

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Event 1 Women 5000 Meter Run**

**Podium:** 15:21.56 1 2/11/2022 Kellyn Taylor, Hoka NAZ Elite  
**NCAA Indoor:** 15:12.22 2 2/28/2015 Emily Sisson, Providence

Name	Yr	School	Finals
<b>Finals</b>			
1 Clarke, Emily	JR	Nevada	17:16.44
2 Zitzer, Kelsie		Unattached	17:34.96
3 Penrose, Paige	SO	Nevada	17:50.41
4 Rhein, Eireann		Unattached	18:06.14
5 Fievet, Jasper	SO	Nevada	18:28.28
6 Morris, Riley	FR	Eastern Oregon	20:22.82
7 Nichols, Madelyn	SO	Eastern Oregon	20:38.00
8 Young, Elisabeth	JR	Eastern Oregon	20:47.75

**Event 2 Men 5000 Meter Run**

**Podium:** 14:22.46 1 2/19/2022 Zachary Erikson, BYU  
**NCAA Indoor:** 13:08.28 2 2/11/2012 Lawi Lalang, Arizona

Name	Yr	School	Finals
<b>Finals</b>			
1 Smith, Wil	SO	Gonzaga	14:01.31 1
2 Moore, Riley	JR	Gonzaga	14:48.44
3 Murphy, Micah	SO	Northwest U.	14:56.57
4 Cerkowniak, Bryce	SO	Gonzaga	15:02.12
5 Haroldsen, Coen		Unattached	15:11.72
6 Running, Travis	SR	Eastern Oregon	15:14.64
7 Ash, Justin	SO	Eastern Oregon	15:30.11
8 Telford, Winston	SO	Eastern Oregon	15:43.97
9 Wind, Jonny	SO	Eastern Oregon	15:54.96
10 Nichols, Hunter	JR	Eastern Oregon	16:00.31
11 Brown, Caleb	FR	Eastern Oregon	16:02.38
12 Ogden, Thomas	FR	Eastern Oregon	16:05.09
13 Turpin, Connor	SR	Lewis-Clark	16:06.78
14 DeMartini, Daniel		Oakland Track Club	16:19.99
15 LeBlanc, Brennan	SO	Seattle Pacific	16:29.64
16 Welch, Bennett	SO	Eastern Oregon	17:27.03
17 Llanos, Chris	SR	Eastern Oregon	17:36.69
--- McEachern, Cullen		Unattached	DNF

**Event 3 Women 60 Meter Hurdles Qualifying****Top 8 Advance by Time**

**Podium:** 7.82 1 2/27/2022 Gabbi Cunningham, NIKE  
**NCAA Indoor:** 7.78 2 1/11/2013 Brianna Rollins-McNeal, Clemson

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1 Marske, Sarah	JR	Nevada	8.77 q	2
2 Fowler, Susie	SO	Cal Poly Pomona	9.05 q	3
3 Ales, Isabella	SO	Boise State	9.10 q	4
4 Chang, Hannah	FR	Seattle Pacific	9.13 q	3
5 Smrt, Hanah	SR	Nevada	9.16 q	2
6 Bahn, Delaney	SO	Oregon State	9.18 q	1
7 Hathaway, Sara	JR	Lewis-Clark	9.22 q	5

## 2022 Spokane Invitational - 12/10/2022

## The Podium

## Results

## Preliminaries ... (Event 3 Women 60 Meter Hurdles Qualifying)

Name	Yr	School	Prelims	H#
8 Paez-Rueda, Valeria	FR	Nevada	9.28 q	4
9 Marx, Anna	SO	Hawaii	9.28	3
10 Moku, Ku'ulei	SR	Hawaii	9.29	1
11 Hurley, Jenelle	JR	Western Oregon	9.32	4
12 Kadrmas, Kate	JR	Nevada	9.45	5
13 Bins, Kaja	JR	Fresno State	9.45	2
14 DeGroot, Ellie	FR	Central Washington	9.50	4
15 Britt, Ashley	SR	Lewis-Clark	9.56	1
16 Sewell, Sarah	SO	Central Washington	9.58	3
17 Mackenzie, Jessica	FR	Hawaii	9.61	5
18 Avery, Nicole	FR	Western Washington	9.63	2
19 Kovich, Sarah	SO	Washington St.	9.68	4
20 Grandle, Lizzy	FR	Eastern Oregon	9.75	3
21 Bates, Naomi	SO	Western Washington	9.79	5
22 Touchette, Catherine	FR	Hawaii	9.84	1
22 McDevitt, Zoe	FR	Central Washington	9.84	5
24 Lindenthal, Sarah	SO	Cal Poly Pomona	9.90	3
25 Deters, Amity	SO	Western Oregon	9.92	4
26 Conley, Sammy	SO	Eastern Oregon	9.94	2
27 Steinsrud, Summer	SO	Hawaii	9.99	5
28 Bedard, Karli	JR	Eastern Oregon	10.03	2
29 Fletcher, McKenzie	JR	Seattle Pacific	10.04	5
30 Elison, Dalli	FR	Lewis-Clark	10.09	1
31 Luong, Viviann	SO	San Francisco St.	10.09	4
32 Huber, Carley	FR	Central Washington	10.14	4
33 Porter, Isabella	SO	Western Washington	10.18	5
34 Klein, Abby	FR	Central Washington	10.37	1
35 Pilcher, Keelyn	JR	Lewis-Clark	10.59	2

## Event 4 Women 60 Meter Dash Qualifying

## Top 8 Advance by Time

Podium:	7.07	1	2/27/2022	Mikiah Brisco, Unattached
NCAA Indoor:	7.04	2	3/12/2022	Julian Alfred, Texas

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1 Price, Trinity	SO	Stanford	7.63 q	6
2 Queniat, Yuna	JR	Cal Poly Pomona	7.66 q	2
3 Antolin, Alyssa Mae	JR	Hawaii	7.66 q	2
4 Hatton, Lizzie	FR	Oregon State	7.67 q	4
5 Pipion, Ceonna	JR	Fresno State	7.73 q	7
6 Martin, Olivia	SO	Idaho	7.76 q	6
7 Okoh, Queen	JR	Fresno State	7.77 q	5
8 Haas, Johanna	FR	Nevada	7.82 q	6
9 Cheney, Caitlyn	SO	Western Washington	7.82	4
10 Camello, Angelina	SO	Cal Poly Pomona	7.83	3
11 Hollenbeck, Ashley	SO	Washington St.	7.86	2
12 Sharp, Chloe	SR	Fresno State	7.87	2
13 Ehinlaiye, Kelsey	SO	Cal Poly Pomona	7.88	2
14 Warrington, Amy	JR	Hawaii	7.91	7
15 Williams, Juliette	JR	Central Washington	7.91	3

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Preliminaries ... (Event 4 Women 60 Meter Dash Qualifying)**

Name	Yr	School	Prelims	H#
16 Weidinger, Taylor	JR	Oregon State	7.92	5
17 Thomas, Jaelyn	SO	Cal Poly Pomona	7.93	7
18 Kuntz, Samiah	JR	Eastern Washington	7.95	3
18 Buckner, Nakya	JR	Fresno State	7.95	7
20 Kelly, Madigan	SO	Lewis-Clark	7.96	1
21 Scruggs, Gianna	SO	Hawaii	7.96	3
22 Rinaldi, Treasure	FR	Oregon State	8.00	3
23 Grogan, Anika	JR	Lewis-Clark	8.03	3
24 Fletcher, Mackenzie	SR	Washington St.	8.04	3
25 Howard, Chelsea	JR	Oregon State	8.05	2
26 Jennings, Nikki	SR	Hawaii	8.07	1
27 Sproles, Brianna	JR	Fresno State	8.07	3
28 Pilkingshorn, Hannah	FR	Western Washington	8.10	1
29 Sowle, Kaylee	JR	Washington St.	8.10	7
30 Moku, Ku'ulei	SR	Hawaii	8.11	5
31 Green, Aniya	SO	Seattle Pacific	8.16	4
32 Buckley, Abby	JR	Oregon State	8.20	4
33 Miller, Anna	FR	Western Washington	8.23	4
34 Brown, Katie	SO	Eastern Oregon	8.29	5
35 Cabanos, Erica	JR	Central Washington	8.30	7
36 Knight, Alexis	SO	Gonzaga	8.34	7
37 Hopper, Elise	FR	Central Washington	8.34	7
38 Tonoukouin, Maia	FR	San Francisco St.	8.41	6
39 Pace, Suzy	SR	Washington St.	8.44	1
40 Zywina, Sydney	SO	Lewis-Clark	8.46	6
41 Beal, Abby	FR	Unattached-Clackamas CC	8.68	5
42 Horsley, Alexa	JR	Lewis-Clark	8.71	5
43 Moore, Tehya	FR	Central Washington	8.76	4
44 Austin, Nevaeh	FR	Multnomah	8.92	6
45 Short, Calli	FR	Unattached - Spokane CC	8.93	6
46 Walker, Lena	FR	Unattached-Clackamas CC	8.97	6
47 Weiss, Kolby	SO	Washington St.	9.34	5

**Event 5 Men 60 Meter Dash Qualifying****Top 8 Advance by Time****Podium: 6.45 1 2/27/2022 Christian Coleman, NIKE****NCAA Indoor: 6.45 2 3/11/2017 Christian Coleman, Tennessee**

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1 Brewer, Bode	SO	Washington St.	6.92 q	3
2 Willems, Ethan	SO	Washington St.	6.97 q	5
3 Kuntz, Keenan	SR	Unattached	6.98 q	4
4 Kroeger, John	SO	Stanford	6.98 q	2
5 McAlvey, Jared	JR	Washington St.	6.99 q	5
6 Dixon, Daniel	SO	Multnomah	7.04 q	3
7 Deringer, Blake	JR	Washington St.	7.06 q	1
8 Rubio, Jose		Idaho Dash Track Club	7.07 q	4
9 Johnson, Ethan	SO	Western Washington	7.08	4
10 Andrews, Cameron	SO	Unattached	7.09	3
11 Gordon, Jeff	JR	Seattle Pacific	7.09	5

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Preliminaries ... (Event 5 Men 60 Meter Dash Qualifying)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelims</b>	<b>H#</b>
12	Lippert, Karson	JR	Stanford	7.09	2
13	Le, Brian	SO	Western Washington	7.13	3
14	Greenwalt, Ryan	JR	Western Washington	7.14	4
15	Palmer, Jamaal	SR	Academy of Art	7.14	1
16	Woodard, Tyrone	SO	Western Washington	7.15	1
17	Ramos, Miguel	FR	Unattached-Clackamas CC	7.18	2
18	Webster, Isaiah	FR	Central Washington	7.20	7
19	Connally, James	FR	Eastern Oregon	7.22	7
20	Krabbenhoft, Justin	SO	Lewis-Clark	7.22	7
21	Merrifield, Zach	FR	Unattached - Spokane CC	7.23	6
22	Wilson, DJ	SO	Eastern Oregon	7.24	1
23	Brown, Garrett	SO	Stanford	7.24	6
24	Greenlee, Manu	SO	Western Washington	7.25	5
25	Mickenham, Nolan	SO	Western Washington	7.27	2
26	Fischer, Derek	FR	Western Washington	7.28	6
27	Johnson, Jaden	FR	Western Washington	7.29	4
28	Duskin, Parker	FR	Washington St.	7.30	7
29	Thomas, Nate	FR	Seattle Pacific	7.32	5
30	Castillo, Jordan	FR	Lewis-Clark	7.37	6
31	Tailin, Lucas	SO	Washington St.	7.39	3
32	Boun, Brady	FR	Seattle Pacific	7.40	2
33	Silva, Tre	SO	Central Washington	7.40	4
34	Walker, JJ	JR	Western Oregon	7.40	5
35	Sands, Justin	FR	Washington St.	7.42	2
36	Vongphet, Anouthai	FR	Western Washington	7.42	6
37	Cunningham, Isaiah	FR	Unattached - Spokane CC	7.49	3
38	Sibert, Tanner	FR	Lewis-Clark	7.53	5
39	Albertin, Austin	JR	Central Washington	7.58	7
40	Blaker, Jaxson	SO	Lewis-Clark	7.61	1
41	Huxoll, Maxon	FR	Eastern Oregon	7.61	1
42	Sidor, Bryan		Unattached	7.64	1
43	Hicks, Daylon	JR	Washington St.	7.66	7
44	Metcalf, Matthew	JR	Washington St.	7.76	3
45	Maughan, Zayne	SO	Lewis-Clark	7.77	2
46	Spencer, Tarrell	FR	Multnomah	7.80	2
47	Tilton, Andrew	FR	Lewis-Clark	7.85	7
48	Meisner, Blake	FR	Unattached-Clackamas CC	8.01	6
49	Wuthrich, Braden	FR	Lewis-Clark	8.07	3

