

# ETSU

## MEN'S TRACK&FIELD

### SCHOOL RECORDS – OUTDOOR TRACK & FIELD

#### 100 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ifrish Alberg	10.29	2013

#### 200 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Robert Rovere	20.5h(yd)	1967

#### 400 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Bobby Knox	46.6h(yd)	1971

#### 800 METER RUN/880 YARD RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Zach Whitmarsh	1:46.71	1999

#### 1500 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ray Flynn	3:37.66	1978

#### 5000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Adrian Leek	13:34.45	1979

#### 10,000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Adrian Leek	28:24.0h	1981

#### 110 METER HURDLE

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Delavantie Brown	13.84	1996

#### 400 METER HURDLE/440 YARD HURDLE

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Bob McKay	50.01	1982

#### 3000 METER STEEPLECHASE

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ed Leddy	8:35.2h	1974

#### 4X100 METER RELAY/440 YARD RELAY

<u>NAMES</u>	<u>PERF.</u>	<u>DATE</u>
Harrison Chris, Carey Derek, Tucker Johnny, Rainer James	39.68	2007

#### 4 X 400 METER RELAY/MILE RELAY

<u>NAMES</u>	<u>PERF.</u>	<u>DATE</u>
Brown Delevantie, Horton Jeff, White Chris, Whitmarsh Zach	3:10.07	1996

#### LONG JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Mike Halim	7.93/26' ½	1977

#### TRIPLE JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Jason Johnson	15.48/50'9 ½	2013

#### HIGH JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Jason Farr	2.14/7' ¼	1999

#### POLE VAULT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Brett Squibbs	5.20/17' ¾	2014, 2017

#### SHOT PUT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	16.78/55' ¾	2019

#### DISCUS THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	54.53/178'11	2019

#### HAMMER THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	59.91/196'6	2018

#### JAVELIN THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	67.84/222'7	2018

#### DECATHLON

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
K'Vonte Scott	6662	2012

# Men's Outdoor Conference Champions

## 100-Meter Dash

2013	Ifrish Alberg.....	10.29
2012	Ifrish Alberg.....	10.46
2011	Ifrish Alberg.....	10.42
2010	Duronal Monal.....	10.43
2009	Duronal Monal.....	10.50
2008	Duronal Monal.....	10.61
2007	James Rainer.....	10.75
2006	James Rainer.....	10.47
1998	Chris Brooks.....	10.52
1995	Jeff Horton.....	10.62
1983	James Barham.....	10.55
1979	Ernie Halstead.....	10.4

## 200-Meter Dash

2018	Karon Delince.....	21.25
2010	Duronal Monal.....	21.12
2009	Duronal Monal.....	21.34
2007	James Rainer.....	21.63
2006	James Rainer.....	21.40
1995	Danion Sidney.....	21.44
1994	Fred Cook.....	21.34
1984	James Barham.....	21.00
1983	James Barham.....	20.99

## 400-Meter Run

2012	Tim O'Dell.....	47.27
2011	Tim O'Dell.....	47.71
2007	Chris Harrison.....	48.36
1999	Evan Hawkins.....	47.85
1995	Fred Cook.....	48.07

## 400-Meter Hurdles

1999	Jon Hutchins.....	52.90
1982	Robert McKay.....	51.45
1981	Robert McKay.....	51.49
1980	Robert McKay.....	52.60

## 800-Meter Run

1999	Zach Whitmarsh.....	1:51.77
1998	Zach Whitmarsh.....	1:52.37
1997	Zach Whitmarsh.....	1:52.49
1996	Zach Whitmarsh.....	1:52.20
1982	Kevin Johnson.....	1:49.76

## 1,500-Meter Run

2014	Simeon Roberts.....	3:49.60
2003	Bradley Yewer.....	3:51.16
1998	Zach Whitmarsh.....	3:51.10
1997	Anthony Scanlon.....	4:00.26
1996	Zach Whitmarsh.....	3:58.30
1993	Rick Patterson.....	3:52.13
1991	Seamus Power.....	3:54.13
1990	Scott Faulds.....	3:57.1
1989	James Hynes.....	3:49.11
1986	Randy Hale.....	3:49.58
1985	Brian Dunne.....	3:50.2
1983	Kevin Johnson.....	3:48.55
1982	Kevin Johnson.....	3:47.27
1981	Ben Turpin.....	3:50.38
1980	Mark Scruton.....	3:45.93
1979	Mark Scruton.....	3:49.8

