

2018 GNAC COMBINED EVENT CHAMPIONSHIP

Nampa, ID
 Northwest Nazarene
 4/30/2018 - 5/1/2018



OFFICIAL MEET REPORT
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RESULTS

#1-1 Men's Decathlon 100 Meters

Pl	Name	Team	Time	H (Pl)	Pts
1	LANDIS, Kodiak	Central Washington	10.81 (+1.2)	1(1)	903
2	FORSTER, Michael	Central Washington	11.26 (+1.2)	1(2)	804
3	LEWIS, Payton	Northwest Nazarene	11.34 (+0.6)	2(1)	786
4	REMYNGTON, Daniel	Alaska Anchorage	11.36 (+0.6)	2(2)	782
5	DANCES, Seren	Western Washington	11.38 (+1.2)	1(3)	778
6	MATAYA, Rudy	Western Washington	11.40 (+1.2)	1(4)	774
7	TIDWELL, Dakota	Northwest Nazarene	11.46 (+0.6)	2(3)	761
8	MAIER, Braydon	Central Washington	11.51 (+1.2)	1(5)	750
9	BULLO, Nick	Central Washington	11.56 (+1.2)	1(6)	740
10	BROWN, Giovanni	Concordia (Ore.)	11.60 (+1.2)	1(7)	732
11	TRANCH, Micah	Northwest Nazarene	11.63 (+0.6)	2(4)	725
12	STALLARD, Jackson	Western Oregon	11.66 (+0.6)	2(5)	719
13	ANDAYA, Nate	Central Washington	11.76 (+0.6)	2(6)	699
14	MAKRAKIS, Nick	Western Washington	11.90 (+1.2)	1(8)	671
15	CARRIZALES, Emmy	Concordia (Ore.)	12.12 (+0.6)	2(7)	628
16	KRUSE, Mitch	Western Oregon	12.12 (+0.6)	2(8)	628

Men's Decathlon After 1 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	903
2	FORSTER, Michael	Central Washington	804
3	LEWIS, Payton	Northwest Nazarene	786
4	REMYNGTON, Dani	Alaska Anchorage	782
5	DANCES, Seren	Western Washington	778
6	MATAYA, Rudy	Western Washington	774
7	TIDWELL, Dakota	Northwest Nazarene	761
8	MAIER, Braydon	Central Washington	750
9	BULLO, Nick	Central Washington	740
10	BROWN, Giovanni	Concordia (Ore.)	732
11	TRANCH, Micah	Northwest Nazarene	725
12	STALLARD, Jackso	Western Oregon	719
13	ANDAYA, Nate	Central Washington	699
14	MAKRAKIS, Nick	Western Washington	671
15	CARRIZALES, Emm	Concordia (Ore.)	628
15	KRUSE, Mitch	Western Oregon	628

#1-2 Men's Decathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	DANCES, Seren	Western Washing	7.10m 23' 3 1/2" (+0.9)	6.51 (+1.6)	6.81 (+1.9)	7.10 (+0.9)				838
2	LANDIS, Kodiak	Central Washingto	7.07m 23' 2 1/2" (+3.1)	7.07 (+3.1)	FOUL	FOUL				830
3	FORSTER, Michael	Central Washingto	6.67m 21' 10 3/4" (+2.0)	6.45 (+2.7)	6.67 (+2.0)	6.56 (+3.2)				736
4	MAIER, Braydon	Central Washingto	6.64m 21' 9 1/2" (+1.3)	6.50 (+1.8)	6.64 (+1.3)	6.51 (+2.0)				729
5	MAKRAKIS, Nick	Western Washing	6.63m 21' 9" (-0.2)	6.63 (-0.2)	6.60 (+1.0)	6.50 (+1.1)				727
6	BROWN, Giovanni	Concordia (Ore.)	6.63m 21' 9" (+1.3)	6.63 (+1.3)	FOUL	FOUL				727
7	TRANCH, Micah	Northwest Nazare	6.58m 21' 7 1/4" (+3.1)	6.08 (+2.4)	6.58 (+3.1)	FOUL				716
8	LEWIS, Payton	Northwest Nazare	6.56m 21' 6 1/4" (+1.5)	FOUL	6.37 (+2.7)	6.56 (+1.5)				711
9	MATAYA, Rudy	Western Washing	6.43m 21' 1 1/4" (+2.4)	6.43 (+2.4)	6.38 (+2.7)	PASS				682

