1613	Rivas, Sydney	Cal Poly	DNF	4

**Women 3000 Meter Run**

=====  
 Meet Record: M 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon Proj  
 Dempsey Rec: R 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon Proj

Name	Year	School	Finals	H#	
1	2077	Venters, Emily	Utah	9:00.95	5
2	2154	O'Sullivan, Sophie	Washington	9:03.91	5
3	1869	Smee, Ruby	San Francisco	9:04.93	5
4	2073	Plourde, Simone	Utah	9:07.00	5
5	2203	Hatch, Billie	Weber State	9:13.10	5
6	1542	Meyer, Pauline	Arkansas State	9:13.96	5
7	2015	Current, Kate	Unattached	9:15.95	5
8	1715	McCardell, Rachel	Northwestern	9:17.64	5
9	2026	Nordenholz, Sophia	Unattached	9:24.69	4
10	2189	Stone Boggs, Alain	Washington St.	9:25.73	4
11	1713	Earl, Ava	Northwestern	9:27.44	4
12	2019	Ginther, Ally	Unattached	9:27.44	5
13	1559	Ost, Autumn	Boise State	9:27.58	4
14	1725	Pivec, Malia	Oregon	9:27.67	5
15	2150	Markezich, Andrea	Washington	9:28.82	5
16	2157	Smith, Naomi	Washington	9:29.30	4
17	1974	Erickson, Jennifer	U. of Victoria	9:30.59	3
18	2030	Vringer, Erin	Unattached	9:31.34	5
19	1561	Robertson, Kaiya	Boise State	9:33.25	4
20	1858	Anderson, Hannah	San Francisco	9:34.06	3
21	1963	Tanne, Haley	Southern Utah	9:34.78	3
22	1758	Nielsen, Mie	Portland	9:36.36	3
23	2088	Jensen, Abby	Utah State	9:36.90	4
24	1553	Borba, Ines	Boise State	9:37.41	3
25	1529	Hutton, Sailor	Arizona	9:37.42	5
26	1544	Wade, Kayla	Arkansas State	9:37.60	3
27	2029	Tinkham, Mikayla	Unattached	9:38.53	4
28	2206	Wall, Bailey	Weber State	9:39.26	4
29	1722	McClain, Harper	Oregon	9:40.28	4
30	2072	Peterson, Lauren	Utah	9:41.48	4
31	1613	Rivas, Sydney	Cal Poly	9:41.67	3
32	2069	Jensen, Morgan	Utah	9:43.38	3
33	1975	Ginther, Georgia	U. of Victoria	9:43.91	3
34	1714	Hightower, Anna	Northwestern	9:44.78	4
35	1556	LaJocies, Ashley	Boise State	9:45.25	3
36	1996	Chaves, Sarah	UC Santa Barbara	9:46.38	2
37	1555	Kendrick, Abby	Boise State	9:46.71	2
38	1616	Victor, Rachel	Cal Poly	9:48.68	2

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women 3000 Meter Run**

39	2202 Hagelin, Saga	Weber State	9:49.64	2
40	1543 Shufelburger, Jayb	Arkansas State	9:51.23	4
41	1745 Simmons, Zoe	Oregon State	9:53.79	3
42	2089 Lee, Sammi	Utah State	9:54.50	3
43	2066 Branch, Karli	Utah	9:54.52	3
44	1988 Hicken, Emma	UC Davis	9:56.20	2
45	2070 Kockler, Chloe	Utah	9:57.43	2
46	2001 Johansson, Stina	UC Santa Barbara	9:59.06	2
47	1787 Zamrin, Jamie	Portland State	10:00.49	1
48	1557 Larson, Lauren	Boise State	10:01.70	1
49	1976 Mann, Caitlin	U. of Victoria	10:01.92	2
50	2068 Hartnett, Kylie	Utah	10:02.62	3
51	2074 Reed, Maddie	Utah	10:02.65	3
52	1552 Black, Sunitha	Boise State	10:03.26	2
53	1740 Martinez, Eimy	Oregon State	10:03.44	1
54	1739 Lowe, Meagen	Oregon State	10:04.79	2
55	1991 Marriott, Julia	UC Davis	10:07.32	1
56	1786 Swain, Abi	Portland State	10:08.84	2
57	2187 Jerotich, Caroline	Washington St.	10:09.71	4
58	1735 Downing, Liv	Oregon State	10:10.20	1
59	1797 Carstens, Alauna	Saint Martin's	10:12.77	1
60	1962 Hernandez, Sariah	Southern Utah	10:13.17	1
61	1558 O'Connor, Hannah	Boise State	10:19.07	3
62	1749 Paquet, Sarah	Pacific Lutheran	10:23.61	1
63	1743 Peterson, Gabby	Oregon State	10:33.76	1
64	2186 Boyle, Samantha	Washington St.	10:34.45	1
65	1802 Sabra, Sara	Saint Martin's	10:35.02	1
66	1738 Johnson, Olivia	Oregon State	10:36.03	1
67	1736 Eckman, Eliza	Oregon State	10:39.97	2
68	1782 Marcil, Jalen	Portland State	10:40.41	1
69	1508 Nyamasyo, Alfin	Alaska Anchorage	10:44.38	1
70	1872 Webb, Ebony	San Francisco	10:46.38	1
71	1800 Hartley, Naomi	Saint Martin's	10:52.85	1
--	2017 Dickson, Madey	Unattached	DNF	4
--	2094 Rivera, Micaela	Utah State	DNF	4
--	1643 Maton, Ashley	Cascadia Elite	DNF	5
--	2084 French, Morgan	Utah State	DNF	3
--	2016 DeLay, Kayley	Unattached	DNF	5
--	2092 Miyazawa, Mimi	Utah State	DNF	3

**Women 5000 Meter Run**

=====					
Meet Record:	M 15:09.31	2016	Kim Conley,	New Balance	
Dempsey Rec:	R 15:01.70	2/14/2009	Jenny Barringer,	Colorado	
Name	Year	School	Finals	H#	
=====					
1	2094	Rivera, Micaela	Utah State	16:24.58	2
2	1718	Berry, Melissa	Oregon	16:33.27	2
3	1691	Fick, Ryley	Long Beach St.	16:35.85	2
4	2204	Lusk, Rylie	Weber State	16:36.63	2
5	1554	Griffin, Delaney	Boise State	16:38.98	2
6	2084	French, Morgan	Utah State	16:40.94	2
7	1610	Olla, Amanda	Cal Poly	16:42.63	2
8	1712	Bartolotto, Kalea	Northwestern	16:42.70	2
9	1961	DeBos, Madisan	Southern Utah	16:43.09	2

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women 5000 Meter Run**

10	1527	Hanley, Brigid	Arizona	16:46.51	2
11	2096	Thornley, Emma	Utah State	16:52.17	2
12	2207	Winter, Bailey	Weber State	16:55.41	2
13	1539	Leathers, Sophie	Arkansas State	17:09.66	2
14	2092	Miyazawa, Mimi	Utah State	17:15.21	1
15	2090	McKinstry, Camilla	Utah State	17:25.08	1
16	2083	Ellis, Sarah	Utah State	17:26.35	1
17	2218	Heldt, Caitlin	Western Oregon	17:40.44	1
18	1920	O'Neil, Caitlyn	Seattle U.	18:01.31	1
19	2264	Shannon, Meaera	Western Washington	18:31.12	1
20	1823	Paras, Zaylie	Salt Lake	18:47.31	1
21	1897	Mulch, Matise	Seattle Pacific	18:49.43	1
22	1821	Jensen, Molly	Salt Lake	18:54.56	1
23	1824	Swain, Kennedy	Salt Lake	18:55.89	1
24	2217	Garcia, Luz	Western Oregon	18:56.10	1
--	1559	Ost, Autumn	Boise State	DNF	2
--	1716	Verbeke, Olivia	Northwestern	DNF	2

**Women 60 Meter Hurdles**

=====  
 Meet Record: M 8.06 1/27/2018 Bridgette Owens, Unattached  
 Dempsey Rec: R 7.93 3/4/2006 Virginia Powell, USC

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	2025	Moore, Tawnie	Unattached	8.44q 4
2	2141	Eikeng, Ida	Washington	8.45q 7
3	2012	Bender, Hope	Unattached	8.46q 2
4	1837	Dyer, Danae	San Diego St.	8.47q 5
5	1845	James, Charlize	San Diego St.	8.68q 1
6	1839	Feyerabend, Jenna	San Diego St.	8.70q 5
7	1644	Chandler, Lauryn	Central Washington	8.77q 6
8	1609	Oliver, Aspin	Cal Poly	8.92q 3
9	1838	Evans, Sameerah	San Diego St.	8.93 7
10	1997	Conte, Maddie	UC Santa Barbara	9.00 2
11	2018	Gero Holt, Jaiceon	Unattached	9.02 3
12	2010	Swalve, Jessica	UC Santa Barbara	9.06 2
13	2007	Nwachukwu, Chika	UC Santa Barbara	9.13 1
14	2227	Thompson, Maliyah	Western Oregon	9.13 4
15	1855	Wilson, Thaila	San Diego St.	9.15 6
16	2254	Lagerwey, Matty	Western Washington	9.19 2
17	1645	DeChenne, McCall	Central Washington	9.25 6
18	1890	Chang, Hannah	Seattle Pacific	9.28 7
19	2246	Avery, Nicole	Western Washington	9.35 1
20	1959	Stevens, Abi	Southern Oregon	9.38 3
21	1649	Sewell, Sarah	Central Washington	9.39 5
22	1998	Damron, Paige	UC Santa Barbara	9.40 1
23	2256	Mansfield, Brooke	Western Washington	9.41 6
24	1505	De Arvizu Sarrias,	Alaska Anchorage	9.42 5
25	2262	Porter, Isabella	Western Washington	9.43 5
26	1646	DeGroot, Ellie	Central Washington	9.44 4
27	2225	Popchock, Ana	Western Oregon	9.49 3
28	1798	Cintron, Gabriela	Saint Martin's	9.52 7
29	1995	Boyd, Jessica	UC Santa Barbara	9.58 2
30	2247	Bates, Naomi	Western Washington	9.63 3



