

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

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Dempsey: ! 7.15 1/17/2015 Todd, Cunliffe, Mays, Nelson, Or
 Meet: M 7.28 3/4/2006 Alexis Weatherspoon, USC

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Name	Year	Team	Prelims	H#
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Preliminaries

1	863	Moody, Samirah	Usc	M 7.24q	7 7.233
2	647	Mays, Jadyn	Oregon	M 7.24q	5 7.239
3	744	Rossum, Alexa	Stanford	7.32q	1
4	887	Denis, Dinedye	Utah	7.34q	6
5	852	Chandler, Caisja	Usc	7.39q	4
6	644	Jones, Lily	Oregon	7.42q	2
7	511	Mills, Makhaila	California	7.43q	2
8	406	Howard, Neysia	Arizona	7.46q	4
9	514	Shaheed, Aysa	California	7.47	5
10	959	Walton, Skyler	Washington St.	7.48	3
11	864	Okonkwo, Chioma	Usc	7.49	6
12	649	McCormick, Aaliyah	Oregon	7.51	7
13	957	Unruh-Thomas, Elis	Washington St.	7.53	6
14	892	Martin, Emily	Utah	7.55	4
15	448	Tatum, Adriana	Arizona State	7.57	5
16	541	Hollis, E'Lexis	Central Washington	7.57	3
17	799	Jones, Jada	Ucla	7.60	2
18	440	Hankins, Taryn	Arizona State	7.65	2
19	402	Ford, Lauryn	Arizona	7.66	5
20	785	Alexander, Sophia	Ucla	7.67	4
21	962	Wollman, Gilana	Washington St.	7.68	4
22	754	Wright, Cydney	Stanford	7.70	7
23	791	Doane, Maddy	Ucla	7.70	1
24	912	Hunter, Danielle	Washington	7.70	7
25	886	Davis, Kelise	Utah	7.76	1
26	942	Hollenbeck, Ashley	Washington St.	7.80	2
27	741	Oloму, Megan	Stanford	7.89	3
28	940	Fletcher, Mackenzi	Washington St.	7.94	1
29	689	Howard, Chelsea	Oregon State	7.96	5
30	789	Chan, Alexandra	Ucla	7.98	3
31	915	McHenry, Sophia	Washington	8.21	6

Women 60 Meter Dash

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Dempsey: ! 7.15 1/17/2015 Todd, Cunliffe, Mays, Nelson, Or
 Meet: M 7.28 3/4/2006 Alexis Weatherspoon, USC

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Name	Year	Team	Finals	H#
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Finals

1	863	Moody, Samirah	Usc	7.07!	2
2	647	Mays, Jadyn	Oregon	7.13!	2
3	644	Jones, Lily	Oregon	7.30	1
4	852	Chandler, Caisja	Usc	7.37	2
5	887	Denis, Dinedye	Utah	7.41	1
6	511	Mills, Makhaila	California	7.44	2
7	406	Howard, Neysia	Arizona	7.47	1

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women 200 Meter Dash**

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Dempsey: ! 23.09 2/24/2017 Kendall Ellis, USC
 Meet: M 23.75 3/4/2006 Carol Rodriguez, USC

Name	Year	Team	Finals	H#	
1	514	Shaheed, Aysa	California	23.86	2
2	448	Tatum, Adriana	Arizona State	23.89	1
3	864	Okonkwo, Chioma	Usc	24.15	1
4	892	Martin, Emily	Utah	24.55	3
5	440	Hankins, Taryn	Arizona State	24.60	3
6	402	Ford, Lauryn	Arizona	24.71	5
7	912	Hunter, Danielle	Washington	24.78	4
8	748	Thomas, Samantha	Stanford	24.79	4
9	791	Doane, Maddy	Ucla	24.85	2
10	890	Kealamakia, Bailey	Utah	24.97	5
11	886	Davis, Kelise	Utah	25.04	4
12	921	Terrell, Anna	Washington	25.07	5
13	785	Alexander, Sophia	Ucla	25.19	3
14	885	Daniel, Harley	Utah	25.57	6
15	634	Blake, Jordyn	Oregon	25.72	6
16	741	Olomu, Megan	Stanford	25.74	5
17	916	Newton, Rhonda	Washington	26.16	6
18	915	McHenry, Sophia	Washington	26.80	6

Women 400 Meter Dash

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Dempsey: ! 51.60 2/29/2020 Bailey Lear, USC
 Meet: M 53.57 3/5/2005 Ashley Purnell, Stanford

Name	Year	Team	Finals	H#	
1	858	Jones, Jan'Taijah	Usc	51.66M	1
2	856	John, Yemi	Usc	52.05M	1
3	860	Lear, Bailey	Usc	52.14M	1
4	862	Mallard, Christine	Usc	52.57M	2
5	637	Clayton, Ella	Oregon	52.63M	1
6	855	Harris, Kimberly	Usc	52.68M	2
7	642	Hall, Shaniya	Oregon	53.45M	3
8	790	Conyers, Alyssa	Ucla	54.03	4
9	554	Glynn, Abbey	Colorado	54.04	2
10	560	Pollak, Emma	Colorado	54.39	3
11	471	Hart, Annalise	Byu	54.79	4
12	797	Johnson, Naomi	Ucla	54.82	5
13	754	Wright, Cydney	Stanford	54.85	5
14	556	Jenkins, Grace	Colorado	55.76	4
15	921	Terrell, Anna	Washington	56.20	6
16	748	Thomas, Samantha	Stanford	56.20	4
17	634	Blake, Jordyn	Oregon	56.50	6
18	517	Wilson, Loreal	California	56.90	6
19	958	Van Staden, Jada	Washington St.	56.95	7
20	553	Drame, Jaida	Colorado	57.02	5
21	591	Sartin, Maria	Cui	57.11	7
22	708	Gill, Avery	Portland	58.55	7
23	963	Yang, Renee	Washington St.	58.97	6

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women 800 Meter Run**

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Dempsey: ! 2:01.14 2/27/2021 Hannah Green, OTC Elite				
Meet: M 2:02.56 3/5/2011 Geena Gall, Oregon Track Club				
Name	Year	Team	Finals	H#
=====				
1	479	Seymour, Claire	Byu	2:02.75 6
2	698	Aneno, Susan	Pdc	2:03.07 6
3	468	Ellsworth, Alena	Byu	2:03.31 6
4	727	Deligianni, Ellie	Stanford	2:03.79 6
5	749	Tovkach, Anna	Stanford	2:04.67 5
6	410	Lyesina, Alisa	Arizona	2:04.75 6
7	861	Maccagnini, Gigi	Usc	2:05.15 5
8	651	Nelson, Ella	Oregon	2:05.17 5
9	795	Jendrezak, Kate	Ucla	2:05.69 5
10	908	Foerster, Chloe	Washington	2:05.71 4
11	804	Pittman, Rose	Ucla	2:06.11 4
12	474	Hunter, Meghan	Byu	2:06.49 3
13	734	James, Taylor	Stanford	2:07.22 3
14	891	Manson, Brooke	Utah	2:07.63 4
15	466	Chamberlain, Riley	Byu	2:07.67 5
16	945	Kintai, Neema	Washington St.	2:08.45 4
17	477	Rohatinsky, Taylor	Byu	2:08.73 3
18	851	Brown, Janiah	Usc	2:08.97 3
19	464	Alder, Carmen	Byu	2:09.31 3
20	918	O'Sullivan, Sophie	Washington	2:10.21 4
21	480	Solomon, Krystie	Byu	2:11.57 2
22	895	Rinn, Brianna	Utah	2:11.82 2
23	850	Blockburger, Alyss	Usc	2:12.47 2
24	897	Wilcox, Millie	Utah	2:12.62 1
25	732	Foster, Morgan	Stanford	2:12.80 2
26	684	Brown, Jillian	Oregon State	2:12.86 1
27	834	Brown, Alyssia	Unattached	2:12.91 1
28	444	Lebrun, Lena	Arizona State	2:13.05 2
29	476	Moffitt, Madi	Byu	2:13.52 2
30	447	Rose, Caitlin	Arizona State	2:17.02 1
31	1013	Heien, Malia	Lewis & Clark	2:17.94 1
--	1015	Connor, Anna	Unattached	DNF 6

Women 1 Mile Run

=====				
Dempsey: ! 4:23.68 2/1/2020 Shelby Houlihan, Bowerman Trac				
Meet: M 4:33.41 3/8/2003 Lena Nilsson, UCLA				
Name	Year	Team	Finals	H#
=====				
1	711	Pellicoro, Laura	Portland	4:32.91M 4
2	909	Gibson, Anna	Washington	4:33.41M 4
3	751	Whittaker, Juliett	Stanford	4:33.53 4
4	693	Mitchell, Kaylee	Oregon State	4:33.87 4
5	687	Fetherstonhaugh, G	Oregon State	4:34.32 4
6	470	Halladay-Lowry, Le	Byu	4:34.83 3
7	787	Barnett, Mia	Ucla	4:34.93 4
8	640	Elmore, Maddy	Oregon	4:35.25 3
9	836	DeLay, Kayley	Unattached	4:35.65 3
10	478	Sargent, Sadie	Byu	4:36.34 4
11	466	Chamberlain, Riley	Byu	4:36.74 4
12	918	O'Sullivan, Sophie	Washington	4:37.36 4

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

13	477 Rohatinsky, Taylor	Byu	4:37.77	4
14	745 Stewart, Riley	Stanford	4:40.31	3
15	735 Jenks, Lucy	Stanford	4:40.41	3
16	518 Yerby, Claire	California	4:42.52	2
17	792 George, Gwyn	Ucla	4:42.87	3
18	464 Alder, Carmen	Byu	4:46.26	3
19	709 Klatt, Courtney	Portland	4:47.07	2
20	476 Moffitt, Madi	Byu	4:47.09	1
21	469 Frentheway, Aubrey	Byu	4:47.29	2
22	747 Tanaka, Melissa	Stanford	4:47.31	3
23	955 Stone Boggs, Alain	Washington St.	4:47.70	2
24	746 Suarez, Audrey	Stanford	4:48.98	2
25	730 Flynn, Julia	Stanford	4:49.77	1
26	837 Nordenholz, Sophia	Unattached	4:49.93	2
27	407 Hutton, Sailor	Arizona	4:50.90	2
28	806 Shandro, Angelina	Ucla	4:51.51	1
29	731 Flynn, Lily	Stanford	4:52.23	1
30	712 Perez, Teresa	Portland	4:52.89	1
31	742 Parekh, Ava	Stanford	4:53.29	1
32	713 Pettersson, Stina	Portland	4:53.37	1
33	603 Rising, Ellie	George Fox	4:56.87	1
34	796 Johnson, Ashley	Ucla	4:57.01	2
35	1014 Woodger, Tiahna	Portland	5:01.57	1
36	563 Valenti, Whitney	Colorado	5:04.15	1
37	605 Sclair, Brenna	George Fox	5:11.43	1
--	1012 Orton Morgan, Whit	Adidas	DNF	4
--	632 Wayment, Courtney	On Running	DNF	3