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#1-2 Men's Decathlon Long Jump (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
10	TIDWELL, Dakota	Northwest Nazarene	6.30m 20' 8" (+1.5)	6.19 (+2.3)	6.10 (-0.4)	6.30 (+1.5)				652
11	KRUSE, Mitch	Western Oregon	6.29m 20' 7 ³ / ₄ (+2.0)	6.03 (+0.4)	6.29 (+2.0)	6.02 (+1.3)				650
12	ANDAYA, Nate	Central Washington	6.11m 20' 0 ¹ / ₂ (+0.3)	6.06 (+1.1)	6.11 (+0.3)	6.11 (-0.1)				610
13	STALLARD, Jackson	Western Oregon	6.08m 19' 11 ¹ / ₂ (+2.2)	6.05 (+2.0)	FOUL	6.08 (+2.2)				604
14	BULLO, Nick	Central Washington	5.95m 19' 6 ¹ / ₄ (-0.2)	5.95 (-0.2)	5.82 (+1.1)	FOUL				576
15	REMYINGTON, Daniel	Alaska Anchorage	5.84m 19' 2" (-0.4)	FOUL	5.84 (-0.4)	5.78 (-0.8)				552
16	CARRIZALES, Emmy	Concordia (Ore.)	5.53m 18' 1 ³ / ₄ (+1.8)	5.53 (+1.8)	FOUL	FOUL				487

Men's Decathlon After 2 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	1733
2	DANCES, Seren	Western Washington	1616
3	FORSTER, Michael	Central Washington	1540
4	LEWIS, Payton	Northwest Nazarene	1497
5	MAIER, Braydon	Central Washington	1479
6	BROWN, Giovanni	Concordia (Ore.)	1459
7	MATAYA, Rudy	Western Washington	1456
8	TRANCH, Micah	Northwest Nazarene	1441
9	TIDWELL, Dakota	Northwest Nazarene	1413
10	MAKRAKIS, Nick	Western Washington	1398
11	REMYINGTON, Dani	Alaska Anchorage	1334
12	STALLARD, Jackso	Western Oregon	1323
13	BULLO, Nick	Central Washington	1316
14	ANDAYA, Nate	Central Washington	1309
15	KRUSE, Mitch	Western Oregon	1278
16	CARRIZALES, Emm	Concordia (Ore.)	1115

#1-3 Men's Decathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BROWN, Giovanni	Concordia (Ore.)	12.51m 41' 0 ¹ / ₂	12.20	12.51	FOUL				637
2	LEWIS, Payton	Northwest Nazarene	12.15m 39' 10 ¹ / ₂	FOUL	12.10	12.15				616
3	LANDIS, Kodiak	Central Washington	11.66m 38' 3 ¹ / ₄	FOUL	11.66	11.39				586
4	FORSTER, Michael	Central Washington	11.55m 37' 10 ³ / ₄	11.51	11.55	11.46				579
5	TIDWELL, Dakota	Northwest Nazarene	11.35m 37' 3"	10.09	11.35	FOUL				567
6	STALLARD, Jackson	Western Oregon	11.16m 36' 7 ¹ / ₂	10.97	11.16	10.31				556
7	MAKRAKIS, Nick	Western Washington	11.07m 36' 4"	11.07	FOUL	FOUL				550
8	BULLO, Nick	Central Washington	10.73m 35' 2 ¹ / ₂	9.77	10.73	FOUL				530
9	TRANCH, Micah	Northwest Nazarene	10.55m 34' 7 ¹ / ₂	10.04	10.40	10.55				519
10	MAIER, Braydon	Central Washington	10.53m 34' 6 ³ / ₄	9.92	9.85	10.53				518
11	REMYINGTON, Daniel	Alaska Anchorage	10.49m 34' 5"	9.86	10.49	FOUL				515
12	DANCES, Seren	Western Washington	10.39m 34' 1 ¹ / ₄	10.39	10.24	9.79				509
13	KRUSE, Mitch	Western Oregon	10.06m 33' 0 ¹ / ₄	10.06	8.83	8.90				489
14	MATAYA, Rudy	Western Washington	9.60m 31' 6"	9.60	9.38	FOUL				462
15	ANDAYA, Nate	Central Washington	9.35m 30' 8 ¹ / ₄	9.35	8.76	FOUL				447
16	CARRIZALES, Emmy	Concordia (Ore.)	9.31m 30' 6 ¹ / ₂	9.31	9.19	FOUL				444

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Men's Decathlon After 3 Events

PI	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	2319
2	DANCES, Seren	Western Washington	2125
3	FORSTER, Michael	Central Washington	2119
4	LEWIS, Payton	Northwest Nazarene	2113
5	BROWN, Giovanni	Concordia (Ore.)	2096
6	MAIER, Braydon	Central Washington	1997
7	TIDWELL, Dakota	Northwest Nazarene	1980
8	TRANCH, Micah	Northwest Nazarene	1960
9	MAKRAKIS, Nick	Western Washington	1948
10	MATAYA, Rudy	Western Washington	1918
11	STALLARD, Jackso	Western Oregon	1879
12	REMYNGTON, Dani	Alaska Anchorage	1849
13	BULLO, Nick	Central Washington	1846
14	KRUSE, Mitch	Western Oregon	1767
15	ANDAYA, Nate	Central Washington	1756
16	CARRIZALES, Emm	Concordia (Ore.)	1559