## 5,000-Meter Run

2010	Kenneth Rotich.....	14:43.47
2009	Kenneth Rotich.....	14:36.13
2008	Kenneth Rotich.....	14:38.53
1996	Declan Fahy.....	14:54.12
1994	Seamus Power.....	14:45.20
1993	Seamus Power.....	14:37.61
1992	Seamus Power.....	14:19.64
1991	Seamus Power.....	14:55.59
1990	James Hynes.....	14:51.0
1989	John Erickson.....	14:39.74
1988	Thomas O'Gara.....	14:22.22
1987	Thomas O'Gara.....	14:32.04
1986	Conrad Conneely.....	14:39.19
1985	Conrad Conneely.....	14:32.76
1984	Conrad Conneely.....	14:41.23
1982	Carey Nelson.....	14:24.2
1981	Adrian Leek.....	14:26.4
1980	Ronnie Carroll.....	14:32.36
1979	Adrian Leek.....	14:26.4

## 4x100 Meter Relay

2012	.....	40.41
2007	.....	40.73
2006	.....	41.40
1995	.....	40.36
1994	.....	40.30

## 10,000-Meter Run

2018	Malick Gemechu.....	33:01.25
2010	Kenneth Rotich.....	30:30.68
2009	Kenneth Rotich.....	30:53.20
2008	Kenneth Rotich.....	31:03.19
1998	Declan Fahy.....	31:25.23
1996	Fred Reinhardt.....	31:27.7
1994	Seamus Power.....	31:01.1
1993	Dennis Barry.....	31:41.53
1992	Seamus Power.....	33:03.3
1991	Seamus Power.....	32:36.0
1990	James Hynes.....	31:46.47
1989	Thomas O'Gara.....	30:38.9
1988	Thomas O'Gara.....	29:37.0
1987	Thomas O'Gara.....	30:12.72
1986	Thomas O'Gara.....	30:31.4
1985	Gerry Duffy.....	31:00.39
1984	Brian Dunne.....	30:24.8
1983	Dennis Stark.....	30:06.0
1982	Carey Nelson.....	30:44.78
1981	Adrian Leek.....	30:27.2
1980	Adrian Leek.....	30:03.80
1979	Adrian Leek.....	29:21.30

## 3,000-Meter Steeplechase

2019	Noah Charles.....	9:12.91
2017	Simeon Roberts.....	9:15.50
2014	Sean Duffy.....	9:11.16
2013	Adam Chase.....	9:09.85
2011	Ben Ronoh.....	9:33.15
2010	Ben Ronoh.....	9:32.05
2009	Ben Ronoh.....	9:20.17
1997	Declan Fahy.....	9:23.9
1989	Ray Jones.....	9:04.1
1984	Brian Dunne.....	9:06.8
1982	Kevin Johnson.....	9:07.9
1981	Kevin Johnson.....	9:12.59
1980	Ronnie Carroll.....	9:17.04

## 4x400 Meter Relay

2011	.....	3:15.07
2007	.....	3:20.07
1999	.....	3:13.90
1997	.....	3:15.38
1996	.....	3:13.54

## Long Jump

2019	Karon Delince.....	7.54m
2014	Tyler Stepp.....	7.64m
2002	Charvin Clark.....	7.30m
1994	Jeff Horton.....	7.38m
1993	Jeff Horton.....	7.28m

## High Jump

2006	Shane Estes.....	2.00m
2005	Shane Estes.....	1.98m
1999	Jason Farr.....	2.12m
1997	Ben Wittkowski.....	2.03m

## Triple Jump

2012	Jason Johnson.....	15.09m
2010	Ryan Beaver.....	14.80m

## Pole Vault

2014	Brett Squibbs.....	5.05m
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## Shot Put

2007	Jarrod Burton.....	15.42m
1998	Curtis Eason.....	15.39m

## Hammer

2019	Ben Johnson.....	59.89m
2009	Jarrod Burton.....	47.95m

## Javelin

2019	Ben Johnson.....	60.80m
2018	Ben Johnson.....	62.77m
2017	Ben Johnson.....	58.80m
2011	Matt Baum.....	56.49m
2010	Les Gilbert.....	55.57m