**Event 6 Women 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelims</b>	<b>H#</b>
<b>Preliminaries</b>					
1	De Mello, Micaela	SO	Washington St.	8.32 Q	2
2	Caicedo, Maribel	SR	Washington St.	8.38 Q	3
3	Marske, Sarah	JR	Nevada	8.84 Q	1
4	Hano, Joy	SR	Unattached	8.83 q	2
5	Ourega, Marie-Jeanne	SO	Academy of Art	8.84 q	2
6	Scatena, Adael	JR	Oregon State	8.85 q	1
7	Meyer, Rencik	SR	Washington St.	8.85 q	3

## 2022 Spokane Invitational - 12/10/2022

## The Podium

## Results

## Preliminaries ... (Event 6 Women 60 Meter Hurdles)

Name	Yr	School	Prelims	H#
8 Miller, Elise	SO	Stanford	8.90 q	1
9 Moersdorf, Anneke	JR	Oregon State	8.91	2
10 Okemgbo, Nyenuchi	JR	Boise State	8.92	3
11 Kelly, Madigan	SO	Lewis-Clark	8.94	1
12 Knight, Madelyn	JR	Eastern Washington	8.94	3
13 Haas, Johanna	FR	Nevada	8.98	3
14 Eilers, Kate		Unattached	9.03	1
15 Bahn, Delaney	SO	Oregon State	9.11	1
16 Ales, Isabella	SO	Boise State	9.20	2
17 Chang, Hannah	FR	Seattle Pacific	9.22	3
18 Smrt, Hanah	SR	Nevada	9.25	3
19 Paez-Rueda, Valeria	FR	Nevada	9.27	2
20 Hathaway, Sara	JR	Lewis-Clark	9.33	3
21 Chandler, Lauryn	JR	Central Washington	9.88	1
--- Fowler, Susie	SO	Cal Poly Pomona	DQ	2

## Event 7 Men 60 Meter Hurdles

## 8 Advance: Top 1 Each Heat plus Next 4 Best Times

Podium: 7.37 1 2/27/2022 Grant Holloway, adidas

NCAA Indoor: 7.35 2 3/9/2019 Grant Holloway, Florida

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1 Doucette, Benjamin		Unattached	8.05 Q	4
2 Black, Robin	JR	Academy of Art	8.21 Q	2
3 Schooler, Crockett	SR	Academy of Art	8.27 Q	3
4 Duskin, Parker	FR	Washington St.	8.45 Q	1
5 Parades, John	FR	Washington St.	8.27 q	4
6 Hamm, Shareez	SR	Academy of Art	8.39 q	3
7 Wise, Aiden	SO	Central Washington	8.46 q	3
8 Conklin, Justin	JR	Western Oregon	8.51 q	1
9 Comin Pescador, Bruno	JR	Washington	8.66	2
10 Miles, Israel	SO	Eastern Oregon	8.70	1
11 Homen, Chris	SR	Eastern Washington	8.71	1
12 Thorner, Oliver	JR	Washington	8.73	2
13 Hopper, Ike	JR	Lewis-Clark	8.76	1
14 Teevens, Cody	JR	Eastern Washington	8.78	4
15 Conley, Elijah	SR	Eastern Washington	8.89	4
16 Moore, Caleb	SR	Lewis-Clark	8.95	2
17 Krabbenhoft, Justin	SO	Lewis-Clark	9.10	4
18 Walker, JJ	JR	Western Oregon	9.11	2
19 Bothwell, Christian	SR	Lewis-Clark	9.12	4
20 Gardom, Ian	SO	Lewis-Clark	9.32	3
21 Stevens, Deshaun	JR	Western Oregon	9.35	1
22 Linhart-Wubbena, Parker	SR	Eastern Washington	9.59	2
23 Galbreath, Cameron	FR	Unattached - Spokane CC	9.65	2
24 Meisner, Blake	FR	Unattached-Clackamas CC	9.73	3
25 McQueen, Jaelin	FR	Western Washington	9.79	4
26 Hines, Christopher	SO	Central Washington	9.81	3

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Event 8 Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Podium: 7.07 1 2/27/2022 Mikiah Brisco, Unattached****NCAA Indoor: 7.04 2 3/12/2022 Julien Alfred, Texas**

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1		Burrell, Cheetah	G3 Performance	7.49 Q 3
2		Fields, Ayana	SO Cal Poly Pomona	7.52 Q 2
3		Arjona-Alcazar, Selena	JR Academy of Art	7.59 Q 1
4		Walton, Sklyer	JR Washington St.	7.55 q 2
5		Caicedo, Maribel	SR Washington St.	7.56 q 3
6		Crouch, Camryn	JR Idaho	7.61 q 2
7		Oakes, Alaysia	FR Stanford	7.65 q 3
8		Zwaanstra, Teagan	SO Stanford	7.66 q 2
9		Hollis, E'Lexis	JR Central Washington	7.66 3
10		Matthias, Darria	SR Academy of Art	7.67 3
11		Unruh-Thomas, Elise	JR Washington St.	7.67 1
12		Okoh, Queen	JR Fresno State	7.68 2
13		Antolin, Alyssa Mae	JR Hawaii	7.68 1
14		Clark, Britney	SR Academy of Art	7.71 3
15		Pipion, Ceonna	JR Fresno State	7.72 1
16		Queniat, Yuna	JR Cal Poly Pomona	7.73 1
17		Martin, Olivia	SO Idaho	7.78 2
18		Price, Trinity	SO Stanford	7.78 1
19		Hano, Joy	SR Unattached	7.87 2
20		Olomu, Megan	SO Stanford	7.97 2
21		Goulet, Andrea	FR Unattached-Clackamas CC	8.39 3

**Event 9 Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Podium: 6.45 1 2/27/2022 Christian Coleman, NIKE****NCAA Indoor: 6.45 2 3/11/2017 Christian Coleman, Tennessee**

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1		Simon, Dorien	JR Stanford	6.83 Q 2
2		Parades, John	FR Washington St.	6.84 Q 1
3		Gauthier, Joe	SR Eastern Washington	6.92 Q 3
4		Lawyer, Mason	FR Washington St.	6.85 q 1
5		Sol, Donte	SO Multnomah	6.85 q 2
6		Fornasari-Banguera, Freider	JR Multnomah	6.86 q 2
7		Ince, Ajani	SO Academy of Art	6.88 q 1
8		Brewer, Bode	SO Washington St.	6.93 q 2
9		Willems, Ethan	SO Washington St.	6.93 3
10		Kroeger, John	SO Stanford	6.97 2
11		Kuntz, Keenan	SR Unattached	6.98 1
11		Archer, Jemini	JR Idaho	6.98 3
13		Rubio, Jose	Idaho Dash Track Club	7.00 1
14		Macon, Yanai	JR Washington St.	7.00 1
15		Dixon, Daniel	SO Multnomah	7.04 2
16		Allen, Logan	SO Eastern Washington	7.06 3
17		McAlvey, Jared	JR Washington St.	7.08 3

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Preliminaries ... (Event 9 Men 60 Meter Dash)**

Name	Yr	School	Prelims	H#
18 Deringer, Blake	JR	Washington St.	7.13	3
19 Wild, Dalton	FR	Unattached - Spokane CC	7.26	2
20 Britton, Rajay	FR	Unattached - Spokane CC	7.27	3
21 Sandner, Kyle	FR	Unattached-Clackamas CC	7.33	1
22 Tedlock, Josh	FR	Unattached-Clackamas CC	7.36	3

**Event 10 Women 60 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Caicedo, Maribel	SR	Washington St.	8.29
2 De Mello, Micaela	SO	Washington St.	8.32
3 Scatena, Adael	JR	Oregon State	8.79
4 Hano, Joy	SR	Unattached	8.82
5 Marske, Sarah	JR	Nevada	8.88
6 Miller, Elise	SO	Stanford	8.89

**Event 11 Men 60 Meter Hurdles**

<b>Podium:</b>	7.37	1	2/27/2022	<b>Grant Holloway, adidas</b>
<b>NCAA Indoor:</b>	7.35	2	3/9/2019	<b>Grant Holloway, Florida</b>
Name	Yr	School	Finals	
<b>Finals</b>				
1 Doucette, Benjamin		Unattached	7.94	
2 Black, Robin	JR	Academy of Art	8.01	
3 Parades, John	FR	Washington St.	8.18	
4 Schooler, Crockett	SR	Academy of Art	8.25	
5 Hamm, Shareez	SR	Academy of Art	8.33	
6 Duskin, Parker	FR	Washington St.	8.43	
7 Conklin, Justin	JR	Western Oregon	8.56	
8 Wise, Aiden	SO	Central Washington	8.65	

**Event 12 Women 60 Meter Dash**

<b>Podium:</b>	7.07	1	2/27/2022	<b>Mikiah Brisco, Unattached</b>
<b>NCAA Indoor:</b>	7.04	2	3/12/2022	<b>Julien Alfred, Texas</b>
Name	Yr	School	Finals	
<b>Finals</b>				
1 Burrell, Cheetah		G3 Performance	7.45	
2 Walton, Skyler	JR	Washington St.	7.50	
3 Fields, Ayana	SO	Cal Poly Pomona	7.50	
4 Caicedo, Maribel	SR	Washington St.	7.58	
5 Oakes, Alaysia	FR	Stanford	7.59	
6 Arjona-Alcazar, Selena	JR	Academy of Art	7.62	
7 Crouch, Camryn	JR	Idaho	7.63	

**Event 13 Men 60 Meter Dash**

<b>Podium:</b>	6.45	1	2/27/2022	<b>Christian Coleman, NIKE</b>
<b>NCAA Indoor:</b>	6.45	2	3/11/2017	<b>Christian Coleman, Tennessee</b>
Name	Yr	School	Finals	
<b>Finals</b>				
1 Sol, Donte	SO	Multnomah	6.77	
2 Parades, John	FR	Washington St.	6.82	
3 Lawyer, Mason	FR	Washington St.	6.83	

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 13 Men 60 Meter Dash)**

Name	Yr	School	Finals
4 Ince, Ajani	SO	Academy of Art	6.85
5 Simon, Dorien	JR	Stanford	6.87
6 Gauthier, Joe	SR	Eastern Washington	6.88
7 Fornasari-Banguera, Freider	JR	Multnomah	6.88
8 Brewer, Bode	SO	Washington St.	6.96