Women 3000 Meter Run

 Dempsey: ! 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon Proj

Meet: M 9:07.79 3/3/2012 Aisling Cuffe, Stanford

Name Year Team Finals H#

1	894 Plourde, Simone	Utah	8:53.95M	3
2	478 Sargent, Sadie	Byu	8:57.08M	3
3	470 Halladay-Lowry, Le	Byu	8:57.39M	3
4	550 Baran, Ella	Colorado	8:57.67M	3
5	687 Fetherstonhaugh, G	Oregon State	8:58.26M	3
6	896 Venters, Emily	Utah	8:58.50M	3
7	469 Frentheway, Aubrey	Byu	9:08.60	3
8	836 DeLay, Kayley	Unattached	9:09.86	3
9	557 Johnson, India	Colorado	9:11.98	3
10	898 Williams, Bella	Utah	9:17.21	3
11	551 Barthell, Kaitlyn	Colorado	9:25.15	2
12	948 Molteni, Cristina	Washington St.	9:26.56	2
13	653 Pivec, Malia	Oregon	9:29.56	2
14	688 Geisler, Christina	Oregon State	9:33.01	2
15	709 Klatt, Courtney	Portland	9:33.46	3
16	800 Kane, Mia	Ucla	9:35.06	2
17	707 Deswaef, Mathilde	Portland	9:35.23	2
18	837 Nordenholz, Sophia	Unattached	9:37.73	3
19	648 McClain, Harper	Oregon	9:39.30	2
20	710 Nielsen, Mie	Portland	9:41.57	2
21	893 Peterson, Lauren	Utah	9:42.69	2

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 3000 Meter Run**

22	472 Hlusi, Natalie	Byu	9:44.88	1
23	442 Heeringa, Sadie	Arizona State	9:47.77	2
24	443 Le Gallo, Claire	Arizona State	9:47.79	1
25	714 Prusse, Samantha	Portland	9:51.07	1
26	646 Martin, Kendall	Oregon	9:52.74	1
27	733 Gardiner, Imogen	Stanford	9:53.02	1
28	691 Martinez, Eimy	Oregon State	9:53.45	1
29	690 Laurent, Kate	Oregon State	9:54.25	1
30	590 Paradis, Jori	Cui	9:55.64	1
31	697 Simmons, Zoe	Oregon State	10:05.48	1
32	944 Jerotich, Caroline	Washington St.	10:09.79	2
33	686 Downing, Liv	Oregon State	10:15.23	1
34	696 Peterson, Gabby	Oregon State	10:19.28	1
35	622 Buese, Riley	Lewis & Clark	10:38.42	1
--	1015 Connor, Anna	Unattached	DNF	2
--	604 Schmitt, Breanna	George Fox	DNF	1
--	1012 Orton Morgan, Whit	Adidas	DNF	3

Women 5000 Meter Run

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Dempsey: ! 15:01.70 2/14/2009 Jenny Barringer, Colorado				
Meet: M 15:50.78 3/1/2013 Emma Bates, Boise State				
Name	Year	Team	Finals	
=====				
1	722	Smee, Ruby	San Francisco	15:38.08M
2	735	Jenks, Lucy	Stanford	15:48.22M
3	914	Markezich, Andrea	Washington	15:54.32
4	475	Hutchins, Jenna	Byu	15:57.96
5	725	Connolly, Grace	Stanford	16:06.27
6	726	Dadamio, Audrey	Stanford	16:13.36
7	688	Geisler, Christina	Oregon State	16:16.68
8	633	Berry, Melissa	Oregon	16:20.94
9	889	Jensen, Morgan	Utah	16:22.68
10	728	Dudek, Zofia	Stanford	16:32.05
11	404	Hanley, Brigid	Arizona	16:41.95
12	407	Hutton, Sailor	Arizona	16:45.19
13	920	Smith, Naomi	Washington	16:50.29
14	482	Sumsion, Julie	Byu	16:51.17
15	481	Stallworth, Lindse	Byu	16:54.58
16	465	Bruening, Addi	Byu	17:09.74
17	786	Allen, Audrey	Ucla	17:29.30
18	622	Buese, Riley	Lewis & Clark	17:29.82
19	599	Aalpoel, Kayla	George Fox	17:59.93
--	632	Wayment, Courtney	On Running	DNF
--	944	Jerotich, Caroline	Washington St.	DQ Lap short

Women 60 Meter Hurdles

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Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC				
Meet: M 7.93 3/4/2006 Virginia Powell, USC				
Name	Year	Team	Prelims	H#
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Preliminaries				
1	649	McCormick, Aaliyah	Oregon	8.08q 1
2	398	Bonds, Talie	Arizona	8.11q 3

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Hurdles**

3	857 Jones, Allie	Usc	8.17q	1
4	507 Hicks, Jada	California	8.22q	5
5	802 Ndjip-Nyemeck, Yan	Ucla	8.28q	2
6	906 Eikeng, Ida	Washington	8.36q	3
7	483 Tabugbo, Adaobi	Byu	8.41q	4
8	939 De Mello, Micaela	Washington St.	8.42q	4
9	799 Jones, Jada	Ucla	8.47	1
10	515 Shearer, Jazlynn	California	8.51	2
11	408 Lewis, Ajaysha	Arizona	8.64	4
12	940 Fletcher, Mackenzi	Washington St.	8.80	2
13	789 Chan, Alexandra	Ucla	8.83	4
14	885 Daniel, Harley	Utah	8.84	3
15	1009 Hewson, Amelia	Whitworth	8.85	2
16	990 Popchock, Ana	Western Oregon	8.93	2
17	890 Kealamakia, Bailey	Utah	9.04	5
18	991 Thompson, Maliyah	Western Oregon	9.07	3
19	743 Romain, Madison	Stanford	9.27	3
20	537 Chandler, Lauryn	Central Washington	9.57	5
21	866 Strayhorn, Kiara	Usc	10.01	5
--	719 Coker, Avery	Resolute Track Club	DQ	1 Pushed H down

Women 60 Meter Hurdles

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Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC
 Meet: M 7.93 3/4/2006 Virginia Powell, USC

Name Year Team Finals H#

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Finals

1	649 McCormick, Aaliyah	Oregon	8.01	2
2	398 Bonds, Talie	Arizona	8.05	2
3	802 Ndjip-Nyemeck, Yan	Ucla	8.10	2
4	857 Jones, Allie	Usc	8.24	1
5	906 Eikeng, Ida	Washington	8.26	1
6	507 Hicks, Jada	California	8.34	1
7	483 Tabugbo, Adaobi	Byu	8.47	2

Women 4x400 Meter Relay

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Dempsey: ! 3:29.92 2/29/2020 USC, USC
 Constantine, Roberts, Cockrell, Lear
 Meet: M 3:35.06 3/8/2003 UCLA, UCLA
 Roseby, Johnson, McKinnon, Henderson

Team Finals H#

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1	Usc 'A'	3:29.78!	1
	1) 860 Lear, Bailey	2) 859 Jones, Jasmine	
	3) 856 John, Yemi	4) 858 Jones, Jan'Taijah	
2	Ucla 'A'	3:30.86M	1
	1) 790 Conyers, Alyssa	2) 795 Jendrezak, Kate	
	3) 803 Pierre-Webster, Makenzy	4) 797 Johnson, Naomi	
3	Stanford 'A'	3:31.71M	1
	1) 744 Rossum, Alexa	2) 751 Whittaker, Juliette	
	3) 750 Valmon, Maya	4) 752 Willis, Roisin	
4	Colorado 'A'	3:38.92	1
	1) 556 Jenkins, Grace	2) 560 Pollak, Emma	

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 4x400 Meter Relay**

3) 553 Drame, Jaida	4) 554 Glynn, Abbey		
5 Utah 'A'		3:40.49	1
1) 885 Daniel, Harley	2) 887 Denis, Dinedye		
3) 890 Kealamakia, Bailey	4) 888 Eriksen, Josefina		
6 Stanford 'B'		3:41.92	2
1) 748 Thomas, Samantha	2) 754 Wright, Cydney		
3) 749 Tovkach, Anna	4) 734 James, Taylor		
7 Washington St. 'A'		3:42.71	2
1) 958 Van Staden, Jada	2) 949 Nijjar, Jasneet		
3) 957 Unruh-Thomas, Elise	4) 961 Willems, Elena		

Women Distance Medley

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Dempsey: ! 10:53.95 2/1/2020 BYU, BYU
Camp, Ellsworth, Ellsworth, Orton

Meet: M 11:08.67 3/6/2004 Stanford, Stanford
Trotter, Offor, Hotchkiss, Bei

Team Finals

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1 Stanford 'A'		10:49.30!
1) 747 Tanaka, Melissa	2) 750 Valmon, Maya	
3) 752 Willis, Roisin	4) 751 Whittaker, Juliette	
2 Washington St. 'A'		11:15.35
1) 945 Kimtai, Neema	2) 949 Nijjar, Jasneet	
3) 961 Willems, Elena	4) 955 Stone Boggs, Alaina	
3 Western Washington 'A'		11:40.67
1) 1002 Wright, Sophie	2) 1020 Miller, Anna	
3) 998 Crocker, Mia	4) 999 Davis, Ila	
4 Cui 'A'		12:04.98
1) 588 Feitz, Sara	2) 1019 Eismann, Porshe	
3) 591 Sartin, Maria	4) 590 Paradis, Jori	
-- Pdc 'A'		DNF
1) 698 Aneno, Susan	2)	

Women High Jump

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Dempsey: ! 1.93m 2/25/2012 Brigetta Barrett, Arizona

