

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 1 Men 5000 Meter Run**

Podium: 14:01.31 1 12/10/2022 **Wil Smith, Gonzaga**
NCAA: 13:08.28 2 2/11/2012 **Lawi Lalang, Arizona**

Name	School	Finals
Finals		
1 Kipainoi, Edwin	Montana Tech	15:02.79
2 Turpin, Connor	Lewis-Clark	15:09.94
3 Morgan, Justin	Montana Tech	15:42.85
4 Dugenet, Marc	Whitworth	16:14.50
5 Schultz, Derek	Montana Tech	16:21.92
6 Vlasaty, Aidan	Montana Tech	16:27.27
7 Sheppard, River	Montana Tech	16:34.24
8 Nealon, Joel	Whitworth	16:39.26
9 Sriraman, Jacob	Montana Tech	17:00.31

Event 2 Men 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Lewis-Clark	A	8:00.90
1) Alexander, Connor	2) Carlson, Cooper	3) Gordon, Carter
		4) Wessels, Kobe

Event 3 Men 60 Meter Dash Qualifying

Podium: 6.45 1 2/27/2022 **Christian Coleman, NIKE**

Name	School	Finals	H#
Finals			
1 Rieckmann, Ryan	Eastern Washington	7.10	1
2 Tourvieille, Romain	Trinity Western	7.12	3
3 Maricelli, Dom	Montana Tech	7.13	2
4 Merrifield, Zach	Unattached - Spokane CC	7.13	4
5 Barnaby, Jed	Lewis-Clark	7.14	6
6 Savage, Nate	Trinity Western	7.17	1
7 Schlachter, Drake	Montana Tech	7.18	1
8 Garner, Dallin	Northwest Nazarene	7.19	6
9 Jackson, Dylan	Linfield	7.25	4
10 Braseth, Hunter	Northwest Nazarene	7.25	3
11 Morris, Chandler	Linfield	7.26	4
12 Phillips, Desmond	Linfield	7.27	1
13 Wong, Nicholas	Northwest Nazarene	7.28	2
14 Hansen, Christian	Unattached - Spokane CC	7.28	3
15 Spears, Bryson	Eastern Oregon	7.29	1
16 Toews, Jonathan	Trinity Western	7.31	3
17 Alajiki, Michael	Trinity Western	7.31	5
17 Chalk, Luke	Trinity Western	7.31	4
19 Breuer, Dylan	Northwest Nazarene	7.31	6
20 Flanagan, Riley	Whitworth	7.32	3
21 Walter, Tyler	Montana Tech	7.32	5
22 Castillo, Jordan	Lewis-Clark	7.34	2
23 Cloy, Jevon	Linfield	7.36	1
24 Gonzalez, Andre	Unattached - Spokane CC	7.37	2
25 Armour, Cade	Trinity Western	7.39	4
26 Lantis, Aiden	Rocky Mountain	7.44	4
27 Bertling, Nik	Lewis-Clark	7.46	6

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 3 Men 60 Meter Dash Qualifying)**

Name	School	Finals	H#
28 Hunt, Sylvanus	Northwest Nazarene	7.47	3
29 Huxoll, Maxon	Eastern Oregon	7.48	5
30 Magill, Hayden	Linfield	7.49	6
31 Irish-Lodge, Samson	Whitworth	7.53	3
32 Lockyer, Camron	Trinity Western	7.54	2
33 Doughty, Andrew	Whitworth	7.54	1
34 Ditter, Cameron	Whitworth	7.55	4
35 Browning, Cooper	Linfield	7.61	5
36 Hawkins, Wyatt	Eastern Oregon	7.65	5
37 Cassidy, Adam	Whitworth	7.67	5
37 Berreth, Jackson	Northwest Nazarene	7.67	6
39 Bates-Montoya, Dominic	Trinity Western	7.76	3

Event 4 Women 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Podium: 7.82 1 2/27/2022 **Gabbi Cunningham, NIKE**

NCAA: 7.77 2 1/20/2023 **Masai Russell, Kentucky**

Name	School	Prelims	H#
Preliminaries			
1 Knight, Madelyn	Eastern Washington	8.77 Q	3
2 Bayes, Morgan	Eastern Oregon	9.10 Q	2
3 Bradshaw, Nikita	Trinity Western	9.16 Q	1
4 Hewson, Amelia	Whitworth	9.18 q	3
5 Fryberger, Carlee		9.22 q	1
6 Wynn, Shaylynn	Stanislaus State	9.35 q	3
7 Garcia Arias, Belen	Idaho	9.36 q	2
8 Severson, Olleca	Montana Tech	9.71 q	3
9 Luong, Viviann	San Francisco St.	9.73	1
10 O'Brien, Kathleen	San Francisco St.	9.90	2
11 Davidowske, Katja	Idaho	9.96	3
12 Noordam, Eileen	Trinity Western	10.41	1
13 Thweatt, Sydney	Eastern Washington	10.47	3
14 Graham, Hailey	Northwest Nazarene	10.64	2
15 Powers, Emily	Northwest Nazarene	10.81	1
16 Dobrohoczki, Cara	Trinity Western	11.50	2
17 Drury, Kaitlyn	Northwest Nazarene	14.15	1

Event 5 Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Podium: 7.37 1 2/27/2022 **Grant Holloway, adidas**

NCAA: 7.35 2 3/9/2019 **Grant Holloway, Florida**

Name	School	Prelims	H#
Preliminaries			
1 Bowden, Parker	Tracksmith	7.82 Q	4
2 Doucette, Ben		7.88 Q	2
3 Hering, Jurrian	Idaho	8.14 Q	1
4 McClernan, Morgan	Montana Tech	8.71 Q	3
5 Davis, Deyondre	Idaho	8.41 q	2
6 Teevens, Cody	Eastern Washington	8.60 q	2
7 Homen, Chris	Eastern Washington	8.63 q	1

Inland Northwest Invite - 1/28/2023**The Podium****Results****Preliminaries ... (Event 5 Men 60 Meter Hurdles)**

Name	School	Prelims	H#
8 Conley, Elijah	Eastern Washington	8.72 q	4
9 Nye, Turner	Northwest Nazarene	8.74	3
10 Downey, Holt	Montana Tech	8.74	4
11 Gremaud, Brandon	Trinity Western	8.75	1
12 Savage, Nate	Trinity Western	8.88	2
13 Nichols, Mason	Eastern Oregon	8.90	1
14 Cloy, Jevon	Linfield	8.97	2
14 Fowler, Trey	Unattached - Spokane CC	8.97	3
16 Martin, Jalen	Whitworth	9.05	3
17 Krutzikowsky, Ronan	Linfield	9.21	2
18 Bane, Zaan	Whitworth	9.24	3
19 Watts, Daniel	Whitworth	9.36	4
20 Castellani, Evan	Trinity Western	9.40	4
21 Cach, Eli	Whitworth	9.52	1
22 Luccock, Dominic	Trinity Western	9.72	3
23 Warkentin, Justin	Trinity Western	9.78	1
24 Cassidy, Adam	Whitworth	9.82	3
25 Luccock, Brendan	Trinity Western	9.93	2

Event 6 Women 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Podium: 7.07 1 2/27/2022 **Mikiah Brisco, Unattached**
NCAA: 7.04 2 3/12/2022 **Julian Alfred, Texas**