**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Hurdles**

31	2216 Deters, Amity	Western Oregon	9.80	4
32	1957 Hodges, Jenna	Southern Oregon	10.16	1

**Women 60 Meter Hurdles**

=====  
 Meet Record: M 8.06 1/27/2018 Bridgette Owens, Unattached  
 Dempsey Rec: R 7.93 3/4/2006 Virginia Powell, USC

Name	Year	School	Finals	H#
------	------	--------	--------	----

=====

**Finals**

1	2025 Moore, Tawnie	Unattached	8.34	2
2	2141 Eikeng, Ida	Washington	8.39	2
3	1837 Dyer, Danae	San Diego St.	8.42	1
4	1845 James, Charlize	San Diego St.	8.48	2
5	1839 Feyerabend, Jenna	San Diego St.	8.63	1
6	1644 Chandler, Lauryn	Central Washington	9.01	2
7	1609 Oliver, Aspin	Cal Poly	9.13	1

**Women 4x400 Meter Relay**

=====  
 Meet Record: M 3:38.68 2011 Oregon  
 Dencer, Purvis, Roesler, Okodogbe

Dempsey Rec: R 3:29.92 2/29/2020 USC, USC  
 Constantine, Roberts, Cockrell, Lear

School	Finals	H#
--------	--------	----

=====

1	San Diego St. 'A'		3:44.84	3
	1) 1844 Hoyte, Rhea	2) 1853 Waller, Hannah		
	3) 1854 Watt, Aisha	4) 1845 James, Charlize		
2	Washington 'A'		3:45.21	3
	1) 2159 Thomas, Carley	2) 2156 Preigh, Marlana		
	3) 2144 Foerster, Chloe	4) 2154 O'Sullivan, Sophie		
3	Fresno Pacific 'A'		3:49.37	3
	1) 1664 Vera, Ariana	2) 1661 Flores, Madison		
	3) 1663 Green, Brianna	4) 1662 Fuller, Iyanna		
4	Washington 'B'		3:52.00	2
	1) 2148 Hunter, Danielle	2) 2158 Terrell, Anna		
	3) 2153 Newton, Rhonda	4) 2151 McCumber-Gandara, Ava		
5	San Diego St. 'B'		3:52.12	2
	1) 1850 Moore, Jada	2) 1831 Alexander, Alexis		
	3) 1848 Lomeli, Alex	4) 1840 Foote, Shaquena		
6	Central Washington 'A'		3:56.24	1
	1) 1650 Williams, Juliette	2) Harris, Donna Marie		
	3) 1648 Hopper, Elise	4) 1646 DeGroot, Ellie		
7	Seattle Pacific 'A'		3:57.63	1
	1) 1888 Aniteye, Vanessa	2) 1893 Green, Aniya		
	3) 1891 Crane, Marissa	4) 1889 Brown, Johanna		
8	Cal Poly 'A'		3:58.84	3
	1) 1609 Oliver, Aspin	2) 1595 Carro, Katelyn		
	3) 1596 Cash, Riley	4) 1605 Hubert, Cassidy		
9	Alaska Anchorage 'A'		4:00.96	2
	1) 1505 De Arvizu Sarrias, Blanca	2) 1504 Cvancara, Sophia		
	3) 1502 Backman, Kaitlyn	4) 1512 Vidad, Joie		
10	Western Washington 'A'		4:01.87	1
	1) 2256 Mansfield, Brooke	2) 2257 Miller, Anna		

**2023 UW Invitational - 1/27/2023 to 1/28/2023**

**Dempsey Indoor, Seattle WA**

**Results**

**....Women 4x400 Meter Relay**

3) 2248 Cheney, Caitlyn	4) 2247 Bates, Naomi	
11 Seattle U. 'A'		4:06.36 1
1) 1917 Marks, Taylor	2) 1918 McCabe, Maya	
3) 1924 Smith, Julie	4) 1913 Gorman, Annalee	

**Women Distance Medley**

Meet Record: M 10:53.95	2/1/2020	BYU
		Camp, Ellsworth, Ellsworth, Orton
Dempsey Rec: R 10:53.95	2/1/2020	BYU, BYU
		Camp, Ellsworth, Ellsworth, Orton

School	Finals
--------	--------

1 Oregon 'A'		11:04.73
1) 1720 Kazimierska, Klaudia	2) 1723 Moerck, Mia	
3) 1726 Thornton-Bott, Izzy	4) 1719 Elmore, Maddy	
2 Arkansas State 'A'		11:13.68
1) 1537 Broemmell, Rahel	2) 1538 Clavier, Namibia	
3) 1541 Melvin, Cheyenne	4) 1542 Meyer, Pauline	
3 San Francisco 'A'		11:16.19
1) 1867 Pradere, Abigail	2) 1857 Alexandre, Olivia	
3) 1866 Morales, Julia	4) 1869 Smee, Ruby	
4 Portland State 'A'		11:36.53
1) 1783 Miller, Tatum	2) 1781 Hare, Wendy	
3) 1785 Styblova, Bara	4) 1780 Barbour, Alexandra	
5 Western Washington 'A'		11:47.47
1) 2266 Wright, Sophie	2) 2248 Cheney, Caitlyn	
3) 2251 Crocker, Mia	4) 2252 Davis, Ila	
6 Seattle U. 'A'		11:55.21
1) 1919 Much, Grace	2) 1917 Marks, Taylor	
3) 1918 McCabe, Maya	4) 1914 Groleau, Azalea	
7 San Diego St. 'A'		12:00.03
1) 1847 Kain, Jessica	2) 1832 Bentley, Sydney	
3) 1856 Zinkin, Tatum	4) 1849 Meyer, Nicole	
8 Utah State 'A'		12:00.04
1) 2081 Brinkerhoff, Bailey	2) 2082 Davidson, Hannah	
3) 2304 Taylor, Kari	4) 2093 Norris, Taylia	
9 Western Oregon 'A'		12:38.70
1) 2215 Chapman, Katie	2) 2221 Lambing, Madeline	
3) 2220 Hutton, Holly	4) 2226 Smith, Riley	

**Women High Jump**

Meet Record: M 1.86m	1/29/2005	Sharon Day, Cal Poly
Dempsey Rec: R 1.93m	2/25/2012	Brigetta Barrett, Arizona

Name	Year	School	Finals
------	------	--------	--------

1	2018	Gero Holt, Jaiceon	Unattached	1.76m	5-09.25
		1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.73 1.76 1.81			
		---	0	---	0 XXX
2	1839	Feyerabend, Jenna	San Diego St.	1.73m	5-08.00
		1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.73 1.76			
		---	0 0 0 0	XO	XXX

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women High Jump**

3	2012 Bender, Hope	Unattached	1.70m	5-07.00
	1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.73			
	---	XO O O XXX		
4	2022 Kawai, Julie	Unattached	1.65m	5-05.00
	1.40 1.45 1.50 1.55 1.60 1.65 1.70			
	---	O O O XXX		
5	1959 Stevens, Abi	Southern Oregon	J1.65m	5-05.00
	1.40 1.45 1.50 1.55 1.60 1.65 1.70			
	---	XXO O XXO XXX		
6	1690 Stevenson, Christi	Ifk Vaxjo	1.60m	5-03.00
	1.40 1.45 1.50 1.55 1.60 1.65			
	---	O O O XXO XXX		
7	2216 Deters, Amity	Western Oregon	J1.60m	5-03.00
	1.40 1.45 1.50 1.55 1.60 1.65			
	---	O XXO XXO XXX		
8	2000 Hawkes, Shay	UC Santa Barbara	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	---	O O XXX		
9	2010 Swalve, Jessica	UC Santa Barbara	J1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	---	O XO XXX		
10	1842 Grant-Williams, Ru	San Diego St.	1.50m	4-11.00
	1.40 1.45 1.50 1.55			
	---	XO XXX		
--	1911 Fetterley, Livii	Seattle U.	NH	
	1.40			
	XXX			

**Women Pole Vault**

=====									
Meet Record: M 4.55m		2017	Megan Clark, Oiselle						
Dempsey Rec: R 4.67m		1/29/2021	Olivia Gruver, Unattached						
Name	Year	School	Finals						
=====									
1	1703 Moll, Hana	Northwest Pole V	4.54m	14-10.75					
	3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44 4.54 4.62								
	---	XO O O XXO XO XXX							
2	1702 Moll, Amanda	Northwest Pole V	4.44m	14-06.75					
	3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44 4.54								
	---	XO XXO O XO XXX							
3	2138 Campbell, Nastassj	Washington	4.34m	14-02.75					
	3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44								
	---	O XO O XO XXX							
3	2137 Borton, Sarah	Washington	4.34m	14-02.75					
	3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44								
	---	XO O O XO XXX							
5	1701 McRitchie, Ella	Northwest Pole V	4.24m	13-11.00					
	3.50 3.65 3.80 3.95 4.10 4.24 4.34								
	---	O XXO XXO XO XXX							
5	1658 Hyink, Rachel	Edmonton Interna	4.24m	13-11.00					
	3.50 3.65 3.80 3.95 4.10 4.24 4.34								
	---	O XO XXO XXX							
5	1899 Tassara, Kayla	Seattle Pacific	J3.46m	11-04.25					
	3.16 3.31 3.46 3.61								
	---	O XXO XXX							