Meet: M 1.83m 3/3/2012 Inika McPherson / La Tijera Avery, Cal

Name Year Team Finals

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1	510 Lai, Yan Hei	California	1.80m	5-10.75
	1.60 1.65 1.70 1.75 1.80 1.83			
	--- --- O O O XXX			
2	398 Bonds, Talie	Arizona	J1.80m	5-10.75
	1.60 1.65 1.70 1.75 1.80 1.83 1.86			
	--- --- --- XO O X-- XX			
3	414 Porpaczy, Alexa	Arizona	J1.80m	5-10.75
	1.60 1.65 1.70 1.75 1.80 1.83 1.86			
	--- --- XO XXO XXO --- XXX			
4	403 Gates, Emma	Arizona	1.75m	5-08.75
	1.60 1.65 1.70 1.75 1.80			
	--- --- O O XXX			
5	561 Routledge, Allie	Colorado	J1.75m	5-08.75
	1.60 1.65 1.70 1.75 1.80			
	--- XXO O O XXX			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

6	441 Hanson, Sevanna	Arizona State	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	--- --- O XO XXX			
8	513 Sahaida, Ali	California	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	--- O XXO XO XXX			
9	838 Okoronkwo, Chinne	Unattached	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	--- --- O XXO XXX			
10	737 Kern, Kelly	Stanford	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	O O XO XXO XXX			
10	907 Ferguson, Sarah	Washington	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	--- O XO XXO XXX			
10	753 Wong, Laurel	Stanford	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	O XO O XXO XXX			
13	446 Masucci, Kristen	Arizona State	3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- O O XXX			
13	439 Bond, Paris	Arizona State	3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- --- O XXX			
15	919 Pilukas, Holland	Washington	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- XXO O XXX			
16	652 Nilsen, Isabella	Oregon	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- XO XO XXX			
17	788 Cervantes, Mia	Ucla	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- XXO XO XXX			
18	793 Grant, Isabella	Ucla	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	XO XO XXO XXX			
19	738 Kistler, Lianne	Stanford	3.65m	11-11.75
	3.50 3.65 3.80			
	XXO O XXX			
20	784 Adamiec, Katerina	Ucla	J3.65m	11-11.75
	3.50 3.65 3.80			
	--- XO XXX			
21	960 Weiss, Kolby	Washington St.	J3.65m	11-11.75
	3.50 3.65 3.80			
	--- XXO XXX			
22	396 Abueg, Malaya	Arizona	J3.65m	11-11.75
	3.50 3.65 3.80			
	XO XXO XXX			
--	783 Abrille, Ka'Leila	Ucla	NH	
	3.50 3.65 3.80			
	--- --- XXX			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women Long Jump**

Dempsey: ! 6.55m 2/14/2004		Grace Upshaw, Brittney Reese, Nike	
Meet: M 6.46m 3/5/2011		Jamesha Youngblood, Oregon	
Name	Year Team	Finals	
1	643 Hickey, Alysah 6.39m FOUL 4.55m 6.29m FOUL 6.38m	Oregon	6.39m 20-11.75
2	736 Jones, Alyssa FOUL 5.10m 6.18m FOUL 5.42m 5.49m	Stanford	6.18m 20-03.50
3	559 McMullen, Avery 5.70m 6.07m 6.06m 6.05m FOUL 6.00m	Colorado	6.07m 19-11.00
4	399 Bosko, Jenica 5.73m FOUL 5.81m 5.93m 6.02m 5.86m	Arizona	6.02m 19-09.00
5	953 Rodgers, Anna 5.81m FOUL 5.99m FOUL FOUL FOUL	Washington St.	5.99m 19-08.00
5	906 Eikeng, Ida 5.99m 5.93m 5.95m 5.85m 5.91m 5.99m	Washington	5.99m 19-08.00
7	866 Strayhorn, Kiara 5.39m 5.37m 5.98m 5.72m 5.85m FOUL	Usc	5.98m 19-07.50
8	683 Bahn, Delaney 5.84m 5.97m 5.87m FOUL FOUL 5.88m	Oregon State	5.97m 19-07.00
9	865 Reed, Lauren 5.84m 5.68m 5.67m 5.43m 5.67m 5.66m	Usc	5.84m 19-02.00
10	558 Lucyk, Kara 5.78m 5.64m 5.63m	Colorado	5.78m 18-11.75
11	962 Wollman, Gilana 5.66m 5.75m 5.40m	Washington St.	5.75m 18-10.50
12	857 Jones, Allie 5.69m FOUL 5.65m	Usc	5.69m 18-08.00
13	910 Heggen, Lauren 5.47m 5.61m 5.47m	Washington	5.61m 18-05.00
14	506 Fletcher, Asha FOUL FOUL 5.58m	California	5.58m 18-03.75
15	449 Warren, Christina FOUL 5.51m 5.53m	Arizona State	5.53m 18-01.75
16	988 Hurley, Jenelle FOUL 4.16m 5.49m	Western Oregon	5.49m 18-00.25
17	794 Hartwell, Sophia 5.46m 5.48m 5.48m	Ucla	5.48m 17-11.75
18	445 Lee, Kiara 5.42m FOUL 5.38m	Arizona State	5.42m 17-09.50
19	740 Oakes, Alaysia FOUL 5.40m 5.29m	Stanford	5.40m 17-08.75
20	641 Ganashamoorthy, Ha FOUL FOUL 5.38m	Oregon	5.38m 17-08.00
21	689 Howard, Chelsea 4.96m 5.35m 5.30m	Oregon State	5.35m 17-06.75
22	905 Duckett, Camille 5.20m 4.97m 5.32m	Washington	5.32m 17-05.50
23	901 Bir, Rachel FOUL FOUL 5.19m	Washington	5.19m 17-00.50
24	739 Miller, Elise 5.06m FOUL	Stanford	5.06m 16-07.25
--	989 Nwokoma, Ujunwa FOUL FOUL FOUL	Western Oregon	FOUL

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women Triple Jump**

Dempsey: ! 13.91m 2/27/2016 Andrea Geubelle, Unattached

Meet: M 13.25m 3/6/2004 Kamila Ryelska, BYU

Name	Year Team	Finals
1 639 Ellis, Lexi	Oregon	13.12m 43-00.50
13.12m 12.81m FOUL FOUL 12.74m 13.10m		
2 504 Akinduro, Busola	California	12.84m 42-01.50
12.33m 12.06m 12.33m 12.31m 12.64m 12.84m		
3 449 Warren, Christina	Arizona State	12.48m 40-11.50
12.43m 12.48m 12.25m 12.10m 12.12m FOUL		
4 413 Perkins, Rylee	Arizona	12.32m 40-05.00
FOUL 12.13m 12.28m 12.14m 12.32m 12.15m		
5 419 Wise, Taylen	Arizona	12.22m 40-01.25
12.22m 11.97m FOUL 11.57m FOUL 12.19m		
6 910 Heggen, Lauren	Washington	12.11m 39-08.75
12.11m FOUL 11.90m FOUL 11.84m FOUL		
7 506 Fletcher, Asha	California	12.09m 39-08.00
FOUL 11.94m 12.09m 12.09m FOUL FOUL		
8 794 Hartwell, Sophia	Ucla	12.08m 39-07.75
11.74m 11.93m 11.96m 11.90m 12.08m 11.67m		
9 397 Akinlosotu, Esther	Arizona	12.01m 39-05.00
12.01m FOUL 11.31m FOUL 11.72m 11.83m		
10 901 Bir, Rachel	Washington	11.57m 37-11.50
11.42m 11.34m 11.57m		
11 445 Lee, Kiara	Arizona State	11.47m 37-07.75
FOUL FOUL 11.47m		
12 990 Popchock, Ana	Western Oregon	10.81m 35-05.75
10.61m 10.81m 10.74m		
-- 740 Oakes, Alaysia	Stanford	FOUL
FOUL FOUL FOUL		

Women Shot Put

Dempsey: ! 18.98m 2/24/2018 Maggie Ewen, Arizona State

Meet: M 16.72m 3/6/2004 Jill Camarena, Stanford

Name	Year Team	Finals
1 654 Ross, Jaida	Oregon	18.23mM 59-09.75
18.23m 17.58m 17.85m 17.37m 17.59m 17.69m		
2 657 Van Klinken, Jorin	Oregon	17.79mM 58-04.50
17.63m 17.74m 17.43m FOUL 17.79m FOUL		
3 922 Tupu-South, Kaia	Washington	17.10mM 56-01.25
15.95m 16.06m 16.23m 17.10m 16.14m 16.65m		
4 638 De Klerk, Mine	Oregon	17.02mM 55-10.25
16.52m 16.56m 16.29m 17.02m 16.60m 16.47m		
5 913 Kelby, Makayla	Washington	16.72mM 54-10.25
16.68m 16.72m FOUL FOUL 13.42m FOUL		
6 473 Hoekstre, Gretchen	Byu	16.38m 53-09.00
15.42m 16.09m 15.74m 16.36m 16.38m FOUL		
7 405 Havea, Tapenisa	Arizona	15.76m 51-08.50
14.18m 14.28m 15.76m 15.24m 15.11m 15.71m		
8 412 Orié, Mackenna	Arizona	15.61m 51-02.75
15.61m 15.31m FOUL FOUL FOUL 15.26m		
9 807 Su'emai, Lyvante	Ucla	15.36m 50-04.75
FOUL 14.21m 15.36m FOUL 15.07m FOUL		

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Shot Put**

10	484 Thompson, Jessica	Byu	15.26m	50-00.75
	14.55m 14.55m 15.26m			
11	941 Gyedu, Nana	Washington St.	14.78m	48-06.00
	14.14m 14.78m 14.56m			
12	692 McLaughlin, Keely	Oregon State	14.68m	48-02.00
	14.67m 14.68m FOUL			
13	805 Ramirez, Natalie	Ucla	14.45m	47-05.00
	13.77m FOUL 14.45m			
14	685 Crockem, Taylor	Oregon State	14.23m	46-08.25
	14.23m FOUL FOUL			
14	587 Fajer, Sarah	Cui	14.23m	46-08.25
	13.67m 13.66m 14.23m			
16	724 Atuatasi, Brandy	Stanford	13.57m	44-06.25
	11.81m 13.57m 13.57m			
17	943 Hughes, Audrey	Washington St.	13.30m	43-07.75
	13.30m 12.79m 13.00m			
18	564 Whyrick, Lauren	Colorado	13.19m	43-03.25
	13.19m FOUL 12.37m			
19	956 Strickland, Gracie	Washington St.	12.85m	42-02.00
	12.85m 12.76m 12.35m			
20	857 Jones, Allie	Usc	12.17m	39-11.25
	11.52m 12.17m 11.58m			
21	729 Fisher, Kaiah	Stanford	12.00m	39-04.50
	12.00m 12.00m FOUL			
--	409 Love, Lauryn	Arizona	FOUL	
	FOUL FOUL FOUL			

