

ETSU

WOMEN'S TRACK & FIELD

SCHOOL RECORDS – INDOOR TRACK & FIELD

60 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Nicole Johnson	7.40	2020

200 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Judy Johnson	23.96	2009

400 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Katrina Seymour	54.70	2017

800 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Michelle Gregg	2:05.68	1998

MILE RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Heidi Dahl	4:39.39	2009

3000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Kim Bird	9:18.95	1984

5000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Kim Bird	16:25.10	1982

60 METER HURDLES

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Kyra Atkins	8.29	2018
Demeteria Edgcombe	8.29	2015

4 X 400 METER RELAY/MILE RELAY

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Johnson Judy,	3:46.38	2009

Dahl Heidi, Ingram Jasmine, Bailey Cagney

METRIC DISTANCE MEDLEY/DISTANCE MEDLEY RELAY

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Emily Williams	11:56.63	2018

Jessica Lord, Heather Feuchtenberger, Kaitlyn Lay

LONG JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Taneisha Robinson	6.17/20'3	1999

TRIPLE JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Taneisha Robinson	12.93/42'5 ¼	1998

HIGH JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Anne Marie Ricciardi	1.78/5'10	2007

POLE VAULT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ashley Kessler	3.80/12'5 ½	2015
Katerina Vodova	3.80/12'5 ½	2014

SHOT PUT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Angie Barker	16.61/54'6	1988

WEIGHT THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Symphony Buxton	18.49/60'8	2019

PENTATHLON

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Katerina Vodova	3707	2012

Women's Indoor and Outdoor Conference Champions

Indoor Champions

55-Meter Dash
2003.....Chantelle Vernon.....7.02

60-Meter Dash
2017.....Katrina Seymour.....7.57
2008..... Judy Johnson7.65
2004.....Chantelle Vernon.....7.54

60-Meter Hurdles
2018..... Kyra Atkins8.29
2017..... Kyra Atkins8.32
2015.. Demeteria Edgcombe ...8.29
2012.. Demeteria Edgcombe ...8.53

200-Meter Dash
2017.....Katrina Seymour.....24.32
2009..... Judy Johnson24.13

400-Meter Run
2017.....Katrina Seymour.....55.91
2016.....Katrina Seymour.....55.12
2005.....Nichola Cornish.....56.21
2003..... Kim Simmons57.50
1989.....April Via.....58.28

800-Meter Run
2004..... Kim Simmons2:14.55
1996..... Michelle Gregg2:15.60
1995..... Michelle Gregg2:12.98
1989.....Sabrina Keeton2:19.93

Mile Run
2009.....Heidi Dahl.....4:39.39
1998..... Valerie Urchison ...4:53.37
1997..... Valerie Urchison ...5:02.46
1989.....Sabrina Keeton5:02.02
1988.....Sabrina Keeton5:10.33

3,000-Meter Run
1998.....Catherine Berry....9:49.73

5,000-Meter Run
2000.....Catherine Berry..17:01.05
1997.....Mary Jo Ferrigan.17:36.82

Two-Mile Relay
1989.....9:32.27
1988.....9:45.63

4x400 Meter Relay
1995.....3:50.44

Distance Medley Relay
1998.....11:58.99
1997.....12:06.54

Long Jump
2019.....Khiara White.....6.01m
1999.... Taneisha Robinson ...5.94m
1998.... Taneisha Robinson ...6.17m

Triple Jump
2012.....Lexie Burley.....12.19m

High Jump
2006....Anna Marie Ricciardi..1.71m
2005 ...Anna Marie Ricciardi..1.73m
2003..... Cheryl Howard1.66m
1999.... Taneisha Robinson ...1.73m
1998..... Jennifer Sluss1.72m
1997..... Jennifer Sluss1.72m
1995.....Shellie Clendenon....1.72m
1993.....Shellie Clendenon....1.68m
1992.....Shellie Clendenon....1.69m

Shot Put
1989.....Angie Barker13.74m
1988.....Angie Barker16.61m

Weight Throw
2010Zachlynn Blackburn....17.13m
2008Zachlynn Blackburn....16.32m

Outdoor Champions

100 Meters
2007 Jenny Knox11.85
1996 Leisa Moulton12.40

200 Meters
2017 Kyra Atkins.....23.86
2009 Nae-Nae Bailey24.23

400 Meters
2005 Nichola Cornish.....54.59
1987 Kellie Smith57.72

800 Meters
2009 Heidi Dahl2:08.99
1995 Michelle Gregg.....2:14.87
1989 April Via2:13.31
1988 Sabrina Keeton2:18.17
1987 Kellie Smith2:18.06

1,500 Meters
2009 Heidi Dahl4:18.08
1996 Michelle Gregg.....4:38.00
1995 Michelle Gregg.....4:40.35
1994 Jennel Walby4:37.36
1989 Sabrina Keeton4:38.97
1987 Sabrina Keeton4:38.64

3,000 Meters
1987 Sabrina Keeton10:07.70
2000 Catherine Berry.....9:53.10

5,000 Meters
1999 Catherine Berry.....16:53.60
2000 Catherine Berry.....17:14.00

10,000 Meters
1996 Mary Jo Ferrigan37:33.61
1987 Lesley Whitehead37:54.25

100 Meter Hurdles
2018 Kyra Atkins.....13.42
2017 Kyra Atkins.....13.25
1996 Erica Edmond.....14.70

400 Meter Hurdles
1988 Kim Frazwer.....1:03.70
1987 Lisa Rosenbaum.....1:03.70

4x100 Meter Relay
2018.....45.65
200845.60
200248.07
199647.18

4x400 Meter Relay
2018.....3:45.67
2009.....3:46.14
20023:48.17
19973:50.19
19953:50.10
19873:57.90