#1-4 Men's Decathlon High Jump

PI	Name	Team	Mark	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95	1.98	2.01	Pts
1	TRANCH, Micah	Northwest Nazare	1.95m 6' 4 ³ / ₄	PPP	PPP	O	PPP	O	O	O	O	XXX		758
2	MAKRAKIS, Nick	Western Washing	1.89m 6' 2 ¹ / ₄	PPP	PPP	O	PPP	O	XXO	XXX				705
3	DANCES, Seren	Western Washing	1.86m 6' 1 ¹ / ₄	PPP	PPP	O	O	O	XXX					679
4	CARRIZALES, Emmy	Concordia (Ore.)	1.86m 6' 1 ¹ / ₄	O	O	O	XO	XXO	PPP	PPP	PPP	PPP	XXX	679
5	FORSTER, Michael	Central Washing	1.83m 6' 0"	O	O	XXO	XO	XPP	PPP	PPP	PPP	PPP		653
6	MAIER, Braydon	Central Washing	1.80m 5' 10 ³ / ₄	PPP	PPP	XXO	XXX							627
8	LANDIS, Kodiak	Central Washing	1.80m 5' 10 ³ / ₄	O	PPP	XXO	PPP	XPP	PPP	PPP	PPP	PPP		627
9	BROWN, Giovanni	Concordia (Ore.)	1.77m 5' 9 ³ / ₄	XO	O	XXX								602
7	TIDWELL, Dakota	Northwest Nazare	1.74m 5' 8 ¹ / ₂	O	XXX									577
10	BULLO, Nick	Central Washing	1.74m 5' 8 ¹ / ₂	O	XXX									577
11	REMYNGTON, Daniel	Alaska Anchorage	1.74m 5' 8 ¹ / ₂	XXO	XXX									577
12	MATAYA, Rudy	Western Washing	1.71m 5' 7 ¹ / ₄	XXP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	X	552
13	LEWIS, Payton	Northwest Nazare	1.71m 5' 7 ¹ / ₄	PPP	XXX									552

PI	Name	Team	Mark	1.53	1.56	1.59	1.62	1.65	1.68	1.71	Pts
4	CARRIZALES, Emmy	Concordia (Ore.)	(cont'd)	PPP	PPP	PPP	PPP	O	O	O	679
5	FORSTER, Michael	Central Washing	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	XXO	653
6	MAIER, Braydon	Central Washing	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O	627
8	BROWN, Giovanni	Concordia (Ore.)	(cont'd)	PPP	PPP	PPP	PPP	O	PPP	O	602
9	TIDWELL, Dakota	Northwest Nazare	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	XO	577
10	BULLO, Nick	Central Washing	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	XXO	577
11	REMYNGTON, Daniel	Alaska Anchorage	(cont'd)	PPP	PPP	PPP	PPP	PPP	XXO	O	577
12	MATAYA, Rudy	Western Washing	1.71m 5' 7 ¹ / ₄	PPP	PPP	O	PPP	O	PPP	XO	552
13	LEWIS, Payton	Northwest Nazare	1.71m 5' 7 ¹ / ₄	PPP	PPP	PPP	PPP	PPP	PPP	XXO	552
14	STALLARD, Jackson	Western Oregon	1.68m 5' 6"	O	O	XXO	O	O	O	XXX	528
15	KRUSE, Mitch	Western Oregon	1.68m 5' 6"	O	O	O	O	O	XO	XXX	528
16	ANDAYA, Nate	Central Washing	1.62m 5' 3 ³ / ₄	O	PPP	PPP	O	XXX			480

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Men's Decathlon After 4 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	2946
2	DANCES, Seren	Western Washington	2804
3	FORSTER, Michael	Central Washington	2772
4	TRANCH, Micah	Northwest Nazarene	2718
5	BROWN, Giovanni	Concordia (Ore.)	2698
6	LEWIS, Payton	Northwest Nazarene	2665
7	MAKRAKIS, Nick	Western Washington	2653
8	MAIER, Braydon	Central Washington	2624
9	TIDWELL, Dakota	Northwest Nazarene	2557
10	MATAYA, Rudy	Western Washington	2470
11	REMYNGTON, Dani	Alaska Anchorage	2426
12	BULLO, Nick	Central Washington	2423
13	STALLARD, Jackso	Western Oregon	2407
14	KRUSE, Mitch	Western Oregon	2295
15	CARRIZALES, Emm	Concordia (Ore.)	2238
16	ANDAYA, Nate	Central Washington	2236