Name	School	Prelims	H#
Preliminaries			
1 Wood, Abbey	Northwest Nazarene	7.67 Q	3
2 Crouch, Camryn	Idaho	7.70 Q	5
3 Jacobson, Natylia	Montana Tech	7.84 Q	1
4 Feinglas, McKenzie	Linfield	7.95 Q	4
5 Conlan, Mollee	Montana Tech	8.13 Q	2
6 Kuntz, Samiah	Eastern Washington	7.85 q	3
7 Olson, Alina	Trinity Western	7.92 q	3
8 George, Lamiah	San Francisco St.	7.92 q	3
9 Hewson, Amelia	Whitworth	7.99	3
9 Wahl, Kellan	Rocky Mountain	7.99	5
11 Brence, Kalli	Northwest Nazarene	8.10	3
12 Reagan, Sydney		8.13	2
12 Tonoukouin, Maia	San Francisco St.	8.13	2
14 Glanzer, Emma	Eastern Washington	8.19	4
15 Gomez, Alejandra	Northwest Nazarene	8.20	3
15 Baniaga, Katie	Northwest Nazarene	8.20	5
17 Baniaga, Kayla	Northwest Nazarene	8.21	2
18 Williams, Shayna	Northwest Nazarene	8.23	4
19 Hathaway, Sara	Lewis-Clark	8.26	5
20 Carpenter, Jenna	Lewis-Clark	8.28	1
21 Harris-Bazuaye, Zyah	San Francisco St.	8.29	2
22 Hillman, Jenna	Rocky Mountain	8.37	1
23 Silis, Rachelle	Linfield	8.38	1
24 Soto, LizBeth	Unattached - Spokane CC	8.42	1
25 Beaudin, Naiya	Montana Tech	8.46	1

Inland Northwest Invite - 1/28/2023**The Podium****Results****Preliminaries ... (Event 6 Women 60 Meter Dash)**

Name	School	Prelims	H#
26 Myer, Gianna	San Francisco St.	8.48	1
27 Hayes, Jordan	Linfield	8.54	5
28 Klindt, Addison	Linfield	8.55	4
29 Algarin, Madison	San Francisco St.	8.61	2
30 Mack, Emberlynn	Lewis-Clark	8.73	5
31 Clinton, Brooke	Whitworth	8.73	4
32 Johnson, Angel	Stanislaus State	8.76	5
33 Gillette, Alanna	Stanislaus State	9.09	4
34 Kaae, Alexis	Stanislaus State	9.29	2

Event 7 Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Podium: 6.45 1 2/27/2022 **Christian Coleman, NIKE**

NCAA: 6.45 2 3/11/2017 **Christian Coleman, Tennessee**

Name	School	Prelims	H#
Preliminaries			
1 Hines, Solo	Whitworth	6.83 Q	1
2 Gauthier, Joe	Eastern Washington	6.87 Q	2
3 Blackman, Jr, Kenny	Trinity Western	7.06 Q	3
4 Durfee, Brayden	Northwest Nazarene	7.02 q	1
5 Choates, De'Antae	Washington St.	7.03 q	1
6 Tourvieille, Romain	Trinity Western	7.08 q	2
7 Deringer, Blake	Washington St.	7.08 q	1
8 Arnett, Shen	Trinity Western	7.11 q	3
9 Tjernagel, Benjamin	Trinity Western	7.11	1
10 Garner, Dallin	Northwest Nazarene	7.16	3
11 Barnaby, Jed	Lewis-Clark	7.16	2
11 Allen, Logan	Eastern Washington	7.16	3
13 Rieckmann, Ryan	Eastern Washington	7.16	1
14 Schlachter, Drake	Montana Tech	7.17	2
15 Maricelli, Dom	Montana Tech	7.19	1
16 Savage, Nate	Trinity Western	7.20	3
17 Phillips, Desmond	Linfield	7.22	2
18 Jackson, Dylan	Linfield	7.23	2
19 Merrifield, Zach	Unattached - Spokane CC	7.24	3
19 Braseth, Hunter	Northwest Nazarene	7.24	3
21 Morris, Chandler	Linfield	7.24	1
22 Alajiki, Michael	Trinity Western	7.30	2

Event 8 Girls 60 Meter Hurdles Invite HS

Name	School	Finals
Finals		
1 Stuffle, Damaris	Unattached- High School	9.62
2 Nackos, Jen	Unattached- High School	10.15
3 He, Lucy	Unattached- High School	10.42
4 Dainty, Abigail	Unattached- High School	11.00

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 9 Women 60 Meter Hurdles****Podium:** 7.82 1 2/27/2022**Gabbi Cunningham, NIKE**

NCAA: 7.77 2 1/20/2023

Masai Russell, Kentucky

Name	School	Finals
Finals		
1 Knight, Madelyn	Eastern Washington	8.73
2 Hewson, Amelia	Whitworth	8.94
3 Bradshaw, Nikita	Trinity Western	9.07
4 Bayes, Morgan	Eastern Oregon	9.08
5 Wynn, Shaylynn	Stanislaus State	9.31
6 Garcia Arias, Belen	Idaho	9.35
7 Fryberger, Carlee		9.37
8 Severson, Olleca	Montana Tech	10.00

Event 10 Boys 60 Meter Hurdles Invite HS

Name	School	Finals
Finals		
1 Lee, Rusty	Unattached- High School	8.34
2 Hisaw, Jake	Unattached- High School	8.53
3 Burns, Jackson	Unattached- High School	8.68
4 Bishop, Rick	Unattached- High School	8.94
5 Jones, Tyler	Unattached- High School	9.33
6 Shimmels, Tre	Unattached- High School	9.53

Event 11 Men 60 Meter Hurdles**Podium:** 7.37 1 2/27/2022**Grant Holloway, adidas**

NCAA: 7.35 2 3/9/2019

Grant Holloway, Florida

Name	School	Finals
Finals		
1 Bowden, Parker	Tracksmith	7.80
2 Doucette, Ben		7.87
3 Hering, Jurrian	Idaho	8.16
4 Davis, Deyondre	Idaho	8.43
5 Homen, Chris	Eastern Washington	8.57
6 Teevens, Cody	Eastern Washington	8.64
7 McClernan, Morgan	Montana Tech	8.74
8 Conley, Elijah	Eastern Washington	8.81

Event 12 Girls 60 Meter Dash Invite HS

Name	School	Finals
Finals		
1 Nielsen, Ashlyn	Unattached- High School	7.94
2 Mitchell, Adalyn	Unattached- High School	8.08
3 Taylor, Ellabelle	Unattached- High School	8.09
4 Nelson, Maricela	Unattached- High School	8.15
5 Wahlstrom, Emma	Unattached- High School	8.25
6 Stave, Alexa	Unattached- High School	8.52
7 Risueno, Alondra	Unattached- High School	8.66

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 13 Women 60 Meter Dash****Podium:** 7.07 1 2/27/2022**Mikiah Brisco, Unattached**

NCAA: 7.04 2 3/12/2022

Julian Alfred, Texas

Name	School	Finals
Finals		
1 Wood, Abbey	Northwest Nazarene	7.64
2 Crouch, Camryn	Idaho	7.67
3 Kuntz, Samiah	Eastern Washington	7.77
4 George, Lamiah	San Francisco St.	7.88
5 Jacobson, Natyia	Montana Tech	7.88
6 Feinglas, McKenzie	Linfield	7.94
7 Olson, Alina	Trinity Western	7.96
8 Conlan, Mollee	Montana Tech	8.17

Event 14 Boys 60 Meter Dash Invite HS

Name	School	Finals
Finals		
1 Kuntz, Keenan	Unattached- High School	6.91
2 Luther, Lex	Unattached- High School	7.03
3 Hisaw, Jake	Unattached- High School	7.13
4 Roberson, Isaiah	Unattached- High School	7.26
5 Morehead, Caleb	Unattached- High School	7.35
6 Lee, Rusty	Unattached- High School	7.43

Event 15 Men 60 Meter Dash**Podium:** 6.45 1 2/27/2022**Christian Coleman, NIKE**

