

ASH CREEK COLLEGIATE

Monmouth, OR
 Western Oregon University
 Friday, September 16, 2022



OFFICIAL MEET REPORT
 printed: 9/16/2022 7:46 PM

Race #1
Women's 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Oregon State	28	1-2-3-9-13(16)(23)	1:30:48	18:10	0:57.1
2 Simon Fraser	61	6-7-14-15-19(24)(40)	1:33:32	18:43	0:58.2
3 Saint Martin's	70	4-5-10-20-31(33)(38)	1:33:48	18:46	2:07.2
4 Western Oregon	92	8-11-18-26-29(32)(44)	1:35:37	19:08	1:35.1
5 Lewis & Clark	132	12-22-28-34-36(46)(47)	1:38:59	19:48	1:51.9
6 Lane CC	147	17-21-30-37-42(48)	1:40:04	20:01	2:03.6
7 Linfield	167	25-27-35-39-41(43)(45)	1:41:37	20:20	1:34.4
8 Corban	255	49-50-51-52-53(54)	1:59:42	23:57	3:16.4

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	1 Mile	3400
1 KNOX, Teaghan	93	Oregon State	1	17:49.40	5:43.9	3:33.9	5:49.40	12:03.60
2 LAURENT, Kate	94	Oregon State	2	17:50.20	5:44.1	3:34.0	5:49.00	12:03.60
3 VAN VALKENBURG, Emily	99	Oregon State	3	17:58.90	5:46.9	3:35.8	12:03.30	
4 WALCHAK-SLOAN, Cassidy	128	Saint Martin's	4	17:58.90	5:46.9	3:35.8	5:48.90	12:13.80
5 CARSTENS, Alauna	121	Saint Martin's	5	18:05.30	5:49.0	3:37.1	5:49.00	12:13.30
6 CLARIZIO, Hannah	202	Unattached	-	18:07.40	5:49.6	3:37.5	5:48.90	12:14.10
7 ROXBY, Megan	149	Simon Fraser	6	18:14.50	5:51.9	3:38.9	5:49.60	12:21.10
8 CHALK, Grace	143	Simon Fraser	7	18:18.60	5:53.2	3:39.7	5:49.50	12:20.70
9 HUTTON, Holly	184	Western Oregon	8	18:21.60	5:54.2	3:40.3	5:49.00	12:15.40
10 HAMLIN, Jamie	92	Oregon State	9	18:22.70	5:54.6	3:40.5	5:53.80	12:26.80
11 SABRA, Sara	126	Saint Martin's	10	18:24.20	5:55.0	3:40.8	5:56.10	12:26.80
12 SMITH, Riley	190	Western Oregon	11	18:40.20	6:00.2	3:44.0	5:49.10	12:13.40
13 BUESE, Riley	47	Lewis & Clark	12	18:44.20	6:01.5	3:44.8	5:49.60	12:29.70
14 SMITH, Payton	97	Oregon State	13	18:46.50	6:02.2	3:45.3	5:53.80	12:30.50
15 CHILTON, Emily	144	Simon Fraser	14	18:51.70	6:03.9	3:46.3	5:53.00	12:38.40
16 PRANGLEY, Sarah	148	Simon Fraser	15	18:54.10	6:04.7	3:46.8	5:53.10	12:38.60
17 ECKMAN, Eliza	91	Oregon State	(16)	18:55.20	6:05.0	3:47.0	5:54.30	12:37.90
18 RAMIREZ, Cammeo	26	Lane CC	17	19:02.30	6:07.3	3:48.5	5:56.40	12:38.10
19 CLIFTON, Ali	182	Western Oregon	18	19:05.50	6:08.3	3:49.1	5:52.80	12:41.70
20 MARION, Ella	147	Simon Fraser	19	19:12.70	6:10.6	3:50.5	5:55.40	12:47.50
21 SAUCEDO, Alisha	127	Saint Martin's	20	19:13.10	6:10.8	3:50.6	5:57.30	12:52.80
22 PARSONS, Sandra	25	Lane CC	21	19:15.20	6:11.4	3:51.0	5:56.20	12:40.30
23 BOYLE, Madeleine	46	Lewis & Clark	22	19:17.50	6:12.2	3:51.5	6:10.70	13:02.70
24 STUBBLEFIELD, Sophia	98	Oregon State	(23)	19:20.20	6:13.1	3:52.0	5:53.90	12:43.20
25 KALISCH, Milena	146	Simon Fraser	(24)	19:21.00	6:13.3	3:52.2	5:55.30	12:47.20
26 TORRES-BERMUDEZ, Jenni	81	Linfield	25	19:27.20	6:15.3	3:53.4	6:05.80	13:05.30
27 CHAPMAN, Katie	181	Western Oregon	26	19:32.90	6:17.1	3:54.6	5:49.40	12:50.70
28 ERICKSON, Makayla	75	Linfield	27	19:47.20	6:21.7	3:57.4	6:11.90	13:16.70
29 SCHWIETERMAN, Katya	59	Lewis & Clark	28	19:54.80	6:24.2	3:59.0	6:18.90	13:31.10
30 PEREZ, Natalie	189	Western Oregon	29	19:56.70	6:24.8	3:59.3	5:56.80	13:05.70
31 LEWETAG, Hailey	23	Lane CC	30	20:00.30	6:25.9	4:00.1	6:11.50	13:21.00
32 RINCK, Libby	96	Oregon State	-	20:04.50	6:27.3	4:00.9	5:59.40	13:16.70
33 HARTLEY, Naomi	122	Saint Martin's	31	20:06.10	6:27.8	4:01.2	6:13.80	13:28.90