Women Weight Throw

Dempsey: ! 22.73m 2/25/2022 Camryn Rogers, California

Meet: M 21.24m 2/21/2020 Angel Nkwonta, Washington

Name Year Team Finals

1	512 Rogers, Camryn	California	22.82m!	74-10.50
	FOUL 22.67m FOUL FOUL 22.63m 22.82m			
2	801 Mahama, Mayyi	Ucla	21.08m	69-02.00
	19.48m 20.64m 20.77m FOUL 21.08m FOUL			
3	900 Asomaning, Beatric	Washington	20.85m	68-05.00
	20.39m 20.34m 20.85m 20.72m 19.93m 20.07m			
4	562 Sami, Gya'ni	Colorado	18.87m	61-11.00
	18.23m 18.46m FOUL FOUL 18.31m 18.87m			
5	807 Su'emai, Lyvante	Ucla	18.75m	61-06.25
	18.00m 18.75m FOUL FOUL 18.24m 18.21m			
6	484 Thompson, Jessica	Byu	18.30m	60-00.50
	18.30m FOUL 17.59m FOUL FOUL FOUL			
7	401 David, Ava	Arizona	18.26m	59-11.00
	FOUL FOUL 18.26m FOUL 17.03m FOUL			
8	509 Jacobs, Audrey	California	17.26m	56-07.50
	16.40m 17.26m FOUL FOUL FOUL FOUL			
9	904 Colson, Yvonne	Washington	16.55m	54-03.75
	FOUL 16.55m FOUL 15.68m FOUL FOUL			
10	951 Payne, Alex	Washington St.	16.04m	52-07.50
	16.04m FOUL FOUL			
11	835 Coleman, Adrianna	Unattached	15.53m	50-11.50
	FOUL 15.53m 14.91m			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

12 692 McLaughlin, Keely Oregon State 15.30m 50-02.50
FOUL FOUL 15.30m

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year Team	Finals	Points
1 552 Bruce, Eva	Colorado	2:17.60	856
2 415 Powers, Hollan	Arizona	2:17.91	852
3 694 Moersdorf, Anneke	Oregon State	2:18.24	848
4 555 Green, Jada	Colorado	2:23.43	778
5 418 Sieben, Skylar	Arizona	2:25.50	750
6 636 Chocek, Taylor	Oregon	2:26.15	742
7 947 Meyer, Renick	Washington St.	2:29.08	704
8 798 Johnson, Sydney	Ucla	2:29.33	701
9 739 Miller, Elise	Stanford	2:31.95	669
10 946 Kovich, Sarah	Washington St.	2:39.35	580
11 606 VandenHoek, Brecke	George Fox	2:40.41	568
12 505 Anderson, Torre	California	2:41.38	557
13 656 Uzoekwe, Colleen	Oregon	2:41.78	553

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year Team	Finals	H#	Points
1 636 Chocek, Taylor	Oregon	8.47	1	1024
2 555 Green, Jada	Colorado	8.56	1	1004
3 656 Uzoekwe, Colleen	Oregon	8.58	1	1000
4 635 Bullock, Gianna	Oregon	8.65	2	984
5 418 Sieben, Skylar	Arizona	8.71	2	971
6 739 Miller, Elise	Stanford	8.72	3	969
7 694 Moersdorf, Anneke	Oregon State	8.73	4	967
8 415 Powers, Hollan	Arizona	8.74	3	965
9 552 Bruce, Eva	Colorado	8.77	4	959
10 798 Johnson, Sydney	Ucla	8.80	2	952
11 947 Meyer, Renick	Washington St.	8.84	3	944
12 505 Anderson, Torre	California	9.07	4	895
13 606 VandenHoek, Brecke	George Fox	9.15	5	879
14 946 Kovich, Sarah	Washington St.	9.42	5	824
15 561 Routledge, Allie	Colorado	9.56	5	796

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 656 Uzoekwe, Colleen	Oregon	1.70m	5-07.00 855
1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73			

1 561 Routledge, Allie	Colorado	1.70m	5-07.00 855
1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76			

3 694 Moersdorf, Anneke	Oregon State	1.67m	5-05.75 818
1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

3	798	Johnson, Sydney	Ucla	1.67m	5-05.75	818
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
		---		0 ---	XXO XXX	
5	739	Miller, Elise	Stanford	1.61m	5-03.25	747
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
		---		0 O XXO XXX		
5	418	Sieben, Skylar	Arizona	1.61m	5-03.25	747
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
		---		0 O O O XO XXX		
7	415	Powers, Hollan	Arizona	1.58m	5-02.25	712
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
		---		XXO O XXO XO XXX		
7	635	Bullock, Gianna	Oregon	1.58m	5-02.25	712
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
		---		0 XXX		
7	636	Chocek, Taylor	Oregon	1.58m	5-02.25	712
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
		---		0 XXX		
7	552	Bruce, Eva	Colorado	1.58m	5-02.25	712
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
		---		XXO O XXX		
7	606	VandenHoek, Brecke	George Fox	1.58m	5-02.25	712
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
		---		O O O XXX		
12	946	Kovich, Sarah	Washington St.	1.55m	5-01.00	678
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
		---		O XO XXX		
12	505	Anderson, Torre	California	1.55m	5-01.00	678
		1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
		---		O O XO XXO XXX		
14	555	Green, Jada	Colorado	1.49m	4-10.50	610
		1.37 1.40 1.43 1.46 1.49 1.52				
		---		XO XXX		
15	947	Meyer, Renick	Washington St.	1.46m	4-09.50	577
		1.37 1.40 1.43 1.46 1.49				
		---		O O O O XXX		

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	Team	Finals	Points
1	694	Moersdorf, Anneke	Oregon State	5.94m 19-06.00 831
		5.81m 5.82m 5.94m		
2	798	Johnson, Sydney	Ucla	5.80m 19-00.50 789
		5.72m FOUL 5.80m		
3	739	Miller, Elise	Stanford	5.66m 18-07.00 747
		5.66m FOUL FOUL		
4	636	Chocek, Taylor	Oregon	5.58m 18-03.75 723
		5.24m 5.47m 5.58m		
5	418	Sieben, Skylar	Arizona	5.57m 18-03.25 720
		5.55m 5.57m 5.34m		
5	415	Powers, Hollan	Arizona	5.57m 18-03.25 720
		5.57m 5.35m 5.56m		
7	656	Uzoekwe, Colleen	Oregon	5.56m 18-03.00 717
		5.56m 5.31m 5.06m		

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

8	947 Meyer, Renick	Washington St.	5.54m	18-02.25	712
	FOUL 5.54m FOUL				
9	505 Anderson, Torre	California	5.45m	17-10.75	686
	5.45m 5.35m FOUL				
9	552 Bruce, Eva	Colorado	5.45m	17-10.75	686
	FOUL 5.45m 5.20m				
11	555 Green, Jada	Colorado	5.40m	17-08.75	671
	5.40m 5.27m				
12	635 Bullock, Gianna	Oregon	5.37m	17-07.50	663
	5.37m 5.30m FOUL				
13	946 Kovich, Sarah	Washington St.	5.19m	17-00.50	612
	5.19m 5.02m 4.86m				
14	606 VandenHoek, Brecke	George Fox	5.17m	16-11.50	606
	5.05m 5.04m 5.17m				

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year Team	Finals	Points
1 656 Uzoekwe, Colleen	Oregon	14.33m 47-00.25	816
		12.30m 12.12m 14.33m	
2 636 Chocek, Taylor	Oregon	13.29m 43-07.25	747
		12.56m 12.67m 13.29m	
3 635 Bullock, Gianna	Oregon	12.08m 39-07.75	666
		9.43m 12.08m 11.53m	
4 418 Sieben, Skylar	Arizona	11.55m 37-10.75	631
		11.55m 10.74m 10.96m	
5 694 Moersdorf, Anneke	Oregon State	11.50m 37-08.75	628
		11.50m 10.98m 11.27m	
6 415 Powers, Hollan	Arizona	11.39m 37-04.50	621
		10.68m 11.39m 11.36m	
7 555 Green, Jada	Colorado	11.33m 37-02.25	617
		11.20m 11.33m FOUL	
8 798 Johnson, Sydney	Ucla	11.00m 36-01.25	595
		10.57m 11.00m FOUL	
9 505 Anderson, Torre	California	10.62m 34-10.25	570
		FOUL 10.09m 10.62m	
10 739 Miller, Elise	Stanford	10.47m 34-04.25	560
		9.45m 10.47m 9.90m	
11 552 Bruce, Eva	Colorado	10.19m 33-05.25	542
		10.19m 9.87m 9.87m	
12 606 VandenHoek, Brecke	George Fox	9.76m 32-00.25	514
		9.75m 9.28m 9.76m	
13 947 Meyer, Renick	Washington St.	9.47m 31-01.00	495
		9.47m 9.21m 8.94m	
14 946 Kovich, Sarah	Washington St.	8.80m 28-10.50	451
		8.57m 8.80m 8.15m	

Women Indoor Pentathlon

Dempsey: ! 4614 2/26/2021 Annie Kunz, Unattached

Meet: M 4444

Name	Year Team	Finals
1 694 Moersdorf, Anneke	Oregon State	4092

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Indoor Pentathlon**

2	636 Chocek, Taylor	Oregon	3948
3	656 Uzoekwe, Colleen	Oregon	3941
4	415 Powers, Hollan	Arizona	3870
5	798 Johnson, Sydney	Ucla	3855
6	418 Sieben, Skylar	Arizona	3819
7	552 Bruce, Eva	Colorado	3755
8	739 Miller, Elise	Stanford	3692
9	555 Green, Jada	Colorado	3680
10	947 Meyer, Renick	Washington St.	3432
11	505 Anderson, Torre	California	3386
12	606 VandenHoek, Brecke	George Fox	3279
13	946 Kovich, Sarah	Washington St.	3145