NCAA: 6.45 2 3/11/2017

Christian Coleman, Tennessee

Name	School	Finals
Finals		
1 Hines, Solo	Whitworth	6.71
2 Gauthier, Joe	Eastern Washington	6.82
3 Arnett, Shen	Trinity Western	6.90
4 Blackman.Jr, Kenny	Trinity Western	6.91
5 Durfee, Brayden	Northwest Nazarene	6.97
6 Tourvieille, Romain	Trinity Western	6.98
7 Choates, De'Antae	Washington St.	7.00

Event 16 Girls 1 Mile Run Invite HS

Name	School	Finals
Finals		
1 Cullen, Charolette	Unattached- High School	5:19.39
2 Burns, Bridget	Unattached- High School	5:24.73
3 Carter, Kendall	Unattached- High School	5:33.50
4 Davidson, Maren	Unattached- High School	5:34.90
5 Ferraro, Olivia	Unattached- High School	5:36.06
6 Borg, Raegan	Unattached- High School	5:36.20
7 Clark, Ara	Unattached- High School	5:41.88

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 17 Women 1 Mile Run****Podium: 4:46.45 1 2/19/2022****Veerle Bakker, Portland****NCAA: 4:24.26 2 1/28/2023****Katelyn Tuohy, NC State**

Name	School	Finals	H#
Finals			
1 Chouati, Najwa	Stanislaus State	4:59.56	2
2 Herbes, Michelle	Eastern Oregon	5:03.46	2
3 Muneton, Jasmin	Eastern Washington	5:08.16	2
4 Gibson, Madalene	Trinity Western	5:15.25	2
5 Zuniga, Yahaira	Stanislaus State	5:15.90	2
6 Drennen, Maddie	Eastern Washington	5:21.96	2
7 Shell, Brooklyn	Lewis-Clark	5:22.51	2
8 Moreno, Isabela	Stanislaus State	5:22.88	1
9 Buckley, Madelyn	Whitworth	5:22.99	2
10 Morris, Riley	Eastern Oregon	5:24.80	1
11 Dixon, Grace	Lewis-Clark	5:25.03	2
12 Tiegs, Grace	Lewis-Clark	5:25.46	2
13 Peightal, Abigail	Lewis-Clark	5:26.82	1
14 Erickson, Makayla	Linfield	5:28.07	1
15 Nichols, Madelyn	Eastern Oregon	5:29.94	1
16 Wilkins, Kallyn	Rocky Mountain	5:31.42	1
17 Stewart, Keelin	Northwest Nazarene	5:39.80	1
18 Kelly, Madison	Montana Tech	5:43.66	1
19 Jany, Alyssa	Montana Tech	5:45.95	1
20 Ussher, Camille	Unattached - Spokane CC	5:53.29	1
21 Hoffman, Abby	Montana Tech	5:57.17	1

Event 18 Boys 1 Mile Run Invite HS

Name	School	Finals
Finals		
1 Holden, Noah	Unattached- High School	4:35.61
2 Aden, Micaiah	Unattached- High School	4:35.94
3 Roche, Nathan	Unattached- High School	4:36.91
4 King, Jacob	Unattached- High School	4:38.20
5 Ricks, Daniel	Unattached- High School	4:57.62
6 Adair, Donavyn	Unattached- High School	5:06.86

Event 19 Men 1 Mile Run**Podium: 3:59.64 1 2/5/2022****Duncan Hamilton, Montana State****NCAA: 3:50.39 2 2/13/2021****Cooper Teare, Oregon**

Name	School	Finals	H#
Finals			
1 Nichols, Hunter	Eastern Oregon	4:19.13	2
2 Wind, Jonny	Eastern Oregon	4:19.38	2
3 Carlascio, Anthony	Eastern Washington	4:21.71	2
4 Stuard, Cameron	Eastern Washington	4:23.34	2
5 Callahan, Adam	Whitworth	4:23.89	2
6 Wessels, Kobe	Lewis-Clark	4:24.36	2
7 Steed, Austin	Eastern Washington	4:25.32	2
8 Kness, Alec	Eastern Washington	4:26.68	2
9 Brown, Caleb	Eastern Oregon	4:27.41	1

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 19 Men 1 Mile Run)**

	Name	School	Finals	H#
10	Oathout, Alex	Linfield	4:28.10	1
11	Cahill, Calvin	Linfield	4:29.31	1
12	Alexander, Connor	Lewis-Clark	4:30.41	2
13	Zerr, Benjamin	Montana Tech	4:33.41	2
14	Toneguzzi, Daniel	Trinity Western	4:35.69	1
15	Dooley, Conner	Linfield	4:39.47	1
16	Martinez, Joel	Unattached - Spokane CC	4:41.85	1
17	Kern, Evan	Linfield	4:47.29	1
18	Sellmann, Luke	Lewis-Clark	4:47.79	1
19	Eakin, Tyler	Whitworth	4:48.10	1
20	Karpstein, Lee	Montana Tech	4:51.66	1

Event 20 Women 400 Meter Dash**Podium: 51.88 1 2/27/2022****Lynna Irby, adidas****NCAA: 50.34 2 3/10/2018****Kendall Ellis, Southern California**

	Name	School	Finals	H#
Finals				
1	Wickramaraachchi, Prabhasha	Idaho	56.41	1
2	Martin, Olivia	Idaho	56.86	1
3	Stoehr, Franziska	Idaho	57.54	1
4	Collins, Emily	Lewis-Clark	58.04	2
5	Holzhauser, Lara	Idaho	59.09	3
6	Bayes, Morgan	Eastern Oregon	1:00.10	4
7	Polk, Assata	San Francisco St.	1:00.21	2
8	DeJong, Laine	Northwest Nazarene	1:00.25	1
9	Kennedy, Faith	Eastern Washington	1:00.27	2
10	Pattison, Chloe	Eastern Washington	1:00.65	3
11	Wilson, Hadassah	Montana Tech	1:00.99	3
12	Graham, Hailey	Northwest Nazarene	1:01.14	4
13	Hempstead, Felicity	Eastern Washington	1:01.27	3
14	Comba, Kamryn	Montana Tech	1:02.36	4
15	Harris-Bazuaye, Zyah	San Francisco St.	1:02.90	4
16	McBride-Steiger, Justice	Linfield	1:04.04	2
17	Silis, Rachelle	Linfield	1:06.93	5
18	Stokes, Tyne	Rocky Mountain	1:07.15	5
19	Pearson, Kathryn	Linfield	1:08.47	5
20	Waller, Jacklyn	Montana Tech	1:12.71	5
---	Knight, Sabryn	San Francisco St.	DNF	4
---	Wynn, Shaylynn	Stanislaus State	DQ	2

Event 21 Men 400 Meter Dash**Podium: 45.75 1 2/27/2022****Trevor Bassitt, Ashland University****NCAA: 44.52 2 3/10/2018****Michael Norman, Southern California**

	Name	School	Finals	H#
Finals				
1	Bracken, Liam	Eastern Washington	48.05	1
2	Davis, Deyondre	Idaho	49.82	1
3	Earles, Daniel	Trinity Western	50.27	2
4	Watkins, Jon	Idaho	50.34	1
5	Tourvieille, Romain	Trinity Western	50.52	2

