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West Region Coordinator: Kendrick Mooney

For Immediate Release

**Central Washington's Samantha Bowman Named 2022-23 D2CCA
All-West Region Women's Basketball Player of the Year**

Bowman Earns back-to-back D2CCA First Team Honors.

SAN FRANCISCO – Central Washington's senior center Samantha Bowman has been named the 2022-23 Division 2 Conference Commissioners Association Women's Basketball West Region Player of the Year.

Bowman was the only repeat honoree to the D2CCA All-Region team from a season ago. Cal State Dominguez Hill's Dawnyel Lair, Hawai'i Pacific's Abby Spurgin, Western Washington's Brooke Walling and Cal State LA's Lily Buggs all join Bowman on the First Team. The members of the Second Team include Azusa Pacific's Paige Uyehara, Western Washington's Avery Dykstra, Alaska Anchorage's Vishe' Rabb, ART U's Alisha Wilson and CSUSM's Dynnah Buckner.

The D2 CCA Player of the Year award and all-region teams are nominated and selected by members of the region's athletics communications staffs.

The D2 CCA encourages and promotes Division II athletics and high standards of sportsmanship as important elements of high education. The D2 CCA is a key communications link among the conferences as they discuss views, policies and regulations that impact NCAA Division II athletics and works closely with the NCAA as a communications channel to NCAA Division II member colleges and universities.

The five members of the All-West Region First Team will now be placed on the national ballot for All-America consideration. The All-America teams will be released Sunday, March 19. The complete All-West region teams follow.

-D2 CCA-

2022-23 D2 CCA NCAA Division II Women's Basketball All-West Region Teams

First Team

Pos.	Name	School	Yr.	Hometown
C	Samantha Bowman	Central Washington	Sr.	Zillah, Wash.
G	Lily Buggs	Cal State LA	So.	Long Beach, Calif.
G	Dawnyel Lair	Cal State Dominguez Hills	Sr.	Los Angeles
C	Abby Spurgin	Hawai'i Pacific	GS.	Fredericksburg, Texas
F	Brooke Walling	Western Washington	Jr.	Vancouver, Wash.

Second Team

Pos.	Name	School	Yr.	Hometown
G	Dynnah Buckner	Cal State San Marcos	Sr.	Rialto, Calif.
G	Avery Dykstra	Western Washington	Sr.	Everson, Wash.
F	Vishe Rabb	Alaska Anchorage	Jr.	Springfield, Minn.
G	Paige Uyehara	Azusa Pacific	Jr.	San Jose, Calif.
F/C	Alisha Wilson	ART U	So.	Pomona, Calif.

West Region Player of the Year: Sr. Samantha Bowman, Central Washington