Men 60 Meter Dash

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Dempsey: ! 6.50 2/14/2015 Ryan Bailey, Nike
 Meet: M 6.66 3/2/2002 Sammie Parker, Oregon

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Name	Year	Team	Prelims	H#
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Preliminaries

1	775 Onwuzurike, Udodi	Stanford	6.68q	5
2	976 Hinchliffe, Louie	Washington St.	6.69q	1 6.683
3	867 Allen, Ashton	Usc	6.69q	1 6.690
4	870 Borzor, Chris	Usc	6.71q	4
5	523 Foster, David	California	6.72q	2 6.711
6	438 White-Austin, Tray	Arizona	6.72q	7 6.716
7	841 Brown, Deven	Unattached	6.74q	6
8	978 Lawyer, Mason	Washington St.	6.75q	2
9	877 Okonkwo, Matthew	Usc	6.76	5
10	839 Adekanbi, Dimeji	Unattached	6.77	2
11	825 Reynolds, Kaden	Ucla	6.78	1
12	935 Smith, Anthony	Washington	6.78	4
13	534 Schurr, Gavin	California	6.80	6
14	431 Onanubosi, James	Arizona	6.82	7
15	666 Ize-Iyamu Jr., PJ	Oregon	6.85	6
16	669 Lynn, Kwabena	Oregon	6.85	3
17	671 Nairne, Xavier	Oregon	6.85	5
18	965 Brewer, Bode	Washington St.	6.87	1
19	565 Andrada, Luc	Colorado	6.90	3
20	874 Johnson, Curtis	Usc	6.95	3
21	616 Morris, Byron	George Fox	6.98	7
22	531 Monroe, George	California	6.99	5
23	778 Simon, Dorien	Stanford	6.99	3
24	720 Bartley, Jayce	Resolute Track Club	7.00	2
25	967 Deringer, Blake	Washington St.	7.01	2
26	815 Kirk, Benjamin	Ucla	7.02	4
27	596 Tirado, Cooper	Cui	7.05	6
28	826 Robinson, John	Ucla	7.07	4
29	774 Navarro, Gabe	Stanford	7.07	4
30	721 Cieslak, Milan	Resolute Track Club	7.08	1
31	816 Lieb, Aiden	Ucla	7.10	1
32	617 Ojukwu, John	George Fox	7.12	4
32	680 Trucks, Anthony	Oregon	7.12	3
34	933 Parnagian, Jake	Washington	7.13	3
35	809 Anderson, Liam	Ucla	7.15	7

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

36	1011	Belanger, Jacob	Alaska Anchorage	7.33	2
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Men 60 Meter Dash

Dempsey: ! 6.50 2/14/2015 Ryan Bailey, Nike
 Meet: M 6.66 3/2/2002 Sammie Parker, Oregon

Name	Year	Team	Finals	H#
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Finals

1	775	Onwuzurike, Udodi	Stanford	6.59M	2
2	976	Hinchliffe, Louie	Washington St.	6.60M	2
3	523	Foster, David	California	6.62M	2
4	438	White-Austin, Tray	Arizona	6.71	1
5	978	Lawyer, Mason	Washington St.	6.74	1
6	841	Brown, Deven	Unattached	6.81	2

Men 200 Meter Dash

Dempsey: ! 20.65 2/25/2022 Kasaun James, USC
 Meet: M 21.47 3/8/2008 Jody Johnson, Sacramento State

Name	Year	Team	Finals	H#
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1	882	Thomas, Max	Usc	20.96M	1
2	438	White-Austin, Tray	Arizona	21.04M	1
3	877	Okonkwo, Matthew	Usc	21.23M	1
4	534	Schurr, Gavin	California	21.24M	2
5	572	Gilmore, Ian	Colorado	21.58	4
6	826	Robinson, John	Ucla	21.64	4
7	431	Onanubosi, James	Arizona	21.76	3
8	681	Wheeler, Camden	Oregon	21.96	5
9	531	Monroe, George	California	21.96	2
10	565	Andrada, Luc	Colorado	21.96	3
11	769	Kroeger, John	Stanford	22.01	6
12	774	Navarro, Gabe	Stanford	22.13	7
13	576	Milholen, James	Colorado	22.20	5
14	430	Marquez, Diego	Arizona	22.21	5
15	778	Simon, Dorien	Stanford	22.22	2
16	815	Kirk, Benjamin	Ucla	22.58	3
17	720	Bartley, Jayce	Resolute Track Club	22.62	7
18	721	Cieslak, Milan	Resolute Track Club	22.78	7
--	874	Johnson, Curtis	Usc	DNF	6

Men 400 Meter Dash

Dempsey: ! 45.94 2/24/2018 Rai Benjamin, USC
 Meet: M 46.03 3/1/2013 Mike Berry, Oregon

Name	Year	Team	Finals	H#
------	------	------	--------	----

1	872	Braun, Justin	Usc	46.48	1
2	829	Turner, Ismail	Ucla	46.66	1
3	867	Allen, Ashton	Usc	46.81	3
4	502	Taylor, Josh	Byu	46.87	3
5	878	Phillippy, Michael	Usc	46.89	2
6	875	Jones, William	Usc	46.97	5
7	496	Jackson, Trey	Byu	46.98	3

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 400 Meter Dash**

8	453 Curry, Jeremiah	Arizona State	47.01	2
9	869 Blockburger, Johnn	Usc	47.47	2
10	585 Williams, Tyler	Colorado	47.56	1
11	833 Wright, Willington	Ucla	47.62	4
12	458 Nwachukwu, Dubem	Arizona State	47.62	3
13	930 Gaik, Daniel	Washington	47.70	7
14	821 Nortje, Antonie	Ucla	47.70	10
15	425 Hicks, Carl	Arizona	47.72	5
16	572 Gilmore, Ian	Colorado	47.78	7
17	576 Milholen, James	Colorado	47.80	4
18	926 Birchman, Jonathan	Washington	47.81	7
19	781 Zoltak, Miles	Stanford	47.93	5
20	526 Larkin, Henry	California	48.00	6
21	771 Lippert, Karson	Stanford	48.04	6
22	497 Jensen, Jace	Byu	48.09	4
23	420 Davis, Isaac	Arizona	48.35	7
24	457 Moyer, Trevin	Arizona State	48.35	1
25	429 Lopez, Lyricc	Arizona	48.36	4
26	681 Wheeler, Camden	Oregon	48.54	8
27	925 Baricevic, Sam	Washington	48.61	9
28	870 Borzor, Chris	Usc	48.63	6
29	762 Cole, Olufemi	Stanford	48.92	8
30	577 Nelson, Garrett	Colorado	49.20	8
31	544 Correa, Johan	Central Washington	49.29	9
32	423 Hasher, Brayden	Arizona	49.58	9
33	830 Vazquez, Yan	Ucla	49.61	10
34	1010 Angarita, Kevin	Alaska Anchorage	49.73	10
35	673 Poff, Nathan	Oregon	50.57	9
36	389 Kremser, Maximilia	Alaska Anchorage	51.08	8
37	387 Hunter, Timothy	Alaska Anchorage	51.40	10
--	820 Misener-Daley, Myl	Ucla	DQ	2 Interfere W lane 3
--	424 Hasher, Logan	Arizona	DQ	6 3 step on line

Men 800 Meter Run

Dempsey: ! 1:46.36 2/13/2010 Andrew Wheating, Oregon

Meet: M 1:48.42 3/8/2003 Gary Reed, Pacific Athletics

Name	Year Team	Finals	H#
1	770 Lester, John	Stanford	1:46.93M 3
2	662 Cook, Elliott	Oregon	1:47.01M 3
3	450 Carlson, Dayton	Arizona State	1:47.29M 3
4	818 McMahon-Staggs, Ro	Ucla	1:48.31M 3
5	1007 Weber, Drew	Western Washington	1:49.86 3
6	879 Poynter, Bobby	Usc	1:50.08 3
7	832 Wingo, Kai	Ucla	1:52.12 2
8	970 Emerson, Aiden	Washington St.	1:52.18 2
9	663 Folmli, Angus	Oregon	1:52.64 2
10	433 Russo, Cade	Arizona	1:52.87 2
11	757 Bergen, Zane	Stanford	1:53.15 1
12	972 Gonzalez, Evan	Washington St.	1:55.51 2
13	456 Leslie, Asher	Arizona State	1:56.20 1
14	492 Fernandez, Sebasti	Byu	1:56.73 3
15	597 Tondryk, Bryce	Cui	1:57.05 1
16	436 Simmons, Evan	Arizona	1:57.89 1

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 800 Meter Run**

17	982 Ortega-Gammill, Ky	Washington St.	1:59.19	2
18	969 Easton, Jacob	Washington St.	2:03.45	1
--	489 Cibart, Ryan	Byu	DNF	3

Men 1 Mile Run

Dempsey: ! 3:51.90 1/27/2023 Joe Waskom, Washington

Meet: M 3:57.27 2/16/2019 Carlos Villarreal, Arizona

Name	Year	Team	Finals	H#
1	573	Givens, Isaiah	Colorado	3:55.99M 3
2	486	Bons, Lucas	Byu	3:57.11M 3
3	527	MacQuiddy, Garrett	California	3:58.67 3
4	434	Sanchez Lopez, Ike	Arizona	4:00.77 3
5	757	Bergen, Zane	Stanford	4:01.67 3
6	813	Herold, Peter	Ucla	4:02.44 3
7	756	Beaudoin-Rousseau,	Stanford	4:03.27 2
8	831	Wilbur, Dylan	Ucla	4:04.35 3
9	811	Dawson, Jai	Ucla	4:06.48 3
10	499	Rooks, Kenneth	Byu	4:06.95 3
11	899	Timlin, David	Wannabeast	4:06.99 2
12	823	Parker, Jake	Ucla	4:07.01 2
13	763	DiDonato, Robert	Stanford	4:07.26 3
14	388	Johnson, Drew	Alaska Anchorage	4:07.71 2
15	982	Ortega-Gammill, Ky	Washington St.	4:07.84 2
16	432	Quigley, Cooper	Arizona	4:07.85 2
17	846	Laird, Will	Unattached	4:09.56 2
18	674	Reynolds, Benjamin	Oregon	4:09.70 1
19	578	Niednagel, Caleb	Colorado	4:10.04 3
20	718	Sado, Ahmed	Portland	4:10.38 2
21	574	Greene, Ben	Colorado	4:12.51 2
22	627	Ackerman, Ase	Msu-Billings	4:12.91 1
23	970	Emerson, Aiden	Washington St.	4:15.52 2
24	777	Sherry, Callum	Stanford	4:15.52 1
25	592	Arteaga, Hector	Cui	4:15.74 1
26	394	Zapherson, Michael	Alaska Anchorage	4:17.14 1
27	969	Easton, Jacob	Washington St.	4:17.44 1
28	979	Limo, Kelvin	Washington St.	4:17.67 1
29	595	Plaza, Noah	Cui	4:18.04 1
30	977	Lawrence, Jacob	Washington St.	4:24.70 1
--	489	Cibart, Ryan	Byu	DNF 3