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 21 Men 400 Meter Dash)**

Name	School	Finals	H#
6 Henkel, Evan	Idaho	50.75	2
7 Bentz, Kelsy	Trinity Western	51.24	3
8 Salvesson, Shaun	Unattached - Spokane CC	51.46	3
9 Nye, Turner	Northwest Nazarene	51.62	2
10 Wilkins, Shalkar	Northwest Nazarene	52.55	3
11 Krutzikowsky, Ronan	Linfield	52.59	3
12 Richmond, Maximus	Unattached - Spokane CC	53.23	4
13 Christiansen, Tucker	Montana Tech	53.30	3
14 Rogers, Juston	Linfield	53.44	4
15 Spears, Bryson	Eastern Oregon	53.44	5
16 Hrychiw, Eli	Trinity Western	53.79	5
17 Doughty, Andrew	Whitworth	53.87	5
18 Lantis, Aiden	Rocky Mountain	54.10	4
19 McGaughey, Ian		54.65	4
20 Young, Griffin	Linfield	56.26	4
21 Vera, Andrew	Linfield	57.71	5

Event 22 Women 800 Meter Run

Podium: 2:01.27 1 1/27/2023
NCAA: 1:58.40 2 2/25/2021

Kaela Edwards, adidas
Athing Mu, Texas A&M

Name	School	Finals	H#
Finals			
1 Little Light, Sydney	Rocky Mountain	2:14.96	2
2 Correa, Geraldin	Lewis-Clark	2:16.90	2
3 Nutting, Haven	Eastern Washington	2:17.62	2
4 Gebhardt, Katie Jo	Eastern Oregon	2:24.63	2
5 Nygard, Amanda	Eastern Washington	2:25.50	2
6 Knowles, Makenze	Northwest Nazarene	2:25.50	2
7 Davies, Rhiannon	Eastern Washington	2:28.06	2
8 Bonzani, Kendall	Eastern Oregon	2:33.69	1
9 Sturley, Mary	Linfield	2:33.96	1
10 Powers, Emily	Northwest Nazarene	2:33.97	1
11 Peck, Sydney	Eastern Oregon	2:35.23	1
12 Kelly, Madison	Montana Tech	2:35.66	1
13 Moore, Payton	Whitworth	2:37.85	1
14 Koscielski, Tabitha	Unattached - Spokane CC	2:39.00	1
15 Frazier, Anna	Linfield	2:39.33	1
16 Hermiston, Kayla	Trinity Western	2:53.66	1
17 Carter, Violet	Rocky Mountain	2:58.76	1

Event 23 Men 800 Meter Run

Podium: 1:45.30 1 2/27/2022
NCAA: 1:44.84 2 3/4/1989

Bryce Hoppel, adidas
Paul Ereng, Virginia

Name	School	Finals	H#
Finals			
1 Gordon, Carter	Lewis-Clark	1:56.80	2
2 Figueira, Kainoa	Whitworth	1:57.58	2
3 Robert, Lucas	Eastern Washington	1:58.44	2
4 Maxwell, Daniel	Eastern Washington	1:58.69	2
5 Ellis, Quincy	Northwest Nazarene	1:59.53	1

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 23 Men 800 Meter Run)**

	Name	School	Finals	H#
6	Petsch, Seth	Rocky Mountain	2:00.30	1
7	Barville, Ian	Montana Tech	2:01.96	2
8	Dooley, Conner	Linfield	2:02.00	2
9	Oathout, Alex	Linfield	2:02.08	2
10	Cahill, Calvin	Linfield	2:02.19	2
11	Thatcher, James	Eastern Oregon	2:03.01	1
12	Gremaud, Ethan	Trinity Western	2:03.07	1
13	Buckley, Matt	Whitworth	2:03.48	1
14	Kempkes, William	Montana Tech	2:04.06	1
15	Morgan, Eric	Rocky Mountain	2:04.11	1
16	Kness, Zachary	Unattached - Spokane CC	2:05.11	1
17	Gregerson, Konnor	Montana Tech	2:06.89	1
18	Szostak, Kai	Linfield	2:09.91	1
19	Callahan, Adam	Whitworth	2:13.98	2

Event 24 Women 200 Meter Dash**Podium: 23.18 1 2/23/2023****Jadyn Mays, Oregon****NCAA: 22.09 2 2/25/2022****Abby Steiner, Kentucky**

	Name	School	Finals	H#
Finals				
1	Crouch, Camryn	Idaho	25.20	1
2	Martin, Olivia	Idaho	25.31	1
3	Wood, Abbey	Northwest Nazarene	25.60	1
4	Feinglas, McKenzie	Linfield	25.72	1
5	Knight, Madelyn	Eastern Washington	25.77	2
6	Kuntz, Samiah	Eastern Washington	25.86	2
7	Olson, Alina	Trinity Western	25.92	3
8	Thweatt, Sydney	Eastern Washington	25.97	2
9	Jacobson, Natylia	Montana Tech	26.37	2
10	McAuliff, Hayden	Eastern Washington	26.42	3
11	Wahl, Kellan	Rocky Mountain	26.63	3
12	Baniaga, Katie	Northwest Nazarene	26.71	4
13	George, Lamiah	San Francisco St.	26.78	5
14	Williams, Shayna	Northwest Nazarene	26.83	3
15	George, Lauren	San Francisco St.	27.12	5
16	Baniaga, Kayla	Northwest Nazarene	27.14	6
17	Tancsics, Katie	Trinity Western	27.43	6
18	Severson, Olleca	Montana Tech	27.64	5
19	Reagan, Sydney		27.77	5
20	O'Brien, Kathleen	San Francisco St.	27.78	7
21	Hillman, Jenna	Rocky Mountain	27.80	8
22	Hayes, Jordan	Linfield	28.17	7
23	Fonseca, Ana	Trinity Western	28.25	7
24	Kzaley, Elise	Montana Tech	28.39	6
25	Luong, Viviann	San Francisco St.	28.41	8
26	McBride-Steiger, Justice	Linfield	28.46	4
27	Horsley, Alexa	Lewis-Clark	28.83	4
28	Silis, Rachelle	Linfield	28.88	8
29	Drury, Kaitlyn	Northwest Nazarene	29.03	7
30	Clinton, Brooke	Whitworth	29.05	8

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 24 Women 200 Meter Dash)**

	Name	School	Finals	H#
31	Pearson, Kathryn	Linfield	29.53	9
32	Klindt, Addison	Linfield	30.01	7
33	Johnson, Angel	Stanislaus State	30.31	9
34	Gillette, Alanna	Stanislaus State	30.86	9
35	Kaae, Alexis	Stanislaus State	31.16	9
36	Waller, Jacklyn	Montana Tech	31.37	9
---	Clark, Abby	Montana Tech	FS	6

Event 25 Men 200 Meter Dash

Podium: 21.22 1 1/15/2022 **Rieker Daniel, Oregon**

NCAA: 20.02 2 3/10/2018 **Elijah Hall, Houston**

	Name	School	Finals	H#
Finals				
1	Arnett, Shen	Trinity Western	21.56	1
2	Braseth, Hunter	Northwest Nazarene	21.91	2
3	Gauthier, Joe	Eastern Washington	22.06	2
4	Choates, De'Antae	Washington St.	22.21	1
5	Blackman.Jr, Kenny	Trinity Western	22.28	4
6	Durfee, Brayden	Northwest Nazarene	22.36	1
7	Jackson, Dylan	Linfield	22.56	2
8	Maricelli, Dom	Montana Tech	22.87	5
9	Tjernagel, Benjamin	Trinity Western	22.89	3
10	Watkins, Jon	Idaho	22.90	4
11	Merrifield, Zach	Unattached - Spokane CC	22.92	6
12	Crupper, Stephen	Whitworth	22.99	3
13	Morris, Chandler	Linfield	23.08	3
14	Hunt, Sylvanus	Northwest Nazarene	23.10	3
15	Allen, Logan	Eastern Washington	23.13	2
16	Jetmore, Jay	Rocky Mountain	23.14	7
17	Castillo, Jordan	Lewis-Clark	23.14	5
18	Garner, Dallin	Northwest Nazarene	23.16	7
19	Nichols, Mason	Eastern Oregon	23.26	6
20	Armour, Cade	Trinity Western	23.39	5
21	Breuer, Dylan	Northwest Nazarene	23.43	4
22	Cardinez, Aaron	Trinity Western	23.64	4
23	Downey, Holt	Montana Tech	23.68	7
24	Toews, Jonathan	Trinity Western	23.73	6
25	Christiansen, Tucker	Montana Tech	23.74	8
26	Doughty, Andrew	Whitworth	23.88	9
27	Ditter, Cameron	Whitworth	23.96	7
28	Walter, Tyler	Montana Tech	24.12	8
29	Wong, Nicholas	Northwest Nazarene	24.15	6
30	Wright, Logan	Whitworth	24.18	5
31	Berreth, Jackson	Northwest Nazarene	24.28	8
32	Magill, Hayden	Linfield	24.32	8
33	McClerman, Morgan	Montana Tech	24.35	8
34	Hawkins, Wyatt	Eastern Oregon	24.64	9
35	Dykstra, Nathan	Whitworth	24.72	9
36	Browning, Cooper	Linfield	25.20	9
37	Bates-Montoya, Dominic	Trinity Western	25.46	9

