

ETSU Track & Field Invitational
Johnson City, Tennessee
January 15-16, 2016

Entry Information: Go to: www.timinginc.com

Please reference "Changes/Updates to the 2016 ETSU Track & Field Invitational" Info Page for all updates as we get closer to the meet.

Entry Deadline for Collegiate Teams : Monday, January 11, 2016 by 11:59 pm Eastern Time at www.directathletics.com

Entry fee: A non-refundable entry fee of \$375.00 per team or \$35.00 per athlete (up to 11 athletes) will be charged for college athletes entered by Monday, January 11, 2016 by 11:59 pm Eastern Time. This charge is based off of your entries, not based on who gets into the meet. Please keep this in mind when you enter your athletes.

Please make all checks payable to: ETSU TRACK & FIELD MEETS. Checks written to ETSU will not be accepted. You can mail checks to: ETSU Track & Field, ATTN: George Watts, P O Box 70707, Johnson City, TN 37614.

******Unattached/ Club Athletes:*** Submit entry to Hassaan Stamps at stampsh@etsu.edu. Entries must be submitted by Friday, January 9, 2016. No exceptions. Entry fee of \$35.00 to be paid at packet pickup.

****** No High School athletes are allowed to compete in the College/Open portion of this meet***.*** High School athletes must compete in the Knoxville Youth Athletes portion of the meet.

Packet Pickup: Packet pickup will be available on Friday beginning at 8:00 am on the West Side of the Mini-Dome on the Upper level, inside the concession stands. Packets will be available on Saturday beginning at 7:00 am.

Practice Times: The track will be open for practice on Thursday January 14, 2016 from 6-8pm. For safety purposes throws practice will be split into two one hour blocks. Weight Throw from 6:00-7:00pm and Shot Put from 7:00-8:00pm.

Accepted Entries Lists: Final accepted entry lists will be posted by 1:00pm on Wednesday, January 13, 2016 at www.timinginc.com. Check final meet instructions online for check-in and seeding procedures after January 13.

Meet Scoring: The meet will be scored for Division 1 schools.

Medical Facilities: There will be a Mobile Training Room located at the Northeast end of the Mini Dome. There will be "NO ENTRY" into the ETSU UNIVERSITY ATHLETIC DEPARTMENT TRAINING ROOM.

Parking/Athlete Drop off: There will be NO DROP OFFS AND NO PARKING IN THE PARKING GARAGE OR THE LOT ADJACENT TO THE PARKING GARAGE OR YOU RISK BEING TICKETED AND/OR TOWED. Athlete Drop-Offs must be in Lots 22B and 22c. There will be NO "Drop Offs" in front of the Dome. All busses

must park in lot 22C. Lots 22B and 22C are located west of the Dome directly across from the Soccer Fields. To enter Lots 22B and 22C please turn onto Jack Vest Drive from State of Franklin Road, then turn right at the Traffic Circle onto Go Bucs Trail and enter lots 22B and 22C on your right.

Team/ Athlete Entry: There will be an athlete/coaches entry on the West Side third floor of the Dome. The entry door labeled Section A, B is the only entrance for athletes and coaches. Teams/Athletes will not be allowed to enter thru any other doors.

Spectators: The entry labeled section C, D will be for spectators only so please do not attempt to enter thru this door. On the East Side there will be another entrance for spectators only. Athletes may exit but will not be allowed to re-enter thru the East Side entrance. You will have to walk around the facility from the outside and enter thru the West Side Athlete/Coach Entrance.

There will be an exit only entrance on the West Side labeled section EFG but you can-not enter thru this door.

RUNNING EVENTS INFO: There will be preliminaries in the 60m, 60m hurdles, 200m and 400m runs. Heats are seeded fastest to slowest. All other running events will be run in sections seeded based on entry. Two relay teams per school in the 4 x 400m Relay and one relay team per school in the DMR unless okayed by George Watts (Meet- management reserves the right to adjust standards and accepted entry numbers for all events.).

FIELD EVENTS INFO: Please note that we will limit our entries in the throws and long jumps to 36 athletes. We will have coaching boxes for the Pole Vault and High Jump. (Meet- management reserves the right to adjust standards and accepted entry numbers for all events). **Minimum measure marks and opening heights will likely be adjusted as we get closer to meet time.**

High Jump: Opening heights: Men: 1.83m, Women: 1.53m

Pole vault: Opening heights: Men: 4.15m, Women: 3.05m

Long Jump: **Top 36 entries** will be accepted into the meet. Top 8 advance to finals. After first measured mark, minimums are as follows: Men: 6.50m, Women: 5.10m

Triple Jump: Top entries will be accepted into the meet. Top 8 advance to finals. After first measured mark, minimums are as follows: Men: 13.20m, Women: 10.75m

Weight Throw: **Top 36 entries** will be accepted into the meet. Top 8 advance to finals. After first measured mark, minimums are as follows: Men: 13.50m, Women: 13.50m

Shot Put: **Top 36 entries** will be accepted into the meet. Top 8 advance to finals. After first measured mark, minimums are as follows: Men: 13.00m, Women: 11.00m

Check in Procedure: All athletes must be checked in 1 hour before their event start time.

Implement Weigh-In: All throwing implements must be turned in 2 hours prior to start time of your event. Drop off location will be East Room 148. All implements MUST be clearly identified with school name.

Warm-up on competition days: There are two designated warm-up areas for running athletes inside the dome. The area behind the PV pit on the South end of the facility will serve as one and the other is the area on the second level above the start of the 60m dash/60m hurdle.

For More Information or Questions contact: Hassaan Stamps at stampsh@etsu.edu or 305/849-2529