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Race #1
Women's 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	1 Mile	3400
34 FLACK, Olivia	183	Western Oregon	(32)	20:10.60	6:29.3	4:02.1	6:13.00	13:32.90
35 RAMIREZ, Kya	125	Saint Martin's	(33)	20:10.90	6:29.4	4:02.2	6:13.80	13:29.10
36 HANSJI, Ishani	50	Lewis & Clark	34	20:25.50	6:34.1	4:05.1	6:10.40	13:29.00
37 DELZOTTI, Kaylee	74	Linfield	35	20:31.90	6:36.1	4:06.4	6:29.10	13:49.10
38 LUTZ, Emogene	54	Lewis & Clark	36	20:36.10	6:37.5	4:07.2	6:20.20	13:47.90
39 LIEBL, Jazmine	24	Lane CC	37	20:40.00	6:38.7	4:08.0	6:08.50	13:20.70
40 OSBORN, Courtney	124	Saint Martin's	(38)	20:44.10	6:40.0	4:08.8	6:14.60	13:40.00
41 RILEY, Holly	79	Linfield	39	20:48.40	6:41.4	4:09.7	6:30.10	13:55.90
42 CONGOUR, Malindi	145	Simon Fraser	(40)	20:48.80	6:41.5	4:09.8	6:19.30	13:56.10
43 VANDERPUT, Elizabeth	150	Simon Fraser	-	20:50.10	6:42.0	4:10.0	6:19.50	13:55.20
44 BRUNDAGE, Emma	72	Linfield	41	21:01.60	6:45.7	4:12.3		
45 HERNANDEZ, Elizabeth	21	Lane CC	42	21:05.90	6:47.0	4:13.2	6:31.90	14:09.40
46 STURLEY, Mary	80	Linfield	(43)	21:09.00	6:48.0	4:13.8	6:29.10	14:03.50
47 WALLACK, Bailey	167	Umpqua CC	-	21:10.80	6:48.6	4:14.2	6:07.70	13:52.10
48 LARSON, Lindie	186	Western Oregon	(44)	21:11.80	6:48.9	4:14.4	6:20.70	14:05.00
49 GREBISZ, Abby	77	Linfield	(45)	21:26.70	6:53.7	4:17.3	6:29.50	14:11.10
50 KASITZ, Samantha	78	Linfield	-	21:36.10	6:56.8	4:19.2	6:29.60	14:10.90
51 FRAZIER, Anna	76	Linfield	-	21:39.40	6:57.8	4:19.9	6:33.20	14:31.30
52 JONES, Marion	52	Lewis & Clark	(46)	21:40.10	6:58.0	4:20.0	6:30.10	14:31.40
53 THOMAS, Kristen	166	Umpqua CC	-	21:44.70	6:59.5	4:20.9	6:28.10	14:22.90
54 RESIDE, Miriam	58	Lewis & Clark	(47)	21:45.30	6:59.7	4:21.1	6:45.80	14:36.00
55 LEAMY, Kaiya	187	Western Oregon	-	21:50.90	7:01.5	4:22.2	6:34.40	14:30.40
56 CALLINAN, Hanna	48	Lewis & Clark	-	21:52.80	7:02.1	4:22.6	6:46.80	14:39.60
57 GARCIA, Myah	20	Lane CC	(48)	22:02.10	7:05.1	4:24.4	6:52.30	14:49.00
58 MOORE, Emily	188	Western Oregon	-	22:07.80	7:06.9	4:25.6	6:30.50	14:38.90
59 MILLER, Abigail	11	Corban	49	22:12.10	7:08.3	4:26.4	7:01.80	14:55.90
60 PEDERSEN, Lelia	56	Lewis & Clark	-	22:14.00	7:08.9	4:26.8	6:46.80	14:47.90
61 CHAFFEE, Amber	73	Linfield	-	22:16.00	7:09.6	4:27.2	6:28.90	14:31.90
62 BURTON, Abby	120	Saint Martin's	-	22:18.30	7:10.3	4:27.7	6:46.00	14:40.10
63 LINTHICUM, Faith	123	Saint Martin's	-	22:33.60	7:15.2	4:30.7	6:45.10	14:55.70
64 PIFER, Gillian	57	Lewis & Clark	-	22:37.80	7:16.6	4:31.6	6:52.60	15:16.20
65 YOUNGMAYR, Piper	191	Western Oregon	-	22:43.20	7:18.3	4:32.6	6:49.50	15:01.90
66 ANKENNEY, Aliya	119	Saint Martin's	-	22:50.90	7:20.8	4:34.2	15:13.90	
67 ELSA, Tara	49	Lewis & Clark	-	23:20.90	7:30.5	4:40.2	7:16.50	15:35.60
68 JANZER, Lindsay	8	Corban	50	23:31.90	7:34.0	4:42.4	7:35.70	15:58.80
69 MCFALL, Olivia	10	Corban	51	23:50.00	7:39.8	4:46.0	7:37.90	16:07.40
70 HOSIE, Rosemary	7	Corban	52	24:38.70	7:55.5	4:55.7	7:58.70	16:44.50
71 KROEKER, Emily	9	Corban	53	25:28.50	8:11.5	5:05.7	7:35.30	16:27.10
72 SYVERSON, Kynzee	12	Corban	(54)	25:39.00	8:14.9	5:07.8	7:48.70	16:54.60
73 FORRISTALL, Nicole	164	Umpqua CC	-	26:41.70	8:35.0	5:20.3	7:54.20	17:40.80
74 COBB, Dawn	162	Umpqua CC	-	28:22.10	9:07.3	5:40.4	8:36.60	