## Discus

2019	Ben Johnson.....	54.53m
2017	Ben Johnson.....	50.19m

## Decathlon

2012	K'Vonte Scott.....	6662
2010	Jordan Briggs.....	6237
2009	Nic Chernikow.....	6197
2007	Nic Chernikow.....	5765

# Buccaneer Honors

## Men's Indoor Awards

## Men's Outdoor Awards

### Concurrence Championships

2011, 2009, 2007, 2006, 1998, 1980

### Coach of the Year

Dave Walker:

2011, 2009, 2007, 2006, 1990, 1989,  
1981, 1980

### Most Valuable Performer/Most Outstanding Athlete

2012..... Jadon Short  
2010..... Duralon Monal  
2009..... Ben Ronoh  
2007..... Mike Wright  
2006..... James Rainer  
1976..... Ray Flynn

### Most Outstanding Track Performer

2014..... Simeon Roberts  
2010..... Duralon Monal  
2009..... Ben Ronoh  
2007..... Michael Wright  
2006..... James Rainer  
2004..... Bradley Yewer  
2003..... Bradley Yewer  
1996..... Delevantie Brown  
1995..... Delevantie Brown  
1994..... Seamus Power  
1992..... Seamus Power  
1990..... James Hynes  
1984..... Jon Conneely  
1983..... Dennis Start  
1981..... Adrian Leek  
1979..... Adrian Leek

### Most Outstanding Field Performer

2019..... Ben Johnson  
2017..... Nathan Rivera  
2011..... Jarrod Burton

### Most Outstanding Freshman

2018..... Karon Delince  
2014..... Simeon Roberts  
2012..... Jadon Short  
2005..... Shane Estes  
1998..... Evan Hawkins  
1996..... Zach Whitmarsh  
1994..... Dainon Sidney

### Athlete of the Week

Ben Johnson..... 02/13/19 (Field)  
Ben Varghese .....02/06/19 (Track)  
Ben Johnson..... 01/23/19 (Field)  
Ben Varghese .....01/17/19 (Track)  
Ben Johnson ..... 02/07/18 (Field)  
Ben Johnson..... 01/31/18 (Field)  
Ben Johnson..... 02/15/17 (Field)  
Matt Moore .....02/08/17 (Track)  
Matt Moore .....02/10/16 (Track)  
Simeon Roberts.....01/22/14 (Track)  
Brett Squibbs ..... 01/22/14 (Field)  
Filip Jalovy .....03/06/13 (Track)  
Filip Jalovy .....01/23/13 (Track)  
Filip Jalovy .....01/16/13 (Track)  
Tyler Stepp ..... 03/06/13 (Field)  
Jason Johnson..... 02/13/13 (Field)  
K'Vonte Scott..... 01/25/12 (Field)  
K'Vonte Scott..... 01/25/12 (Field)  
Jadon Short..... 01/18/12 (Field)  
Jarrod Burton ..... 02/09/11 (Field)  
Ryan Beaver ..... 02/02/11 (Field)  
Ifrish Alberg .....01/26/11 (Track)  
Jarrod Burton ..... 01/26/11 (Field)  
Mike James .....12/08/10 (Track)  
Duralon Monal .....02/24/10 (Track)  
Kenneth Rotich .....02/03/10 (Track)  
Ryan Beaver ..... 01/13/10 (Field)  
Duralon Monal .....01/13/10 (Track)  
Mike James .....12/05/09 (Track)  
Josh Cloyd ..... 02/11/09  
Quentin Greenlee ..... 01/21/09  
Kenneth Rotich ..... 02/20/08  
Jarrod Burton ..... 02/06/08  
Jarrod Burton ..... 02/07/07  
Jarrod Burton ..... 01/31/07  
James Rainer..... 01/25/06  
James Rainer..... 02/22/04  
Evan Hawkins ..... 01/17/01

### Student Athlete of the Week

Ben Varghese ..... 01/16/19  
Hadyn Borghetti-Metz ..... 02/07/18

### Concurrence Championships

2012, 2009, 2007

### Coach of the Year

Dave Walker:

2012, 2009, 2007, 1989

### Most Valuable Performer/Most Outstanding Athlete

2019..... Ben Johnson  
2004..... Bradley Yewer  
2003..... Bradley Yewer  
1998..... Declan Fehy  
1990..... James Hynes  
1983..... James Barham  
1982..... Kevin Johnson  
1981..... Adrian Leek  
1979..... Adrian Leek  
1972..... Bill Holloway

### Most Outstanding Track Performer

2011..... Ben Ronoh  
2010..... Duralon Monal  
2009..... Ron Ronoh

### Most Outstanding Field Performer

2019..... Ben Johnson  
2017..... Ben Johnson

### Most Outstanding Freshman

2018..... Karon Delince  
2007..... Jarrod Burton  
1996..... Zach Whitmarsh  
1994..... Danion Sidney

### Athlete of the Week

Ben Johnson\*\* .....04/17/19 (Field)  
Ben Johnson.....03/27/19 (Field)  
Matt Scarr ..... 03/27/19 (Track)  
Ben Johnson.....03/20/19 (Field)  
Noah Charles..... 03/20/19 (Track)  
Matt Scarr ..... 05/02/18 (Track)  
Ben Johnson.....05/02/18 (Field)  
Ben Johnson.....04/25/18 (Field)  
Simeon Roberts..... 04/04/18 (Track)  
Ben Johnson.....03/28/18 (Field)  
Brett Squibbs .....03/22/17 (Field)  
Matt Moore ..... 03/22/17 (Track)  
Michael Williams..... 04/27/16 (Track)  
Michael Williams..... 04/06/16 (Track)  
Brett Squibbs .....03/26/14 (Field)  
Tyler Stepp .....05/01/13 (Field)  
Jason Johnson .....04/17/13 (Field)  
Ifrish Alberg ..... 03/20/13 (Track)  
Jason Johnson .....05/16/12 (Field)  
Marek Navratil.....05/09/12 (Field)  
K'Vonte Scott.....03/21/12 (Field)  
Tim O'Dell ..... 03/07/12 (Track)  
Mike James ..... 05/18/11 (Track)  
Jason Johnson ..... 05/04/11 (Track)  
Robert Purcell ..... 04/27/11 (Track)  
Jordan Briggs .....05/12/10 (Field)  
Duralon Monal ..... 05/12/10 (Track)  
Matt Baum .....04/21/10 (Field)  
Duralon Monal ..... 04/21/10 (Track)  
Nic Chernikow .....04/14/10 (Field)  
Duralon Monal ..... 04/07/10 (Track)  
Mike James ..... 03/31/10 (Track)  
Duralon Monal .....05/13/09  
Kenneth Rotich .....04/22/09  
Josh Cloyd .....04/15/09  
Jarrod Burton .....04/01/09  
James Rainer.....03/21/07  
Daniel Williams .....05/03/06  
James Rainer.....04/26/06  
James Rainer.....04/05/06  
James Rainer.....03/29/06  
James Rainer..... 04/20/04

\*ETSU competed in the Ohio Valley Conference until 1978, the Southern Conference from 1979-2005 and the ASUN from 2006-2013 before rejoining the SoCon in 2014\*

\*\* Ben Johnson is the Southern Conference's all-time record for Male Outdoor Athlete of the Week awards with six for his career\*\*

## Buccaneer Honors

### Women's Awards

### Men's and Women's All-Americans

#### Indoor

#### Outdoor

#### Concurrence Championships

#### Concurrence Championships

1995

1996

#### Coach of the Year

Dave Walker: 1995

#### Coach of the Year

Michelle Byrne: 1996

Tom Roberts: 1989

#### Most Valuable Performer/Most

#### Outstanding Athlete

2021..... Nicole Johnson  
 1999..... Taniesha Robinson  
 1998..... Taniesha Robinson  
 1995..... Shelli Clendenon  
 1989..... Sabrina Keeton