#1-5 Men's Decathlon 400 Meters

Pl	Name	Team	Time	H(Pl)	Pts
1	LANDIS, Kodiak	Central Washington	49.02	1(1)	860
2	REMYNGTON, Daniel	Alaska Anchorage	50.58	1(2)	788
3	BROWN, Giovanni	Concordia (Ore.)	50.79	1(3)	779
4	FORSTER, Michael	Central Washington	50.93	1(4)	772
5	TIDWELL, Dakota	Northwest Nazarene	51.56	2(1)	744
6	BULLO, Nick	Central Washington	51.66	1(5)	740
7	MAIER, Braydon	Central Washington	51.81	1(6)	733
8	STALLARD, Jackson	Western Oregon	53.08	2(2)	678
9	DANCES, Seren	Western Washington	53.41	1(7)	664
10	MATAYA, Rudy	Western Washington	53.72	1(8)	651
11	MAKRAKIS, Nick	Western Washington	54.50	2(3)	619
12	ANDAYA, Nate	Central Washington	54.58	2(4)	616
13	KRUSE, Mitch	Western Oregon	54.73	2(5)	610
14	LEWIS, Payton	Northwest Nazarene	54.93	2(6)	602
15	TRANCH, Micah	Northwest Nazarene	54.96	2(7)	600
16	CARRIZALES, Emmy	Concordia (Ore.)	55.00	2(8)	599

Men's Decathlon After 5 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	3806
2	FORSTER, Michael	Central Washington	3544
3	BROWN, Giovanni	Concordia (Ore.)	3477
4	DANCES, Seren	Western Washington	3468
5	MAIER, Braydon	Central Washington	3357
6	TRANCH, Micah	Northwest Nazarene	3318
7	TIDWELL, Dakota	Northwest Nazarene	3301
8	MAKRAKIS, Nick	Western Washington	3272
9	LEWIS, Payton	Northwest Nazarene	3267

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Men's Decathlon After 5 Events (cont'd)

Pl	Athlete	Team	Points
10	REMYNGTON, Dani	Alaska Anchorage	3214
11	BULLO, Nick	Central Washington	3163
12	MATAYA, Rudy	Western Washington	3121
13	STALLARD, Jackso	Western Oregon	3085
14	KRUSE, Mitch	Western Oregon	2905
15	ANDAYA, Nate	Central Washington	2852
16	CARRIZALES, Emm	Concordia (Ore.)	2837

#1 Men's Decathlon

Pl	Name	Points	100	Long Jump	Shot Put	High Jump	400	110H	Discus	Pole Vault	Javelin	1500
1	LANDIS, Kodiak Central Washington	3806	10.81 (+1.2) 903	7.07m 23' 2 ¹ / ₂ (+3.1) 830	11.66m 38' 3 ¹ / ₄ 586	1.80m 5' 10 ³ / ₄ 627	49.02 860					
2	FORSTER, Michael Central Washington	3544	11.26 (+1.2) 804	6.67m 21' 10 ³ / ₄ (+2.0) 736	11.55m 37' 10 ³ / ₄ 579	1.83m 6' 0" 653	50.93 772					
3	BROWN, Giovanni Concordia (Ore.)	3477	11.60 (+1.2) 732	6.63m 21' 9" (+1.3) 727	12.51m 41' 0 ¹ / ₂ 637	1.77m 5' 9 ³ / ₄ 602	50.79 779					
4	DANCES, Seren Western Washingto	3468	11.38 (+1.2) 778	7.10m 23' 3 ¹ / ₂ (+0.9) 838	10.39m 34' 1 ¹ / ₄ 509	1.86m 6' 1 ¹ / ₄ 679	53.41 664					
5	MAIER, Braydon Central Washington	3357	11.51 (+1.2) 750	6.64m 21' 9 ¹ / ₂ (+1.3) 729	10.53m 34' 6 ³ / ₄ 518	1.80m 5' 10 ³ / ₄ 627	51.81 733					
6	TRANCH, Micah Northwest Nazarene	3318	11.63 (+0.6) 725	6.58m 21' 7 ¹ / ₄ (+3.1) 716	10.55m 34' 7 ¹ / ₂ 519	1.95m 6' 4 ³ / ₄ 758	54.96 600					
7	TIDWELL, Dakota Northwest Nazarene	3301	11.46 (+0.6) 761	6.30m 20' 8" (+1.5) 652	11.35m 37' 3" 567	1.74m 5' 8 ¹ / ₂ 577	51.56 744					
8	MAKRAKIS, Nick Western Washingto	3272	11.90 (+1.2) 671	6.63m 21' 9" (-0.2) 727	11.07m 36' 4" 550	1.89m 6' 2 ¹ / ₄ 705	54.50 619					
9	LEWIS, Payton Northwest Nazarene	3267	11.34 (+0.6) 786	6.56m 21' 6 ¹ / ₄ (+1.5) 711	12.15m 39' 10 ¹ / ₂ 616	1.71m 5' 7 ¹ / ₄ 552	54.93 602					
10	REMYNGTON, Dani Alaska Anchorage	3214	11.36 (+0.6) 782	5.84m 19' 2" (-0.4) 552	10.49m 34' 5" 515	1.74m 5' 8 ¹ / ₂ 577	50.58 788					
11	BULLO, Nick Central Washington	3163	11.56 (+1.2) 740	5.95m 19' 6 ¹ / ₄ (-0.2) 576	10.73m 35' 2 ¹ / ₂ 530	1.74m 5' 8 ¹ / ₂ 577	51.66 740					
12	MATAYA, Rudy Western Washingto	3121	11.40 (+1.2) 774	6.43m 21' 1 ¹ / ₄ (+2.4) 682	9.60m 31' 6" 462	1.71m 5' 7 ¹ / ₄ 552	53.72 651					