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Race #2
Men's 6K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Simon Fraser	37	3-6-7-10-11(13)(26)	1:30:55	18:11	0:19.6
2 Portland	38	2-4-8-9-15(16)(18)	1:30:59	18:12	0:30.5
3 Western Oregon	63	1-5-17-19-21(25)(30)	1:31:52	18:23	0:52.4
4 Saint Martin's	115	14-20-22-28-31(42)(44)	1:34:04	18:49	0:46.2
5 Lane CC	124	12-23-24-32-33(38)	1:34:51	18:59	1:02.1
6 Lewis & Clark	172	27-29-37-39-40(41)(43)	1:36:38	19:20	0:44.1
7 Linfield	198	34-35-36-46-47(51)(52)	1:39:50	19:58	1:17.6
8 Corban	245	45-48-49-50-53	1:45:12	21:03	1:48.4

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	2400	4000
1 HUTTON, Hunter	172	Western Oregon	1	17:51.20	4:47.2	2:58.5	7:19.40	11:43.30
2 HAZELL, Justin	103	Portland	2	17:59.50	4:49.4	2:59.9	7:39.40	12:08.30
3 BRINKMAN, Sebastian	131	Simon Fraser	3	18:00.50	4:49.7	3:00.1	7:39.20	12:08.90
4 WILLIAMS, Cohen	107	Portland	4	18:03.60	4:50.5	3:00.6	7:40.10	12:08.70
5 SMITH, Bailey	179	Western Oregon	5	18:05.30	4:51.0	3:00.9	7:40.90	12:09.30
6 ARNDT, Scott	130	Simon Fraser	6	18:06.40	4:51.3	3:01.1	7:41.20	12:12.90
7 RUCKMAN-UTTING, Henry	139	Simon Fraser	7	18:10.90	4:52.5	3:01.8	7:41.30	12:15.10
8 MARTISUS, Brady	104	Portland	8	18:11.00	4:52.5	3:01.8	7:39.70	12:08.40
9 ANDREWS, Kevin	100	Portland	9	18:14.40	4:53.4	3:02.4	7:40.60	12:13.50
10 GOOD, Aiden	133	Simon Fraser	10	18:16.60	4:54.0	3:02.8	7:39.90	12:09.90
11 MEKONNEN, Ephrem	136	Simon Fraser	11	18:20.10	4:54.9	3:03.4	7:32.50	12:07.90
12 AUXIER, Logan	13	Lane CC	12	18:24.80	4:56.2	3:04.1	7:41.00	12:16.30
13 THOMSON, Andrew	141	Simon Fraser	(13)	18:26.00	4:56.5	3:04.3		
14 PAGENTE, Kainalu	116	Saint Martin's	14	18:26.70	4:56.7	3:04.5	7:45.30	12:23.00
15 VICKERS, Kai	106	Portland	15	18:30.00	4:57.6	3:05.0	7:41.40	12:20.30
16 REYES, AJ	105	Portland	(16)	18:33.20	4:58.4	3:05.5	7:42.60	12:18.50
17 KLUS, Emmett	173	Western Oregon	17	18:33.50	4:58.5	3:05.6	7:41.90	12:15.90
18 WATTS, Wiley	200	Unattached	-	18:35.20	4:59.0	3:05.9	7:37.90	12:21.80
19 DELACRUZ, Evan	101	Portland	(18)	18:37.00	4:59.5	3:06.2	7:40.30	12:18.80
20 PARKER, Logan	176	Western Oregon	19	18:37.70	4:59.7	3:06.3	7:42.60	12:18.00
21 CORTES, Isaac	109	Saint Martin's	20	18:39.00	5:00.0	3:06.5	7:51.80	12:31.20
22 POMRANKEY, Easton	177	Western Oregon	21	18:43.60	5:01.2	3:07.3	7:47.60	12:28.10
23 HARWELL, Michael	114	Saint Martin's	22	18:48.00	5:02.4	3:08.0	7:49.60	12:32.10
24 GINGERICH, Dublin	16	Lane CC	23	18:50.10	5:03.0	3:08.4	7:50.30	12:31.40
25 KENNEDY, RJ	18	Lane CC	24	18:50.20	5:03.0	3:08.4	7:51.00	12:33.10
26 SPINK, Kolby	180	Western Oregon	(25)	18:50.30	5:03.0	3:08.4	7:43.20	12:31.90
27 CASTRO, Jose	132	Simon Fraser	(26)	18:51.80	5:03.4	3:08.6	7:44.50	12:29.30
28 MAACK, Erik	34	Lewis & Clark	27	18:53.60	5:03.9	3:08.9	8:00.00	12:46.20
29 SLICHKO, Lance	117	Saint Martin's	28	18:56.50	5:04.7	3:09.4	7:46.80	12:37.40
30 REID, Frankie	40	Lewis & Clark	29	18:57.30	5:04.9	3:09.5	7:47.60	12:34.20
31 ROY, Alden	199	Unattached	-	18:58.90	5:05.3	3:09.8	7:49.90	12:33.50
32 LOGIE, Micah	135	Simon Fraser	-	19:10.00	5:08.3	3:11.7	7:46.40	12:40.40
33 PERRIARD, Joel	138	Simon Fraser	-	19:11.00	5:08.6	3:11.8	7:56.00	12:43.80