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

7	2147	Helms, Ashleigh	Washington	4.11m	13-05.75
		3.16 3.31 3.46 3.61 3.76 3.91 4.01 4.11 4.21			
		--- --- --- O O O XXO XO XXX			
8	2161	Wilson, Avril	Washington	4.10m	13-05.25
		3.50 3.65 3.80 3.95 4.10 4.24			
		--- XO XO O XO XXX			
8	2143	Ferguson, Sarah	Washington	4.10m	13-05.25
		3.50 3.65 3.80 3.95 4.10 4.24			
		--- O O O XXO XXX			
9	1748	Nguyen, Kristine	Pacific Lutheran	J3.16m	10-04.25
		3.16 3.31			
		XO XXX			
10	2155	Pilukas, Holland	Washington	4.01m	13-01.75
		3.16 3.31 3.46 3.61 3.76 3.91 4.01 4.11			
		--- --- --- O O XXO XO XXX			
11	1600	Evans, Lexi	Cal Poly	3.95m	12-11.50
		3.50 3.65 3.80 3.95 4.10			
		--- --- O O XXX			
12	1835	Callahan, Ashley	San Diego St.	3.80m	12-05.50
		3.50 3.65 3.80 3.95			
		--- --- O XXX			
12	1602	Hatzenbeler, Annie	Cal Poly	3.80m	12-05.50
		3.50 3.65 3.80 3.95			
		--- O O XXX			
14	1700	Jones, Jackie	Northwest Pole V	3.76m	12-04.00
		3.16 3.31 3.46 3.61 3.76 3.91			
		--- O O O XO XXX			
15	1841	Friedenbach, Corey	San Diego St.	3.65m	11-11.75
		3.50 3.65 3.80			
		O XXO XXX			
16	1747	Luksich, Lily	Pacific Lutheran	3.46m	11-04.25
		3.16 3.31 3.46 3.61			
		--- O XO XXX			
18	1892	Daugherty, Lizzy	Seattle Pacific	3.31m	10-10.25
		3.16 3.31 3.46			
		O O XXX			
19	1958	Ortiz, India	Southern Oregon	3.16m	10-04.25
		3.16 3.31			
		O XXX			
19	1805	Skaggs, Claire	Saint Martin's	3.16m	10-04.25
		3.16 3.31			
		O XXX			
--	1895	Hill, Charlie	Seattle Pacific	NH	
		3.16			
		XXX			
--	2249	Coble, Kaylee	Western Washington	NH	
		3.16			
		XXX			
--	1737	Fowler, Mia	Oregon State	NH	
		3.16			
		XXX			

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****Women Long Jump**

Meet Record: M 6.36m 2008		Arantxa King, Stanford	
Dempsey Rec: R 6.55m 2/19/2013		Grace Upshaw, Brittney Reese, Nike	
Name	Year School	Finals	
1	2141 Eikeng, Ida	Washington	5.98m 19-07.50
	5.73m 5.74m 5.79m 5.61m 5.72m 5.98m		
2	1853 Waller, Hannah	San Diego St.	5.90m 19-04.25
	FOUL 5.72m 5.56m 5.90m		
3	1608 Nwagwu, Melody	Cal Poly	5.88m 19-03.50
	5.67m 5.61m 5.62m 5.44m FOUL 5.88m		
4	2145 Heggen, Lauren	Washington	5.67m 18-07.25
	FOUL 5.67m FOUL 5.52m FOUL FOUL		
5	1839 Feyerabend, Jenna	San Diego St.	5.65m 18-06.50
	5.53m 5.46m 5.48m 5.49m FOUL 5.65m		
6	2022 Kawai, Julie	Unattached	5.56m 18-03.00
	FOUL FOUL 5.56m 5.45m 5.38m		
7	2254 Lagerwey, Matty	Western Washington	5.54m 18-02.25
	5.54m FOUL 5.49m FOUL 5.49m FOUL		
8	1992 Barthel, Emma	UC Santa Barbara	5.40m 17-08.75
	5.40m FOUL 5.29m 5.17m 5.30m FOUL		
9	2002 Johnson, Kennedy	UC Santa Barbara	5.39m 17-08.25
	5.30m 5.08m 5.39m 4.94m 5.36m FOUL		
10	1838 Evans, Sameerah	San Diego St.	5.37m 17-07.50
	5.37m 5.02m FOUL		
11	2018 Gero Holt, Jaiceon	Unattached	5.36m 17-07.00
	5.36m 5.27m 5.25m		
12	1855 Wilson, Thaila	San Diego St.	5.21m 17-01.25
	FOUL FOUL 5.21m		
13	2224 Nwokoma, Ujunwa	Western Oregon	5.19m 17-00.50
	FOUL FOUL 5.19m		
14	2003 Jones, Amor	UC Santa Barbara	5.12m 16-09.75
	4.95m 5.12m FOUL		
14	1890 Chang, Hannah	Seattle Pacific	5.12m 16-09.75
	5.12m 5.02m 4.70m		
16	2140 Duckett, Camille	Washington	5.11m 16-09.25
	5.11m FOUL 4.96m		
17	1959 Stevens, Abi	Southern Oregon	5.01m 16-05.25
	4.96m 4.49m 5.01m		
18	1807 Zilla, Margaret	Saint Martin's	4.94m 16-02.50
	4.79m FOUL 4.94m		
19	1925 Tibbo, Zoe	Seattle U.	4.91m 16-01.50
	4.71m FOUL 4.91m		
20	2136 Bir, Rachel	Washington	4.88m 16-00.25
	FOUL FOUL 4.88m		
21	2021 Ivery, La Kadron	Unattached	4.86m 15-11.50
	FOUL FOUL 4.86m		
22	2261 Polkinghorn, Hanna	Western Washington	4.83m 15-10.25
	4.83m 4.70m 4.73m		
23	1957 Hodges, Jenna	Southern Oregon	4.77m 15-07.75
	4.67m 4.70m 4.77m		
24	1994 Boston, Jiana	UC Santa Barbara	4.29m 14-01.00
	FOUL 4.29m		
--	1846 Johnson, Simone	San Diego St.	FOUL
	FOUL FOUL FOUL		

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****Women Triple Jump**

=====						
Meet Record: M 13.71m		2008	Erica McLain, Stanford			
Dempsey Rec: R 13.91m		2/27/2016	Andrea Geubelle, Unattached			
Name	Year	School	Finals			
=====						
1	1846	Johnson, Simone	San Diego St.	13.33m	43-09.00	
		FOUL	12.54m 12.88m 12.89m	FOUL	13.33m	
2	2145	Heggen, Lauren	Washington	12.15m	39-10.50	
		12.00m 12.15m 12.08m	FOUL	11.93m	FOUL	
3	1838	Evans, Sameerah	San Diego St.	11.93m	39-01.75	
		11.74m 11.64m 11.62m	11.56m 11.70m	11.93m		
4	2002	Johnson, Kennedy	UC Santa Barbara	11.86m	38-11.00	
		11.83m 11.71m 11.86m	11.75m	FOUL	11.73m	
5	2136	Bir, Rachel	Washington	11.42m	37-05.75	
		11.27m 11.42m 11.15m	11.14m 11.29m	11.01m		
6	1921	Rogers, Bryana	Seattle U.	11.38m	37-04.00	
		11.38m 11.14m 11.16m	11.36m 11.15m	FOUL		
7	1948	Primrose, Kennedy	Simon Fraser	11.08m	36-04.25	
		10.98m 11.03m	FOUL	10.93m	FOUL	11.08m
8	1994	Boston, Jiana	UC Santa Barbara	10.96m	35-11.50	
		FOUL	10.84m 10.66m	10.96m	10.71m	
9	2225	Popchock, Ana	Western Oregon	10.82m	35-06.00	
		10.82m 10.81m 10.81m	FOUL			
--	2254	Lagerwey, Matty	Western Washington	FOUL		
		FOUL	FOUL	FOUL		
--	1922	Sadler, Shannon	Seattle U.	FOUL		
		FOUL	FOUL	FOUL		
--	1807	Zilla, Margaret	Saint Martin's	FOUL		
		FOUL	FOUL	FOUL		