**Event 14 Women 1 Mile Run**

**Podium:** 4:46.45 1 2/19/2022 **Veerle Bakker, Portland**  
**NCAA Indoor:** 4:25.91 2 2/28/2009 **Jenny Barringer, Colorado**

Name	Yr	School	Finals
<b>Finals</b>			
1 Hanich, Lina	SO	Academy of Art	5:05.43
2 Hobbs, Olivia	JR	Gonzaga	5:05.66
3 Lanigan, Anna	FR	Gonzaga	5:07.11
4 Bienfang, Alyssa	SR	Gonzaga	5:07.59
5 Herbes, Michelle	SR	Eastern Oregon	5:07.62
6 Brands, Elizabeth	JR	Gonzaga	5:14.11
7 Foerster, Chloe	FR	Washington	5:14.42
8 Downing, Jorun	FR	Gonzaga	5:23.57
9 Bassett, Elie	FR	Western Washington	5:23.60
10 Peightal, Abigail	JR	Lewis-Clark	5:30.16
11 McFadden, Carlin	SO	Hawaii	5:30.77
12 Smith, Karina	JR	Gonzaga	5:35.54
13 Harrison, Anna	SR	Eastern Washington	5:38.48
14 Atin, Sophia	JR	Gonzaga	5:58.91

**Event 15 Men 1 Mile Run**

**Podium:** 3:59.64 1 2/5/2022 **Duncan Hamilton, Montana State**  
**NCAA Indoor:** 3:50.39 2 2/13/2021 **Cooper Teare, Oregon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lyne, Jackson	JR	Gonzaga	4:25.48
2 Janecko, Sean	FR	Gonzaga	4:29.44
3 Palmen, Connor	FR	Western Washington	4:30.05
4 Wessels, Kobe	FR	Lewis-Clark	4:33.97
5 O'Brien, Tristin	FR	Lewis-Clark	4:53.30
6 Wise, Branden	JR	Unattached	4:56.76
7 Wood, Tristan	SR	Lewis-Clark	5:03.77
--- Kolor, Michael		Club Northwest	DNF

**Event 16 Women 400 Meter Dash**

**Podium:** 51.88 1 2/27/2022 **Lynna Irby, adidas**  
**NCAA Indoor:** 50.34 2 3/10/2018 **Kendall Ellis, Southern California**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Costello, Emily	SR	Nevada	54.06	1
2 Fields, Ayana	SO	Cal Poly Pomona	55.90	1
3 Thomas, Samantha	SO	Stanford	56.05	2
4 Wickramaraachchi, Prabhasha	SO	Idaho	56.55	3
5 Peisner, Camille	SO	Stanford	56.96	1



**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 16 Women 400 Meter Dash)**

Name	Yr	School	Finals	H#
6 Scatena, Arael	JR	Oregon State	57.43	3
7 Belles Gallen, Anna	FR	Academy of Art	57.59	2
8 Weidinger, Taylor	JR	Oregon State	57.95	5
9 Armbruster, Ellie	SO	Gonzaga	58.08	3
10 Hopper, Elise	FR	Central Washington	58.56	4
11 Warrington, Amy	JR	Hawaii	58.69	5
12 Crane, Marissa	FR	Seattle Pacific	58.77	5
13 Thomas, Jaelyn	SO	Cal Poly Pomona	59.24	6
14 Collins, Emily	FR	Lewis-Clark	59.40	6
15 Burton, Kylie	SO	Nevada	59.55	5
16 Rowland, Allena	FR	Park Gilbert	59.62	3
17 Jardstrom, Tianna	FR	Cal Poly Pomona	59.77	6
18 Rinaldi, Treasure	FR	Oregon State	1:00.11	4
19 Harris, Donna Marie	FR	Central Washington	1:00.94	4
20 Collard, Erine	SO	Academy of Art	1:01.32	4
21 Britt, Ashley	SR	Lewis-Clark	1:01.45	7
22 Cheney, Caitlyn	SO	Western Washington	1:01.82	8
23 Steinsrud, Summer	SO	Hawaii	1:02.05	7
24 Knight, Sabryn	SO	San Francisco St.	1:02.17	5
25 Hamilton, Halle	FR	Hawaii	1:02.46	8
26 Houck, Emily	FR	Central Washington	1:02.78	6
27 Joy, Leighton	JR	Gonzaga	1:02.82	9
28 Camello, Angelina	SO	Cal Poly Pomona	1:02.92	6
29 Fletcher, McKenzie	JR	Seattle Pacific	1:03.44	7
30 Bates, Naomi	SO	Western Washington	1:03.86	9
31 Porter, Isabella	SO	Western Washington	1:03.87	9
32 Douglas, Madison	FR	Unattached - Spokane CC	1:04.80	9
33 Elison, Dalli	FR	Lewis-Clark	1:04.85	8
34 Fowler, Susie	SO	Cal Poly Pomona	1:05.07	7
35 Hicks, Maliyah	FR	Seattle Pacific	1:07.53	8
--- Terrell, Anna	FR	Washington	DQ	2

**Event 17 Men 400 Meter Dash**

**Podium:** 45.75 1 2/27/2022 Trevor Bassitt, Ashland University

**NCAA Indoor:** 44.52 2 3/10/2018 Michael Norman, Southern California

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Agyemang, Duncan	SR	Academy of Art	48.46	1
2 Wilkinson, Matthew	SO	Washington	48.47	2
3 Hamm, Shareez	SR	Academy of Art	48.60	1
4 Black, Robin	JR	Academy of Art	48.63	1
5 Gaik, Daniel	SO	Washington	48.83	1
6 Ayers, Alex	SR	Idaho	48.87	3
7 Kirk, London	SO	Lewis-Clark	49.24	3
8 Baricevic, Sam	SO	Washington	49.39	3
9 Page, Markarios	SO	Academy of Art	49.60	2
10 Oboh, Omodiaogbe	FR	Academy of Art	50.24	2
11 Le, Brian	SO	Western Washington	50.56	5
12 Rubio, Jose		Idaho Dash Track Club	50.69	4
13 Watkins, Jon	FR	Idaho	50.80	4

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 17 Men 400 Meter Dash)**

Name	Yr	School	Finals	H#
14 Soto, Roderick	SO	Multnomah	50.95	3
15 Byers, Michael		Unattached - Spokane CC	51.90	5
16 Shepherd, Julius	JR	Seattle Pacific	51.97	6
17 Garcia, David	FR	Seattle Pacific	52.12	4
18 Salverson, Shaun	FR	Unattached - Spokane CC	52.30	7
19 Pinto, Denzel	SO	Western Washington	52.55	6
20 Carpenter, Evan	SO	Seattle Pacific	53.40	4
21 Richmond, Maximus	FR	Unattached - Spokane CC	53.46	6
22 Wittrell, Solomon	FR	Seattle Pacific	54.46	6
23 McQueen, Jaelin	FR	Western Washington	55.30	7
24 Blaker, Jaxson	SO	Lewis-Clark	55.43	6
25 Woodard, Gabe	SO	Seattle Pacific	56.18	7
26 Wilson, Devon	FR	Multnomah	56.52	5
27 Wallace, Leilani	FR	Multnomah	58.00	7

**Event 18 Women 300 Meter Dash**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Unruh-Thomas, Elise	JR	Washington St.	39.41	1
2 Crouch, Camryn	JR	Idaho	39.94	2
3 Willems, Elena	JR	Washington St.	40.15	1
4 Fletcher, Mackenzie	SR	Washington St.	40.55	1
5 Yang, Renee	FR	Washington St.	40.62	2
6 Hollenbeck, Ashley	SO	Washington St.	41.44	2
7 Harris, Jasmine	FR	Nevada	42.01	3
8 Polk, Assata	JR	San Francisco St.	42.46	3
9 Holzhaure, Lara	FR	Idaho	42.74	3
10 Harris-Bazuaye, Zyah	FR	San Francisco St.	43.01	5
11 Peck, Sydney	FR	Eastern Oregon	44.31	6
12 Conley, Sammy	SO	Eastern Oregon	44.66	4
13 O'Brien, Kathleen	FR	San Francisco St.	45.00	4
14 Conley, Janice	FR	San Francisco St.	45.53	5
15 Garcia, Isabel	FR	San Francisco St.	46.02	5
16 Klein, Abby	FR	Central Washington	46.36	4
17 Kovich, Sarah	SO	Washington St.	46.43	3
18 Chandler, Lauryn	JR	Central Washington	46.57	4
19 Luong, Viviann	SO	San Francisco St.	46.71	5
20 Schultz, Sierra	FR	Unattached-Clackamas CC	47.69	6
21 Beal, Abby	FR	Unattached-Clackamas CC	49.31	6
--- George, Lauren	FR	San Francisco St.	DQ	4

**Event 19 Men 300 Meter Dash**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Willems, Ethan	SO	Washington St.	33.92	1
2 Lawyer, Mason	FR	Washington St.	34.88	1
3 Davis, Deyondre	SO	Idaho	35.53	2
4 Ramos, Miguel	FR	Unattached-Clackamas CC	36.54	3
5 Duskin, Parker	FR	Washington St.	36.94	2
6 Sandner, Kyle	FR	Unattached-Clackamas CC	37.00	3

## 2022 Spokane Invitational - 12/10/2022

## The Podium

## Results

## Finals ... (Event 19 Men 300 Meter Dash)

Name	Yr	School	Finals	H#
7 Wise, Aiden	SO	Central Washington	37.89	3
--- McAlvey, Jared	JR	Washington St.	DNF	1
--- Tedlock, Josh	FR	Unattached-Clackamas CC	DQ	3
--- Macon, Yanai	JR	Washington St.	DQ	2

## Event 20 Women 800 Meter Run

Podium: 2:01.72 1 2/27/2022 Ajee Wilson, adidas  
 NCAA Indoor: 1:58.40 2 2/25/2021 Athing Mu, Texas A&M

Name	Yr	School	Finals
<b>Finals</b>			
1 Aniteye, Vanessa	SR	Seattle Pacific	2:13.04
2 Stamper, Abby	FR	Boise State	2:13.43
3 Brown, Jillian	FR	Oregon State	2:13.68
4 Ledesma, Marian	JR	Western Washington	2:14.48
5 Sefried, Paige	JR	Oregon State	2:19.07
6 Russell, Hannah	JR	Idaho	2:20.53
7 McDevitt, Zoe	FR	Central Washington	2:25.70
8 Huber, Carley	FR	Central Washington	2:31.32
9 Sharif, Maryan	SR	Park Gilbert	2:31.99
10 Larson, Emma	FR	Gonzaga	2:38.13
11 Biondi, Taylor	SR	Gonzaga	2:44.40

## Event 21 Men 800 Meter Run

Podium: 1:45.30 1 2/27/2022 Bryce Hoppel, adidas  
 NCAA Indoor: 1:44.84 2 3/4/1989 Paul Ereng, Virginia