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	2400	4000
34 MCKENNEY, Dustyn	174	Western Oregon	(30)	19:11.60	5:08.7	3:11.9	7:43.40	12:32.80
35 DALE, Eli	110	Saint Martin's	31	19:12.90	5:09.1	3:12.2	7:53.10	12:45.00
36 GRILLO, Nico	102	Portland	-	19:14.00	5:09.4	3:12.3	7:49.10	12:28.90
37 KNIGHT, Matthew	196	Unattached	-	19:14.60	5:09.5	3:12.4	7:43.70	12:32.00
38 LEE, Christian	19	Lane CC	32	19:18.70	5:10.6	3:13.1	7:51.50	12:46.10
39 SCHMIDT, Jordan	140	Simon Fraser	-	19:25.10	5:12.4	3:14.2	8:01.00	12:57.10
40 HUGHES, Chad	17	Lane CC	33	19:26.90	5:12.8	3:14.5	7:51.00	12:43.40
41 OATHOUT, Alex	67	Linfield	34	19:27.70	5:13.1	3:14.6	8:11.00	13:02.50
42 CAHILL, Calvin	60	Linfield	35	19:27.80	5:13.1	3:14.6	8:11.60	13:01.40
43 KILTOW, Bradley	66	Linfield	36	19:29.70	5:13.6	3:15.0	8:16.60	13:07.70
44 DAVIS-FRANKFORT, Cedar	170	Western Oregon	-	19:29.70	5:13.6	3:15.0	7:43.30	12:37.90
45 RICKEY, Liam	41	Lewis & Clark	37	19:31.60	5:14.1	3:15.3	8:11.60	13:06.30
46 BODILY, Creed	14	Lane CC	(38)	19:34.10	5:14.8	3:15.7	8:12.10	13:02.10
47 MARLATT, Bruce	35	Lewis & Clark	39	19:37.30	5:15.6	3:16.2	8:12.00	13:05.00
48 FORD, Peter	32	Lewis & Clark	40	19:37.70	5:15.7	3:16.3	8:12.30	13:04.30
49 VOENELL, Miles	44	Lewis & Clark	(41)	19:41.50	5:16.8	3:16.9	8:13.60	13:08.40
50 FARRELL, John	113	Saint Martin's	(42)	19:43.90	5:17.4	3:17.3	8:25.90	13:20.60
51 NELSON, Noah	37	Lewis & Clark	(43)	19:44.40	5:17.5	3:17.4	8:12.70	13:07.30
52 DENNIS, Will	31	Lewis & Clark	-	19:45.00	5:17.7	3:17.5	8:12.30	13:07.10
53 GORDON, Joshua	194	Unattached	-	19:46.00	5:18.0	3:17.7	8:13.20	13:11.20
54 WANI, Rudu	118	Saint Martin's	(44)	19:47.10	5:18.3	3:17.9	8:26.30	13:20.80
55 BAY, Nate	29	Lewis & Clark	-	19:48.80	5:18.7	3:18.1	8:13.20	13:07.90