**Women Shot Put**

=====						
Meet Record: M 18.51m		2/1/2014	Tia Brooks, Nike			
Dempsey Rec: R 18.98m		2/24/2018	Maggie Ewen, Arizona State			
Name	Year	School	Finals			
=====						
1	2149	Kelby, Makayla	Washington	16.35m	53-07.75	
		16.28m	FOUL	FOUL	16.35m	FOUL
2	2160	Tupu-South, Kaia	Washington	16.14m	52-11.50	
		15.65m	FOUL	15.83m	FOUL	16.14m 15.98m
3	1836	Crenshaw, Felicia	San Diego St.	14.59m	47-10.50	
		13.63m	FOUL	13.94m	13.73m	14.59m
4	2085	Gabri, Dolly	Utah State	13.67m	44-10.25	
		13.33m 13.59m	FOUL	FOUL	13.67m	FOUL
5	2086	Garren, Milly	Utah State	13.60m	44-07.50	
		12.96m 12.94m	13.60m 13.49m	13.33m	13.25m	
6	2141	Eikeng, Ida	Washington	13.49m	44-03.25	
		12.61m 12.68m	12.58m 12.71m	12.65m	13.49m	
7	2010	Swalve, Jessica	UC Santa Barbara	12.85m	42-02.00	
		12.53m 12.34m	12.85m 12.16m	12.28m	12.51m	
8	2263	Potts, Katie	Western Washington	12.83m	42-01.25	
		12.39m 12.45m	12.78m 12.83m	FOUL	12.60m	
9	2012	Bender, Hope	Unattached	12.80m	42-00.00	
		12.80m 12.09m	FOUL	12.18m	FOUL	FOUL
10	1614	Rogers, Natalie	Cal Poly	12.30m	40-04.25	
		11.55m 11.25m	12.30m			

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women Shot Put**

11	2018 Gero Holt, Jaiceon	Unattached	12.12m	39-09.25
	11.76m 11.64m 12.12m			
12	1843 Grotegeer, Erica	San Diego St.	12.07m	39-07.25
	12.07m 11.89m 11.90m			
13	1855 Wilson, Thaila	San Diego St.	12.00m	39-04.50
	12.00m 11.97m 11.61m			
14	1606 Lopez-Fuller, Amay	Cal Poly	11.96m	39-03.00
	11.96m FOUL 11.81m			
15	1611 Rigby, Isabella	Cal Poly	11.93m	39-01.75
	11.78m FOUL 11.93m			
16	2260 Parks, Mara	Western Washington	11.75m	38-06.75
	11.75m 10.21m 11.71m			
17	1839 Feyerabend, Jenna	San Diego St.	11.63m	38-02.00
	11.43m 11.63m 11.38m			
18	1803 Saribay, Jocelyn	Saint Martin's	11.60m	38-00.75
	11.60m 11.58m 11.23m			
19	2009 Spear, Amanda	UC Santa Barbara	11.19m	36-08.50
	10.19m 10.58m 11.19m			
20	1911 Fetterley, Livii	Seattle U.	10.80m	35-05.25
	10.33m 10.80m 9.67m			
21	2007 Nwachukwu, Chika	UC Santa Barbara	9.98m	32-09.00
	9.53m 9.98m 9.45m			
22	1842 Grant-Williams, Ru	San Diego St.	9.80m	32-02.00
	9.19m FOUL 9.80m			
23	1912 Garcia, Jocelyn	Seattle U.	8.73m	28-07.75
	8.50m FOUL 8.73m			

**Women Weight Throw**

=====				
Meet Record: M 21.68m		2009	Loree Smith, NYAC	
Dempsey Rec: R 22.73m		2/25/2022	Camryn Rogers, California	
Name	Year	School	Finals	
=====				
1	2135 Asoanang, Beatric	Washington	19.30m	63-04.00
	FOUL 19.29m 18.81m 19.21m 19.30m FOUL			
2	2080 Bailey, Tori	Utah State	17.94m	58-10.25
	17.38m FOUL FOUL 17.30m 17.49m 17.94m			
3	2265 Westfall, Raine	Western Washington	16.21m	53-02.25
	16.10m FOUL 15.57m FOUL 16.21m FOUL			
4	2139 Colson, Yvonne	Washington	16.12m	52-10.75
	16.07m FOUL 16.12m FOUL FOUL 15.22m			
5	2009 Spear, Amanda	UC Santa Barbara	15.59m	51-01.75
	15.59m FOUL FOUL FOUL FOUL FOUL			
6	1833 Brosch, Zoe	San Diego St.	15.30m	50-02.50
	14.92m 14.92m FOUL 15.30m 14.09m 14.87m			
7	2263 Potts, Katie	Western Washington	15.18m	49-09.75
	14.13m FOUL 15.18m 14.76m 15.16m 15.16m			
8	1803 Saribay, Jocelyn	Saint Martin's	15.00m	49-02.50
	15.00m 14.70m FOUL FOUL 14.18m			
9	2086 Garren, Milly	Utah State	14.46m	47-05.25
	14.13m 13.81m 14.46m FOUL FOUL 13.74m			
10	2091 McNutt, Alyssa	Utah State	13.88m	45-06.50
	13.57m FOUL 13.88m			
11	2005 Mbamo, Savannah	UC Santa Barbara	13.65m	44-09.50
	FOUL 11.97m 13.65m			

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

12	1601 Grexton, Anna	Cal Poly	13.46m	44-02.00
	13.44m FOUL 13.46m			
13	1799 Flowers, Quinci	Saint Martin's	10.41m	34-02.00
	9.19m 10.41m FOUL			
14	1801 Neilson, Sarah	Saint Martin's	9.14m	30-00.00
	9.14m FOUL 8.46m			
--	1836 Crenshaw, Felicia	San Diego St.	FOUL	
	FOUL FOUL FOUL			

**Men 60 Meter Dash**

=====  
 Meet Record: M 6.53 1/31/2015 Joe Morris, Unlimited Speed Athl  
 Dempsey Rec: R 6.50 2/14/2015 Ryan Bailey, Nike

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	1696 Fornasari-Banguera	Multnomah	6.75q	3
2	2031 Adekanbi, Dimeji	Unattached	6.83q	1 6.825
3	1697 Sol, Donte	Multnomah	6.83q	6 6.829
4	2034 Brown, Deven	Unattached	6.87q	8
5	1941 Rosario, Miquel	Seattle U.	6.92q	5
6	1623 Esteves, Tyler	Cal Poly	6.92q	8
7	1590 Davis, Isaiah	Bushnell	6.94q	2
8	2306 Sanchez, Keola	Pacific Lutheran	6.94q	3
9	1667 Davis, Isaac	Fresno Pacific	6.95	5
10	1695 Dixon, Daniel	Multnomah	7.01	4
11	2287 Mickenham, Nolan	Western Washington	7.01	1
12	2297 Woodard, Tyrone	Western Washington	7.05	6
13	1935 Holden, Kavon	Seattle U.	7.06	1
14	1940 Payne, Noah	Seattle U.	7.06	5
15	2274 Greenwalt, Ryan	Western Washington	7.09	2
16	1907 Njeri, David	Seattle Pacific	7.12	3
17	2231 Driesner, Alex	Western Oregon	7.15	3
18	1904 Gordon, Jeff	Seattle Pacific	7.16	5
18	1942 Topinka, Tom	Seattle U.	7.16	7
20	1515 Angarita, Kevin	Alaska Anchorage	7.19	4
21	2180 Schlueter, Jami	Washington	7.20	2
22	2276 Johnson, Ethan	Western Washington	7.21	1
23	1750 Lemma, Grady	Pacific Lutheran	7.23	2
24	1589 Carter, Jaron	Bushnell	7.25	7
25	2295 Vongphet, Anouthai	Western Washington	7.25	8
26	1669 Fox, Garrett	Fresno Pacific	7.25	2
27	2281 Kibler, Trent	Western Washington	7.26	8
28	2233 Hendrix, Amari	Western Oregon	7.27	6
29	2229 Baze, Dustin	Western Oregon	7.28	5
30	1816 Nguyen, Hewson	Saint Martin's	7.29	5
31	2277 Johnson, Jaden	Western Washington	7.29	6
32	2182 Thorner, Oliver	Washington	7.31	4
33	1517 Belanger, Jacob	Alaska Anchorage	7.32	8
34	2271 Fischer, Derek	Western Washington	7.37	7
35	1909 Thomas, Nate	Seattle Pacific	7.42	4
36	1520 Hunter, Timothy	Alaska Anchorage	7.45	6
37	1818 Schulz, Andrew	Saint Martin's	7.51	6
38	1809 Boyd, Andrew	Saint Martin's	7.62	1



**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****Men 60 Meter Dash**

=====  
 Meet Record: M 6.53 1/31/2015 Joe Morris, Unlimited Speed Athl  
 Dempsey Rec: R 6.50 2/14/2015 Ryan Bailey, Nike

Name	Year	School	Finals	H#
=====				
Finals				
1	1696	Fornasari-Banguera	Multnomah	6.71 2
2	2031	Adekanbi, Dimeji	Unattached	6.72 2
3	1697	Sol, Donte	Multnomah	6.73 1
4	2034	Brown, Deven	Unattached	6.83 1
5	1941	Rosario, Miquel	Seattle U.	6.85 2
6	1590	Davis, Isaiah	Bushnell	6.88 2
7	1623	Esteves, Tyler	Cal Poly	6.89 1
8	2306	Sanchez, Keola	Pacific Lutheran	7.00 1

**Men 200 Meter Dash**

=====  
 Meet Record: M 21.12 2011 Rubin Williams, Heritage TC  
 Dempsey Rec: R 20.65 2/25/2022 Kasaun James, USC