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Elliott, Cass	SR	Washington	1:50.82	2
2 Franks, Mac	SR	Unattached	1:52.51	2
3 Correa, Johan	SO	Central Washington	1:53.97	2
4 Bloom, Jonah	FR	Western Washington	1:54.08	2
5 Weber, Drew	JR	Western Washington	1:54.26	2
6 Bright, Zac	SO	Idaho	1:56.40	2
7 Archer, Isaiah	SO	Seattle Pacific	1:56.77	2
8 Kolor, Michael		Club Northwest	1:57.13	2
9 O'Neil, Tommy	FR	Gonzaga	2:04.89	2
10 Wessels, Kobe	FR	Lewis-Clark	2:05.88	1
11 Pinto, Denzel	SO	Western Washington	2:06.98	1
12 Franco, Kade	SO	Seattle Pacific	2:07.00	1
13 O'Brien, Tristin	FR	Lewis-Clark	2:10.13	1
14 Slack, Darian	FR	Unattached - Spokane CC	2:13.58	1

## Event 22 Women 600 Meter Run

NCAA Indoor: 1:25.80 2 1/23/2021 Athing Mu, Texas A&M

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Senegal, Halyn	SO	Nevada	1:32.14	3
2 Gorzeman, Raegan	JR	Nevada	1:35.92	3
3 Nutting, Haven	JR	Eastern Washington	1:36.64	3
4 Heffernan, Janae	FR	Fresno State	1:36.91	2

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 22 Women 600 Meter Run)**

Name	Yr	School	Finals	H#
5 Gordon, Samantha	SO	Hawaii	1:36.92	2
6 Mitchell, Lauryn	SO	Eastern Oregon	1:37.32	2
7 Stoehr, Franziska	SO	Idaho	1:37.33	3
8 Rowland, Allena	FR	Park Gilbert	1:38.57	2
9 Andrews, Michaela	FR	Academy of Art	1:38.63	3
10 Vander Poel, Rebecca	SO	Boise State	1:39.47	2
11 Smith, Charisma	SO	Seattle Pacific	1:42.32	2
12 Pratt, Savannah	SO	Idaho	1:43.01	3
13 Marx, Anna	SO	Hawaii	1:46.04	1
14 Bonzani, Kendall	SO	Eastern Oregon	1:48.32	1
15 Bedard, Karli	JR	Eastern Oregon	1:49.01	1

**Event 23 Men 600 Meter Run**

**Podium:** 1:13.97 1 2/11/2022 **Donavan Brazier, NIKE UAC**

**NCAA Indoor:** 1:14.79 2 1/19/2018 **Michael Saruni, UTEP**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Missamore, Trent	SO	Boise State	1:21.16	2
2 Stamper, Caleb	JR	Boise State	1:22.27	2
3 Maxwell, Daniel	JR	Eastern Washington	1:22.94	2
4 Henkel, Evan	SO	Idaho	1:23.07	1
5 Robert, Lucas	JR	Eastern Washington	1:23.25	2
6 Wisdom, Taj-Leon	FR	Academy of Art	1:23.52	1
7 Albertin, Austin	JR	Central Washington	1:24.58	1
8 Thatcher, James	FR	Eastern Oregon	1:26.83	1
9 Robinson, Ryan	SO	Eastern Oregon	1:29.48	1

**Event 24 Women 200 Meter Dash**

**Podium:** 23.65 1 1/15/2022 **Iman Brown, Oregon**

**NCAA Indoor:** 22.09 2 2/25/2022 **Abby Steiner, Kentucky**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Antolin, Alyssa Mae	JR	Hawaii	24.38	2
2 Pipion, Ceonna	JR	Fresno State	24.51	2
3 Arjona-Alcazar, Selena	JR	Academy of Art	24.66	1
4 Price, Trinity	SO	Stanford	24.67	2
5 Sharp, Chloe	SR	Fresno State	24.93	1
6 Clark, Britney	SR	Academy of Art	24.96	2
7 Matthias, Darria	SR	Academy of Art	25.07	1
8 Martin, Olivia	SO	Idaho	25.26	3
9 Hatton, Lizzie	FR	Oregon State	25.27	5
10 Buckner, Nakylia	JR	Fresno State	25.35	4
11 Cullen, Alyssa	SO	Boise State	25.41	3
12 Grogan, Anika	JR	Lewis-Clark	25.46	3
13 Hano, Joy	SR	Unattached	25.50	6
14 Williams, Juliette	JR	Central Washington	25.65	6
15 Terrell, Anna	FR	Washington	25.68	4
16 Olomu, Megan	SO	Stanford	25.78	3
17 Jennings, Nikki	SR	Hawaii	25.83	8
18 Green, Aniya	SO	Seattle Pacific	25.91	7

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 24 Women 200 Meter Dash)**

	Name	Yr	School	Finals	H#
19	Sproles, Brianna	JR	Fresno State	26.00	5
20	Collard, Erine	SO	Academy of Art	26.09	5
21	Dunakin, Megan	FR	Boise State	26.17	9
22	Thweatt, Sydney	FR	Eastern Washington	26.25	5
23	Hopper, Elise	FR	Central Washington	26.30	8
24	Scruggs, Gianna	SO	Hawaii	26.32	6
25	Brown, Katie	SO	Eastern Oregon	26.37	5
26	Pilkinghorn, Hannah	FR	Western Washington	26.41	8
27	Buckley, Abby	JR	Oregon State	26.46	6
28	Kennedy, Faith	SR	Eastern Washington	26.52	4
29	Hollis, E'Lexis	JR	Central Washington	26.53	6
30	Kelly, Madigan	SO	Lewis-Clark	26.57	9
31	Harris, Donna Marie	FR	Central Washington	26.65	7
32	Britt, Ashley	SR	Lewis-Clark	26.67	8
33	Miller, Anna	FR	Western Washington	26.70	7
34	Howard, Chelsea	JR	Oregon State	26.74	10
35	Chang, Hannah	FR	Seattle Pacific	27.11	7
36	Hempstead, Felicity	SR	Eastern Washington	27.46	4
37	DeGroot, Ellie	FR	Central Washington	27.48	7
38	Sewell, Sarah	SO	Central Washington	27.68	9
39	Knight, Alexis	SO	Gonzaga	27.83	10
40	Zywina, Sydnie	SO	Lewis-Clark	27.93	10
41	Elison, Dalli	FR	Lewis-Clark	28.00	11
42	Avery, Nicole	FR	Western Washington	28.09	12
43	Houck, Emily	FR	Central Washington	28.13	10
44	Goulet, Andrea	FR	Unattached-Clackamas CC	28.15	9
45	Pilcher, Keelyn	JR	Lewis-Clark	28.30	11
46	Myer, Gianna	FR	San Francisco St.	28.61	10
47	Douglas, Madison	FR	Unattached - Spokane CC	28.62	12
48	Mack, Emberlynn	FR	Lewis-Clark	28.77	11
49	Tonoukouin, Maia	FR	San Francisco St.	28.95	11
50	Horsley, Alexa	JR	Lewis-Clark	28.97	8
51	Krueger, Keanna	FR	Central Washington	29.07	9
52	Smith, Cynthia	SR	Lewis-Clark	29.36	11
53	Winslow, Desiree	SR	Lewis-Clark	30.24	12
54	Austin, Nevaeh	FR	Multnomah	30.70	12
55	Wagner, Heather	FR	Multnomah	31.98	12

**Event 25 Men 200 Meter Dash**

**Podium:** 21.22 1 1/15/2022 **Rieker Daniel, Oregon**  
**NCAA Indoor:** 20.02 2 3/10/2018 **Elijah Hall, Houston**

	Name	Yr	School	Finals	H#
<b>Finals</b>					
1	Smith, Anthony	SO	Washington	21.28	1
2	Black, Robin	JR	Academy of Art	21.41	1
3	Barrera, Spencer	JR	Idaho	21.65	2
4	Ince, Ajani	SO	Academy of Art	21.74	1
5	Cole, Olufemi	FR	Stanford	22.17	2
6	Pierce, David	SR	Boise State	22.25	1
7	Fornasari-Banguera, Freider	JR	Multnomah	22.34	1

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 25 Men 200 Meter Dash)**

	Name	Yr	School	Finals	H#
8	Sol, Donte	SO	Multnomah	22.39	2
9	Le, Brian	SO	Western Washington	22.40	6
10	Gordon, Jeff	JR	Seattle Pacific	22.40	4
11	Dixon, Daniel	SO	Multnomah	22.40	3
12	Andrews, Cameron	SO	Unattached	22.40	4
13	Arce-Torres, Gabe	SR	Western Oregon	22.48	5
14	Rubio, Jose		Idaho Dash Track Club	22.48	4
15	Bracken, Liam	SR	Eastern Washington	22.52	3
16	Soto, Roderick	SO	Multnomah	22.56	3
17	Connally, James	FR	Eastern Oregon	22.64	6
18	Palmer, Jamaal	SR	Academy of Art	22.72	3
19	Shepherd, Julius	JR	Seattle Pacific	22.75	7
20	Johnson, Ethan	SO	Western Washington	22.79	7
21	Fischer, Derek	FR	Western Washington	23.00	7
22	Phelps, Camden	SR	Eastern Washington	23.12	4
23	Greenwalt, Ryan	JR	Western Washington	23.19	5
24	Wilson, DJ	SO	Eastern Oregon	23.24	5
25	Miles, Israel	SO	Eastern Oregon	23.26	5
26	Hansen, Christian	FR	Unattached - Spokane CC	23.30	8
27	Webster, Isaiah	FR	Central Washington	23.32	4
28	Garcia, David	FR	Seattle Pacific	23.35	6
29	Mickenham, Nolan	SO	Western Washington	23.38	8
30	Vongphet, Anouthai	FR	Western Washington	23.50	8
31	Castillo, Jordan	FR	Lewis-Clark	23.60	8
32	Woodard, Tyrone	SO	Western Washington	23.63	9
33	Wild, Dalton	FR	Unattached - Spokane CC	23.71	6
34	Johnson, Jaden	FR	Western Washington	23.71	7
35	Carpenter, Evan	SO	Seattle Pacific	23.75	5
36	Sidor, Bryan		Unattached	23.75	6
37	Pinto, Denzel	SO	Western Washington	23.80	9
38	Dyess, Preston	FR	Unattached - Spokane CC	23.89	7
39	Stevens, Deshaun	JR	Western Oregon	23.90	10
40	Runge, Craig	FR	Unattached - Spokane CC	23.98	10
41	Wittrell, Solomon	FR	Seattle Pacific	24.09	8
42	Gardom, Ian	SO	Lewis-Clark	24.10	9
43	Sibert, Tanner	FR	Lewis-Clark	24.18	9
44	Merrifield, Zach	FR	Unattached - Spokane CC	24.22	10
45	Galbreath, Cameron	FR	Unattached - Spokane CC	24.73	10
46	Moore, Caleb	SR	Lewis-Clark	24.79	9
47	Sanders, Charles	FR	Multnomah	25.28	10
48	Tilton, Andrew	FR	Lewis-Clark	25.45	9

**Event 26 Women 3000 Meter Run**

Podium: 8:41.53 1 2/27/2022 Elle Purrier St. Pierre, New Balance Boston  
 NCAA Indoor: 8:41.60 2 2/3/2018 Karissa Schweizer, Missouri

	Name	Yr	School	Finals
<b>Finals</b>				
1	McLaughlin, Grace	SR	Unattached	9:22.52
2	Mestler, Caramia	SR	Gonzaga	9:34.98
3	Hijman, Marije	JR	Nevada	9:54.46