Men 3000 Meter Run

Dempsey: ! 7:40.66 2/11/2022 Abdihamid Nur, Northern Arizon

Meet: M 7:44.45 3/3/2012 Andrew Bumbalough, Nike OTC

Name	Year	Team	Finals	H#
1	776	Robinson, Ky	Stanford	7:42.30M 2
2	767	Hicks, Charles	Stanford	7:47.45 2
3	782	Barraza, Brian	Tinman Elite	7:52.23 1
4	761	Burke, Evan	Stanford	7:53.60 2
5	819	Mireles, Michael	Ucla	7:54.82 2
6	717	Kirk, Zak	Portland	7:56.13 2
7	849	Trippas, Ed	Unattached	7:57.93 2

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

8	494 Grundvig, Luke	Byu	7:58.18	2
9	485 Allen, Christian	Byu	7:59.38	2
10	566 Appleton, Hunter	Colorado	7:59.62	2
11	501 Stanford, Jacob	Byu	8:03.78	1
12	579 Overberg, James	Colorado	8:06.77	1
13	715 Abdala, Daniel	Portland	8:06.93	1
14	758 Boutelle, Caleb	Stanford	8:06.97	1
15	500 Stanford, Garrett	Byu	8:07.95	1
16	983 Swanson, Leif	Washington St.	8:08.40	1
17	390 Nash, Cole	Alaska Anchorage	8:09.19	2
18	581 Rauba, Grady	Colorado	8:09.36	1
19	567 Aschbrenner, Jace	Colorado	8:09.54	1
20	571 Fraser, Brendan	Colorado	8:11.00	1
21	842 Crabtree, James	Unattached	8:11.46	1
22	964 Barsaiya, Brian	Washington St.	8:12.28	1
23	718 Sado, Ahmed	Portland	8:18.06	1
24	973 Griffith, Sam	Washington St.	8:23.70	1
25	997 Smith, Bailey	Western Oregon	8:28.30	1
26	986 Wilcott, Grayson	Washington St.	8:44.43	1
--	780 Topper, Nolan	Stanford	DNF	1
--	765 Hart, Devin	Stanford	DNF	2

Men 5000 Meter Run

 Dempsey: ! 13:21.85 2/11/2022 Ky Robinson, Stanford

Meet: M 13:47.40 3/6/2004 Mike Donnelly, Nike

Name	Year	Team	Finals	H#
1	765	Hart, Devin	Stanford	13:29.31M 2
2	493	Garnica, Brandon	Byu	13:33.65M 2
3	583	Sweeney, Charlie	Colorado	13:36.09M 2
4	813	Herold, Peter	Ucla	13:37.22M 2
5	503	Thompson, Creed	Byu	13:38.81M 2
6	756	Beaudoin-Rousseau,	Stanford	13:39.57M 2
7	717	Kirk, Zak	Portland	13:49.55 2
8	844	Edwards, Josh	Unattached	13:56.01 1
9	672	Norman, Quincy	Oregon	13:57.84 1
10	491	Corrigan, James	Byu	13:58.66 2
11	498	Nokes, Joey	Byu	14:02.57 2
12	665	Hussein, Abdinasir	Oregon	14:04.18 1
13	661	Brown, Caleb	Oregon	14:09.36 1
14	677	Stein, Cameron	Oregon	14:12.74 1
15	780	Topper, Nolan	Stanford	14:18.72 1
16	983	Swanson, Leif	Washington St.	14:19.20 1
17	928	Daschbach, Leo	Washington	14:19.29 1
18	843	Distel, Jamar	Unattached	14:20.05 1
19	848	Stevens, Kutoven	Unattached	14:24.70 1
20	981	Morlan, Turlan	Washington St.	14:33.83 1
21	659	Affolder, Luke	Oregon	14:41.53 1
--	964	Barsaiya, Brian	Washington St.	DNF 2
--	490	Clinger, Casey	Byu	DNF 2
--	840	Balazs, Benjamin	Unattached	DNF 1
--	676	Schumacher, Josh	Oregon	DNF 1
--	675	Scasso, Giuliano	Oregon	DNF 1

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Men 60 Meter Hurdles**

Dempsey: ! 7.60 2/27/2016 Devon Allen, Oregon
 Meet: M 7.77 3/4/2006 Jeff Hunter, Arizona

Name	Year	Team	Prelims	H#
Preliminaries				
1	871	Brackins, Johnny	Usc	M 7.65q 3
2	876	Ojora, Omotade	Usc	M 7.67q 2
3	524	Hunt, Riley	California	7.97q 2
4	529	McMorris, Hakim	California	7.99q 3
5	519	Bates, Di'Niko	California	8.02q 1
6	809	Anderson, Liam	Ucla	8.07q 3
7	421	Extine, Zachary	Arizona	8.09q 3
8	816	Lieb, Aiden	Ucla	8.13q 2
9	680	Trucks, Anthony	Oregon	8.13 1
10	968	Duskin, Parker	Washington St.	8.18 2
11	545	Easley, Logan	Central Washington	8.76 1

Men 60 Meter Hurdles

Dempsey: ! 7.60 2/27/2016 Devon Allen, Oregon
 Meet: M 7.77 3/4/2006 Jeff Hunter, Arizona

Name	Year	Team	Finals	H#
Finals				
1	871	Brackins, Johnny	Usc	7.60! 2
2	876	Ojora, Omotade	Usc	7.64M 2
3	529	McMorris, Hakim	California	7.91 1
4	519	Bates, Di'Niko	California	7.92 2
5	809	Anderson, Liam	Ucla	7.99 1
6	524	Hunt, Riley	California	8.07 1
7	421	Extine, Zachary	Arizona	8.09 2
8	816	Lieb, Aiden	Ucla	8.16 1

Men 4x400 Meter Relay

Dempsey: ! 3:05.68 2/26/2022 Arizona State, ASU
 Nwachukwu, Brown, Felix, Robinson
 Meet: M 3:09.08 3/3/2007 Washington, Washington
 Gudaitis, Still, Brown, Fredrickson

Team	Finals	H#
1 Usc 'A'	3:05.01!	1
1) 872 Braun, Justin	2) 867 Allen, Ashton	
3) 875 Jones, William	4) 869 Blockburger, Johnnie	
2 Ucla 'A'	3:05.74M	1
1) 821 Nortje, Antonie	2) 820 Misener-Daley, Myles	
3) 833 Wright, Willington	4) 829 Turner, Ismail	
3 Byu 'A'	3:06.12M	1
1) 496 Jackson, Trey	2) 488 Carlile, Spencer	
3) 495 Hazlett, Eli	4) 502 Taylor, Josh	
4 Arizona 'A'	3:08.05M	1
1) 425 Hicks, Carl	2) 420 Davis, Isaac	
3) 438 White-Austin, Trayvion	4) 429 Lopez, Lyricc	
5 Colorado 'A'	3:09.75	2
1) 585 Williams, Tyler	2) 572 Gilmore, Ian	

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 4x400 Meter Relay**

3) 577 Nelson, Garrett	4) 576 Milholen, James		
6 Arizona State 'A'		3:10.13	1
1) 453 Curry, Jeremiah	2) 458 Nwachukwu, Dubem		
3) 450 Carlson, Dayton	4) 457 Moyer, Trevin		
7 Stanford 'A'		3:12.32	2
1) 781 Zoltak, Miles	2) 769 Kroeger, John		
3) 771 Lippert, Karson	4) 775 Onwuzurike, Udodi		
8 Washington St. 'A'		3:15.35	2
1) 980 McAlvey, Jared	2) 987 Willems, Ethan		
3) 978 Lawyer, Mason	4) 968 Duskin, Parker		
9 Cui 'A'		3:24.63	2
1) 596 Tirado, Cooper	2) 593 Chin, Josiah		
3) 597 Tondryk, Bryce	4) 1018 Wilson, Donovan		

Men Distance Medley

Dempsey: ! 9:21.77 2/12/2010 OTC
Symmonds, Scherer, Mulder, Leer
Meet: M 9:28.14 2/15/2019 Washington, Washington
Morello, Elliott, Kirk, Stanovsek

Team Finals

1 Azusa Pacific 'A'		9:47.00	
1) 462 Nyberg, Ezekiel	2) 459 Bessolo, Daniel		
3) 461 Melendres, Nicolas	4) 463 Sumner, Ben		
2 Oklahoma Christian 'A'		9:47.88	
1) 629 Burrows, Dylan	2) 631 Williamson, Keiontae		
3) 628 Anthony, Ethan	4) 630 Pearce, Owen		
3 Western Oregon 'A'		9:48.43	
1) 996 Sanchez, Keeton	2) 992 Arce-Torres, Gabe		
3) 995 Klus, Emmett	4) 994 Hutton, Hunter		
4 Washington St. 'A'		9:57.08	
1) 982 Ortega-Gammill, Kyle	2) 968 Duskin, Parker		
3) 986 Wilcott, Grayson	4) 970 Emerson, Aiden		
5 Central Washington 'A'		10:32.18	
1) 548 Pratapas, Jack	2) 545 Easley, Logan		
3) 546 Klein, Drew	4) 549 Savely, Ty		
6 Alaska Anchorage 'A'		10:40.55	
1) 393 Tveit, Ries	2) 1011 Belanger, Jacob		
3) 395 Zukowski, Stephen	4) 1001 Avalos, Jesus		

Men High Jump

Dempsey: ! 2.31m 2/13/2010 Jesse Williams, Nike
Meet: M 2.23m 3/3/2012 Bryan McBride, Arizona State