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 25 Men 200 Meter Dash)**

Name	School	Finals	H#
38 Young, Griffin	Linfield	25.76	7

Event 26 Women 3000 Meter Run

Podium: 8:41.53 1 2/27/2022 **Elle Purrier St. Pierre, New Balance Boston**
NCAA: 8:41.60 2 2/3/2018 **Karissa Schweizer, Missouri**

Name	School	Finals
Finals		
1 Chouati, Najwa	Stanislaus State	10:02.17
2 Little Light, Sydney	Rocky Mountain	10:07.80
3 Sheley, Kaylin	Eastern Washington	10:12.40
4 Ruzauskas, Nattie	Eastern Washington	10:18.69
5 Carr, Madi	Eastern Washington	10:21.19
6 Fetzer, Lilly	Eastern Washington	10:21.97
7 Zuniga, Yahaira	Stanislaus State	10:24.23
8 Erler, Morgan	Northwest Nazarene	10:27.03
9 Moreno, Isabela	Stanislaus State	10:49.63
10 Harrison, Anna	Eastern Washington	10:56.58
11 Woodland, Jayden	Rocky Mountain	10:58.74
12 Klein, Olivia	Northwest Nazarene	10:59.02
13 Reisdorf, Naomi	Trinity Western	11:00.66
14 Manning, Carlin	Montana Tech	11:22.02
15 Jacobson, Haley	Whitworth	11:23.38
16 Ferraro, Sophia	Unattached - Spokane CC	11:40.56
17 Bryntesen, Chloe	Rocky Mountain	11:41.15
18 Schoenfeld, Rylie	Rocky Mountain	11:41.41
19 Teeuwssen, Charlotte	Trinity Western	12:07.46

Event 27 Men 3000 Meter Run

Podium: 7:47.50 1 2/26/2022 **Cole Hocker, NIKE**
NCAA: 7:36.42 2 1/27/2023 **Drew Bosley, Northern Arizona**

Name	School	Finals
Finals		
1 Wilson, Jackson	Rocky Mountain	8:36.05
2 Lemon, Marcus	Eastern Washington	8:39.53
3 Herrejon, Jesus	Eastern Washington	8:48.74
4 Woolgar, Joshua	Trinity Western	8:51.80
5 Brown, Brycen	Lewis-Clark	8:51.81
6 Peters, Alex	Whitworth	8:57.65
7 Glass, Justin	Rocky Mountain	9:04.28
8 Akiyama, Isaac	Whitworth	9:12.44
9 Heberlein, Aaron	Northwest Nazarene	9:32.75
10 Sellmann, Luke	Lewis-Clark	9:42.67
11 Swanson, Gideon	Unattached - Spokane CC	9:52.50
12 Rische, Landon	Trinity Western	10:45.93

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 28 Women 4x400 Meter Relay**

Podium: 3:37.92 1 1/13/2023 USC, USC
 Lear, Cenci, Chandler, Serville

NCAA: 3:24.09 2 2/25/2022 Arkansas
 Effiong, Hollis, Maloney, Wilson

Team	Relay	Finals	H#
Finals			
1 Eastern Washington	A	3:56.09	2
1) Knight, Madelyn	2) Nutting, Haven	3) Thweatt, Sydney	4) Kennedy, Faith
2 Lewis-Clark	A	4:04.61	2
1) Tiegs, Grace	2) Correa, Geraldin	3) Carpenter, Jenna	4) Collins, Emily
3 Eastern Oregon	A	4:04.72	1
1) Bayes, Morgan	2) Gebhardt, Katie Jo	3) Peck, Sydney	4) Herbes, Michelle
4 Northwest Nazarene	A	4:04.86	2
1) Wood, Abbey	2) Gomez, Alejandra	3) Knowles, Makenze	4) DeJong, Laine
5 Montana Tech	A	4:07.24	1
1) Severson, Olleca	2) Comba, Kamryn	3) Kzaley, Elise	4) Wilson, Hadassah
6 Eastern Washington	B	4:07.71	1
1) Hempstead, Felicity	2) Martinez, Faith	3) Pattison, Chloe	4) Kuntz, Samiah
7 Eastern Washington	C	4:25.66	1
1) Muneton, Jasmin	2) Nygard, Amanda	3) Davies, Rhiannon	4) Drennen, Maddie
--- Whitworth	A	DNF	2
1) Clinton, Brooke	2) Buckley, Madelyn	3) Moore, Payton	4) Jacobson, Haley

Event 29 Men 4x400 Meter Relay

Podium: 3:10.16 1 1/13/2023 USC, USC
 Jones, Allen, Myers, Borzor

NCAA: 3:00.77 2 3/10/2018 Southern California
 Shinnick, Benjamin, Morgan, Norman

Team	Relay	Finals	H#
Finals			
1 Eastern Washington	A	3:24.21	2
1) Bracken, Liam	2) Phelps, Camden	3) Robert, Lucas	4) Kness, Alec
2 Northwest Nazarene	A	3:24.84	2
1) Braseth, Hunter	2) Ellis, Quincy	3) Wilkins, Shalkar	4) Durfee, Brayden
3 Trinity Western	A	3:26.58	1
1) Earles, Daniel	2) Tjernagel, Benjamin	3) Bentz, Kelsy	4) Tourvieille, Romain
4 Whitworth	A	3:30.90	2
1) Watts, Daniel	2) Figueira, Kainoa	3) Buckley, Matt	4) Callahan, Adam
5 Trinity Western	B	3:32.35	1
1) Cardinez, Aaron	2) Hrychiw, Eli	3) Armour, Cade	4) Gremaud, Ethan
6 Montana Tech	A	3:32.54	2
1) Maricelli, Dom	2) Barville, Ian	3) McClerman, Morgan	4) Christiansen, Tucker
7 Lewis-Clark	A	3:32.83	1
1) Johnson, Trenton	2) Wessels, Kobe	3) Alexander, Connor	4) Gordon, Carter
8 Whitworth	B	3:45.36	1
1) Crupper, Stephen	2) Ditter, Cameron	3) Dykstra, Nathan	4) Cach, Eli
--- Eastern Washington	B	DNF	1
1) Carlascio, Anthony	2) Gauthier, Joe	3) Allen, Logan	4) Maxwell, Daniel

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 30 Women Weight Throw****Podium: 24.28m 1 2/27/2022****Janee Kassanavoid, NIKE****NCAA: 25.56m 2 3/10/2007****Brittany Riley, Southern Illinois**