56 JENSEN, Ryan	134	Simon Fraser	-	19:50.70	5:19.2	3:18.5	7:56.40	12:55.90
57 REEM, Mike	39	Lewis & Clark	-	19:52.80	5:19.8	3:18.8	8:12.80	13:09.10
58 BALTZ, Steven	108	Saint Martin's	-	19:53.70	5:20.0	3:19.0	8:26.00	13:21.10
59 AUSTIN, Carson	169	Western Oregon	-	19:54.70	5:20.3	3:19.1	8:06.40	13:09.20
60 LEE, Josiah	197	Unattached	-	19:56.30	5:20.7	3:19.4	8:14.50	13:07.50
61 MOORE, Brendan	137	Simon Fraser	-	19:57.30	5:21.0	3:19.5	8:01.30	13:03.20
62 ALDRICH, Max	27	Lewis & Clark	-	20:00.50	5:21.8	3:20.1	8:12.10	13:07.10
63 PLUMB, Theron	38	Lewis & Clark	-	20:08.80	5:24.1	3:21.5	8:12.40	13:13.70
64 SILVERMAN, Caleb	43	Lewis & Clark	-	20:08.90	5:24.1	3:21.5	8:12.10	13:06.60
65 MIZEE, Ketner	5	Corban	45	20:09.80	5:24.3	3:21.6	8:30.30	13:28.80
66 ORNDORFF, Joseph	198	Unattached	-	20:11.90	5:24.9	3:22.0	8:11.00	13:12.10
67 HARROD, Connor	33	Lewis & Clark	-	20:15.30	5:25.8	3:22.5	8:27.20	13:34.60
68 GUTIERREZ, orestes	195	Unattached	-	20:25.00	5:28.4	3:24.2	8:22.60	13:26.90
69 GEITER, Nathan	193	Unattached	-	20:28.70	5:29.4	3:24.8	8:19.10	13:29.30
70 KERN, Evan	65	Linfield	46	20:38.70	5:32.1	3:26.5	8:42.20	13:54.20
71 DHATT, Jaskaran	111	Saint Martin's	-	20:40.30	5:32.5	3:26.7	8:28.00	13:40.00
72 LANGE, Ryan	115	Saint Martin's	-	20:44.30	5:33.6	3:27.4	8:26.90	13:28.40
73 SZOATAK, Kai	70	Linfield	47	20:45.30	5:33.9	3:27.6	8:41.90	13:53.80
74 CASTELLANOS, Rigoberto	30	Lewis & Clark	-	20:55.00	5:36.5	3:29.2	8:36.80	13:49.20
75 DAVIS, Shane	4	Corban	48	20:57.80	5:37.2	3:29.6	8:34.70	13:46.40
76 ANDRES, Noah	2	Corban	49	20:58.80	5:37.5	3:29.8	8:34.40	13:50.50
77 PINARD, Attreyu	158	Umpqua CC	-	21:01.40	5:38.2	3:30.2	8:30.30	13:48.40
78 ANDERSON, Grant	1	Corban	50	21:06.70	5:39.6	3:31.1	8:36.00	13:57.00
79 NAYLOR, Joseph	36	Lewis & Clark	-	21:07.30	5:39.8	3:31.2	8:39.10	13:57.80