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 26 Women 3000 Meter Run)**

	Name	Yr	School	Finals
4	Hansen, Brittney	JR	Gonzaga	9:57.46
5	Edwards, Makenna	SR	Gonzaga	10:12.76
6	Crocker, Mia	SO	Western Washington	10:22.92
7	Redlinger, Lisa	FR	Academy of Art	10:25.74
8	Phelps, Emily	SR	Gonzaga	10:31.69
9	Rosencrans, Audrey	SR	Academy of Art	10:40.15
10	Fetzer, Lilly	JR	Eastern Washington	10:49.04
11	Mulch, Matisse	FR	Seattle Pacific	10:51.77
12	Parker, Alanna	FR	Western Washington	10:53.53
13	Shaw, Liz	SO	Nevada	11:00.09
14	Wilkes, Keilah	FR	Hawaii	11:00.29
15	Knap, Ava	FR	Gonzaga	11:02.20
16	Parker, Alexis	FR	Western Washington	11:08.48
17	Flolo, Katelyn	FR	Seattle Pacific	11:16.53
18	Ewing, Maya	FR	Seattle Pacific	11:20.01
19	Yorges, Nicki	SO	Seattle Pacific	11:21.23
20	Boone, Ashley	FR	Nevada	11:26.76
---	Clarke, Emily	JR	Nevada	DNF
---	Michael, Libby	SO	Seattle Pacific	DNF

**Event 27 Men 3000 Meter Run****Podium: 7:47.50 1 2/26/2022 Cole Hocker, NIKE****NCAA Indoor: 7:38.13 2 2/12/2022 Yared Nuguse, Notre Dame**

	Name	Yr	School	Finals	H#
<b>Finals</b>					
1	Laird, Cooper	SO	Gonzaga	8:22.14	2
2	DiMartino, Nicola	SO	Gonzaga	8:26.77	2
3	Baughan, Aidan	SO	Gonzaga	8:28.36	2
4	Mukai, Carp	SO	Gonzaga	8:42.49	2
5	Thorsett, Will	SO	Gonzaga	8:43.27	2
6	Alfonso, Jacob	FR	Gonzaga	8:45.07	2
7	Kennedy, Brian	SO	Unattached	8:58.49	2
8	Rickey, Quentin	SO	Gonzaga	9:07.17	1
9	Owen, Jon	JR	Seattle Pacific	9:08.75	1
10	Boutin, Colin	SR	Seattle Pacific	9:13.09	1
11	Kissell, Mason	FR	Gonzaga	9:14.05	2
12	Reyes, Lucas	FR	Seattle Pacific	9:14.15	1
13	LeBlanc, Brennan	SO	Seattle Pacific	9:17.22	1
14	McClelland, Rory	JR	Seattle Pacific	9:17.34	1
15	Fry, Alexander	FR	Lewis-Clark	9:29.67	1
16	Alfonso, Luke	FR	Gonzaga	9:33.33	2
17	Thake, Tom	FR	Seattle Pacific	9:35.48	1
18	Alexander, Connor	FR	Lewis-Clark	9:38.34	1
19	Venable, Isaac	FR	Seattle Pacific	9:42.68	1
20	Gale, Nathaniel	FR	Seattle Pacific	9:50.22	1
21	Endresen, Gabe	SO	Seattle Pacific	9:51.07	1
---	Guermali, Yacine	SR	Gonzaga	DNF	2

## 2022 Spokane Invitational - 12/10/2022

The Podium  
Results

## Event 28 Women 4x400 Meter Relay

Podium: 3:42.11 1 1/15/2022

Oregon, Oregon

K Wright, S Hall, E Clayton, I Brown

NCAA Indoor: 3:24.09 2 2/25/2022

Arkansas

Effiong, Hollis, Maloney, Wilson

Team	Relay	Finals	H#
<b>Finals</b>			
1 Stanford	A	3:46.63	4
1) Thomas, Samantha SO	2) Price, Trinity SO	3) Peisner, Camille SO	4) Olomu, Megan SO
2 Fresno State	A	3:47.16	4
1) Buckner, Nakya JR	2) Sharp, Chloe SR	3) Sproles, Brianna JR	4) Pipion, Ceonna JR
3 Nevada	A	3:47.26	4
1) Senegal, Halyn SO	2) Costello, Emily SR	3) Gorzeman, Raegan JR	4) Harris, Jasmine FR
4 Oregon State	A	3:54.30	4
1) Scatena, Adael JR	2) Sefried, Paige JR	3) Brown, Jillian FR	4) Weidinger, Taylor JR
5 Academy of Art	A	3:56.51	3
1) Clark, Britney SR	2) Belles Gallen, Anna FR	3) Collard, Erine SO	4) Hanich, Lina SO
6 Oregon State	B	3:58.84	3
1) Rinaldi, Treasure FR	2) Bahn, Delaney SO	3) Moersdorf, Anneke JR	4) Hatton, Lizzie FR
7 Hawaii	A	4:00.40	3
1) Warrington, Amy JR	2) McFadden, Carlin SO	3) Sydnor, Tierra JR	4) Moku, Ku'ulei SR
8 Lewis-Clark	A	4:00.41	3
1) Grogan, Anika JR	2) Hathaway, Sara JR	3) Pilcher, Keelyn JR	4) Collins, Emily FR
9 Central Washington	A	4:01.32	3
1) DeGroot, Ellie FR	2) Sewell, Sarah SO	3) Williams, Juliette JR	4) Hopper, Elise FR
10 Boise State	B	4:02.88	2
1) Cullen, Alyssa SO	2) Stefan, Emily SO	3) Ales, Isabella SO	4) Okemgbo, Nyenuchi JR
11 Hawaii	B	4:05.09	1
1) Scruggs, Gianna SO	2) Steinsrud, Summer SO	3) Touchette, Catherine FR	4) Hamilton, Halle FR
12 Nevada	C	4:05.75	1
1) Smrt, Hanah SR	2) Kadrmaz, Kate JR	3) Paez-Rueda, Valeria FR	4) Marske, Sarah JR
13 Eastern Washington	B	4:07.72	2
1) McAuliff, Hayden JR	2) Kennedy, Faith SR	3) Thomson, Alexa FR	4) Nutting, Haven JR
14 Eastern Washington	A	4:10.81	2
1) Knight, Madelyn JR	2) Thweatt, Sydney FR	3) Glanzer, Emma FR	4) Hempstead, Felicity SR
15 Central Washington	B	4:13.37	1
1) Harris, Donna Marie FR	2) Houck, Emily FR	3) McDevitt, Zoe FR	4) Huber, Carley FR
16 San Francisco St.	A	4:13.84	3
1) Knight, Sabryn SO	2) Polk, Assata JR	3) O'Brien, Kathleen FR	4) Harris-Bazuaye, Zyah FR
17 Central Washington	C	4:38.44	1
1) Cabanos, Erica JR	2) Chandler, Lauryn JR	3) Hollis, E'Lexis JR	4) Klein, Abby FR
--- Eastern Washington	C	DNF	1
1) Garza, Kassy FR	2) Bruno, Grace FR	3) Folger-Vent, Rosalie JR	4) Ruff, Hally SR

## Event 29 Men 4x400 Meter Relay

Podium: 3:12.35 1 2/19/2022

BYU, BYU

C Ruiz, C Yardley, S Carlile, J Jensen

NCAA Indoor: 3:00.77 2 3/10/2018

Southern California

Shinnick, Benjamin, Morgan, Norman

Team	Relay	Finals	H#
<b>Finals</b>			
1 Washington	A	3:11.67 1	2
1) Elliott, Cass SR	2) Gaik, Daniel SO	3) Wilkinson, Matthew SO	4) Smith, Anthony SO



**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 29 Men 4x400 Meter Relay)**

Team	Relay	Finals	H#
2 Academy of Art 1) Page, Markarios SO	A 2) Hamm, Shareez SR	3) Ince, Ajani SO	4) Black, Robin JR
3 Eastern Washington 1) Bracken, Liam SR	A 2) Phelps, Camden SR	3) Allen, Logan SO	4) Robert, Lucas JR
4 Academy of Art 1) Agyemang, Duncan SR	B 2) Oboh, Omodiaogbe FR	3) Wisdom, Taj-Leon FR	4) Palmer, Jamaal SR
5 Central Washington 1) Wise, Aiden SO	A 2) Albertin, Austin JR	3) Webster, Isaiah FR	4) Correa, Johan SO
6 Lewis-Clark 1) Kirk, London SO	A 2) Blaker, Jaxson SO	3) Krabbenhoft, Justin SO	4) Hopper, Ike JR
7 Seattle Pacific 1) Archer, Isaiah SO	A 2) Gordon, Jeff JR	3) Carpenter, Evan SO	4) Shepherd, Julius JR
8 Eastern Washington 1) Teavens, Cody JR	B 2) Gauthier, Joe SR	3) Homen, Chris SR	4) Conley, Elijah SR
9 Unattached - Spokane CC 1) Richmond, Maximus FR	A 2) Slack, Darian FR	3) Wild, Dalton FR	4) Runge, Craig FR
--- Eastern Washington 1) Linhart-Wubbena, Parker SR	C 2) Say, Bobby SR	3) Couron, Lucas FR	4) Meter, Christian FR
		DNF	1

**Event 30 Men High Jump (2 Pits)**

**Podium:** 2.28m 1 2/27/2022 **JuVaughn Harrison, Unattached**  
**NCAA Indoor:** 2.37m 2 3/11/1989 **Hollis Conway, Louisiana**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Hicks, Daylon	JR	Washington St.	2.00m	6-06.75 2
2 Roberts, Elijah	SO	Academy of Art	J2.00m	6-06.75 2
3 Bishop, Alex	SR	Eastern Washington	J2.00m	6-06.75 2
4 Nichols, Jaxson	SO	Unattached - Spokane CC	J2.00m	6-06.75 2
5 Reiber, Joe	FR	Idaho	1.95m	6-04.75 2
6 Jones, Tyler	SO	Eastern Oregon	J1.95m	6-04.75 2
7 Stevens, James	SO	Stanford	1.90m	6-02.75 2
8 Thorner, Oliver	JR	Washington	J1.90m	6-02.75 2
9 Krabbenhoft, Justin	SO	Lewis-Clark	J1.90m	6-02.75 1
10 Wuthrich, Braden	FR	Lewis-Clark	J1.90m	6-02.75 1
11 Greenlee, Manu	SO	Western Washington	1.85m	6-00.75 2
12 Kelly, Brendan	FR	Unattached - Spokane CC	J1.85m	6-00.75 1
13 Mansfield, Judson	JR	Eastern Oregon	1.80m	5-10.75 1
14 Gardom, Ian	SO	Lewis-Clark	1.75m	5-08.75 1
15 Runge, Craig	FR	Unattached - Spokane CC	1.70m	5-07.00 1
16 Moore, Caleb	SR	Lewis-Clark	J1.70m	5-07.00 1
17 Slack, Darian	FR	Unattached - Spokane CC	1.65m	5-05.00 1
--- Cunningham, Isaiah	FR	Unattached - Spokane CC	NH	1

**Event 31 Women Weight Throw**

**Podium:** 24.28m 1 2/27/2022 **Janee Kassanavoid, NIKE**  
**NCAA Indoor:** 25.56m 2 3/10/2007 **Brittany Riley, Southern Illinois**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Jackson, Cierra	SO	Fresno State	17.61m	57-09.50 3
2 Solheim, Victoria	SR	Hawaii	17.33m	56-10.25 3
3 Bryant, Jordyn	JR	Fresno State	17.22m	56-06.00 3