Name	School	Finals		H#
Finals				
1 Woodward, Kenna	Eastern Oregon	16.63m	54-06.75	2
2 Ledbetter, Maggie	Eastern Oregon	16.44m	53-11.25	2
3 Bell, Caitlyn	Stanislaus State	16.33m	53-07.00	1
4 Paller, Kaitlyn	Eastern Washington	16.30m	53-05.75	2
5 Fonoti, Dyvhine	Eastern Washington	15.53m	50-11.50	2
6 Herbert, Destany	Northwest Nazarene	15.24m	50-00.00	2
7 Stovall, Carissa	Eastern Washington	14.93m	48-11.75	2
8 Fonoti, Dyvhon	Eastern Washington	14.43m	47-04.25	2
9 Keyes, Vatoria	Eastern Washington	14.38m	47-02.25	2
10 Young, Bailey	Eastern Washington	13.87m	45-06.25	2
11 Sylvester, Mia	Idaho	13.82m	45-04.25	1
12 Hill, Trinity	Eastern Oregon	13.52m	44-04.25	2
13 Schloss, Kahlani	Eastern Washington	13.51m	44-04.00	2
14 Phenicie, Lily	Idaho	12.81m	42-00.50	1
15 Lusco, Abby	Eastern Oregon	12.04m	39-06.00	1
16 Palzinski, Paige	Idaho	11.84m	38-10.25	2
17 Tiimalu, Renee	Whitworth	11.83m	38-09.75	1
18 Morris, Macky	Stanislaus State	11.72m	38-05.50	1
19 Garnica, Alexis	Stanislaus State	11.54m	37-10.50	1
20 Wersland, Faith	Unattached - Spokane CC	11.42m	37-05.75	2
21 Lawson, Karly	Montana Tech	11.25m	36-11.00	1
22 Crawford, Jordan	Northwest Nazarene	11.01m	36-01.50	2
23 Carpenter, Isabella	Unattached - Spokane CC	10.97m	36-00.00	1
24 Emigh, Sam	Unattached - Spokane CC	10.74m	35-03.00	1
25 Fager, Madison	Unattached - Spokane CC	8.51m	27-11.00	1

Event 31 Men Shot Put**Podium: 22.51m 1 2/27/2022****Ryan Crouser, NIKE****NCAA: 21.85m 2 2/13/2021****Turner Washington, Arizona State**

Name	School	Finals		H#
Finals				
1 Culbertson, Noah	Idaho	17.56m	57-07.50	3
2 Fillis, Bradley	Eastern Washington	16.74m	54-11.25	3
3 Nett, Tanner	Eastern Oregon	15.30m	50-02.50	3
4 Olsen, Nick	Linfield	14.98m	49-01.75	3
5 Davis, Luke	Whitworth	14.69m	48-02.50	3
6 Jeffries, Weston	Idaho	14.61m	47-11.25	3
7 Hendry, Dylan	Northwest Nazarene	14.46m	47-05.25	3
8 Hurst, Reed	Whitworth	14.13m	46-04.25	3
9 Thomas, Reid	Idaho	14.03m	46-00.50	3
10 VanVleet, Cade	Montana Tech	13.91m	45-07.75	3
11 Miller, Daniel	Eastern Washington	13.56m	44-06.00	3
12 Anderson, Braden	Montana Tech	13.36m	43-10.00	3
13 Moore, Mason	Eastern Washington	13.34m	43-09.25	3
14 Michaels, Brooks	Eastern Oregon	13.04m	42-09.50	2
15 Wylam, Joey	Eastern Oregon	13.02m	42-08.75	2

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 31 Men Shot Put)**

	Name	School	Finals		H#
16	Mecham, Jesse	Montana Tech	12.92m	42-04.75	2
17	Niuamoa, JJ	Eastern Washington	12.87m	42-02.75	2
18	Martin, Jalen	Whitworth	12.37m	40-07.00	2
19	Orr, Jaxson	Unattached - Spokane CC	12.36m	40-06.75	2
20	Close, Dan	Unattached - Spokane CC	12.25m	40-02.25	2
21	Burk, Cody	Montana Tech	12.11m	39-08.75	3
22	Luccock, Dominic	Trinity Western	12.09m	39-08.00	1
23	Kerr, Kaden	Montana Tech	11.99m	39-04.00	1
24	Vu, Eddie	Whitworth	11.97m	39-03.25	2
25	Grimes, Alaxander	Eastern Washington	11.89m	39-00.25	2
26	Silva, Cody	Eastern Oregon	11.85m	38-10.50	2
27	Church, Mark	Eastern Oregon	11.14m	36-06.75	1
28	Woods, Jerrick	Montana Tech	10.98m	36-00.25	1
29	Lamb, Lars	Northwest Nazarene	10.90m	35-09.25	1
30	Schlepp, Ethan	Montana Tech	10.67m	35-00.25	1
31	Swaney, Braden	Northwest Nazarene	10.59m	34-09.00	2
32	Alberts, Carter	Northwest Nazarene	10.15m	33-03.75	1
33	Nye, Turner	Northwest Nazarene	9.91m	32-06.25	1
34	Acton, Jacob	Unattached - Spokane CC	9.77m	32-00.75	1
35	Teevens, Cody	Eastern Washington	9.76m	32-00.25	1
36	Gallagher, Jeremy	Montana Tech	9.64m	31-07.50	1
---	Knight, Derek	Northwest Nazarene	FOUL		2
---	Herrick, Kenai	Whitworth	FOUL		2

Event 32 Women Long Jump

Podium: 6.55m 1 2/27/2022 **Quanesha Burks, Unattached**
NCAA: 6.93m 2 3/12/2021 **Tara Davis, Texas**

	Name	School	Finals		H#
Finals					
1	Clark, Abby	Montana Tech	5.35m	17-06.75	2
2	Vermillion, Jady	Montana Tech	5.24m	17-02.25	2
3	McAuliff, Hayden	Eastern Washington	5.10m	16-08.75	2
4	Contreras, Evelyn	San Francisco St.	5.07m	16-07.75	1
5	Smith, Dezirae	San Francisco St.	5.05m	16-07.00	2
6	Tancsics, Katie	Trinity Western	5.03m	16-06.00	2
7	Spatz, Anna	Idaho	J5.03m	16-06.00	2
8	Munoz, Amanda	Idaho	J5.03m	16-06.00	2
9	Wilson, Hadassah	Montana Tech	5.00m	16-05.00	2
10	Bradshaw, Nikita	Trinity Western	4.96m	16-03.25	1
11	Beaudin, Naiya	Montana Tech	4.92m	16-01.75	2
12	Glanzer, Emma	Eastern Washington	4.91m	16-01.50	1
13	Hathaway, Sara	Lewis-Clark	4.85m	15-11.00	1
14	Davidowske, Katja	Idaho	4.80m	15-09.00	2
15	Frideres, Lauryn	Rocky Mountain	4.74m	15-06.75	1
16	Soto, LizBeth	Unattached - Spokane CC	4.64m	15-02.75	1
17	Severson, Olleca	Montana Tech	4.56m	14-11.50	1
18	Noordam, Eileen	Trinity Western	4.51m	14-09.75	1
19	Ploeger, Anika	Montana Tech	4.41m	14-05.75	1
20	Algarin, Madison	San Francisco St.	4.33m	14-02.50	1
21	Dobrohoczki, Cara	Trinity Western	4.30m	14-01.25	1

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 33 Men Long Jump****Podium: 8.19m 1 2/27/2022 Jarrion Lawson, Unattached****NCAA: 8.59m 2 3/1/2002 Miguel Pate, Alabama**