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#1 Men's Decathlon (cont'd)

Pl	Name	Points	100	Long Jump	Shot Put	High Jump	400	110H	Discus	Pole Vault	Javelin	1500
13	STALLARD, Jackso Western Oregon	3085	11.66 (+0.6)	6.08m <i>19' 11 1/2 (+2.2)</i>	11.16m <i>36' 7 1/2</i>	1.68m <i>5' 6"</i>	53.08					
			719	604	556	528	678					
14	KRUSE, Mitch Western Oregon	2905	12.12 (+0.6)	6.29m <i>20' 7 3/4 (+2.0)</i>	10.06m <i>33' 0 1/4</i>	1.68m <i>5' 6"</i>	54.73					
			628	650	489	528	610					
15	ANDAYA, Nate Central Washington	2852	11.76 (+0.6)	6.11m <i>20' 0 1/2 (+0.3)</i>	9.35m <i>30' 8 1/4</i>	1.62m <i>5' 3 3/4</i>	54.58					
			699	610	447	480	616					
16	CARRIZALES, Emm Concordia (Ore.)	2837	12.12 (+0.6)	5.53m <i>18' 1 3/4 (+1.8)</i>	9.31m <i>30' 6 1/2</i>	1.86m <i>6' 1 1/4</i>	55.00					
			628	487	444	679	599					

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#2-1 Women's Outdoor Heptathlon 100m Hurdles

Pl	Name	Team	Time	H(Pl)	Pts
1	MEYER, Renick	Seattle Pacific	14.22 (+1.6)	1(1)	947
2	TRINIDAD, Sidney	Central Washington	14.70 (+1.6)	1(2)	882
3	ORTEGA, HarLee	Central Washington	14.89 (+1.6)	1(3)	856
4	CANO, Elena	Alaska Anchorage	15.22 (+0.2)	2(1)	813
5	CAI, Scout	Seattle Pacific	15.31 (+1.6)	1(4)	801
6	CONKLIN, Katie	Northwest Nazarene	15.40 (+0.2)	2(2)	790
6	MAY, Kellie	Seattle Pacific	15.40 (+1.8)	3(1)	790
8	COLLINS, Katie	Central Washington	15.42 (+1.8)	3(2)	787
9	STEPHENS, Chase	Concordia (Ore.)	15.44 (+0.2)	2(3)	784
10	WILSON, Darian	Western Oregon	15.58 (+0.2)	2(4)	767
11	BONE, Chelsea	Concordia (Ore.)	15.67 (+1.8)	3(3)	755
12	MEADOWS, Shaddia	Central Washington	16.55 (+0.7)	4(1)	648
13	VEST, Ashley	Saint Martin's	16.56 (+0.7)	4(2)	647
14	POTT, Tiffany	Saint Martin's	16.89 (+0.7)	4(3)	609
15	JESCHKE, Yvonne	Alaska Anchorage	16.95 (+1.8)	3(4)	602
16	LEHNERT, Geneva	Seattle Pacific	17.05 (+2.0)	5(1)	591
17	JOHNSON, Tori	Concordia (Ore.)	17.68 (+2.0)	5(2)	522

Women's Outdoor Heptathlon After 1 Events

Pl	Athlete	Team	Points
1	MEYER, Renick	Seattle Pacific	947
2	TRINIDAD, Sidney	Central Washington	882
3	ORTEGA, HarLee	Central Washington	856
4	CANO, Elena	Alaska Anchorage	813
5	CAI, Scout	Seattle Pacific	801
6	CONKLIN, Katie	Northwest Nazarene	790
6	MAY, Kellie	Seattle Pacific	790
8	COLLINS, Katie	Central Washington	787
9	STEPHENS, Chase	Concordia (Ore.)	784
10	WILSON, Darian	Western Oregon	767
11	BONE, Chelsea	Concordia (Ore.)	755
12	MEADOWS, Shaddi	Central Washington	648
13	VEST, Ashley	Saint Martin's	647
14	POTT, Tiffany	Saint Martin's	609
15	JESCHKE, Yvonne	Alaska Anchorage	602
16	LEHNERT, Geneva	Seattle Pacific	591
17	JOHNSON, Tori	Concordia (Ore.)	522