Name	Year	School	Finals	H#
=====				
1	2209	Frobe, William	Weber State	21.70 7
2	1696	Fornasari-Banguera	Multnomah	21.95 5
3	1941	Rosario, Miquel	Seattle U.	22.03 6
4	1623	Esteves, Tyler	Cal Poly	22.13 6
5	1590	Davis, Isaiah	Bushnell	22.28 5
6	1621	Davis, Chris	Cal Poly	22.31 6
7	2059	Thomas, Bryce	Unattached	22.38 7
8	1669	Fox, Garrett	Fresno Pacific	22.38 7
9	2287	Mickenham, Nolan	Western Washington	22.38 2
10	1632	Souto, Joey	Cal Poly	22.40 3
11	1629	Salzman, Wesley	Cal Poly	22.45 5
12	1636	Walter, Chase	Cal Poly	22.50 4
13	1515	Angarita, Kevin	Alaska Anchorage	22.78 4
14	1908	Shepherd, Julius	Seattle Pacific	22.84 3
15	2274	Greenwalt, Ryan	Western Washington	22.85 4
16	2276	Johnson, Ethan	Western Washington	22.90 2
17	1926	Alleyne, Joseph	Seattle U.	22.94 1
18	1904	Gordon, Jeff	Seattle Pacific	23.08 6
19	2271	Fischer, Derek	Western Washington	23.24 1
20	1589	Carter, Jaron	Bushnell	23.24 5
21	1940	Payne, Noah	Seattle U.	23.29 3
22	1517	Belanger, Jacob	Alaska Anchorage	23.31 2
23	1927	Blunden, Justin	Seattle U.	23.34 2
24	1520	Hunter, Timothy	Alaska Anchorage	23.37 3
25	1902	Carpenter, Evan	Seattle Pacific	23.42 4
26	1935	Holden, Kavon	Seattle U.	23.48 2
27	2268	Brenck, Lucas	Western Washington	23.74 5

**Men 400 Meter Dash**

=====  
 Meet Record: M 46.43 2007 Alex Harcourt, Washington  
 Dempsey Rec: R 45.94 2/24/2018 Rai Benjamin, USC

Name	Year	School	Finals	H#
=====				
1	2167	Birchman, Jonathan	Washington	47.76 7

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men 400 Meter Dash**

2	2185	Wilkinson, Matthew	Washington	48.04	7
3	2059	Thomas, Bryce	Unattached	49.00	6
4	1515	Angarita, Kevin	Alaska Anchorage	49.47	4
5	2283	Le, Brian	Western Washington	49.53	3
6	2166	Baricevic, Sam	Washington	49.53	5
7	1698	Soto, Roderick	Multnomah	49.76	6
8	1960	O'Connor, Cade	Southern Oregon	49.87	5
9	1651	Albertin, Austin	Central Washington	49.91	6
10	2245	Yasin, Joel	Western Oregon	50.40	4
11	1776	Ombougno, Moe	Portland	50.50	2
12	1952	Lenton, Jorin	Simon Fraser	50.84	3
13	1813	Franco, Zachary	Saint Martin's	51.18	4
14	1908	Shepherd, Julius	Seattle Pacific	51.26	2
15	1926	Alleyne, Joseph	Seattle U.	51.59	2
16	1928	Christopherson, Ca	Seattle U.	51.87	1
17	2290	Pinto, Denzel	Western Washington	51.98	2
18	1905	Holmes, Darius	Seattle Pacific	52.41	3
19	1520	Hunter, Timothy	Alaska Anchorage	52.45	3
20	1927	Blunden, Justin	Seattle U.	52.58	3
21	2268	Brenek, Lucas	Western Washington	53.37	5
22	1819	Wani, Rudu	Saint Martin's	53.61	1
23	1808	Baltz, Steven	Saint Martin's	54.05	1
24	1902	Carpenter, Evan	Seattle Pacific	54.09	4
25	1815	Le, Christian	Saint Martin's	55.24	1
26	1517	Belanger, Jacob	Alaska Anchorage	55.73	1

**Men 800 Meter Run**

=====					
Meet Record:	M	1:46.97	2016	Shaquille Walker, BYU	
Dempsey Rec:	R	1:46.36	2/13/2010	Andrew Wheating, Oregon	
Name	Year	School	Finals	H#	
=====					
1	1727	Cook, Elliott	Oregon	1:46.93M	6
2	2169	Elliott, Cass	Washington	1:47.22	6
3	2163	Ahl, Aaron	Washington	1:50.08	6
4	1545	Fahl, Hannes	Arkansas State	1:50.12	5
5	2296	Weber, Drew	Western Washington	1:50.36	5
6	1728	Erickson, Matthew	Oregon	1:50.71	6
7	1777	Roberts, Yutaka	Portland	1:51.96	4
8	1546	Funck, Lasse	Arkansas State	1:52.48	4
9	1568	Fitzgerald, Angus	Boise State	1:52.75	5
10	1732	Reynolds, Benjamin	Oregon	1:53.12	5
11	2105	Kauffman, Chris	Utah State	1:53.44	4
12	1770	Hathaway, Konnor	Portland	1:54.02	4
13	2267	Bloom, Jonah	Western Washington	1:54.11	2
14	1878	Fischer, Spencer	Santa Clara	1:54.27	4
15	2289	Palmen, Connor	Western Washington	1:54.32	2
16	1534	Russo, Cade	Arizona	1:54.94	3
17	1653	Correa, Johan	Central Washington	1:54.94	2
18	1536	Sanchez Lopez, Ike	Arizona	1:55.10	4
19	1631	Smith, Carson	Cal Poly	1:55.21	3
20	1887	Twyman, Ian	Santa Clara	1:55.28	2
21	1768	Fitzgerald, Aiden	Portland	1:55.32	2
22	1775	Nordheim, Sully	Portland	1:55.47	1
23	1951	Bogale, Kirubel	Simon Fraser	1:55.85	2

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men 800 Meter Run**

24	1569	Florez, Ethan	Boise State	1:55.86	2
25	2043	Hellmann, Jeffrey	Unattached	1:56.31	2
26	1877	Dupree, Dion	Santa Clara	1:56.31	1
27	2238	Rambo, Tim	Western Oregon	1:56.54	1
28	2196	Kleyer, Pascal	Washington St.	1:56.57	2
29	1883	Russell, Nicholas	Santa Clara	1:56.64	1
30	1876	Dupree, DeVon	Santa Clara	1:56.78	1
31	1970	Riggs, Payton	Southern Utah	1:57.38	4
32	2190	Barran, Alec	Washington St.	1:57.40	1
33	1830	Romero, Alejandro	Salt Lake	1:57.71	1
34	2275	Henry, Will	Western Washington	1:58.62	3
35	1579	Thompson, Alex	Boise State	1:58.90	1
36	2192	Easton, Jacob	Washington St.	1:59.19	1
--	2038	Ellis, Sam	Unattached	DNF	6
--	1900	Archer, Isaiah	Seattle Pacific	DQ	1 obstruction

**Men 1 Mile Run**

=====					
Meet Record:	M	3:53.25	1/29/2022	Jake Heyward, Nike	
Dempsey Rec:	R	3:52.61	1/12/2019	Yomif Kejelcha, Nike Oregon	Pr
Name		Year	School	Finals	H#
=====					
1	2183	Waskom, Joe	Washington	3:51.90R	6
2	2171	Fay, Brian	Washington	3:52.03R	6
3	2174	Green, Nathan	Washington	3:52.76M	6
4	2178	Lumb, Kieran	Washington	3:53.83	6
5	2038	Ellis, Sam	Unattached	3:53.84	6
6	2175	Houser, Luke	Washington	3:55.98	6
7	2163	Ahl, Aaron	Washington	3:57.94	6
8	2179	Ryan, Aidan	Washington	3:59.55	6
9	1627	McCarthy, Aidan	Cal Poly	4:00.16	5
10	1536	Sanchez Lopez, Ike	Arizona	4:00.87	5
11	2300	Smith, Brody	Unattached	4:01.33	5
12	2099	Benson, Brennan	Utah State	4:01.63	5
13	1679	Guer mali, Yacine	Gonzaga	4:02.04	5
14	2056	Sloan, Nathan	Unattached	4:02.56	4
15	2061	Trippas, Ed	Unattached	4:02.85	5
16	2109	Pancake, Devin	Utah State	4:03.67	5
17	1774	Mong, Henry	Portland	4:04.07	5
18	2234	Hutton, Hunter	Western Oregon	4:05.31	3
19	2062	Vincent, Sam	Unattached	4:05.73	4
20	1587	Palmer, Matt	Bowerman Track C	4:06.04	4
21	2045	Laird, Will	Unattached	4:06.17	5
22	2065	Waters, Seth	Unattached	4:06.46	4
23	2046	Lautenslager, Jeff	Unattached	4:06.58	4
24	2101	Evans, Wyatt	Utah State	4:06.62	4
25	2214	Winter, Bronson	Weber State	4:06.84	3
26	1533	Quigley, Cooper	Arizona	4:07.58	4
27	1570	Giffin, Brogan	Boise State	4:07.76	2
28	1970	Riggs, Payton	Southern Utah	4:07.91	3
29	2199	Ortega-Gammill, Ky	Washington St.	4:08.65	3
30	2213	Visser, Peter	Weber State	4:09.84	3
31	1967	Harward, Hayden	Southern Utah	4:10.11	1
32	2275	Henry, Will	Western Washington	4:10.17	2
33	1880	Miley, Alex	Santa Clara	4:10.19	4