Name Year Team Finals

1	435 Sigfinnsson, Krist	Arizona	2.20m	7-02.50
	1.81 1.86 1.91 1.96 2.01 2.06 2.11 2.14 2.20 2.23			
	--- --- --- --- 0 0 0 0 XO XXX			
2	536 Williams, Jai	California	2.11m	6-11.00
	1.81 1.86 1.91 1.96 2.01 2.06 2.11 2.14			
	--- --- --- --- 0 0 0 XXX			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men High Jump**

3	451	Cody, Jeremy	Arizona State	J2.11m	6-11.00					
	1.81	1.86	1.91	1.96	2.01	2.06	2.11	2.14		
	---	---	---	---	0	0	XO	XXX		
4	873	Gerald, Elias	Usc	2.06m	6-09.00					
	1.81	1.86	1.91	1.96	2.01	2.06	2.11			
	---	XO	0	0	XXO	0	XXX			
5	613	King, James	George Fox	J2.06m	6-09.00					
	1.81	1.86	1.91	1.96	2.01	2.06	2.11			
	---	---	---	0	XXO	XO	XXX			
6	975	Hicks, Daylon	Washington St.	2.01m	6-07.00					
	1.81	1.86	1.91	1.96	2.01	2.06				
	---	---	---	0	0	XXX				
6	814	Kim, Aaron	Ucla	2.01m	6-07.00					
	1.81	1.86	1.91	1.96	2.01	2.06				
	---	---	---	0	0	XXX				
8	971	Ferdinand, Taino	Washington St.	J2.01m	6-07.00					
	1.81	1.86	1.91	1.96	2.01	2.06				
	---	---	---	---	XXO	XXX				
9	779	Stevens, James	Stanford	1.96m	6-05.00					
	1.81	1.86	1.91	1.96	2.01					
	---	0	0	XXO	XXX					
10	931	Lieberg, Leland	Washington	1.91m	6-03.25					
	1.81	1.86	1.91	1.96						
	0	XO	XO	XXX						
11	575	Meyer, Jackson	Colorado	1.86m	6-01.25					
	1.81	1.86	1.91							
	---	0	XXX							

Men Pole Vault

Dempsey: ! 5.81m 1/31/2004 Toby Stevenson, Unattached

Meet: M 5.58m 3/5/2011 Brad Walker, Nike

Name	Year	Team	Finals							
1	760	Brown, Garrett	Stanford	5.43m 17-09.75						
	4.28	4.43	4.58	4.73	4.88	5.03	5.18	5.33	5.43	5.53
	---	---	---	---	0	XO	0	0	0	XXX
2	528	Magula, Skyler	California	J5.43m 17-09.75						
	4.28	4.43	4.58	4.73	4.88	5.03	5.18	5.33	5.43	5.53
	---	---	---	---	---	XXO	---	XXO	XXX	
2	772	Manson, Max	Stanford	J5.43m 17-09.75						
	4.28	4.43	4.58	4.73	4.88	5.03	5.18	5.33	5.43	5.53
	---	---	---	---	---	0	XO	XO	XXO	XXX
4	520	Burns, Tyler	California	5.33m 17-05.75						
	4.28	4.43	4.58	4.73	4.88	5.03	5.18	5.33	5.43	
	---	---	---	---	---	0	0	XXX		
5	452	Cox, Austin	Arizona State	5.18m 17-00.00						
	4.28	4.43	4.58	4.73	4.88	5.03	5.18	5.33		
	---	---	---	---	---	0	0	XXX		
6	929	Englar, Jacob	Washington	J5.18m 17-00.00						
	4.28	4.43	4.58	4.73	4.88	5.03	5.18	5.33		
	---	---	---	---	---	XO	0	XXX		
7	660	Angove, Hunter	Oregon	5.03m 16-06.00						
	4.28	4.43	4.58	4.73	4.88	5.03	5.18			
	---	---	---	0	0	0	XXX			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men Pole Vault**

7	426	Kippes, Tanner	Arizona	5.03m	16-06.00
	4.28	4.43	4.58	4.73	4.88
				5.03	5.18
	---	---	---	---	0
				0	XXX
9	682	Yamafuji, J Kai	Oregon	J5.03m	16-06.00
	4.28	4.43	4.58	4.73	4.88
				5.03	5.18
	---	---	0	XO	XXO
				XO	XXX
10	766	Herrscher, JT	Stanford	J5.03m	16-06.00
	4.28	4.43	4.58	4.73	4.88
				5.03	5.18
	---	---	---	---	0
				XXO	XXX
11	822	O'Brien, Hunter	Ucla	4.88m	16-00.00
	4.28	4.43	4.58	4.73	4.88
				5.03	
	---	---	0	0	0
				XXX	
12	984	Tailin, Lucas	Washington St.	4.73m	15-06.25
	4.28	4.43	4.58	4.73	4.88
	---	---	---	0	XXX
12	923	Anderson, Will	Washington	4.73m	15-06.25
	4.28	4.43	4.58	4.73	4.88
	---	0	0	0	XXX
12	611	Gibson, Levi	George Fox	4.73m	15-06.25
	4.28	4.43	4.58	4.73	4.88
	---	---	0	0	XXX
--	455	Kasprzyk, Hunter	Arizona State		NH
	4.28	4.43	4.58		
	---	---	XXX		
--	667	Katahdin, Arthur	Oregon		NH
	4.28	4.43	4.58		
	---	---	XXX		

Men Long Jump

Dempsey: ! 8.12m 2/29/2008 Norris Frederick, Washington

Meet: M 7.74m 3/7/2009 Luis Rivera-Morales, Arizona

Name Year Team Finals

1	924	Artis, Prestin	Washington	7.75mM	25-05.25
	7.36m	FOUL	5.74m	7.75m	7.67m
					7.43m
2	768	Hunter, Allan	Stanford	7.39m	24-03.00
	FOUL	5.56m	7.15m	7.03m	7.35m
					7.39m
3	529	McMorris, Hakim	California	7.38m	24-02.50
	7.19m	7.20m	7.26m	FOUL	7.29m
					7.38m
4	679	Tactay, Jonah	Oregon	7.34m	24-01.00
	7.10m	7.11m	7.25m	7.34m	7.11m
					7.06m
5	437	Sims, Sir Jonathan	Arizona	7.33m	24-00.75
	7.33m	7.01m	6.81m	6.90m	6.98m
					7.31m
6	883	Wise, Dallas	Usc	7.32m	24-00.25
	7.21m	7.32m	FOUL	FOUL	FOUL
					FOUL
7	612	Kassebaum, Ethan	George Fox	7.26m	23-10.00
	FOUL	7.26m			
8	620	Seymour, Cameron	George Fox	7.14m	23-05.25
	6.97m	7.10m	6.67m	6.88m	6.88m
					7.14m
9	392	Sample, Collin	Alaska Anchorage	6.86m	22-06.25
	6.81m	5.34m	6.86m	6.79m	6.60m
					6.61m
10	569	Christiansen, Aida	Colorado	6.84m	22-05.25
	6.84m	5.66m	6.69m		

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men Long Jump**

11	575 Meyer, Jackson	Colorado	6.82m	22-04.50
	FOUL FOUL 6.82m			
12	615 Migani, Dieumerici	George Fox	6.79m	22-03.50
	6.75m FOUL 6.79m			
13	769 Kroeger, John	Stanford	5.57m	18-03.25
	5.57m FOUL FOUL			

Men Triple Jump

=====				
	Dempsey: ! 16.62m	2/1/2003	Julien Kapek, USC	
	Meet: M 15.81m	3/4/2006	Solomon Welch, Stanford	
	Name	Year Team	Finals	
=====				
1	679 Tactay, Jonah	Oregon	15.45m	50-08.25
	13.30m 15.06m 15.23m 15.45m 15.45m 15.24m			
2	883 Wise, Dallas	Usc	15.28m	50-01.75
	FOUL FOUL 15.28m FOUL FOUL 15.13m			
3	810 Davis, Jelaani	Ucla	15.22m	49-11.25
	FOUL 15.14m 15.22m FOUL FOUL 15.04m			
4	723 Njeri, David	Seattle Pacific	14.91m	48-11.00
	14.85m FOUL 14.79m 14.74m 14.20m 14.91m			
5	437 Sims, Sir Jonathan	Arizona	14.84m	48-08.25
	14.43m 14.63m 14.74m 14.50m 14.84m 14.53m			

Men Shot Put

=====				
	Dempsey: ! 21.47m	3/1/2008	Ryan Whiting, Arizona State	
	Meet: M 19.94m	3/3/2007	Russ Winger, Idaho	
	Name	Year Team	Finals	
=====				
1	428 Landa, Zach	Arizona	19.28m	63-03.25
	18.60m FOUL 19.28m 18.16m FOUL FOUL			
2	427 Koudssi, Youssef	Arizona	18.20m	59-08.50
	18.20m FOUL FOUL FOUL FOUL FOUL			
3	522 Duensing, Jeff	California	18.09m	59-04.25
	17.88m 18.09m FOUL FOUL 17.40m 17.44m			
4	487 Bryant, Danny	Byu	17.43m	57-02.25
	17.00m FOUL 16.42m 16.85m 16.85m 17.43m			
5	824 Pinckney, Michael	Ucla	17.33m	56-10.25
	15.40m 16.85m 17.33m FOUL 16.56m FOUL			
6	974 Grueso Mosquera,	Washington St.	17.30m	56-09.25
	17.25m 16.45m FOUL 17.25m FOUL 17.30m			
7	812 Elbettar, Aidan	Ucla	17.18m	56-04.50
	16.03m 17.18m FOUL 16.82m 16.85m FOUL			
8	532 Porter, Jake	California	16.95m	55-07.50
	16.95m FOUL FOUL 16.60m 16.28m FOUL			
9	668 Kinder, Jett	Oregon	13.89m	45-07.00
	13.89m FOUL 13.83m FOUL FOUL FOUL			
10	764 Gross, Garin	Stanford	13.76m	45-01.75
	FOUL FOUL 13.76m			
--	625 Olsen, Nick	Linfield	FOUL	
	FOUL FOUL FOUL			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Men Weight Throw**