#### Most Valuable Performer/Most

#### Outstanding Athlete

1998..... Taniesha Robinson

#### Most Outstanding Track

#### Performer

2017..... Katrina Seymour  
 2009..... Heidi Dahl

#### Most Outstanding Freshman

2019..... Mekayla Brown

#### Most Outstanding Field

#### Performer

2014..... Katerina Vodova

#### Most Outstanding Track

#### Performer

2021..... Nicole Johnson

#### Most Outstanding Field

#### Performer

2014..... Katerina Vodova

#### Most Outstanding Freshman

2019..... Mekayla Brown  
 2007..... Zachlynn Blackburn  
 1995..... Michelle Gregg

#### Athlete of the Week

Mekayla Brown ..... 1/29/20 (Track)  
 Mekayla Brown ..... 02/13/19 (Field)  
 Kyra Atkins ..... 02/14/18 (Track)  
 Kyra Atkins ..... 01/31/18 (Track)  
 Kyra Atkins ..... 01/19/17 (Track)  
 Chelsea Clark ..... 01/16/13 (Track)  
 Kristen Champman ... 12/05/13 (Field)  
 Katerina Vodova ..... 01/25/12 (Field)  
 Lexie Burley ..... 01/18/12 (Field)  
 Kelly Monteleone ..... 12/07/11 (Field)  
 Jasmine Ingram ..... 02/09/11 (Track)  
 Lexie Burley ..... 01/26/11 (Field)  
 Jasmine Ingram ..... 12/08/10 (Track)  
 Zachlynn Blackburn... 01/27/10 (Field)  
 Jasmine Ingram ..... 01/27/10 (Track)  
 Jasmine Ingram ..... 01/13/10 (Track)  
 Bethany Lender ..... 01/13/10 (Field)  
 Jasmine Ingram ..... 12/05/09 (Track)  
 Heidi Dahl ..... 02/18/09  
 Heidi Dahl ..... 02/04/09  
 Heidi Dahl ..... 01/21/09  
 Heidi Dahl ..... 01/14/09  
 Judy Johnson ..... 02/27/08  
 Zachlynn Blackburn..... 02/13/08  
 Anna Marie Riccardi ..... 02/07/07

#### Athlete of the Week

Khiara White ..... 04/24/19 (Field)  
 Lindsey Stallworth .... 03/21/19 (Track)  
 Alyssa Whipkey ..... 04/11/18 (Field)  
 Kyra Atkins ..... 03/22/17 (Track)  
 Kyra Atkins ..... 03/22/17 (Field)  
 Ashley Kessler ..... 04/27/16 (Field)  
 Kyra Atkins ..... 03/30/16 (Track)  
 Ashley Kessler ..... 03/23/16 (Field)  
 Keturah Williams ..... 03/25/15 (Track)  
 Verena Tobis ..... 03/25/15 (Field)  
 Verena Tobis ..... 03/26/14 (Field)  
 Katerina Vodova ..... 05/16/12 (Field)  
 Katerina Vodova ..... 05/09/12 (Field)  
 Lexie Burley ..... 04/11/12 (Field)  
 Emani Harrison ..... 05/18/11 (Track)  
 Leah Oakhill ..... 05/04/11 (Field)  
 Jasmine Ingram ..... 04/27/11 (Track)  
 Jasmine Ingram ..... 03/31/10 (Track)  
 Heidi Dahl ..... 05/13/09  
 Heidi Dahl ..... 04/01/09  
 Kristin Truman ..... 04/20/04  
 Emily Chaney ..... 04/02/03

2018 Ben Johnson

1985 Brian Dunn

2017 Katrina Seymour

1984 Kim Bird

2016 Michael Williams

1983 Kevin Johnson

2014 Tyler Stepp

1982 Kevin Johnson

2013 Tyler Stepp

1981 Adrian Leek

2009 Heidi Dahl

1979 Adrian Leek

2000 Catherine Berry

1978 Ray Flynn

1998 Michelle Gregg

1976 Mark Halim  
Mark Brown

1995 Shelli Clendenon  
Jeff Horton

1975 Neil Cusack

1994 Seamus Power

1974 Neil Cusack  
Eddie Leddy

1993 Seamus Power

1967 Robert Rovere

1992 Seamus Power

1966 Robert Rovere

1988 Angie Barker

#### Student Athlete of the Week

Heather Feuchtenberger ..... 2/5/20  
 Ashley Kessler ..... 2/10/16