Long Jump
1998 Taneisha Robinson5.89m
1997 Taneisha Robinson5.79m

High Jump
2006 Anna Marie Ricciardi1.70m
2003 Cheryl Howard1.65m
1999 Taneisha Robinson1.67m
1998 Taneisha Robinson1.73m
1997 Jennifer Sluss.....1.67m
1995 Shellie Clendenon.....1.73m
1994 Shellie Clendenon.....1.73m

Triple Jump
2012 Lexie Burley12.31m
1999 Taneisha Robinson12.95m
1998 Taneisha Robinson12.57m
1997 Jennifer Sluss.....12.18m

Shot Put
1989 Angie Barker13.59m
1988 Maelynn Thompson ...11.90m

Javelin
2018 Alyssa Whipkey.....43.34m

Discus
2007 Zachlynn Blackburn ...39.29m

Hammer
2010 Zachlynn Blackburn ...48.84m
2008 Zachlynn Blackburn ...48.59m
2007 Zachlynn Blackburn ...46.08m

Decathlon
2012 Katerina Vodova.....5152

Buccaneer Honors

Women's Awards

Men's and Women's All-Americans

Indoor

Outdoor

Concurrence Championships

Concurrence Championships

1995

1996

Coach of the Year

Dave Walker: 1995

Coach of the Year

Michelle Byrne: 1996

Tom Roberts: 1989

Most Valuable Performer/Most

Outstanding Athlete

1999.....Taniesha Robinson
1998.....Taniesha Robinson
1995.....Shelli Clendenon
1989.....Sabrina Keeton

Most Valuable Performer/Most

Outstanding Athlete

1998.....Taniesha Robinson

Most Outstanding Track

Performer

2017.....Katrina Seymour
2009.....Heidi Dahl

Most Outstanding Freshman

2019.....Mekayla Brown

Most Outstanding Field Performer

2014.....Katerina Vodova

Most Outstanding Field

Performer

2014.....Katerina Vodova

Athlete of the Week

Mekayla Brown 02/13/19 (Field)
Kyra Atkins02/14/18 (Track)
Kyra Atkins01/31/18 (Track)
Kyra Atkins01/19/17 (Track)
Chelsea Clark.....01/16/13 (Track)
Kristen Champman ... 12/05/13 (Field)
Katerina Vodova 01/25/12 (Field)
Lexie Burley..... 01/18/12 (Field)
Kelly Monteleone 12/07/11 (Field)
Jasmine Ingram02/09/11 (Track)
Lexie Burley..... 01/26/11 (Field)
Jasmine Ingram 12/08/10 (Track)
Zachlynn Blackburn... 01/27/10 (Field)
Jasmine Ingram01/27/10 (Track)
Jasmine Ingram01/13/10 (Track)
Bethany Lender..... 01/13/10 (Field)
Jasmine Ingram 12/05/09 (Track)
Heidi Dahl 02/18/09
Heidi Dahl 02/04/09
Heidi Dahl 01/21/09
Heidi Dahl 01/14/09
Judy Johnson 02/27/08
Zachlynn Blackburn..... 02/13/08
Anna Marie Riccardi 02/07/07
Jenny Knox..... 02/08/06
Anna Marie Riccardi 01/25/06
Chantelle Vernon..... 01/23/02
Roselin Addo 01/31/01
Roselin Addo 01/17/01

Most Outstanding Freshman

2019.....Mekayla Brown
2007.....Zachlynn Blackburn
1995.....Michelle Gregg

Athlete of the Week

Khiara White04/24/19 (Field)
Lindsey Stallworth 03/21/19 (Track)
Alyssa Whipkey04/11/18 (Field)
Kyra Atkins 03/22/17 (Track)
Kyra Atkins03/22/17 (Field)
Ashley Kessler04/27/16 (Field)
Kyra Atkins 03/30/16 (Track)
Ashley Kessler03/23/16 (Field)
Keturah Williams..... 03/25/15 (Track)
Verena Tobis03/25/15 (Field)
Verena Tobis03/26/14 (Field)
Katerina Vodova05/16/12 (Field)
Katerina Vodova05/09/12 (Field)
Lexie Burley.....04/11/12 (Field)
Emani Harrison.....05/18/11 (Track)
Leah Oakhill05/04/11 (Field)
Jasmine Ingram 04/27/11 (Track)
Jasmine Ingram 03/31/10 (Track)
Heidi Dahl05/13/09
Heidi Dahl04/01/09
Kristin Truman.....04/20/04
Emily Chaney04/02/03

2018 Ben Johnson

1985 Brian Dunn

2017 Katrina Seymour

1984 Kim Bird

2016 Michael Williams

1983 Kevin Johnson

2014 Tyler Stepp

1982 Kevin Johnson

2013 Tyler Stepp

1981 Adrian Leek

2009 Heidi Dahl

1979 Adrian Leek

2000 Catherine Berry

1978 Ray Flynn

1998 Michelle Gregg

1976 Mark Halim
Mark Brown

1995 Shelli Clendenon
Jeff Horton

1975 Neil Cusack

1994 Seamus Power

1974 Neil Cusack
Eddie Leddy

1993 Seamus Power

1967 Robert Rovere

1992 Seamus Power

1966 Robert Rovere

1988 Angie Barker