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

34	2210	Gailson, Hanokh	Weber State	4:10.24	2
35	1752	Stracke, Ryan	Pacific Lutheran	4:11.70	2
36	2193	Emerson, Aiden	Washington St.	4:12.30	4
37	2052	Mytopher, Brayden	Unattached	4:12.72	4
38	1934	Harquail, Gus	Seattle U.	4:13.17	3
39	1571	Hudson, Joe	Boise State	4:13.65	3
40	1580	Wigod, Trent	Boise State	4:14.32	2
41	2235	Klus, Emmett	Western Oregon	4:15.26	1
42	2192	Easton, Jacob	Washington St.	4:15.57	1
43	2239	Sanchez, Keeton	Western Oregon	4:15.86	2
44	1547	Mayberry, Dawson	Arkansas State	4:16.00	2
45	2196	Kleyer, Pascal	Washington St.	4:16.60	1
46	1518	Elliott, Ty	Alaska Anchorage	4:16.95	1
47	2194	Gonzalez, Evan	Washington St.	4:17.40	1
48	1965	Feeny, Travis	Southern Utah	4:17.89	3
49	2298	Kary, Gabe	Unattached	4:18.64	2
50	2282	Korta, Kaleb	Western Washington	4:19.21	1
51	1954	Schoening, Benjami	Simon Fraser	4:20.06	1
52	1931	Gill, Rajesh	Seattle U.	4:20.95	1
53	1577	Roberts, Aidan	Boise State	4:21.28	3
54	1932	Goodwin, Hezekiah	Seattle U.	4:22.43	2
55	1938	Mason, Lance	Seattle U.	4:23.57	1
56	1672	Olsen, Bo	Fresno Pacific	4:23.89	2
57	1525	Tveit, Ries	Alaska Anchorage	4:25.54	1
58	1949	Ahl, Braden	Simon Fraser	4:26.28	1
59	1943	Wagnild, Parker	Seattle U.	4:26.95	1
--	1551	Gregorek, Johnny	Asics	DNF	6
--	1501	Prakel, Sam	Adidas	DNF	6
--	2305	Hogan, Drew	Utah State	DNF	4
--	2041	Grosvenor, Grant	Unattached	DNF	5

**Men 3000 Meter Run**

=====					
Meet Record: M 7:44.20		2014	Lawi Lalang, Arizona		
Dempsey Rec: R 7:40.66		2/11/2022	Abdihamid Nur, Northern Arizon		
Name	Year	School	Finals	H#	
=====					
1	1699	Updike, Isaac	Nike	7:52.48	5
2	2057	Stallings, Zach	Unattached	7:54.76	5
3	1686	Smith, Wil	Gonzaga	7:55.98	5
4	1572	Ibrahim, Ahmed	Boise State	7:56.23	5
5	1773	Kirk, Zak	Portland	7:57.49	5
6	2054	Proceviat, Cameron	Unattached	7:59.38	5
7	1522	Nash, Cole	Alaska Anchorage	8:03.41	4
8	1778	Ruiz, Estanis	Portland	8:03.75	5
9	1657	Wiley, Turner	Club Northwest/T	8:04.28	4
10	1535	Sanchez Lopez, Ian	Arizona	8:04.37	5
11	1779	Sado, Ahmed	Portland	8:04.84	3
12	2103	Garnica, Caleb	Utah State	8:04.95	4
13	1576	Palmer, Aidan	Boise State	8:05.50	3
14	1769	Gertsen, Jonas	Portland	8:05.67	5
15	1766	Buckley, Teddy	Portland	8:06.06	3
16	1764	Abdala, Daniel	Portland	8:06.75	3
17	1617	Bennett, John	Cal Poly	8:07.04	3
18	1574	McIntyre, Murdoch	Boise State	8:07.11	3

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

19	1969	Labra, Isaiah	Southern Utah	8:07.57	4
20	1630	Shively, Xian	Cal Poly	8:07.61	5
21	1966	Gaitan, Santiago	Southern Utah	8:07.75	3
22	1566	Dunn, Nathan	Boise State	8:08.04	3
23	1548	Pyeatt, Jacob	Arkansas State	8:08.19	2
24	2040	Gorze, Tyrone	Unattached	8:08.35	5
25	2162	Affolder, Sam	Washington	8:08.92	5
26	2191	Barsaiya, Brian	Washington St.	8:09.87	2
27	1573	Jouhari, Mohammed	Boise State	8:10.64	4
28	2100	Crandall, Mark	Utah State	8:10.89	2
29	1965	Feeny, Travis	Southern Utah	8:12.56	3
30	1622	Dimick, Aidan	Cal Poly	8:12.76	3
31	1765	Anderson, Chris	Portland	8:14.58	3
32	1634	Thurman, Spencer	Cal Poly	8:14.98	4
33	1586	Howard, Chase	Bowerman Track C	8:15.76	3
34	1681	Laird, Cooper	Gonzaga	8:15.77	2
35	1875	Chilcott, Harvey	Santa Clara	8:16.13	1
36	1788	Drew, Ben	Portland State	8:16.50	3
37	1684	Moore, Riley	Gonzaga	8:16.70	3
38	2050	McEachern, Cullen	Unattached	8:16.79	4
39	1575	Newman, Ollie	Boise State	8:16.84	2
40	1886	Singh, Ishaan	Santa Clara	8:16.92	2
41	1979	Damian, Daniel	U. of Victoria	8:17.08	2
42	1771	Hosbein, Nolan	Portland	8:17.26	2
43	1674	Teffra, Abesolom	Fresno Pacific	8:17.43	2
44	1964	Cragun, Coleman	Southern Utah	8:17.64	2
45	1981	Kuipers, Anton	U. of Victoria	8:18.00	1
46	2036	Crabtree, James	Unattached	8:18.43	2
47	1791	Jarpey, Josh	Portland State	8:18.43	3
48	2200	Swanson, Leif	Washington St.	8:18.45	2
49	1678	DiMartino, Nicola	Gonzaga	8:20.00	1
50	1676	Baughan, Aidan	Gonzaga	8:20.14	1
51	1550	Young, Grayson	Arkansas State	8:20.72	1
52	1567	Durant, Alex	Boise State	8:20.90	2
53	1772	Kaines, Dalton	Portland	8:20.97	1
54	1767	Donlea, Leo	Portland	8:21.34	2
55	1677	Cerkowniak, Bryce	Gonzaga	8:21.66	2
56	1790	Ibrahim, Abdi	Portland State	8:22.71	3
57	2195	Griffith, Sam	Washington St.	8:22.72	3
58	1980	Kuchar, Jaxon	U. of Victoria	8:23.53	1
59	1687	Talens, Paul	Gonzaga	8:24.25	1
60	1683	Mackie, Jeremiah	Gonzaga	8:24.61	1
61	1680	Kissell, Mason	Gonzaga	8:26.26	1
62	1588	Sealand, Daniel	Bowerman Track C	8:26.28	2
63	2198	Limo, Kelvin	Washington St.	8:26.91	2
64	1689	Tucker, Ansel	Gonzaga	8:27.90	1
65	2208	Davis, Ty	Weber State	8:28.47	3
66	1620	Chambers, Michael	Cal Poly	8:29.59	4
67	1792	Lingwall, Samuel	Portland State	8:30.87	3
68	1682	Lyne, Jackson	Gonzaga	8:32.92	1
69	1983	VanHezewijk, Gabe	U. of Victoria	8:34.31	1
70	1688	Thorsett, Will	Gonzaga	8:34.67	1
71	2197	Lawrence, Jacob	Washington St.	8:37.89	1
72	1685	Mukai, Carp	Gonzaga	8:39.21	1
73	1585	Goff, Micah	Bowerman Track C	8:41.53	2

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

74	1578	Sherman, Ben	Boise State	8:44.59	2
75	2201	Wilcott, Grayson	Washington St.	8:49.67	1
76	1879	Ho, Andrew	Santa Clara	8:58.60	1
77	1882	Reading, Ares	Santa Clara	8:59.11	4
78	1516	Avalos, Jesus	Alaska Anchorage	9:00.95	1
--	2097	Altice, Bridger	Utah State	DNF	4
--	2041	Grosvenor, Grant	Unattached	DNF	5
--	2112	Wehrli, Max	Utah State	DNF	2
--	2108	Nelson, Spencer	Utah State	DNF	3