#2-2 Women's Outdoor Heptathlon High Jump

Pl	Name	Team	Mark	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.70	1.73	Pts
1	LEHNERT, Geneva	Seattle Pacific	1.70m 5' 7"	PPP	PPP	O	O	O	O	O	XXO	O	XXX	855
2	BONE, Chelsea	Concordia (Ore.)	1.63m 5' 4 1/4"	O	O	O	O	XO	XO	O	XXX			771
3	CONKLIN, Katie	Northwest Nazarene	1.63m 5' 4 1/4"	PPP	PPP	O	PPP	O	O	XO	XXX			771
4	CAI, Scout	Seattle Pacific	1.63m 5' 4 1/4"	PPP	PPP	O	O	O	O	XXO	XXX			771
5	STEPHENS, Chase	Concordia (Ore.)	1.60m 5' 3"	PPP	O	O	O	O	O	XXX				736
6	ORTEGA, HarLee	Central Washington	1.60m 5' 3"	PPP	PPP	O	O	XO	XO	XXX				736
7	POTT, Tiffany	Saint Martin's	1.60m 5' 3"	O	O	XO	XO	XXO	XXO	XXX				736

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#2-2 Women's Outdoor Heptathlon High Jump (cont'd)

8	VEST, Ashley	Saint Martin's	1.57m 5' 1 ³ / ₄	PPP	XO	O	O	O	XXX	701
9	MEADOWS, Shaddia	Central Washingto	1.57m 5' 1 ³ / ₄	PPP	PPP	PPP	O	XO	XXX	701
10	COLLINS, Katie	Central Washingto	1.57m 5' 1 ³ / ₄	XO	O	XXO	XXO	XO	XXX	701
11	JOHNSON, Tori	Concordia (Ore.)	1.57m 5' 1 ³ / ₄	PPP	PPP	O	PPP	XXO	XXX	701
12	JESCHKE, Yvonne	Alaska Anchorage	1.54m 5' 0 ¹ / ₂	PPP	XXO	XO	XXO	XXX		666
13	CANO, Elena	Alaska Anchorage	1.51m 4' 11 ¹ / ₂	O	O	XXO	XXX			632
14	MEYER, Renick	Seattle Pacific	1.45m 4' 9"	XO	XXX					566
15	WILSON, Darian	Western Oregon	1.45m 4' 9"	XO	XXX					566
16	MAY, Kellie	Seattle Pacific	1.42m 4' 7 ³ / ₄	XXX						534

Pl	Name	Team	Mark	1.27	1.30	1.33	1.36	1.39	1.42	Pts
2	BONE, Chelsea	Concordia (Ore.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	771
5	STEPHENS, Chase	Concordia (Ore.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	736
10	COLLINS, Katie	Central Washingto	(cont'd)	PPP	PPP	PPP	PPP	O	O	701
12	JESCHKE, Yvonne	Alaska Anchorage	(cont'd)	PPP	PPP	PPP	O	O	O	666
13	CANO, Elena	Alaska Anchorage	(cont'd)	PPP	PPP	PPP	O	O	O	632
14	MEYER, Renick	Seattle Pacific	(cont'd)	PPP	PPP	O	O	O	O	566
15	WILSON, Darian	Western Oregon	(cont'd)	O	O	XO	XO	O	O	566
16	MAY, Kellie	Seattle Pacific	1.42m 4' 7 ³ / ₄	PPP	PPP	PPP	PPP	XXO	O	534
	TRINIDAD, Sidney	Central Washingto	NH	PPP	PPP	PPP	XXX			

Women's Outdoor Heptathlon After 2 Events

Pl	Athlete	Team	Points
1	ORTEGA, HarLee	Central Washington	1592
2	CAI, Scout	Seattle Pacific	1572
3	CONKLIN, Katie	Northwest Nazarene	1561
4	BONE, Chelsea	Concordia (Ore.)	1526
5	STEPHENS, Chase	Concordia (Ore.)	1520
6	MEYER, Renick	Seattle Pacific	1513
7	COLLINS, Katie	Central Washington	1488
8	LEHNERT, Geneva	Seattle Pacific	1446
9	CANO, Elena	Alaska Anchorage	1445
10	MEADOWS, Shaddi	Central Washington	1349
11	VEST, Ashley	Saint Martin's	1348
12	POTT, Tiffany	Saint Martin's	1345
13	WILSON, Darian	Western Oregon	1333
14	MAY, Kellie	Seattle Pacific	1324
15	JESCHKE, Yvonne	Alaska Anchorage	1268
16	JOHNSON, Tori	Concordia (Ore.)	1223
17	TRINIDAD, Sidney	Central Washington	882

#2-3 Women's Outdoor Heptathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	STEPHENS, Chase	Concordia (Ore.)	10.36m 34' 0"	10.36	9.59	9.28				553
2	ORTEGA, HarLee	Central Washingto	10.29m 33' 9 ¹ / ₄	10.29	10.26	9.59				548
3	MAY, Kellie	Seattle Pacific	10.15m 33' 3 ³ / ₄	10.15	9.87	9.84				539
4	BONE, Chelsea	Concordia (Ore.)	10.02m 32' 10 ¹ / ₂	9.82	9.36	10.02				531
5	CAI, Scout	Seattle Pacific	9.99m 32' 9 ¹ / ₂	9.05	9.85	9.99				529
6	POTT, Tiffany	Saint Martin's	9.74m 31' 11 ¹ / ₂	9.49	9.28	9.74				512