## 2022 Spokane Invitational - 12/10/2022

## The Podium

## Results

## Finals ... (Event 31 Women Weight Throw)

Name	Yr	School	Finals	H#	
4 Turner, Keiana	SO	Cal Poly Pomona	16.89m	55-05.00	3
5 Westfall, Raine	SO	Western Washington	16.75m	54-11.50	3
6 Harper, Emma	SO	Fresno State	J16.75m	54-11.50	3
7 DiPaola, Amelia	JR	Fresno State	16.72m	54-10.25	3
8 Williams, Trinity	JR	Fresno State	16.36m	53-08.25	3
9 Montanes i Arbo, Montserrat	JR	Hawaii	16.15m	53-00.00	3
10 Payne, Alex	SO	Washington St.	15.41m	50-06.75	3
11 Mohr, Hallee	SO	Hawaii	15.12m	49-07.25	2
12 Paller, Kaitlyn	SR	Eastern Washington	15.11m	49-07.00	3
13 Ledbetter, Maggie	SR	Eastern Oregon	14.94m	49-00.25	3
14 Johnson, Morgan	JR	Fresno State	14.37m	47-01.75	2
15 Dibisceglie, Chloe	JR	Eastern Washington	14.32m	46-11.75	2
16 Potts, Katie	JR	Western Washington	14.21m	46-07.50	3
17 Lawson, Maria	SO	Fresno State	13.92m	45-08.00	2
18 Stovall, Carissa	JR	Eastern Washington	13.87m	45-06.25	2
19 Carpenter, Emillia	JR	Western Oregon	J13.87m	45-06.25	2
20 Hill, Trinity	SO	Eastern Oregon	13.84m	45-05.00	2
21 Young, Bailey	FR	Eastern Washington	13.80m	45-03.50	2
22 Keyes, Vatoria	JR	Eastern Washington	13.64m	44-09.00	2
23 Palzinski, Paige	SO	Idaho	13.33m	43-09.00	1
24 Schloss, Kahlani	JR	Eastern Washington	12.98m	42-07.00	2
25 Fonoti, Dyvhon	SO	Eastern Washington	12.74m	41-09.75	2
26 Range, Elise	SO	Western Oregon	12.38m	40-07.50	1
27 Lusco, Abby	SO	Eastern Oregon	12.31m	40-04.75	1
28 Lindquist, Laura	FR	Washington St.	11.48m	37-08.00	1
29 Carpenter, Isabella	FR	Unattached - Spokane CC	11.42m	37-05.75	1
30 Phenicie, Lily	FR	Idaho	11.36m	37-03.25	1
31 Hurtado, Cynthia	FR	Cal Poly Pomona	11.11m	36-05.50	2
32 Emigh, Sam		Unattached - Spokane CC	11.10m	36-05.00	1
33 Henderson, Cassidy	SO	Lewis-Clark	10.56m	34-07.75	1
34 Schoener, Saira	FR	Unattached - Spokane CC	10.52m	34-06.25	1
35 Osborne, Grace	FR	Lewis-Clark	10.02m	32-10.50	1
36 Christensen, Shona	FR	Cal Poly Pomona	10.01m	32-10.25	1
37 Wersland, Faith	FR	Unattached - Spokane CC	9.81m	32-02.25	1
38 Fager, Madison	FR	Unattached - Spokane CC	7.73m	25-04.50	1
--- Woodward, Kenna	JR	Eastern Oregon	FOUL		3

## Event 32 Women Long Jump

Podium: 6.55m 1 2/27/2022 Quanesha Burks, Unattached  
 NCAA Indoor: 6.93m 2 3/12/2021 Tara Davis, Texas

Name	Yr	School	Finals	H#	
<b>Finals</b>					
1 Jones, Alyssa	FR	Stanford	6.25m	20-06.25	1
2 Bahn, Delaney	SO	Oregon State	5.95m	19-06.25	4
3 Moersdorf, Anneke	JR	Oregon State	5.84m	19-02.00	4
4 Meyer, Rencik	SR	Washington St.	5.78m	18-11.75	4
5 Ourega, Marie-Jeanne	SO	Academy of Art	5.73m	18-09.75	4
6 Zwaanstra, Teagan	SO	Stanford	J5.73m	18-09.75	4
7 Chetty, Natasha	FR	Nevada	5.71m	18-09.00	2
8 Eilers, Kate		Unattached	5.60m	18-04.50	3

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 32 Women Long Jump)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>		<b>H#</b>
9	Howard, Chelsea	JR	Oregon State	5.57m	18-03.25	3
10	Rodgers, Anna	SR	Washington St.	5.54m	18-02.25	4
11	Hurley, Jenelle	JR	Western Oregon	5.52m	18-01.50	4
12	Smrt, Hanah	SR	Nevada	5.50m	18-00.50	4
13	Milani, Maria Paz	SO	Nevada	J5.50m	18-00.50	4
14	Ehinlaiye, Kelsey	SO	Cal Poly Pomona	5.47m	17-11.50	3
15	Weems, Jodeci	SO	Fresno State	5.36m	17-07.00	3
16	Nealey, Rayven	JR	Nevada	5.34m	17-06.25	4
17	Haas, Johanna	FR	Nevada	J5.34m	17-06.25	4
18	Stefan, Emily	SO	Boise State	5.33m	17-06.00	3
19	Verwasch, Sica	FR	Nevada	5.30m	17-04.75	3
20	Duckett, Camille	SO	Washington	5.29m	17-04.25	2
21	McAuliff, Hayden	JR	Eastern Washington	5.19m	17-00.50	3
22	Gordon, Samantha	SO	Hawaii	5.18m	17-00.00	3
23	Pace, Rachela	SO	Fresno State	5.15m	16-10.75	3
24	Chang, Hannah	FR	Seattle Pacific	5.09m	16-08.50	3
25	Kovich, Sarah	SO	Washington St.	J5.09m	16-08.50	2
26	Sydnor, Tierra	JR	Hawaii	5.05m	16-07.00	3
27	Minoletti, Isabella	FR	Nevada	5.02m	16-05.75	2
28	Hano, Joy	SR	Unattached	5.00m	16-05.00	3
29	Deters, Amity	SO	Western Oregon	J5.00m	16-05.00	2
30	Marske, Sarah	JR	Nevada	4.98m	16-04.25	1
31	Dennison, Jeramea	JR	Multnomah	J4.98m	16-04.25	3
32	Lindenthal, Sarah	SO	Cal Poly Pomona	4.97m	16-03.75	2
33	Marx, Anna	SO	Hawaii	4.94m	16-02.50	1
34	Cabanos, Erica	JR	Central Washington	4.93m	16-02.25	2
35	Smith, Dezirae	SO	San Francisco St.	4.88m	16-00.25	2
36	DeGroot, Ellie	FR	Central Washington	4.87m	15-11.75	2
37	Kadrmaz, Kate	JR	Nevada	4.86m	15-11.50	2
38	Mackenzie, Jessica	FR	Hawaii	J4.86m	15-11.50	2
39	Glanzer, Emma	FR	Eastern Washington	4.84m	15-10.50	1
40	Sewell, Sarah	SO	Central Washington	4.83m	15-10.25	1
41	Cecilio, Mattie	FR	San Francisco St.	4.82m	15-09.75	2
42	Crane, Marissa	FR	Seattle Pacific	4.81m	15-09.50	2
43	Spatz, Anna	FR	Idaho	4.79m	15-08.75	4
44	Pilkinghorn, Hannah	FR	Western Washington	J4.79m	15-08.75	1
45	Contreras, Evelyn	FR	San Francisco St.	4.64m	15-02.75	2
46	Touchette, Catherine	FR	Hawaii	4.60m	15-01.25	3
47	Moore, Tehya	FR	Central Washington	4.52m	14-10.00	2
48	Thomson, Alexa	FR	Eastern Washington	4.51m	14-09.75	2
49	Hicks, Maliyah	FR	Seattle Pacific	4.50m	14-09.25	1
50	Short, Calli	FR	Unattached - Spokane CC	4.43m	14-06.50	1
51	Horsley, Alexa	JR	Lewis-Clark	4.42m	14-06.00	1
52	Myer, Gianna	FR	San Francisco St.	4.41m	14-05.75	3
53	Algarin, Madison	SO	San Francisco St.	4.37m	14-04.00	1
54	Smith, Marissa	SO	Central Washington	4.35m	14-03.25	1
55	Dhar, Ojal	FR	San Francisco St.	4.25m	13-11.50	1
56	Bryson, Emma	FR	Unattached - Spokane CC	4.17m	13-08.25	1
57	Irwin, Miranda	FR	Unattached - Spokane CC	4.16m	13-07.75	1
58	Elison, Dalli	FR	Lewis-Clark	4.15m	13-07.50	1

## 2022 Spokane Invitational - 12/10/2022

## The Podium

## Results

## Event 33 Women Pole Vault (1)

Podium: 4.80m 1 2/27/2022 Sandi Morris, PUMA  
 NCAA Indoor: 4.75m 2 1/24/2015 Demi Payne, Stephen F. Austin

Name	Yr	School	Finals	
<b>Finals</b>				
1 Otto-Fitzsimons, Allison	FR	Unattached-Clackamas CC	3.45m	11-03.75
2 Christensen, Amy	SO	San Francisco St.	J3.45m	11-03.75
3 Pedersen, Shayla	SO	Nevada	J3.45m	11-03.75
4 Schultz, Sierra	FR	Unattached-Clackamas CC	3.30m	10-10.00
5 Hill, Charlie	JR	Seattle Pacific	J3.30m	10-10.00
6 Irwin, Samantha	SO	Nevada	J3.30m	10-10.00
7 Smith, Cynthia	SR	Lewis-Clark	J3.30m	10-10.00
8 Krueger, Keanna	FR	Central Washington	3.15m	10-04.00
9 Partch, Alex	JR	Eastern Oregon	2.75m	9-00.25
9 Burt, Morgan	FR	Unattached - Spokane CC	2.75m	9-00.25
11 Mack, Emberlynn	FR	Lewis-Clark	J2.75m	9-00.25
11 Winslow, Desiree	SR	Lewis-Clark	J2.75m	9-00.25
--- Harden, Sierra	FR	Unattached - Spokane CC	NH	
--- Bryson, Emma	FR	Unattached - Spokane CC	NH	
--- Wagner, Faith	SR	Eastern Oregon	NH	

## Event 34 Men Pole Vault (2)

Podium: 5.91m 1 2/27/2022 Chris Nilsen, NIKE  
 NCAA Indoor: 6.00m 2 2/13/2021 KC Lightfoot, Baylor

Name	Yr	School	Finals	
<b>Finals</b>				
1 Meter, Christian	FR	Eastern Washington	4.30m	14-01.25
2 Katsuda, Sam	JR	Unattached	4.15m	13-07.25
3 Okinaka, Deylan	JR	Unattached	J4.15m	13-07.25
4 Mansfield, Judson	JR	Eastern Oregon	J4.15m	13-07.25
5 Montero, Kurt	FR	Western Washington	J4.15m	13-07.25
6 Hoskinson, Gavin	FR	Unattached - Spokane CC	4.00m	13-01.50
7 Erlandsen, Jacob	FR	Unattached - Spokane CC	J4.00m	13-01.50
8 Weishaar, Pilot	FR	Unattached - Spokane CC	J4.00m	13-01.50
9 Henderson, Lakotah	FR	Unattached - Spokane CC	3.85m	12-07.50
9 Lewis, Calvin	FR	Eastern Oregon	3.85m	12-07.50
9 Moore, Caleb	SR	Lewis-Clark	3.85m	12-07.50
12 Miles, Israel	SO	Eastern Oregon	3.70m	12-01.50
13 Bothwell, Christian	SR	Lewis-Clark	3.55m	11-07.75
13 Huxoll, Maxon	FR	Eastern Oregon	3.55m	11-07.75
15 Deakins, Rome	FR	Unattached - Spokane CC	J3.55m	11-07.75
--- Klein, Aidan	FR	Western Washington	NH	
--- Holmes, Darius	SO	Seattle Pacific	NH	
--- Luce, Corbin	FR	Eastern Washington	NH	