**Men 5000 Meter Run**

=====					
Meet Record:		M 13:28.00	2/12/2021	Conner Mantz, BYU	
Dempsey Rec:		R 13:21.85	2/11/2022	Ky Robinson, Stanford	
Name	Year	School	Finals	H#	
=====					
1	2108	Nelson, Spencer	Utah State	14:06.19	2
2	2097	Altice, Bridger	Utah State	14:12.02	2
3	2112	Wehrli, Max	Utah State	14:12.25	2
4	1969	Labra, Isaiah	Southern Utah	14:17.45	2
5	1571	Hudson, Joe	Boise State	14:19.22	2
6	2212	Kirk, Kevin	Weber State	14:19.82	1
7	1625	Guerra, Anthony	Cal Poly	14:20.42	2
8	2208	Davis, Ty	Weber State	14:21.84	1
9	1966	Gaitan, Santiago	Southern Utah	14:23.23	2
10	1964	Cragun, Coleman	Southern Utah	14:27.04	1
11	2288	Oslin, Andrew	Western Washington	14:29.35	1
12	2107	Nelson, Eric	Utah State	14:30.10	1
13	1583	Freiburger, Joe	Bowerman Track C	14:30.46	2
14	2279	Karamitsos, George	Western Washington	14:31.51	2
15	2270	Clough, Ryan	Western Washington	14:31.75	1
16	2240	Smith, Bailey	Western Oregon	14:32.41	1
17	1829	Rodriguez, Talon	Salt Lake	14:35.27	1
18	2111	Todd, Camren	Utah State	14:35.99	2
19	1874	Baciocco, Dominic	Santa Clara	14:36.37	1
20	2064	Warren, Calahan	Unattached	14:39.06	2
21	2272	Gillingham, Jeret	Western Washington	14:41.50	1
22	1673	Smith, Xavier	Fresno Pacific	14:42.81	1
23	1633	Swinth, Colton	Cal Poly	14:43.48	2
24	2211	Kallgren, Wesley	Weber State	14:46.63	1
25	1793	Peters, Evan	Portland State	14:48.44	1
26	2299	Aldrich, Max	Lewis & Clark	14:48.92	1
27	1968	Jones, Max	Southern Utah	14:54.28	1
28	1794	Vanderbosch, Ben	Portland State	15:00.26	1
29	1655	Savely, Ty	Central Washington	15:04.40	1
30	1827	Minor, Braden	Salt Lake	15:24.64	1
31	1826	Krikov, Aleksandr	Salt Lake	15:31.38	1
32	1828	Nielsen, Aidan	Salt Lake	15:32.36	1
33	1825	Fitiao, Cuauhtemoc	Salt Lake	15:39.32	1
--	1789	Grams, Zachary	Portland State	DNF	1
--	2104	Harman, Darren	Utah State	DNF	2

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****Men 60 Meter Hurdles**

Meet Record: M 7.61 2014 Ashton Eaton, Nike  
 Dempsey Rec: R 7.60 2/27/2016 Devon Allen, Oregon

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1	1671	Jimenez, Kalobe	Fresno Pacific	8.07q 2
2	2039	Glodan, Jordan	Unattached	8.23q 1
3	1666	Bates, Cullin	Fresno Pacific	8.25q 1
4	1526	Wagner, Joshua	Alaska Anchorage	8.39q 2
5	2182	Thorner, Oliver	Washington	8.64q 3
6	1656	Wise, Aiden	Central Washington	8.65q 2
7	1750	Lemma, Grady	Pacific Lutheran	8.71q 2
8	2284	Martelles, Sean	Western Washington	9.13q 1
9	1624	Gammal, Nick	Cal Poly	9.32 3
10	1523	Robertson, Felix	Alaska Anchorage	9.72 1

**Men 60 Meter Hurdles**

Meet Record: M 7.61 2014 Ashton Eaton, Nike  
 Dempsey Rec: R 7.60 2/27/2016 Devon Allen, Oregon

Name	Year	School	Finals	H#
<b>Finals</b>				
1	1671	Jimenez, Kalobe	Fresno Pacific	8.16 2
2	1666	Bates, Cullin	Fresno Pacific	8.33 1
3	2039	Glodan, Jordan	Unattached	8.43 2
4	1656	Wise, Aiden	Central Washington	8.55 1
5	1750	Lemma, Grady	Pacific Lutheran	8.70 2
6	2182	Thorner, Oliver	Washington	8.73 2
7	2284	Martelles, Sean	Western Washington	9.97 1

**Men 4x400 Meter Relay**

Meet Record: M 3:07.77 2007 Baylor  
 Anderson, Iglehart-Summers, Mutai, Betters  
 Dempsey Rec: R 3:05.68 2/26/2022 Arizona State, Arizona State  
 Nwachukwu, Brown, Felix, Robinson

School	Finals	H#
1 Cal Poly 'A'	3:12.92	2
1) 1632 Souto, Joey		
2) 1636 Walter, Chase		
3) 1629 Salzman, Wesley		
4) 1621 Davis, Chris		
2 Washington 'A'	3:15.74	2
1) 2166 Baricevic, Sam		
2) 2167 Birchman, Jonathan		
3) 2169 Elliott, Cass		
4) 2181 Smith, Anthony		
3 Fresno Pacific 'A'	3:21.39	2
1) 1671 Jimenez, Kalobe		
2) 1666 Bates, Cullin		
3) 1669 Fox, Garrett		
4) 1672 Olsen, Bo		
4 Multnomah 'A'	3:23.39	1
1) 1698 Soto, Roderick		
2) 1695 Dixon, Daniel		
3) 1694 Davis, Devonte		
4) 1697 Sol, Donte		
5 Western Oregon 'A'	3:25.25	1
1) 2241 Stevens, Deshaun		
2) 2233 Hendrix, Amari		
3) 2238 Rambo, Tim		
4) 2243 Walker, JJ		
6 Seattle Pacific 'A'	3:25.73	1

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men 4x400 Meter Relay**

1) 1900 Archer, Isaiah	2) 1908 Shepherd, Julius		
3) 1905 Holmes, Darius	4) 2301 Owen, Jon		
7 Western Washington 'A'		3:26.61	2
1) 2290 Pinto, Denzel	2) 2283 Le, Brian		
3) 2276 Johnson, Ethan	4) 2277 Johnson, Jaden		
8 Seattle U. 'A'		3:27.77	1
1) 1927 Blunden, Justin	2) 1928 Christopherson, Carl		
3) 1937 Law, Sebbie	4) 1936 Holme, Matthew		

**Men Distance Medley**

Meet Record: M 9:28.35 1/30/2009 Arkansas  
 McClary, Skidmore, Bilbrew, Ulrey  
 Dempsey Rec: R 9:21.77 2/12/2010 Oregon Track Club, OTC  
 Symmonds, Scherer, Mulder, Leer

School	Finals
1 Oregon 'A'	9:43.27
1) 1728 Erickson, Matthew	2) 1731 Pueschner, Matt
3) 1732 Reynolds, Benjamin	4) 1727 Cook, Elliott
2 Western Washington 'A'	9:45.48
1) 2275 Henry, Will	2) 2283 Le, Brian
3) 2267 Bloom, Jonah	4) 2296 Weber, Drew
3 Western Oregon 'A'	9:46.23
1) 2239 Sanchez, Keeton	2) 2228 Arce-Torres, Gabe
3) 2235 Klus, Emmett	4) 2234 Hutton, Hunter
4 Santa Clara 'A'	9:49.26
1) 1885 Simboli, Josh	2) 1884 Scales, Alex
3) 1881 Peattie, Colin	4) 1880 Miley, Alex
5 Utah State 'A'	9:51.42
1) 2106 Mogos, Yonas	2) 2105 Kauffman, Chris
3) 2101 Evans, Wyatt	4) 2305 Hogan, Drew
6 Arkansas State 'A'	9:53.48
1) 1545 Fahl, Hannes	2) 1549 Walker, Jermie
3) 1546 Funck, Lasse	4) 1547 Mayberry, Dawson
7 Seattle U. 'A'	10:00.19
1) 1930 Franklin, Alex	2) 1939 Payne, Isaiah
3) 1932 Goodwin, Hezekiah	4) 1934 Harquail, Gus
8 Fresno Pacific 'A'	10:08.09
1) 1665 Banuelos, Bryan	2) 1666 Bates, Cullin
3) 1672 Olsen, Bo	4) 1674 Teffra, Abesolom
9 Saint Martin's 'A'	10:18.18
1) 1810 Cortes, Isaac	2) 1814 Georgia, Nick
3) 1812 Farrell, John	4) 1817 Pagente, Kainalu
10 Northwest U. 'A'	10:27.30
1) 1705 Andrews, Dawson	2) 1709 Nielsen, Cameron
3) 1707 Kopatich, Jack	4) 1708 Murphy, Micah

**Men High Jump**

Meet Record: M 2.29m 1/27/2018 Django Lovett, Unattached  
 Dempsey Rec: R 2.31m 2/13/2010 Jesse Williams, Nike

Name	Year	School	Finals
------	------	--------	--------





**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men Pole Vault**

8	1906 Lee, Kainoa	Seattle Pacific	J4.23m	13-10.50
	3.73 3.98 4.23 4.48			
	--- O XO XXX			
--	1811 Doidge, Ryan	Saint Martin's	NH	
	3.73 3.98			
	--- XXX			
--	2051 McLean, Connor	Unattached	NH	
	3.73 3.98 4.23 4.48 4.63 4.78 4.93 5.08			
	--- --- --- --- --- --- --- XXX			