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Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
7	WILSON, Darian	Western Oregon	9.71m 31' 10 ¹ / ₄ "	9.65	9.53	9.71				510
8	MEYER, Renick	Seattle Pacific	9.48m 31' 1 ¹ / ₄ "	9.20	9.48	9.30				495
9	VEST, Ashley	Saint Martin's	9.37m 30' 9"	9.37	8.87	8.35				488
10	MEADOWS, Shaddia	Central Washingto	9.33m 30' 7 ¹ / ₂ "	8.61	9.33	FOUL				486
11	JOHNSON, Tori	Concordia (Ore.)	9.07m 29' 9 ¹ / ₄ "	8.93	9.07	8.56				469
12	COLLINS, Katie	Central Washingto	8.97m 29' 5 ¹ / ₄ "	8.62	8.60	8.97				462
13	CANO, Elena	Alaska Anchorage	8.53m 28' 0"	8.06	8.53	8.30				434
14	CONKLIN, Katie	Northwest Nazare	8.45m 27' 8 ³ / ₄ "	7.23	7.09	8.45				428
15	JESCHKE, Yvonne	Alaska Anchorage	8.02m 26' 3 ³ / ₄ "	8.02	7.20	7.27				401
16	TRINIDAD, Sidney	Central Washingto	7.33m 24' 0 ³ / ₄ "	7.33	6.94	6.98				356
17	LEHNERT, Geneva	Seattle Pacific	7.11m 23' 4"	6.94	7.11	7.08				342

Women's Outdoor Heptathlon After 3 Events

Pl	Athlete	Team	Points
1	ORTEGA, HarLee	Central Washington	2140
2	CAI, Scout	Seattle Pacific	2101
3	STEPHENS, Chase	Concordia (Ore.)	2073
4	BONE, Chelsea	Concordia (Ore.)	2057
5	MEYER, Renick	Seattle Pacific	2008
6	CONKLIN, Katie	Northwest Nazarene	1989
7	COLLINS, Katie	Central Washington	1950
8	CANO, Elena	Alaska Anchorage	1879
9	MAY, Kellie	Seattle Pacific	1863
10	POTT, Tiffany	Saint Martin's	1857
11	WILSON, Darian	Western Oregon	1843
12	VEST, Ashley	Saint Martin's	1836
13	MEADOWS, Shaddi	Central Washington	1835
14	LEHNERT, Geneva	Seattle Pacific	1788
15	JOHNSON, Tori	Concordia (Ore.)	1692
16	JESCHKE, Yvonne	Alaska Anchorage	1669
17	TRINIDAD, Sidney	Central Washington	1238

#2 Women's Outdoor Heptathlon

Pl	Name	Points	100H	High Jump	Shot Put	200	Long Jump	Javelin	800
1	ORTEGA, HarLee	2957	14.89	1.60m	10.29m	25.77			
	Central Washington		(+1.6)	5' 3"	33' 9 ¹ / ₄ "	(+2.3)			
			856	736	548	817			
2	CAI, Scout	2896	15.31	1.63m	9.99m	26.03			
	Seattle Pacific		(+1.6)	5' 4 ¹ / ₄ "	32' 9 ¹ / ₂ "	(+2.3)			
			801	771	529	795			
3	MEYER, Renick	2883	14.22	1.45m	9.48m	25.13			
	Seattle Pacific		(+1.6)	4' 9"	31' 1 ¹ / ₄ "	(+2.3)			
			947	566	495	875			
4	BONE, Chelsea	2804	15.67	1.63m	10.02m	26.58			
	Concordia (Ore.)		(+1.8)	5' 4 ¹ / ₄ "	32' 10 ¹ / ₂ "	(+2.3)			
			755	771	531	747			

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#2 Women's Outdoor Heptathlon (cont'd)