ASH CREEK COLLEGIATE

Monmouth, OR
Western Oregon University
Friday, September 16, 2022



OFFICIAL MEET REPORT
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Race #2
Men's 6K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	2400	4000
80 RIDDERHOF, Aidan	42	Lewis & Clark	-	21:07.40	5:39.8	3:31.2	8:27.60	13:51.50
81 APRESA, Brandon	28	Lewis & Clark	-	21:09.50	5:40.3	3:31.6	8:39.20	13:54.80
82 CHRISTIAN, John	61	Linfield	(51)	21:16.90	5:42.3	3:32.8	8:40.60	14:04.20
83 PEREZ, Brendan	68	Linfield	(52)	21:34.10	5:46.9	3:35.7	8:53.40	14:19.70
84 DOOLEY, Conner	62	Linfield	-	21:40.70	5:48.7	3:36.8	8:43.90	14:14.00
85 ROGERS, Juston	69	Linfield	-	21:53.90	5:52.3	3:39.0	8:53.00	14:29.70
86 LILIENTHAL, Aidan	152	SW Oregon CC	-	21:53.90	5:52.3	3:39.0	8:41.60	14:15.80
87 BENSMAN, Hunter	3	Corban	53	21:58.20	5:53.4	3:39.7	8:53.00	14:30.20
88 DEVENY, Connor	157	Umpqua CC	-	22:34.20	6:03.1	3:45.7	8:44.20	14:41.70
89 CERVANTES, Paul	156	Umpqua CC	-	22:39.30	6:04.4	3:46.6	8:52.60	14:30.40
90 FUHRIMAN, Trent	63	Linfield	-	23:34.10	6:19.1	3:55.7	9:06.80	15:19.50