**Men Long Jump**

Meet Record: M 7.97m 2008		Reindell Cole, Cal State Northridge	
Dempsey Rec: R 8.12m 2/29/2008		Norris Frederick, Washington	
Name	Year School	Finals	
1	2165 Artis, Prestin	Washington	7.68m 25-02.50
	7.34m 7.44m 7.51m 7.68m	FOUL 7.50m	
2	2177 Luebbert, Tim	Washington	7.07m 23-02.50
	FOUL FOUL 6.75m FOUL 7.07m	FOUL	
3	2180 Schlueter, Jami	Washington	6.99m 22-11.25
	FOUL 6.59m FOUL 6.54m 6.99m 6.91m		
4	1524 Sample, Collin	Alaska Anchorage	6.97m 22-10.50
	6.87m 6.79m 6.86m 6.97m 6.87m	FOUL	
5	1667 Davis, Isaac	Fresno Pacific	6.95m 22-09.75
	6.47m 6.41m 6.76m 6.55m 6.95m	FOUL	
6	2051 McLean, Connor	Unattached	6.92m 22-08.50
	6.92m FOUL 6.79m FOUL FOUL 6.49m		
6	2182 Thorner, Oliver	Washington	6.92m 22-08.50
	FOUL 6.68m FOUL 6.92m FOUL 6.79m		
8	1816 Nguyen, Hewson	Saint Martin's	6.63m 21-09.00
	FOUL 6.27m 6.63m 6.54m FOUL 6.53m		
9	1626 Jones, Bailey	Cal Poly	6.54m 21-05.50
	6.32m 6.54m FOUL 6.31m 6.50m 6.46m		
10	2241 Stevens, Deshaun	Western Oregon	6.51m 21-04.25
	6.51m 6.42m FOUL		
11	2044 Jefferson, Jamaari	Unattached	6.36m 20-10.50
	6.15m 6.36m 6.33m		
12	2244 White, Tyler	Western Oregon	6.31m 20-08.50
	5.97m 6.31m FOUL		
13	2047 Lyons, Taeshaun	Unattached	6.24m 20-05.75
	5.79m 5.96m 6.24m		
14	1905 Holmes, Darius	Seattle Pacific	6.22m 20-05.00
	6.22m FOUL FOUL		
15	2295 Vongphet, Anouthai	Western Washington	6.19m 20-03.75
	5.60m 6.19m 6.01m		
16	1519 Grant, Morgan	Alaska Anchorage	6.11m 20-00.50
	FOUL 6.11m 5.76m		
17	1523 Robertson, Felix	Alaska Anchorage	5.80m 19-00.50
	FOUL FOUL 5.80m		
18	1909 Thomas, Nate	Seattle Pacific	5.69m 18-08.00
	5.50m 5.69m 5.27m		
19	2242 Thompson, Jake	Western Oregon	5.68m 18-07.75
	5.65m 5.68m 5.54m		

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men Long Jump**

20	1818 Schulz, Andrew	Saint Martin's	4.38m	14-04.50
	FOUL 4.38m FOUL			
--	2274 Greenwalt, Ryan	Western Washington	FOUL	
	FOUL FOUL FOUL			

**Men Triple Jump**

=====				
Meet Record: M 16.62m		2003	Julien Kapek, USC	
Dempsey Rec: R 16.62m		2/1/2003	Julien Kapek, USC	
Name	Year	School	Finals	
=====				
1	1971 MacArthur, Albert	Thriller	14.67m	48-01.75
	14.60m FOUL FOUL	14.67m FOUL FOUL		
2	2177 Luebbert, Tim	Washington	14.59m	47-10.50
	14.49m 12.73m 14.26m	14.34m 14.59m 14.07m		
3	1907 Njeri, David	Seattle Pacific	14.37m	47-01.75
	FOUL 14.37m 12.85m	13.74m 14.04m 14.12m		
4	1524 Sample, Collin	Alaska Anchorage	13.84m	45-05.00
	13.04m 13.84m 12.79m	13.57m 13.56m 13.26m		
5	2232 Harrison, Marley	Western Oregon	13.81m	45-03.75
	13.62m 13.31m 13.81m	FOUL 13.71m FOUL		
6	2244 White, Tyler	Western Oregon	13.12m	43-00.50
	FOUL 12.71m FOUL FOUL	FOUL 13.12m		
7	1816 Nguyen, Hewson	Saint Martin's	13.02m	42-08.75
	FOUL 12.71m 12.78m	13.02m FOUL		
8	1523 Robertson, Felix	Alaska Anchorage	12.69m	41-07.75
	12.61m 12.69m FOUL	12.64m 12.61m FOUL		
9	2236 Koonantha, Ping	Western Oregon	12.68m	41-07.25
	12.67m 12.44m FOUL	FOUL FOUL 12.68m		
--	1519 Grant, Morgan	Alaska Anchorage	FOUL	
	FOUL FOUL FOUL			
--	2242 Thompson, Jake	Western Oregon	FOUL	
	FOUL FOUL FOUL			

**Men Shot Put**

=====				
Meet Record: M 21.45m		1/27/2018	Jordan Geist, Arizona	
Dempsey Rec: R 21.47m		3/1/2008	Ryan Whiting, Arizona State	
Name	Year	School	Finals	
=====				
1	2098 Beierle, Gavin	Utah State	17.15m	56-03.25
	16.65m FOUL	17.15m 16.52m 16.42m	FOUL	
2	2102 Franz, Nate	Utah State	16.35m	53-07.75
	16.20m 15.59m 16.23m	16.35m 16.15m 15.97m		
3	1751 Real, Masum	Pacific Lutheran	15.67m	51-05.00
	14.87m FOUL FOUL	14.69m FOUL 15.67m		
4	1619 Cetti, Devon	Cal Poly	15.58m	51-01.50
	14.20m 14.51m 15.58m	FOUL FOUL FOUL		
5	1628 Payne, Corban	Cal Poly	14.40m	47-03.00
	FOUL FOUL 14.40m	FOUL FOUL FOUL		
6	2168 Comin Pescador, Br	Washington	14.10m	46-03.25
	13.05m 13.54m 13.77m	13.18m 13.62m 14.10m		
7	1753 Tayon, Wyatt	Pacific Lutheran	13.95m	45-09.25
	12.84m 12.92m 13.73m	13.95m 13.12m FOUL		

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Men Shot Put**

8	2180 Schlueter, Jami	Washington	13.93m	45-08.50
	12.75m 13.93m 13.42m 13.18m FOUL 13.61m			
9	2269 Campbell, Miller	Western Washington	13.45m	44-01.50
	13.05m 12.78m 13.45m 13.05m FOUL FOUL			
10	2294 Simicich, Nathan	Western Washington	13.36m	43-10.00
	12.42m 12.83m 13.36m			
11	2182 Thorner, Oliver	Washington	13.11m	43-00.25
	12.61m 12.73m 13.11m			
12	2291 Ramos, Angelo	Western Washington	13.02m	42-08.75
	12.10m 12.23m 13.02m			
13	1809 Boyd, Andrew	Saint Martin's	11.85m	38-10.50
	FOUL 11.67m 11.85m			
14	1820 Warren, Jacob	Saint Martin's	11.02m	36-02.00
	11.02m FOUL FOUL			

**Men Weight Throw**

Meet Record: M 23.05m 2010 Michael Mai, US Army

Dempsey Rec: R 23.60m 2/27/2015 Conor McCullough, USC

Name	Year	School	Finals	H#
1	2269 Campbell, Miller	Western Washington	17.26m	56-07.50
	16.49m 17.21m 16.37m 17.26m 16.44m FOUL			
2	2102 Franz, Nate	Utah State	17.15m	56-03.25
	17.00m 16.43m 16.33m FOUL FOUL 17.15m			
3	2291 Ramos, Angelo	Western Washington	15.38m	50-05.50
	14.57m 15.38m 14.54m 13.94m 14.84m 15.25m			
4	1652 Beaton, Angus	Central Washington	14.82m	48-07.50
	14.26m 13.91m 14.36m FOUL 14.82m FOUL			

**Mixed 200 Meter Dash Master's**

Name	Year	School	Finals	H#
1	2033 Atkins (M49), Ron	M Unattached	24.11	1
2	2049 McDonald (M45), Or	M Unattached	24.88	1
3	2053 Ortman (M69), Davi	M Unattached	29.21	1
4	2027 Scott (W62), Daphn	W Unattached	30.96	2
5	2032 Ahearn (M66), Leo	M Unattached	31.01	2
6	2058 Stronkus (M68), Ar	M Unattached	34.02	2
7	2037 Edwards (M64), Geo	M Unattached	34.46	2

**Mixed 1 Mile Run UW Club**

Name	Year	School	Finals
1	2129 Rees-Jones, Mitche	M UW Run Club	4:26.19
2	2125 Meier, John	M UW Run Club	4:29.92
3	2131 Serafimovici, Maxi	M UW Run Club	4:30.44
4	2124 Griffin, Jeron	M UW Run Club	4:31.07
5	2126 Miller, Brandon	M UW Run Club	4:44.16
6	2130 Schuler, Riley	M UW Run Club	4:47.94
7	2128 Ramsay, Mike	M UW Run Club	4:51.98
8	2117 Ainslie, Owen	M UW Run Club	5:04.77
9	2121 Daley, Zac	M UW Run Club	5:07.07

**2023 UW Invitational - 1/27/2023 to 1/28/2023****Dempsey Indoor, Seattle WA****Results****....Mixed 1 Mile Run UW Club**

10	2133	Subedi, Bhagat	M	UW	Run	Club	5:07.71
11	2123	Goodbody, Marcus	M	UW	Run	Club	5:10.44
12	2122	Foss, Jonah	M	UW	Run	Club	5:11.15
13	2119	Angelo, Dean	M	UW	Run	Club	5:11.25
14	2303	Howard, Klæe	M	UW	Run	Club	5:11.44
15	2132	Shaw, Kaleb	M	UW	Run	Club	5:12.54
16	2127	Palermo, Luca	M	UW	Run	Club	5:18.63
17	2120	Chan, Connor	M	UW	Run	Club	5:37.39
18	2113	Niles, Elizabeth	W	UW	Run	Club	5:50.69
19	2114	Saunders, Lauren	W	UW	Run	Club	5:56.17
20	2116	Thorsen, Amalie	W	UW	Run	Club	6:17.79
21	2115	Schwalm, Isabella	W	UW	Run	Club	6:17.80
--	2134	Williams, Michael	M	UW	Run	Club	DNF