Pl	Name	Points	100H	High Jump	Shot Put	200	Long Jump	Javelin	800
5	COLLINS, Katie Central Washington	2758	15.42 (+1.8) 787	1.57m 5' 1 ³ / ₄ 701	8.97m 29' 5 ¹ / ₄ 462	25.88 (+2.3) 808			
6	STEPHENS, Chase Concordia (Ore.)	2683	15.44 (+0.2) 784	1.60m 5' 3" 736	10.36m 34' 0" 553	28.27 (+3.5) 610			
7	CONKLIN, Katie Northwest Nazarene	2643	15.40 (+0.2) 790	1.63m 5' 4 ¹ / ₄ 771	8.45m 27' 8 ³ / ₄ 428	27.71 (+1.9) 654			
8	CANO, Elena Alaska Anchorage	2608	15.22 (+0.2) 813	1.51m 4' 11 ¹ / ₂ 632	8.53m 28' 0" 434	26.80 (+3.5) 729			
9	MAY, Kellie Seattle Pacific	2541	15.40 (+1.8) 790	1.42m 4' 7 ³ / ₄ 534	10.15m 33' 3 ³ / ₄ 539	27.41 (+3.5) 678			
10	WILSON, Darian Western Oregon	2528	15.58 (+0.2) 767	1.45m 4' 9" 566	9.71m 31' 10 ¹ / ₄ 510	27.33 (+3.5) 685			
11	MEADOWS, Shaddi Central Washington	2516	16.55 (+0.7) 648	1.57m 5' 1 ³ / ₄ 701	9.33m 30' 7 ¹ / ₂ 486	27.38 (+3.5) 681			
12	JOHNSON, Tori Concordia (Ore.)	2449	17.68 (+2.0) 522	1.57m 5' 1 ³ / ₄ 701	9.07m 29' 9 ¹ / ₄ 469	26.47 (+3.5) 757			
13	POTT, Tiffany Saint Martin's	2444	16.89 (+0.7) 609	1.60m 5' 3" 736	9.74m 31' 11 ¹ / ₂ 512	28.57 (+1.9) 587			
14	LEHNERT, Geneva Seattle Pacific	2397	17.05 (+2.0) 591	1.70m 5' 7" 855	7.11m 23' 4" 342	28.28 (+1.9) 609			
15	VEST, Ashley Saint Martin's	2392	16.56 (+0.7) 647	1.57m 5' 1 ³ / ₄ 701	9.37m 30' 9" 488	28.97 (+1.9) 556			
16	JESCHKE, Yvonne Alaska Anchorage	2235	16.95 (+1.8) 602	1.54m 5' 0 ¹ / ₂ 666	8.02m 26' 3 ³ / ₄ 401	28.84 (+1.9) 566			
17	TRINIDAD, Sidney Central Washington	2047	14.70 (+1.6) 882	NH	7.33m 24' 0 ³ / ₄ 356	25.86 (+2.3) 809			

#2-4 Women's Outdoor Heptathlon 200 Meters

Pl	Name	Team	Time	H(Pl)	Pts
1	MEYER, Renick	Seattle Pacific	25.13 (+2.3)	1(1)	875
2	ORTEGA, HarLee	Central Washington	25.77 (+2.3)	1(2)	817
3	TRINIDAD, Sidney	Central Washington	25.86 (+2.3)	1(3)	809
4	COLLINS, Katie	Central Washington	25.88 (+2.3)	1(4)	808

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#2-4 Women's Outdoor Heptathlon 200 Meters (cont'd)

Pl	Name	Team	Time	H (Pl)	Pts
5	CAI, Scout	Seattle Pacific	26.03 (+2.3)	1(5)	795
6	JOHNSON, Tori	Concordia (Ore.)	26.47 (+3.5)	2(1)	757
7	BONE, Chelsea	Concordia (Ore.)	26.58 (+2.3)	1(6)	747
8	CANO, Elena	Alaska Anchorage	26.80 (+3.5)	2(2)	729
9	WILSON, Darian	Western Oregon	27.33 (+3.5)	2(3)	685
10	MEADOWS, Shaddia	Central Washington	27.38 (+3.5)	2(4)	681
11	MAY, Kellie	Seattle Pacific	27.41 (+3.5)	2(5)	678
12	CONKLIN, Katie	Northwest Nazarene	27.71 (+1.9)	3(1)	654
13	STEPHENS, Chase	Concordia (Ore.)	28.27 (+3.5)	2(6)	610
14	LEHNERT, Geneva	Seattle Pacific	28.28 (+1.9)	3(2)	609
15	POTT, Tiffany	Saint Martin's	28.57 (+1.9)	3(3)	587
16	JESCHKE, Yvonne	Alaska Anchorage	28.84 (+1.9)	3(4)	566
17	VEST, Ashley	Saint Martin's	28.97 (+1.9)	3(5)	556

Women's Outdoor Heptathlon After 4 Events

Pl	Athlete	Team	Points
1	ORTEGA, HarLee	Central Washington	2957
2	CAI, Scout	Seattle Pacific	2896
3	MEYER, Renick	Seattle Pacific	2883
4	BONE, Chelsea	Concordia (Ore.)	2804
5	COLLINS, Katie	Central Washington	2758
6	STEPHENS, Chase	Concordia (Ore.)	2683
7	CONKLIN, Katie	Northwest Nazarene	2643
8	CANO, Elena	Alaska Anchorage	2608
9	MAY, Kellie	Seattle Pacific	2541
10	WILSON, Darian	Western Oregon	2528
11	MEADOWS, Shaddi	Central Washington	2516
12	JOHNSON, Tori	Concordia (Ore.)	2449
13	POTT, Tiffany	Saint Martin's	2444
14	LEHNERT, Geneva	Seattle Pacific	2397
15	VEST, Ashley	Saint Martin's	2392
16	JESCHKE, Yvonne	Alaska Anchorage	2235
17	TRINIDAD, Sidney	Central Washington	2047