Name	School	Finals	H#
Finals			
1 Say, Bobby	Eastern Washington	7.26m 23-10.00	2
2 Peterson, Landon	Idaho	6.71m 22-00.25	2
3 Flanagan, Riley	Whitworth	6.68m 21-11.00	2
4 Schlachter, Drake	Montana Tech	J6.68m 21-11.00	2
5 Lockyer, Camron	Trinity Western	J6.68m 21-11.00	2
6 Okumo, Oke	Trinity Western	6.56m 21-06.25	1
7 Rihari, Gerohm	Northwest Nazarene	6.52m 21-04.75	2
8 Jones, Cash	Idaho	6.51m 21-04.25	2
9 Foster, Ethan	Trinity Western	6.43m 21-01.25	2
10 Chalk, Luke	Trinity Western	6.31m 20-08.50	2
11 Hansen, Christian	Unattached - Spokane CC	J6.31m 20-08.50	1
12 Irish-Lodge, Samson	Whitworth	6.25m 20-06.25	2
13 Gonzalez, Andre	Unattached - Spokane CC	6.23m 20-05.25	1
14 Watts, Daniel	Whitworth	6.14m 20-01.75	1
15 Bane, Zaanan	Whitworth	6.03m 19-09.50	1
16 Tomlin, Braden	Rocky Mountain	5.96m 19-06.75	2
17 Johnson, Trenton	Lewis-Clark	5.90m 19-04.25	1
18 Wright, Logan	Whitworth	5.85m 19-02.50	2
19 Morris, Chandler	Linfield	5.75m 18-10.50	2
20 Phillips, Desmond	Linfield	5.74m 18-10.00	1
21 Cassidy, Adam	Whitworth	5.69m 18-08.00	1
22 Gonzalez, Christian	Rocky Mountain	5.64m 18-06.00	1
23 Cach, Eli	Whitworth	5.61m 18-05.00	1
24 Byrd, Eli	Montana Tech	5.58m 18-03.75	1
25 Linhart-Wubbena, Parker	Eastern Washington	5.47m 17-11.50	1
26 Hrychiw, Eli	Trinity Western	J5.47m 17-11.50	1
27 Russell, Wyatt	Linfield	5.26m 17-03.25	1
28 Slack, Darian	Unattached - Spokane CC	5.03m 16-06.00	1

Event 34 Women Pole Vault**Ruff cleared 3.96m (12-11 3/4) on her first attempt to win****in a jump-off over Schultz.****Podium: 4.80m 1 2/27/2022 Sandi Morris, PUMA****NCAA: 4.75m 2 1/24/2015 Demi Payne, Stephen F. Austin**

Name	School	Finals
Finals		
1 Ruff, Hally	Eastern Washington	J3.81m 12-06.00
2 Schultz, Savannah	Eastern Washington	J3.81m 12-06.00
3 Fonseca, Ana	Trinity Western	3.66m 12-00.00
4 Christensen, Amy	San Francisco St.	3.51m 11-06.25
5 Folger-Vent, Rosalie	Eastern Washington	J3.51m 11-06.25
6 Smith, Cynthia	Lewis-Clark	3.36m 11-00.25
7 Kinch, Sydney	Unattached - Spokane CC	3.06m 10-00.50
8 Wagner, Faith	Eastern Oregon	2.76m 9-00.50
8 Partch, Alex	Eastern Oregon	2.76m 9-00.50
10 Mack, Emberlynn	Lewis-Clark	J2.76m 9-00.50

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 34 Women Pole Vault)**

Name	School	Finals
--- Hardan, Sierra	Unattached - Spokane CC	NH
--- Burt, Morgan	Unattached - Spokane CC	NH

Event 35 Women Triple Jump

Podium: 14.28m 1 2/27/2022 **Keturah Orji, Mizuno**
NCAA: 14.57m 2 3/12/2022 **Jasmine Moore, Florida**

Name	School	Finals
Finals		
1 Grant, Ellie	Idaho	11.12m 36-05.75
2 Smith, Dezirae	San Francisco St.	11.11m 36-05.50
3 Thomson, Alexa	Eastern Washington	10.95m 35-11.25
4 Zywnia, Sydnie	Lewis-Clark	10.60m 34-09.50
5 Beaudin, Naiya	Montana Tech	10.55m 34-07.50
6 Contreras, Evelyn	San Francisco St.	10.42m 34-02.25
7 Ploeger, Anika	Montana Tech	9.98m 32-09.00
8 Kaylor, Monica	Whitworth	9.33m 30-07.50
--- Horsley, Alexa	Lewis-Clark	FOUL
--- Vermillion, Jady	Montana Tech	FOUL

Event 36 Men Triple Jump

Podium: 16.88m 1 2/27/2022 **Donald Scott, adidas**
NCAA: 17.40m 2 2/22/1985 **Mike Conley, Arkansas**

Name	School	Finals
Finals		
1 Okumo, Oke	Trinity Western	13.75m 45-01.50
2 Johnson, Trenton	Lewis-Clark	13.68m 44-10.75
3 Fedel, Simone	Idaho	13.66m 44-09.75
4 Bane, Zaan	Whitworth	13.10m 42-11.75
5 Tomlin, Braden	Rocky Mountain	12.99m 42-07.50
6 Troeh, Andrew	Linfield	12.67m 41-07.00
7 Rihari, Gerohm	Northwest Nazarene	12.57m 41-03.00
8 Pyron, John	Montana Tech	12.55m 41-02.25
9 Irish-Lodge, Samson	Whitworth	12.29m 40-04.00
10 Byrd, Eli	Montana Tech	11.57m 37-11.50

Event 37 Women Shot Put

Podium: 19.79m 1 2/27/2022 **Maggie Ewen, NIKE**
NCAA: 19.56m 2 3/10/2017 **Raven Saunders, Mississippi**

Name	School	Finals	H#
Finals			
1 Sylvester, Mia	Idaho	14.11m 46-03.50	2
2 Ledbetter, Maggie	Eastern Oregon	13.42m 44-00.50	2
3 Stovall, Carissa	Eastern Washington	13.36m 43-10.00	2
4 Young, Bailey	Eastern Washington	13.33m 43-09.00	2
5 Fonoti, Dyvhine	Eastern Washington	13.03m 42-09.00	2
6 Herbert, Destany	Northwest Nazarene	13.01m 42-08.25	2
7 Fonoti, Dyvhon	Eastern Washington	12.86m 42-02.25	2
8 Phenicie, Lily	Idaho	12.72m 41-08.75	1
9 Woodward, Kenna	Eastern Oregon	12.34m 40-06.00	2
10 Tiumalu, Renee	Whitworth	11.94m 39-02.25	2

Inland Northwest Invite - 1/28/2023**The Podium****Results****Finals ... (Event 37 Women Shot Put)**

Name	School	Finals		H#
11 Dibisceglie, Chloe	Eastern Washington	11.64m	38-02.25	2
12 Strickland, Gracie	Washington St.	11.63m	38-02.00	2
13 Paller, Kaitlyn	Eastern Washington	11.05m	36-03.00	2
14 Spencer, Logan	Whitworth	10.99m	36-00.75	1
15 Noordam, Eileen	Trinity Western	10.94m	35-10.75	1
16 Rawls, Lauryn	Whitworth	10.77m	35-04.00	1
17 Garnica, Alexis	Stanislaus State	10.13m	33-03.00	1
18 Palzinski, Paige	Idaho	10.02m	32-10.50	1
19 Bell, Caitlyn	Stanislaus State	9.86m	32-04.25	1
20 Newell, Sierra	Northwest Nazarene	9.81m	32-02.25	1
21 Crawford, Jordan	Northwest Nazarene	8.88m	29-01.75	1
22 Anderson, Amber	Montana Tech	8.73m	28-07.75	1
23 George, Lauren	San Francisco St.	7.81m	25-07.50	1