Dempsey: ! 23.60m 2/27/2015 Conor McCullough, USC

Meet: M 21.09m 3/3/2007 Jake Shanklin, Wyoming

Name	Year Team	Finals
1 773 McKhann, Max	Stanford	22.48mM 73-09.00
21.93m 22.48m 22.48m FOUL FOUL 22.12m		
2 937 White, Jayden	Washington	21.99mM 72-01.75
21.99m FOUL 21.88m FOUL 21.31m FOUL		
3 824 Pinckney, Michael	Ucla	21.18mM 69-06.00
FOUL 21.18m FOUL FOUL 21.12m FOUL		
4 530 Moisander, Ivar	California	19.40m 63-07.75
19.06m 19.07m 19.38m 19.17m 19.24m 19.40m		
5 582 Sconce, Tyler	Colorado	19.14m 62-09.50
17.77m FOUL FOUL 17.71m 18.28m 19.14m		
6 755 Argyropoulos, Anth	Stanford	18.85m 61-10.25
17.75m 18.20m FOUL 18.80m 18.85m 18.65m		
7 533 Schroeter, Kegan	California	18.39m 60-04.00
17.91m FOUL FOUL FOUL 18.39m 18.23m		
8 584 Ward, Matt	Colorado	17.58m 57-08.25
17.34m FOUL 17.58m 16.58m FOUL 16.76m		
9 487 Bryant, Danny	Byu	17.44m 57-02.75
17.16m 16.99m 16.97m FOUL FOUL 17.44m		

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year Team	Finals	H#	Points
1 927 Comin Pescador, Br	Washington	6.99	1	886
2 934 Schlueter, Jami	Washington	7.04	2	868
3 936 Thorner, Oliver	Washington	7.19	2	816
4 985 Walburn, Lee	Washington St.	7.19	1	816
5 570 Colleran, Troy	Colorado	7.23	1	802
6 1017 Lemma, Grady	Pacific Lutheran	7.25	3	796
7 619 Phillips, Tayler	George Fox	7.27	1	789
8 535 Whatley, Cole	California	7.28	2	785
9 422 Gehr, Dominic	Arizona	7.32	2	772
10 624 Stade, Nicholas	Lewis & Clark	7.36	3	759
11 525 Knott, Riley	California	7.38	3	752
12 568 Bianco, Nick	Colorado	7.43	3	736
13 547 Maier, Braydon	Central Washington	7.43	3	736

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	2:37.02	907
2 985 Walburn, Lee	Washington St.	2:41.35	858
3 535 Whatley, Cole	California	2:42.06	851
4 934 Schlueter, Jami	Washington	2:42.42	847
5 568 Bianco, Nick	Colorado	2:42.90	841
6 1017 Lemma, Grady	Pacific Lutheran	2:44.23	827
7 624 Stade, Nicholas	Lewis & Clark	2:49.31	773
8 619 Phillips, Tayler	George Fox	2:54.91	715
9 525 Knott, Riley	California	3:04.55	620
10 422 Gehr, Dominic	Arizona	3:06.84	599

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023

Dempsey Indoor, Seattle WA

Results

....Heptathlon: #7 Men 1000 Meter Run Heptathlon

-- 936 Thorner, Oliver Washington DNF

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year Team	Finals	H#	Points
1	927 Comin Pescador, Br Washington	8.11	1	954
2	934 Schlueter, Jami Washington	8.28	1	913
3	619 Phillips, Tayler George Fox	8.34	2	898
4	535 Whatley, Cole California	8.34	3	898
5	568 Bianco, Nick Colorado	8.36	1	893
6	525 Knott, Riley California	8.48	4	865
7	936 Thorner, Oliver Washington	8.62	3	832
8	985 Walburn, Lee Washington St.	8.67	4	820
9	422 Gehr, Dominic Arizona	8.85	2	779
10	1017 Lemma, Grady Pacific Lutheran	8.85	5	779
11	624 Stade, Nicholas Lewis & Clark	9.11	5	722

Heptathlon: #4 Men High Jump Heptathlon

Name	Year Team	Finals	Points
1	927 Comin Pescador, Br Washington	2.03m	6-08.00 831
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03 2.06		
	--- --- --- --- --- --- --- --- 0 --- 0 0 XO 0 0 XXX		
2	525 Knott, Riley California	1.97m	6-05.50 776
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00		
	--- --- --- --- --- --- --- --- --- --- XO XO XO XXX		
3	619 Phillips, Tayler George Fox	1.91m	6-03.25 723
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94		
	--- --- --- --- --- --- --- --- XO XO XXO XXX		
4	985 Walburn, Lee Washington St.	1.88m	6-02.00 696
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91		
	--- --- --- --- --- --- --- --- XO XO XXX		
4	568 Bianco, Nick Colorado	1.88m	6-02.00 696
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91		
	--- --- --- --- --- 0 XO XO 0 XXO XXX		
4	422 Gehr, Dominic Arizona	1.88m	6-02.00 696
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91		
	--- --- --- 0 --- 0 --- 0 XO XXO XXX		
7	934 Schlueter, Jami Washington	1.85m	6-00.75 670
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88		
	--- --- 0 --- 0 --- 0 XO 0 XXX		
8	535 Whatley, Cole California	1.82m	5-11.50 644
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85		
	--- --- --- --- --- --- --- XXO XXX		
9	1017 Lemma, Grady Pacific Lutheran	1.79m	5-10.50 619
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82		
	0 --- XO 0 0 XO 0 XXX		
9	624 Stade, Nicholas Lewis & Clark	1.79m	5-10.50 619
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82		
	--- --- --- 0 0 XXO 0 XXX		
9	547 Maier, Braydon Central Washington	1.79m	5-10.50 619
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82		
	--- --- --- --- --- --- XXO XXX		

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023

Dempsey Indoor, Seattle WA

Results

....Heptathlon: #4 Men High Jump Heptathlon

-- 936 Thorner, Oliver Washington NH
1.61
XXX

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	4.90m 16-00.75	880
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00		0 0 XO 0 0 XO XXX	
1 568 Bianco, Nick	Colorado	4.90m 16-00.75	880
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00		XXO XO 0 XXO XXX	
3 535 Whatley, Cole	California	4.70m 15-05.00	819
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80		XO XO 0 0 XO 0 XXX	
4 985 Walburn, Lee	Washington St.	4.60m 15-01.00	790
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70		0 0 XXX	
5 936 Thorner, Oliver	Washington	4.50m 14-09.00	760
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60		XXO XXX	
5 934 Schlueter, Jami	Washington	4.50m 14-09.00	760
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60		0 0 XO 0 XXX	
7 525 Knott, Riley	California	4.40m 14-05.25	731
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50		0 0 0 0 0 XXX	
8 1017 Lemma, Grady	Pacific Lutheran	4.10m 13-05.25	645
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20		0 XXO XXX	
9 624 Stade, Nicholas	Lewis & Clark	4.00m 13-01.50	617
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10		0 0 XXX	
10 619 Phillips, Tayler	George Fox	3.80m 12-05.50	562
3.40 3.50 3.60 3.70 3.80 3.90		0 XXX	
-- 422 Gehr, Dominic	Arizona	NH	
3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40		XXX	

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	7.26m 23-10.00	876
6.66m 7.26m PASS			
2 934 Schlueter, Jami	Washington	7.12m 23-04.50	842
7.12m 6.97m 6.63m			
3 936 Thorner, Oliver	Washington	6.71m 22-00.25	746
6.68m 6.71m FOUL			
4 568 Bianco, Nick	Colorado	6.67m 21-10.75	736
6.63m 6.66m 6.67m			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Heptathlon: #2 Men Long Jump Heptathlon**

5	422 Gehr, Dominic	Arizona	6.59m	21-07.50	718
	6.36m 6.21m 6.59m				
6	535 Whatley, Cole	California	6.56m	21-06.25	711
	6.35m 6.56m 6.55m				
7	525 Knott, Riley	California	6.55m	21-06.00	709
	6.16m 6.55m 6.54m				
8	547 Maier, Braydon	Central Washington	6.45m	21-02.00	686
	6.24m 6.45m 6.38m				
9	985 Walburn, Lee	Washington St.	6.29m	20-07.75	650
	6.08m 6.29m 6.23m				
10	619 Phillips, Tayler	George Fox	6.21m	20-04.50	632
	6.21m 4.25m 5.89m				
11	624 Stade, Nicholas	Lewis & Clark	6.08m	19-11.50	604
	5.89m 6.08m 6.00m				
12	1017 Lemma, Grady	Pacific Lutheran	6.04m	19-09.75	595
	6.04m FOUL 6.03m				

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	13.98m	45-10.50 727
			13.72m 13.40m 13.98m
2 934 Schlueter, Jami	Washington	13.83m	45-04.50 718
			13.83m FOUL FOUL
3 422 Gehr, Dominic	Arizona	13.29m	43-07.25 685
			12.78m 12.96m 13.29m
4 985 Walburn, Lee	Washington St.	13.02m	42-08.75 668
			11.60m 13.02m FOUL
5 936 Thorner, Oliver	Washington	12.74m	41-09.75 651
			12.74m FOUL FOUL
6 525 Knott, Riley	California	12.62m	41-05.00 644
			11.88m 12.62m 12.13m
7 535 Whatley, Cole	California	12.56m	41-02.50 640
			11.50m 12.49m 12.56m
8 619 Phillips, Tayler	George Fox	12.23m	40-01.50 620
			FOUL 11.97m 12.23m
9 547 Maier, Braydon	Central Washington	12.01m	39-05.00 607
			11.58m 11.66m 12.01m
10 568 Bianco, Nick	Colorado	10.65m	34-11.25 525
			10.45m 10.65m 10.53m
11 1017 Lemma, Grady	Pacific Lutheran	10.48m	34-04.75 515
			10.27m 10.29m 10.48m
12 624 Stade, Nicholas	Lewis & Clark	8.34m	27-04.50 386
			8.09m 8.34m 7.57m

Men Heptathlon

Name	Year Team	Finals
Dempsey: ! 6344	1/31/2015 Jeremy Taiwo, Chula Vista OTC	
1 927 Comin Pescador, Br	Washington	6061
2 934 Schlueter, Jami	Washington	5618
3 535 Whatley, Cole	California	5348
4 568 Bianco, Nick	Colorado	5307

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men Heptathlon**

5	985 Walburn, Lee	Washington St.	5298
6	525 Knott, Riley	California	5097
7	619 Phillips, Tayler	George Fox	4939
8	1017 Lemma, Grady	Pacific Lutheran	4776
9	624 Stade, Nicholas	Lewis & Clark	4480
10	422 Gehr, Dominic	Arizona	4249
11	936 Thorner, Oliver	Washington	3805