## Event 35 Men Long Jump

Podium: 8.19m 1 2/27/2022 Jarrion Lawson, Unattached  
 NCAA Indoor: 8.59m 2 3/1/2002 Miguel Pate, Alabama

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Artis, Prestin	SO	Washington	7.40m	24-03.50
				3

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 35 Men Long Jump)**

	Name	Yr	School	Finals		H#
2	Kroeger, John	SO	Stanford	7.16m	23-06.00	3
3	Nunis, Zach	SR	Idaho	7.05m	23-01.75	3
4	Say, Bobby	SR	Eastern Washington	7.04m	23-01.25	3
5	Johnson, Malik	JR	Multnomah	6.91m	22-08.00	3
6	Britton, Rajay	FR	Unattached - Spokane CC	6.79m	22-03.50	1
7	Gnacko, Yacouba	SO	Academy of Art	6.77m	22-02.50	3
8	Tshani, Mathieu	SR	Academy of Art	6.73m	22-01.00	3
9	Comin Pescador, Bruno	JR	Washington	6.71m	22-00.25	1
10	Peterson, Landon	SO	Idaho	6.66m	21-10.25	3
11	Thorner, Oliver	JR	Washington	6.65m	21-10.00	1
12	Stevens, Deshaun	JR	Western Oregon	6.52m	21-04.75	2
13	Nichols, Jaxson	SO	Unattached - Spokane CC	6.49m	21-03.50	2
14	Hines, Christopher	SO	Central Washington	6.38m	20-11.25	2
15	Nichols, Josh	SR	Boise State	6.26m	20-06.50	2
16	Reiber, Joe	FR	Idaho	J6.26m	20-06.50	1
17	Kelly, Brendan	FR	Unattached - Spokane CC	J6.26m	20-06.50	2
18	Vongphet, Anouthai	FR	Western Washington	6.25m	20-06.25	2
19	Sands, Justin	FR	Washington St.	6.24m	20-05.75	3
20	Silva, Tre	SO	Central Washington	6.21m	20-04.50	2
21	Jones, Cash	FR	Idaho	J6.21m	20-04.50	2
22	Hansen, Christian	FR	Unattached - Spokane CC	6.14m	20-01.75	2
23	Runge, Craig	FR	Unattached - Spokane CC	6.12m	20-01.00	1
24	Wilson, DJ	SO	Eastern Oregon	6.07m	19-11.00	1
25	Thomas, Nate	FR	Seattle Pacific	6.05m	19-10.25	2
26	Sanders, Charles	FR	Multnomah	6.03m	19-09.50	1
27	Teevens, Cody	JR	Eastern Washington	6.02m	19-09.00	2
28	Walker, JJ	JR	Western Oregon	J6.02m	19-09.00	3
29	Boun, Brady	FR	Seattle Pacific	5.96m	19-06.75	2
30	Holmes, Darius	SO	Seattle Pacific	5.89m	19-04.00	2
31	Conley, Elijah	SR	Eastern Washington	5.87m	19-03.25	1
32	Cunningham, Isaiah	FR	Unattached - Spokane CC	5.82m	19-01.25	2
33	Homen, Chris	SR	Eastern Washington	5.75m	18-10.50	1
34	Ross, Demari	SR	Unattached	5.65m	18-06.50	2
35	Linhart-Wubbena, Parker	SR	Eastern Washington	5.59m	18-04.25	1
36	Tilton, Andrew	FR	Lewis-Clark	5.53m	18-01.75	1
37	Spencer, Tarrell	FR	Multnomah	5.43m	17-09.75	1
38	O'Connell, Isaiah	FR	Unattached-Clackamas CC	5.42m	17-09.50	2
39	Clark, Maddax	FR	Unattached-Clackamas CC	5.19m	17-00.50	1

**Event 36 Men Weight Throw****Podium: 24.84m 1 2/27/2022 Alex Young, Unattached****NCAA Indoor: 25.58m 2 2/28/2015 Michael Lihrman, Wisconsin**

	Name	Yr	School	Finals		H#
<b>Finals</b>						
1	McKhann, Max	JR	Stanford	20.90m	68-07.00	2
2	Fillis, Bradley	SO	Eastern Washington	17.58m	57-08.25	2
3	Campbell, Miller	SO	Western Washington	16.26m	53-04.25	2
4	Hottman, Caden		Unattached	16.18m	53-01.00	2
5	Beaton, Angus	FR	Central Washington	15.52m	50-11.00	2
6	Michaels, Brooks	FR	Eastern Oregon	15.24m	50-00.00	2

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 36 Men Weight Throw)**

	Name	Yr	School	Finals		H#
7	Ramos, Angelo	FR	Western Washington	15.10m	49-06.50	2
8	Anderson, Colby	SO	Eastern Oregon	14.91m	48-11.00	2
9	Atencio, Jaycob	SR	Lewis-Clark	14.32m	46-11.75	1
10	Nett, Tanner	FR	Eastern Oregon	13.98m	45-10.50	2
11	Thomas, Reid	FR	Idaho	13.75m	45-01.50	1
12	Close, Dan	FR	Unattached - Spokane CC	13.70m	44-11.50	2
13	Orr, Jaxson	FR	Unattached - Spokane CC	13.23m	43-05.00	1
14	Niuamoa, JJ	SO	Eastern Washington	13.05m	42-09.75	2
15	Moore, Mason	FR	Eastern Washington	12.82m	42-00.75	2
16	Heckman, Gabe	SO	Eastern Oregon	12.46m	40-10.50	1
17	Jeffries, Weston	SO	Idaho	12.32m	40-05.00	1
18	Silva, Cody	SO	Eastern Oregon	11.89m	39-00.25	1
19	Miller, Daniel	JR	Eastern Washington	11.86m	38-11.00	1
20	Wattles, Jon	FR	Lewis-Clark	11.81m	38-09.00	1
21	Slusser, Kevin	SR	Multnomah	10.82m	35-06.00	1
22	Beltz-Childs, Tanner	FR	Lewis-Clark	10.79m	35-05.00	1
23	Wylam, Joey	SO	Eastern Oregon	10.55m	34-07.50	1
24	Weller, Sam	FR	Lewis-Clark	10.37m	34-00.25	1
25	Dewey, Ryan	FR	Unattached - Spokane CC	9.90m	32-05.75	1
26	Church, Mark	FR	Eastern Oregon	9.33m	30-07.50	1
27	Action, Jacob	FR	Unattached - Spokane CC	8.63m	28-03.75	1
---	Warren, Mark	SO	Western Oregon	FOUL		2

**Event 37 Women Shot Put**

**Podium:** 19.79m 1 2/27/2022 Maggie Ewen, NIKE  
**NCAA Indoor:** 19.56m 2 3/10/2017 Raven Saunders, Mississippi

	Name	Yr	School	Finals		H#
<b>Finals</b>						
1	Bryant, Jordyn	JR	Fresno State	14.61m	47-11.25	3
2	Jackson, Cierra	SO	Fresno State	14.54m	47-08.50	3
3	Gyedu, Nana	SO	Washington St.	14.46m	47-05.25	3
4	DiPaola, Amelia	JR	Fresno State	14.11m	46-03.50	3
5	Solheim, Victoria	SR	Hawaii	13.32m	43-08.50	2
6	Young, Bailey	FR	Eastern Washington	13.11m	43-00.25	3
7	Harper, Emma	SO	Fresno State	13.09m	42-11.50	3
8	Vital, Samaria	FR	Hawaii	12.76m	41-10.50	3
9	Potts, Katie	JR	Western Washington	12.73m	41-09.25	3
10	Paller, Kaitlyn	SR	Eastern Washington	12.64m	41-05.75	3
11	Mohr, Hallee	SO	Hawaii	12.53m	41-01.50	2
12	Williams, Trinity	JR	Fresno State	12.51m	41-00.50	3
13	Stovall, Carissa	JR	Eastern Washington	12.42m	40-09.00	3
14	Atuatasi, Brandy	SO	Stanford	12.39m	40-07.75	3
15	Turner, Keiana	SO	Cal Poly Pomona	12.33m	40-05.50	2
16	Christensen, Shona	FR	Cal Poly Pomona	12.28m	40-03.50	2
17	Fisher, Kaiah	SO	Stanford	12.17m	39-11.25	3
18	Montanes i Arbo, Montserrat	JR	Hawaii	12.10m	39-08.50	2
19	Johnson, Morgan	JR	Fresno State	11.95m	39-02.50	3
20	Palzinski, Paige	SO	Idaho	J11.95m	39-02.50	2
21	Ledbetter, Maggie	SR	Eastern Oregon	11.94m	39-02.25	3
22	Forshaw, Rose	FR	Hawaii	11.83m	38-09.75	2

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 37 Women Shot Put)**

Name	Yr	School	Finals		H#
23 Fonoti, Dyvhon	SO	Eastern Washington	J11.83m	38-09.75	2
24 Phenicie, Lily	FR	Idaho	11.78m	38-07.75	1
25 Strickland, Gracie	FR	Washington St.	11.72m	38-05.50	1
26 Woodward, Kenna	JR	Eastern Oregon	11.70m	38-04.75	2
27 Mackenzie, Jessica	FR	Hawaii	11.53m	37-10.00	2
28 Dibisceglie, Chloe	JR	Eastern Washington	11.25m	36-11.00	2
29 Haas, Johanna	FR	Nevada	10.55m	34-07.50	2
30 Kadrmas, Kate	JR	Nevada	10.51m	34-05.75	1
31 Osborne, Grace	FR	Lewis-Clark	10.16m	33-04.00	1
32 Marx, Anna	SO	Hawaii	9.87m	32-04.75	1
33 Emigh, Sam		Unattached - Spokane CC	9.60m	31-06.00	1
34 Carpenter, Isabella	FR	Unattached - Spokane CC	9.50m	31-02.00	2
35 Wersland, Faith	FR	Unattached - Spokane CC	9.15m	30-00.25	2
36 Smrt, Hanah	SR	Nevada	8.89m	29-02.00	1
37 Lusco, Abby	SO	Eastern Oregon	8.58m	28-01.75	1
38 Bryson, Emma	FR	Unattached - Spokane CC	8.14m	26-08.50	1
39 Hurtado, Cynthia	FR	Cal Poly Pomona	7.90m	25-11.00	1
40 Henderson, Cassidy	SO	Lewis-Clark	7.82m	25-08.00	1
41 Avery, Nicole	FR	Western Washington	7.55m	24-09.25	1
42 Sewell, Sarah	SO	Central Washington	7.39m	24-03.00	1