Event 38 Men Weight Throw

Podium: 24.84m 1 2/27/2022

Alex Young, Unattached

NCAA: 25.58m 2 2/28/2015

Michael Lihрман, Wisconsin

Name	School	Finals		H#
Finals				
1 Fillis, Bradley	Eastern Washington	17.83m	58-06.00	2
2 Grimes, Alaxander	Eastern Washington	17.09m	56-01.00	2
3 Hendry, Dylan	Northwest Nazarene	16.27m	53-04.50	2
4 VanVleet, Cade	Montana Tech	15.99m	52-05.50	2
5 Knight, Derek	Northwest Nazarene	14.31m	46-11.50	2
6 Jeffries, Weston	Idaho	14.29m	46-10.75	2
7 Anderson, Colby	Eastern Oregon	14.08m	46-02.50	2
8 Schlepp, Ethan	Montana Tech	13.92m	45-08.00	2
9 Michaels, Brooks	Eastern Oregon	13.72m	45-00.25	2
10 Swaney, Braden	Northwest Nazarene	13.31m	43-08.00	1
11 Nett, Tanner	Eastern Oregon	13.30m	43-07.75	2
12 Metcalf, Matt	Linfield	12.75m	41-10.00	2
13 Anderson, Braden	Montana Tech	12.74m	41-09.75	1
14 Wylam, Joey	Eastern Oregon	12.70m	41-08.00	1
15 Thomas, Reid	Idaho	12.65m	41-06.00	2
16 Mecham, Jesse	Montana Tech	12.62m	41-05.00	1
17 Hofer, Cooper	Montana Tech	12.41m	40-08.75	1
18 Moore, Mason	Eastern Washington	12.34m	40-06.00	1
19 Jackson, Grant	Linfield	12.20m	40-00.50	2
20 Alberts, Carter	Northwest Nazarene	12.18m	39-11.50	1
21 Silva, Cody	Eastern Oregon	12.13m	39-09.75	1
22 Burk, Cody	Montana Tech	12.04m	39-06.00	1
23 Church, Mark	Eastern Oregon	11.46m	37-07.25	1
24 Dewey, Ryan	Unattached - Spokane CC	J11.46m	37-07.25	1
25 Gallagher, Jeremy	Montana Tech	10.61m	34-09.75	1
26 Lamb, Lars	Northwest Nazarene	10.56m	34-07.75	1
--- Niuamoa, JJ	Eastern Washington	FOUL		2
--- Miller, Daniel	Eastern Washington	FOUL		1

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 39 Men Pole Vault****Podium: 5.91m 1 2/27/2022****Chris Nilsen, NIKE****NCAA: 6.00m 2 2/13/2021****KC Lightfoot, Baylor**

Name	School	Finals	H#
Finals			
1 Klobutcher, Zach	Eastern Washington	5.11m 16-09.25	1
2 Martin, Jaime	Trinity Western	4.81m 15-09.25	1
3 Freitag, Brayden	Eastern Washington	4.66m 15-03.50	1
3 Couron, Lucas	Eastern Washington	4.66m 15-03.50	1
5 Hoskinson, Gavin	Unattached - Spokane CC	J4.66m 15-03.50	1
6 Luce, Corbin	Eastern Washington	4.51m 14-09.50	1
7 Bertling, Nik	Lewis-Clark	J4.51m 14-09.50	1
8 Martin, Sebastian	Trinity Western	J4.51m 14-09.50	1
9 Zubaly, Benjamin	Trinity Western	4.36m 14-03.50	1
10 Hone, Cameron	Rocky Mountain	4.21m 13-09.75	1
10 Henderson, Lakotah	Unattached - Spokane CC	4.21m 13-09.75	2
12 Castellani, Evan	Trinity Western	J4.21m 13-09.75	1
13 Luccock, Dominic	Trinity Western	4.06m 13-03.75	1
13 Gremaud, Brandon	Trinity Western	4.06m 13-03.75	2
15 Carsience, Josh	Trinity Western	J4.06m 13-03.75	2
16 Erlandsen, Jacob	Unattached - Spokane CC	J4.06m 13-03.75	2
17 Martin, Jalen	Whitworth	3.91m 12-10.00	2
18 Foster, Ethan	Trinity Western	3.76m 12-04.00	2
19 Deakins, Rome	Unattached - Spokane CC	J3.76m 12-04.00	2
20 Dykstra, Nathan	Whitworth	3.61m 11-10.00	2
21 Huxoll, Maxon	Eastern Oregon	3.46m 11-04.25	2
22 Luccock, Brendan	Trinity Western	3.31m 10-10.25	2
--- Warkentin, Justin	Trinity Western	NH	2
--- Jetmore, Jay	Rocky Mountain	NH	1
--- Lewis, Calvin	Eastern Oregon	NH	2
--- Emley-Graham, Jack	Trinity Western	NH	2

Event 40 Women High Jump**Grant clears 1.56m (5-1 1/4) on first attempt to win****jump-off over Garza. Both missed at 1.60 and 1.58 prior****to attempts at 1.56.****Podium: 1.91m 1 2/27/2022****Vashti Cunningham, NIKE/NV Gazalles****NCAA: 1.98m 2 3/11/2016****Akela Jones, Kansas State**

Name	School	Finals
Finals		
1 Grant, Ellie	Idaho	J1.57m 5-01.75
2 Garza, Kassy	Eastern Washington	J1.57m 5-01.75
3 Bradshaw, Nikita	Trinity Western	J1.57m 5-01.75
3 Kaylor, Monica	Whitworth	J1.57m 5-01.75
5 Bruno, Grace	Eastern Washington	1.52m 4-11.75
6 Harless, Emma		J1.52m 4-11.75
7 Powers, Emily	Northwest Nazarene	1.47m 4-09.75
8 Pride, Hayden	Montana Tech	J1.47m 4-09.75
8 Carle-Parra, Sabrina	San Francisco St.	J1.47m 4-09.75
--- Dobrohoczki, Cara	Trinity Western	NH

Inland Northwest Invite - 1/28/2023**The Podium****Results****Event 41 Men High Jump****Podium:** 2.28m 1 2/27/2022 **JuVaughn Harrison, Unattached**NCAA: 2.37m 2 3/11/1989 **Hollis Conway, Louisiana**

Name	School	Finals	
Finals			
1 Ruddell, Joseph	Idaho	2.01m	6-07.00
2 Jones, Tyler	Eastern Oregon	1.96m	6-05.00
3 Rihari, Gerohm	Northwest Nazarene	1.91m	6-03.25
4 Martin, Jalen	Whitworth	1.86m	6-01.25
5 Cates, Payton	Montana Tech	J1.86m	6-01.25
6 Troeh, Andrew	Linfield	J1.86m	6-01.25
7 Steele, Jacob	Northwest Nazarene	J1.86m	6-01.25
8 Wuthrich, Braden	Lewis-Clark	J1.86m	6-01.25
9 Pyron, John	Montana Tech	1.81m	5-11.25
10 Cox, Dante	Idaho	1.76m	5-09.25
11 Watts, Daniel	Whitworth	J1.76m	5-09.25
12 Luccock, Brendan	Trinity Western	1.61m	5-03.25
--- Russell, Wyatt	Linfield	NH	
--- Cach, Eli	Whitworth	NH	

Event 42 Women Pole Vault JUMP-OFF

Name	School	Finals	
Finals			
1 Ruff, Hally	Eastern Washington	3.96m	12-11.75
--- Schultz, Savannah	Eastern Washington	NH	

Event 43 Women High Jump JUMP-OFF

Name	School	Finals	
Finals			
1 Grant, Ellie	Idaho	1.56m	5-01.25
--- Garza, Kassy	Eastern Washington	NH	