**Event 38 Women High Jump**

Podium: 1.91m 1 2/27/2022 Vashti Cunningham, NIKE/NV Gazalles

NCAA Indoor: 1.98m 2 3/11/2016 Akela Jones, Kansas State

Name	Yr	School	Finals		H#
<b>Finals</b>					
1 Turban, Lilian	FR	Hawaii	1.80m	5-10.75	2
2 Nelson, Emma	SR	Oregon State	1.71m	5-07.25	2
3 Gordon, Samantha	SO	Hawaii	1.66m	5-05.25	2
4 Eilers, Kate		Unattached	J1.66m	5-05.25	1
5 Paez-Rueda, Valeria	FR	Nevada	1.61m	5-03.25	1
5 Reilly, Savannah	JR	Oregon State	1.61m	5-03.25	2
5 Pace, Suzy	SR	Washington St.	1.61m	5-03.25	2
5 Rhoads, Giovanna	JR	Washington St.	1.61m	5-03.25	2
9 Hurley, Jenelle	JR	Western Oregon	J1.61m	5-03.25	2
9 Chetty, Natasha	FR	Nevada	J1.61m	5-03.25	2
11 Kremer, Alison	SO	Boise State	J1.61m	5-03.25	2
11 Griffin, Kylie	JR	Central Washington	J1.61m	5-03.25	2
13 Sowle, Kaylee	JR	Washington St.	J1.61m	5-03.25	2
14 Jozin, Annika	SO	Idaho	1.56m	5-01.25	2
14 Moore-Bastide, Macaria	FR	San Francisco St.	1.56m	5-01.25	2
14 Proudfoot, Grace	FR	Oregon State	1.56m	5-01.25	1
14 Bruno, Grace	FR	Eastern Washington	1.56m	5-01.25	1
14 Garza, Kassy	FR	Eastern Washington	1.56m	5-01.25	1
19 Bins, Kaja	JR	Fresno State	J1.56m	5-01.25	1
20 McCarrell, Taylor	JR	Eastern Oregon	1.51m	4-11.50	1
20 Stefan, Emily	SO	Boise State	1.51m	4-11.50	1
20 Hathaway, Sara	JR	Lewis-Clark	1.51m	4-11.50	1
23 Carle-Parra, Sabrina	FR	San Francisco St.	J1.51m	4-11.50	1
24 Avery, Nicole	FR	Western Washington	1.46m	4-09.50	1

## 2022 Spokane Invitational - 12/10/2022

## The Podium

## Results

## Finals ... (Event 38 Women High Jump)

	Name	Yr	School	Finals		H#
24	Marske, Sarah	JR	Nevada	1.46m	4-09.50	1
24	DeGroot, Ellie	FR	Central Washington	1.46m	4-09.50	1
27	Klein, Abby	FR	Central Washington	1.41m	4-07.50	1
---	Deters, Amity	SO	Western Oregon	NH		2
---	Grandle, Lizzy	FR	Eastern Oregon	NH		2
---	Bedard, Karli	JR	Eastern Oregon	NH		1
---	Sydnor, Tierra	JR	Hawaii	NH		2

## Event 39 Women Pole Vault INVITE (1)

	Name	Yr	School	Finals		
<b>Finals</b>						
1	Ferguson, Sarah	FR	Washington	4.20m	13-09.25	
2	Wilson, Avril	FR	Washington	4.10m	13-05.25	
3	Schultz, Savannah	SR	Unattached	3.90m	12-09.50	
3	Franklin, Sophia		Unattached	3.90m	12-09.50	
5	Wong, Laurel	JR	Stanford	J3.90m	12-09.50	
5	Ruff, Hally	SR	Eastern Washington	J3.90m	12-09.50	
7	Kern, Kelly	FR	Stanford	3.75m	12-03.50	
8	Kistler, Lianne	SO	Stanford	J3.75m	12-03.50	
9	Weiss, Kolby	SO	Washington St.	J3.75m	12-03.50	
10	Dolcini, Camrin	SO	Nevada	3.60m	11-09.75	
10	Folger-Vent, Rosalie	JR	Eastern Washington	3.60m	11-09.75	
---	Daugherty, Lizzy	JR	Seattle Pacific	NH		
---	Tassara, Kayla	FR	Seattle Pacific	NH		

## Event 40 Men Pole Vault INVITE (2)

	Name	Yr	School	Finals		
<b>Finals</b>						
1	Brown, Garrett	SO	Stanford	5.40m	17-08.50	
2	Manson, Max	JR	Stanford	5.30m	17-04.50	
3	Herrscher, JT	SO	Stanford	5.05m	16-06.75	
4	Freitag, Brayden	JR	Eastern Washington	J5.05m	16-06.75	
5	Klobutcher, Zach	JR	Eastern Washington	J5.05m	16-06.75	
6	Tailin, Lucas	SO	Washington St.	4.90m	16-00.75	
7	Walker, Darrian	SR	Eastern Oregon	4.60m	15-01.00	
8	Maughan, Zayne	SO	Lewis-Clark	4.45m	14-07.25	
9	Syth, Peter	FR	Unattached-Clackamas CC	J4.45m	14-07.25	
9	Couron, Lucas	FR	Eastern Washington	J4.45m	14-07.25	
11	Grieshaber, John	JR	Eastern Washington	4.30m	14-01.25	
---	Bowman, Brad	JR	Seattle Pacific	NH		
---	Lee, Kainoa	SO	Seattle Pacific	NH		

## Event 41 Women Triple Jump

Podium:		14.28m	1	2/27/2022	Keturah Orji, Mizuno		
NCAA Indoor:		14.57m	2	3/12/2022	Jasmine Moore, Florida		
	Name	Yr	School	Finals		H#	
<b>Finals</b>							
1	Ourega, Marie-Jeanne	SO	Academy of Art	12.26m	40-02.75	2	
2	LyDay, Tayler	JR	Idaho	12.25m	40-02.25	2	
3	Milani, Maria Paz	SO	Nevada	12.17m	39-11.25	2	



**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 41 Women Triple Jump)**

	Name	Yr	School	Finals		H#
4	Miller, Elise	SO	Stanford	12.13m	39-09.75	2
5	Larson, Maggie	SO	Boise State	12.11m	39-08.75	2
6	Oakes, Alaysia	FR	Stanford	12.07m	39-07.25	1
7	Nealey, Rayven	JR	Nevada	11.98m	39-03.75	2
8	Okoh, Queen	JR	Fresno State	11.92m	39-01.25	2
9	Verwasch, Sica	FR	Nevada	11.78m	38-07.75	2
10	Cecilio, Mattie	FR	San Francisco St.	11.49m	37-08.50	2
11	Pace, Rachela	SO	Fresno State	11.36m	37-03.25	2
12	Grant, Ellie	SO	Idaho	11.17m	36-07.75	1
13	Weems, Jodeci	SO	Fresno State	11.11m	36-05.50	1
14	Cabanos, Erica	JR	Central Washington	11.00m	36-01.25	2
15	Hardyway, Kalani	SO	Idaho	10.91m	35-09.50	1
16	Minoletti, Isabella	FR	Nevada	10.76m	35-03.75	1
17	Zywina, Sydnie	SO	Lewis-Clark	10.66m	34-11.75	1
18	Smith, Dezirae	SO	San Francisco St.	10.50m	34-05.50	2
19	Moore, Tehya	FR	Central Washington	10.48m	34-04.75	1
20	Thomson, Alexa	FR	Eastern Washington	10.41m	34-02.00	1
21	Dhar, Ojal	FR	San Francisco St.	10.33m	33-10.75	1
22	Contreras, Evelyn	FR	San Francisco St.	10.22m	33-06.50	1
23	Munoz, Amanda	FR	Idaho	10.13m	33-03.00	1
24	Dennison, Jeramea	JR	Multnomah	10.09m	33-01.25	1
25	Horsley, Alexa	JR	Lewis-Clark	9.44m	30-11.75	1
26	Smith, Marissa	SO	Central Washington	9.30m	30-06.25	1

**Event 42 Men Triple Jump**

**Podium:** 16.88m 1 2/27/2022 Donald Scott, adidas  
**NCAA Indoor:** 17.40m 2 2/22/1985 Mike Conley, Arkansas

	Name	Yr	School	Finals		H#
<b>Finals</b>						
1	Tshani, Mathieu	SR	Academy of Art	15.09m	49-06.25	2
2	Say, Bobby	SR	Eastern Washington	15.08m	49-05.75	2
3	Yang, Kevin	SO	Stanford	14.78m	48-06.00	2
4	Johnson, Malik	JR	Multnomah	14.64m	48-00.50	2
5	Njeri, David	SR	Seattle Pacific	14.41m	47-03.50	2
6	Nichols, Josh	SR	Boise State	14.18m	46-06.25	2
7	Johnson, Trenton	FR	Lewis-Clark	13.54m	44-05.25	1
8	Clark, Maddax	FR	Unattached-Clackamas CC	12.08m	39-07.75	1
9	Thomas, Nate	FR	Seattle Pacific	11.82m	38-09.50	1
---	Hines, Christopher	SO	Central Washington	FOUL		2
---	Gnacko, Yacouba	SO	Academy of Art	FOUL		2
---	Silva, Tre	SO	Central Washington	FOUL		1

**Event 43 Men Shot Put**

**Podium:** 22.51m 1 2/27/2022 Ryan Crouser, NIKE  
**NCAA Indoor:** 21.85m 2 2/13/2021 Turner Washington, Arizona State

	Name	Yr	School	Finals		H#
<b>Finals</b>						
1	Liokumovich, Sam	JR	Stanford	17.92m	58-09.50	2
2	Grueso Mosquera, Ronald	FR	Washington St.	17.24m	56-06.75	2
3	Culbertson, Noah	SO	Idaho	16.66m	54-08.00	2

**2022 Spokane Invitational - 12/10/2022****The Podium****Results****Finals ... (Event 43 Men Shot Put)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>		<b>H#</b>
4	Fillis, Bradley	SO	Eastern Washington	16.29m	53-05.50	2
5	Gordien, Dayne	SR	Western Oregon	16.16m	53-00.25	2
6	Nett, Tanner	FR	Eastern Oregon	16.12m	52-10.75	2
7	Hottman, Caden		Unattached	14.28m	46-10.25	2
8	Miller, Daniel	JR	Eastern Washington	13.84m	45-05.00	2
9	Jeffries, Weston	SO	Idaho	13.46m	44-02.00	2
10	Thomas, Reid	FR	Idaho	13.40m	43-11.75	1
11	Michaels, Brooks	FR	Eastern Oregon	13.14m	43-01.50	2
12	Campbell, Miller	SO	Western Washington	12.86m	42-02.25	1
13	Orr, Jaxson	FR	Unattached - Spokane CC	12.61m	41-04.50	1
14	Moore, Mason	FR	Eastern Washington	12.54m	41-01.75	2
15	Niuamoa, JJ	SO	Eastern Washington	12.41m	40-08.75	1
16	Weller, Sam	FR	Lewis-Clark	12.37m	40-07.00	1
17	Wylam, Joey	SO	Eastern Oregon	12.27m	40-03.25	1
18	Close, Dan	FR	Unattached - Spokane CC	12.19m	40-00.00	1
19	Warren, Mark	SO	Western Oregon	12.09m	39-08.00	2
20	Franklin, Wyatt	SO	Central Washington	11.82m	38-09.50	2
21	Silva, Cody	SO	Eastern Oregon	11.42m	37-05.75	1
22	Wattles, Jon	FR	Lewis-Clark	11.38m	37-04.00	1
23	Bothwell, Christian	SR	Lewis-Clark	11.16m	36-07.50	1
24	Action, Jacob	FR	Unattached - Spokane CC	10.50m	34-05.50	1
25	Atencio, Jaycob	SR	Lewis-Clark	10.23m	33-06.75	1
26	Anderson, Colby	SO	Eastern Oregon	10.20m	33-05.75	1
27	Beltz-Childs, Tanner	FR	Lewis-Clark	9.03m	29-07.50	1
---	Church, Mark	FR	Eastern Oregon	FOUL		1